

MINUTES
CPA Sport & Exercise Psychology
SECTION EXECUTIVE MEETING
Dec. 9, 2011

Attendees:

Stephane Perreault, Tricia Orzeck, Patrick Gaudreau, Amber Mosewich

Absent:

Peter Crocker, Kimberly Sogge

15:05 (EST). Meeting re-scheduled from November 25th. Attendees confirmed their presence. Quorum was verified and confirmed that it is met. Previous October 2011 meeting minutes submitted by Secretary were accepted unanimously, no revisions requested. An overview of the agenda was presented by the Chair.

Agenda items

1. Follow-ups

- a. Special issue abstract submitted by Chair/Guest editor for Canadian Psychology; discussion of type of projected content and timelines; discussion of collaboration with JASP to put a summary in the Digest. Chair to follow-up on this. Patrick briefly highlighted need for members to sit on various sport/exercise journals to prevent rejections of articles due to the unique needs and variations (ie. Low sample size) in this area. Stephane to follow-up on other journals where recruiting members might be needed.
- b. Conference
 - i. SCAPPS conference experience discussed by Chair and Student Rep. Discussion of timeline and conference conflict, forcing students to choose between CPA, SCAPPS, AASP and unlikelihood of high turnout in 2012. Discussion of some relationship building needs between CPA and SCAPPS, their presentation of exercise psyc criteria, and idea of creating a panel for guidelines with a wider audience (see planning below).
 - ii. Discussed the final number of abstracts, missed submitting deadlines for symposium. Brief discussion of intended symposium by members and overview of some of those findings. Discussed possibility of bringing in a speaker (Patrick G.) for the remaining one section hour still available and to request changing poster submissions to a symposium despite deadline being passed. Executive unanimous on these intentions. Stephane to follow-up with conference chair in light of some potential confusion on the process.

- iii. Proposed idea of requesting back-to-back presentations and meetings, similar to last year if conference chair can co-ordinate this. It was discussed that this typically depends on the cpa conference chair's organization and overall time allocations. Stephane to follow-up and propose this idea.
- c. Sponsorship. Talks are progressing. Chair to negotiate nominal amount and build form there, possibility of using those funds (perhaps \$200) for the dissertation award. Some potential conflict with visions of adidas and what they might expect in return. Unanimous support from executive for chair to pitch best offer and report back adidas expectations.
- d. Previous business. None of the items from previous meetings in process or those left for future discussions were discussed today. Items to be brought forward (see attached list of items).

2. Practice/Training Committee

- a. Summary provided to executive via email and prior to meeting on current status of practice committee's activities. Online referral list to be updated soon by committee chair.
- b. Highlights of CPA training and education initiatives and contributions of sport/exercise psyc members, as well as providing greater opportunities to develop our members expertise.
- c. Discussion of submitting guidelines in publications and having a multi-organizational panel to further discuss them. Information provided on past conferences and stakeholder discussions regarding this over past seven years.

3. Future Plans

- a. Chair discussed projected plans for upcoming years, focusing on 2013 conference in Quebec to generate wider interest and activities, ensuring deadlines are met, as well as integrating Canadian Psychology special edition with conference activities. Stephane to follow-up with Laval university to see about pre-conference day or workshops outside of CPA. Student rep to continue promoting to student members.
- b. Also aim to promote dissertation award in advance of conference submissions. Criteria still in process and has yet to be submitted to executive for approval. Executive agreed unanimously to ensure both psychology and kinesiology students have access to this award.
- c. Discussion of holding a separate conference, meeting, and/or panel on guidelines to include SCAPPS, Sport Canada, coaches, and re-invite organizations such as national training centers, Colleges of psychologists to take part in discussions to better clarify all organizations parts in the process of training and developing sport/exercise practitioners. Suggest SSHRC may have funds for this type of project. Patrick to follow-up with SSHRC and associated funding. Suggest to delegate tasks for this conference day if it occurs, ensure practice/training section committee and activities are working in collaboration.

4. Website

- a. Chair noted he has a student who can translate the website content. No indication given if there is a cost and no agreement made by executive for any funds at this point in time in accordance with previous discussions. Now that CPA has kept its webpage format and it will not likely change again soon, more permanent changes can be made. Since the last webmaster 2009, secretary has been correcting present content for areas discussed at meetings. However, overall content needs to be updated and agreed on by executive. No decisions made as of yet.

5. Section Related Information

- a. Chair noted future meetings. It was suggested by members to hold regular meetings every two months with two more meetings before the conference meeting (ie. February and April 2012). Requirements of by-laws were discussed and number of meetings per year. Secretary to double check the minimum number of meetings.
- b. As per the bylaws and Kerr and King's Procedures for Meetings and Organizations, the Secretary will produce the meetings minutes, coordinate upcoming meetings, and issue agenda.

Meeting adjourned by Chair at 16:35 (EST).