



# NEWSLETTER OF THE CPA/SCP

Vol. 22 No. 2  
JANUARY, 1996

SECTION ON WOMEN & PSYCHOLOGY  
SECTION: FEMMES ET PSYCHOLOGIE

## WISHING YOU BALANCE IN YOUR LIFE IN 1996

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*Take note of the forms  
for SWAP Associate  
Membership, SWAP  
Student Paper Award,  
and SWAP Travel  
Bursaries for Students  
included as inserts in  
this Newsletter.*

**S**WAP WANTS TO HEAR  
FROM YOU! NOTE  
THAT THE DEADLINE  
FOR SUBMISSIONS FOR THE  
NEXT NEWSLETTER IS MAY 1.

### 1995-96 EXECUTIVE

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**R**eminder  
PROVINCIAL REPRESENTATIVES  
NEEDED FOR MANITOBA &  
NOVA SCOTIA. INTERESTED  
VOLUNTEERS SHOULD CONTACT THE  
SWAP COORDINATOR, SHARON  
CROZIER.

## FROM THE COORDINATOR

I wish you all the best for the new year, may your hopes and dreams come to fruition, and what I feel is the best wish for so many women may you truly find some balance in your life over this next year.

I found the fall activities in the SWAP arena challenging, interesting, and at times overwhelming. Thanks to those of you who provided me with advice, background information, and a kind ear (or eye, if you were reading all of the e-mail messages I so frequently sent. I don't know how past coordinators operated without the access to electronic communication). I am afraid that I have some Good News and some News of Concern, which I ask you to read carefully and respond with any opinion or advice you would like to offer me.

Good News . First the good news! Clare Porac, our very own SWAP Newsletter Editor, courageously decided to let her name stand for nomination as a Director-at-Large on the CPA Executive. Clare has notified me that she has won the seat by acclamation. I would like to extend Congratulations and a big Thank You, on behalf of all SWAP members, to Clare for letting her name stand and being

willing to take on this task. As you will read in a minute, the representation of women on the CPA Board, especially women willing to take a feminist stance, continues to be extremely important. I also know of at least one of our SWAP Members who has allowed her name to stand for nomination as a CPA Fellow, so best of luck to that person. Please let me know of any other nominations of SWAP Members for CPA Fellowship, as we would like to monitor our success in this area.

SWAP's proposal for the addition of Associate Membership status has been approved by the CPA Board. Joanne Gallivan, in consultation with myself and Mary Ricketts, has developed a form and procedure for a person to become an Associate Member of SWAP. You will see this information included in this edition of the Newsletter; please encourage anyone who might be interested in this level of membership to join.

SWAP has submitted a proposal for the XXVI International Congress of Psychology, for an Integrated paper session, entitled Women's Sexual and Reproductive Health, A Feminist Analysis. This felt like it took a lot of coordination and again an extensive use of e-mail as our proposal contains five different papers with three distinguished Canadian presenters, one British presenter, and one United States presenter. I am very excited about this session and want to thank the presenters for developing their abstracts and agreeing to participate in this session. As the session is currently in the review process we do not yet know if the session itself or if all of the papers will be accepted so I will fill you in on the details in the May Newsletter. Best of luck to the presenters.

On a sad note, I must announce that there will not be a SWAP Institute this year; unfortunately, due to unforeseen circumstances Yolande Tanquay was just not able to take on the coordination of this event. I hope this will not discourage you from attending the Congress as there appears to be many interesting and stimulating presenters. I see the Congress as a chance to compare notes regarding the psychology of women and to interact with women psychologists from all over the world. SWAP will of course still have a business meeting, which I have requested to be a lunch event, to offer us an opportunity to gather, network, and process.



I would like to draw your attention to the Call for Papers for the 1996 Women's Health Conference, sponsored by APA with CPA as a collaborator, which appears in this edition of the Newsletter. If you would like further information you can contact me, as I am the CPA liaison to the Conference Committee.

SWAP explored presenting a proposal to the CPA Board for the formation of a Task Force on False Memory Syndrome, as had been moved at the 1994 SWAP Business Meeting. It was decided to wait until the report from the APA Committee on this topic was released, before proceeding further as this might duplicate work already completed by APA. In the meantime, Dr. Jim Ogloff, Chair of the CPA Ethics Committee, has been contacted as the Ethics Committee is currently reviewing materials in this area and working at developing Guidelines or an Ethics Statement in this area for feedback. I have offered the service of SWAP Members in the process, who are knowledgeable regarding the area of sexual abuse, and certainly SWAP will be involved in the review process of any documents developed by the Ethics Committee.

Also, the Status of Women Committee presented two position statements to the CPA Board, both of which were approved. One involved endorsing the statement, "Equality and freedom from violence are rights of all women, and it is the responsibility of every individual member of the Canadian Psychological Association to respect and protect these rights." The second involved endorsing a statement of support for the inclusion of unpaid household activities in the 1996 Canadian census.

**News of Some Concern.** As you may have noted I am choosing my words carefully. I am not ready to call this section "Bad News" yet but I do think it is important that we think carefully about the implications of some the major restructuring which will be proposed to us by the CPA Board in the next edition of *Psychopsis*. I encourage you to read carefully the description of the proposed changes by David Evans, CPA President, as I do not feel qualified to try and give you the complete picture. You will note amongst the proposed changes the elimination of the Status of Women Committee (SWC)! As I just said this

is amongst many changes so I do not feel that this committee alone is being discriminated against. On the other hand it does make you wonder why this committee is being disbanded, which has been of very limited cost to CPA, and not others? I became aware that the status of SWC was under question by the CPA Board during the fall when the new Coordinator of this Committee, Dr. Juanita Mureika, held discussions with the committee regarding proposals for future directions. Due to e-mail difficulties I did not participate to a large extent in this discussion and since the committee had been reconstituted with no other SWAP representative or member with major interest in Women's Issues, support for SWC as it exists was not strong. The major proposal put forward by SWC was that the Status of Women Committee become the Advisory Committee on Gender Issues. I opposed this proposal with support from the SWAP Executive and asked for this to be noted in the proposal to the Board. I did not buy the arguments that Women's Issues and concerns can simply be subsumed under Gender Issues; Gender Issues and Women's Issues really are one in the same; and Women's Issues will not be lost, diluted, or masked in a Gender Issues context.

The role of SWAP and SWC was questioned by Dr. Mureika, early in these discussions. More recently in communication with Dr. Evans regarding the CPA reorganization proposal and elimination of SWC, Dr. Evans noted that the Board made its decision based on the following factors: that SWAP was far more organized than SWC, accomplished more work than SWC, had a vehicle for concerns through the Board Member responsible for Sections, CPA By-laws require that the Board maintain a gender balance and has mechanisms in place to ensure this (except at the Presidential level), the SWC does not fit into the current Vision statement for CPA, and finally there are no other committees set-up specifically to deal with issues of the male gender or issues of other minority groups. I do have concerns about many of these arguments and will not outline all of them, as I trust you have your own as you read over the list. Certainly I do not feel the work of SWC is finished, or really will ever be finished (and I refer you to the very interesting comments on this in the article "CPA's Role in Making Women's Issues Outdated: Has Full Participation Been

Achieved?", September, 1994, SWAP Newsletter, Volume 21, No. 1). On the other hand, I do applaud CPA for working on restructuring, in this time of economic restraint on all of us and a time to develop new ways to tackle the issues we face. I also do agree that SWAP is an organized force and can accomplish a lot through using processes such as putting forward Position Statements to the Board, requesting the establishment of Task Forces, lobbying the CPA Board for actions, working towards the election of SWAP members on the Board to represent women's voices even more strongly than did SWC. My major concern is being sure that women's issues, concerns, and gender equality are not lost in the process of reorganization. One proposal that I suggested be made to the Board, in the discussion of the status of SWC, was instead of making SWC a Gender Issues Committee, to eliminate the Committee and turn its mandate over to SWAP, with a CPA Board member to be appointed as an ex-officio member on the SWAP Executive. This would give SWAP and Women's Issues a direct line of communication to the board. This as you can see has not been adopted so far but the restructuring is only a proposal at this time, to be voted on by CPA members. Please contact me with any questions, concerns, comments, advice regarding the response SWAP should put forward to CPA regarding this issue!!! Also, contact David Evans directly; the more he hears from SWAP members as to where we stand on this issue, the more representative of our wishes will be the Board's decisions. Dr. Mureika has indicated that she is anxious to hear of any issues SWC should address before being disbanded.

I am currently working on a review of the "CPA Guidelines for Counselling Women and Girls" with a small committee in Calgary. I would be pleased to have your input on the Guidelines or on further work for SWC, in the short time remaining.

So 1996 looks already to be an interesting year and not one I am sure that I will find balance in but oh well ...

Sharon Crozier, Coordinator, 1995-96

## SWAP STUDENT PAPER AWARD

In keeping with its goals of advancing the place of women in psychology and of promoting research of special relevance to women, the Section on Women and Psychology will offer a \$500.00 student paper award this year. The award will go to the best paper submitted to the International Congress of Psychology, which advances psychological knowledge about issues of particular concern to women.

Submissions may be in French or English. Papers co-authored with another student, faculty member or non-faculty are acceptable, but the research must be primarily that of the applicant who must be first author.

Interested students should submit two (2) copies of a summary (approximately three (3) pages in length) of their paper or poster, with all identifying data as to the author's name and university omitted from the summary. If any of the authors are not students, this should be indicated. Submissions must be received no later than March 29, 1996. Selection will be by blind review, and selection criteria will include the following:

1. Scientific excellence/significant contribution to psychological knowledge
2. Absence of sexism
3. Clear and effective writing style

Students submitting papers for consideration for the award will automatically be considered for a SWAP Travel Bursary.

Address inquiries and submissions to:

Dr. Charlene Senn  
Department of Psychology  
University of Windsor  
Windsor, Ontario  
N9B 3P4

I declare that when I submitted my abstract to the Congress (autumn 1995) I was registered as a student at \_\_\_\_\_ University.

\_\_\_\_\_  
Signature

N.B. In order to be eligible for this award you must have submitted an abstract to the International Congress of Psychology through its Call for Papers in the summer and autumn of 1995 and be planning to attend the conference.



### SWAP TRAVEL BURSARIES FOR STUDENTS

The Canadian Psychological Association Section of Women and Psychology is offering travel bursaries to students in psychology (and those individuals who have recently graduated) who are interested in attending the 1996 International Congress of Psychology in Montreal in August. Priority for the travel bursaries will be given to those students whose papers on topics of special relevance to women have been accepted for the Congress programme and who need the money to help defray their expenses.

Interested students should fill out the following application in French or English. Submissions must be received no later than March 29, 1996 and be sent to:

Dr. Charlene Senn  
Department of Psychology  
University of Windsor  
Windsor, Ontario, N9B 3P4

#### APPLICATION FOR SWAP STUDENT TRAVEL BURSARY

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

University: \_\_\_\_\_

\_\_\_\_\_ M.A. or M.Sc. candidate \_\_\_\_\_ Ph.D. candidate

Are you presenting at the International Congress? \_\_\_\_\_ yes \_\_\_\_\_ no

If you are presenting, is it a \_\_\_\_\_ paper? \_\_\_\_\_ poster?

Are you the senior author? \_\_\_\_\_ yes \_\_\_\_\_ no

Please attach a copy of your abstract(s).

Are you a SWAP student member? \_\_\_\_\_ yes \_\_\_\_\_ no

Estimated Travel Costs: \_\_\_\_\_

Other considerations: Please continue on reverse if necessary.

I declare that when I submitted my abstract to the Congress (autumn 1995) I was registered as a student at \_\_\_\_\_ University.

\_\_\_\_\_  
Signature  
OR

I declare that when I submitted my abstract to the Congress (autumn 1995) I was no longer registered as a student but had graduated from the Psychology program at \_\_\_\_\_ University in the past year.

\_\_\_\_\_  
Signature

N.B. In order to be eligible for this award you must have submitted an abstract to the International Congress of Psychology through its Call for Papers in the summer and autumn of 1995 and be planning to attend the conference.



## CPA/SWAP

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January 1996

Dear Former SWAP Member:

According to our records, you were once a member of CPA's Section on Women and Psychology (SWAP). We invite you to consider joining again with others interested in women and psychology to lend support to and participate in SWAP activities. These include SWAP Institutes and convention activities, a student travel and paper awards program, publication of a Newsletter three times a year, and recognition of significant contributions of colleagues through a Distinguished Member Award.

If you are still a CPA member, we encourage you to rejoin the Section when you renew your membership. **If you are no longer a CPA member, you are now welcome to become an Associate Member of SWAP, receive our Newsletter and enjoy full rights and privileges of membership except for the right to nominate or hold office.** To apply for Associate Membership, please complete the enclosed application form and submit it with the membership fee of \$21.40 (or only \$10.70 for students).

We look forward to hearing from you.

In sisterhood,

A handwritten signature in cursive script that reads "Mary Ricketts".

Mary Ricketts  
CPA/SWAP Treasurer



## CPA/SWAP

Mary Ricketts  
CPA/SWAP Treasurer  
Central NF Regional College  
P. O. Box 413  
Grand Falls-Windsor, NF A2A 2J8

Telephone (709)489-3402  
Fax (709)489-4180

### ASSOCIATE MEMBERSHIP APPLICATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### ANNUAL DUES

Associate Member	\$21.40	_____
Sustaining Associate Member	\$32.10	_____
Student Associate Membership	\$10.70	_____
I am a Student at _____		

Associate members of SWAP receive our Newsletter three times a year and enjoy full rights and privileges of membership except for the right to nominate or hold office. The membership year is January 1 - December 31.

According to section bylaws, Associate membership is open to those who are not CPA members, but who are involved in work or studies relevant to the purposes of the Section. Please describe briefly how your interests relate to women and psychology:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_

Please mail this form and your cheque made payable to CPA/SWAP to Dr. Mary Ricketts at the above address.



## FROM THE EDITOR

Many thanks to all of you who provided feedback concerning the last Newsletter. I have corrected all of the errors that were pointed out (fortunately, there were only a few). After feedback from a number of members, I have decided to continue the practice of Newsletter mail-out in envelopes.

It was argued, and correctly so, that this practice is consistent with that of other Newsletters (for example, APA Division 35).

As Sharon pointed out in her message, I have been elected by acclamation to the CPA Board. Many thanks to the SWAP members who took the time to nominate me. Sharon's message states the concerns that many of us share regarding the attention that CPA, as an organization, gives to issues of particular concern to women. I hope that many of you will communicate with me directly concerning issues that you want raised at the Board level, and I will do my best to convey these concerns and provide feedback.

Many of you may be struggling, as I am at the moment, to learn the intricacies of the Internet and how to "surf" the World Wide Web. I have included some web sites in the next section that I have found particularly useful; they have a particular emphasis on women and women's issues.

Clare Porac, Editor



## FROM THE INTERNET

### PLEIADES NETWORKS:

The Pleiades site is located at:  
<http://www.pleiades-net.com/>

On the Pleiades web site, you will find a step by step guide to the Internet. There are directories of women's organizations, resources and businesses throughout the world. Also, there are calendars of events and women's discussion forums.

### THE FEMINIST MAJORITY ONLINE:

The web site is located at:  
<http://www.feminist.org>

There are more than 365 links organized

under such topics as Women's Health, Violence Against Women, Women and Work, Global Feminism and so forth. The site also provides access to Feminist Majority publications. A subsection of the Feminist Majority Online will focus on research on women and provide information on Internet resources, publications, programs and centres.

### ABIGAILS-L

#### A FEMINIST ACTIVIST DISCUSSION LIST

ABIGAILS-L is an e-mail list dedicated to gaining women's rights through immediate actions. It is named in honour of Abigail Adams, woman of letters, businesswoman, wife and mother.

Any topic pertaining to the feminist community is appropriate for discussion. ABIGAILS-L is a compliment to issues raised on BEIJING95-L:

< beijing95-l@netcom.com > an e-mail list dedicated to the 4th World Conference on Women, Beijing 1995;

### CATT'S CLAWS:

< catts-claws@netcom.com > a feminist newsletter;

and Women of Achievement and Herstory:

< woah-herstory@netcom.com > a daily posting celebrating women.

To subscribe, send an e-mail message to:

< listserv@netcom.com > with the message "subscribe abigails-l"



## SWAP MEMBERS & THEIR WORK

SWAP member, Paula Pasquali, is author of a new CRIAW publication, "No Rhyme or Reason: The Sentencing of Sexual Assaults (CRIAW Paper No. 35). "No rhyme or reason" analyzes the sentences given for sexual offences against women and children during an 18-month period in the Yukon. By examining what judges say in the passing of

sentence, the assumptions and biases which shape the final disposition are revealed. This study also examines whether judicial reasoning is supported or contradicted by social science research on sexual offending and violation.

To order (price \$5.00 CDN): CRIAW, 151 Slater Street, Suite 408, Ottawa, Ontario K1P 5H3. Tel: 613 563-0681 Fax: 613 563-0682 Email: CRIAW@worldlink.ca

\*\*\*\*\*

The following item came over the POWR-L (Psychology of Women Resource List) and concerns SWAP member, Paula Caplan.

THEY SAY YOU'RE CRAZY: How the World's Most Powerful Psychiatrists Decide Who's Normal by Paula Caplan (Addison-Wesley, \$22.00/289 pp; ISBN: 0-201-40758-2).

"August 22, 1995--New York, NY-- The 'Diagnostic and Statistical Manual of Mental Disorders' (DSM) is the bible of mental-health professions. The DSM...sells over a million copies annually...Clinical psychologist and researcher Paula Caplan...calls the "Bible" of the mental health professionals a fraud. She explains, 'It is marketed as science, but it's mainly art and intuition.'

...Her 'inside story of the DSM' reveals the drama of patients denied basic rights and hospitalized with labels of 'hypoactive sexual desire,' 'major depressive disorder,' 'social phobia,' 'oppositional defiant,' and obsessive compulsive' disorders...There are many 1,000's of patients around the country in advocacy groups and support coalitions who call themselves 'psychiatric survivors,' victimized by 'non-existent' conditions or misdiagnosis perpetrated by bias, gender issues, and shoddy science..."

[end of quote]

## 1995 SWAP INSTITUTE KEYNOTE ADDRESS

USING THE IDEOLOGY OF  
 MOTHERHOOD FOR POLITICAL  
 RESISTANCE

Meredith M. Kimball  
 Simon Fraser University



(A longer version of this paper was presented as a Keynote Address at the SWAP Institute in Charlottetown, PEI, June, 1995. Copies of the paper may be obtained by writing the author at the Psychology Department, Simon Fraser University, Burnaby, BC, V5A 1S6.)

At different historical moments and in different cultures, women have organized around traditional roles of care, especially the mother-child bond, and moved together into the public sphere to demand the rights that their family obligations require. In doing so, they have challenged dominant institutions including the military as potential and actual destroyers of individual and community life. In order to examine the use of maternal ideology for political resistance, I look at two examples. My first example is the motherist movements in Latin America. Women in Latin America have organized as mothers, in the face of extreme political repression to try to recover their relatives or information about their relatives who were captured, tortured, and murdered by military regimes. Among the motherist groups I focus on the Mothers and Grandmothers of Plaza de Mayo in Argentina. My second example is the North American women's peace movements of the 1950s and 1960s, in particular Women Strike for Peace in the United States and Voice of Women in Canada. I have chosen these examples because they emphasize gender difference, particularly women's mothering, as a basis for political resistance.

The political actions of these women open up possibilities for broadening and transforming feminist politics. Three qualities these groups have in common make them important models for feminist political visions. First, they challenge the division between public and private. Second, they move from acting as individuals to acting as part of collective. Third, these women are all involved in confrontation. They are not nice. They are not passive. Many take tremendous risks to act on what they believe. Some of these women identify as feminists, some reject the label. Some are consciously and directly political, others would see themselves as political only in the broadest, moral sense.

Whether these women identify as feminists or not, the uses and limitations of their actions can and should inform feminist politics. There are many feminisms. To define some

feminisms as better or more correct than others promotes the exclusion of many women from feminism. Although encouraging diversity in political strategies is not sufficient for the inclusion of diverse women in feminisms, it is necessary and important. The real economic and social differences that exist among women need to be addressed directly by feminists. However, recognizing that women need to organize for their own situation, use a rhetoric that fits their view of the power relations they want to change, and take action that what they judge to be effective is an important contribution to honouring differences among women.

The choice of strategy and action is a difficult process. No action can guarantee the intended, and only the intended, outcome. In evaluating any political action it is important to understand the context in which it arose, listen to the women and men who initiated the action, and analyze possible unintended as well as intended consequences. If we do this with an awareness of the political and theoretical motivations for making this particular choice at this moment in time, in this context, we can avoid essentializing claims of truth. And we will remain open to recognizing the limits of our choices, the strengths of what we have not chosen, and the dialectics among the contradictory worlds we live in. Many strategies will serve to create a more caring world. All deserve respect, attention, and honest criticism. The successes and limitations of all strategies suggest a need for a diversity of feminisms which reflects the diversity of women and women's strategies to make the world a more caring place.

♀

## CONFERENCES

**WOMEN'S HEALTH CONFERENCE: AN INTERDISCIPLINARY CONFERENCE ON PSYCHOSOCIAL & BEHAVIORAL FACTORS IN WOMEN'S HEALTH**  
Sponsor: American Psychological Association

September 19-21, 1996  
Renaissance Hotel-Downtown  
Washington, DC

CONFERENCE INFORMATION:  
Victoria Lerma Simmons  
American Psychological Association  
Women's Program Office

750 First St., NE  
Washington, DC 20002-4242  
Phone: (202) 336-6070  
TDD: (202) 336-6123  
Fax: (202) 336-6117  
E-mail: whc.apa@email.apa.org

**D**eadline for submissions:  
February 5, 1996.

**WOMANSPAN: GENERATING BRIDGES ACROSS COMMUNITY, THROUGHOUT HUMANITY & WITHIN AGES AS KEEPER, CARRIER, & CREATOR OF CULTURE**

Association for Women in Psychology  
March 14-17, 1996  
Portland Hilton Hotel  
Portland, Oregon

CONFERENCE INFORMATION:  
Maryka Biaggio  
School of Professional Psychology  
Pacific University  
2004 Pacific Ave.  
Forest Grove, OR 97116  
Phone: (503) 997-8269  
E-mail: biaggiom@pacificu.edu

## FACULTY POSITION POSTING

Université Laval is looking for a person with a PhD in Psychology (or equivalent) and experience in research and teaching in neuropsychology to apply for a faculty position. Teaching neuropsychology courses at the undergraduate and graduate levels, supervising students' research projects, and participating in pedagogic and administrative functions of the École de psychologie are among the expected responsibilities of the successful applicant. Employment is to begin 1 June 1996, at the latest.

A CV, a letter that gives the details of clinical experience, ongoing research, and future research interests must be submitted by 1 March 1996 to:  
André Renaud, directeur  
École de psychologie  
Faculté des sciences sociales  
Université Laval  
Sainte-Foy, PQ G1K 7P4  
(e-mail: andre.renaud@psy.ulaval.ca)