Black Health Primer Registration:
Canadian Psychological Association

November 14, 2025

Welcome to the Black Health Primer!

About

The Black Health Primer is a multi-module, online, and self-paced course on Black health and anti-Black racism in the Canadian healthcare system. It was created by the Black Health Education Collaborative in response to gaps in education and training on Black health and anti-Black racism in medicine and public health in Canada. The course is suitable for all medical and health profession learners, faculty, educators, professionals, and practitioners (including administrative and other staff).

The Black Health Primer draws on critical race theory to:

- Advance knowledge in and promote dialogue about anti-Black racism and its impact on health
- Identify how anti-Black racism presents within the health system, social and structural determinants, and affects the health of Black communities in Canada
- Offer solutions at the individual and institutional levels to address the health inequities experienced by Black people in Canada

Accreditation

This 1-credit-per-hour Self Learning program has been certified by the College Family Physicians of Canada for up to 6.5 Mainpro+® credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim up to a maximum of 6.5 hours (credits are automatically calculated).

Certificate of Completion

A certificate of completion will be issued to participants after they complete the 4-month commitment to change.

Module Overview			
#	**Module Name**	**Overview**	**Learning Objectives Summary**
X	Introduction	• Equips medical and health learners, faculty and educators with the knowledge to support the "unlearning" of anti-Black racism and replace it with racially just practices	• Describe the historical context of racial oppression and how anti-Black racism influences health • Promote the role of healthcare professionals as agents of change
1	The Legacy of Slavery and Anti-Black Racism in Canada	• Surveys the historical and contemporary experiences of Black communities in Canada • Situates slavery as a violent system responsible for informing unfounded stereotypes about Black people	• Identify and recognize the history and legacy of slavery and anti-Black racism in Canada • Recognize how systemic anti-Black racism affects access to appropriate health care
2	The Reality of Anti-Black Racism in the Health System	• Examines how implicit, systemic and structural bias based on unfounded "race science" • Demonstrates how "race science" propagates harmful misconceptions contributing to health disparities	• Recall the history and the dynamics of current anti-Black racism in health practices in Canada • Identify the barriers to health care and racial health inequities for Black communities in Canada
3	Anti-Black Racism, Criminal Justice and Child Welfare Systems as Structural and Social Determinants of Health	• Explores anti-Black racism as a structural determinant of health • Demonstrates how the criminal justice, policing and child welfare systems affect the health and well-being of Black communities in Canada	• Identify anti-Black racism as a structural and social determinant of health • Recognize the impacts of Canada's child welfare, criminal justice and policing systems on the health of Black communities in Canada
4	The Structural and Social Determinants of Black Health	• Examines critical social determinants of health for Black people and communities in Canada, all of which are impacted by anti-Black racism	• Recognize the relationship between structural factors and Black communities' experiences of illness, health and wellbeing • Understand the impact of anti-Black racism in the social determinants of health and health inequities
5	Disrupting Anti-Black Racism through Individual Practice	• Highlights how systemic anti-Black racism in Canada is perpetuated through various policies • Discusses how to address and eliminate anti-Black racism to improve the health of Black communities in Canada on a micro-level	• Identify the critical resources needed to combat anti-Black racism in individual practice to improve care and services to Black communities • Recall the process of reflexive inquiry, including social location, power, privilege and personal biases
6	Dismantling Anti-Black Racism in Health Systems	• Focuses on ways to dismantle anti-Black racism in Canadian health systems, medical and health organizations	• Address gaps in the current health system and identify the institutional changes required • Identify ways to address gaps within health care institutions through structural interventions, policies and accountability measures to dismantle anti-Black racism • Recognize why ethical racial and ethnic data collection are vital to improve the health and wellbeing of Black people in Canada
7	Conclusion	• Highlights how to unlearn racial biases, promote health equity and identify next steps	• Integrate an anti-racist analysis into experiences • Increase capacity to work across diverse cultures and groups

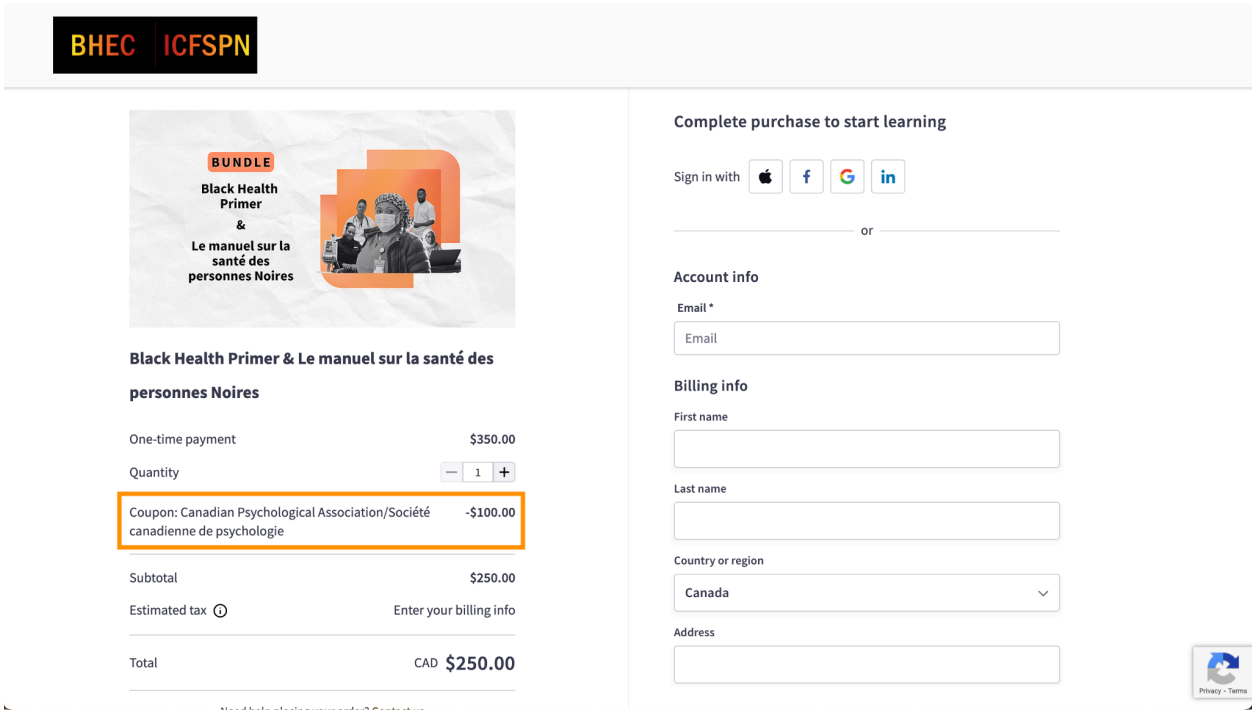
Registration

Follow the instructions below to register and access the Black Health Primer in English and in French (Le manuel sur la santé des personnes Noires).

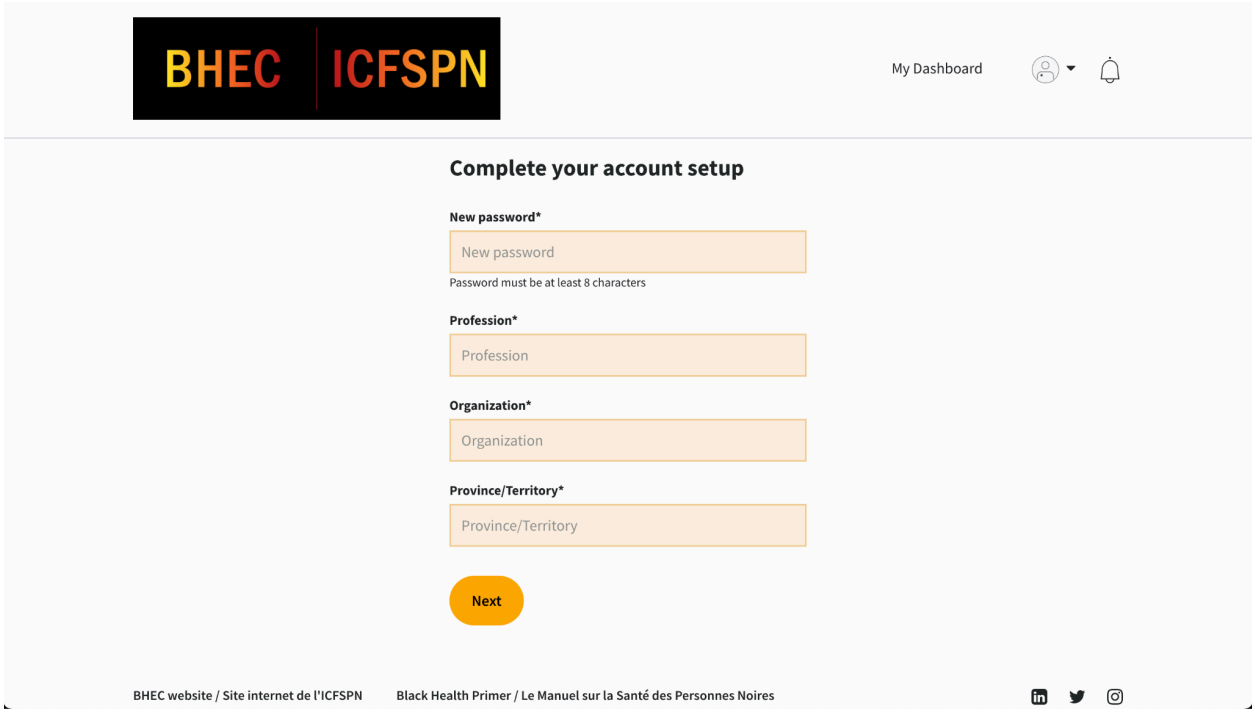
1. Copy and paste or type the URL link provided into the address bar of your web browser and press Enter:
   https://ed.bhec.ca/enroll/3553293?th__ug=37c4021b&th__c=cpa2025

2. The **enrollment page for the course bundle containing the Institutional Access: Black Health Primer and Accès institutionnel : Le manuel sur la santé des personnes Noires courses** will load. The institution code is pre-applied (shown in the orange box). No billing or payment information is required.

   a. **Fill out your information** under "**Account Info**" on the **right side of the page**, then click "**Sign Up**".



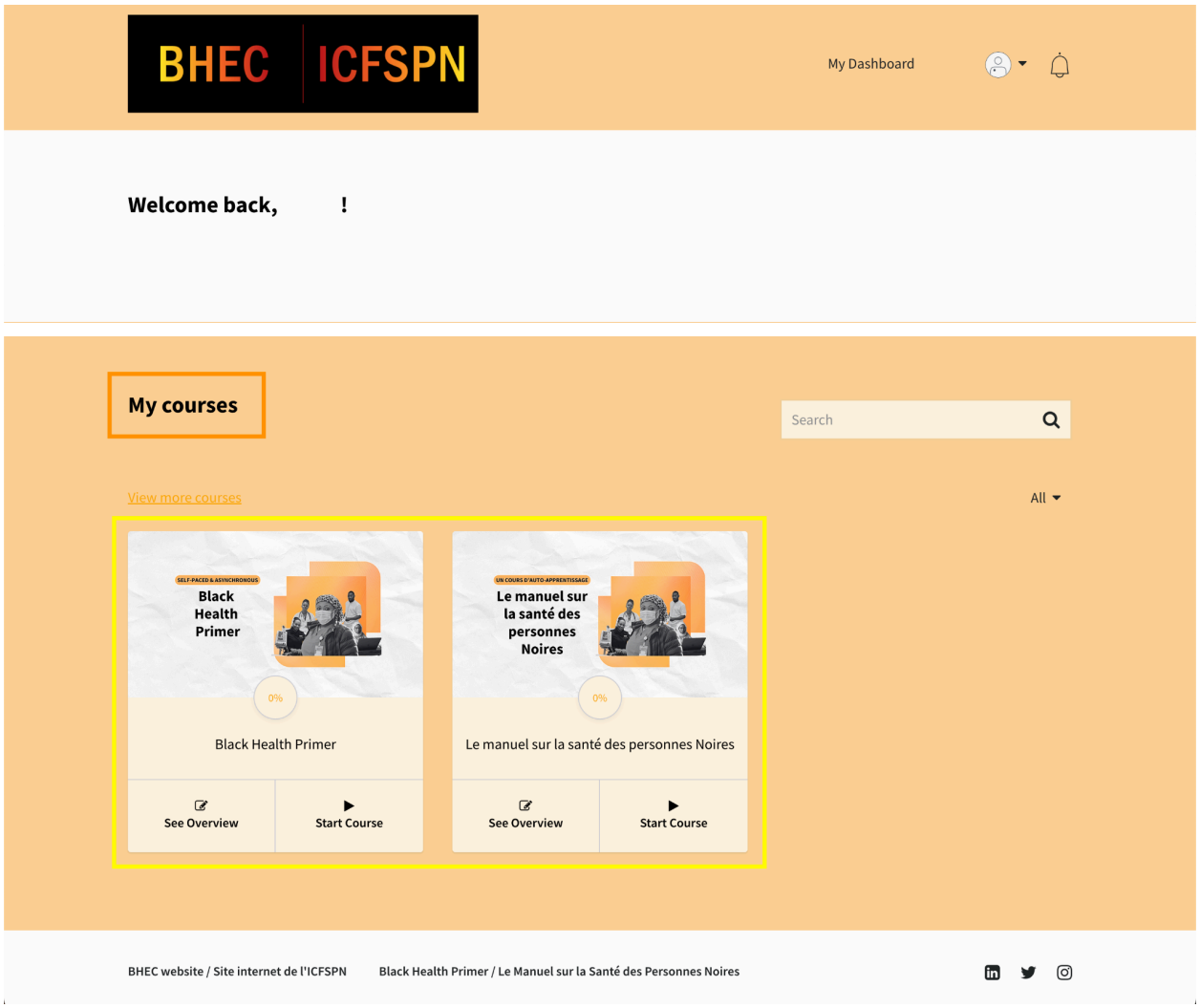
3. The following page will guide you through completing your **account setup**. Follow the prompts and **provide any required information**, then click "**Next**."



4. You will then be **redirected to your student dashboard. You are now enrolled and can access** the Black Health Primer and Le manuel sur la santé des personnes Noires**.**

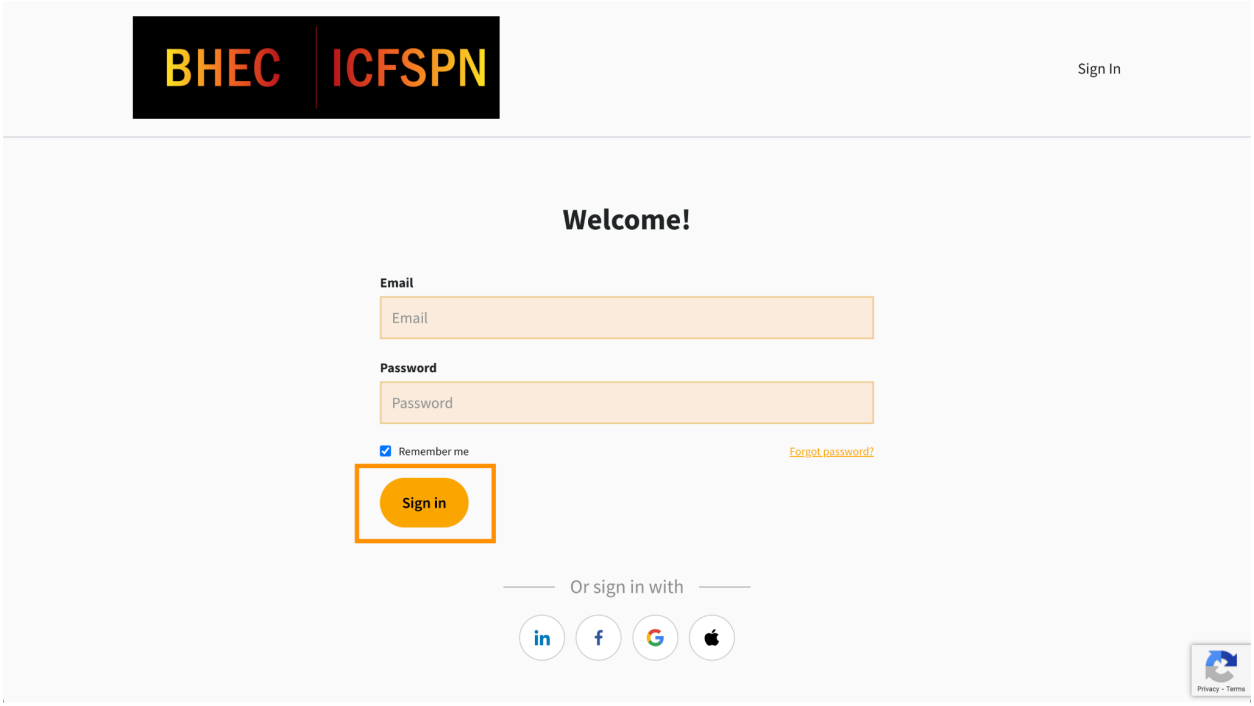
   To begin the Black Health Primer or Le manuel sur la santé des personnes Noires, once you're on your **student dashboard**, **scroll** until you see "**My Courses**" (highlighted in the orange box). Under "**My Courses**," you'll find the **Black Health Primer** and **Le manuel sur la santé des personnes Noires** (outlined in the yellow box). **Select the course in your preferred language to start.**

   Important: Your progress will not transfer between the French and English versions of the course. Kindly confirm with your course administrator or instructor which languages are available to you before starting the course. ***Use one language only to ensure course progress and completion.***



5. To access the course now that you've already enrolled, please copy and paste or type the following URL into your web browser's address bar and press Enter: https://ed.bhec.ca/users/sign_in

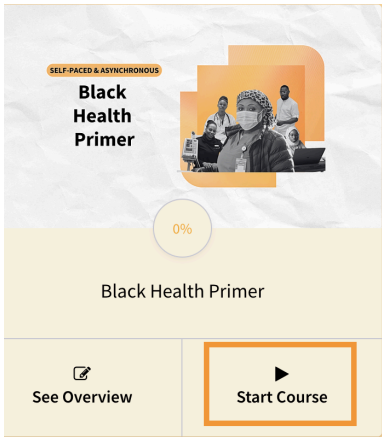
6. Enter your email and password, then click "**Sign in**" (shown in the orange box).

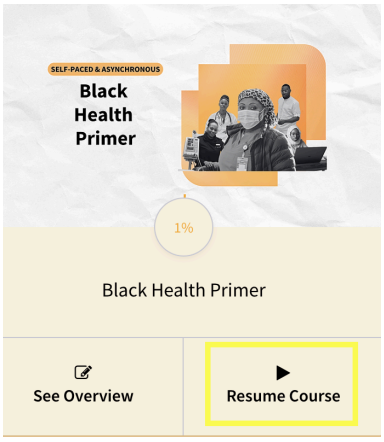


7. You will be directed to your **student dashboard**. Scroll until you see "**My Courses.**" On the **course card** for either the Black Health Primer or Le manuel sur la santé des personnes Noires:

    - Select "**Start course**" if you have not yet begun the course (outlined in the orange box).
    - Select "**Resume course**" if you have already started the course (outlined in the yellow box).

    A friendly reminder that your progress will not carry over between the French and English versions of the course. Before beginning, kindly verify with your course administrator or instructor which language is accessible to you.





Support

For questions about the Black Health Primer, contact bhp@bhec.ca.

For any technical questions about the Thinkific platform, visit the "How to Get Help and Contact Support" page in the Thinkific Help Center.