



## MINUTES OF THE ANNUAL GENERAL MEETING

June 12, 2009 – Montréal, Québec

The Annual General Meeting of the Canadian Psychological Association was held in Montreal, Québec, at the Fairmont Queen Elizabeth Hotel, on Friday June 12, 2009, at 5:30 p.m. Dr. Catherine Lee, President, acted as Chair of the Meeting and Ms. Marie-Christine Pearson as Recording Secretary.

### 1.0 Adoption of the Agenda

It was **MOVED and CARRIED** (Dobson/Graf) that the Agenda be adopted.

### 2.0 Approval of Minutes

It was **MOVED and CARRIED** (Snyder/Mureika) that the Minutes of the Annual General Meeting held in Halifax, Nova Scotia, on June 13, 2008, be adopted.

### 3.0 Report of the President

#### 3.1 Overview of activities 2008-2009

In my year as president, I have had the opportunity to witness first-hand, the dynamism and energy of Canadian psychology. One of the privileges of the presidency is the regular contact with the Executive Director, Dr. Karen Cohen. In addition, there is ongoing communication with board members about committee activities and current issues. The Ambassador program conducted at the winter board meeting offered a wonderful opportunity to meet psychologists working in the Vancouver area.

#### **Head Office**

Although operational issues fall under the purview of the Executive Director, Karen generously included me in discussions around the restructuring in roles at head office. In 2008-2009 we have witnessed many changes, welcoming a new Associate Executive Director, Communications Director, Registrar and Executive Assistant. I take my hat off to the entire team for their accomplishments during the challenging period before the positions were filled. New members of the team have embraced their roles with gusto, learning about CPA and eagerly assuming new challenges. We look forward to the inauguration of the new Science Directorate and Practice Directorate. New policies on confidentiality should protect all who work at CPA in an environment that is increasingly complex.

#### **Advocacy**

There is consensus on the need for CPA to play a leadership role in advocacy. Unfortunately, many of us feel ill-equipped to convey our messages in a succinct and powerful manner that is easily understood by the public and policy-makers. In mid-January, Karen and I participated in a

media training session offered by PRpost. Together with representatives from CPAP we brainstormed about the message that psychology wishes to convey, as well as possible slogans. We learned strategies for gaining media attention and practiced interview skills. I was impressed that all representatives shared a common vision of the pillars of psychology: science and ethics. Attendees' passion for psychology was contagious.

The work of updating and reviewing fact sheets is a joint initiative between Linda McPhee and the sections. This well-used resource is a valuable tool for conveying information based on solid research evidence in an accessible manner.

### **International Links**

In December 2008, I visited Moscow and signed a Memorandum of Understanding with the Russian Psychological Society. As a follow-up to that visit, I have been in contact with several psychologists concerning specific initiatives. Following a visit by a delegation of Canadian psychologists to South Africa in October 2008, a Memorandum of Understanding was signed between CPA and the Psychological Association of South Africa (PsySSA) in April 2009. At the February 2009 board meeting, we approved a template for future memoranda, as well as a process of consultation with the International Relations Committee.

I feel privileged to have served as CPA's 2008-2009 President, following the many distinguished colleagues who have served us so well in this capacity in the past. As I prepare to pass the gavel to Dr. Martin Antony, I'd like to thank all those people who work so hard to *advance psychology for all*. Special thanks are due to outgoing board members, Dr. Thomas Hadjistavropoulos whose wisdom and integrity are so much appreciated, as well as Dr. Nicole Aubé whose passion for psychology is truly contagious.

Thank you!

It was **MOVED and CARRIED** (Gauthier/Ritchie) that the report of the President be received.

## **4.0 Reports of the Executive Director**

### **4.1 Overview of activities 2008-2009**

#### **INTRODUCTION**

2008-09 was another year of growth and change for CPA. As detailed under Staff Complement below, several new and senior staff persons have been recruited and, as of March 2009, CPA has become fully staffed. This has enabled us to vision and expand our representation and activities in science and practice as highlighted in the report that follows.

#### **HEAD OFFICE**

##### **Finances**

Please see the 2008 Auditor's report. The financial base of the Association continues to be solid and we in fact ended 2008 with a significant surplus. This surplus was largely derived from lower than expected expenses related to CPA's publication partnership with the APA which took effect in January 2008 as well as to the fact that several staff positions remained unfilled for some period of months during 2008.

The 2008 surplus of funds will be directed as per CPA policy towards equity, the CPA Foundation, as well as some special projects for 2009. Special projects will include:

- Website updating
- Psynopsis redesign
- Establishment and launch of resource for a Science and Practice Directorate

### **Staff Complement**

There have been several changes to our staff complement in 2008-09. At the end of March 2009, Dr. Lisa Votta-Bleeker was successfully recruited into a full-time Associate Executive Director position. Dr. Votta-Bleeker, who holds a Ph.D. in experimental psychology, comes to CPA with a wealth of public policy experience in the area of health promotion and prevention.

Dr. Arcangelo Caputo, CPA's Registrar of Accreditation since 2006 resigned in December of 2008. In January of 2009, we welcomed Dr. Daniel Lavoie to this .4FTE position. Dr. Lavoie is a clinical psychologist in private practice in Ottawa with several years of teaching and supervisory experience at the University of Ottawa.

In September 2008, we engaged Ms. Linda McPhee as our Director of Communications and Stakeholder Relations. Ms. McPhee comes to us with years of experience in communications within the federal government and in advocacy within the private sector.

Also in the fall of 2008, we have welcomed two new administrative assistants to the Head Office team – Ms. Stacy Wrigley and Ms. Marcelle Desmornes.

CPA Head Office and its Board and membership are enriched by these additions to its staff and we look forward to even more productive and collaborative initiatives and activity going forward.

Finally, in the spring of 2009, we issued a call for proposals for the historian position. The application deadline was May 1<sup>st</sup>, 2009. Review of applications and the interview process is currently underway.

### **Web Site**

With the hire of a Director of Communications, we have undertaken a review and revamp of the CPA web pages under Ms. McPhee's direction and the membership may have already noticed some design improvements. As mentioned, the CPA Board has designated some of the 2008 surplus to website updating which will largely focus on reviewing and updating the content of posts and resources. We have also created a webmaster email address with which to receive notification of broken links.

Ms. McPhee has been managing the fact sheet review process and almost 30 fact sheets have been reviewed, revised and reposted on the CPA website. Many thanks are due to the Sections and their members who have lent their time and expertise to the reviews.

Several surveys are in progress or under development and administered from the CPA website. These include one developed in 2008 and launched in 2009 on the emergency preparedness activities of psychologists and psychological associations across Canada, one developed in 2009 on the needs and views of CPA's scientist members about roles and activities for CPA to undertake on behalf of science. In addition, several positions and papers CPA has developed and submitted in 2009 have been posted to the site (e.g. response to the Mental Health Commission's draft framework for a national mental health strategy, third party involvement in

neuropsychological assessment, supervision guidelines). The membership will also note that we have also revamped our electronic CPA newsletter launched in April 2009.

### **The Head Office Space**

Head Office staff continues to enjoy their Laurier Avenue quarters and the common use of two Board rooms affords us efficiencies and economies in convening meetings of the CPA Board and Accreditation Panel. Our capital equipment needs have been stable other than some routine computer upgrading and some new purchases for newly recruited staff.

Some retrofitting of Head Office space is underway to create new office space with which to house staff anticipated for externally funded projects in 2009 through 2011.

### **ADVOCACY**

CPA undertakes ongoing and many activities to support the discipline of psychology. The following are some examples under science, practice, and training.

### **SCIENCE**

#### **Funding for Research: Federal Budget 2009**

CPA reported on the Federal Government's 2009 budget as it relates to the funding of research in both the winter and spring issues of *Psynopsis* (see the columns on the Canadian Consortium for Research as well as the columns of our Directors for Science and Education and Training). In short, the budget announced 2 billion dollars allocated to infrastructure for post-secondary institutions and 35 million to support graduate student research for each of CIHR and NSERC with 17.5 million for SSHRC. There has been some concern that the funds allocated to support graduate student research through the granting councils come through the strategic reviews and subsequent cuts within each Council. Core funding of the Councils is not only essential to the advancement of knowledge but also provides the platform within which graduate student research takes place. There is also concern that the 17.5 million to SSHRC is targeted for business-related degrees and that one of the outcomes of the strategic review and cuts effected by SSHRC is that SSHRC will no longer fund any health related research. This latter is a particular concern to psychology whose health-related research is more likely to have fallen under the traditional mandate of SSHRC than other disciplines with a more pervasively biomedical focus. CPA continues its membership on the steering committee of the Canadian Consortium for Research and will participate in the advocacy and lobbying activities planned for 2009.

Other CPA activities for science include

- convening a symposium of senior officers of the granting Councils at the 2009 annual convention at which they will address gaps and opportunities for psychological research
- successful advocacy with SSHRC around the funding of doctoral students at the masters level of study
- meeting with SSHRC around the transition of all health-related research to CIHR
- meeting with NSERC around the eligibility of psychology students in applied programmes for funding of their NSERC-related research
- CPA survey of its scientist members to get their views and feedback on how CPA can best meet their needs

A final and important development for science is the funding and launch of a Science Directorate

within CPA within which to undertake advocacy activity for science. The engagement of an Associate Executive Director (AED) at 1.0 FTE instead of the .8 FTE held by the previous AED was in order to increase senior staffing devoted to science activity and advocacy. In collaboration with the Scientific Affairs Committee and with Dr. Cohen, Dr. Votta-Bleeker will take on responsibility for CPA's science activity. Dr. Votta-Bleeker's AED report also provides a summary of her current and previewed activity for science since her hire in March 2009.

## **Health and Mental Health Research**

**Public Health Agency of Canada (PHAC):** CPA managed a contract with PHAC in 2009 to look at the incorporation of mental health and wellbeing into Canada's Healthy Living Strategy. This contract was the further development of a proposal for a mental health guide that CPA had made under the leadership of Dr. John Service in response to the Romanow Commission and Dr. Service took the lead on this project. Further meetings and consultations are planned and will involve CPA's participation. We have also been consulting with PHAC around the development of definitions of mental health and wellbeing.

**Mental health surveillance:** CPA plans to be able to further its web-based surveillance survey tools and database of psychologists' practice activity in 2009.

**Advocacy tools:** CPA is currently developing a roster of papers in the service of advocacy. Those planned and related to science include the role and contribution of psychological research to the development of knowledge and society across sectors and the role of psychological factors and determinants in health promotion and disease prevention.

## **PRACTICE**

**Emergency Preparedness and Response:** The CPA continues its participation in several national activities related to emergency preparedness and has in fact taken on a secretariat role for the National Psychosocial Preparedness Advisory Consortium. We have also launched our survey of practitioners and psychological associations about their emergency preparedness activities. We plan to undertake a review of the literature on effectiveness and indications of psychosocial emergency response. More information on these files is contained in the report of the Associate Executive Director.

**Mental Health Table:** CPA launched and now co-chairs a Mental Health Table (MHT) for regulated providers involved in the delivery of health care to persons with mental health problems. Member associations include medicine, psychiatry, social work, nursing, occupational therapy, physiotherapy, speech language pathology and audiology and pharmacy. The MHT has been consulted by the Mental Health Commission of Canada (MHCC) on stigma as well as on its draft framework for a national mental health strategy and by the Public Health Agency of Canada on health promotion. The MHT is planning to work with the MHCC on a survey of health care providers around issues related to stigma.

**Mental Health Commission of Canada (MHCC):** CPA was invited to several stakeholder consultations by the MHCC on stigma and its development of a framework for a national mental health strategy. Reports on these activities have been reported in 2008 and 2009 in Psynopsis and our response to the MHCC strategy consultation is posted on the CPA website. CPA also responded to the MHCC and Institute of Health Economics consensus statement on depression.

**Practice Directorate:** As has also been reported in Psynopsis, CPA has partnered with CPAP

in the launch of a Practice Directorate within which to develop, manage and coordinate advocacy for the practice of psychology across Canada and its jurisdictions. Like the Science Directorate the Practice Directorate intends both an advocacy and policy function: to promote the practice of psychology in Canada as well as to use the knowledge and expertise of the science and practice of psychology to contribute to the development of health and social policy in Canada.

First launch activities of the Directorate will be developed by its Council and might include:

- Advocacy papers for use with decision and policy makers about evidence-based practice in mental health and the role of psychological determinants in health and illness.
- Development of coordinated advocacy strategies around access to psychological services.
- Surveys of jurisdictions to create repositories of information on common practice concerns such as scope of practice and regulated activities for psychologists and use of psychological testing.
- Leadership forum.

**Other Practice Consultations, Representation and Partnerships not otherwise reported:**

**Disability Tax:** CPA continues to consult to the Canadian Revenue Agency (Canadian IRS) on the fair assessment of the eligibility of persons with disabilities related to mental functions for disability tax credits.

**G7:** CPA is a member of this group of national health care associations outside of medicine and nursing organized to advocate for the needs of this important health human resource that operates both within and outside of the public health sector. The G7 recently met to establish an advocacy agenda for the group around access to service and is working collaboratively to develop common datasets among provider groups to collect information about Canada's health human resource.

**Health Action Lobby (HEAL):** CPA continues to participate in this large group of health care providers and organizations. Recent meetings of HEAL have focused on the Agreement of Internal Trade and its implementation for the purposes of professional mobility as well as on Canada's health human resource

**Canadian Alliance of Mental Alliance and Mental Health (CAMIMH):** CPA continues as a member of this alliance of provider and consumer groups in mental health and Dr. Cohen has recently been asked to sit on its steering committee. This table of providers and consumers is very important to the development of stakeholder consensus and understanding on models and delivery of mental health care.

**American Psychological Association:** CPA has asked to convene a meeting among the senior leadership of APA and CPA when APA meets in Toronto in August. The plan is to discuss common issues of interest to science and practice.

**Association of State and Provincial Psychology Boards (ASPPB):** CPA attended the April 2009 meeting of the ASPPB and presented on the Committee on Ethics draft guidelines for the delivery of e-therapy.

## TRAINING

**Accreditation:** The Accreditation Panel is undertaking a revision of its Standards and Procedures. The current draft revision will be presented at the 2009 convention followed by an on-line public consultation.

CPA has invited representatives from the offices of accreditation and education at APA to meet in Toronto in August 2009 to discuss the development of a mutual recognition agreement on accreditation between CPA and APA. APA has accepted this invitation to meet.

An invitation has also been extended to the Association of Psychology and Post-Doctoral and Internship Centres to meet to discuss their further engagement in promoting CPA accreditation. Hopefully an August meeting in Toronto will also be arranged.

Finally, CPA has been participating in the planning of a 2010 international conference on credentialing and mobility.

**Federal Healthcare Partnership:** CPA met with the partnership at their invitation to discuss recruitment and retention of psychologists across several federal departments inclusive of Corrections Canada, Veteran's Affairs, Department of National Defence and the Public Service Commission. Discussion revolved around ways in which the federal government might participate in the research and applied training activities undertaken by graduate students in psychology as a way of contributing to training the resource it wants to recruit and retain.

### 4.2 Finance

#### 4.2.1 Audited Financial Statements for the Year Ending December 31, 2008

Dr. Cohen presented and received questions on the 2008 audited financial statements as examined by KPMG.

It was **MOVED and CARRIED** (Aubé/Dozois) that the 2008 Audited Financial Statements be received.

#### 4.2.2 Appointment of Auditors

It was **MOVED** (O'Neill/Frain) that KPMG be reappointed auditors of the Canadian Psychological Association for the current year. **CARRIED**

It was **MOVED** (Frain/Evans) and **CARRIED** that the report of the Executive Director be received.

## 5.0 Committee Reports

### 5.1 By-Laws, Rules and Procedures

The Chair of the Committee on By-Law, Rules and Procedures, Dr. Thomas Hadjistavropoulos reviewed the rationale of the proposed amendments.

#### 5.1.1 By-Law Amendments

5.1.1.1 By-Law X - Elections

(New wording is underlined and deleted wording (in bracket)

**Be it resolved that By-Law X. 2 be amended to read as follows:**

2. Voting (by mail)

At least two months before the date of the next Annual Meeting, the election ballot shall be forwarded to all Fellows and Members at their last known electronic or post office address. Each Fellow and Member may return the said ballot to the Chair of the Committee on Elections, within thirty days of such forwarding by surface or electronic mail, indicating the choice of candidates for President-Elect, Director and any other vacancies on the Board of Directors which may exist. No person may be elected to more than one office or directorship.

It was **MOVED** (Vallerand/Josephson) that the amendment be adopted.

**CARRIED**

5.1.1.2 By-Law IV - Directors

**Be it resolved that By-law IV.1. d) be amended as follows:**

d) Three Directors, one of which to represent each of: Scientists, Scientist-Practitioners, and Practitioners. As far as practicable, at least one of these directors will be elected each year for a term of three years by the Fellows and Members of the Association as hereinafter provided.

It was **MOVED** (Graf/Mureika) that the amendment be adopted. **CARRIED**

It was **MOVED** (Gauthier/Snyder) to split motion 5.1.1.3 in two distinct motions (A&B) **CARRIED**

5.1.1.3 (A) By-law IV – Directors

**Be it resolved that IV.1 f) be amended and the remaining to be re-lettered as appropriate to read as follows:**

f) A Director-at-large position reserved for an experimental psychologist who is conducting basic research.

It was **MOVED** (Hunsley/Graf) that the amendment be adopted.

**CARRIED**

5.1.1.3 (B) By-Law IV – Directors



**Be it resolved that IV.1 e) be amended and the remaining to be re-lettered as appropriate to read as follows:**

e) Three Directors-at-large, one being elected each year for a term of three years by the Fellows and Members of the Association as hereinafter provided. The Board of Directors may designate one or more of these at-large positions as necessary to ensure representation of the geographical regions of Canada, gender, subdiscipline interest and language groups.

**MOTION WITHDRAWN** (Mureika/Snyder) without objection.

#### 5.1.1.4 By-Law VIII – Committees

**Be it resolved that By-Law VIII.1 shall be amended by adding 2 new sections h) and i) to read as follows and then the remaining subsections to be re-lettered as appropriate:**

- h) A Finance Committee composed of the President, the President-elect, the Past President and the Executive Director of the Association, chaired by the President.
- i) An Audit Committee composed of three members, typically from among the members of the Board of Directors. The Chair shall be appointed annually by the President of the Association. Presidential officers are not eligible to serve on the Audit Committee.

It was **MOVED** (Sexton/MacIlwraith) that the amendment be adopted.

**CARRIED**

## 5.2 Elections

### 5.2.1 2009 Election Results

Dr. Karen Cohen, Chair of the Elections Committee, announced the results of the recent election.

The following members were elected by acclamation:

President-elect: Peter Graf, Ph.D.;

Director-at-large reserved for a Francophone: Jean Paul Boudreau, Ph.D.;

Director-at-large reserved for a scientist working within the NSERC mandate: Aimée Surprenant, Ph.D.(appointed by the Board of director for the 2009-2010 term).

It was **MOVED** and **CARRIED** (Aubé/Dozois) that the report from the Chair of the Elections Committee be received.

## 5.3 Membership

The President noted that the membership report is available in the Annual Report

circulated at the meeting and was also available on the CPA website.

#### 5.3.1 2010 Membership Dues Increase

The Executive Director reviewed the rationale of the proposed membership dues increase.

It was **MOVED** (Frain/Gauthier) that the membership dues be increased by \$25 for full members and \$5 for student members for 2010.

**CARRIED**

#### 5.3.2 Recognition of deceased members since June 2008

The President called for a moment of silence in recognition of those members who had passed away in the past year:

Dr. Martin Bertram Arlinsky, Dr. Ralph Bierman, Dr. Stephen M. Buttrum, Dr. Pamela Harris-Anderson, Dr. Ruth Sigal.

#### 5.4 Other Committees

The President noted that the Annual Reports of the Committees have been circulated and they were also available on the CPA website.

He then introduced the Chairs of the Standing Committees for 2008-2009:

- By-Laws, Rules and Procedures: Dr. Thomas Hadjistavropoulos
- Convention: Dr. Peter Graf
- Education and Training: Dr. Martin Antony
- Elections: Dr. Karen Cohen
- Ethics: Dr. Carole Sinclair
- Fellows and Awards: Dr. Thomas Hadjistavropoulos
- Membership: Dr. David Dozois
- Nominating: Dr. Thomas Hadjistavropoulos
- Professional Affairs: Dr. Lorne Sexton
- Publications: Dr. Peter Bieling
- Scientific Affairs: Dr. David Dozois
- Sections: Ms. Juanita Mureika

Ad Hoc Committees:

- Accreditation Panel: Dr. Peter Henderson
- International Relations: Dr. Janel Gauthier
- Past-Presidents: Dr. Thomas Hadjistavropoulos
- Public Policy: Dr. Catherine Lee
- Task Force on the Supply of Psychologists: Dr. Catherine Lee and Dr. Elizabeth Church
- Task Force on Prescriptive Authority for Psychologists: Dr. Lorne Sexton
- Ad hoc Committee on Private Practice Dr. Nicole Aubé

## 5.5 Journals

The President noted that journal reports had been circulated and introduced the current editors:

- *Canadian Psychology*: Dr. John Hunsley
- *Canadian Journal of Experimental Psychology*: Dr. Simon Grondin
- *Canadian Journal of Behavioural Science*: Dr. Greg Irving

## 5.6 Sections

The President introduced the 2008-2009 Section Chairs:

- Aboriginal Psychology: Dr. Dana Bova
- Adult Development and Aging: Dr. Yves Turgeon
- Brain & Behaviour: Dr. Robert St. John
- Clinical: Dr. John Pearce
- Clinical Neuropsychology: Dr. Grant Iverson
- Community Psychology: Dr. Cyndi Brannen
- Counselling: Dr. Sharon Cairns
- Criminal Justice: Dr. Jean Folsom
- Developmental: Dr. Jennifer Sullivan
- Environmental: Dr. Jennifer A. Veitch
- Family: Dr. Ranjana Jha
- Health: Dr. Tavis Campbell
- History & Philosophy: Dr. Christopher Peet
- Industrial/Organisational: Dr. Kevin Kelloway
- International and Cross-Cultural: Dr. Randal Tonks
- Psychology in the Military: Dr. Peter Bradley
- Perception, Learning and Cognition: Dr. James M. Clark
- Psychoanalytic and Psychodynamic: Dr. Paul Jerry
- Psychologists in Education: Dr. Joseph Snyder
- Psychopharmacology: Dr. David Nussbaum
- Psychology & Religion: Dr. Marvin McDonald
- Rural and Northern Psychology: Dr. Karen G. Dyck
- Sexual Orientation and Gender Identity Issues: Dr. Kevin Alderson
- Sport and Exercise Psychology: Dr. Tricia Orzeck
- Social and Personality: Dr. Sean E. Moore
- Students in Psychology: Ms. Kelly B. Smith
- Substance Abuse/Dependence: Dr. David Teplin
- Teaching: Dr. Nicholas F. Skinner
- Traumatic Stress: Dr. Alain Brunet
- Women and Psychology: Dr. Teresa Janz

CPA Special Interest Group:

- Psychophysiology: Dr. Alex Vincent

## 6.0 Annual Meetings 2010 and 2011

The President reported that the next Annual General Meeting will be held on June 4<sup>th</sup>, 2010 in Winnipeg and in 2011, on June 3<sup>rd</sup> in Toronto.

## 7.0 Other Business

The President presented certificates to outgoing members of the Board:

- Dr. Nicole Aubé, Member of the Board of Directors, 2006-2009
- Dr. Keith Dobson, Member of the Board of Directors, 2007-2009
- Dr. Thomas Hadjistavropoulos, Member of the Board of Directors 2006-2009 and President 2007-2008

The President, Dr. Catherine Lee, introduced the new President and passed the gavel onto the new President, Dr. Martin Antony.

The new President presented the Past-President lapel pin to Dr. Lee.

Dr. Antony expressed appreciation to Dr. Lee for all her work during her term as President of CPA.

Dr. Antony said a few words and then requested a motion to adjourn the meeting.

## 8.0 Adjournment

It was **MOVED and CARRIED** (Gauthier/Aubé) that the 2009 Annual General Meeting of the Canadian Psychological Association be adjourned.