



Psychologists Welcome Liberal Party of Canada’s Commitment to Mental Health

Ottawa (September 30, 2015) – The Canadian Psychological Association (CPA) welcomes Justin Trudeau and the Liberal Party of Canada’s commitment to increasing access to mental health services, investing in home care services, and collaborating with the provinces and territories on health innovation.

“All Canadians deserve access to evidence-based mental health services. CPA and its members are pleased that the Liberal Party plans to increase the availability of these services and create a pan-Canadian Expert Advisory Council on Mental Health to advise on the implementation of the Mental Health Commission of Canada’s important recommendations,” says Dr. E. Kevin Kelloway, President, CPA.

The Mental Health Strategy for Canada, put forth by the Commission, called for increased access to evidence-based psychotherapies by service providers qualified to deliver them. There is a robust body of evidence demonstrating that psychological treatments are effective for a wide range of mental disorders, but because these treatments are not funded by public health insurance plans, many Canadians in need cannot access them.

“Canada is poised to do better by the mental health of Canadians,” says Dr. Karen Cohen, CEO, CPA. “All governments and industry stakeholders need to work together to implement this important recommendation so that Canadians can access the care they need. It is now time to ensure that innovations in mental health care delivery happen to support the health and wellness of our citizens.”

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About the Canadian Psychological Association (CPA)

The Canadian Psychological Association (CPA) is the national association for the science, practice and education of psychology in Canada. With over 7,000 members and affiliates, CPA is Canada's largest association for psychology. To find out more information go to www.cpa.ca.

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