MINUTES OF THE ANNUAL GENERAL MEETING
June 5th, 2015 – Ottawa, ON

The seventy-sixth Annual General Meeting of the Canadian Psychological Association was held in Ottawa, at the Westin Hotel, on Friday June 5th, 2015, at 2:30 p.m. Dr. Kerry Mothersill, President, acted as Chair of the Meeting and Ms. Cara Bernard as Recording Secretary.

1.0 Adoption of the Agenda

It was MOVED and CARRIED (Hanson/Snyder) that the Agenda be adopted.

2.0 Approval of Minutes

It was MOVED and CARRIED (Dozois/Veitch) that the Minutes of the Annual General Meeting held in Vancouver, BC, on June 6th, 2014, be adopted.

3.0 Report of the President

3.1 Overview of activities 2014-2015

The Canadian Psychological Association is comprised of over 7000 members and affiliates from across Canada and abroad. Our level of membership is at a record high! Many of us belong to one (or more) of the 33 CPA Sections, which serve a vital role in connecting psychologists and student affiliates around focused areas of science, practice and professional activity. There are 18 CPA Committees that assist in carrying out Board and organizational functions/tasks and 3 Directorates that focus on the advancement of and advocacy for Science, Education and Practice. The CPA Board consists of 14 members with our CEO as ex officio. We are blessed with the vision, energy, insight and initiative of 17 full and part-time head office staff. In particular, Dr. Karen Cohen (CEO), Dr. Lisa Votta-Bleecker (Deputy CEO), Mr. Phil Bolger (CFO), Dr. Melissa Tiessen (Director, Education Directorate and Registrar, Accreditation) and Ms. Cara Bernard (Manager, Governance) continue to be invaluable to the organization. CPA was most pleased that Dr. David Barlow agreed to serve as the 2014-2015 Honorary President.

CPA speaks out on societal issues and endeavours to improve the health and wellness of all Canadians. To these ends, CPA participates with a number of organizational partners and governments departments, including the Health Action Lobby (HEAL), Canadian Alliance of Mental Illness and Mental Health (CAMIMH), Health Canada (Family Violence Prevention, Health Innovation, Seniors and Dementia, Committee on Health Workforce), Mental Health Commission of Canada (e-mental health guidelines, suicide prevention, psychological health in the workplace standards), Conference Board of Canada (sustainable health care, healthy brains at work), Senate Committee on Disability Tax Credit, Federal Government (Bill C-54, Not Criminally Responsible Reform Act), and the Standing Committee on Status of Women (needs and gaps for those with eating disorders). In particular, CPA’s lobbying of the federal
government contributed to a doubling of Canadian government employee benefits for psychological services.

CPA is also highly active in addressing issues relevant to academicians and the science of psychology. A number of issues have been addressed with funding agencies, including:

- Natural Sciences and Engineering Research Council of Canada (NSERC) (cancellation of the research tools and instruments program, decrease in the Discovery grants program, and limitations on eligibility criteria for funding by program).
- Social Science and Humanities Research Council (SSHRC) (decreased funding for social science research, less funding of smaller grants, restrictions on peer reviewers and committee members).
- Canadian Institutes of Health Research (CIHR) (funding emphasis on biomedical health research), caps on funding for equipment costs.

CPA places significant focus on the development and dissemination of psychological knowledge through our journals, online courses and annual convention and through the accreditation of academic and internship/residency training programs. Communication with both CPA researchers and practitioners through various publications (PSYience Update, Psynopsis) is of great importance to the organization. The CPA Board Ambassador Program was held on March 19 and 20, 2015 at two locations in Saskatchewan, (Regina and Saskatoon). Subsets of the CPA Board of Directors and senior staff visited university departments and hospitals and met with psychologists in the local health regions and in the private practice sector.

Over the past year, I have continued to work on the following two initiatives:

Guideline Development Project. Several areas for future Guidelines and a template have been developed and the first guideline is being prepared. Based on the contributions and expertise of Canadian researchers and practitioners in psychology, Guidelines will be developed that will help practitioners identify the evidence based services that can be applied to patients with specific health care needs. It is anticipated that the Guidelines will be employed to assist psychologists in targeting their services with patients and to inform managers in their decision making when creating and enhancing efficient treatment programs and teams. Printable, web based and evolving guidelines will be developed that can be expanded to many areas of health care (e.g. cardiac wellness, pediatric pain, neonatal intensive care, trauma/burns, mood disorders, etc) and other areas of practice (e.g. schools, correctional facilities, the military). Overall, the Guidelines will support and expand the delivery of psychological services.

Policy – A CPA Policy Statement on Childhood Sexual Abuse is being developed and will be submitted for the Board’s consideration in the near future. CPA will continue to participate with the Pan-Canadian Public Health Guidance Project on Family Violence, Public Health Agency of Canada.

CPA will continue to work with CPAP to develop our joint Professional Liability Insurance Program with BMS. The CPA Board will be reviewing the commissioned CPA Governance Report and propose changes that will enhance the effectiveness and efficiency of the organization.
The Canadian Psychological Association is a thriving organization due to the contributions of so many members in concert with our head office CEO, DCEO, managers and staff. Please encourage your colleagues to join CPA and consider volunteering on a committee, joining the executive of a Section or running for a position on the CPA Board of Directors.

It has been a pleasure and honour to work with so many dedicated Directors, Section and Committee Chairs, Staff and CPA members. My sincere gratitude and good wishes go to outgoing Board members Dr. Marie-Hélène Pelletier and Dr. Wolfgang Linden who have generously contributed their time, energy and wisdom to CPA. I look forward to the insightful, energetic and inspiring leadership of Dr. Kevin Kelloway who will become CPA President at the Annual General Meeting, June 5th during the convention in Ottawa.

It was MOVED and CARRIED (Lee/Pelletier) that the report of the President be received.

4.0 Reports of the Chief Executive Officer

4.1 Overview of activities 2014-2015

INTRODUCTION

75 years plus one! It has been a banner year for CPA – we have achieved our highest numbers of members and affiliates ever, ending 2014 with 7037. The report that follows highlights the activities ongoing and accomplished on behalf of science, practice, and education and training in 2014/15. The activities undertaken by Head Office staff on the membership’s behalf are routinely updated in quarterly issues of Psynopsis in a column entitled: Head Office Update http://www.cpa.ca/Psynopsis/ The work that CPA accomplishes is truly a team effort – with a committed Board and staff, we can and do accomplish much. These accomplishments are possible only because of the prodigious and significant work in science, teaching and practice undertaken by our members and affiliates. For that, I want to take this opportunity to thank you, member, student and affiliate alike, for making the science, practice and education of psychology, and the health and well-being of Canadians, your professional and personal commitments.

HEAD OFFICE

Finances

Please see the 2014 Auditor’s report included in the 2014 Annual General Meeting package and note that it will also be presented to the membership at the AGM by our Chief Financial Officer, Phil Bolger C.A.

CPA received an unqualified audit opinion with no control deficiencies noted. CPA’s CFO, Mr. Phil Bolger, and our Financial Coordinator, Ms. Vijaya Ramesh, are to be credited for this excellent report and the very timely completion of the audit process.

Key findings of the 2014 audit report were that

• We ended 2014 with $197,326 in surplus which compares to a 2013 year end deficit of $161,336. This suggests that CPA is balancing its budgets over time – a requirement of Not for Profit
organizations.
• We received an unqualified audit opinion
• There was only one corrected misstatement – certain of CPA’s fixed assets no longer in use (i.e. office equipment) were removed from the books
• Our auditor had no recommendations for changes to our accounting policies and practices
• Our auditor noted no control deficiencies

Key financial accomplishments in 2014 were
• our successful re-application for the journal grant from SSHRC ($30,000 for each of Canadian Psychology and the Canadian Journal of Behavioural Science annually for three years). Thank you to Dr. Lisa Votta-Bleeker (CPA’s Deputy CEO and Director Science) for her excellent work on the re-application.
• the CPA/CPAP sponsored liability insurance program enrolled the same number of participants in 2014 as it did in 2013 (7400). Under the brokerage of BMS, and at the time of this writing, it looks like we can anticipate a year end with markedly improved claims performance over 2013.
• The expansion of our web-based Continuing Professional Development offerings has enhanced member service and revenue. Thank you to Dr. Melissa Tiessen (CPA’s Registrar and Director of Education) for her excellent work on these activities.

Financial challenges in 2014 were:
• Convention attendance was decreased over projections and decreased from actual attendance at the last non-central venue
• Investment revenue in the fourth quarter were decreased over projections

The financial base of the Association continues to be solid. In 2014 our surplus of just under $200,000 was largely due to the unbudgeted administrative fee received for management of our new professional liability insurance program, a smaller than anticipated convention deficit (the offset of lower attendance) and some reduction in HR costs. We achieved a net asset balance of $1,225,438 at 2014 year end which includes several of Board restricted funds (e.g. IUPsyS, Practice Directorate, Science Directorate, Accreditation).

CPA’s net asset balance exceeds our reserve target of $910,000. As explained in more detail in the 2014 annual report to the membership, this reserved target was established in consultation with our auditors and allows us to reserve approximately 6 months of annual operating costs to offset revenue risks.

CPA does preview some significant one-time spending in 2015/16 which will be to outsource our membership database to an external association management service. This move followed from an independent IT review conducted in 2015 and a consequent in-depth investigation of companies and options to enable CPA to best manage its membership database, website as well as its convention submission and registration processes. This new service will provide members an enhanced experience during membership renewal, convention submission, and convention registration. In addition, we expect that our new service provider will afford a more enhanced platform with which Sections can manage their communications. At the time of this writing, the provider agreement is being reviewed by CPA’s legal counsel. We expect implementation to begin in July 2015 in phases over 2015/16.

Staff Complement

There have been some changes to our Head Office complement since we last reported to the
membership in June 2014.

We welcomed new staff members: Ms. Sarah Fletcher (Administrative Assistant, Operations and Accreditation) and Ms. Stephanie Miksik (Communications Coordinator). We also welcomed social psychology doctoral student, Mr. Matt Murdoch on a short-term contract as Research Assistant.

We welcomed back from maternity leave, both Ms. Meagan Hatch (Manager, Public Relations and Communications) and Ms. Amy Barnard (Manager, Practice Directorate). The membership may recall that Ms. Cara Bernard served as Acting Manager during Amy’s leave on a .5FTE basis, while also serving as Sections Administrator on a .5FTE basis. Cara continues to serve the Sections in a .5FTE capacity, but now also serves as the Manager of Governance. Ms. Marie-Christine Pearson, who has overseen our Governance portfolio on a contractual basis for a number of years since her retirement, has decided to fully retire at the end of June. Many thanks are owed to Ms. Pearson for her outstanding work and commitment to CPA over the course of many years. She will be missed.

A few CPA staff have resigned their positions in 2014/15 and moved on to other opportunity. At the end of June, we will say good-bye to Dr. Melissa Tiessen (Registrar, Accreditation and Director, Education Directorate). Dr. Tiessen has made outstanding contributions to accreditation and continuing education over her tenure and she too will be missed. Earlier in the year, we said good-bye with thanks to Ms. Josee Paliquin (Administrative Assistant, Membership) and Ms. Linda Rochefort (Administrative Assistant, Operations and Accreditation).

**Membership Benefits**

CPA continues to issue student pricing cards (SPC cards), free to every CPA student affiliate, which gives discounts at a broad range of retailer and food services across Canada. Significant membership benefits include CPA’s enhanced liability insurance program brokered by BMS, access at a competitive rate to APA’s PsychNET® GOLD package of electronic databases as well as a number of benefits added in 2014. These include discounts for hotels and travel, retail discounts and discounted fitness membership. A complete listing can be found at [http://www.cpa.ca/membership/membershipbenefitsandservices/](http://www.cpa.ca/membership/membershipbenefitsandservices/)

We are pleased to report on a successful first year of our enhanced liability insurance program with our new broker, BMS Group [http://www.psychology.bmsgroup.com/](http://www.psychology.bmsgroup.com/). The program, sponsored by CPA and the Canadian Professional Associations of Psychology (CPAP) has brought us lower and sustainable premiums as well as program enhancements. In 2014/15, we retained fully 7500 participants in the program and preliminary data suggests we will end the 2014/15 policy year with a decrease in claims over last year. Feedback on the program’s service (e.g. broker, legal counsel, and adjuster) has been very positive overall as well. As mentioned in last year’s report to the AGM, CPA hopes to be able to move forward with CPAP to self-fund the program in near future years and the development of the self-funded model is ongoing. Self-funded models, in use by other health professions, facilitate low and sustainable premiums for program participants and the offering of risk management education. CPA is proud of its leadership in bringing this enhanced insurance program to psychologists and registered psychology practitioners across Canada. For a review of the program’s offerings, go to [http://www.psychology.bmsgroup.com/](http://www.psychology.bmsgroup.com/). A Risk Management magazine, produced by our broker BMS, will be included in the 2015 convention kits. Note that liability insurance is available to psychology professionals such as faculty, instructors, supervisors or non-health psychology service providers such as those working or consulting to industry - in addition to those registered psychologists providing health-
related service. See the program FAQs posted at http://www.psychology.bmsgroup.com/en/faqs

Knowledge Transfer and Exchange

Fact sheets. In 2014/15, seven new fact sheets (Autism Spectrum Disorder, Pain in Children with Cognitive Impairments who are Non-Verbal, Applying to Canadian Graduate Schools, Pre-employment Personality Assessment in Personnel Selection, and Learning Disabilities, Suicide, Post-Traumatic Stress Disorder) were posted; one is in the review process, and a number of others have been solicited. The membership should feel free to propose the development of a fact sheet, by contacting Dr. Lisa Votta-Bleeker (lvottableeker@cpa.ca).

Papers, Briefs and Positions. Virtually all the papers, briefs and presentations delivered by CPA senior staff continue to be posted on the CPA website. New postings are presented on the home page with links to the Government Relations, Practice and Science pages as relevant and appropriate and are discussed in this report under their area of activity http://www.cpa.ca/Submissions

Surveys. We have continued to run many surveys off of CPA’s website.

New Surveys in 2014/15:
- CPA 2015 Convention-related surveys (Fellows, Invited Speakers, convention evaluation)
- Canadian Psychology Graduates Survey
- CPA Survey on Admitting Privileges of Canadian Psychologists
- Goodlife Corporate Membership Interest
- Impact Of Cancelled Long-Form Census
- ICAP 2018 Website Survey
- CPA Accreditation Online Reporting System

Psynopsis. Psynopsis continues to be well viewed and we continue to submit topical issues to relevant government departments (e.g. national defence, corrections, health). Themes for 2014/15 included CPA’s 75th anniversary, Diversity in the science and practice of psychology, Public health and health promotion, Thinking, Crisis response/First responders. The summer 2015 issue will be devoted to Suicide, with subsequent issues devoted to Psychology and the Workplace, and Mental Health, Homelessness and Housing. Any Section, member or affiliate with suggestions for issue themes, please contact Tyler Stacey-Holmes styler@cpa.ca. In 2015/16, the Editor and Editor-in-Chief will actively reach out among the membership to invite contributions from those with theme-related expertise. Psynopsis is an important vehicle for knowledge transfer and translation as well as advocacy. Please consider making a submission!

Other media. CPA was very active in the media in 2014/15. Press releases are archived on CPA’s website http://www.cpa.ca/mediarelations/psychologyinthenews and included:

- March 04, 2015 – Telegraph Keeping the momentum going - Psychologists determined to increase accessibility by targeting employers.
- March 3, 2015 - Press Conference. The Canadian Psychological Association opposes the Federal Government and Canada Revenue Agency’s (CRA) plan which will effectively tax mental health
services.

- February 24, 2015 – CPA Press Release. Doubling psychological services from $1,000 to $2,000 for Federal Workers and Retirees.
- December 2, 2014 – CPA Press Release. The Canadian Psychological Association (CPA) is glad to support a consensus statement released today by the Health Action Lobby (HEAL). Federal Government must invest in Mental Health and Addictions and Primary Care, says Canada’s health care community
- Nov, 20, 2014 CPA Press Release. The Canadian Psychological Association welcomes the Manitoba Liberal Party’s commitment to directly fund psychologists under the public health care system and to hire and retain more psychologists in the province of Manitoba.
- September 30, 2014 – iPolitics. There's a lot more to treating mental illness than pills.
- August 28, 2014 – Daily Business Buzz. Tackling mental health issues: How effective is your workplace strategy?

**Psychology Month 2015.** The Mind Your Mental Health campaign launched during Psychology Month with great success! Over 1500 letters advocating for increased access to psychological services were sent to local politicians in February alone. Reach for the campaign was at an all-time high due in part to the success of the t-shirt campaign. This year’s t-shirts displayed the slogan “Canada’s Psychologists helping to Mind Your Mental Health”. Many prominent local and national level celebrities put on the MYMH t-shirt and took to Twitter and Facebook to share the photo. Congratulations to all those who actively participated in the campaign, your hard work resulted in almost a 50% increase in both Facebook and Twitter followers! Each jurisdiction also organized various activities to promote psychology month (i.e., public talks, media interviews, etc.). Other Psychology Month activity featured the Who did you Talk to campaign! This campaign awarded weekly prizes in February to scientists and practitioners who brought the science or practice of psychology to the public via public lectures or articles in the popular press. Thanks to CPA’s Amy Barnard (Practice Directorate) and Tyler Stacey-Holmes (Membership) who did a great job managing this campaign.

**Journals and Publications.** In November 2014, we learned that our application to SSHRC’s Scholarly Aid for Journals for funds from 2014 through 2016 for Canadian Psychology and the Canadian Journal of Behavioural Science was successful. CPA’s publication partnership with the APA continues to be successful – the reach of all three of our journals continues to be extended through APA’s capacity which increasingly enables the journals to support their own operation. In 2015, both CJEP and CP gave awards for the best article from each journal in 2014. The award for best article in CJEP is co-sponsored with the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS). A similar award is planned for CJBS in 2016.
Journal editors in 2015 are Dr. Martin Drapeau (CP), Dr. William Roberts (CJBS) and Dr. Penny Pexman (CJEP). CPA’s thanks Michel Claes for his service as CJBS’s Associate Editor; effective July 1, 2015, Dr. Julie Gosselin assumes the position of Associate Editor for CJEP. CPA’s Deputy CEO and Director Science, Dr. Lisa Votta-Bleeker is the Managing Editor of all three journals.

Our journals’ publisher’s report will be presented to the Publications Committee at CPA’s June 2015 convention. Dr. Lisa Votta-Bleeker will author an article for the summer 2015 Psynopsis highlighting the report as well as other publication related issues and activities.

**Partnerships and Activities on Behalf of Science, Practice and Education and Training**

CPA undertakes ongoing and many activities to support the discipline and profession of psychology. The following are some examples – some that are specific to one of three pillars and others (like advocacy, the federal budget) that cross cut all of them. The CEO of CPA takes the lead on its advocacy files for practice whereas the Deputy CEO and Director of Science takes the lead on its advocacy files for science.

**Canadian Psychology Graduates Survey.** At CPA’s 2013 Summit on Supply, Need and Demand of Psychologists in Canada, participants learned of the extent of the knowledge gaps left by the cancellation of key Statistics Canada’s surveys (University and College Academic Staff System, Survey of Earned Doctorates, Mandatory Long-Form Census). In response to an identified need to collect data on Canada’s psychology graduates and address this knowledge gap, in 2014/15 the CPA developed a survey to collect this data. The CPA conferred with the APA and obtained their permission to modify and use the APA’s Doctoral Employment Survey for the Canadian context. The survey is designed to produce a minimum dataset with a limited number of questions tagged as mandatory. The survey will be open until June 30, 2015 and is calling on everyone across the country who has ever completed a master’s or doctoral degree in any area of psychology to complete the survey:


**Convention 2015.** CPA’s 2015 convention takes place in Ottawa from June 4th through the 6th http://www.cpa.ca/convention/ We are anticipating an attendance of 1400 delegates with approximately 1300 posters and presentations. 2015 is a co-convention year with the North American Correctional and Criminal Justice Psychology Conference (NACCJPC) which will bring approximately 300 additional delegates. The NACCJPC will have its own convention program. Note that NACCJPC sessions are open to CPA delegates and vice versa. Innovations for convention 2015 include more access to digital posters to presenters, a revised convention app that includes a searchable convention schedule and abstracts, social media and alert functions, maps and more. The Convention will continue to host a graduate and internship fair as well as the fifth annual high school science awards. Please don’t forget to join us for the fun run on Friday morning or an evening of dancing and dessert on Friday evening. Details available at http://www.cpa.ca/convention/socialactivities

**Government Relations, Advocacy and Outreach**

**Activity June 2014 to June 2015.** Note that the breadth and depth of this work and activity is significantly enhanced by the work of Meagan Hatch, our Manager of Public Affairs and Communications. All submissions can be found at http://www.cpa.ca/Submissions
• House of Commons Standing Committee on Finance Pre-budget Consultations 2014. CPA’s submission focused on increasing caps for psychological services for federal employees; ensuring core research funding for Canada’s granting councils; and increased funding for students through scholarships, internships and travel grants.

• CPA as Chair of the Canadian Consortium of Research responds to the House of Commons Standing Committee on Finance pre-budget consultations 2014 (http://ccr-ccr.ca/2014-ccr-pre-budget-submission/)

• Response to the proposed applications of the Excise Tax Act as it pertains to health care supply. CPA opposes the Federal Government and Canada Revenue Agency’s plan to tax mental health care.

• Submission to the Advisory Panel on Healthcare Innovation. To prepare this submission, we reached out to our membership asking for examples of innovative projects in healthcare. A number of CPA members provided us with excellent input that helped shape our submission. CPA CEO Dr. Karen Cohen also participated in the face to face sessions with key stakeholders.

• Invited participation in a series of meetings convened by the Federal Minister of Health on family violence and childhood abuse. CPA was represented by 2014/15 President, Dr. Kerry Mothersill. Following from these meetings, CPA was invited by the Public Health Agency of Canada to become a member of an advisory committee of an initiative on this topic.

• Ontario Psychological Association. CPA participated in a webinar for their membership on telepsychology as well as participated in a panel at their annual convention in February at which stakeholders (e.g. federal and provincial government, leaders of other health professionals) talked about issues related to mental health and mental health service.

• L’Ordre des Psychologues du Québec (OPQ). CPA participated in a consultation in March around access to psychological services in Quebec and shared with OPQ our reports related to access and effectiveness of psychological services.

• Setting a National Research Agenda on Mental Health, Justice and Safety: CPA participated in an inter-organizational stakeholder consultation. Its objectives were to identify needed research gaps at the interface of mental health and criminal justice, target data platforms for research, and build a Canadian network on mental health, justice and safety.

• Canada Revenue Agency: Met with the CRA in December 2014 on the administration of the Disability Tax Credit (DTC). This followed from new legislation limiting the fees and definition of “promoters”.

• Visits to Saint Mary’s University, Dalhousie University, QEII and IWK hospital systems: CPA’s CEO presented on CPA practice and science activity and advocacy agendas.

• CPA Board Ambassador visits to University of Regina and University of Saskatchewan as well as hospital based departments in Saskatoon and Regina. Presented on CPA practice and science activity and advocacy agendas.

• Invitation to present to the House of Commons Standing Committee on Health to contribute to its study of mental health in Canada. Appearance to take place on May 28, 2015.

**Education and Training Highlights**

**Accreditation.** Currently, CPA accredits 33 doctoral programs and 33 internship/residency programs. In 2014/15, Accreditation launched a quarterly newsletter disseminated to accredited programs and archived on CPA’s accreditation webpages http://www.cpa.ca/accreditation/resources/newsletters. Some 2014/15 highlights include:
- Convention 2015 activities to include several sessions
  - How to develop an accredited program
  - Accreditation conversation session
  - Site visitor conversation session
  - Site visitor workshop

- A call for Panel members
- Announcement of the adoption of a national standard for entry to practice as a psychologist by Canadian regulators (Association of Canadian Psychology Regulatory Organizations or ACPRO)
- A site visitor survey
- A new site visit scheduling system

In April 2014/15 CPA and APA’s leaderships met to review the First Street Accord – the mutual recognition agreement on accreditation endorsed by the two associations in 2008 [http://www.cpa.ca/accreditation/accreditationthroughoutnorthamerica/mouconcurrentcpaapa]. CPA and APA are committed to the Accord and to strengthening communication about its provisions to stakeholders. Also addressed by leadership were the issues and challenges related to cross border internship training. The review is ongoing and its work will be reported on in Psynopsis and in the Accreditation newsletter.

**Continuing Professional Development.** CPA currently has 23 approved ongoing CE sponsor organizations, including one new for 2015. 15 individual provider approvals were granted in 2014, while two have been reviewed and approved to date in 2015.

2014/15 online courses are:
- Being an ethical psychologist
- Starting and operating an independent professional practice in psychology
- A psychologist’s guide to psychopharmacology
- DSM-5: Changes and implications for professional practice

A new course was added in 2014/15:
- Evidence-based treatment of PTSD among military

Fourteen pre-convention workshops are scheduled for the 2015 CPA convention. Four of the 14 (Workshop numbers 1, 9, 12 and 13) will be video-recorded for later access through our online learning site [http://www.cpa.ca/Convention/preconventionworkshops].

As mentioned, Dr. Melissa Tiessen, Registrar and Director of the Education Directorate, has resigned her position with CPA and, at the time of this writing, recruitment is ongoing.

**Partnerships and Representation in Science**

**Canadian Consortium for Research (CCR).** CPA’s Deputy CEO, Dr. Lisa Votta-Bleeker Chairs the CCR, having taken over the role from the CPA’s CEO who held this role in 2012/13. Dr. Votta-Bleeker’s current term extends into 2015/16. The CCR met at the Head Offices of the CPA in December 2014 for its third
annual breakfast for CCR member organizations with Canada’s granting councils. Senior officers of CIHR, SSHRC, NSERC, CFI and Mitacs were in attendance. Each shared with us the views and positions on research funding in 2014/15 which was followed by a collegial roundtable discussion.

All agencies continue to try to standardize their procedures to make processing of grants more consistent and efficient. The research community is concerned that the 15 largest universities are getting the bulk of funding and smaller universities are having trouble retaining faculty and recruiting students.

The research community remains concerned about the minimal increases made to the granting councils for discovery-based research.

Under Dr. Votta-Bleeker’s leadership, the CCR made a federal government pre-budget submission in 2014 and responded to the 2015 federal budget. In November and December 2014, members of the CCR secured meetings with five Parliamentarians to discuss the CCR’s asks and offer input on Budget 2015. One of the meetings held was with MP Ted Hsu (Liberal Science and Technology Critic), who asked for the CCR’s assistance in obtaining information on the impacts on the research community of the cancellation of the long-form mandatory census. In response, the CPA developed a survey that was sent to the CCR members and to CPA members via a CPA News. CPA tabulated responses and sent them to MP Hsu to use in the second reading of his private member bill to reinstate the Census.

CCR plans on making a submission to the House of Commons Finance Committee in the summer of 2015, provided that pre-budget consultations are again open.

**Canadian Primary Healthcare Research and Innovation Network (CPHCRIN).** CPA continues its membership in CPHCRIN. CPHCRIN is still interested in applying to become a Coordinating Centre for CIHR’s Primary and Integrated Health Care Research Network (SPOR initiative) but would need to find funds to do so.

**Transdisciplinary Understanding and Training on Research – Primary Health Care (TUTOR-PHC).** CPA continues to serve as a member of the Program Advisory Committee for TUTOR-PHC. TUTOR-PHC is a one-year, national, interdisciplinary research capacity building program that has been training primary health care researchers from family medicine, nursing, psychology, epidemiology, social work, education, policy and many other disciplines since 2003.

**Foundation for Students in Science and Technology (FSST).** Dr. Votta-Bleeker continues to serve on the Board of Directors for the FSST. The FSST is a national not-for-profit organization dedicated to developing the career potential of gifted high school, college and university students for leadership roles in the science community.

**Other Science Advocacy in 2014/15:**

- CPA met with the Director of Policy for Minister of State for Science and Technology (MP Ed Holder) to discuss Canada’s new science and technology strategy, particularly in response to the submission CPA made in February 2014
  
CPA met with representatives from SSHRC (Dr. Ted Hewitt, President) and NSERC (Dr. Pierre Charest, Vice-President Research Grants and Scholarship Directorate) to advocate for access to Centres of Excellence funds among all universities and researchers.

CPA liaised with NSERC regarding eligibility criteria for students in clinical psychology which required them to have a supervisor who held an active discovery grant. In response to CPA’s advocacy on this issue, NSERC removed this specific criterion. Provided the student’s research fits the NSERC mandate, clinical psychology students can now apply for NSERC funding without corresponding requirements of their supervisor.

CPA liaised with CIHR regarding caps on funding for equipment in its grant applications. In the midst of significant reforms to its open grant programs, CIHR has made a decision that in its open schemes (Foundation and Project), there will not be any limits with respect to requests for proposed equipment purchases.

The CPA is working with Mitacs to identify means of facilitating connections between psychology graduate students and Mitacs University Business Development Officers so that students can pursue applications to Mitacs Accelerate program – internships involving industry-partners.

The CPA’s Deputy CEO continues to send out PSYience Update, a newsletter devoted to profiling the activity in which the CPA is engaged on behalf of the discipline and science of psychology.

The CPA has liaised with the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) about the opportunity for some collaborative programming given that the annual conference of the CSBBCS and the CPA’s will be held concurrently in Ottawa in 2015. The two associations have co-sponsored a mixer event and the CPA’s Science and Applications Keynote Speaker, Dr. Elizabeth Phelps, both of which will occur on Friday June 5th beginning at 5pm. Prior to the mixer, the CSBBCS will have a subset of its posters on display during one of the Poster Sessions at the CPA’s convention.

5th Annual High School Science Awards. 2015 Convention in Ottawa will host the presentation of the winner of the 5th annual high school science awards. Winners are funded to attend the convention in addition to receiving a cash award. This will be the last year that this award is offered in its current form.

International Congress of Applied Psychology (ICAP). Following our successful bid pitch in July 2012 to host the ICAP 2018 in Montreal, CPA has developed a business model to deliver the Congress, which it submitted to the International Association of Applied Psychology (IAAP) for consideration at the end of February 2013. Since last June, the CPA hosted a reception at the 2014 ICAP in Paris and has developed a committee structure to oversee the coordination and planning of the event. Many CPA staff members either chair and/or sit on various committees including Planning, Communications, Visioning, Finance, Sponsorship, and Scientific Program. The CPA is currently hosting ICAP’s 2018 website on the CPA’s website while the ICAP 2018 website is being developed – please see www.cpa.ca/icap2018 for more information and regular updates.

Partnerships and Representation in Practice

HST/GST. As noted previously, the 2013 Federal budget (Pg. 375) makes changes to the HST/GST attached to reports and services for non-health care purposes. It notes that taxable supplies would include reports, examinations, and other services performed solely for the purpose of determining
liability in a court proceeding or under an insurance policy. The CRA issued a draft policy statement in the fall of 2014 to which it invited response. The draft statement made clear that certain psychological services, notably some kinds of assessments provided in the private sector, would not be considered a health service and therefore subject to tax. CPA consulted with its membership, struck a small working committee to review a draft response and invited wider comment on the draft from those who responded to our call for feedback. We submitted our response as well as held a press conference on Parliament Hill, which itself generated a tremendous amount of media interest:

- https://www.youtube.com/watch?v=3ZkR09P2k9k
- https://www.youtube.com/watch?v=bgU6PAHMZhk
- http://m.torontosun.com/2015/03/03/dont-tax-mental-health-assessments-say-psychologists
- several radio interviews (Radio Canada and several in BC)

CPA convened an e-advocacy campaign inviting members to contact their MPs and voice their opposition to the draft policy statement and its treatment of certain psychological services. CPA commends the work of Ms. Hatch, CPA’s Manager of Public Affairs and Communications, whose contributions to our messages and messaging to government and media were outstanding. Follow CPA’s website, CPA News and Psynopsis for updates.

**Advocacy for enhanced access to psychological services.** We continue in our efforts to disseminate the findings and recommendations of our access report: An Imperative for Change: Access to Psychological Services for Canadians [http://www.cpa.ca/docs/File/Position/An_Imperative_for_Change.pdf](http://www.cpa.ca/docs/File/Position/An_Imperative_for_Change.pdf) as well as our commissioned report on the Efficacy and Effectiveness of Psychological Treatments [http://www.cpa.ca/docs/File/Practice/TheEfficacyAndEffectivenessOfPsychologicalTreatments_web.pdf](http://www.cpa.ca/docs/File/Practice/TheEfficacyAndEffectivenessOfPsychologicalTreatments_web.pdf)

We are developing a strategy through which we can develop a Champions program, recognizing industry leaders who are successful in sustaining mentally healthy workplaces through programs and services available to employees. We look forward to furthering this initiative in 2015/16 with our President-elect, Dr. Kevin Kelloway, whose expertise and interests focus on the workplace.

We have been working with collegial health profession associations, as well as with members of the Canadian Life and Health Insurance Association, in the development of a guidance document for health providers delivering insured service. The document will cover such topics as differences in plans and coverage, methods of reimbursement, criteria for reimbursement, how to facilitate reimbursement, and guidance for patients about coverage.

We have been very successful getting the access message out through media over 2014/15. A list of recent media events is found in this report. A very significant development as concerns access to service was the Treasury Board announcement that, as of October 2014, the federal government doubled the coverage it extends to its employees for psychological services – all members of the federal public
We encourage our provincial and territorial association partners to bring the access and efficacy reports to the attention of their governments and stakeholders and to feel free to call upon us to assist or collaborate at any time. We also encourage all Canadian psychologists to become familiar with the report’s recommendations which they too can bring to the attention to the stakeholders and decision-makers with whom they work.

**Election 2015.** We anticipate a federal election in October 2015 and CPA will launch an advocacy campaign over the coming months. We are developing letters and will request meetings of the political parties. We will encourage members to be active during the campaign and are developing an e-campaign to facilitate members’ contacting their candidates. We are developing a short questionnaire to be sent to the headquarters of each political party asking about investments in mental health services and research funding. The results of these surveys will be shared with the membership. We will review each party's platform and share it with our members. We will continue to write letters to the editors. We will participate in the election campaigns of our alliance organizations in health and science.

Our election messages will focus on

- Overall mental health funding
- Access to psychological services in areas where the Federal Government has direct responsibility
- Increased research funding
- Funding for post-secondary education

**Practice Directorate (PD).** The PD is led by a Council of representatives from Canada’s provincial and territorial associations of psychology and chaired by Dr. Andrea Piotrowski. The PD is in part financially supported by CPA, primarily through designated staffing and project funding with parallel support for its Science Directorate. Whereas CPA and its leadership focus on practice advocacy and activity that have a national or federal focus, the PD focuses on practice issues that have trans-jurisdictional interest and concern.

In 2014/15, in collaboration with the Canadian Physiotherapy Association, PD commissioned a report from 3Sixty Consulting explaining the current coverage landscape offered by Canadian private health care benefit providers for extended health benefits. It examined future trends in private coverage models and their application to the delivery of psychological services in the community. The results were based upon the findings from four interviews which were conducted with a representative sampling of executives from the private health care benefit provider industry.

In accordance with recommendations of the report, in the coming months, an advocacy toolkit will be developed to support any associations that are interested in meeting with the top three employers (by number of employees) in each jurisdiction. The aim of this project is to advocate for an amount of coverage for psychological services that is clinically meaningful. Given that mental health issues have become the most significant cause of disability claims in Canada, employers can benefit if employees who need psychological assistance can be treated in a timely manner, preventing time lost and reducing the length of disability claims.
In addition, many insurance companies require a physician’s referral to see a psychologist in the private sector. Letters are being prepared to advocate for the removal of this requirement. These letters will be sent to insurance providers and relevant government ministries (e.g., Health, Mental Health and Addictions). The aim of this project is to educate the provincial and territorial governments about the unnecessary financial burden this places on their publically funded health care systems.

PD will be presenting an overview of their activities at the 2015 convention. For more information on PD, contact its committed and able Manager, Amy Barnard at abarnard@cpa.ca

Health Action Lobby (HEAL). In December 2014, HEAL released its consensus paper entitled, *The Canadian Way. Accelerating Innovation and Improving Health System Performance*. CPA’s CEO continues as co-chair of HEAL and in that capacity participated in the press conference launch of the statement and subsequent media [http://healthactionlobby.ca/](http://healthactionlobby.ca/) The paper calls on all federal parties to articulate their vision for the healthcare of Canadians and proposes ways in which the Federal Government can contribute to accountable health care systems. These include increased collaboration with provinces and territories, a federal vision for health care, a performance framework to guide system improvements, options for financial stability, strategic investments in areas of need (e.g. seniors, access to prescription drugs), and the development of national health system indicators. HEAL is working with public affairs and communications firms to advance the statement as we lead up to a federal election.

In 2014/15 and on behalf of HEAL, Dr. Cohen attended several meetings of the team-based models task force of the provincial/territorial Health Care Innovation Working Group of the Council of the Federation. The task force was charged with receiving and recommending innovations in collaborative practice in the area of seniors and the integration of pharmacists and paramedics in primary care. This work culminated in a Summit, held in February 2015 at which exemplar practice innovations were showcased and discussion focused on the spread of innovative and effective practice. We are pleased to report that one of the exemplar models was led by a psychologist working innovatively to address mental health problems within a primary care practice in Kingston.

Canadian Alliance of Mental Illness and Mental Health (CAMIMH). CAMIMH met in May 2015 at which time it also held its annual Champions of Mental Illness gala. The event celebrates the accomplishments of individuals and organizations whose work have advanced mental health. CAMIMH has posted a video of health providers talking about mental health system issues and needs in which CPA participated [http://www.camimh.ca/](http://www.camimh.ca/) CAMIMH’s May members’ meeting agenda was to move forward on its strategic priorities that include advancing access to mental health services and supports and preparing messaging as we come up on a 2015 federal election.

Mental Health Commission of Canada (MHCC). CPA continues to work actively with the MHCC. In November 2014, Dr. Cohen attended a Best Brain’s Exchange co-hosted by the MHCC. Its focus was to assemble stakeholders on the topic of e-mental health services; identify research and knowledge gaps as well as barriers and facilitators to implementation. She also attended an MHCC event on the development of indicators of mental health outcomes; the next step in accountability for the system recommendations made by the MHCC National Strategy.

CPA shared its view that the indicator work needs to include a focus on wait times for service provided in the public sector rather than only on readmission rates and needs to address the serious data gaps when
it comes to accessing care in communities where the bulk of care is not typically funded by insurance plans (public or private).

The MHCC produced a report on the work of its steering committee on e-mental health of which Dr. Cohen as well as other psychologists was part. The report can be found at https://www.mentalhealthcommission.ca/English/system/files/private/document/MHCC_E-Mental_Health-Briefing_Document_ENG.pdf CPA continues to be represented by Dr. Marnin Heisel on the MHCC’s suicide collaborative.

The CPA was pleased to write a letter of support for the renewed mandate of the MHCC, a mandate which was ultimately renewed in the 2015 Federal budget released in April 2015.

Department of National Defence (DND). CPA continues to work with the Department of National Defence on the issue of recruitment and retention of psychologists. We have had a series of meetings over the course of 2014 and believe that our messages about the need for DND involvement in training and the need for meaningful conditions and requirement of work have been heard. In 2015, CPA launched a web-based workshop on PTSD in military populations via http://www.cpa.ca/professionaldevelopment/webcourses/catalogue. In addition CPA was consulted by the research officer from DND inquiring about CPA’s policy and guidance on the conduct of ethical research.

Canadian Concussion Collaborative. CPA recently advocated for membership on this inter-professional alliance organized to improve strategies for concussion management. We are giving voice to the role of the psychologist in assessment of concussion and treatment of mental health related issues especially among those with challenges returning to sport.

Conference Board of Canada (CBoC). CPA’s CEO participated in a CBoC consultation on chronic disease prevention and management as well as sits on an advisory committee on healthy brains in the workplace. In the latter capacity, she had the opportunity to contribute to the development of a survey of employers on the programs and benefit plans they afford to their employees for health and wellness. This work is still ongoing. Dr. Cohen also attended a CBoC event in April of leaders from across sectors on collaboration in health systems and care.

It was MOVED and CARRIED (McIlwraith/Hogan) that the report of the Chief Executive Officer be received.

4.1 Finance

4.1.1 Audited Financial Statements for the Year Ending December 31, 2014

The Chief Financial Officer, Mr. Bolger presented and received questions on the 2014 audited financial statements as examined by KPMG.

It was MOVED and CARRIED (Pelletier/Antony) that the 2014 Audited Financial Statements be received.

4.1.2 Appointment of Auditors
It was **MOVED and CARRIED** (Veitch/Antony) that KPMG be reappointed auditors of the Canadian Psychological Association for the current year.

### 5.0 Committee Reports

#### 5.1 Nominations

The Chair of the Nominating Committee presented the following motion:

WHEREAS the Corporation proceeded with a call for nominations in the fall of 2014 and spring of 2015 in accordance with section 5.06 of the By-laws;

AND WHEREAS the Corporation received only one nomination for the position of President-Elect;

BE IT RESOLVED THAT Dr. David Dozois be acclaimed as President-Elect.

It was **MOVED and CARRIED** (McGrath/Snider) that Dr. David Dozois be acclaimed as President Elect.

It was **MOVED and CARRIED** (McIlwraith/Malcolm) that the report from the Chair of the Nominating Committee be received.

#### 5.2 Membership

The President noted that the membership report is available on page 18 in the Annual Report circulated at the meeting and is also available on the CPA website.

##### 5.2.1 Recognition of deceased members since June 2014

The President called for a moment of silence in recognition of those members who had passed away in the past year:

- Dr. Maureen Dennis
- Dr. Michelle D. Soulière
- Dr. Elizabeth F. Cook
- Dr. Robert M. Martin
- Dr. Thomas A. Francoeur
- Mrs. Joan E. Hollett
- Dr. Charles R. Lemery
- Dr. Wesley H. Coons
5.3 Other Committees

The President noted that the Annual Reports of the Committees have been circulated and they were also available on the CPA website.

He then introduced the Chairs of the Standing Committees for 2014-2015:

By-Laws, Rules and Procedures: Dr. Wolfgang Linden
Convention: Dr. Wolfgang Linden and Dr. Kerry Mothersill
Education and Training: Dr. Don Saklofske
Elections: Dr. Karen Cohen
Ethics: Dr. Carole Sinclair
Fellows and Awards: Dr. Wolfgang Linden
Membership: Dr. Marie-Hélène Pelletier
Nominating: Dr. Wolfgang Linden
Professional Affairs: Dr. Samuel Mikail
Publications: Dr. John Meyer
Scientific Affairs: Dr. Jean Saint-Aubin
Sections: Dr. Judi Malone

Ad Hoc Committees:

Accreditation Panel: Dr. Sandra Clarke
International Relations: Dr. Janel Gauthier
Past-Presidents: Dr. Wolfgang Linden
Public Policy: Vacant
Canadian National Committee of the International Union of Psychological Science (IUPsyS): Dr. Jennifer Veitch
CPA Task Force on the Future of Publicly Funded Psychology Services in Canada: Dr. Lorne Sexton
CPA Sections Task Force: Dr. Wolfgang Linden
CPA Internship Supply and Demand Task: Dr. Donald Saklofske

Representatives on the Board of Directors:
Director representing the Canadian Council of Departments of Psychology (CCDP): Dr. Valerie Thompson
Director representing the Canadian Council of Professional Psychology Programs (CCPPP): Dr. Rupal Bonli
Director representing Council of Professional Associations of Psychologists (CPAP): Dr. Andrea Piotrowski
Director representing the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS): Dr. Jean Saint-Aubin
Director representing CPA Section for students: Ms. Zarina Giannone
5.4 **Journals**

The President noted that journal reports had been circulated and introduced the current editors:

*Canadian Psychology: Dr. Martin Drapeau*
*Canadian Journal of Experimental Psychology: Dr. Penny Pexman*
*Canadian Journal of Behavioural Science: Dr. William Roberts*

5.5 **Sections**

The President introduced the 2014-2015 Section Chairs:

Aboriginal Psychology: Dr. David Danto
Addiction Psychology: Dr. Abby Goldstein
Adult Development and Aging: Dr. Venera Bruto
Brain & Cognitive Sciences: Dr. Peter Graf
Clinical Neuropsychology: Dr. Anthony Ruocco
Clinical Psychology: Dr. Jennifer Garinger
Community Psychology: Dr. Julie Beaulac
Counselling Psychology: Dr. Robinder Bedi
Criminal Justice Psychology: Dr. Howard Barbaree
Developmental Psychology: Dr. Jean-Paul Boudreau
Educational and School Psychology: Ms. Juanita Mureika
Environmental Psychology: Dr. Lisa Nisbet
Extremism and Terrorism: Dr. David Nussbaum
Family Psychology: Dr. Kelly Schwartz
Health Psychology: Dr. Kim Lavoie
History and Philosophy of Psychology: Dr. Cor Baerveldt
Industrial and Organizational Psychology: Dr. Lori Francis
International and Cross-Cultural Psychology: Dr. Benjamin Giguère
Psychoanalytic and Psychodynamic Psychology: Dr. Heather MacIntosh
Psychologists and Retirement: Ms. Juanita Mureika & Dr. Sandra Pyke
Psychologists in Hospitals and Health Centres: Dr. Bob McIlwraith
Psychology in the Military: Dr. Damian O’Keefe
Psychology, Religion and Spirituality: Dr. Mona Abbondanza
Psychopharmacology: Dr. David Nussbaum
Quantitative Methods: Dr. Robert Cribbie
Quantitative Electrophysiology: Dr. Atholl Malcolm
Rural and Northern Psychology: Dr. Cindy Hardy
Sexual Orientation and Gender Identity Issues: Dr. Karen Blair
Social and Personality Psychology: Dr. Leanne Son Hing
Sport and Exercise Psychology: Dr. Peter Crocker
Students in Psychology: Ms. Michelle Gagnon
Teaching of Psychology: Dr. Nicholas F. Skinner
Traumatic Stress: Dr. Paul Frewen
Women and Psychology: Dr. Paula Barata
6.0 Annual Meetings 2016 and 2017

The President reported that the next Annual General Meetings will be held on June 10, 2016 in Victoria, BC and on June 9, 2017 in Toronto, ON.

7.0 Other Business

The President presented certificates to outgoing members:

Dr. Marie-Helene Pelletier, Board of Directors 2012-2015
Dr. Wolfgang Linden, Board of Directors 20012-2015 and President 2013-2014

The outgoing President, Dr. Kerry Mothersill, introduced the incoming President and passed the gavel onto the new President, Dr. Kevin Kelloway.

The new President presented the Past-Presidents lapel pin to Dr. Kevin Kelloway.

Dr. Kelloway expressed appreciation to Dr. Mothersill for his work during his term as President of CPA.

Dr. Kelloway said a few words and then requested a motion to adjourn the meeting.

8.0 Adjournment

It was MOVED and CARRIED (Bonli/Linden) that the 2015 Annual General Meeting of the Canadian Psychological Association be adjourned.