

ANNUAL REPORT 2024 – 2025



CANADIAN
PSYCHOLOGICAL
ASSOCIATION

SOCIÉTÉ
CANADIENNE
DE PSYCHOLOGIE

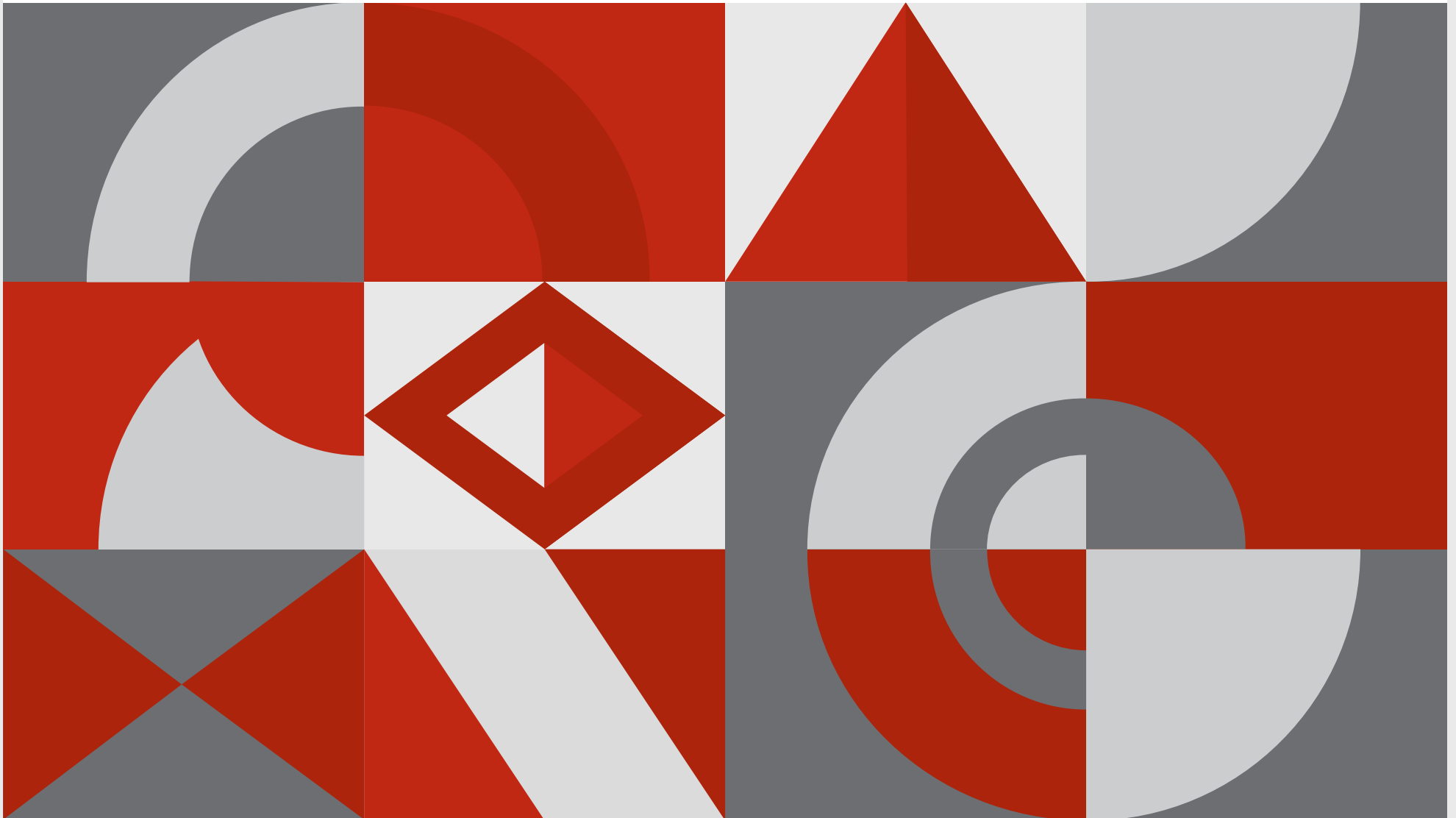


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MESSAGE FROM OUR PRESIDENT AND OUR CHIEF EXECUTIVE OFFICER

Engaged – this is a word that stands out in our minds about our CPA community, particularly this year. The CPA, as a member-based organization, derives strength from engagement. Our community is made up of individuals from every stage of professional development, from students to those who have been part of the profession and discipline for many years. We have participation from across the many fields of psychology. There are so many ways in which individuals contribute such as serving on the Board, participating in sections, working on the Accreditation Panel, taking editorial positions, joining committees, or sitting on working groups. Everyone is giving of their time and expertise to bolster the CPA's endeavors amidst a host of professional, educational, family, and other life responsibilities. And our community is not complete without our incredibly talented and dedicated head office staff who are central to everything the CPA does. We are stronger together.

We see evidence of engagement, with integrity, excellence, and generosity, in so many ways within our CPA community. Our Board, representing our membership, engages in considered, informed discussion and decision making with respect to the policies and direction of the Association. The contributions of our sections are inspiring, including workshops, webinars, and convention programming. When a call for articles for *Psynopsis* goes out, no matter the topic, we can always have confidence that we will receive many high-quality submissions. Our convention's scientific program is rich and varied and represents some of the best of psychology in Canada. Educators within the CPA's accredited programs adapt to meet new accreditation standards with integrity and creativity. When there is a need to populate a working group, to advocate directly to government, or to speak to the public from a psychological perspective on important topics, we know that that we can always find those with expertise and generosity of spirit within our greater CPA community.

Given this level of engagement, it is no surprise that that when we sought feedback in the development of our newest strategic plan for 2025-2030, our CPA community stepped up. Feedback was thoughtful and important. Our next strategic plan, and the work of the CPA in the coming years, will be stronger because of it.

We are proud to present the CPA's 2024-2025 Annual Report. This gives us a chance to reflect on the many successes of the past year as Canada's largest national association for psychology. We have organized the report by highlighting the following areas as guided by our strategic plan:

- Support, promotion, and advocacy for psychological science
- Advocacy for access, resources, and funding for psychological services
- Support for growth and enhancing the impact of the discipline and profession
- Education, training, and career development needs of students, educators, scientists, and/or practitioners
- Promotion and modelling of equity, diversity, inclusion, and accessibility
- Accountability to Indigenous People through the recommendations of the CPA's response to the Truth and Reconciliation Commission (TRC) of Canada's report

It also includes:

- An overview of the many coalitions, collaboratives, alliances, and external groups with which we are involved
- Key highlights of the 2024 audit report
- This year's remarkable award winners
- An overview of activity undertaken by our sections
- A listing of our numerous committees and working groups

With reference to our current strategic plan (2020-2025), our vision has been a society where the understanding of diverse human needs, behaviours, and aspirations drives legislation, policies, and programs for individuals, organizations, and communities. Our mission has been to advance research, knowledge, and the application of psychology in the service of society through advocacy, support, and collaboration. Over the last year, psychological science, education, and practice has faced many challenges – many ongoing, and some emerging.

In the face of those challenges, the CPA has served, responded, and advocated, and we will continue to do so. One could argue that the importance of science, and psychological science in particular, has never been more important than in recent times. The value of science itself is often questioned, misinformation can be valued over facts and data, and wide-reaching decisions can be made that ignore evidence-based knowledge. The needs of Canadians and the global community are vast. These necessities include mental health, safety, dignity, respect, and inclusive communities in which everyone matters and the social determinants of health are recognized. Access to psychological care, and support of psychological research and education, must also be areas of constant focus. Guided by our Code of Ethics and the principles of evidence-based decision-making, the discipline and profession of psychology has a critical role to play in addressing these needs. Psychology knows a thing or two about collaboration, information-gathering, and speaking truth even when (especially when) it may be difficult.

The CPA's next strategic plan will envision a society that values and applies psychological science for the benefit of persons, communities, organizations, and peoples. It will serve the public and its membership by advancing psychological science, practice, and education through research, advocacy, and collaboration. It will be a voice, supporter, advocate, and promoter of psychology as a profession and discipline in which all are welcomed, included, and represented, and that continues to be accountable to reconciliation with Indigenous Peoples.

As we work to meet the challenges of today and tomorrow, giving a voice to psychology and its role in a prosperous and healthy Canada,

representing and meeting the needs of our membership remains central to all our activities. We thank the more than 7,000 individuals who choose to join the CPA on an annual basis. As you read through the Annual Report, we hope you will continue to recognize the value of your membership in the CPA.

As always, over this past year, the CPA's staff showed commitment, dedication and, as we hope is abundantly evident in our Annual Report, great productivity. The staff came together to move the CPA's corporate head office to a smaller location that is more cost-effective in a hybrid work environment. They worked closely with Board Directors on committees either as co-chairs or as staff support, engaged the membership, promoted members' work, highlighted the value of psychology through public discourse, and strived to provide high-value products and services. Through their work, the CPA was very active in advocating for and representing the views of psychology across a wide range of issues. Please join us in thanking the talented CPA head office staff for all their work on your behalf this year.

Thank you to everyone who is a part of our CPA community for your continued support and engagement. We do not take it for granted. We are stronger because of it and we will continue to learn, adapt, and improve together. As you read through our Annual Report, we hope that each one of you appreciates that “you” are part of the greater “we” that has made all this possible.



ANITA GUPTA, PH.D., R.PSYCH, C.PSYCH.
PRESIDENT, 2024-2025



LISA VOTTA-BLEEKER, PH.D.
CHIEF EXECUTIVE OFFICER

OUR BOARD OF DIRECTORS

PRESIDENTIAL OFFICERS



PRESIDENT
DR. ANITA GUPTA
Halifax, NS



INCOMING PRESIDENT
DR. STEVEN SMITH
Halifax, NS



IMMEDIATE PAST- PRESIDENT
DR. ELEANOR GITTENS
Orillia, ON



HONORARY PRESIDENT
DR. GORDON FLETT
Toronto, ON

DIRECTORS



DIRECTOR REPRESENTING SCIENCE
DR. ADAM SANDFORD
Toronto, ON



DIRECTOR REPRESENTING PRACTICE¹
DR. JANINE HUBBARD
St. John's, NL



DIRECTOR REPRESENTING EDUCATION
DR. MEGHAN NORRIS
Kingston, ON



DIRECTOR-AT-LARGE
DR. CLAIRE SIRA
Victoria, BC



DIRECTOR-AT-LARGE
DR. STEVEN SMITH
Halifax, NS



DIRECTOR-AT-LARGE²
(VACANT)



DIRECTOR REPRESENTING THE COUNCIL OF SECTIONS
DR. AMIR SEPEHRY
Vancouver, BC



STUDENT REPRESENTATIVE
MS. ANISA NASSERI
Vancouver, BC

PARTNER REPRESENTATIVES



CANADIAN COUNCIL OF PROFESSIONAL PSYCHOLOGY PROGRAMS (CCPPP)
DR. SARA HAGSTROM
Thunder Bay, ON



CANADIAN SOCIETY FOR BRAIN, BEHAVIOUR AND COGNITIVE SCIENCE (CSBBCS)
DR. NATALIE PHILLIPS
Montréal, QC



COUNCIL OF CANADIAN DEPARTMENTS OF PSYCHOLOGY (CCDP)
DR. SANDRA BYERS
Fredericton, NB



COUNCIL OF PROFESSIONAL ASSOCIATIONS OF PSYCHOLOGISTS (CPAP)
DR. JO ANN UNGER
Winnipeg, MB

¹ Dr. Mitch Colp (Airdrie, AB) served in this role until March 2025

² Dr. Kimberly Watson (Toronto, ON) served in this role from June 2024 – March 17, 2025

OUR STAFF

DR. LISA VOTTA-BLEEKER
CHIEF EXECUTIVE OFFICER

DR. LAUREN THOMPSON
DIRECTOR, SCIENTIFIC AFFAIRS

DR. STEWART MADON
DIRECTOR, PROFESSIONAL AFFAIRS
& REGISTRAR, ACCREDITATION

DR. DEVIN FOWLIE
DIRECTOR, EDUCATION &
PROFESSIONAL DEVELOPMENT

GLENN BRIMACOMBE
DIRECTOR, POLICY & PUBLIC AFFAIRS

NANCY ALLEN
DIRECTOR, FINANCE

LEANNA VERRUCCI
DIRECTOR, MARKETING, MEMBERSHIP
& COMMUNICATIONS

JULIE AUGER
DIRECTOR, EVENTS

CARA BERNARD
MANAGER, GOVERNANCE
& ADMINISTRATION

KATHY LACHAPELLE-PÉTRIN
MANAGER, CONVENTION PROGRAM

KATHRYN MCLAREN
PARTNER, SECTION,
& MEMBERSHIP LEAD

ERIC BOLLMAN
COMMUNICATIONS SPECIALIST

VIJAYA RAMESH
COORDINATOR, FINANCE

ZAINEB BOUHLAL
MEMBERSHIP DATABASE &
SERVICE ADMINISTRATOR

HEBA KHALIL
COORDINATOR, ACCREDITATION

CHRISTINE MCPHERSON
ASSISTANT, ACCREDITATION
& OPERATIONS

KIMBERLEY BLACK
EXECUTIVE ASSISTANT

ANTHONY AUBREY
MULTI-MEDIA GRAPHIC DESIGNER

SHERENE CHEN-SEE POTTRUFF
MANAGING EDITOR, PSYNOPSIS

AS OF APRIL 1, 2025

WHO WE ARE

ABOUT US

The Canadian Psychological Association (CPA) was founded in 1939 as the national association for the science, education, and practice of psychology in Canada. We were incorporated under the Canada Corporations Act, Part II, in May 1950 and received our Certificate of Continuance under the Canada Not-for-Profit Corporations Act (NFP Act) in August 2013. With more than 7,000 members, affiliates, and associates, we are Canada's largest national association for psychology.

VISION

A society where the understanding of diverse human needs, behaviours, and aspirations drives legislation, policies, and programs for individuals, organizations, and communities.

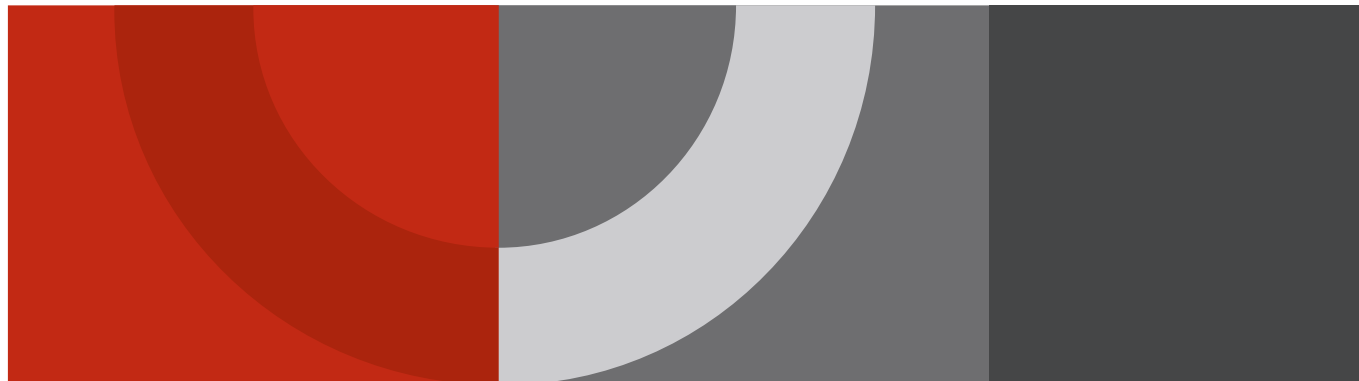
MISSION

Advancing research, knowledge, and the application of psychology in the service of society through advocacy, support, and collaboration.

OUR 2020-2025 STRATEGIC GOALS

As an association, we are guided by the vision that the science, practice, and education of psychology has broad and deep relevance to public policy and the public good. We aim to realize this vision by being an association that:

1. Supports and promotes psychological science to advance knowledge and to address the concerns of people and the society in which we live and work.
2. Meets the needs, supports the growth, and enhances the impact of the discipline and profession.
3. Advocates for access, resources, and funding for psychological services and research, in parity with physical health, for the people of Canada.
4. Addresses the education, training, and career development needs of students, educators, scientists, and/or practitioners of psychology across their lifespan.
5. Promotes and models equity, diversity, and inclusion in all we do.
6. Is accountable to Indigenous people through the recommendations of the CPA's response to the Truth and Reconciliation Commission (TRC) of Canada's report.



CPA GUIDING PRINCIPLES

- Evidence-based practice, policy, and decision-making.
- Respect our organizational mission in all things – support and promote the development of the discipline and profession and its contributions to the people and society in which we live and work.
- Deliver value to members and affiliates.
- Respect, integrity, diversity, and inclusion guide all our activity.
- Model the principles of the CPA Canadian Code of Ethics in all we do.
- Collaborate meaningfully and constructively with the CPA's and psychology's partners and stakeholders.

CPA OPERATING PRINCIPLES

- A commitment to best practice in the governance and management of the association.
- Organizational effectiveness. Our strategic goals reflect, and respond to, the needs and views of our membership and stakeholders. We align operations to strategic goals. We balance the need for continuity of policy and programming with the need to respond to changes in the organization's climate and context. We walk the talk of respect and collaboration among Board, management, staff, members, affiliates, partners, and stakeholders.
- Provide psychology across Canada a professional home. We can do this by being a convenor and by supporting networks and communication among scientists, practitioners, and educators in psychology.
- Have an opinion, lend a voice, make change for the good. We engage members and their expertise in making contributions to public policy.
- See, hear, and consider a diversity of perspectives from members, affiliates, partners, and stakeholders when addressing issues, problems, policies, and initiatives facing psychology or the organization.

OUR 2024 CPA MEMBERSHIP BY THE NUMBERS

CPA MEMBERSHIP TYPE BREAKDOWN

Member	4,446
Fellow	103
Early Career Year 1 Member	239
Early Career Year 2 Member	220
Parental Leave Member	27
Honorary Life Fellow	42
Honorary Life Member	93
International Affiliate	30
International Student Affiliate	9
Retired Fellow	14
Retired Member	85
Special Affiliate	92
Student Affiliate	1,480
Student Affiliate – Campus/Student Rep	11
CPA/APA Joint Fellow	1
CPA/APA Joint Member	16
Section Associate	72
Bachelor Gap Year Affiliate	58
CPA Complimentary Membership	21
Total	7,059

AGE BREAKDOWN

18–29 years	15%
30–49 years	44%
50–69 years	31%
70+ years	10%

OUR MEMBER BENEFIT PARTNERS

AVIS

belairdirect.
car and home insurance

bms.

BROADWAY  ACROSS CANADA

 **Budget**

CANADIANA
FLOWERS

GoodLife
FITNESS

 **rendezvous**

 **GOWLING WLG**

IRISA ADVANTAGE



JOHNSON
INSURANCE
HOME • CAR • TRAVEL

Lenovo

 **PARK'N FLY**

 **ROGERS** Authorized Dealer | **Nomad.**
TELECOM

staples


TELUS

 **trip**
MERCHANT


VIA Rail Canada

WILEY

WORKING ON YOUR BEHALF

3

PILLARS



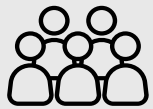
SCIENCE



PRACTICE



EDUCATION



7,059

MEMBERS
& AFFILIATES



27

RESEARCH &
CAREER GRANTS



92

ACCREDITED
PROGRAMS



277

ONLINE CPD
COURSES



13

ALLIANCES/
COALITIONS



21

MEMBER BENEFIT
PARTNERS



95

FACT SHEETS &
CAREER RESOURCES



4

ACTIVE WORKING
GROUPS



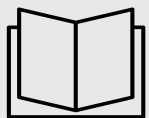
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GOVERNMENT
SUBMISSIONS



58,879

SOCIAL MEDIA
FOLLOWERS



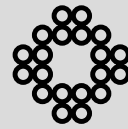
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JOURNALS



21

CURRENT STAFF



35

SECTIONS



13

AWARDS



50

MEDIA MENTIONS

WHAT FOLLOWS IS AN OVERVIEW OF 2024–2025 CPA ACTIVITY, ORGANIZED AROUND OUR STRATEGIC PLAN, AND FOCUSED ON NEW ACHIEVEMENTS AND ACTIVITY BETWEEN JULY 2024 AND APRIL 2025.

SUPPORT, PROMOTION, AND ADVOCACY FOR PSYCHOLOGICAL SCIENCE

RESEARCH ADVOCACY, FUNDING, AND REPRESENTATION

Through its Scientific Affairs Director, Dr. Thompson, the CPA maintains regular communication with Canada's Tri-Councils [Social Sciences and Humanities Research Council (SSHRC), Canadian Institutes of Health Research (CIHR), Natural Sciences and Engineering Research Council of Canada (NSERC)] and other funders [e.g., Canada Foundation for Innovation (CFI), Mitacs] regarding funding issues impacting Canada's psychology researchers and students. Via its contribution to the pre-budget consultation process and meetings with representatives of the Tri-Councils, the CPA has continued to advocate for:

- increased funding to the base budgets of each of CIHR, NSERC, and SSHRC for fundamental basic and applied research
- increased funding for graduate students and early career researchers
- increased funding for facilities and administrative research costs

- increased funding for psychological research
- funding for mental health research that is proportional to the burden of mental illness
- the need to recognize the critical role and use of psychological science in policy- and decision-making

In addition to the above advocacy, this past year the CPA also provided input in the federal government's announcement to create a Capstone Research Funding Organization (CRFO) to better coordinate and align the work of the Tri-Councils. With the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS), the CPA is in the process of writing a joint letter to the Secretariat on Responsible Conduct of Research addressing the issues associated with the two-stage consent requirement added to the Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans (TCPS 2).

The CPA continued its Annual Student Research Funding Program. Fifteen (15) grants valued at \$1,500.00 each were awarded by the CPA. In addition, the CPA adminis-

tered two CPA-CSBBCS joint grants valued at \$1,500.00 each and five CPA Student Section grants valued at \$500.00 each.

With funding from BMS Canada, the CPA and the Council of Professional Association of Psychology (CPAP) jointly sponsored three student research grants and two leadership grants³ (total value \$8,500.00).

We continued to provide annual funding for psychology-related conferences, that specifically target engagement and participation of undergraduate psychology students, with four annual awards valued at \$500.00 each.

The CPA was represented on numerous research-focused alliances/committees including the Canadian Consortium for Research (CCR), for which Dr. Thompson serves as Vice-Chair. In this role, she assisted in organizing the CCR's annual in-person breakfast with the funders, which was attended by representatives from SSHRC, NSERC, CIHR, CFI.

³ At the time of writing of this report, the recipients of the CPA-CPAP leadership grants had not yet been confirmed.

Dr. Thompson also sat on an advisory committee for a meta-analysis conducted by Strong Minds Strong Kids in collaboration with York University and Dr. Rebecca Pillai Riddell. The meta-analysis focused on the effectiveness of child and youth mental health interventions. The role of the advisory committee was to provide feedback on the focus of the study and on the meta-analytic approach.

We continued to provide letters of support to members in support of tri-council funding and joined grant applications as a knowledge user/collaborator/mobilizer/partner.

Dr. Thompson also supported the work of our Communications Specialist in creating this year's 2024 Psychology Month campaign, which focused on Women in Science.

We continued to support the CPA's Recruit Research Participants Portal (R2P2), a service that allows our members and affiliates who are seeking research participants to post notices of their studies on our website. The notices are shared in our monthly newsletter, on the CPA's website, and via the CPA's social media outlets.

INTERNATIONAL PSYCHOLOGICAL SCIENCE

Dr. Thompson serves as the National Research Council's (NRC) point person at the CPA's Head Office regarding the International Union of Psychological Science (IUPsyS), communicating and collaborating with the CPA membership and both Dr. Jennifer Veitch (Chair, CPA's International Relations Committee) and Dr. Saba Safdar (Chair, Canadian National Panel for IUPsyS).

Members of the International Relations Committee served as Guest Editors for a Special Issue of *Canadian Psychology* titled "Contributions of Psychological Science to Understanding and Addressing Global Challenges".

The CPA was also represented, via Dr. Votta-Bleeker, on the Global Psychology Alliance (GPA), an alliance of psychology associations around the world dedicated to applying psychological science to public policy. As a member of the GPA, the CPA:

- reaffirmed our commitment to collaboratively use psychological science and practice to address shared global challenges.
- contributed information to the GPA's work to develop a toolkit to help GPA associations adopt and advocate for the use of psychology within a population health framework.

- participated in discussions re: a statement on the science of psychology and democracy.
- with CPA President Dr. Anita Gupta as its representative, attended the 3rd International Summit on Psychology and Global Health held in Jamaica where topics addressed included AI, mental health, leadership, climate change, and marginalization.

PUBLICATIONS AND FACT SHEETS

Many thanks to the Editors and Associate Editors of our journals for their ongoing commitment, diligence, and excellence.

- *Canadian Psychology (CP)*: Editor – Dr. Donald Saklofske. Associate Editors – Dr. Donald Sharpe, Dr. Natacha Godbout, Dr. Gordon Flett
- *Canadian Journal of Behavioural Science (CJBS)*: Editor – Dr. Annie Roy-Charland. Associate Editors – Dr. Pierre Cormier, Dr. Marie-Hélène Véronneau
- *Canadian Journal of Experimental Psychology (CJEP)*: Editor – Dr. Debra Titone. Associate Editors – Dr. Myra Fernandes, Dr. Marc Joanisse, Dr. Ben Dyson

Dr. Annie Roy-Charland, Editor of CJBS, was granted an extension to her term as Editor by the CPA's Scientific Affairs Committee. Her term as Editor, which was set to end December 31, 2025, will now end December 31, 2028.

In support of our three journals, the CPA agreed to auto-renew its current publishing agreement with the APA. The agreement will now end in December 2028.

We posted three new Psychology Works fact sheets since last June: 1) Vascular Cognitive Impairment; 2) Narcissism; and 3) Family Building for Gender Diverse Individuals. Many thanks to the authors of our fact sheets for sharing their expertise, as well as to our Sections, the Scientific Affairs Committee, and our Fact Sheet Editorial Board for their assistance in developing these resources.

We released three new issues of *Psynopsis* since last June:

- Women in Leadership – Edited by Dr. Melissa Tiessen and Dr. Karen Dyck (Vol. 46.3, 2024)
- Education and Training – Edited by Dr. Kerri Ritchie and Dr. Eleanor Gittens (Vol. 46.4, 2024)
- First Responders and Other Public Safety Personnel: Psychological impacts of Service – Edited by Dr. R. Nicholas Carleton and Dr. Kelly Dean Schwartz (Vol. 47.1, 2025)

In response to the January 2024 announcement from the Ontario Ministry of Education outlining a new back-to-basics kindergarten curriculum, we are working with Dr. Marvin Simner to update his research-based booklets (originally published by the CPA between 1995 to 2003) outlining the best ways teachers

can help children who are failing to meet kindergarten expectations. The update to his booklet *Promoting Reading Success: Phonological Awareness Activities for the Kindergarten Child* has been completed and is currently in print and being translated into French. Updates to his booklet *Promoting Skilled Handwriting: The Kindergarten Path to Meaningful Written Communication*, have begun.



ADVOCACY FOR ACCESS, RESOURCES, AND FUNDING FOR PSYCHOLOGICAL SERVICES

The CPA's fact sheets, policy and position statements, guidelines, and issues of *Psynopsis* continue to be shared with relevant partners, funders, government, and other decision-makers to advance awareness, discussion, and evidence-informed public policy. Since last June, the CPA's Board has approved the release of new guidelines specific to tele-assessment (*Psychological Tele-Assessment: Guidelines for Canadian Psychologists*) and approved the creation of several working groups.

LIAISONS WITH THE FEDERAL GOVERNMENT

As part of the federal government's 2025 pre-budget consultation process, the CPA submitted its brief, which included four recommendations to the House of Commons Standing Committee on Finance: mental health parity, a tax credit of up to 25% for employers to expand employee coverage for psychological services, the need for better mental health indicators and public and private sector data collection, and increased investments in psychological/mental health research.

The CPA, along with other national health organizations, continued to call on the fed-

eral government to create a companion piece of legislation to the *Canada Health Act* that recognizes the need to expand and improve publicly funded access to mental health and psychological services that are in parity with physical health care. This also includes dedicated funding to be transferred to the provinces and territories, and clear objectives and accountability measures. These "asks" were part of the 2025 pre-budget submission by the CPA and were strategically aligned with the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) and the Organizations for Health Action (HEAL).

In anticipation of a federal election, and in addition to the ongoing meetings with Parliamentarians and senior government and party officials, the CPA released *The Federal Government & Mental Health Policy... Preparing for the Next Federal Election – A Policy Primer*. The Primer identified the four key areas as per our pre-budget submission where the federal government could provide needed leadership.

The CPA responded to the recent *Canada Health Act* letter of interpretation issued by the Federal Minister of Health, indicating its concerns that the expertise of psychology was not recognized in providing "medically

necessary" or "physician equivalent" services, and then subsequently met with some CPAP members re: opportunities to advance conversations at the provincial and territorial level.

Dr. Votta-Bleeker and Dr. Madon participated in a roundtable with the Minister of Mental Health and Addictions to discuss the recently announced Youth Mental Health Fund, valued at \$500 million over 5 years. Further to the meeting, the CPA also provided the Minister with some additional reflections in writing.

Dr. Gupta and Dr. Madon appeared before the Senate Standing Committee on Official Languages as part of their research into the provision of mental health services to persons from minority language communities. A letter to Senator René Cormier followed with additional information.

Dr. Steve Joordens appeared before the Senate Standing Committee on Transport and Communications that reviewed Bill S-269, *An Act Respecting a National Framework on Advertising for Sports Betting*.

Dr. Madon and Mr. Brimacombe met with federal government officials from the Non-Insured Health Benefits Program (NIHB) and Interim Federal Health Program

(IFHP) to advocate for administrative and program efficiencies, as well as fair compensation for psychologists that is reflective of recommended provincial rates. In support of psychologists employed by the federal government, sent a letter to the President of the Treasury Board of Canada outlining the need for a significant increase in compensation and met with the Professional Institute of the Public Service of Canada (PIPSC) – which is the official bargaining agent for psychologists who are employed by the federal government – to determine how it can best support the current negotiation process.

The CPA's Director of Policy and Public Affairs, Mr. Brimacombe, joined a working group that is providing feedback on how the newly created agency Health Workforce Canada will collect and present its data as well as launch its news website. In a related initiative, Dr. Madon participated in a meeting organized by the Royal College of Physicians and Surgeons of Canada regarding the development of a National Plan for Health Workforce Well-Being, aimed at improving retention across healthcare professions.

Past CPA Presidents Dr. Eleanor Gittens (2023-2024) and Dr. Sam Mikail (2018-2019), continued to work with the CPA in advocating for the role of psychology in the implementation of MAiD where a mental disorder is the sole underlying condition.

LIAISONS WITH OTHER ASSOCIATIONS AND EXTERNAL GROUPS

The CPA, working with its strategic alliances, contributed to the pre-budget submissions for the CCR, CAMIMH, HEAL, and the Extended Health Professionals Coalition (EHPC).

Mr. Brimacombe worked closely with CAMIMH as part of Mental Illness Awareness Week (MIAW) with the organization of its Lobby Day on the Hill (with more than 45 Parliamentarians), a full day members' meeting, and the Champions of Mental Health Reception with Parliamentarians. The CPA's CEO, Director of Policy and Public Affairs, and Director of Professional Affairs participated in numerous meetings with MPs.

We continued to work with CAMIMH to release a report that reviewed the signed bi-lateral agreements between the federal and provincial and territorial governments, with a focus on the level of investments in the mental health and substance use health space, and the development of system performance indicators.

With leadership from the CPA, CAMIMH released its third annual *Mental Health and Substance Use Health Report Card* which found that both the federal and provincial governments received failing grades when it comes to providing Canadians with timely access to publicly funded mental health and substance use health care services. CAMIMH also released a report *Take the Money and*

Run? which analyzed how the provinces and territories will spend \$25 billion over the next ten years on mental health and substance use health services.

The CPA continued to speak publicly about the gap that exists between employers' current coverage of psychological services for employees and what employees want in coverage. While there remain significant gaps between current employer coverage levels and what is recommended by the CPA, select employers are beginning to improve coverage for psychological services and select insurers have improved their reimbursement processes for psychological services.

Dr. Madon participated in meetings with the Canadian Railway Worker's Association for an initial discussion on psychologists' role in conducting assessments for work fitness, while Dr. Votta-Bleeker participated in meetings with Public Safety's Canada Centre for Community Engagement and Prevention of Violence re: the prevention of violent extremism.

Mr. Brimacombe and Dr. Madon attended primary care and mental health human resource events hosted by the Canadian Medical Association (CMA) and the Team Primary Care collaborative. The CPA was a signatory on a letter to federal health ministers advocating for the integration of psychological services into primary care settings.

Dr. Votta-Bleeker and Dr. Madon attended an event co-hosted by Senator Sharon Burey and MP Matt Jeneroux to mark the release of the

Canadian Mental Health Association's report, *State of Mental Health in Canada 2024*. They subsequently met with Senator Burey and MP Jeneroux to further discuss psychology's role in addressing the mental health needs of Canadians.

The CPA's Committee on Ethics, represented by Dr. Janel Gauthier, participated in a panel discussion on psychological codes of ethics as part of the Association of State and Provincial Psychology Board's (ASPPB) mid-year meeting in Montreal. Dr. Votta-Bleeker and Dr. Madon continued their liaison relationship with the ASPPB, with Dr. Madon attending the ASPPB's annual meeting in the fall and its mid-year meeting in the spring, and Dr. Votta-Bleeker and Dr. Gupta participating in two meetings between the CPA, APA, and the ASPPB.

When requested, the CPA shared knowledge and provided strategic advice to the provincial psychological associations on several health system/policy issues. It also participated in a CPA-CPAP working group to develop a Leadership Development Institute and continued to serve as co-sponsor with CPAP in the CPA-CPAP Professional Liability Insurance Program. As co-sponsors of the program, Dr. Votta-Bleeker and the Chair of CPAP attended meetings with the program's underwriters in the United Kingdom, renewed the CPA-CPAP-BMS agreement, and met regularly with the Professional Liability Insurance Steering Committee (PLISC) to discuss and review all components of the program.

LIAISONS WITH CPA SECTIONS

We worked with several CPA Sections on various issues of public concern and policy, including:

- the Section on Environmental Psychology to collect data on members' feelings and behaviours with respect to climate advocacy in one's professional life in the discipline of psychology.
- the Criminal Justice Section to identify ways in which psychologists can be explicitly recognized as expert assessors of fitness to stand trial and not criminally responsible assessments in the Criminal Code of Canada.
- the Section on Psychologists in Hospitals and Health Centers regarding solutions and strategies to improve the recruitment and retention of psychologists.
- the Education and School Psychology Section to collect data about access to, and availability of, psychological services in publicly funded school boards across Canada.
- the Clinical Neuropsychology Section to provide support on their research study which aims to document the current state of the neuropsychology profession in Canada.

DEVELOPING MEMBERS' ADVOCACY SKILLS

To assist members in becoming a more effective advocate, the CPA continued to support its Very Involved Psychologist (VIP) and Very involved Psychologist Researcher (VIPR) network, and to promote its Advocacy/Government Relations Toolkit, including working with the media. The CPA's CEO, Dr. Votta-Bleeker, also continued to deliver advocacy workshops to psychology departments across Canada as requested.



SUPPORT FOR GROWTH AND ENHANCING THE IMPACT OF THE DISCIPLINE AND PROFESSION

MEMBERSHIP ENGAGEMENT

As part of our ongoing efforts to engage the CPA's membership, we:

- united more than 1,700 scientists, practitioners, educators, and students for three days of learning and networking at the CPA's 2024 Annual National Convention in Ottawa, ON.
- distributed 12 issues of our monthly digital newsletter, *Psygnature*, our inward-facing publication that includes information targeted to the CPA's members, affiliates, and associates containing member benefit information, advocacy initiatives, Board updates, educational opportunities, members in the media, and invitations to participate in surveys, studies, and other initiatives.
- created and posted 20 *Mind Full* episodes, our podcast series that brings a psychological lens to matters that are important to Canadians. Podcast topics included – gender inclusion in science, land acknowledgements, and child language brokering.
- produced 10 written pieces on topics ranging from disrupted eating patterns in Indigenous communities, gender disparities in science, and training astronauts for spaceflight.
- continued our monthly poll question in *Psygnature* to find out members' views on key initiatives and topics including – what advice they would give to early year psychologists, should the CPA maintain our presence on Twitter, and how closely they were watching the US election – to name just a few.
- gained 4,484 followers on our main social media platforms, other than Twitter – where we lost 7,370 followers due to our departure from the platform in February.⁴
- created several member surveys (e.g., school psychology survey) and provided survey development/analytic support to Sections and external alliances.
- continued to support the work of the CPA's numerous committees, working groups, and some sections, to address specific topics of relevance to the membership, the association, and the discipline.

MEMBER AND AFFILIATE PROMOTION

As part of our efforts to promote our members and affiliates, we:

- connected 44 CPA members and/or staff with media outlets to fulfill 60 interview requests, had 50 media mentions, and

shared 198 media stories involving our members through our various platforms and offerings.

- featured members and their work through our monthly newsletters, weekly news roundups, podcasts, webinars, media stories, website spotlights, and social media platforms – this included highlighting the work of nine students in written pieces and podcasts.

⁴ The CPA chose to leave Twitter/X as the platform had become detrimental to the media literacy and mental health of its users, and we did not want to continue contributing to this atmosphere.



PUBLIC EDUCATION AND DISCOURSE

We influenced public discourse through social media and videos.

- Our 2024 Psychology Month Campaign theme was Women in Science, where we highlighted non-male psychologists doing interesting work, as well as the ramifications of inclusion and the ongoing difficulties faced by women in research fields. Our more than 200 social media posts resulted in more than 1 million impressions and more than 1,300 uses of the #PsychologyMonth and #MoisDeLaPsychologie hashtags.
- Ran our World Mental Health Day video to inform the public of the mental health care crisis and the CPA's initiatives and advocacy efforts.
- Posted a video, on our website and social media channels, created by the College of Psychologists of New Brunswick that illustrates the role of psychologists and the influence of psychology in our everyday lives.
- Produced 10 written pieces and 20 podcasts on topics ranging from geropsychology to anxiety, gender and leadership, to knowledge mobilization.



EDUCATION, TRAINING, AND CAREER DEVELOPMENT NEEDS OF STUDENTS, EDUCATORS, SCIENTISTS, AND/OR PRACTITIONERS

CONTINUING PROFESSIONAL DEVELOPMENT OFFERINGS

In 2024, we expanded the breadth of our resources and course opportunities, developing new courses and facilitating live offerings that responded to our members' needs. We continued to grow our live and on-demand course offerings, adding content on ADHD, substance use, psychopharmacology, and more.

The CPA's on-demand course catalogue hosted via its VocalMeet platform has expanded to include 34 courses offering more than 113 Continuing Education Credits. Of these courses, nearly 10% have fully bilingual options, with parallel courses designed specifically as Francophone versions of existing English webinars by the same authors.

In addition to the three courses that have been added to our catalogue in the past year, four more courses have been developed and are scheduled for release by June of 2025. This adds to a strong year in which the CPA grew its continuing education offerings by more than 15%. This represents the largest single-year increase in continuing education

and professional development offerings since 2022.

The CPA's licensing agreement with the APA for access to its online catalogue of professional development courses has continued to expand, adding an additional 15 courses in 2024. The result is more than 235 courses now available to members through this agreement.

The CPA continues to maintain an Educational Partner agreement with ASADIS, a Québec-based continuing education provider. The agreement provides CPA members and affiliates a discount on ASADIS courses, providing access to an additional 165 CPA-approved courses including 100 courses in French.

The CPA renewed Continuing Education Sponsor status for 54 organizations in 2024. In addition, we continue to receive and approve new Continuing Education Sponsors and Providers in 2025. This has allowed us to maintain a robust network of organizations that are approved by the CPA to provide continuing education and professional development.

In addition, the CPA continued to make significant progress on its large-scale course collaborations, including:

- completion of "Substance Use Health: What Do Psychologists Need to Know?", a course developed in collaboration with the Royal Ottawa Mental Health Centre, Community Addictions Peer Support Association (CAPSA), and St. Joseph's Healthcare Hamilton.
- completion of the first two modules of a multi-module course on Pain Management and Psychology. Three subsequent modules are in various stages of development.

In the past year, the CPA collaborated with and supported the Counselling Psychology Section, Black Psychology Section, Educational and School Psychology Section, and Rural and Northern Psychology Section in delivering live content on topics of interest. In addition, the CPA collaborated with the Rural and Northern Psychology Section to produce a monthly series of live webinars as part of its "Grand Rounds and Watercooler Conversations" series. Several of these live webinars have since contributed to the CPA's growing Continuing Education offerings as on-demand courses.

CAREER DEVELOPMENT

To provide ongoing career development support, the CPA:

- hosted its fifth annual Virtual Career Fair, once again in collaboration with the CSBBBCS, featuring psychology graduates who had pursued careers outside of academia and health services delivery settings
- maintained its online Career Hub
- hosted the second annual in-person Job Fair, featuring more than 25 employers, as part of the CPA's 2024 Annual National Convention

ACCREDITATION

As of April 2025, the CPA accredits a total of 46 residency programs and 46 doctoral programs.

The Accreditation Office and Panel completed 18 program accreditation and re-accreditation reviews between their Spring and Fall 2024 meetings, accrediting one new residency program.

The Accreditation Office and Panel continued to work on the implementation of the 6th Revision of the CPA's Accreditation Standards, which were approved by the Board of Directors in February 2023. The Panel continued to provide presentations on the major changes to the Standards for members of the training community in 2024-2025, as well as a session at the 2024 CPA Annual Convention in Ottawa. Another session on adherence to

the equity, diversity and inclusion standards of 6th Revision of the CPA Accreditation Standards is planned for the 2025 Convention in St. John's. It is anticipated that all programs accredited by the CPA will be reporting on the most recent revision of the Standards by the 2025-2026 academic training year.

The CPA Panel and the Registrar, Dr. Madon, continued to work toward the implementation of an electronic accreditation portal to streamline the management of information required for the process of accreditation and reaccreditation. The portal is anticipated to be fully operational by the fall of 2025 and will provide programs with an electronic means of providing and updating program information, as well as assisting the Accreditation Office with the management of this information. The Panel and Accreditation Office have decided that the portal will be configured to include only the 6th Revision Standards, to ensure adoption of the new standards by the aforementioned 2025-2026 deadline.

The CPA Panel and the Registrar have continued to liaise with national and international training partners to address the ongoing issues related to psychology training. Dr. Madon continues to liaise with the APA, CCPPP, and other organizations on matters related to professional training in Canada and the U.S. The Registrar and Panel also continue to hold informal townhalls with members of the training community to discuss current issues in accreditation and training.

In 2024-2025, the Panel welcomed Drs. Elizabeth Church and Jacqueline Cohen as new members.



PROMOTION AND MODELLING OF EQUITY, DIVERSITY, INCLUSION, AND ACCESSIBILITY

As part of the CPA's operational and Board governance activity, an overview of the activities undertaken to promote and model equity, diversity, inclusion, and accessibility is below.

- Populated and convened the CPA's newly established Human Rights and Equity Committee. As part of its work, the Committee:
 - Launched a bursary for equity-deserving student affiliates
 - Launched a bursary for Black student affiliates
 - Continued work started by a working group to develop an Equity, Diversity, Inclusion, and Accessibility (EDIA) Framework for the CPA
- Approved CPA member, Dr. Kaori Wada, as the CPA's representative in the Global Network of Psychologists for Human Rights.
- Shared content during Black History Month from the Black Psychology Section of the CPA, the Government of Canada, the British Psychological Society, the American Psychological Association, and several Canadian mental health organizations. Our 54 posts, across five platforms, resulted in just over 470

engagements and a reach of close to 18,000 people.

- Continued to keep members abreast of topical human rights and equity news/issues, and psychologists' work in this area, through our weekly news roundup, our podcasts, and continuing professional development offerings. Podcasts included:
 - *Improving representation in science and in research: womenmind* with Dr. Liisa Galea
 - *Anxiety, gender, and leadership* with Dr. Winny Shen
 - *A PhD, a radio show, and now a children's book* with Sommer Knight (a children's book written specifically for Black children)
 - *People you should meet: Supporting newcomers and podcasting* with Dibora Mehari (the Eritrean diaspora)
 - *Asian psychology and podcasting* with Dr. Gina Ko
- Facilitated webinars for the Black Psychology Section: *Getting into Grad School: The Impact of ADHD on Sexuality*, and *How Progressive Branches of Canadian Psychology are Addressing Anti-Racism and the Backlash Against EDI*. The latter event was a collaboration

between the Black Psychology, Asian Psychology, Industrial/Organizational Psychology, Education & School Psychology, and Counselling Psychology Sections. The CPA's CEO delivered opening remarks and spoke to the CPA's work in the areas of Human Rights and Equity.

- Volunteered, via the CPA's CEO, to participate in a session being organized by the Black Psychology Section at the CPA's 2025 Annual Convention on the how the CPA is advancing human rights in psychology.
- Participated in an external event organized by Carleton University that addressed the impacts of racism on the mental health of Canadians.
- Participated in discussions with external subject matter experts to create additional online resources for the CPA on addressing racism.
- Continued to provide EDIA literacy training for the CPA's Board and staff.
- Continued discussions with the CPA's legal counsel re: potential ways in which the CPA could collect diversity-based demographic data.

- Met with various external organizations, within and outside of psychology, to discuss matters related to equity, diversity, and inclusion in the discipline and profession of psychology.
- During specific months such as Black History month, Pride Month, Gender Equality Month, Autism Awareness Month, Brain Health Awareness Month, we posted new content along with highlighting related posts/activity previously posted in the year.

FOCUSSING SPECIFICALLY ON OUR ANNUAL NATIONAL CONVENTION, CPA2024:

- included a thematic stream devoted to human rights and social justice that featured CPA Sections and submissions with direct subject matter relevance
- aimed to be inclusive of all delegates with various accessibility needs
- provided ASL interpretation for all the CPA's plenary sessions, as well as at the Annual General Meeting
- featured an address by our 2023–2024 Honorary President, the Honourable Jean Augustine, and a screening of the documentary *Steadfast*, based on her life
- featured an address by Dr. Eleanor Gittens, the CPA's first Black female President. Her presentation was entitled *A Year in the Life of CPA's First Black Female President: Advancing Equity, Diversity, Inclusion and Belonging*

- Provided travel grants for equity-deserving students
- Included programmatic content specific to the CPA's newest Section on Asian Psychology
- Included an inaugural Affinity Space to allow for informal connections and community-building amongst select under-represented and marginalized groups

The CPA also continued its efforts to engage and meet the needs of its Francophone members.

- Continued increase of our translation budget to translate CPA policy/position/guideline documents, reports, fact sheets, and website content
- The CPA's journals continued to publish articles in both English and French
- Submissions for the CPA's annual national convention continued to be accepted in both English and French, and French simultaneous interpretation was offered for all the CPA's plenary sessions, as well as at the Annual General Meeting
- Student grant/bursary applications continued to be offered and accepted in both English and French
- Psychology Month written profiles were published in both English and French, and Psychology Month podcasts were published in both languages as well.



ACCOUNTABILITY TO INDIGENOUS PEOPLE THROUGH THE RECOMMENDATIONS OF THE CPA'S RESPONSE TO THE TRUTH AND RECONCILIATION COMMISSION (TRC) OF CANADA'S REPORT

As part of our commitment to advancing knowledge and action, and being an ally and advocate in the healing, mental health, and wellness of Indigenous Peoples, we continued to act on the recommendations from the CPA's response to the Truth and Reconciliation Commission report to identify CPA-specific objectives and prioritize elements. An overview of this activity is noted below.

- Continued to support various initiatives to recognize September 30th as Truth and Reconciliation Day, which included providing 100 CPA Members, Board Directors, and Partner Representatives with free access to take the introductory level 201 Indigenous Awareness Certification course offered by Indigenous Awareness Canada.
- Maintained a 3-year agreement that provides discounted access to the full suite of Indigenous Awareness Canada courses to CPA members.
- Continued our Orange T-Shirt Day initiative in which the artwork of Indigenous artist Betty Albert, *Every Child Matters/ Chaque Enfant Compte* orange t-shirts were created and sold at the CPA's annual national convention. Profits from the sales were donated to an Indigenous national charity, We Matter.
- Published 3 new written pieces for Truth and Reconciliation Day, including an introduction to our 2024 charity recipient, We Matter, and profiles of two winners of the Indigenous Student Awards — Trinity Stephens and Maureen Plante.
- Continued our Indigenous Psychology Student Award Program, dispensing bursaries to undergraduate and graduate Indigenous student affiliates.
- Hosted a podcast with Kohkom Beverly Keeshig-Soonias on the importance of land acknowledgements.
- Maintained our commitment to ensuring that the CPA's annual national convention is a welcoming environment for those in our membership who identify as Indigenous. As part of our 2024 Convention, we:
 - welcomed local elders as knowledge sharers throughout the convention and provided a space for them to connect with convention delegates.
 - hosted a round-dance to mark the opening of the convention which fell on National Indigenous Peoples' Day.
 - provided fee waivers and travel grants for CPA Student Affiliates who identified as Indigenous and whose membership was in good standing.
 - included scientific programming specific to our Indigenous Peoples' Psychology thematic stream.
 - welcomed Elder Annie Smith St-Georges to provide greetings as part of the Opening Ceremony.
 - featured local Indigenous artisans as exhibitors.
 - featured a keynote plenary address by Dr. Leroy Littlebear, titled *Indigenous Ways of Knowing in Mental Health, Wellness, and Healing*.



COALITIONS, COLLABORATIVES, AND ALLIANCES

CANADIAN ALLIANCE OF MENTAL ILLNESS AND MENTAL HEALTH (CAMIMH)

Throughout 2024-2025 we continued to support CAMIMH's ongoing work. Our activities included bookkeeping and administrative support, Mr. Brimacombe's leadership of CAMIMH's Public Affairs Committee and continued advocacy plan focused on policies that support expanded publicly funded access to mental health and substance use health care services, the second annual release of a mental health/substance use health report card, and a continued focus on mental health and substance use health parity. As part of its ongoing lobbying activities, CAMIMH convened many meetings with Parliamentarians and federal officials on mental health.

CANADIAN CONSORTIUM FOR RESEARCH (CCR)

The CPA continued its membership in the CCR, with Dr. Lauren Thompson representing the CPA in the position of Vice-Chair. This past year, the CCR's efforts continued to focus on highlighting the contribution of psychological science to decision-makers and the need for continued investments in Canada's research ecosystem. The CCR held its annual meeting with the funders, in the form of an in-person breakfast meeting in early 2025.

CANADIAN LIFE AND HEALTH ASSOCIATION (CLHIA)

The CPA continued its collaboration with CLHIA discussing insurance for psychological services from both the employee and employer perspective.

COMMUNITY HEALTH LEADERS NETWORK (CHLNET)

A not-for-profit network of 40+ Canadian health organizations focused on better incorporating evidence and systems thinking into the practice of 21st century health leadership to improve health system performance and advance transformation. Dr. Votta-Bleeker is a member of this network.

COUNCIL OF PROFESSIONAL ASSOCIATIONS OF PSYCHOLOGISTS (CPAP)

The CPA, represented by Dr. Votta-Bleeker, is a member of CPAP. There is also a representative from CPAP who holds a partner representative seat on the CPA's Board. CPAP meets to pool the collective knowledge and experience of the provincial, territorial, and national psychological associations to further their own jurisdictional psychology advocacy efforts. The CPA and CPAP also continued to co-manage the BMS Professional Liability Insurance Program and are planning future joint projects which include a leadership

conference, advocating for the recruitment and retention of psychologists in the public health system, and exploring the organization of group health insurance benefits for self-employed psychologists.

EXTENDED HEALTHCARE PROVIDERS COALITION (EHPC)

Dr. Votta-Bleeker and Mr. Brimacombe sit on this coalition of health providers whose members work within, and outside of, the public sector. Activity continued to include an interdisciplinary advocacy working group, collective advocacy on student loan forgiveness, discussion of having a stronger voice when it comes to advocating for appropriate extended health coverage for EHPC members, and the collection of data on Canada's mental health human resources.

GLOBAL PSYCHOLOGY ALLIANCE (GPA)

The CPA continues to participate in the work of the Global Psychology Alliance (GPA), an alliance of psychology associations around the world dedicated to applying psychological science to public policy.

NATIONAL COLLABORATIVE ON POST-TRAUMATIC STRESS DISORDER

Supported by the Canadian Institute for Public Safety Research and Treatment and the Atlas Institute for Veterans and Families, this Collaborative aims to enhance the collective understanding of post-traumatic stress disorder. Members of the Collaborative represent a wide range of expertise from across Canada. Dr. Votta-Bleeker serves as the CPA's representative.

ORGANIZATIONS FOR HEALTH ACTION (HEAL)

Dr. Votta-Bleeker and Mr. Brimacombe represented the CPA in HEAL activity. HEAL's advocacy priorities continued to be seniors, mental health, long-term care, and effective pan-Canadian planning when it comes to the health workforce. HEAL also met regularly with Parliamentarians including Minister Holland (Health) and Sean Casey (Chair, House of Commons Standing Committee on Health).

PUBLIC HEALTH AGENCY OF CANADA (PHAC)

Mr. Brimacombe continued to represent the CPA on a PHAC roundtable bringing together health care leaders in Canada in the service of population and public health. Activities this

year focused on sharing information on public health priorities between organizations, and identifying public health issues national health organizations can advance with PHAC.

QUALITY MENTAL HEALTHCARE NETWORK (QMHCN)

Supported by HealthCareCAN and the MHCC, the QMHCN unites health-sector leaders from across the country to help improve access to quality mental health care, including stigma reduction, support recovery-oriented practices, and promote the psychological health and safety of health care workers. Dr. Madon is the current CPA representative in this network.

ROYAL COLLEGE OF PHYSICIANS AND SURGEONS

Drs. Madon and Votta-Bleeker represent the CPA on the steering committee for a five-year project to develop a National Plan for Health Workforce Well-Being that is funded by Health Canada.

VETERAN'S AFFAIRS CANADA (VAC) MENTAL HEALTH ADVISORY GROUP

Dr. Madon represents the CPA on this Advisory Group, whose mandate includes supporting the well-being of veterans and their families.

CPA'S 2024 ANNUAL NATIONAL CONVENTION

JUNE 21 – 23, 2024 (OTTAWA, ON)

1,700

TOTAL ATTENDEES



30

EXHIBITORS
& SPONSORS



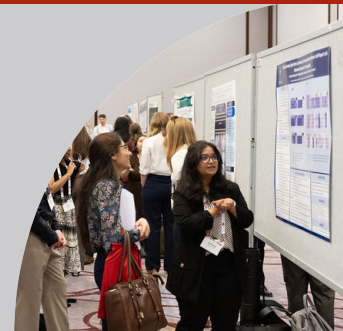
182

5-MINUTE SNAPSHOT
PRESENTATIONS



706

POSTERS



22

SECTION-FEATURED
SPEAKERS



159

12-MINUTE TALKS



4

CPA KEYNOTE
ADDRESSES

13

SCIENTIFIC
PROGRAM STREAMS



55

SYMPOSIA



165
PAPERS WITHIN
A SYMPOSIUM

14
25-MINUTE
REVIEW SESSIONS



4
PRE-CONVENTION
PROFESSIONAL
DEVELOPMENT
WORKSHOPS



23
IN-CONVENTION PROFESSIONAL
DEVELOPMENT WORKSHOPS

10
COMMITTEE
MEETINGS

24
PANEL DISCUSSIONS

28
CONVERSATION SESSIONS

375 ATTENDEES
INTERNSHIP/JOB FAIR



1
THOUGHT
LEADERS FORUM



OUR 2025 AWARD WINNERS

CPA GOLD MEDAL FOR DISTINGUISHED LIFETIME CONTRIBUTIONS TO CANADIAN PSYCHOLOGY



DR. SANDRA BYERS

CPA JOHN C. SERVICE MEMBER OF THE YEAR AWARD



DR. SAMUEL MIKAIL

CPA DONALD O. HEBB AWARD FOR DISTINGUISHED CONTRIBUTIONS TO PSYCHOLOGY AS A SCIENCE



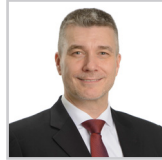
DR. CANDICE MONSON

CPA AWARD FOR DISTINGUISHED CONTRIBUTIONS TO EDUCATION AND TRAINING IN PSYCHOLOGY



DR. SARA HAGSTROM

CPA AWARD FOR DISTINGUISHED CONTRIBUTIONS TO PSYCHOLOGY AS A PROFESSION



DR. R. NICHOLAS CARLETON

CPA AWARD FOR DISTINGUISHED CONTRIBUTIONS TO THE INTERNATIONAL ADVANCEMENT OF PSYCHOLOGY



DR. PATRICK MCGRATH

CPA AWARD FOR PUBLIC, COMMUNITY SERVICE AND HUMAN RIGHTS AND SOCIAL JUSTICE IN PSYCHOLOGY



DR. ANUSHA KASSAN

SECTION NEWSLETTER AWARD WINNER

STUDENT SECTION

For the Fall 2024 issue of the CPA Student Section Newsletter

BEST JOURNAL ARTICLE AWARD WINNERS

CANADIAN JOURNAL OF BEHAVIOURAL SCIENCE (CJBS) / REVUE CANADIENNE DES SCIENCES DU COMPORTEMENT (RCSC):

Davies, S., & Li, A. (2024). Effects of summer numeracy interventions among French-language students in Ontario [Vol. 56, Issue 3, pp. 195-204].

CANADIAN JOURNAL OF EXPERIMENTAL PSYCHOLOGY (CJEP) / REVUE CANADIENNE DE PSYCHOLOGIE EXPÉRIMENTALE (RCPE):

Delage, V., Daker, R. J., Trudel, G., Lyons, I. M., & Maloney, E. A. (2024). It is a “small world”: Relations between performance on five spatial tasks and five mathematical tasks in undergraduate students, [Vol. 78, Issue 4, pp. 256-274].

CANADIAN PSYCHOLOGY (CP) / PSYCHOLOGIE CANADIENNE (PC):

Gower, H. K., & Gaine, G. S. (2024). Ethics of psychotherapy rationing: A review of ethical and regulatory documents in Canadian professional psychology, [Vol. 65, Issue 1, pp. 15-27].

CPA FELLOWS



DR. STEPHANIE CASSIN



DR. ALEXANDRA FIOCCO



DR. SHELLEY GOODWIN



DR. SHERYL GREEN



DR. ANDREA PIOTROWSKI



DR. DEBORAH POWELL



DR. KERRI RITCHIE



DR. ANTHONY RUOCCO



DR. WINNY SHEN



DR. MAGGIE TOPLAK

CPA HUMANITARIAN AWARD



GEMMA HICKEY

CPA PRESIDENT'S NEW RESEARCHER AWARD



DR. ZHANNA LYUBYKH



DR. RYAN PERSRAM

CPA STUDENT GRANTS: RESEARCH, CAREER DEVELOPMENT

RESEARCH GRANTS			
GRANT	RECIPIENT	RESEARCH TITLE	AFFILIATION
BMS	Danika Quesel	Remotely Delivered Physical Activity Program for Treatment-Resistant Depression: A Pilot Randomized Controlled Trial	University of Toronto
BMS	Max Marshall	Co-Developing a Program for Meaningful Aging in Sexual and Gender Minority Older Adults	Toronto Metropolitan University
BMS	Cian Dabrowski	The cumulative impact of lifetime stress on older adult cognitive health: An fNIRS study	University of Victoria
CPA-SAC	Delane Linkiewich	Navigating this journey together: A pilot and feasibility study of the 'GPS for Teens' Program	University of Guelph
CPA-SAC	Catherine Côté	Vivre avec une maladie rare, complexe, multi-systémique et douloureuse : Cartographie du parcours de vie avec un trouble héréditaire du tissu conjonctif	Université de Montréal
CPA-SAC	Maija Kiviharju	Examining partner perceptions of the Coping with Infertility self-help program	University of Regina
CPA-SAC	Noemie Tremblay	Development and evaluation of the psychometric properties of the Motivational Communication Competency Assessment Tool (MC-CAT) to support the MOTIVATOR© program	Université du Québec à Montréal
CPA-SAC	Jessica Trickey	It Is My Place: Exploring the Competing Roles of Responsibility and Relevance for Allyship Action	University of Waterloo
CPA-SAC	Elana Zur	The human leader: Understanding the impact of vulnerable leadership	Wilfrid Laurier University
CPA-SAC	Jayme Stewart	To Tell or Not to Tell: The Role of Social Perception in Improving the Experience and Effectiveness of Sexual Assault Disclosures to Police.	University of British Columbia

CPA-SAC	Quinn Storey	The Men and Relationships Study	University of Victoria
CPA-SAC	Jaron Xe Yung Tan	Upward social comparisons on social media, self-schemas, and adolescent well-being	University of Alberta
CPA-SAC	Ellen Coady	Does psychiatric care disrupt lifespan offending patterns in diverse justice-impacted youth with psychiatric illness?	Carleton University
CPA-SAC	Kristina Jelinkova	Mental Health and Social Functioning of Youth with Juvenile Idiopathic Arthritis	University of Calgary
CPA-SAC	Ria Nishikawara	Building Ally/ance: Exploring the Working Alliance Between Gender and Sexual Minority Patients with Endometriosis, and Gynaecologists	University of British Columbia
CPA-SAC	Patrick Hickey	Understanding the Shifting Mental Health and Wellbeing Landscape of 2SLGBTQIA+ Nova Scotians and New Brunswickers	Dalhousie University
CPA-SAC	Camille Léger	Temporal association between psychological factors and long covid (LC)	Université du Québec à Montréal
CPA-SAC	Anurada Amarasekera	A Mixed Methods Examination of Young Queer South Asians' Alcohol Use	Toronto Metropolitan University
CPA-CSBBCS	Seonwoo Hong	Assessing Cognitive Inflexibility in Youth: Development and Validation of a Novel Interpretation Inflexibility Task	University of British Columbia
CPA-CSBBCS	Maddie Gregory	Exploring Resiliency in Informal Caregivers of People Living with Dementia	University of Victoria
Student Section	Maya Amestoy	Understanding Stigma: A Qualitative Study of Perspectives from Individuals with BPD Across Treatment Settings	University of Toronto Scarborough
Student Section	Sean Morgan	Understanding Partner Maltreatment in Sexual Minority Men: A Multi-Level Analysis	University of Victoria
Student Section	May Ly	Testing the Thriving with PMDD Pilot Program: A CBT and DBT Approach to Premenstrual Dysphoric Disorder	University of Regina
Student Section	Anik Obomsawin	Benefits of and Engagement in Healing Practices at Native Child and Family Services of Toronto	Toronto Metropolitan University

OUR SECTIONS

ADDICTION PSYCHOLOGY

CHAIR: ANDREW KIM

- Welcomed two new student representatives to the executive team — Lindsey Snaychuk who assumes the role of Student Representative and Jenna Vieira who assumes the role of Secretary-Treasurer
- Continued to offer two student awards: (1) Diversifying Addiction Psychology Travel Award and (2) Addiction Psychology Best Poster Award

AGING AND GEROPSYCHOLOGY

**CHAIR: NATASHA GALLANT,
CHAIR: COLLEEN MILLIKIN**

- Presented 2024 Convention programming, including section invited speaker: Dr. Vanessa Taler (Bilingualism and Cognition in Older Adults)
- Awarded 2 Student Conference Presentation Awards and 1 Student Conference Travel Award
- Reviewed abstracts and planned section sessions for 2025 convention

ASIAN PSYCHOLOGY

CHAIR: GINA KO

- Formed three working groups: 1) research, 2) practice and training, and 3) membership coordination. Each group consists of members of the leadership team and four section members. The three groups support research initiatives, knowledge

translation, foster clinical knowledge, clinical networking, gather resources, and cultivate social engagement.

- Worked to publish our first newsletter for May 2025 for Asian Heritage Month in Canada. Contributors included the leadership committee, working group members, and the membership. Inspired ideas included submissions related to storytelling, poetry, and other creative writing.
- Working groups had several meetings and at least one gathering inviting members to attend:
 - Practice and Training Group: Our Journey as Practitioners of Asian Heritage – What About Yours?
 - Research Group: Life and Learning Virtual Gatherings
 - Membership Coordination Group: Meet and Greet with Student Members

BLACK PSYCHOLOGY

CHAIR: HELEN OFOSU

- Mentorship Event for Early Career Professionals: Executive members (Drs. Manal Guirguis-Younger, Tatijana Busic, and Linda Iwenofu) shared their experiences in academia and clinical practice with more junior professionals and students. This was impactful since Black professionals don't always have access to this type of support.

- Six-Section Collaborative Event to Address the Backlash Against EDI. Contributions from the Asian, CSIOP, Counselling, Educational, and Indigenous Peoples' Sections. The BPS organized and moderated this dynamic and well-attended event.
- Various aspects of the Black Canadian Experience—This was the theme for BPS's Black History Month Event. This event focused on psychology and featured elementary and secondary school teachers, an Engineer, and a Podcaster. BPS Executives planned and moderated this event.

BRAIN AND COGNITIVE SCIENCE

CHAIR: VANESSA MORRIS

- Six student research awards were presented at the June 2024 Convention
- Hosted an invited talk at the convention by Dr. Debra Titone on Reading-To-Think: How We Infer, Reason, and Make Decisions in a First and Second Language
- Continued to support student development through updated grants and awards.

CLINICAL NEUROPSYCHOLOGY

**CHAIR: NICOLÁS FRANCISCO
NARVAEZ LINARES**

- Launched first bilingual National Survey on Clinical Neuropsychology, led entirely by a Canadian team. This groundbreaking project aims to define the state of neuropsychology in Canada

and shape the future of the profession with accurate, representative data.

- In collaboration with the CPA and AQNP, the Clinical Neuropsychology Section began laying the groundwork for national training guidelines. A major panel discussion is planned for Montréal in 2026, marking a pivotal moment in Canadian neuropsychology.
- Since 2020, the section has expanded significantly through new initiatives, student engagement, and increased visibility. Led by a supportive executive team, these efforts reflect a shared commitment to community, professional excellence, and national impact.

CLINICAL PSYCHOLOGY

CHAIR: MEGAN AMES

- Supported student development through grants and awards, including the Educational Activity Student Grant for extracurricular activities, Student Research Grant for student-led research, and increased student and early career travel awards. These initiatives help enhance students' educational experiences and career growth.
- Sought feedback from the Clinical Section membership to inform future executive composition, duties and roles, as well as ideas for Section activities.
- Created a new speaker series for the Clinical Section and CPA members. Our inaugural speaker, Dr. Stephanie Lavoie,

will speak to neuroaffirming care, considerations when supporting gifted individuals, and mental health in neuropsychology.

COMMUNITY PSYCHOLOGY

VACANT

COUNSELLING PSYCHOLOGY

CHAIR: KIRBY HUMINUIK

- The Counselling Psychology Section is in a strong financial position, allocating budget to convention programming, CE events, research and a working group to propose revisions to the definition of counselling psychology that include EDI and reconciliation values.
- The section is focused on engagement and development through newsletters highlighting section activities and counselling psychology research and practice, planning continuing education seminars including one on Indigenous Women's Healing from Sexual Trauma by Dr. Gwendolyn Villebrun and supporting convention programming through 18 peer reviewers who selected 36 presentations for 2025 convention
- The section is committed to advancing CPA strategic goals 6&7 through collaborating with sections to promote EDI, reconciliation, social justice and human rights within psychology, including contributing to a webinar on Anti-Racism and EDI Amid Backlash and convention symposium on How CPA is Advancing Human Rights in Psychology

CRIMINAL JUSTICE PSYCHOLOGY

CHAIR: JEREMY MILLS

DEVELOPMENTAL PSYCHOLOGY

CHAIR: ANDREA HOWARD

- Two new students joined the section and are helping to organize a mentoring event at CPA 2025.

EDUCATIONAL AND SCHOOL PSYCHOLOGY

CHAIR: STEVEN SHAW

- Continued focus on advocacy for the profession. Our documentation, videos, press releases, and communication with provinces to expand the reach of the profession has been well received. An example is leadership presenting training and providing advocacy tools in Newfoundland in spring of 2024 and summer of 2025.
- Initiated process to create new practice guidelines to update the 2007 practice guidelines. Began working with CPA leadership and have a subgroup working on this activity. The expectations are that these new guidelines will be ready for approval for 2027.
- Continued to promote a survey of educational and school psychologists across Canada. The challenge is the variety of training, degrees, titles, and services across Canada. The goal is to understand the variety of practices and professionals across Canada to determine how the CPA can best support children and youth.

ENVIRONMENTAL PSYCHOLOGY

CHAIR: NATALIA COOPER

- Continued commitment to supporting emerging scholars by offering the Robert Sommer Memorial Award and Undergraduate Student Research Award to recognize outstanding research conducted by undergraduate and graduate students in environmental psychology topics.
- Began developing a section newsletter aimed at enhancing communication and engagement among members. We gathered feedback from members regarding the types of content they would find most valuable, such as research highlights, member spotlights, funding and conference opportunities, and relevant news in environmental psychology.
- Continued to organize and hold virtual afternoon research 'coffee chats' with various Canadian scholars, as well as a scholar from England.

EXTREMISM AND TERRORISM

CHAIR: DAVID NUSSBAUM

- Symposium CPA Annual Convention 2024.
 1. Psychological Contributions to Understanding Extremism: Inverting Information Processing Hierarchies to Cancel Reality.
 2. $2 + 2 = 5$: The New Math of the Internet, Truth and Extremism.

3. Difficulties completing risk assessments on individuals motivated by extremist ideologies.

- CPA Section Chair's Annual Address. Title: Ideological, Historical, Organizational, Historical and Psychological Bases of Contemporary Extremism.
- Presentation provided attendees with broad contextual background for understanding complexities of different forms of extremism.
- Invited Lecture Presented to the CPA Presidents and Board of Directors Annual Meeting. One Rational approach to the Psychology of Extremism and Terrorism. Recognition of the Section's expertise and utility that the CPA can utilize. 2024 President Eleanor Gittens noted that new information was useful to her.

FAMILY PSYCHOLOGY

CHAIR: JEN THEULE

- Hosted our first Lunch n' Learn student colloquium with Allie Conway presenting on Adolescent ADHD and Family Stress
- Hosted Gail Palmer, a member of Sue Johnson's Emotion-Focused Family Therapy team to present as our Section-Invited speaker to a standing room only talk.
- Awarded student poster awards to Jada Benedictson (University of Manitoba) and Lilian Eckert (University of Waterloo) at the 2024 convention.

HEALTH PSYCHOLOGY AND BEHAVIORAL MEDICINE

CHAIR: SHEILA GARLAND

- Awarded six travel awards to support the cost of travel to attend the CPA's 2024 Annual Convention. Of the 6 awards, one award was allocated for a submission in French and one award was allocated to a member of an equity deserving group.
- Released two outstanding issues of our Section newsletter 'Health Notes' led by our newsletter Editor, Dr. Vincent Gosselin Boucher. Newsletters featured our section award winners, job postings, awards, knowledge translation, professional development opportunities, and research conducted by Health Psychologists and Behavioural Medicine providers in Canada.
- Followed up on the jurisdictional scan conducted by Membership Officer Dr. Kharah Ross. Continued with a survey to examine the reasons why Health Psychology and Behavioural Medicine trainees and professionals are or are not members of the CPA and what they are looking for in a professional organization.

HISTORY, THEORY, AND QUALITATIVE INQUIRY IN PSYCHOLOGY (HTQ) SECTION

CHAIR: JEFFERY YEN

- As part of the broadening of the Section's goals to be a home for qualitative psychology in the CPA, we continue to see significant increases in the number of presentations based on qualitative inquiry.

There will be 20 at the 2025 Convention (up from 10 in 2024).

- We are convening two cross-disciplinary panel discussions with the Quantitative Methods and Indigenous Psychology sections at the 2025 Convention. As a section that deals with historical, theoretical and methodological issues of broad relevance to the discipline of psychology, we continue to seek opportunities for cross-disciplinary collaboration.

INDIGENOUS PEOPLES' PSYCHOLOGY

CHAIR: ILORADANON EFIMOFF

- Online Event: Indigenous Peoples' Psychology Lecture Series on Psychological Assessment: An Interview on Adolescent Assessment with Beverly Keeshig-Soonias
- Online Event: Dr. Brenda Restoule speaks on addressing anti-Indigenous racism in mental health and addiction services
- Survey of section membership to identify how the executive could best support the membership. The results of this survey were the impetus for the highlighted events.

INDUSTRIAL/ORGANIZATIONAL PSYCHOLOGY

CHAIR: DUYGU BIRICIK GULSEREN

- A new Practitioner Working Group was formed, with 16 individuals—students and seasoned practitioners—showing interest. Inaugural meeting marked an exciting step in fostering collaboration and professional development among I/O psychology practitioners.

- The EDI Standing Committee was expanded with seven new members, strengthening representation across students, faculty, and practitioners. Initiatives included a committee retreat, enhanced collaboration with the CPA on strategic EDI goals, and an EDI Social event at the CPA's 2025 Convention.
- CSIOP has recruited a new Social Media Coordinator. Website engagement has increased, particularly among students exploring I/O graduate programs. The team is also tracking engagement metrics, including social media follower growth, and exploring ways to boost job postings and internship-related resources.

INTERNATIONAL AND CROSS-CULTURAL PSYCHOLOGY

CHAIR: COLIN SCOTT

- Awarded this year's Marta Y. Young Award for best student short presentation at the annual convention to Sarah Benkirane (Université du Québec à Montréal), for her presentation, "First- and Second-Generation Immigrants' Criteria and Concerns about Accessing Mental Health Care."
- Awarded this year's Frances E. Aboud Award for best student poster at the annual convention to Hajar Soltan (University of Guelph) for her poster, "Sociodemographic Influences on Extreme Survey Responses: A Study of Iranian Expats in Berlin During the "Women, Life, Freedom" Protest."

- Awarded this year's John W. Berry Award for the best student paper presentation to Rima Hanna (University of Guelph) for the paper, "Intersections in Street Harassment: Muslim Women's Experiences with Sexism and Islamophobia in Public Spaces."

PSYCHOLOGISTS AND RETIREMENT

**CHAIR: JUANITA MUREIKA,
CHAIR: DAWN HANSON**

- Our survey of provincial registrars was completed and the data tabulated. It was transformed into an article to be submitted for publication in the future. The results are very interesting and offer an update to the last such survey done on behalf of the CPA (Bazana, 1999).
- SPAR's monthly virtual meetings provide a forum for lively exchanges of opinions on current issues, oftentimes resulting in suggestions for projects aimed at advocacy. We also discuss the process and challenges of retirement for psychologists, and what to expect after the office door is closed for the last time.
- SPAR is responsive to requests from the CPA and consistently responds to requests for input and reviews of Fact Sheets.

PSYCHOLOGISTS IN HOSPITALS AND HEALTH CENTRES

CHAIR: LESLEY GRAFF

- Initiated a national task force on health sector recruitment and retention in partnership with the CPA, building on the second national think tank meeting

co-led by the Section and the ongoing national community of professional practice in health services meetings hosted by the Section.

- Co-authored an article in *Canadian Psychology* regarding the imperative to recruit and retain clinical psychologists in the public sector health system. The review and commentary offered solutions to strengthen the psychologist workforce in hospitals to improve access to mental health services.
- Organizing a student-led cross-country virtual question and answer session, scheduled for spring 2025, for clinical graduate students to prepare for residency, emphasizing the value of practica and residency training in public sector health sites.

PSYCHOLOGY CAREERS AND PROFESSIONALS

CHAIR: SHAHNAZ WINER

- In response to member feedback, initiated development of the Psychology Careers Resource Hub - an upcoming online platform designed to support students and professionals. Once launched, it will offer tailored resources for Section members to help navigate the evolving landscape of careers in psychology and related fields.
- In 2024, we successfully hosted a Service Learning Student Placement, providing hands-on experience in psychology career development initiatives. The student contributed to key projects, including resource development and member engagement, while gaining valuable insights into profes-

sional settings and the diverse career paths with a degree in psychology.

PSYCHOLOGY IN THE MILITARY

CHAIR: CINDY SUURD RALPH

- Received six submissions for the 3rd annual Virtual Undergraduate Student Conference co-organized with the Department of Military Psychology and Leadership, Royal Military College. The conference showcased undergraduate student research with an application to military psychology.
- We are pleased to have Dr. Rosemary Ricciardelli (Memorial University) present her work at this year's convention. Her talk is entitled, "The context of people leaving the Canadian Armed Forces to work in Correctional Services in Canada: The prison as the site of the transition to civilian life."
- Since 2016, we have presented a monetary award (\$250) and certificate to a graduating Honour's Psychology student at the Royal Military College of Canada (RMC) with the best honours thesis at RMC; this will continue for 2025.

PSYCHOPHARMACOLOGY

CHAIR: AMIR A. SEPEHRY

- Published a national survey: Sepehry, A. A., et al. (2025). Prescriptive authority for psychologists and scope of practice: A national survey of Canadian psychologists and psychology students. *Canadian Psychology / Psychologie canadienne*, 66(1), 1–14. <https://doi.org/10.1037/cap0000404>

- Published two if not more newsletters to the section.
- Presented and accepted posters and organized a symposium at the CPA conference.

QUANTITATIVE ELECTROPHYSIOLOGY

CHAIR: ELIZABETH HARTNEY

QUANTITATIVE METHODS

CHAIR: JOHNSON LI

- Redesigned the Section's newsletter, *Psychostatistics*, which contains a wealth of useful information, such as Consulting Corner, Visual Insights, and QM Laugh.
- Organized the QM Undergraduate Recruitment Event. This event offered crucial information to undergraduate students who are interested in pursuing graduate studies in QM across Canada.
- The Featured Speaker for the QM Section at the CPA's convention is Dr. Jessica Flake. We enjoyed and learnt a lot about open science practices from Dr. Flake's talk entitled "Methodological Research for the Open Science Era".

RURAL AND NORTHERN PSYCHOLOGY

CHAIR: VERONICA HUTCHINGS

- This year the Rural and Northern section celebrates its 20th anniversary. In 2004 (the last time the CPA convention was held in NL) Dr. Karen Dyck and colleagues held a conversation session discussing this possibility and our first meeting occurred at the convention in Montreal in 2005.

- The continuing education series that was funded by a SSHRC PEG grant during the 2023-2024 year has ended. However, given the positive response to the series including the strong community of practice that came out of it, we have continued the series with eight sessions during the 2024-2025 year.
- A working group co-chaired by Drs. Amanda Lints-Martindale and Meadow Schroeder have completed their review of the literature on navigating dual relationships in rural, northern, and remote areas for the CoE. They have an article in press and are currently working on completing the report for the CoE.

SECTION ON WOMEN AND PSYCHOLOGY

CHAIR: NICOLE JEFFREY

- We will award our annual Distinguished Member Award, Feminist Mentoring Award, and Student Awards (Paper, Presentation, and Travel) at the 2025 CPA Convention.
- Published three section newsletter editions (Fall 2024, Winter 2025, Spring 2025).
- Continued various initiatives to support our members and advance our mission, including hosting virtual mentorship pods and weekly writing groups; maintaining our online list of feminist researchers for students seeking supervisors and others seeking to network; and building relationships with other Sections around common issues, such as EDI.

SEXUAL ORIENTATION AND GENDER IDENTITY

CHAIR: KAREN L. BLAIR

- Identified a new Chair-Elect for the section, approved via acclamation: Dr. Erin Leigh Courtice.
- Organized a special panel on the history of the SOGII section.
- Ten years ago, over 98% of all LGBTQ-relevant research presented at the CPA was presented within SOGII. Through SOGII's encouragement to submit LGBTQ-relevant work to the most RELEVANT section (e.g., developmental, social, clinical, etc.), the vast majority of LGBTQ-relevant research is now presented OUTSIDE of the SOGII section!

SOCIAL AND PERSONALITY SECTION

CHAIR: CHERYL HARASYMCHUK

SPORT AND EXERCISE PSYCHOLOGY

CHAIR: ROSE-MARIE DOYON DOLINAR

- Secured Section Invited Guest Speaker, Dr. Lori Dithurbide, from Dalhousie University. Lori is a Sports Psychologist for athletes across Canada and was team sport psychologist at the Paris 2024 Olympics. We look forward to her presentation entitled "Sport Psychology: Research to-and-from Practice".
- Updated the Sport and Exercise Psychology Sections webpage with a Team Canada female athlete, Samantha Stewart, Canadian Wrestling champion from the University of New Brunswick.

Samantha is a ten-time national medallist, been named Most Outstanding Female Wrestler in Canada twice and exemplifies our Perseverance newsletter.

- Held nominations and elections for the new Sport and Exercise Psychology Executive members, with student representatives from across Canada. Renewed our Perseverance Newsletter Editorial Team, with an upcoming 2025 highlighting an article on Passion is Sport from Dr. Bob Vallerand.

STUDENTS

CHAIR: ANISA NASSERI

- The Student Mentorship Program is in its 10th year. The program continues to be a success with 108 participants this year, including several returning mentees and mentors. Additionally, our Student Representative Program has seen a resurgence this year, with 69 active student representatives across Canada.
- Our section executive has planned seven different sessions geared towards students at the upcoming Convention in St. John's. Highlights include a talk by Dr. Sheila Garland, three panel discussions, and workshops on knowledge translation and real-time JEDI integration in psychological research and practice.
- Our section continues to offer several awards for students this year including:
 - Convention Best Poster Awards (\$150 x3)

- Convention Travel Awards (\$250 x14)
- Student Research Grants (\$500 x5)
- Campus initiative Grants (\$750 x2)
- Campus Representative Award (\$100)
- Mentorship Recognition Awards (\$50 x2)

TEACHING OF PSYCHOLOGY

CHAIR: ALYSSA COUNSELL

- Put together diverse convention programming related to learning and teaching in psychology, including our section featured speaker address on generative AI in higher education.
- Continued to offer section awards for teaching excellence and scholarship of teaching of learning.
- Added resources to help create and improve upon teaching dossiers on our section website.

TRAUMATIC STRESS SECTION

CHAIR: ALINA PROTOPODESCU

- Organized our annual award competitions, including the Excellence in Psychology and Early Career awards. The 2025 award recipients were Dr. Paul Frewen (Excellence in Psychology Award) and Dr. Noémie Bigras (Early Career Award). Additionally, we provided a student travel bursary to support attendees of the CPA's Annual Convention.
- Created and distributed three Section newsletters, providing key updates on the International Society of Traumatic

Stress Studies, the Global Collaboration on Traumatic Stress, award recipients, trauma-related conferences, recent scientific publications, and training opportunities.

- Developed the Section's programming for the CPA's annual convention, featuring invited talks by Dr. Margaret McKinnon, our 2024 Excellence in Psychology award winner, and Dr. Marie-Pier Vaillancourt Morel, our 2024 Early Career award winner.



OUR COMMITTEES, WORKING GROUPS, AND JOURNALS

Our governance relies on our committees and working groups for policy guidance. We are grateful to the members of our Board of Directors and our engaged members and affiliates for their time and their leadership in serving the association.

In late 2023 and early 2024, the Board undertook a governance review of its committee structure, re-aligning its board and management committees; the new structure took effect in June 2024 and as such, is reflected in this year's Annual Report.

BOARD COMMITTEES

Governance: Eleanor Gittens (Chair), Anita Gupta, Anisa Nasser, Adam Sandford, Lisa Votta Bleeker (ex-officio)

Nominations Sub-Committee: Eleanor Gittens (Chair), Meghan Norris, Claire Sira, Cara Bernard (ex-officio)

Elections Sub-Committee: Lisa Votta-Bleeker (Chair), Cara Bernard (ex-officio)

Finance, Administration, and Audit: Anita Gupta (Chair), Eleanor Gittens, Claire Sira, Steven Smith, Nancy Allen (ex-officio), Lisa Votta-Bleeker (ex-officio)

Ethics: Donald Stewart (Chair), Claire Sira (Co-Chair and Board Liaison), Ann Marie Dewhurst, Alexis Fabricius (Student Member), Janel Gauthier, Harpreet Gill, Sarah Lade, Olga Heath, Meghan McMurtry, Hélène Richard, Robyn Shields (Student Representative), Carole Sinclair, Cannie Stark, Keira Stockdale, Ivan Zinger, Stewart Madon (ex-officio)

Accreditation Panel: Laurie Ford (Chair), Jacqueline Cohen, Elizabeth Church, Niki Fitzgerald, Sheila Garland, Patrick Hickey (Student Representative), Joshua Madsen, Christina Rinaldi, Monnica Williams, Kaori Wada, Stewart Madon (ex-officio)

Fellows and Awards: Colin MacLeod (Chair), Lynn Alden, Ester Cole, Catherine Costigan, Keith Dobson, Eleanor Gittens (Board Liaison), Richard Koestner, Sherry Stewart, Eileen Wood, Cara Bernard (ex-officio)

MANAGEMENT COMMITTEES

Professional Affairs: Stewart Madon (Chair), Saeid Chavoshi, Alanna Chu (Student Representative), Janine Hubbard (Board Liaison), Chimene Jewer, Steve Joncas, Andrea Piotrowski, Amanda Pontefract, JoAnne Savoie, Derek Truscott, Easter Yassa

Education and Training: Devin Fowlie (Co-Chair), Meghan Norris (Co-Chair

and Board Liaison), Sydney Austin (Student Representative), Supriya Bains (Student Representative), Katelynn Carter-Rogers, Jennifer Connolly, Alyssa Counsell, Sara Hagstrom, Andrew Kim, Melissa McGonnell, Alisia Palermo (Student Representative), Adam Sandford, Steven Smith, Jodi Webster, Vincent Wong

Scientific Affairs: Lauren Thompson (Co-Chair), Adam Sandford (Co-Chair and Board Liaison), Audrey Brassard, Ken Craig, Cheryl Harasymchuk, Andrea Howard, Sean Kidd, Jo-Anne Lefevre, Lindie Liang, Annie Roy-Charland, Donald Saklofske, Debra Titone, Shahnaz Winer

Convention: Julie Auger (Chair), Anita Gupta (Board Liaison), Megan Ames, Iloradanon Efimoff, Sara Hagstrom, Janine Hubbard, Lindie Liang, Amir Sepehry (Board Liaison for Council of Sections), Kathy Lachapelle-Pétrin (Staff Observer)

Membership: Leanna Verrucci (Chair), David Bourgeois, Elizabeth Church, Zarina Giannone, Janine Hubbard, Andrew Lumb, Joanna Pozzulo, Kevin Prada (Student Representative), Roshni Sohail (Student Representative), Eric Bollman (Staff Observer), Zaineb Bouhlal (Staff Observer), Kathryn McLaren (Staff Observer)

International Relations: Jennifer Veitch (Chair), Eleanor Gittens (Board Liaison), Naomi Koerner, Gary Latham, Lindsay McCunn, Saba Safdar, Donald Saklofske, Josephine Tan, Lynda Phillips, Erin Gurr, Lucia Lako, Lauren Thompson (ex-officio)

Canadian National Panel for IUPsyS: Saba Safdar (Chair), Thea Comeau, Eleanor Gittens (Board Liaison), Katy Kamkar, Nasreen Khatri, Lesly Nzeusseu Kouamou, Lindsay McCunn, Adam Sandford, Jennifer Veitch, Lauren Thompson (ex-officio)

Human Rights and Equity in Psychology: Zuraida Dada (Co-Chair), Steven Smith (Co-Chair), Jesse Bosse, Katelynn Carter-Rogers, Ester Cole, Noah Desjardins, Eleanor Gittens, James C. MacDougall, Kaori Wada, Lisa Votta-Bleeker (ex-officio)

Knowledge Sharing Group/Standing Committee on Reconciliation with Indigenous Peoples: Jennifer Chalmers (Co-Chair), Lisa Votta-Bleeker (ex-officio), Stephane Day, Iloradanon Efimoff, Roger John, Kohkom Beverly Keeshig-Soonias, Joshua Madsen, Meghan Norris (Board Liaison), Allison Reeves, Jean Roussel, Rick Wabano (Community Member), Natasha Wawrykow

Professional Liability Insurance Steering Committee: Nancy Allen (Chair), Saeid Chavoshi, Janine Hubbard, Mandy McLean, Tyna Payette, Lisa Votta-Bleeker (ex-officio).

Council of Sections: Amir Sepehry (Chair), all Section Chairs

Past Presidents: Eleanor Gittens (Chair), all CPA Past Presidents

WORKING GROUPS

Artificial Intelligence: Adam Sandford (Co-Chair), Devin Fowlie (ex-officio). Working Group currently being populated

Equitable Access to Internet and Digital Health Services: Anita Gupta (Chair), Glenn Brimacombe (ex-officio). Working Group currently being populated

Evidence-based Practice of Psychological Treatment: Houyuan Luo (Co-Chair), Amir Sepehry (Co-Chair and Board Liaison), Stewart Madon (ex-officio)

- **Qualitative Research Sub-Committee:** Lynn Alden, Dave Gallson, Anusha Kassan, Jessica Van Vliet, Jon Woodend
- **Indigenous Ways of Knowing Sub-Committee:** Reagan Gale, Dave Gallson, Ken Pierce, Gwendolyn D. Villebrun, Dennis Charles Wendt

Loneliness in Canada: Anita Gupta (Chair), Stewart Madon (ex-officio). Working Group currently being populated

Pre-employment Clinical Assessment of Police Candidates Principles and Guidelines for Canadian Psychologists: Devin Fowlie (ex-officio). Working Group currently being populated

Professional Practice Guidelines for School Psychologists in Canada: Kerry Spice (Chair), Diana Cassie, Sara King, Maria Kokai, Simon Lisaingo, Juanita Mureika, Angele Ramsden, Steven Shaw, Devin Fowlie (ex-officio)

Recruitment and Retention of Psychologists in the Public Sector

- **Hospitals and Health Centres Subgroup:** Sean Kidd (Co-Chair), Lesley Graff (Co-Chair), Gordon Asmundson, Jacqueline Cohen, Lesley Graff, Stephanie Greenham, Sara Hagstrom, Lana Hawkins, Taylor Hudd, Lesley Lutes, Aidan O'Callahan, Jennifer Russell, Cassidy Santos, Jo Ann Unger, Glenn Brimacombe (ex-officio), Stewart Madon (ex-officio)
- **Schools and Education Settings Subgroup:** Subgroup currently being populated
- **Correctional Settings Subgroup:** Subgroup currently being populated

JOURNAL EDITORS

Canadian Psychology: Donald Saklofske

Canadian Journal of Behavioural Science:
Annie Roy-Charland

*Canadian Journal of Experimental
Psychology*: Debra Titone

ANNUAL REPORT 2024 – 2025

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