



THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Education

Department of Educational and Counselling
Psychology, and Special Education

2125 Main Mall
Vancouver, BC Canada V6T 1Z4
Phone 604 822 0242
Fax 604 822 3302
www.ecps.educ.ubc.ca

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**Seeking participants for a highly relevant study into how therapists use
mobile applications in their clinical work**

This dissertation seeks to explore the factors that influence the decision to integrate mobile applications (apps) as tools in the therapy when working with clients struggling with anxiety and related concerns. Participants will have the opportunity to talk about the factors that influenced their experience in integrating or not apps in their work with clients, discussing what helped and/or hindered their decision to use apps, and how they were or not helpful to the therapeutic process. Your participation would involve one confidential interview (either in person or by phone). ***Please consider sharing your valuable insights on this topic in a confidential interview.***

I would be interested in hearing from you if:

- You currently practice as a counsellor and see clients who struggle with anxiety or related concerns.
- You have used mobile applications as tools in your work with your clients; and if
- You are willing to talk about the factors that influenced your decision to integrate mobile applications into your work with clients.

If you would like to participate, or would like further information about this study, please contact Liliana Cortes by email at lcortes@alumni.ubc.ca or phone/text at **(604) 603 3912**.

This study holds the approval of the UBC research ethics board and the Counselling Psychology Department.