

**ANNUAL REPORT 2010-2011**  
**Sport & Exercise Psychology Section**  
**Canadian Psychology Association**

The Sport and Exercise Section aims to provide a forum for communication and information dissemination to psychologists, psychology students, and affiliates working with athletes, exercisers, coaches, parents, sport and exercise organizations, and other / or other sport and exercise science professionals in clinical / counseling, rehabilitation, research, and / or teaching / education roles. Specific goals of the section are to develop specific educational training guidelines for sport and exercise psychology, promote applied and theoretical research, encourage multidisciplinary perspectives in research and practice, advance knowledge transmission and evidence-based practice, and to facilitate linkages with other sport and exercise organizations across the world. The executive consists of **Dr. Peter Crocker**, Chair; **Dr Stéphane Perreault**, Chair\_Elect; **Dr. Tricia Orzeck**, Past Chair, Treasurer, Training & Practice Chair; **Dr. Kimberly Sogge**, Secretary; **Dr. Adrienne Leslie-Toogood**, member at large; and **Selina Zaluski**, Student Representative

The executive has worked along with other interested members to develop our operations, including section logo development, developing a communication strategy, continued webpage improvements and updates, and updating our referral list for the many clients, media, and students that contact us. We are also working on encouraging researchers and practitioners affiliated with other organizations to join CPA. This latter aspect remains a challenge as many competing scholarly and professional organizations remain attractive.

For the 2010 convention in Winnipeg, the conference planning committee developed a modest program as it was difficult to get participants to commit. For the 2011 convention in Toronto, a more ambitious program is planned with a research symposium related to both sport and exercise psychology topics, a conversation hour focused on having students meet experienced researchers and professionals, a section keynote speaker (Dr Hap Davis) addressing interventions with elite athletes, a co-sponsored CPA speaker (Dr Smits) addressing exercise and anxiety management, and an increase in our poster presentations.

This is the third year we have charged fees since the section's reinstatement. We maintained the membership at around 120 members, with approximately one-third of which are students. Based on membership funds, we will provide two \$100 awards to the top student abstracts (PhD and master students), offer a reception and other section activities at the conference, and build upon funds for future conference keynotes and invited speakers. The section was planning to provide more training workshops in the area of sport psychology starting with the 2011 conference as well as having an invited speaker. However, the high fees for room rentals at CPA for preconference workshops continue to be a major barrier.

The section is working on a number of other initiatives including

- *finalizing training/practice guidelines for sport psychology practitioners*
- *Updating referral list, using the guidelines as a benchmark for putting people on-grandfathering accepted for post-graduates/licensed people.*
- *Continue revising guidelines as needed- separating exercise psychology and sport psychology minimum requirements.*
- *Working to provide training/practice workshops through-out the year- via CPA or other places, ideally collaboratively with psychology and kinesiology organizations*
- *Updating the sport psychology program directory- with accurate information on degree names, training, and experience*
- *Collaborating with other organizations and correcting understanding of expertise of various professionals in our field*
- *Generating a point person in each province who can serve to consult on sport psychology practice issues for psychologists, and/or connect for referrals in each province*

*Respectfully submitted,*

*Peter Crocker, PhD, Chair; University of British Columbia*