



MINUTES OF THE ANNUAL GENERAL MEETING

May 29th, 2020 – Zoom Videoconference

The eighty-first Annual General Meeting of the Canadian Psychological Association was held virtual by Zoom videoconference due to the COVID-19 pandemic, on Saturday, June 1st, 2019, at 11:00am (EDT). Dr. Ian Nicholson, President, acted as Chair of the meeting and Ms. Cara Bernard as Recording Secretary.

1.0 Adoption of the Agenda

It was **MOVED and CARRIED** (O'Neil/Cole) that the Agenda be adopted.

2.0 Approval of Minutes

It was **MOVED and CARRIED** (Saint-Aubin/Bourgeois) that the Minutes of the 80th Annual General Meeting held in Halifax, NS, on June 1st, 2019, be adopted.

3.0 CPA Awards

Section Newsletter Award Winner:

Criminal Justice Section for the Fall/Winter 2019 Issue of Crime Scene

Best Journal Article Award Winners:

Best Article Award (Canadian Psychology) *"Is nature relatedness a basic human psychological need? A critical examination of the extant literature"*

Daniel E. Baxter and Luc G. Pelletier

Best Article Award (Canadian Journal of Behavioural Science) *"An experimental comparison of emotion regulation strategies for reducing acute distress in individuals with eating disorders"*

Skye Fitzpatrick, Danielle E. MacDonald, Traci McFarlane, and Kathryn Trottier

Best Article Award (Canadian Journal of Experimental Psychology) *"A comparison of immediate serial recall and immediate serial recognition"*

Chrissy Chubala, Ian Neath and Aimée Surprenant

2020 Elected Fellows:

Tavis Campbell, Ph.D.

Joel Goldberg, Ph.D.

Norah Vincent, Ph.D.

CPA President's New Researcher Awards:

Daniel Kopala-Sibley, Ph.D.

Lindie Liang, Ph.D.

CPA Award for Distinguished Contributions to Psychology as a Profession:

David J. A. Dozois, Ph.D.

CPA Award for Distinguished Contributions to Public or Community Service:

Nicholas Carleton, Ph.D.

CPA Award for Distinguished Contributions to Education and Training in Psychology in Canada:

Adam McCrimmon, Ph.D.

CPA Donald O. Hebb Award for Distinguished Contributions to Psychology as a Science:

Michael Seto, Ph.D.

CPA John C. Service Member of the Year Award:

CPA Environmental Psychology Section

CPA Humanitarian Award:

Connected North

CPA Gold Medal Award for Distinguished Lifetime Contributions to Canadian Psychology:

Debbie Moskowitz, Ph.D.

4.0 Report of the President

4.1 Overview of Activities 2019-2020

In thinking about what to say at this year's Annual General Meeting of the Canadian Psychological Association, I reviewed the many of the wonderful and thoughtful statements of past presidents who reviewed the work of our association. They described the work that supported our three pillars of practice, research, and education. They highlighted specific activities and accomplishments that have demonstrated how our association of over 6500 members and affiliates has championed Canadian Psychology. I, too, could now highlight a variety of striking and important accomplishments of our volunteers and staff from across this past year that demonstrates the breadth of our profession.

But, this is not a normal year.

Evidence for that is in front of us at this moment. After being organized as an association in 1939, for the next 80 years we came together in one place to celebrate our profession and its accomplishments at our AGM.

This year, we come together, but we do it online.

The last few months have been extraordinary. Severe acute respiratory syndrome coronavirus 2 has caused an infectious disease known as Coronavirus disease 2019 or COVID-19. At our Winter CPA Board Meeting, as our meeting was wrapping up on March 1, we had a brief discussion about what we might

do if this virus got much worse and it influenced our convention. Not a long discussion but raising it as a possibility we may need to think about.

Less than one month later, CPA cancelled our national convention.

This pandemic has affected us all. Almost every aspect of our lives is different.

Yet, CPA has been there. Canadian psychology has risen to this unique and powerful challenge.

We now have posted a series of 11 “Psychology Works” Fact Sheets to help in coping with this pandemic covering a range of issues including helping teens cope, grief, and the challenges of working from home. Almost 300 Canadian psychologists have signed onto an initiative of our association to provide psychological services, via tele-psychology, to health care providers working at the front lines of the COVID-19 crisis and to do so at no charge.

To support practitioners, particularly those in private practices, our association has been advocating to remove barriers to psychological care in their plans such as ensuring coverage for telepsychology services. CPA has also been working with our national liability insurance broker, BMS, to develop materials to support these psychologists in the changes they are experiencing in their practices.

CPA has worked to support research during this time. For example, CPA liaised with granting councils about our discipline’s unique role and knowledge in understanding and assessing the impact of the pandemic including offering expertise in pulling calls together. Our association also wrote letters of support for our members applying for COVID-related research funding.

CPA also recognizes the impact on education. Along with our expanding array of CPA web-based courses to support continuing education, our Accreditation office has been working with the Canadian Council of Professional Psychology Programs (CCPPP) and The Association of Canadian Psychology Regulatory Organizations (ACPRO) to coordinate their statements to students and the professional training community about the unprecedented impact that this pandemic has had on training.

Finally, while our Montreal 2020 Convention has been cancelled, we are now organizing a virtual series over the months of July and August. Anyone who was accepted to deliver a presentation, of any type, at our 2020 convention is welcome to participate in this virtual series to showcase their work.

This is only the briefest of overviews of the work of our association. None of these things were even dreamt of 4 months ago. Yet hundreds of volunteers have come together to make this possible.

Also, none of this work could have happened without the huge efforts of our CPA staff. This has been very difficult for our CPA staff as well. Along with the huge anxieties they all have for themselves and their families, they have done a huge amount of work (from their home offices) for our profession during a very difficult time.

In closing, I want to extend my deep gratitude to our colleagues who exemplify the best of our profession. I extend my sincere gratitude to Sam Mikail, our outgoing past president, whose calm and

thoughtful manner has always brought our focus to the most important details of any discussion; to Kim Corace, our incoming president, whose intelligence and enthusiasm reminds us regularly of the best we can be; the members of our board of directors whose leadership has guided us in these challenging times, our four external partner representatives whose valuable perspectives ensure we see the breadth of any issue in front of us. A special and very personal thank you to Karen Cohen and to Lisa Votta-Bleeker whose tireless efforts in the last 3 months have allowed our association to rise to the challenges put before us during these turbulent times. Finally, the warmest of thanks to the members of our association without whose support in a myriad of ways has allowed our profession to repeatedly demonstrate the value we bring to our country.

It was **MOVED and CARRIED** (Hubbard/Cole) that the report of the President be received.

4.0 Reports of the Chief Executive Officer

4.1 Overview of Activities 2019-2020

The CPA's first mandate is "to improve the health and welfare of all Canadians". This mandate is made possible because the research, practice and education of psychology has such broad and deep relevance to how well individuals, communities, workplaces and societies thrive.

There is no more pressing example of psychology's relevance than the challenges faced as the result of COVID-19. While some of us will physically suffer the illness, all of us suffer its psychological effects. We worry about the health and welfare of ourselves and our loved ones. We struggle to help our children learn and thrive at home. We grapple with job losses, financial pressures and changes to business models. We suffer the effects of our isolation from our friends, our families, and our colleagues and the loss of usual activities so important to our wellbeing.

Psychology researchers, educators and practitioners help inform what we know, and how we cope, with the most profound of human issues and problems. As Canada's national voice for psychology, the CPA supports the work psychologists do and shares this work with the public, and our partners and stakeholders whose own work it can inform.

In the pages that follow, you will find an overview of what psychology accomplished in 2019/20 – not just the accomplishments of the CPA's Board or our staff, or even our partners in health or science, but the accomplishments of our association's members, students and affiliates whose work fills the pages of our journals, provides the evidence for our policies, and forms the foundation of our advocacy messages.

Some key highlights this past year include:

- Our federal election platform to assist our members in messaging the importance of psychological research and practice to their federal candidates
- The launch of our Very Involved Psychologist/Very Involved Psychology Researcher program, aimed to support our members in their grass roots advocacy
- The launch of the Mental Health Commission of Canada's Psychotherapy Policy Implementation Network (PPIN) -- the result of the advocacy and leadership of the CPA among other partners. The PPIN shares the CPA's longstanding goal of making evidence-based psychological intervention accessible to Canadians

- International collaboration with other associations of psychology interested in the development of policy on the vital role of psychological factors in climate change
- Collaborations with other Canadian organizations, like the College of Family Physicians of Canada and the Canadian Foundation of Healthcare Improvement, to promote health care innovation
- Investing in the career development of our discipline by compiling resources for posting on the CPA's website, featuring careers for psychology graduates outside of academia as part of this year's psychology month campaign, and by increasing the number of student research grants we offered in 2019
- Developing alternate plans for an inaugural career fair for 2020, following the cancellation of the career fair to have been held as part of the CPA's National Convention
- Continuing to develop our continuing professional development offerings and partnerships through a new webinar delivery platform acquired in 2020
- Consultative and collaborative review and revision of our Accreditation Standards and Procedures with an anticipated release for public comment in 2020
- Developing numerous resources and offering guidance to psychologists, Canadians and decision-makers on coping with COVID-19 and its impact on our lives, not the least of which is a swift move from an in person convention in May to a virtual offering over the summer for meeting and knowledge exchange.

The CPA's accomplishments are your accomplishments. For that we extend our thanks. What psychology researchers, practitioners and educators accomplish, matters. There is no greater example than the events of 2020 to clearly demonstrate how the study of how people think, feel and behave has tremendous import to human resilience.

On behalf of the CPA, we thank you for your work, your continued engagement, and for the opportunity to help you continue to help make a difference in the lives of Canadians.

**Note: For full details on 2019-2020 activities, please see the 2019-2020 Annual Report.*

It was **MOVED and CARRIED** (Buell/Young) that the report of the Chief Executive Officer be received.

4.2 Finance

4.2.1 Audited Financial Statements for the Year Ending December 31, 2019

The Chief Financial Officer, Mr. Bolger presented and received questions on the 2019 audited financial statements as examined by Welch LLP.

It was **MOVED and CARRIED** (Gauthier/Craig) that the 2019 Audited Financial Statements be received.

4.2 Appointment of Auditors

It was **MOVED and CARRIED** (Veitch/McDonald) that Welch LLP be appointed auditors of the Canadian Psychological Association for 2020.

5.0 Committee Reports

5.1 Governance

5.1.1 Nominating Sub-Committee

The Chair of the Nominating Sub-Committee presented his report and indicated that a call for nominations for the positions of Science Director, Practice Director, Education Director and two members at large was sent to the membership in late April. He noted that multiple nominations were received for the positions of Education Director and Members at large, and only one candidate for the positions of Science Director and Practice Director.

Motion Acclaimed Board Seats:

WHEREAS the Corporation proceeded with a call for nominations in the spring of 2020 in accordance with section 5.06 of the By-laws;

AND WHEREAS the Corporation received only one nomination for the following positions of Education Director;

BE IT RESOLVED THAT

Kerri Ritchie be acclaimed as Practice Director.

It was **MOVED and CARRIED** (Bellows/Cole) that:

Kerri Ritchie be acclaimed as Practice Director.

It was **MOVED and CARRIED** (Saint-Aubin/Bellows) that the report from the Chair of the Nominating Sub-Committee be received.

5.1.2 Elections Sub-Committee

The vote closed on May 29th at 11:00am EDT. Dr. Karen Cohen, CEO and Chair of the Elections Sub-Committee announced the 2020 Election results for positions of:

Practice Director – Dr. Shelley Goodwin

Director At Large – Dr. Elizabeth Church

5.2 Membership

The President noted that the membership report is available in the Annual Report circulated at the meeting and is also available on the CPA website.

5.2.1 Recognition of deceased members since June 2019

The President called for a moment of silence in recognition of those members who had

passed away in the last year:

Dr. Stephanie Dudek - CPA Honorary Life Fellow
Dr. Lucia Fernandez De Sierra - CPA Member
Dr. Keith McFarlane - CPA Member
Dr. Ronald Melzack - CPA Member
Dr. Paul Russell - CPA Member
Dr. Joseph Snyder - CPA Honorary Life Member
Dr. Donald Stuss - CPA Honorary Life Fellow
Dr. Michael Teschuk - CPA Member
Dr. Stephen Wormith - CPA Fellow
Dr. Marta Young - CPA Member

5.3 Other Committees

The President informed members that a summary of reports from committees can be found in the annual report. He then took a minute to acknowledge the Board of Directors and Partner organizations.

Board of Directors:

President: Dr. Ian Nicholson
President-Elect: Dr. Kimberly Corace
Past-President: Dr. Samuel Mikail
Honorary-President: Dr. Suzanne Stewart
Practice Director: Dr. Kimberly Corace
Science Director: Dr. Jean Saint-Aubin
Education Director: Dr Peter Graf
Director-at-Large: Ms. Carmen Bellows
Director-at-Large: Dr. David Danto
Director-at-Large: Dr. Ada Sinacore
Student Section Representative: Ms. Chelsea Moran
Chair of Council of Sections: Dr. Laurie Ford

Partner Organizations:

Representative from the Canadian Council of Departments of Psychology (CCDP):
Dr. Sandra Byers
Representative from the Canadian Council of Professional Psychology Programs (CCPPP):
Dr. Kerri Ritchie
Representative from Council of Professional Associations of Psychologists (CPAP):
Dr. Judi Malone
Representative from the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS): Dr. Jo-Anne Lefevre

The President then thanked and introduced the Chairs of the Committees and Task Forces for 2019-2020:

Board Committees:

Governance: Dr. Ian Nicolson

Administration, Finance & Audit: Dr. Ian Nicholson
Fellows and Awards: Dr. Samuel Mikail
Education and Training: Dr. Peter Graf
Scientific Affairs: Dr. Jean Saint-Aubin
Professional Affairs: Dr. Kim Corace
International Relations: Dr. Janel Gauthier
Past-Presidents: Dr. Ian Nicholson
Council of Sections: Dr. Laurie Ford

Management Committees:

Convention: Dr. Lisa Votta-Bleeker
Membership: Ms. Leanna Verrucci
Publications: Dr. Lisa Votta-Bleeker

Arms Length Committees:

Ethics: Dr. Carole Sinclair
Knowledge Sharing Group/Standing Committee on Reconciliation with Indigenous Peoples: Dr. David Danto
Accreditation Panel: Dr. Deborah Dobson

Task Forces:

End of Life Guidelines: Dr. Kerri Ritchie
Equity, Diversity & Inclusion: Ms. Carmen Bellow & Dr. Kerri Ritchie
Opioid: Dr. Kim Corace
Title: Dr. Blake Jelley & Dr. Kerri Ritchie

6.4 Journals

The President thanked and introduced the current editors:

Canadian Psychology: Dr. Vina Goghari
Canadian Journal of Behavioural Science: Dr. Allison J. Ouimet
Canadian Journal of Experimental Psychology: Dr. Randall Jamieson

6.5 Sections

The President thanked the 2019-2020 Section Chairs:

Addiction Psychology:	Dr. Matthew Keough
Adult Development and Aging:	Dr. Marnin Heisel
Brain & Cognitive Sciences:	Dr. Adam Sandford
Clinical Neuropsychology:	Dr. Vinay Bharadia
Clinical Psychology:	Dr. Kristin Reynolds
Community Psychology:	Dr. Julie Beaulac
Counselling Psychology:	Dr. Marvin McDonald
Criminal Justice Psychology:	Dr. Sandy Jung
Developmental Psychology:	Dr. Nicole Sugden
Educational and School Psychology:	Dr. Laurie Ford

Environmental Psychology:	Dr. Lindsay McCunn
Extremism and Terrorism:	Dr. David Nussbaum
Family Psychology:	Dr. Jennifer Theule
Health Psychology:	Dr. Justin Preseau
History and Philosophy of Psychology:	Dr. Jim Cresswell
Indigenous Peoples' Psychology:	Dr. Jeffrey Ansloos
Industrial and Organizational Psychology:	Dr. Nicolas Roulin
International and Cross-Cultural Psychology:	Dr. Maya Yampolsky
Psychologists and Retirement:	Dr. Joseph Snyder
Psychologists in Hospitals and Health Centres:	Dr. Simone Kortsee
Psychology in the Military:	Dr. Damian O'Keefe
Psychopharmacology:	Dr. David Nussbaum
Quantitative Electrophysiology	Dr. Elizabeth Hartney
Quantitative Methods:	Dr. Andrea Howard
Rural and Northern Psychology:	Dr. Amanda Lints-Martindale
Sexual Orientation and Gender Identity Issues:	Dr. Karen Blair
Social and Personality Psychology:	Dr. Frederick Grouzet
Sport and Exercise Psychology:	Mr. Pier-Éric Chamberland
Students in Psychology:	Ms. Alexandra Richard
Teaching of Psychology:	Dr. Elizabeth Bowering
Traumatic Stress:	Dr. Eva Monson & Dr. Katy Kamkar
Women and Psychology:	Dr. Janelle Kwee

6.0 Annual Meetings 2021 and 2022

The President reported that the next Annual General Meetings will be held in June 2021 in Ottawa, ON and in June 2022 in Calgary, AB.

7.0 Other Business

7.1 Certificates of Appreciation

The President presented certificates to outgoing members:

- Dr. Sam Mikail, Board of Directors 2017– 2020 and President 2018-2019
- Ms. Carmen Bellows, Board of Directors June 2017-June 2020
- Ms. Chelsea Morin, Board of Directors June 2017-June 2020
- Dr. Jo-Anne Lefevre, Partner Representative June 2017-June 2020
- Dr. Karri Ritchie, Partner Representative June 2017- June 2020

The outgoing President, Dr. Ian Nicholson, introduced the incoming President and virtually passed the gavel onto the new President, Dr. Kimberly Corace.

Dr. Corace expressed appreciation to Dr. Nicholson for his work during his term as President of CPA.

Dr. Corace said a few words and then requested a motion to adjourn the meeting.

8.0 Adjournment

It was **MOVED and CARRIED** (Ford/Cole) that the 2020 Annual General Meeting of the Canadian Psychological Association be adjourned.

DRAFT