

Hi. I hope all of you had a great summer, particularly for those completing another academic year. Our apologies for the delay in this update, as we have been waiting to hear about the prospect of including sport/exercise psychology as a specialized area for licensure, stemming from the conference. Additionally, one of our chairs moved three times this summer which has made communications extremely difficult. The 2006 CPA conference brought many interesting developments regarding all of the Sections and we hope that our Developing Section in Sport and Exercise Psychology brings a fresh new face to the conference in Ottawa 2007. We have several updates & opportunities available for you, the interested members of the Sport & Exercise Group of the CPA, including: the 2007 Conference, our webpage, and election or committee positions.

- 1) **Section Development:** Over the next year, the Interest Group will continue working to re-develop into a formal Section with CPA. It has been over 10 years since the Sport & Exercise Section existed with CPA & we hope with your continued interest and/or involvement, the Section will remain within CPA operations for some time to come. To meet this requirement, we need to revise the Section By-laws and ask any interested members to join our Section at the same time as you join CPA. There will be an option when signing up for continuing membership to join our Group. With membership, you will receive information about the re-development of this section, via the CPA Group website and newsletter, you may take an active part in the Group if interested, you will be able to sign-up for the conference at membership rates and be eligible to present your research in the various formats offered. CPA requires a minimum of 25 members to sustain a Section. Given we were above this requirement of the Interest Group, we anticipate that our Section re-development will continue to attract interested members or special affiliates to enjoy all the benefits and opportunities that CPA has to offer. The re-development of any section, it takes some time to move things forward before the process is running in full swing. It will be an exciting year for this group to both re-develop and re-join the CPA conference.

Membership: Our Section fee this year will be at the low rate of \$10 CAD for all members, which allows individuals to present in our section at the conference and be involved in our section's governance. This is consistent with APA's policy, although their section fees are currently \$47 CAD. Full member psychologists can join CPA at a rate of \$225 CAD plus \$10 Section fee (APA= \$293 CAD plus \$47 section fee), Special affiliates or associates (ie. kinesiologists) can join at \$128 CAD plus \$10 section fee (APA= \$205 CAD plus \$47 section fee), and students can join CPA for \$52 CAD plus \$10 section fee.

- 2) **Positions Available:** Since this Group is re-developing, formal elections did not take place at this past conference. However, the regular process of nominations for various executive positions will ensue for the next conference. These nominations can be made via on-line ballots and we will update you to this process when the conference activities begin. All executive

positions are available so if you or someone you know is interested, please follow up on the process for nominations. These positions will become effective at the 2007 conference.

We also have positions available for anyone interested in sitting on committees related to Section functions. At this time, we are seeking additional conference proposal reviewers and sport/exercise licensure committee members. However, if you wish to embark on additional section activities, we welcome your ideas.

- a) The Conference Reviewers are asked to review papers during a two-week period in November. This ensures that all proposals submitted to the sport/exercise section are reviewed and accepted in adequate time to allow for the conference committee to schedule and communicate this information to members well before the conference. Thank-you to those you have already offered to review- we greatly appreciate your assistance and we will be in touch shortly with the exact timeframe for reviews!
 - b) The Licensure Committee (approximately 3-5 members) will assist in refining the credentials needed to become licensed as a *psychologist with a specialty in sport/exercise psychology*. Similar to other specialized areas, such as school psychology, industrial/organizational, this Group's aim is to advise the Colleges on criteria essential to the psychological practice of sport/exercise psychology. Our intentions are to ensure that those students or practitioners wishing to become *psychologists* (as legally defined), will receive their usual training in psychology but also engage in academic and practical training related to sport/exercise and working with the athletic population. In this endeavour, we also aim to continue our relationship with CSPA, who will also be recommending credentials for those who are not licensed psychologists. Through the collaboration of both organizations, new students should have the option of choosing the track (kinesiology or psychology) that they wish to embark on, depending on their desired scope of work. We also hope to continue educating the public on these differences so that the consumers of various services are well informed. With this, we anticipate many future developments in the training and education of future practitioners, teachers, or researchers in this area. If you are interested in being involved in this committee to offer recommendations of this nature, please let us know via the emails below. The minimum commitment will be until the next (conference) elections, but may continue beyond that time if you desire.
- 3) Conference: Please be sure to check the website <http://www.cpa.ca/convention/> website for updated information on the conference. This will be our Group's first conference since 1992 so there will be many diverse opportunities for presentations. Remember that you need to

be a member to present- the deadline is **NOVEMBER 15th, 2006**. We would like your input on ANYTHING that you might like to see at next year's conference in Ottawa 2007. In particular, are there recommendations for any keynote speakers? Are there workshops or symposium topics that you would like to see covered? Are there specialized events that you anticipate as an important addition to your conference experience? Please let us know of any ideas, comments, or suggestions.

- 4) Website & Newsletter: After much delay due to some of CPA's webpage problems, it looks like our Group's website will be up and running. We are currently designing our cover page layout and hope to have this project well on its way by the next conference. Currently, we are posting news pieces via: <http://www.cpa.ca/aboutcpa/cpasections/sportandexercisepsychologyinterestgroup/>

Thanks to Andrew Ling for his assistance in moving this forward! We also anticipate a newsletter to be sent to members. If you would like to contribute to content to the website or newsletter, please email us and we'll do our best to incorporate all that we can. The CPA's newsletter, Psynopsis, also allows each section space- so if you have a topic of interest, please forward it to us.

Thank-you for your patience in receiving this update. With our website becoming active, we hope to post current information regularly. If you received this email in error, please respond to the emails in this letter and we will remove your name from the list. If you have any questions, concerns, or wish to engage in any section activities, please do not hesitate to contact us.

Sincerely,

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