

2011 CPA Counselling Psychology Section Annual Report

Section Executive

The 2010-2011 Executive Committee consisted of José Domene (Chair), Sharon Cairns (Past Chair), Helen Massfeller (Secretary-Treasurer), Patrice Keats (Member at Large – Review Coordinator), Colleen Haney (Member at Large - Student Awards), and Lara Cross (Student Representative and list-serve manager). Our Web Master is Sasha Lerner, and our Newsletter Editor is Michael Huston.

Membership

As of April 22, the Section had a membership of 385, consisting of 183 Members, 181 CPA Student Affiliates, 2 CPA International Student Affiliates, 4 CPA International Affiliates, 6 CPA Special Affiliates, 7 CPA Fellows, and 2 CPA Honorary Life Fellows.

Awards

The 2010 Section Best Master's Thesis Award went to Lara Cross (University of New Brunswick) for her work, *Investigating Positive Psychology Approaches in Case Management and Residential Programming with Incarcerated Youth*. Additionally, the Section Best Doctoral Poster was awarded to Emily Koert (University of British Columbia), and Best Masters' Poster award was shared by Gena Davies (Trinity Western University) and Arlene Simpson (University of Victoria).

Annual Convention Activities

The Section program at the 2011 conference in Toronto will include a Section Keynote address by Ada Sinacore discussing future directions for Counselling in Canada; a co-sponsored pre-convention workshop (with the Clinical Psychology section), titled "Navigating therapeutic routes: One client, three evidence-based approaches to recovery;" and (with several sections co-sponsoring) Jasper Smits, an invited speaker presenting on exercise for mood and anxiety. Additionally, there will be, 43 posters, 9 symposium presentations, 4 workshops, 1 theory review session, and 5 conversation sessions offered by the section.

Past-Year Projects

Revisions to the section by-laws were approved by the membership at the 2010 business meeting, and subsequently approved by the CPA Board of Directors. The Section also supported efforts to increase the profile of counselling psychology on a national level, including promotion of and involvement in the Inaugural Canadian Counselling Psychology (ICCP) conference, held in Montreal in November.

Next-Year Projects

Building on the ideas generated from the ICCP, the section will engage in efforts to improve the infrastructure of counselling psychology in Canada, and seek ways to address specific problem issue that have been identified by the membership.