# 2010 Annual Report

## **Counselling Psychology**

### **Section Executive**

The 2009-2010 Executive Committee consisted of Sharon Cairns (Chair), Vivian Lalande (Past Chair), Shelly Russell-Mayhew (Secretary-Treasurer), Patrice Keats (Member at Large - Review Coordinator), Colleen Haney (Member at Large - Student Awards), and Reana Saraceni (Student Representative). Our Web Master is José Domene, and our Newsletter Editors are Michael Huston and Olga Sutherland.

### **Membership**

As of April 22, the Section had a membership of 358, including 155 CPA Student Affiliates, 8 CPA Special Affiliates, 6 CPA Fellows, 3 CPA International Student Affiliates, 2 CPA Honorary Life Fellows, and 2 CPA International Affiliates.

#### **Awards**

In Montreal, Dr. Vivian Lalande was recognized for her outstanding career in counselling psychology and contributions to the development of the Section with the Distinguished Member Award. In 2009 the Section Best Dissertation Award went to Olga Sutherland (University of Calgary) for her work, *Therapeutic Collaboration: A Conversational Analysis of Constructionist Therapy;* and the Best Master's Thesis Award went to Marnie Fukushima-Flores (University of British Columbia) for her work, *FRIENDS Parent Project: Effectiveness of Parent Training in Reducing Parent Anxiety.* In addition, two students were given awards for the Best Doctoral Posters: Maria Iaquinta (Douglas College) and Linda Klevnick (OISE) and another two students were given awards for the Best Masters' Posters: Danielle Brosseau (Trinity Western University) and Tina Lee (Trinity Western University).

#### Annual Convention Activities (include date and time of section business meeting)

The Counselling Psychology program at the 2010 conference in Montreal will include a Section Keynote Panel with Ada Sinacore, Timothy Osachuk, Jennifer Thannhauser, and Heather MacIntosh talking about Accreditation and Internships: Developing the Infrastructure of Canadian Counselling Psychology. Along with the Clinical Section, we are co-sponsoring the CPA/Section Invited Speaker, David Hodgins, who will be speaking on Beating the Odds: Promoting Self-Recovery from Gambling Problems with Brief Motivational Interventions. Our Section Business Meeting will be on Thursday June 3, 2010 at 2:00 p.m. and we will be hosting a reception on Saturday June 5 at 4:00 p.m. immediately following our Keynote Panel.

#### **Past-Year Projects**

A major accomplishment for the Section in 2009 was the completion of the Definition of Counselling Psychology with the CPA Board of Directors approving the definition at their November meeting. The next major initiative was the formation of a committee to conduct an in-depth, systematic review of the proposed changes to the accreditation standards and providing the CPA Accreditation Committee with feedback regarding potential implications for Counselling Psychology. Many thanks go to committee

members Ada Sinacore, Emily Kerner and Lara Cross for accomplishing this goal. The final major project for the year was a review of our Section by-laws.

## **Next-Year Projects**

Beginning with the section business meeting in Winnipeg, we hope to move forward with the membership approving the revised by-laws, which would then be submitted to the CPA Board of Directors for approval. Pending the priorities of the incoming executive, it is anticipated that one of the goals for the coming year will be to build on the ideas from our keynote panel regarding further development of the infrastructure of Canadian Counselling Psychology.

**Sharon Cairns, Chair**