

ANNUAL REPORT 2009-2010
Sport & Exercise Psychology Section
Canadian Psychology Association

The Sport and Exercise Section aims to provide a forum for communication and information dissemination to psychologists, psychology students, and affiliates working with athletes, exercisers, coaches, parents, sport and exercise organizations, and other / or other sport and exercise science professionals in clinical / counseling, rehabilitation, research, and / or teaching / education roles. Specific goals of the section are to develop specific educational training guidelines for sport and exercise psychology, promote applied and theoretical research, encourage multidisciplinary perspectives in research and practice, advance knowledge transmission and evidence-based practice, and to facilitate linkages with other sport and exercise organizations across the world. The executive consists of Dr. Peter Crocker, Chair; Dr. Tricia Orzeck, Past Chair, Treasurer, Training & Practice Chair; Dr. Marie-France Boudreault, Secretary; and Quynn Morehouse, Student Representative.

The executive has worked along with other interested members to develop our operations, including setting the policies and procedures for elections and awards, by-law revisions, section logo development, continued webpage improvements and updates, and updating our referral list for the many clients and students that contact us. We are also working on encouraging researchers and practitioners affiliated with other organizations to join CPA.

For the 2009 conference in Montreal, the conference planning committee were able to develop additional conferences symposiums related to both sport and exercise psychology topics, conversation hours around the necessary training for sport and exercise psychology, and increase our poster presentations, in addition to assisting in the coordination of CPA's fun run held at the annual convention. Conference plans for this year's conference in Winnipeg was more modest as it was more difficult to get participants to commit.

This is the second year we have charged fees since the section's reinstatement. We maintained the membership at over 130 members, with approximately one-third of which are students. Based on membership funds, we provide a \$100 award to the top student abstract in addition to a certificate, offer a reception and other section activities at the conference, and build upon funds for future conference keynotes and invited speakers. The section is planning to provide more training workshops in the area of sport psychology starting with the 2011 conference as well as having an invited speaker.

The section is working on finalizing training/practice guidelines for sport psychology practitioners. Last year's conference included sharing the first template of these guidelines. There have been ongoing efforts to collaborate with other interested groups and organizations and the continued need to increase the competency of students wishing to become psychologists with a specialty/practice in sport psychology and for those already practicing. We continue to educate the public and colleagues on this area to ensure ethical and competent practice.

Respectfully,

Peter Crocker, PhD, Chair; University of British Columbia

