

Creating a Submission for the CPA's 2026 Annual National Convention: Step-By-Step Instructions

1. Log In

CPA Members & Affiliates: [Login to CPA's Member Portal here](#), and click the link to connect to the Abstract Submission system. You will automatically be logged in with your CPA account information and can skip to Step 2 below.

Non-members: [Login directly to the Abstract Submission system](#)



Abstract Manager

Canadian Psychological Association's 87th Annual General Meeting and National Convention

The 87th Annual General Meeting and National Convention of the Canadian Psychological Association (CPA) is scheduled to take place from Thursday, June 4 to Saturday, June 6, 2025, in Montréal, Québec, with CPA's Professional Development Pre-Convention Workshops taking place on Wednesday, June 3.

If you have chosen to participate in the 87th Annual National Convention you may submit to present any of the listed presentations below:

- **Poster Presentations:** Traditional Posters (55 minutes); Virtual Posters (5 minutes)
- **Spoken Individual Presentations:** Snapshots (5 minutes); 12-minute Talks (12 minutes); Round Table Conversation Sessions (25 minutes); Review Session (25 minutes)
- **Spoken Group Presentations:** Panel Discussions (55 minutes); Symposium (55 minutes)
- **Workshops:** Standard Workshop (85 minutes) Eligibility for Continuing Education credits

CALL FOR SUBMISSIONS FOR CPA2026 NOW OPEN!

Deadline for All submissions is Thursday, December 4, 2025 (23:59EST).

CPA Members please use the same email address that you use for your CPA membership.

Non-Members and Student Non-Affiliates please use the same email address to submit your abstract as you will use to register for the Convention.

CPA Members, Honorary Life/Honorary Fellows/Retired Members, Early Career 1 & 2, Parental Leave, APA-CPA Joint/Fellow, Student Affiliates, Section Associates, Special Affiliates, International Affiliates, Non-members and Student non-affiliates are encouraged to submit!

For more information contact:

Convention Team, convention@cpa.ca; 613-237-2144 ext. 1338.

If you have made a submission through the CPA's Submission System in the past and you do not remember your password, click **Lost Your Password**.

If you have never made a submission through the CPA's Submission System, click **Don't Have an Account?**

LOGIN TO THE SITE

Email Address *

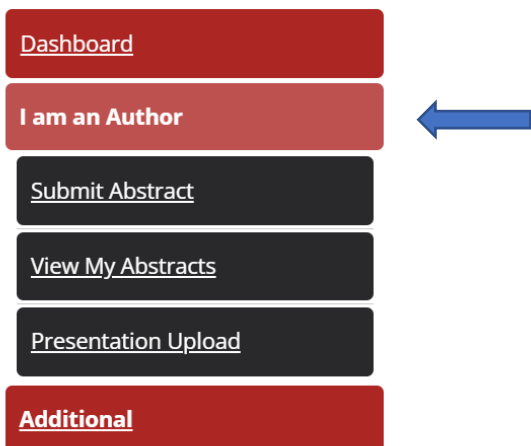
Password *

SIGN IN

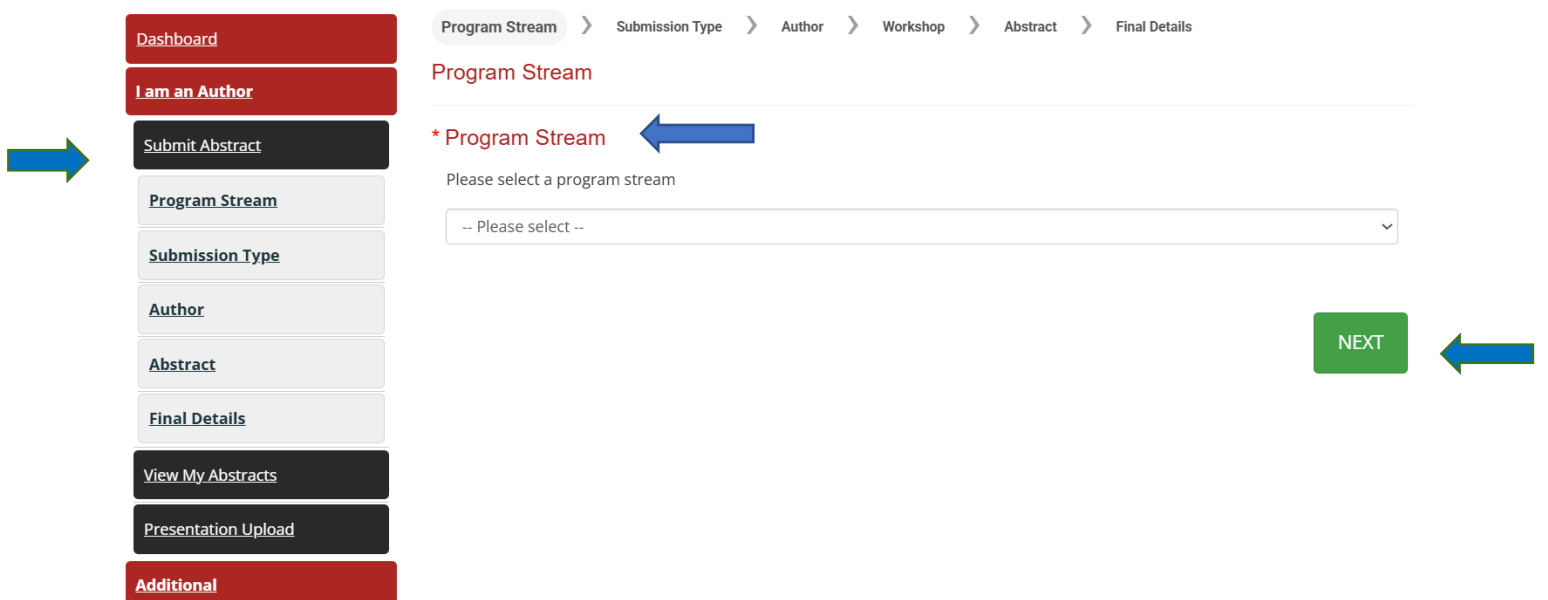
[Lost your password?](#)

[Don't Have An Account? →](#)

2. Select **I am an Author** - Selecting **I am an Author** will provide a dropdown with an option to **Submit Abstract**.



3. Select **Submit Abstract** and then select a **Program Stream** from the dropdown list. Then select Next



4. Select the **Category of Submission** from the list below. When you have chosen the category of submission you wish to make, the page will then refresh.

Dashboard | Program Stream > **Submission Type** > Author > Workshop > Abstract > Final Details

I am an Author

Submit Abstract

Program Stream

Submission Type

Author

Abstract


Final Details

View My Abstracts

Presentation Upload

Additional

Submission Type










*** Type Category** 

What category of submission do you wish to make (choose a category)

- Posters
- Professional Development Workshops
- Spoken Group Presentations
- Spoken Individual Presentations

*** Submission Type:**

What type of submission do you wish to make (choose one type)

- 12-Minute Talk (12 minutes) 
- Panel Discussion (55 minutes) 
- Review Session (25 minutes) 
- Round Table Conversation Session (25 minutes) 
- Snapshot (5 minutes) 
- Symposium (55 minutes) 
- Traditional Printed Poster (55-minutes) 
- Virtual Poster (5 minutes) 
- Workshop (85 minutes) 

BACK

5. Now you can proceed to choose from the different types of submissions, then select **Next**.

Submit Abstract

Program Stream

Submission Type

Author

Workshop

Abstract

Final Details

View My Abstracts

Additional

*** Type Category**

What category of submission do you wish to make (choose a category)

- Posters
- Professional Development Workshops

85-minute Standard Workshops

- Spoken Group Presentations
- Spoken Individual Presentations

*** Submission Type:**

What type of submission do you wish to make (choose one type)

- Workshop (85 minutes) Description

- Dashboard
- I am an Author
- Submit Abstract
- Program Stream
- Submission Type
- Author
- Abstract
- Final Details
- View My Abstracts
- Presentation Upload
- Additional

Submission Type

* Type Category

What category of submission do you wish to make (choose a category)

Posters ←

(55-Minute Traditional Posters)

Professional Development Workshops

Spoken Group Presentations

Spoken Individual Presentations

* Submission Type:

 ←

What type of submission do you wish to make (choose one type)

Traditional Printed Poster (55-minutes) ⓘ

Virtual Poster (5 minutes) ⓘ

- Submit Abstract
- Program Stream
- Submission Type
- Author
- Abstract
- Final Details
- View My Abstracts
- Additional

* Type Category

What category of submission do you wish to make (choose a category)

Posters

Professional Development Workshops

Spoken Group Presentations ←

(of varying duration, including 55-minute Panel Discussions and 55-minute Symposia)

Spoken Individual Presentations

* Submission Type:

 ←

What type of submission do you wish to make (choose one type)

Panel Discussion (55 minutes) Description

Symposium (55 minutes) Description

- Dashboard
- I am an Author
- Submit Abstract
- Program Stream
- Submission Type
- Author
- Abstract
- Final Details
- View My Abstracts
- Presentation Upload
- Additional

Submission Type

* Type Category

What category of submission do you wish to make (choose a category)

Posters

Professional Development Workshops

Spoken Group Presentations

Spoken Individual Presentations ←

(of varying duration, including 5-minute Snapshots, 12-minute Talks, 25-minute Round Table Conversation Sessions, and 25-minute Theory Review Sessions)

* Submission Type:

 ←

What type of submission do you wish to make (choose one type)

12-Minute Talk (12 minutes) ⓘ

Review Session (25 minutes) ⓘ

Round Table Conversation Session (25 minutes) ⓘ

Snapshot (5 minutes) ⓘ

6. Select **Add Main Presenting Author**, then Select **Next**.

Dashboard | Program Stream > Submission Type > **Author** > Workshop > Abstract > Final Details

I am an Author

Submit Abstract

Program Stream

Submission Type

Author

Abstract

Final Details

View My Abstracts

Presentation Upload

Additional

Author

Author

No author associations exist for this submission. Please add author information by selecting from the options below.

Add main presenting author

Add co-presenting author

Add additional Author

BACK

NEXT

7. Fill in all the fields to provide information on the **Main Presenting Author**. Once you have entered your main presenting author and have pressed submit the system will bring you back to the author page where you can proceed to enter co-presenting authors or additional authors up to 7 (if applicable), then select submit.

Please note the distinction between Co-Presenting Authors and Additional Authors:

- **Co-Presenting Authors** are individuals who will attend and present at the Convention.
- **Additional Authors** are contributors to the submission who will not be presenting or required to attend the Convention, though they are welcome to do so while paying full registration fees.

Other items note when adding authors:

- Use **the same email address** to submit your abstract as you will use to register for the Convention. CPA Members, please use the same **email address** that you use for your CPA membership
- Ensure that all authors have their correct email address associated with their entry. Do not use the same email address for different authors.
- When adding presenters/moderators/authors, **please use the email addresses** that they intend to use for Convention Registration, which will help to ensure that the presentation is associated with their profile in the scheduling app.



For this submission the main presenting author is:

Fields marked with a * are required.

Accessibility

We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities, to engage fully. Please contact us upon receipt of your submission acceptance letter at convention@cpa.ca if you will require an accommodation (e.g., service animal, ASL interpreter) to fully participate in the in-person convention program.

Nothing to display

* Membership Type

- CPA members¹
- CPA Affiliates²
- CPA Associates³
- Student non-affiliate
- Non-members

¹CPA MEMBERS includes: Full Members, Early Career Year 1, Early Career Year 2, Parental Leave, Fellow, Retired Member, Retired Fellow, Honorary Life Member, Honorary Life Fellow, CPA/APA Joint Fellow and CPA/APA Joint Member.

²CPA AFFILIATES include: Student Affiliates, Student Affiliate/Campus Rep, International Student Affiliates, International Affiliates, Special Affiliates and Bachelor Gap Year Affiliates.

³CPA ASSOCIATES include: Section Associates.

* Title

-- Please select --

* First Name

Middle Initial

* Last Name

* Organization

* Email:

Please use the same email address to submit your abstract as you will use to register for the Convention. CPA Members, please use the same email address that you use for your CPA membership. Please ensure that all authors have their correct email.

Important to note: When adding presenters/moderators/authors, please use the email addresses that they intend to use for Convention Registration, which will help to ensure that the presentation is associated with their profile in the scheduling app.

* Phone

* Mailing Address

Ex: 141, Laurier Ave. West Suite 702

* City

Province / State (Canada or U.S.)

If you are an international delegate please leave blank

-- Please select --

* Postal/ZIP Code

* Country

-- Please select --

SUBMIT

8. Please ensure all **Authors** are entered before moving onto the next step. When all author information is entered, select **Next**.

Please note the distinction between Co-Presenting Authors and Additional Authors:

- ***Co-Presenting Authors*** are individuals who will attend and present at the Convention.
- ***Additional Authors*** are contributors to the submission who will not be presenting or required to attend the Convention, though they are welcome to do so while paying full registration fees.

Dashboard
I am an Author
Submit Abstract
Program Stream
Submission Type
Author
Abstract
Final Details
View My Abstracts
Presentation Upload
Additional

Program Stream > Submission Type > Author > Workshop > Abstract > Final Details

Author

Author

Main Presenting Author
Denise Robertson

Add main presenting author
Add co-presenting author
Add additional Author

BACK

NEXT

9. Choose the **Nature of your Submission** and add the Title and an Abbreviated Title of your submission. The abbreviated title is for use in the Convention at-a-glance program.

Scientific Abstract - Scientific abstract submissions are meant for the presentation of scientific/empirical data that summarize a research study.

Program/Policy Abstract - Policy/program abstracts are submissions for the presentation of information on a program that may have been developed/evaluated or a policy that was implemented/needed and the impacts of either.

Dashboard
I am an Author
Submit Abstract
Program Stream
Submission Type
Author
Abstract
Final Details
View My Abstracts
Presentation Upload
Additional

Program Stream > Submission Type > Author > Workshop > Abstract > Final Details

Abstract

* Nature of Submission

What is the nature of your submission?

Scientific Abstract
 Program/Policy Abstract

Policy/program abstracts are submissions for the presentation of information on a program that may have been developed/evaluated or a policy that was implemented/needed and the impacts of either.

* Title* (Limited to 240 characters inclusive of both characters and spaces)

Test Submission Full Title

* Abbreviated Title* (Limited to 50 characters inclusive of both characters and spaces)

For use in the daily convention at-a-glance program.

Test Submission Abbreviated Title

10. Continue to enter your **Abstract Summary**.

* Abstract Summary

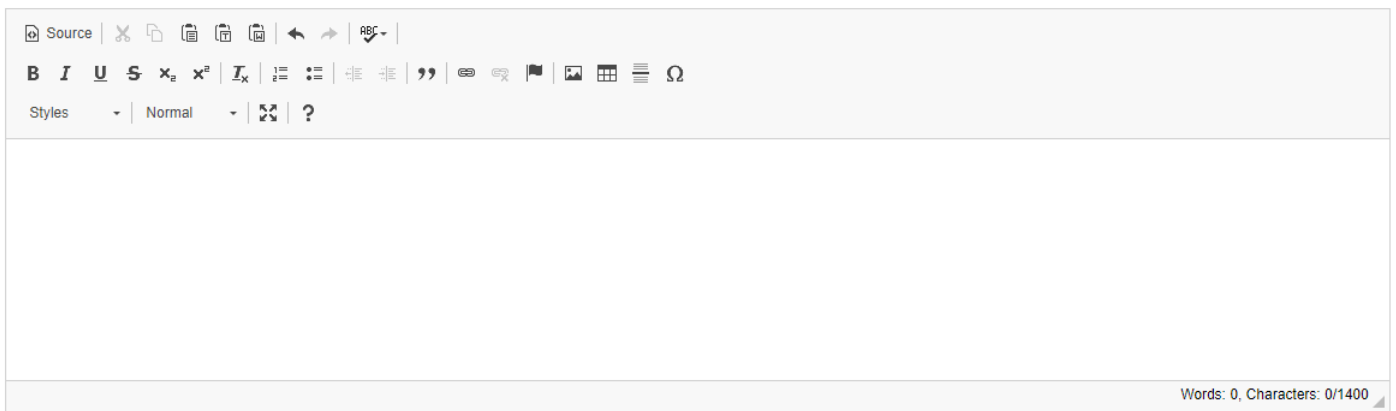
You have 1400 characters inclusive of both characters and spaces for your Abstract Summary.

If you are submitting a **Poster, 12-Minute Talk, Symposium, or Snapshot**, your summary will be evaluated upon and thus should include the following:

- **Background/rationale:** What is the rationale for your scientific study or program/policy?
- **Methods:** What is the methodology underlying your scientific study or approach underlying your program/policy?
- **Results:** What analyses or evaluations were conducted and what did they show?
- **Conclusions:** What conclusions are you able to draw based on the results?
- **Action/Impact:** What actions, recommendations or impacts were made, implemented or evaluated?

If you are submitting a **Round Table Conversation Session, Panel Discussion, or Review Session**, your summary will be evaluated upon and thus should include the following:

- Topic of session/discussion
- How the topic is novel, contentious, and/or pertinent for discussion
- Purpose of session/discussion (what do you hope to achieve)
- Relevance to psychology, in Canada and/or writ large
- Risks associated with the topic (if applicable)



The image shows a rich text editor interface. At the top, there is a toolbar with various icons for text formatting (bold, italic, underline, strikethrough, subscript, superscript, text color, background color, bulleted list, numbered list, indent, outdent, link, unlink, insert link, insert image, insert table, insert video, insert audio, insert code, insert link, insert unlink, insert help) and a 'Source' button. Below the toolbar is a large, empty text area for entering the abstract summary. At the bottom right of the text area, there is a status bar that reads 'Words: 0, Characters: 0/1400'.

11. Select one **Sub-Theme** that best describes/captures your submission and add **1 to 3 keywords**, then select **Next**.

* CPA 2026 Annual National Convention

The CPA 2026 Annual National Convention will highlight the many ways in which the science, practice and education of psychology can and does benefit society, improves lives, and advances the discipline and profession.

Please choose from the list below one sub-theme that best describes/captures your submission. For help determining which sub-theme to choose, select the sub-theme that aligns best with the program stream you selected (click [here](#) to see how the CPA matches program stream to sub-theme.)

Creating a healthy(ier) planet

Working to change human behavior to restore our environment.

Examining what, where, when, why and how we learn and perform

Exploring intellectual roots

Exploring life stages

Improving and promoting health

Improving psychological research

Informing public policy

Professional and training issues

Promoting human rights and social justice

Serving communities

Understanding and improving the workplace

Understanding society and the world around us

Understanding the mind and the brain

Please enter 1-3 keywords (or key phrases) to describe your submission. Index keywords will be used to organize and categorize submissions in printed and online schedules.

Keyword 1

Keyword 2

Keyword 3

BACK

NEXT

12. Before completing the final details of your submission, press the **View Submission Summary** button to ensure that your Submission is finalized.

Dashboard

I am an Author

Submit Abstract

Program Stream

Submission Type

Author

Abstract

Final Details

View My Abstracts

Presentation Upload

Additional

Program Stream > Submission Type > Author > Workshop > Abstract > Final Details

Final Details

* I acknowledge that the CPA reserves the right to change my submission to a presentation type different than the presentation type in which it was originally submitted if it best suits the overall program and/or format

I agree

Press submit to complete your submission

BACK VIEW SUBMISSION SUMMARY SUBMIT

13. After you have reviewed the information and are ready to submit, **press the X** at the top or the bottom of the screen to return to the final detail page.

Abstract Summary

Submission ID 119382

Program Stream	General Psychology																										
Type Category	Posters																										
Type of Presentation	Traditional Printed Poster (55-minutes)																										
Author	<table><tr><td>Type</td><td>Main Presenting Author</td></tr><tr><td>Membership ID</td><td>12345</td></tr><tr><td>Title</td><td>Mrs.</td></tr><tr><td>First Name</td><td>Denise</td></tr><tr><td>Last Name</td><td>Robertson</td></tr><tr><td>Organization</td><td>Canadian Psychological Association</td></tr><tr><td>Email:</td><td>drobertson@cpa.ca</td></tr><tr><td>Phone</td><td>613-237-2144</td></tr><tr><td>Mailing Address</td><td>1101 Prince of Wales Dr. Suite 230</td></tr><tr><td>City</td><td>Ottawa</td></tr><tr><td>Province</td><td>Ontario</td></tr><tr><td>Postal/ZIP Code</td><td>k2c 3w7</td></tr><tr><td>Country</td><td>Canada</td></tr></table>	Type	Main Presenting Author	Membership ID	12345	Title	Mrs.	First Name	Denise	Last Name	Robertson	Organization	Canadian Psychological Association	Email:	drobertson@cpa.ca	Phone	613-237-2144	Mailing Address	1101 Prince of Wales Dr. Suite 230	City	Ottawa	Province	Ontario	Postal/ZIP Code	k2c 3w7	Country	Canada
Type	Main Presenting Author																										
Membership ID	12345																										
Title	Mrs.																										
First Name	Denise																										
Last Name	Robertson																										
Organization	Canadian Psychological Association																										
Email:	drobertson@cpa.ca																										
Phone	613-237-2144																										
Mailing Address	1101 Prince of Wales Dr. Suite 230																										
City	Ottawa																										
Province	Ontario																										
Postal/ZIP Code	k2c 3w7																										
Country	Canada																										
Nature of Submission	Scientific Abstract																										
Title	Test Abstract Full Length Title																										
Abbreviated Title	Test Abstract Short Title																										
Summary	Test Abstract Summary																										
CPA 2026 Annual National Convention	Exploring life stages																										
Keyword 1	Test																										
Keyword 2	Abstract																										
Keyword 3	Submission																										
	I agree																										

14. Ensure the **I agree** box is checked and then click the **Submit** button to enter your Submission into the CPA Abstract Database for Review.

15. Success! Your abstract has been submitted. Through this same system, you will be able to access and/or edit your abstract and view the summaries until **Thursday, December 4, 2025**. **Please note** – if you are making changes or edits to your submission, you must press the submit button again when your edits are complete. If this step is not done, the submission will be flagged as an un-submitted submission, and it will not be sent for review.

Program Stream	Family Psychology
Type of Presentation	Traditional Printed Poster (55-minutes)
Title	Test Submission Full Title