

### MINUTES OF THE ANNUAL GENERAL MEETING

June 1st, 2019 – Halifax, NS

The eightieth Annual General Meeting of the Canadian Psychological Association was held in Halifax, Nova Scotia at the Marriott Waterfront, on Saturday, June 1<sup>st</sup>, 2019, at 8:00am. Dr. Samuel Mikail, President, acted as Chair of the meeting and Ms. Cara Bernard as Recording Secretary.

### 1.0 Adoption of the Agenda

It was MOVED and CARRIED (O'Neil/Hagstrom) that the Agenda be adopted.

# 2.0 Approval of Minutes

It was **MOVED and CARRIED** (Craig/Graf) that the Minutes of the 79<sup>th</sup> Annual General Meeting held in Montreal, QC, on June 28<sup>th</sup>, 2018, be adopted.

### 3.0 Report of the President

# 3.1 Overview of Activities 2018-2019

It has been an honour and privilege to have been entrusted to serve you and represent your interests through my role as president of CPA. Working for the common good of the profession, and indeed, the broader community in which all of us live, work and play is a responsibility that we all share. Several of us fulfill this duty by assuming board portfolios or as representatives to the board of one of CPA's four external partner organizations. To each of you, I say "Thank You." Others of you serve as section chairs, as members of section executives, as members of Board committees or by Task Forces, or by sharing generously of your discoveries, ideas, works in progress and the products of your intellectual efforts in our journals and at this convention. Noting these efforts is first and foremost an opportunity to thank each of you for the contribution you make on a daily basis. It is also to underscore that CPA is not just a head office staff or a board of directors. CPA is every individual member — and in reality, every undergraduate and graduate student, every faculty member and scientist, and every applied professional that identifies with the discipline and field of psychology. So often, the board and head office staff hear from CPA's constituents that CPA should be doing more — should be involved in this or that initiative. In many cases, it already is. But in those instances where CPA is not someplace that it ought to be, it is essential that we keep in mind that each of us is CPA.

In reality, the accomplishments of our association are quite remarkable, particularly when one considers the relatively modest size of our human and financial resources. For decades CPA has continued to punch well above it's weight class. Canadian Psychology makes outstanding contributions to our universities, research institutions, corporations, a plethora of practice settings, and governments. We all benefit from the collective and collaborative efforts of CPA, the provincial and territorial associations,

regional and local academies, regulators, psychology departments, and countless other group - far too many to list in this brief address. I trust we all recognize this and are grateful for it. I would urge each of us to remain mindful of the reality that collectively and individually, we are CPA, we are these organizations. The impact and reach of our efforts will always be directly proportional to the extent of our individual engagement and our ability to function as a collective.

Increasingly research funding agencies require grant proposals to include a clear plan for knowledge mobilization. In the past 18 months both CPA and CPAP (The Council of Professional Associations of Psychologists) have sponsored workshops on this topic, and CPA is putting the final touches on a webbased course on the same topic – not only because it is now a requirement of granting agencies, but also because effective knowledge mobilization has the potential to be one of psychology's strongest advocacy tools. As a discipline we tend to be far too modest, far too insular, and far too absorbed in our particular projects. Yet, today perhaps more than ever before there is a public hunger for the fruits of psychological science and practice.

Regulation has been double edged in our efforts to respond to that call—on one hand, it has elevated the recognition of psychology as a discipline relevant to human wellbeing in a system and structure that has long been skewed toward an emphasis on the purely physical and biological. Yet regulation has also stifled the contributions and visibility of our experimental, developmental, personality, social, community, industrial organizational, cognitive, and neurocognitive colleagues by limiting who can refer to themselves as a psychologist in a public forum. The CPA task force on title continues to grapple with this issue in the hopes of finding a solution that both serves public protection and broadens public recognition and awareness of the many outstanding contributions made to Canadian society by the psychology community.

My call to you is to continue to pursue excellence in science, practice and education and share it widely. Let the public and your governments know what you are doing. Of equal importance is knowing what your colleagues and national association is doing.

In closing, I want to extend my deep gratitude to a number of individuals who live and exemplify these very ideals. I extend my sincere gratitude to Patrick Ballie – your outgoing past president, Ian Nicholson, your incoming president, members of the board, our four external partner representatives, Karen Cohen, Lisa Votta-Bleeker, our head office staff, and our current and past CPA award winners for your dedication and your contributions to advancing our profession. I'm especially indebted to Patrick, Ian, Karen, and Lisa for your support and council during my time on the board. I would be remiss if I failed to extend a special thank you to Doug Mewhort, Director of Science and Chair of the Scientific Affairs Committee 2016-2019 who sadly passed away February 28 having loyally served CPA, the profession, Queens University and the science community till the very end.

It was **MOVED** and **CARRIED** (Dozois/Graf) that the report of the President be received.

## 4.0 Reports of the Chief Executive Officer

### 4.1 Overview of Activities 2018-2019

The Canadian Psychological Association (CPA) is your national association, supporting the work and interests of psychology educators, researchers, and practitioners in both public and private settings. We

support our members by promoting their research, practice innovations, and service delivery and highlighting the applicability of their work to Canadian policy and the needs of Canadians at-large. We do this through tour three peer-reviewed journals, Psynopsis Magazine, our accreditation activities, our annual convention, our work with our many science and practice partners, and our advocacy with government and other stakeholders who help define the context in which our members work.

Our activities and accomplishments are themselves achieved through collaboration and the collective efforts of a Board of Directors with strong leadership and vision, a skilled and committed staff, and engaged and expert members and students. In the pages that follow, we present to you an overview of what we have achieved in 2018/19.

Key among our achievements are two landmark and forward-looking training summits that considered the future of the profession by focusing on identifying and addressing the challenges and opportunities for psychology's future researchers, educators, and practitioners. The proceedings from the summits are intended to serve as the foundation for the training and socialization of our next generation to ensure they are well prepared to meet the emerging challenges and needs of an increasingly complex and diverse society. We also asked delegates of the summits to consider not just what is important to the discipline and profession, but what is important to Canadians to help us meet the first of our mandated objectives as an organization: to improve the health and welfare of Canadians.

In 2018/19, we took the opportunity to review and re-vision our mission, visions, and governance. As members, you voted by special resolution to approve a set of governance changes recommended by our Board of Directors, which are now captured in our by-laws. We also launched a review of our strategic plan and undertook a brand audit, which included reaching out to members, past members, and prospective members to better understand what, in their view, the CPA should be and do for psychology. Though we are in the process of completing a more extensive follow-up survey of members, the message we have received thus far is clear – the CPA's primary purpose should be to bring the science and practice of psychology to Canadians.

The following are some of the key ways we endeavoured to bring the science and practice of psychology to Canadians in 2018/19...

We worked and met with partners and decision-makers in science to:

- call for and promote funding for psychological research across granting councils;
- support student research through grants and student conferences;
- address key changes in knowledge mobilization, like open access journals; and
- deliver excellence in knowledge transfer through our journals, annual convention, and continuing professional development for members.

We spoke with the Minister of Health and Health Canada about enhancing access to psychological services, promoting guidelines for treating PTSD, the impact of pharmacare on health services provided in the private sector, and the legalization of cannabis.

We worked with partners and stakeholders to:

- develop and promote guidelines to prevent family violence;
- call for parity in mental and physical health services;

- understand and support the use of technology in enhancing access to the treatment of mental disorders; and
- call for greater access to non-pharmacological interventions and services, like psychological services, for conditions like chronic pain, which can be part of an upstream solution to the use and abuse of opioids.

We worked with our sections and provincial association partners to:

- address regulatory challenges and opportunities affecting psychological practice across the country;
- better understand the needs and views of psychology's training communities; and
- better meet the specific needs of psychology's specialties.

This overview cannot do justice to the work and dedication of so many who make this great association and its activities possible. We thank our Board of Directors for establishing our vision and setting our course as an organization; our staff for carrying out the activities aimed at realizing that vision; and most of all, our members and affiliates for their engagement in sections and on committees, which gives shape to our activities.

We invite you to look through the pages of the annual report for a reminder of the importance of organizations like ours to the discipline and profession. Even more importantly, we hope you will be reminded of the contributions you and your colleagues made to psychology own 2018/19. As we celebrate our 80th year, it is time to value the past, celebrate the present, and plan for the future. Thank you for being part of this past year and we look forward to the years ahead!

\*Note: For full details on 2018-2019 activities, please see the 2018-2019 Annual Report.

It was **MOVED and CARRIED** (Saint-Aubin/Cole) that the report of the Chief Executive Officer be received.

### 4.2 Finance

#### 4.2.1 Audited Financial Statements for the Year Ending December 31, 2018

The Chief Financial Officer, Mr. Bolger presented and received questions on the 2018 audited financial statements as examined by Welch LLP.

It was **MOVED and CARRIED** (Cole/Graf) that the 2018 Audited Financial Statements be received.

# 4.2 <u>Appointment of Auditors</u>

It was **MOVED and CARRIED** (Graf/Saunders) that Welch LLP be appointed auditors of the Canadian Psychological Association for 2019.

#### **5.0 Committee Reports**

#### 5.1 Governance

### 5.1.1 Nominating Sub-Committee

The Chair of the Nominating Sub-Committee presented his report and indicated that a call for nominations for the positions of Science Director, Practice Director, Education Director and two members at large was sent to the membership in late April. He noted that multiple nominations were received for the positions of Education Director and Members at large, and only one candidate for the positions of Science Director and Practice Director.

### Motion Acclaimed Board Seats:

WHEREAS the Corporation proceeded with a call for nominations in the spring of 2019 in accordance with section 5.06 of the By-laws;

AND WHEREAS the Corporation received only one nomination for the following positions of Science Director and Practice Director;

#### BE IT RESOLVED THAT

Jean Saint-Aubin be acclaimed as Science Director; Kimberly Corace be acclaimed as Practice Director.

## It was MOVED and CARRIED (Graf/Ritchie) that:

Jean Saint-Aubin be acclaimed as Science Director; Kimberly Corace be acclaimed as Practice Director.

It was **MOVED** and **CARRIED** (Bellows/Graf) that the report from the Chair of the Nominating Sub-Committee be received.

# 5.1.2 Elections Sub-Committee

The vote closed on June 1st at 8:30am ADT. Dr. Karen Cohen, CEO and Chair of the Elections Sub-Committee announced the 2019 Election results for positions of:

```
Education Director – Dr. Peter Graf
Director At Large – Dr. David Danto
Director At Large – Dr. Ada Sinacore
```

It was **MOVED** and **CARRIED** (Saint-Aubin/Graf) that the report from the Chair of the Elections Sub-Committee be received.

### 5.2 Membership

The President noted that the membership report is available in the Annual Report circulated at the meeting and is also available on the CPA website.

### 5.2.1 Recognition of deceased members since June 2018

The President called for a moment of silence in recognition of those members who had

### passed away in the last year:

Dr. Hans Breiter

Dr. Victor Catano

Dr. Dolores Elaine Davis

Dr. Douglas Mewhort

Dr. Daniel Nahon

### 5.3 Other Committees

The President informed members that a summary of reports from committees can be found in the annual report. He then took a minute to acknowledge the Board of Directors and Partner organizations.

## **Board of Directors:**

President: Dr. Samuel Mikail President-Elect: Dr. Ian Nicholson Past-President: Dr. Patrick Baillie

Honorary-President: Dr. Donna Markham Practice Director: Dr. Kimberly Corace Science Director: Dr. Jean Saint-Aubin

Education Director: Dr. Fern Stockdale-Winder

Director-at-Large (Francophone): Dr. David Bourgeois
Director-at-Large (Masters): Ms. Milena Meneghetti
Student Section Representative: Ms. Chelsea Moran
Interim Chair of Council of Sections: Ms. Carmen Bellows

### Partner Organizations:

Representative from the Canadian Council of Departments of Psychology (CCDP):

Dr. Valerie Thompson

Representative from the Canadian Council of Professional Psychology Programs (CCPPP):

Dr. Kerri Ritchie

Representative from Council of Professional Associations of Psychologists (CPAP):

Dr. Judi Malone

Representative from the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS): Dr. Jo-Anne Lefevre

The President then thanked and introduced the Chairs of the Committees and Task Forces for 2018-2019:

# **Board Committees:**

Governance: Dr. Samuel Mikail

Administration, Finance & Audit: Dr. Samuel Mikail

Fellows and Awards: Dr. Patrick Baillie

Education and Training: Dr. Fern Stockdale-Winder

Scientific Affairs: Dr. Douglas Mewhort/Dr. Jean Saint-Aubin

Professional Affairs: Dr. Kim Corace

International Relations: Dr. Janel Gauthier

Past-Presidents: Dr. Patrick Baillie

Council of Sections: Ms. Carmen Belllows

# **Managment Committees:**

Convention: Dr. Lisa Votta-Bleeker Membership: Ms. Leanna Verrucci Publications: Dr. Lisa Votta-Bleeker

#### Arms Length Committees:

Canadian National Committee of the International Union of Psychological Science

(IUPsyS): Dr. Keith Dobson

\*Effective March 2019 the committee merged with International Relations Committee.

Ethics: Dr. Carole Sinclair

Knowledge Sharing Group/Standing Committee on Reconciliation with Indigenous

Peoples: Dr. David Danto

Accreditation Panel: Dr. Ada Sinacore

#### Task Forces:

End of Life Guidelines: Dr. Kerri Ritchie

Equity, Diversity & Inclusion: Valerie Thompson

Opioid: Dr. Kim Corace

Title: Dr. Blake Jelley & Kerri Ritchie

## 6.4 <u>Journals</u>

The President thanked and introduced the current editors:

Canadian Psychology: Dr. Vina Goghari

Canadian Journal of Behavioural Science: Dr. Allison J. Ouimet (Incoming Editor), Dr. E.

Kevin Kelloway (Outgoing Editor)

Canadian Journal of Experimental Psychology: Dr. Randall Jamieson

## 6.5 <u>Sections</u>

The President thanked the 2018-2019 Section Chairs:

Aboriginal Psychology: Dr. Suzanne Stewart Addiction Psychology: Dr. Matthew Keough Adult Development and Aging: Dr. Marnin Heisel Brain & Cognitive Sciences: Dr. Adam Sandford Clinical Neuropsychology: Dr. Vinay Bharadia Clinical Psychology: Dr. Kristin Reynolds Community Psychology: Dr. Julie Beaulac Counselling Psychology: Dr. Anusha Kassan Criminal Justice Psychology: Dr. Jim Cheston Developmental Psychology: Dr. Nicole Sugden Educational and School Psychology: Dr. Laurie Ford

Environmental Psychology: Dr. Lindsay McCunn Extremism and Terrorism: Dr. David Nussbaum Family Psychology: Dr. Kelly Schwartz Health Psychology: Dr. Kim Lavoie History and Philosophy of Psychology: Dr. Jim Cresswell Indigenous Peoples' Psychology: Dr. Jeffrey Anslos Industrial and Organizational Psychology: Dr. Thomas O'Neil International and Cross-Cultural Psychology: Dr. Maya Yampolsky Psychologists and Retirement: Dr. Joseph Snyder Psychologists in Hospitals and Health Centres: Dr. Simone Kortsee Psychology in the Military: Dr. Damian O'Keefe Psychopharmacology: Dr. David Nussbaum Quantitative Electrophysiology Dr. Elizabeth Hartney

Quantitative Methods: Dr. Don Sharpe

Rural and Northern Psychology: Dr. AnnaMarie Carlson

Sexual Orientation and Gender Identity Issues: Dr. Karen Blair

Social and Personality Psychology: Dr. Frederick Grouzet
Sport and Exercise Psychology: Mr. Pier-Éric Chamberland

Students in Psychology: Ms. Chelsea Moran Teaching of Psychology: Dr. Peter Graf Traumatic Stress: Dr. Anne Wagner Women and Psychology: Dr. Janelle Kwee

## 6.0 Annual Meetings 2020 and 2021

The President reported that the next Annual General Meetings will be held in May 2020 in Montreal, QC and in June 2021 in Ottawa, ON.

### 7.0 Other Business

# 7.1 <u>Certificates of Appreciation</u>

The President presented certificates to outgoing members:

- Dr. Patrick Baillie, Board of Directors 2016-2019 and President 2017-2018
- Dr. Fern Stockdale Winder, Board of Directors June 2016-June 2019
- Dr. Kimberly Corace, Board of Directors June 2016-June 2019
- Dr. David Bourgeois, Board of Directors June 2015-June 2019
- Ms. Milena Meneghetti, Board of Directors June 2016-June 2019
- Dr. Valerie Thompson, Board of Directors June 2013-June 2019

The outgoing President, Dr. Samuel Mikail, introduced the incoming President and passed the gavel onto the new President, Dr. Ian Nicholson.

Dr. Nicholson expressed appreciation to Dr. Mikail for his work during his term as

<sup>\*\*\*</sup>Dr. Douglas Mewhort, CPA Board of Directors June 2013 – February 2019

President of CPA.

Dr. Nicolson said a few words and then requested a motion to adjourn the meeting.

# 8.0 Adjournment

It was **MOVED and CARRIED** (Bellows) that the 2019 Annual General Meeting of the Canadian Psychological Association be adjourned.

