



# canadian CLINICAL PSYCHOLOGIST

Newsletter of the Clinical Section of the Canadian Psychological Association  
Volume 20, No.2  
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### MESSAGE FROM THE CHAIR

Mark Lau, Ph.D., R.Psych.

#### *What's New*

Since the publication of our Fall 2009 newsletter, the Clinical Section Executive has been involved in several key activities. We met in Montreal for our mid-winter Executive meeting on January 23, 2010. Consistent with previous years, a member of the Executive provided a symposium to the host university the day before our meeting. Dr. Patricia Furer, the Section's Chair-Elect, gave an informative and clearly presented symposium to the Department of Psychology at Concordia University entitled *CBT for Health Anxiety*. Dr. Andrew Ryder, our Member-at-Large, has prepared a summary of the Executive meeting and the major topics we discussed. The summary is included in this edition of the *Canadian Clinical Psychologist*. Finally, we have been organizing several events for the upcoming Annual Convention.

I would like to follow-up on two issues highlighted in last year's spring newsletter. The online review process of the Fact Sheets is going smoothly. As a reminder, Dr. Karen Cohen described the review process in her article in the October 2008 edition of the newsletter. Our listserv is also now working smoothly. Members wishing to send an e-mail to the listserv should send their request to Dr. Patricia Furer.

#### *2010 CPA Annual Convention:*

##### *Winnipeg, June 3-5*

We had 96 clinical conference submissions this year, the majority of which were poster submissions. The early registration deadline for the 2010 convention at the Delta Winnipeg in downtown Winnipeg is May 3, 2010. To register, go to <http://www.cpa.ca/convention/>

The Clinical Section is co-sponsoring a number of exciting presentations at this year's convention:

Pre-convention Workshop (all day, June 2):  
*Advocating for the Science and Practice of Psychology: The How, What, When, Where and Whys* presented by a roster of speakers including experts in government relations. The Section on Clinical Psychology is co-sponsoring this workshop with the Canadian Psychological Association. Co-sponsoring this workshop reflects the results of our survey of the Clinical Section membership which indicated strong support to devote funds to advocacy initiatives. On a related topic, a symposium, *The Advocacy of Psychology and the Psychology of Advocacy*, sponsored by the CPA will be offered on June 3, 11:15-12:55pm.

Dr. John Walker, from the University of Manitoba, is one of our CPA Invited Speakers this year. His presentation *Flying Blind: The Challenge of Informing Consumers About Treatment Choices for Common Mental Health Problems* is scheduled for June 3 from 3:00-3:55pm. Dr. Walker has also agreed to do a free public lecture (June 2, 7:00-9:00pm) entitled *Confidence Building: Helping your Shy or Fearful Child*. Also on Thursday, Dr. Walker will give a workshop, *Cognitive-Behavioral Treatment for Death Anxiety* along with Dr. Furer. On Friday, Dr. Walker will participate in two symposia *Better Information, Better Decisions, Better Care: Helping Parents Navigate Mental Health Treatment Options for their Children* and *What do Young Adults Know and Want to Know About Getting Help for Problems with Anxiety and Depression?*

Dr. David Hodgins, from the University of Calgary, is another of our CPA Invited Speakers whose talk *Beating the Odds: Promoting Self-Recovery from Gambling Problems with Brief Motivational Interventions* is co-sponsored by the Section of Counseling Psychology. Dr. Hodgins' presentation has been scheduled for June 3, 1:00-1:55pm. Dr. Hodgins will also give a workshop *The Future of Diagnosis: A Discussion of the Draft Criteria for DSM-5* along with CPA President Dr. Antony, the Section on Clinical Psychology's new Chair-Elect, Dr. Bieling and Dr. Baillie.

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### In The News??

If you know of a section member who has recently published a book, article, or chapter, or who has contributed to the field in some other noteworthy manner of late, send the editors a short description and we will be happy to publish it in the Fall 2010 Newsletter.



## The Canadian Clinical Psychologist: What do You Want to Read About?

Clinical section members – many from our student contingent! -- have been generously contributing ideas and written pieces to this publication in increasing numbers. These contributions have strengthened it considerably. Below are just two topics included in a few recent newsletters. What would you like to read about next? Send us your ideas, workshop reviews, research summaries, new book publications, and articles relevant to Canadian clinicians, and there is a good chance you will see it appear!

### Fall Newsletter 2010 – What Types of Everyday Work do Canadian Clinical Psychologists do?

We would like to begin to profile of the variety of work clinical psychologists are doing across the country. We hope to profile members who work in various settings – private practice, mental health service units, healthcare organizations, hospitals, schools, universities, industries, legal systems, medical systems, counseling centers, governmental agencies, and military services. We welcome your suggestions and submissions.

### Fall Newsletter 2010 - Profiles in Clinical Psychology: People

Something else you will want to check out in the Fall 2010 issue of the *Canadian Clinical Psychologist* is our profile of the work of another Canadian clinical psychologist. In past issues, we have profiled Dr. Pat McGrath, Dr. David Zuroff, Dr. Gord Asmundson, Dr. Robert Hare and most recently, Dr. Sherry Stewart. We welcome your suggestions of people who have made a significant contribution to the field of Clinical Psychology.

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Student affiliates will likely be interested in the internship fair delivered by representative of the Students in Psychology Section in collaboration with members of the Canadian Council of Professional Psychology Programs (CCPPP). Dr. Kerry Mothersill will represent the Clinical Section in this session entitled *Preparing For Your Predoctoral Internship* on June 5, 2:00-3:55pm.

The Clinical Section's *Annual Business Meeting* will be held on Thursday, June 3, 2:00-2:55pm. In addition to regular business items, we will be announcing the 2010 winner of the Ken Bowers Award and the new Clinical Section Fellow.

Adult and child Clinical Section posters will be available for review on Friday, June 4, 3:00-4:55pm. Student affiliates will be involved in the poster sessions for the fourth year for the Student Travel Awards. In addition, there are several Clinical Section presentations that may be of interest to our members and to those of other sections. I would like to highlight that this year the Clinical Section initiated sponsorship of a symposium of student submissions. This year's symposium is *Examining Individual Differences in Alcohol and Substance Use: Highlighting Graduate Student Research Contributions to the Addictive Behaviors Literature* on Saturday, June 5 from 4:00-5:25pm.

Other offerings on Thursday include, in addition to the several presentations mentioned above, two workshops: *Ethical Issues in Working with Third Parties: Prototypical Cases*, as well as, *Treatment of Social Anxiety Disorder and Social Isolation: Helping Clients to Improve Friendships and Social Life*.

On Friday, there will be: *Registration/Licensure/Professional Mobility: What Students Need to Know*; *New Psychosocial Interventions for ADHD Developed at Manitoba's ADHD Service*; *Assessment and Treatment of Co-morbid Anxiety in Individuals with Intellectual Disabilities*, as well as, *Current Issues in Data Analysis: Mediation, Clinical Significance, and More*. The convention finishes on Saturday with *Ethical Supervision in Teaching, Research, Practice, and Administration* and, finally, *Behavioral Principles and Techniques to the Treatment of Children with Autism Spectrum Disorder*.

Clinical Section Members may be particularly interested in two of this year's CPA Invited Speakers. Dr. Kay Redfield Jamison from the United States will present this year's Honorary CPA Presidential Address on Friday: *A Professional, Public, and Personal Life in Moods*. Speaking on Saturday is Dr. Edward Connors from Ontario whose presentation is entitled *First Nations "Psychology" Is Alive and Well*.

#### Looking Ahead

Clinical Section Executive, 2010-2011: It is my pleasure to announce two new members of the Executive. Dr. Peter Bieling, who will be completing his term as a member of the CPA Board

of Directors in June, allowed his name to stand for nomination for the position of, and has been acclaimed as, Chair-Elect. Dr. Liz Nilsen from the University of Waterloo in Ontario was acclaimed as the Member-at-Large, replacing Dr. Andrew Ryder from Concordia University whose term will end in June. Dr. John Pearce's term as our past-Chair will also end in June. The Executive is looking forward to welcoming our new members to the Clinical Section Executive and acknowledging the contributions of those who will be leaving at the Annual Business Meeting. We are grateful to both John and Andrew for their dedicated efforts and significant contributions to the Executive during their terms. They were great colleagues and will be sorely missed.

Finally, on behalf of the Executive and members of the Clinical Section, I would like to express our sincere appreciation to the Section on Counseling Psychology for co-sponsoring Dr. Hodgins' presentation and their willingness to share resources. I know I speak for all the members of the Executive when I say we are looking forward to seeing many of you in Winnipeg!

- M.L.

### Many Thanks to Volunteer Reviewers of the 2010 Convention Submissions

Dr. Trish Furer, the Chair-Elect of the Clinical Section, was responsible for this year's review of the clinical submissions to the 2009 convention. She and the other members of the Executive wish to thank the section members who volunteered their time to review the many submissions. We appreciate the effort and care the following individuals devoted to this important task:

**Carolyn Abramowitz**

**Peter Bieling**

**Phillipe Cappeliez**

**Susan Graham**

**Lesley Graff**

**Heather Hadjistravropoulos**

**Diane Hiebert-Murphy**

**Peter Hoaken**

**David Hodgins**

**Maxine Holmqvist**

**Corey MacKenzie**

**Randi McCabe**

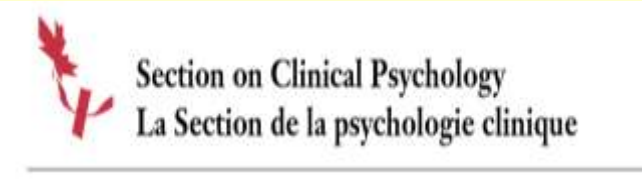
**Patricia Petrie**

**Christine Purdon**

**Adam Radomsky**

**Margo Watt**

**Kristi Wright**



**CLINICAL SECTION EXECUTIVE COMMITTEE  
MIDWINTER MEETING MINUTES**

**January 23, 2010**

**Present:** John Pearce (Past-Chair), Mark Lau (Chair), Patricia Furer (Chair-Elect), Andrew Ryder (Member-at-Large), Jessica Dere (Student Member).

**Regrets:** Margo Watt (Secretary-Treasurer).

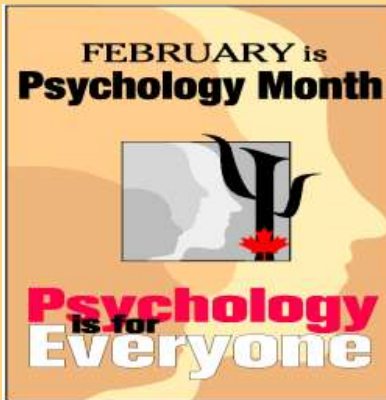
**Highlights:**

- A major topic of discussion was different ways in which we can increase advocacy for psychology, both as a section and in collaboration with CPA. This year’s convention will feature a workshop on advocacy organized by CPA; we agreed that this effort should be an impetus to future advocacy efforts.
- Current bank balance for the Section is \$18,256.37, with an additional \$11,500 in GICs. Total assets are \$29,756.37.
- Current membership is 977 with 356 student members.
- Student-Related Issues:
  - Conference-related student award applications were down in number this year, but not problematically so.
  - Student workshop grants will be given to the top two applicants this year, given that not all the money was actually used by last year’s grantee.
  - Description of student workshop grant will be updated to better encourage broad audience outreach.
  - The first annual Clinical Section student symposium will take place at the CPA conference this June, on the theme of Addictive Behaviors.
  - Jessica Dere raised concerns that exist among student members about the new fellowship policies of the three federal granting agencies. General discussion ensued, including implications for PIs as well as students. (Note that we have since learned that CPA is involved in discussions with the agencies about these issues.)
- Overall, the section website seems to be functioning adequately from a user perspective, although uploading new materials remains somewhat problematic.

- The transition of the Factsheets to coordination by CPA appears to have gone smoothly, although we will continue to monitor accessibility and solicit new contributions.
- Nominations have been received for Member-at-Large, Chair-elect, and Section Fellow; successful applicants will be announced shortly.
- Psychology month will be kicked off with the call for nominations for the first annual Clinical Section Scientist-Practitioner Early Career Award. Nominations are due April 15th, 2010.
- 2010 Conference updates:
  - Dr. John Walker will be a keynote speaker and will also give the Clinical Section public lecture.
  - The Clinical Section ABM and executive meeting times will be announced shortly.
  - The Clinical Section executive spring teleconference will be held on April 19th, 2010.

-Submitted by Andrew Ryder, PhD.  
Member-At-Large





### Marking the 5th Anniversary of “February is Psychology Month”: Once again, Clinical Section Members Rise to the Occasion!

Five years ago, after years of dedicated effort, psychologists were rewarded in 2005 with the declaration that February would be designated Psychology Month in Canada. This past February was thus the fifth year in which sustained and nation-wide effort went into promoting our wide-ranging and far-reaching profession to the general public.

As in last Spring’s newsletter, we are showcasing some of the efforts Clinical Section members and their organizations made in relation to Psychology Month. Keep those reports coming for next year: your creativity just may inspire someone else to promote (clinical) psychology !

-JB & MW

### *There’s a Psychology for That!* Psychology Month at the University of Calgary

*Submitted by Michael Boyes, Ph.D.,  
Department of Psychology, University of Calgary, Calgary, AB*

This year, the Psychology Department at the University of Calgary decided to mark Psychology month by launching a new series of public presentations by members of our department on Psychological topics of general public interest. At the request of our Department Head Keith Dobson, Mike Boyes took on the organizing duties and responsibility for the series “*There’s a Psychology for That!*”

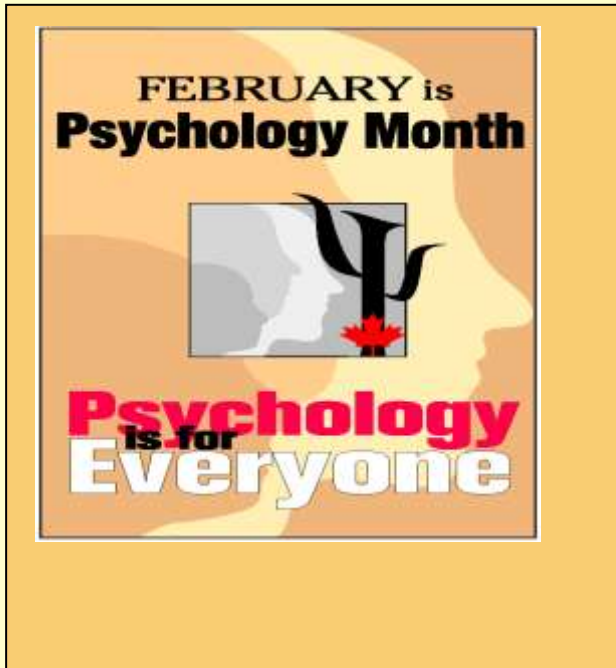
The larger plan is to establish this series as an ongoing part of our department’s community contact activities. The speakers will be drawn from the Department of Psychology (faculty, graduate students and adjunct faculty members) and from allied university departments and various local psychology groups. We accessed meeting facilities in the downtown branch of the Calgary Public Library over the lunch hour in order to make the events accessible to the large working population downtown but also with easy access via Calgary’s C-Train service.

We have run two sessions so far. The first featured Janine Giese-Davis, of the Division of Psychosocial Oncology, Department of Oncology, Faculty of Medicine, and Adj. Associate Professor, Department of Psychology University of Calgary. Janine spoke about work done in her Emotion Coding lab and specifically talked about “reading” people’s facial expressions, body language and other indicators of their underlying emotional state. She talked about the application of those tools to everything from interactions and cancer patient support groups to recorded telephone conversations between auto salespeople and potential clients. The interest level among those who attended the talk was clearly very high.

Our second session featured two speakers. Derek Chapman, an associate professor in the Department of Psychology spoke about his research into the match between company profiles (culture or reputation) as viewed by their employees, and individual employee profiles defined in terms of personality, commitment to the company and plans for employment change. Derek spoke about the ways in which his research speak to questions such as how potential employees can find a good match when search for possible employers, how employers can work to increase employee retention and how employers can optimize their long term outcomes by identifying the employee profiles that define the “high flying” employees in their company.

The second speaker was Laurie Ching, a PhD student working in Keith Dobson’s Depression Lab. Laurie talked about the nature of depression, how to recognize it and what can be done about it. In addition to talking about treatment issues Laurie spoke about some of the research on stigma being done in the Depression Lab and talked about what employers, co-workers, friends and family can do to support people who struggle with depression.

All three presentations were very well received. We will need to continue to advertise our efforts, to ensure that interested parts of the local population know about the series. Direct contact with groups like the Human Resources Association of Calgary produced very strong interest not only in the talks themselves but also in getting on an e-mail list so as not to miss future talks. We are working to establish a blog and forum site to provide *There’s a Psychology for That!* with an ongoing profile aside from that engendered by upcoming talks ([www.theresapsychologyforthat.blogspot.com](http://www.theresapsychologyforthat.blogspot.com)). Ψ



**Numerous Psychology Month Activities by New Brunswick’s Horizon Health Network**  
 Submitted by Carole Lamarche, Ph.D., L.Psych.  
 Psychology Department, Chalmers Regional Hospital, Fredericton, NB

It was another busy Psychology Month for psychologists of **Horizon Health Network** in New Brunswick. The Horizon psychologists work in hospitals, Community Mental Health Centres, the Operational Stress Injury Clinic, and the Rehabilitation Centre in Fredericton and the Upper River Valley of New Brunswick.

This year, our chosen theme was *The Hidden Face of Mental Illness*. Our Psychology Month display on mental health travelled to different sites, including the local shopping mall in Fredericton. Educational activities for Horizon Health Network Staff included two Lunch and Learn Sessions presented by staff psychologists. Lise-Anne Renaud’s presentation focused on understanding Post-Traumatic Stress Disorder, while Dr. Dean Snow’s presentation was entitled Mending a Broken Heart: Depression and Heart Disease. Our ever popular weekly email messages to staff included topics such as chronic pain, traumatic brain injury and depression. Dr. Carole Lamarche’s evening public presentation was well attended and focused on Anxiety: What Is It and What Can I Do About It? We closed out the month with a potluck lunch. All in all, this year’s Psychology Month was deemed a success. Ψ

**Graduate Students Promoting Psychology Month in Ontario: Three Years and Counting!**  
 Submitted by Pamela Seeds, M.S.  
 Department of Psychology, University of Western Ontario, London, ON

To mark Psychology Month, **Advocacy through Action: Students Bringing Psychology to Our Community** held their 3<sup>rd</sup> annual public library lecture series entitled *Finding Your Way: The Psychology of Everyday Life*. Over the course of February, 23 talks were given by Clinical Psychology Graduate students from the University of Western Ontario and Psychology Residents completing their Predoctoral Internship at the London Clinical Psychology Internship Consortium. Speakers presented on topics of interest to the general public, based on their respective areas of research and/or clinical expertise. Topics ranged across the lifespan, from general advice to promote healthy living in children and adults all the way to providing empirically supported information about psychological issues related to specific medical or mental disorders.



Since the *Finding Your Way* series began, attendance has steadily increased. In 2008, approximately 250 people attended talks; in 2009, over 800 attended. Advocacy through Action is currently in the process of compiling this year’s valuation/feedback sheets, which attendees completed after every talk. We use these evaluation/feedback sheets to improve our series, by trying to meet the requests of our audience for particular topic coverage, talk format, or scheduling. Based on feedback from 2008 and



2009, we have expanded the number of talks, lengthened the presentation time of each talk, started holding talks on evenings as well as weekends, and provided talks on particular topics

that have been requested. We view this library lecture series as a way to get good information into the hands of the people who need it, and we value their input and feedback to ensure that we are fulfilling their needs. For more information, check out Advocacy through Action’s group Facebook page at [www.facebook.com/group.php?gid=6742722220](http://www.facebook.com/group.php?gid=6742722220). Ψ

### Message From the Student Representative

Hello fellow Clinical Section members. I hope that the past few months have been enjoyable and productive ones. The 71<sup>st</sup> Annual CPA convention in Winnipeg will be upon us in no time, and there will be many stimulating and informative symposia, workshops, and poster sessions of interest to section members. I hope that many of you will be able to attend the conference.

For student section members whose abstracts have been accepted by the Clinical Section for presentation at the conference, I would like to remind you of the deadlines for section-sponsored award applications. Students are encouraged to apply for the Ken Bowers Research Award and the Clinical Section Travel Awards. The deadline for **both** awards is May 1, 2010. More information on both of these awards, along with the Travel Award application form, can be found on the Clinical Section website: [www.cpa.ca/sections/clinical/newsandevents/](http://www.cpa.ca/sections/clinical/newsandevents/). Please also see the descriptions of both awards in this newsletter, and any questions about either award may be addressed to me.

In the Fall 2009 newsletter, I mentioned that the Clinical Section Student Grant was going to be awarded for a second year, to support extracurricular educational activities organized by student members. I am pleased to say that we received more applications this year than last, although this made it even more difficult to choose among these excellent applications. In the end, we were happy to be able to support two applications. One grant was awarded to Sarah Royal and her colleagues from Ryerson University, for their full-day workshop entitled "Dialectical Behaviour Therapy for Difficulties with Emotion Regulation." The second grant was awarded to Sarah Chan and her colleagues at the University of Regina, for a full-day workshop entitled "Challenges in the Assessment and Treatment of Depression." We look forward to hearing about both of these workshops in the next newsletter.

In the Fall 2009 newsletter I also announced that the Clinical Section would be sponsoring a student symposium at this year's convention, which is a new initiative for the Section. I am very happy to announce that this year's symposium, entitled "Examining Individual Differences in Alcohol and Substance Use: Highlighting Graduate Student Research Contributions to the Addictive Behaviors Literature," will be on the program in Winnipeg. I am really looking forward to moderating the session, and hearing from the four graduate students whose presentations were accepted as part of the symposium. I hope that many of our section members will attend this inaugural student symposium.

Please feel free to contact me with any questions, comments, or suggestions for the Clinical Section. All the best,

Jessica Dere, M.Sc.  
jessicadere@gmail.com

### Clinical Section Travel Awards

The Clinical Section Travel Awards were designed to help clinical section students from across Canada to travel to the annual CPA conference. Additionally, this award was especially designed to encourage communication between Clinical Section students and to promote peer review among students. Three Travel Awards are granted each year and are valued at \$750, \$400 and \$400. The three winning submissions will also have their conference abstract published in the fall edition of The Canadian Clinical Psychologist. All students who have posters or presentations accepted by the Clinical Section are invited to apply. For more information, please go to: [www.cpa.ca/sections/clinical/newsandevents/](http://www.cpa.ca/sections/clinical/newsandevents/)

### Prix de déplacement de la Section de psychologie clinique

Les Prix de déplacement de la Section de psychologie clinique vise à aider les étudiant(e)s en psychologie clinique à travers le Canada à assister au congrès annuel de la Société canadienne de psychologie (SCP). De plus, cette série de prix vise à encourager de façon particulière les échanges entre les étudiant(e)s en psychologie clinique et à promouvoir l'analyse critique du travail d'autres étudiant(e)s. Trois Prix de déplacement de la Section de psychologie clinique seront attribués à chaque année: 750\$, 400\$, et 400\$. Le résumé de la communication des trois candidatures gagnantes sera publié dans l'édition d'automne de la revue The Canadian Clinical Psychologist. Chaque étudiant(e) qui a une communication orale ou par affiche acceptée par la Section de psychologie clinique est invité(e) à faire une demande de bourse. Pour plus d'information, veuillez vous rendre à: [www.cpa.ca/sections/clinical/newsandevents/](http://www.cpa.ca/sections/clinical/newsandevents/)

## KEN BOWERS STUDENT RESEARCH AWARD

The Ken Bowers Student Research Award was established to honor the enormous contributions of Dr. Ken Bowers (1937-1996) to the field of clinical psychology. Dr. Bowers is widely considered to have been one of the world's pre-eminent hypnosis researchers. In addition, he is renowned for his contributions to our understanding of personality, revolutionizing the trait-situation debate through his assertion of a situation-by-person interactional model. One of Dr. Bowers' last works was a highly influential paper on memory and repression that appeared in a 1996 volume of *Psychological Bulletin*. Dr. Bowers saw the philosophical foundations of inquiry as the common basis for both research and clinical practice. He was a consummate scientist-practitioner who devoted his career to the Department of Psychology at the University of Waterloo. The memory of his intellectual rigor and scholarship continues to shape UW's clinical training program.

The Ken Bowers Student Research Award is given by the Clinical Section to the student with the most meritorious submission to the Clinical Section of the CPA annual convention. **All students whose presentations have been accepted within the Clinical Section program are invited to apply.** The winning submission is recognized with a certificate and \$1000.00, and the student is invited to describe her/his work in the fall edition of the Clinical Section newsletter, *The Canadian Clinical Psychologist*. The award will be presented at the Annual Business Meeting of the Section, during the 2010 convention.

To be eligible you must:

1. Be a student who is first author of a presentation that has been accepted in the Clinical Section at the CPA annual convention in Winnipeg, June 3-5, 2010
2. Submit an APA-formatted manuscript describing your research\*
3. Be prepared to attend the Clinical Section business meeting at the Winnipeg convention, where the award will be presented
4. Be a student member of the Clinical Section at the time of presentation of your paper at the conference\*\*

\*The manuscript must include a title page and abstract page, and must be no more than 10 pages, double-spaced with 2cm margins and 12 point font. Figures, tables and references are not included in the page count. Manuscripts that do not conform to these criteria will not be reviewed. The **deadline** for submission of applications is **May 1, 2010**. Submissions in either English or French should be sent by e-mail to Dr. Patricia Furer. (Furerp@cc.umanitoba.ca). If you have any questions about the submission process, please contact Dr. Furer by e-mail.

\*\*If you are a CPA member but not a Clinical Section member contact [membership@cpa.ca](mailto:membership@cpa.ca) or 1-888-472-0657; if you are not a CPA member go to <http://www.cpa.ca/sections/clinical/membership/> and be sure to indicate Clinical Section membership on your invoice.

Students can apply for both the Ken Bowers and the Student Travel Award, but can only win one of these awards per year



## PRIX KEN BOWERS POUR RECHERCHE EFFECTUÉE PAR UN(E) ÉTUDIANT(E)

Chaque année, la Section de Psychologie Clinique évalue les communications soumises par les étudiants(e)s en vue d'une présentation au congrès annuel de la SCP. En 2010, un certificat et une bourse de 1000\$ seront remis à l'étudiant(e) ayant soumis la communication la plus méritoire.

Pour être admissible, l'étudiant(e) doit :

1. être premier(ère) auteur(e) d'une communication touchant le domaine de la psychologie clinique ayant été acceptée pour le congrès à Winnipeg, le 3-5 Juin, 2010
2. soumettre un court manuscrit décrivant l'étude selon le format de l'APA
3. être présent(e) à la réunion d'affaires de la Section Clinique du congrès à Winnipeg quand le prix sera décerné
4. être membre de la section quand vous présentez votre document

Veillez suivre les consignes de présentation : le manuscrit doit être à double interligne, avec des marges d'au moins 2 cms, un font 12, avec une page titre, un résumé et un maximum de 10 autre pages de texte, plus des pages de références, tableaux, et figures. Des manuscrits qui ne respectent pas ces critères ne seront pas admissibles. La date limite pour la soumission des candidatures est le **1<sup>er</sup> mai, 2010**. Les demandes peuvent être formulées en français ou en anglais et doivent être envoyées par courriel à **Dr. Patricia Furer** (Furerp@cc.umanitoba.ca). Si vous avez des questions au sujet du processus de soumission, n'hésitez pas à contacter le Dr. Furer par courriel.

Si vous désirez devenir membre de la SCP vous pouvez vous abonner à <http://www.cpa.ca/sections/clinical/membership/>, assurez vous d'indiquer "section clinique". Si vous êtes membre de la SCP, mais pas encore membre de la section clinique, veuillez contacter la SCP par courriel au [membership@cpa.ca](mailto:membership@cpa.ca) ou par telephone au 1-888-472-0657.



## Supporting Graduate Student Research

### STUDY ABOUT THE ROLE OF THERAPISTS' CHARACTERISTICS IN THEIR PERCEPTIONS OF CLIENTS' PRESENTING PROBLEMS

Principal Investigator: Easter Yassa, M.A.

Purpose of the research: fulfillment of dissertation requirements for a Ph.D. in Counselling Psychology at the University of Alberta, Edmonton, Alberta.

Dear Colleague,

There is very little research that examines the relationship between the person of the therapist and his/her perception of the client's presenting concerns. You are invited to participate in the research study linked to this message, which was developed in an effort to learn more about how some of the characteristics of counsellors/therapists might influence their perception of the problems with which clients present to therapy. I am conducting this research to fulfill the dissertation requirements for a Ph.D. in Counselling Psychology at the University of Alberta, My Dissertation Supervisor is Dr. George Buck. **If you are a registered psychologist or psychological associate AND are currently practicing** your participation in this research and completion of the enclosed surveys would be very valuable and greatly appreciated.

I recognize that as a professional psychologist or psychological associate your time is limited and I appreciate your participation in this important research project. Your participation is expected to take approximately 30 – 35 minutes. I believe that the results will be valuable in helping psychologists/psychological associates in their work and would be glad to share the findings with you. If you are willing to participate in this study please click here: <https://www.surveymonkey.com/s/therapistscharacteristicsphdresearch1> to access the online informed consent form and survey. Your participation is vital to this study so the results will be representative of psychologists/psychological associates provincially. The information will be used to recommend areas for additional training and/or exploration for practising clinicians and graduate students in psychology.

If you have questions about this study you may contact me, Easter Yassa, at the Department of Educational Psychology, 6-102 Education North, University of Alberta, Edmonton, AB, T6G 2G5 or via email at [eyassa@ualberta.ca](mailto:eyassa@ualberta.ca) or by phone at 780- 504-3363. Additionally, you may reach my Dissertation Supervisor, Dr. George Buck, with any questions via email at [george.buck@ualberta.ca](mailto:george.buck@ualberta.ca) .

Thank you very much in advance for your help with this important research. Please control-click on the link below to proceed to the online informed consent form.

**YES – I'M INTERESTED IN PARTICIPATING.**

Click here: <https://www.surveymonkey.com/s/therapistscharacteristicsphdresearch1>

Sincerely,

*Easter Yassa, M.A., Ph.D. Student (Counselling Psychology)*  
Faculty of Education, Department of Educational Psychology  
University of Alberta

*Dr. George Buck, Dissertation Supervisor, Associate Chair & Graduate Coordinator*  
Faculty of Education, Department of Educational Psychology  
University of Alberta

### Profiles in Clinical Psychology

#### Psychologists Working for the Canadian Forces:

**The OTSSC's Mary Clark-Touesnard, M.A.  
Dion Goodland, Ph.D., Silvia Frausin, M.Sc.  
and Lise Godbout, M.Sc**

This past year the Department of National Defence, specifically Canadian Forces Health Services Centre (Atlantic), marked the tenth anniversary of the opening of the Operational Trauma and Stress Support Centre (OTSSC) in Halifax. The OTSSC was established to provide specialized services to members of the Canadian Forces who were experiencing mental health problems resulting from their work in military operations. This initiative reflected an increased recognition that stressors related to military operations contributed to a wide range of problems for members and for their families. As such, OTSSC augmented the existing mental health services (General Mental Health Services, Addiction Prevention and Treatment Services and Psychosocial Services). Similar centers were also established in other Canadian cities, including Ottawa, Valcartier, Victoria and Edmonton.

Since its inception, the OTSSC staff has grown from six to 13 full-time staff members. The current multi-disciplinary team includes four psychologists, three psychiatrists (including one CF member), three clinical social workers, a military chaplain, a mental health nurse, and an administrative assistant. The primary and secondary mandates of the OTSSC are the timely assessment and treatment of active military personnel, veterans, and RCMP who experience mental health problems arising from operational or occupational activities. Other mandates comprising the four pillars of service include outreach (to local and regional units as well as local and regional mental health care professionals) and research. In addition, to augment individual treatment, the OTSSC participates in program evaluation, presents at international conferences, and provides educational programs such as the Awareness and Skills Development Course (to clients and their spouses) and an evening Spouse Support Group (to female spouses).

Psychologists and psychiatrists comprise the assessment team. A comprehensive intake assessment includes reviewing collateral information, interviewing clients, administering assessment tools, conferring with the larger team, and writing reports that, for the most part, are intended to guide treatment. In addition to assessments, the psychologists, along with the other clinical staff members, are very involved in providing individual psychotherapy to clients who are referred for treatment. There are ongoing discussions and consultations with partners across the country about best practices in assessment and treatment in keeping with recent research in the area. Psychologists at the OTSSC are involved in many other activities, including supervising student training and participating on local and national committees.

The four psychologists on staff are federal government civil servants. Late last year, psychologist Mary Clark-Touesnard, M.A., who has been with the center for the past six years, was named OTSSC Program Leader. Early this year, staff psychologist Dion Goodland, Ph.D., who has been with the center for eight years, was named Psychology Practice Leader for Halifax as well as the Atlantic region. Newcomers Silvia Frausin, M.Sc., and Lise Godbout, M.Sc., joined the team in the summer of 2008.



*From L to R: Mary Clark-Touesnard, Dion Goodland,  
Silvia Frausin & Lise Godbout*

Clark-Touesnard decided to pursue her dream of graduate studies. She successfully juggled the demands of part-time studies and work, commuting between two cities. Upon completion of her Masters, Clark-Touesnard was recruited back to Nova Scotia to create a Child, Adolescent, Family Service at Mental Health Services, Colchester Regional Hospital (CRH). During her 12 years working at CRH, Clark-Touesnard functioned as a team leader, clinician,

and chair/member of many committees. She was active in community development projects and collaboration with other health services. Clark-Touesnard also supervised three candidates in their process of becoming licensed psychologists and offered a small private practice with offices in Bedford and Truro for a number of those years. With the birth of her son, Ethan, in 1998, Clark-Touesnard reduced her working life to just one full-time role at the hospital. In 2004, Clark-Touesnard sought out a new challenge in an area of particular interest, trauma. She accepted a position with DND as a member of OTSSC and in 2006 moved to Bedford, NS. Working with military and RCMP populations for the past six years has been very rewarding. Working with trauma requires dedicated attention to self-care; Clark-Touesnard seeks vacations south and gets great satisfaction from cheering Ethan on, as he plays nets for his hockey team.

Originally, from Deer Lake, Newfoundland and Labrador, **Dion Goodland** began his academic career at Acadia University, in Wolfville, Nova Scotia, where he completed a Bachelor of Science Honours (Psychology) degree. He continued to head west and completed his Master of Arts and Doctor of Philosophy (Clinical Psychology) at the University of Windsor in Windsor, Ontario. Following the completion of his clinical training in Detroit, Michigan, he happily returned to Canada's east coast. He spent one year working in a large private practice in Halifax, where the focus was on individuals dealing with long-standing issues pertaining to work-related accidents and subsequent chronic pain. It was during this time that he completed his doctoral research looking at the relationship between chronic pain and depression. Upon the completion of the fifteen-month contract, he worked for nearly three years in a general mental health outpatient clinic in Truro, Nova Scotia. During his time there, Goodland served as the Psychology Practice leader for approximately 18 months and chaired several committees, including the Mental Health Grand Rounds. Since May 2002, Goodland has been working at the OTSSC and is the longest serving psychologist on the team. He has been involved nationally with DND in revising the assessment model for the OTSSCs across the country. He is one of the founding partners of Nova Psychological Services (a private practice that opened in 2008) and has been actively involved in private practice since 2002. Outside work, Goodland lives with his wife, Laura, and enjoys running, coaching minor hockey, golfing, and wine making.

**Silvia Frausin** completed her undergraduate studies at Dalhousie University and her graduate studies at Acadia University. She began her career at the Nova Scotia Hospital, a provincial psychiatric hospital, where she spent 13 years working with clients with acute and chronic mental health problems in an inpatient, an outpatient, and a Day Hospital setting. She joined the federal government in 1995 where she was the first full-time psychologist hired by one of the newly established federal women's institutions. She worked at Nova Intuition for Women in Truro, Nova Scotia, for six years, pioneering the Dialectical Behaviour Therapy Program and establishing the Critical Incident Stress Management Team.

She then transferred to the Dartmouth Parole Office where, for the next seven years, she worked with a high risk/high need population and specialized in domestic violence. Throughout her career, Frausin has supervised psychology students and candidate register psychologists. In addition, she has maintained a private practice since 1987 (now Frausin and Associates). She has collaborated on a number of research projects, has been a guest lecturer in several universities, has been a clinical associate of Dalhousie University and has taught a forensic psychology seminar at Dalhousie University. New to DND, Frausin enjoys working with a talented and dedicated team of mental health professionals and highly motivated clients. She lives with husband, Michael, and son, Matthew, just outside Halifax. In her spare time, Frausin enjoys traveling, gardening and reading.

**Lise Godbout** completed her undergraduate studies (first class honours with distinction) at St. Thomas University in 1988. She completed her graduate studies at the University of Calgary in 1991 and began working in private practice in Halifax Nova Scotia, initially with other firms until striking out on her own in 1995 to work with the assessment and treatment of clients, as well as other teaching and supervision duties. Over time, a broad practice increasingly specialized in clinical issues that centered on trauma, depression, and anxiety with children, adolescents, and adults, evolved. An interest in parental capacity assessments involving families has remained constant throughout her years of practice. As such, she has extensive Family Court experience as a psychologist. Godbout credits the high calibre and rigorous expectations of her professors and supervisors in the development of clinical skills that have stood up to scrutiny. The transition from private practice to working as a civil servant was a gradual one. It began in 2006 at the General Mental Health section of Mental Health Services at the Military Hospital in Halifax. Subsequently, Godbout began working with Mental Health Services at the Moncton Hospital until she was offered her current position with OTSSC in 2008. At this time, Godbout is particularly interested in the impact of developmental issues in the development and treatment of PTSD and related disorders. She is also interested in the availability of bilingual services to Canadian Forces Members and their families. In 2009, Godbout was nominated to the Nova Scotia Board of Examiners in Psychology. Throughout her career, Godbout's most cherished activity has been the parenting of her delightful son and daughter, her self-described greatest blessings. Ψ

### The Book Corner

*Please send the editors information about yours and your colleagues' new and forthcoming books on any topic you deem relevant to Section members! If you are interested in writing a brief review of any of the books featured in this or future newsletters, let us know.*

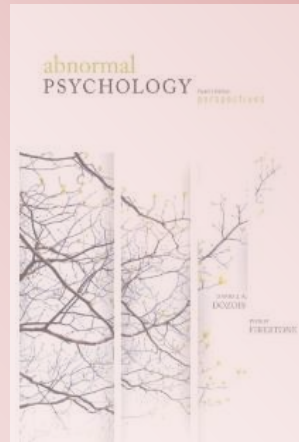


**Diagnosing the History of Depression in the Contemporary Age**

By Alain Ehrenberg

McGill-Queen's Univ. Press  
[December 2009]

**From the Press Review:** Depression, once a subfield of neurosis, has become the most diagnosed mental disorder in the world. Why and how has this occurred and what does it tell us about changing ideas of the individual and society? French sociologist Ehrenberg investigates the history of depression and depressive symptoms across 20th-century psychiatry, showing that identifying depression is far more difficult than a simple diagnostic distinction between normal and pathological sadness - the one constant in the history of depression is its changing definition. Ehrenberg shows that the phenomenon of modern depression is not a construction of the pharmaceutical industry but a pathology arising from inadequacy in a social context where success is attributed to, and expected of, the autonomous individual. In so doing, he provides both a novel and convincing description of the illness that clarifies the intertwining relationship between its diagnostic history and changes in social norms and values. The first book to offer both a global sociological view of contemporary depression and a detailed description of psychiatric reasoning and its transformation, *The Weariness of the Self* offers a compelling exploration of depression as social fact.



**Abnormal Psychology: Perspectives**

By David Dozois, PhD & Philip Firestone, PhD

Pearson Education Cda  
[Dec 2009; 4<sup>th</sup> edition]

Canadian content from the ground up, and thus not simply an American adaptation. Written entirely with Canadian students in mind, and each chapter penned by a different Canadian expert, this text pays tribute to the best of international scholarship while also showcasing the world-class scholarship happening in our own country. Canada has mental health issues that are unique in North America. Legal cases, laws, ethical issues, prevention programs, research, and the history of abnormal psychology are considered from the perspective of people who study, live, and work in Canada.

**Job Advertisement**



**ASSESSMENT SPECIALIST POSITION OPENING**

<b>Organization</b>	<ul style="list-style-type: none"> <li>• Korn/Ferry International is global provider of Leadership Capital Solutions. Through more than 80 offices in 40 countries, we offer services of exceedingly high quality in the areas of executive search, management assessment, corporate governance and CEO recruitment, middle-management recruitment, and leadership development.</li> </ul>
<b>Position</b>	<ul style="list-style-type: none"> <li>• Manager, Assessment Services</li> </ul>
<b>Location(s)</b>	<ul style="list-style-type: none"> <li>• Toronto, Ontario, Canada</li> </ul>
<b>Responsibilities</b>	<ul style="list-style-type: none"> <li>• Assist with the successful recruitment of key corporate executives by providing management assessment support to both internal customers and external clients.</li> <li>• Provide both written and verbal assessment interpretation to clients, search committees, consultants, and executive candidates</li> <li>• Provide trouble-shooting and technical assistance to internal and external users of the on-line assessment</li> <li>• Market the assessment to both internal and external users. This will include conducting presentations, preparing consultants to successfully market the tool to their clients, and continuously developing, updating, and improving marketing materials</li> <li>• Contribute to both organizational and database research aimed at improving the assessment tool and increasing its use</li> </ul>
<b>Education</b>	<ul style="list-style-type: none"> <li>• PhD in Clinical or Counseling Psychology, or a related discipline, is preferred</li> </ul>
<b>Who should inquire?</b>	<ul style="list-style-type: none"> <li>• This position is best suited for a Counseling or Clinical Psychology PhD or PsyD looking for a position in organizational consulting. If the doctorate is recently earned, experience working in a large organization is strongly preferred.</li> </ul>
<b>Why is this a terrific opportunity?</b>	<ul style="list-style-type: none"> <li>• This is a position that will waste little time in putting the right individual on the front line working at the executive level. As skills develop, there is opportunity to expand the scope of the role over time.</li> <li>• This is a dynamic position that will draw on a wide range of skills that include research, written and verbal communication, marketing, and consultation.</li> <li>• Competitive compensation</li> <li>• Full medical and dental benefits</li> <li>• Employee Stock Purchase Plan</li> <li>• Significant opportunities for growth</li> </ul>
<b>Special Skills</b>	<ul style="list-style-type: none"> <li>• Comfort and capability with psychometric testing and with Excel, Word and PowerPoint applications.</li> <li>• Excellent verbal and written communication skills</li> <li>• Strong social/relationship-building/outreach/networking skills</li> <li>• Comfort and capability with social-science research methods, organizational research, and database management</li> </ul>
<b>Contact</b>	<ul style="list-style-type: none"> <li>• Forward resume and cover letter to “Search Assessment Opportunity” SrchTOR@kornferry.com</li> </ul>