

CANADIAN PSYCHOLOGICAL ASSOCIATION

SOCIÉTÉ CANADIENNE DE PSYCHOLOGIE

ANNUAL REPORT

2021-2022



TABLE OF CONTENTS

PRESIDENT AND CHIEF EXECUTIVE OFFICER MESSAGE	IV
BOARD OF DIRECTORS	1
STAFF	2
WHO WE ARE	
2021 CPA MEMBERSHIP BY THE NUMBERS	4
WORKING ON YOUR BEHALF	5
STRATEGIC GOAL #1	6
STRATEGIC GOAL #2	8
STRATEGIC GOAL #3	10
STRATEGIC GOAL #4	
STRATEGIC GOAL #5	14
STRATEGIC GOAL #6	15
PARTNER ORGANIZATIONS ON THE CPA BOARD	16
COALITIONS, COLLABORATIVES AND ALLIANCES	
KEY HIGHLIGHTS OF THE 2021 AUDIT REPORT	
CPA'S CONTINUED ACTIVITY SPECIFIC TO COVID-19	19
CPA'S 2021 NATIONAL CONVENTION	
2022 AWARD WINNERS	21
CPA STUDENT GRANTS: RESEARCH, CAREER DEVELOPMENT	
SECTIONS	
COMMITTEES, TASK FORCES, PANELS, AND JOURNALS	

PRESIDENT AND CHIEF EXECUTIVE OFFICER MESSAGE



It was early 2020, and the onset of the COVID-19 pandemic, when we began to hear that we were living in an unprecedented time. Fast forward to 2022, and the intervening years presented us with some stark and unheeded truths around Canada's treatment of Indigenous peoples as well as people from racialized and minority groups. Add to that, the significant climate change events close to home like the fires and flooding in British Columbia, the protests in Ottawa, and the military aggression in Ukraine, and the adjective 'unprecedented' took on newer meaning still.

All these issues, among the most serious faced by any society, are ones about which psychology can and has shown leadership. All are ones whose remediation and reconciliation involve consideration of how people think, feel, and behave. Researchers and practitioners of psychology, as well as the organizations like the CPA that represent them, have a responsibility and an opportunity to make good on their commitments – advance science and practice in the service of individuals, groups, families, and the organizations in which we live and work.

The important work that psychology researchers and practitioners have taken on is inspiring and evident in in the many of their contributions to the CPA over the past year: 6 new and 5 updated fact sheets (coping with emergencies, disasters and violent events, several on children with epilepsy, hiring better job applicants using a structured job interview, relationship distress), and the launch of 14 videos of existing fact sheets.

- 3 more issues of Psynopsis (Advocacy, Missing and Murdered Indigenous Women and Girls, Health Provider Wellness), two of them guest edited by members.
- Launch of the working groups of the Human Rights and Social Justice in Psychology Committee as well as a monthly newsletter.

- Two new Sections Black Psychology and Psychology Careers and Professionals.
- The Criminal Justice Section, with the support of CPA staff, have been developing renewed policy and advocacy plans to have psychologists recognized as assessors of fitness to stand trial and criminal responsibility in the Criminal Code of Canada.
- New webinars on psychological report writing, work focused assessment, prediction statistics for assessment, longitudinal measurement invariance and cross-lagged panel models using lavaan, comprehensive school psychology models to meet the needs of students in diverse communities, and career pathways in psychology.
- Career and Job Fairs.
- The Educational and School Psychology Section, with the support of CPA staff, developed an advocacy paper on the need to augment training and participation of psychologists in schools.
- The Accreditation Standards review process.
- The Clinical Psychology Section released its Clinical Practice Guidelines that synthesize research to support clinical decision-making, facilitate knowledge translation into clinical practice, and inform the public.
- The Chair of the CPA's History and Philosophy of Psychology Section developed a graduate level History of Psychology course supported by the CPA and hosted by the University of Calgary.
- 2022 Psychology Month: profiles of each of the CPA's Sections, describing their work and accomplishments.



- Truth and Reconciliation Day: Webinar entitled How can the field of psychology honour this day and the survivors, their families, and communities?
- Several podcasts developed by CPA staff and guest experts among the membership on racism, advocacy, vulvodynia, youth homelessness, intentional therapists, your brain on screens, science's fight against misinformation, reflections on apartheid, elite athletes, and cognitive dissonance and the bystander effect.
- Black History Month: a series of interviews on the work and achievements of Black psychologists
- CPA issued a policy position calling for a ban on conversion therapy in 2015 and heartily welcomed the federal announcement in December 2021 that the ban would be enshrined in the Criminal Code of Canada.

It is the work of our members and the psychology community that fuels organizations like the CPA. It is the foundation of our advocacy work with government, funders, decision-makers and colleagues in other professions and disciplines. Some advocacy highlights undertaken this past year include:

- Articles in the Hill Times on access to service and parity of mental and physical health care .
- Position on how the provinces and territories can use federal mental health transfers to integrate psychological services into primary care. Meeting with federal MPs to discuss our recommendations.
- Meeting with the First Nations Inuit Health Branch to advocate for accessible and responsive mental health services for Indigenous Peoples in parity with similar services provided by the federal government across other departments.

- Collaborating with the Mental Health Commission of Canada in undertaking a survey of employee and employer perspectives on coverage of psychological services.
- Launch of an Advocacy Toolkit for members particularly those who are a member of the CPA's Very Involved Psychologist (VIP)/Very Involved Psychologist Researcher (VIPR) Network.
- Briefs and presentations on the mental health impacts of the pandemic and the future of Canada's health human resource to House of Commons Standing Committees on Health and on Human Resources and Skills and Social Development and the Status of Persons with Disabilities.
- Response to the federal call for input into the 2022 federal budget.
- Several policy papers in development entry to practice and title, issues impacting contract instruction in universities, a post-pandemic psychological research action plan.

The breadth and depth of what psychology researchers, practitioners and educators know and can share in the service of society is truly astonishing. The management of the many events of this unprecedented time is about how individuals and societies cope, how they respect and treat each other, and how they maintain hope in the face of chronic stress. It is about how we elevate voices who haven't been heard and how we commit to more inclusive and respectful communities at home, school and work. Psychology can and must help with that.



Ada L. Sinacore, Ph.D. CPA President (2021-2022)



Karen R. Cohen Ph.D., C. Psych. Chief Executive Officer, CPA

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ERIC BOLLMAN Communications Specialist

MADELEINE SHEPPARD-PERKINS Research Associate

EVA SHEPPARD-PERKINS Assistant, Operations and Administration

CHRISTINE MCPHERSON Assistant, Accreditation TIM BLEEKER Webmaster and IT Governance

CHRISTY SAVAGE

Research and Knowledge Mobilization Coordinator / Editor, Psynopsis Magazine

ADAM ASHBY GIBBARD Multi-Media Graphic Designer

DR. ANDREA LEE Policy Associate

JANET CLARKE Human Resources Consultant



WHO WE ARE



ABOUT US

The Canadian Psychological Association (CPA) was founded in 1939 as the national association for the science, education, and practice of psychology in Canada. We were incorporated under the Canada Corporations Act, Part II, in May 1950 and received our Certificate of Continuance under the Canada Not-for-Profit Corporations Act (NFP Act) in August 2013. With over 7,000 members and affiliates, we are Canada's largest national association for psychology.

VISION

A society where understanding of diverse human needs, behaviours and aspirations drive legislation, policies and programs for individuals, organizations and communities.

MISSION

Advancing research, knowledge, and the application of psychology in the service of society through advocacy, support and collaboration.

OUR STRATEGIC GOALS

As an association, we are guided by the vision that the science, practice and education of psychology has broad and deep relevance to public policy and the public good. We aim to realize this vision by being an association that:

- Supports and promotes psychological science to advance knowledge and to address the concerns of people and the society in which we live and work.
- Meets the needs, supports the growth and enhances the impact of the discipline and profession.
- Advocates for access, resources and funding for psychological services and research, in parity with physical health, for the people in Canada.
- Addresses the education, training and career development needs of students, educators, scientists and/or practitioners of psychology across their lifespan.
- Promotes and models equity, diversity and inclusion in all we do.
- Is accountable to Indigenous people through the recommendations of the CPA's response to the Truth and Reconciliation Commission (TRC) of Canada's report.

CPA GUIDING PRINCIPLES

- Evidence-based practice, policy and decisionmaking.
- Respect our organizational mission in all things: support and promote the development of the discipline and profession and its contributions to the people and society in which we live and work.
- Deliver value to members and affiliates.
- Respect, integrity, diversity and inclusion guides all our activity.

- Model the principles of the CPA Canadian Code of Ethics in all we do.
- Collaborate meaningfully and constructively with the CPA's and psychology's partners and stakeholders.

CPA OPERATING PRINCIPLES

- A commitment to best practice in the governance and management of the association.
- Organizational effectiveness. Our strategic goals reflect and respond to the needs and views of our membership and stakeholders. We align operations to strategic goals. We balance the need for continuity of policy and programming with the need to respond to changes in the organization's climate and context. We walk the talk of respect and collaboration among Board, management, staff, members, affiliates, partners and stakeholders.
- Provide psychology across Canada a professional home. We can do this by being a convenor and by supporting networks and communication among scientists, practitioners and educators in psychology.
- Have an opinion, lend a voice, make change for the good. We engage members and their expertise in making contributions to public policy.
- See, hear, and consider a diversity of perspectives from among members, affiliates, partners and stakeholders when addressing issues, problems, policies and initiatives facing psychology or the organization.

2021 CPA MEMBERSHIP BY THE NUMBERS

CPA MEMBERSHIP TYPE BREAKDOWN

Fellow	131
Member	
Early Career Year 1 Member	
Early Career Year 2 Member	
Parental Leave Member	33
Honorary Life Fellow	
Honorary Life Member	
International Affiliate	
International Student Affiliate	12
Retired Fellow	
Retired Member	
Special Affiliate	
Student Affiliate	
Student Affiliate - Campus/Student Rep	
CPA/APA Joint Fellow	2
CPA/APA Joint Member	
Section Associate	
CPA Complimentary Membership	
Total	7, 165

AGE BREAKDOWN

18 – 29 years	1,169	(16%)
30 – 49 years	3,142	(44%)
50 – 69 years	2,237	(31%)
70+ years	617	(9%)



OUR MEMBER BENEFIT PARTNERS



4



STRATEGIC GOALS

What follows is an overview of 2021/2022 CPA activity organized by our Strategic Goals. Note that below we focus on new achievements and activity over the past year.

STRATEGIC GOAL #1

SUPPORTS AND PROMOTES PSYCHOLOGICAL SCIENCE TO ADVANCE KNOWLEDGE AND TO ADDRESS THE CONCERNS OF PEOPLE AND THE SOCIETY IN WHICH WE LIVE AND WORK

Promoted the breadth and contribution of psychological science

Many thanks to the Editors and Associate Editors of our journals for their ongoing commitment and excellence to our journals - particular thanks to Dr. Ouimet whose Editorial term ended December 2021 and to Dr. Jamieson and Dr. Goghari whose Editorial term will end in 2022.

- Canadian Journal of Experimental Psychology (CJEP): Editor - Dr. Randall Jamieson; Associate Editors - Dr. Glen Bodner, Dr. Jean Saint-Aubin, Dr. Debra Titone.
- Canadian Psychology (CP): Editor Dr. Vina Goghari; Associate Editors - Dr. Donald Sharpe, Dr. Natacha Godbout.
- Canadian Journal of Behavioural Science (CJBS): Editor - Dr. Allison J. Ouimet (until December 2021); Associate Editors - Dr. Pierre Cormier, Dr. Martin Drapeau (as of July 2021), Dr. Annie Roy-Charland (Editor as of January 2022).

We posted six (6) new Psychology Works Fact Sheets and updated five (5) of our existing fact sheets since last June. We also completed the first phase of a project to turn some of our existing fact sheets into videos, with the launch of 14 fact sheet videos. Many thanks to the authors of our fact sheets for sharing their expertise, as well as to our Sections, the Scientific Affairs Committee and our Fact Sheet Editorial Board for their assistance in developing and updating these resources.

We released two (2) new issues of *Psynopsis* since I ast June with an additional one (1) to be published in May 2022:

- Advocacy Edited by Dr. Karen R. Cohen and Mr. Glenn Brimacombe (Vol. 43.4, 2021).
- Missing and Murdered Indigenous Women and Girls – Guest Edited by Dr. David Danto and Dr. Jennifer Chalmers (Vol. 44.1, 2022).
- Health Provider Wellness Guest Edited by Dr. Mélanie Joanisse (Vol. 44.2, 2022).

We Influenced public discourse through social media and videos. During Black History Month, we showcased seven psychologists doing work in the Black Psychology space. Our 56 posts, across our four platforms, resulted in just over 670 engagements and a reach of close to 25,000 people. Our 2022 Psychology Month Campaign highlighted the myriad of ways psychology touches all our lives. Each of our 34 Sections, and the work they do, were profiled. Our more than 400 social media posts resulted in just over 1.5 million impressions.

We provided letters of support to members in support of tri-council funding or award nominations and joined grant applications as knowledge user/collaborator/ mobilizer.

The CPA's Recruit Research Participants Portal (R2P2) is a service that allows our members and affiliates who are seeking participants to post notices of their studies on our website. The notices are shared in CPA News, on the CPA's website, and via the CPA's social media outlets.

Support for international psychological science. DCEO, Dr. Lisa Votta-Bleeker, continues to serve as the National Research Council's point person at Head Office regarding the International Union of Psychological Science (IUPsyS), communicating and collaborating with the CPA membership and to Dr. Jennifer Veitch (Chair of the CPA's International Relations Committee) and Dr. Saba Safdar (Head of the Canadian National Panel for IUPsyS).

Collaboration with our international partners in psychology. CPA Board member, Dr. Shelley Goodwin, is CPA's regular representative on the Global



Psychology Alliance (GPA). Dr. Goodwin is joined by other of CPA's section and committee leaders and CEO. The GPA is an alliance of psychology associations around the world dedicated to applying psychological science to public policy. Topics addressed by the GPA in 2021/22 focused on human rights and social justice, the pandemic, and climate change. In May of 2022, the CPA signed on to a new international proclamation in support of the United Nation's Sustainable Development Goals 13 (climate change) and 3 (healthy lives and wellbeing for all people). This past year, the CPA also introduced an International Bursary Program that is available to developing and emerging countries.

LEVERAGED CPA DATA TO INFORM AND IMPACT ISSUES OF PUBLIC CONCERN AND POLICY

The CPA's fact sheets, policy positions and issues of *Psynopsis* are shared with relevant partners, funders, government and other decision-makers to advance evidence-informed public policy. The impacts of the COVID-19 pandemic, climate change, and the military aggression in Ukraine (to name only a few) on individuals, families, workplaces, and communities continues to be profound. The CPA has strived to support the discipline and the public by regularly updating the CPA's website with relevant resources.

ADVOCATED FOR AND FUNDED PSYCHOLOGICAL SCIENCE

Through its DCEO, the CPA maintains regular communication with the Social Sciences and Humanities Research Council (SSHRC), Canadian Institutes of Health Research (CIHR), and Natural Sciences and Engineering Research Council of Canada (NSERC) regarding funding for psychological research, the proportion of operating grants awarded that have a mental health or psychology component, the need for cross-agency funding opportunities, and funding issues impacting Canada's psychology researchers and students. Conversations have continued to focus on funding to explore the biopsychosocial impacts of COVID-19 and long-term funding for mental health research that is proportionate to its burden of disease and impacts on specific communities.

The CPA has continued to advocate for the completion of the unfulfilled recommendations in the Federal Government's Fundamental Science Review Report; increased investments in research and development, increased funding to the base budgets of each of CIHR, SSHRC, and NSERC for fundamental basic and applied research; and more funding for psychological and mental health research.

The CPA continued its Annual Student Research Funding Program. 2021/22 saw an increase from 10 to 15 grants, valued at \$1,500.00 each, awarded by the CPA. In addition, the CPA administered its joint CPA-CSBBCS grant valued at \$1,500.00; six awards, valued at \$500.00 each, by the CPA's Student Section; and the Research and Leadership grants sponsored by BMS Canada (total value \$7,500.00).

We continued to provide annual funding for psychology-related conferences that specifically target engagement and participation of undergraduate psychology students with four annual awards valued at \$500.00 each.

The CPA was represented on numerous researchfocused alliances/committees, including but not limited to the Canadian Consortium for Research (CCR) for which the CPA's DCEO continues to serve as Chair; the Public Health Agency of Canada's National Research Advisory Committee on Suicide and Its Prevention; and the Mental Health Commission of Canada's National Collaborative for Suicide Prevention.

DEVELOPED PSYCHOLOGY-INFORMED POSITIONS ON TOPICS OF RELEVANCE TO SCIENCE AND PRACTICE

Several policy papers, and associated advocacy plans, began development in 2022. These included an entry to practice position in the context of changes to service delivery during the COVID-19 pandemic, the recommendations of CPA's Title Task Force recommendations, and changes to the regulated practice landscape in recent years across Canada's jurisdictions. Also in development is a paper and advocacy plan on issues impacting contract instructors in universities.

STRATEGIC GOALS

STRATEGIC GOAL #2

ENGAGES STUDENTS, SCIENTISTS, PRACTITIONERS AND EDUCATORS IN AND WITH THE CPA

- Entered Year 2 of a two-year pilot of the new Section Associate Category, that was first launched with the CPA's 2021 renewal year.
- Following the successful delivery of two virtual conventions in 2020 and 2021, we pivoted back to planning an in-person convention with various virtual components for 2022.
- As part of our 2022 renewal, initiated the process to launch two new CPA Sections: Black Psychology and Psychology Careers and Professionals.
- Continued our Monthly Poll question in CPA News to find out members' views about key initiatives and topics including – their top advocacy priorities, percentage of in-person versus virtual services they provided during COVID, ideas for our Mind Full podcast – to name just a few.
- Hosted the CPA's first-ever Virtual Job Fair, featuring over 40 employers.
- Continued to profile our Undergraduate and Graduate Student Representatives to inform and recruit new student affiliates.
- Added one new affinity partner Park'N Fly to our Member Benefit offerings.
- Convened several surveys of and to inform members in 2021/22 (e.g., cognitive assessment guidelines document for psychologists and occupational therapists).

- Continued to support the work of the CPA's numerous committees to address specific topics of relevance to the membership, association and the discipline.
- Broadened and deepened the resources posted on the CPA's COVID-19 pages to support the discipline and profession in addressing research and practice disruption and continuity, addressing issues and opportunities for practice, research and education in the digital space, and information that can be of assistance to members, clients and students.
- Continued delivery of Advocacy workshops by the CPA's CEO to psychology residents, students, and staff persons at programs across Canada.

MEMBER AND AFFILIATE PROMOTION

Promoted our Members and Affiliates, and the CPA, through our monthly newsletters, weekly news roundups, podcasts, webinars, media stories and Spotlights on our website and social media platforms.

Continued to create CPA-brand specific graphics to be used across all social media platforms and creatives. Over the last year, prominent initiatives included CPA/ APA videos to promote the monthly additions to our CPD bank of courses, our renewal campaign videos, and the creation of our Advocacy Toolkit.

EDUCATED THE PUBLIC ABOUT THE IMPACT OF PSYCHOLOGY'S CONTRIBUTION TO SOCIETY

For this year's Psychology Month 2022 Campaign, we highlighted each of the CPA's 34 sections, and the work they do via daily spotlights and videos. For Black History Month, we showcased the work and careers of contemporary Black psychologists.

The CPA participated in, as well as supported and promoted, the participation of members in numerous media and public outreach events, particularly on topics related to COVID-19. We fulfilled 48 interview requests, had over 2,450 media mentions, and we shared 2,100 media stories involving our members through our weekly new roundups, monthly newsletter and social media platforms.

We continued to host and promote the pro bono psychological service initiative for Canada's health providers working on the front lines of the pandemic. In February, we once again sent letters of appreciation to psychologists providing pro bono services along with a coupon code for a 40% discount on CPA's CPD offerings as a small gesture of thanks for their volunteerism. In March, we issued a statement of solidarity with the people of Ukraine and in April, in response to member feedback, we launched a survey of the membership to determine interest in launching a pro bono service initiative for Ukrainian Canadians.

REVIEWED, PRIORITIZED AND ACTED ON THE RECOMMENDATIONS FROM BOTH THE PROFESSIONAL TRAINING AND SCIENCE SUMMITS

The Professional Affairs Committee has developed a survey with which to follow up with organizations of psychology on progress made on the many recommendations of the Professional Training Summit. Results of the survey will help to inform activity for 2022/23. In concert with the CPA's Committee on Human Rights and Social Justice in Psychology, consideration is to be given to an equity, diversity and inclusion summit for psychology.

The CPA's Scientific Affairs Committee has continued to act on the recommendations from its 2019 Science Summit. Activities undertaken in response are described elsewhere in this report.



STRATEGIC GOALS

STRATEGIC GOAL #3

ADVOCATES FOR ACCESS, RESOURCES AND FUNDING FOR PSYCHOLOGICAL SERVICES AND RESEARCH, IN PARITY WITH PHYSICAL HEALTH, FOR THE PEOPLE IN CANADA.

ENGAGED HEALTH FUNDERS AND DECISION-MAKERS TO SUPPORT THE INTEGRATION OF PSYCHOLOGICAL SERVICES INTO PRIMARY HEALTH CARE SERVICES

Through the work of the CEO and Director of Policy and Public Affairs, the CPA plays a leadership role on several collaborations which are developing models and initiatives to bring about better access to care for mental health and substance use problems, integrated into primary care. Some of these include:

- The CEO and Director of Policy and Public Affairs each authored an article that was published in the Hill Times (an electronic and print publication that reaches all Parliamentarians, political staff and government departments). These publications focused on investments to enhance timely access to mental health services and one on achieving mental health parity.
- With the Council of Professional Associations of Psychologists (CPAP), the CPA developed a report which focused on how the federal government's commitment to establish a new Canada Mental Health Transfer (valued at \$4.5 billion over the next five years) can accelerate the integration

of psychological services in primary care at the provincial/territorial level. The report, *New Federal Investments in Mental Health: Accelerating the Integration of Psychological Services in Primary Care*, has been shared with federal and provincial/ territorial governments. Over the course of 2021/22 we convened several meetings with Parliamentarians to discuss this and other issues.

- CPA submitted a brief to the House of Commons Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities. The brief focuses on the role and contributions of psychology within an integrated primary care system, challenges of capacity and licensure, and the need for more robust health system performance measures.
- We submitted a brief to the House of Commons Standing Committee on Health focused on (1) the important role that psychological science plays in developing current and post-pandemic policies; (2) the need to address the funding barriers that limits access to psychological care; and (3) the importance of training and regulating Canada's health human resources.
- We convened several meetings with Parliamentarians to discuss the recommendations in the climate change policy position developed by the Environmental Psychology Section.

- We posted the final report of the Psychotherapy Policy Implementation Network (PPIN) hosted by the Mental Health Commission of Canada, which the CPA's CEO co-chaired.
- The CEO continues to represent the CPA on the e-mental health advisory committee of the Mental Health Commission of Canada and to share this work with the CPA Telepsychology Working Group which she staffs for its Co-Chairs, Board members Dr. Elizabeth Church and Laurie Ford. The Working Group hopes to release its Telepsychology Guidelines in 2022.
- The CEO continues to co-chair the Disability Advisory Committee (DAC) for the Minister of National Revenue. In this role, Dr. Cohen continues to advance change to create fairness in the eligibility criteria for the Disability Tax Credit for persons with disability. One of the key recommendations made by the DAC has been a redefinition of the eligibility criteria for mental disorders. The DAC will release its third annual report in spring/summer 2022.
- CPA has been supporting the Association of Psychologists of Nova Scotia (APNS) in planning the strategic opportunities and challenges of their new provincial government's commitment to expand public coverage/funding for the services of psychologists under Medicare.
- At the request of the Manitoba government, the CPA responded to their proposal to license counselling therapists.
- CPA's CEO and Director of Policy and Public Affairs assisted the Educational and School Psychology Section in the development of a policy position on the training and contributions of psychologists in schools.

- CPA submitted a brief in response to the federal call for input into the 2022 federal budget.
- The Section on Criminal Justice, with support of CPA staff, re-engaged the federal government (and where appropriate, provincial/territorial governments) to amend Section 672 of the Criminal Code of Canada to explicitly designate psychologists to be able to perform assessments of fitness to stand trial and criminal responsibility.

ADVOCATED FOR INSURANCE PARITY IN THE PRIVATE AND PUBLIC SECTORS FOR MENTAL AND PHYSICAL HEALTH SERVICES

The CPA's Director of Policy and Public Affairs, Mr. Glenn Brimacombe, continues to chair CAMIMH's Public Affairs Committee; in this capacity, he continues to support a call for parity on how Canada funds mental and physical health services through public and private insurance plans.

Dr. Cohen continues to represent CPA on the EHPC (Extended Health Providers Coalition). One of the key concerns of the EHPC is the coverage of non-publicly funded health care services through extended health insurance plans; coverage which delivers evidence-based doses of intervention. The EHPC has been working with the Canadian Life and Health Insurance Association (CLHIA) on initiatives to educate and support health providers whose services are covered by extended health insurance plans.

The CPA has been reaching out to the First Nations Inuit Health Branch to advocate for accessible and responsive mental health services for Indigenous Peoples in parity with similar services provided by the federal government across other departments.

CONTINUED TO WORK WITH INSURERS AND PLAN SPONSORS TO BRING ABOUT MEANINGFUL COVERAGE FOR PSYCHOLOGICAL SERVICES

Dr. Cohen, representing CAMIMH, attended an inaugural meeting convened by the MHCC to address mental health services across public and private sectors, particularly as relates to the opportunities and challenges that the insurance and business sectors face in addressing the increasing demand for timely access to mental health and substance use health services.

The CPA collaborated with the Mental Health Commision of Canada on a survey of employers, designed to collect information about their support and use of psychological services through extended health care plans to better understand employees' awareness of the availability of psychological services, and in the latter, to better understand the strategic issues that impact employers'/plan sponsors' decisions about what and how plans offer coverage.

The CPA also worked with the MHCC and GreenShield to support data extraction that focuses on mental health and substance use cost and utilization data.

ASSESSED CURRENT FUNDING FOR PSYCHOSOCIAL HEALTH RESEARCH ACROSS GRANTING COUNCILS

Continued assessments of current funding for psychological health research across granting councils indicate that 9% of CIHR funded projects have a psychosocial health focus/component. The CPA has continued to advocate for long-term funding for mental health research that is proportionate to its burden of disease and impacts on specific communities. The CPA's DCEO and Director of Policy and Public Affairs, in collaboration with SAC, initiated work on the development of a post-pandemic, psychological research action plan.

DEVELOPING MEMBERS' ADVOCACY SKILLS

As part of the CPA's Very Involved Psychologist (VIP) and Very Involved Psychologist Researcher (VIPR) Program, we developed an Advocacy Toolkit to assist members in building or augmenting their advocacy skill set, a revised media guide, and advocacy-focused educational resources. The toolkit helps to equip members and affiliates with the knowledge, strategies, and tools they need to be an effective advocate.

11

STRATEGIC GOALS

STRATEGIC GOAL #4

ADDRESSES THE EDUCATION, TRAINING AND CAREER DEVELOPMENT NEEDS OF STUDENTS, EDUCATORS, SCIENTISTS AND/OR PRACTITIONERS OF PSYCHOLOGY ACROSS THEIR LIFESPAN

Over the course of 2021/22, we identified topics and resources of interest, as well as augmented the breadth and depth of our live and archived offerings to include courses in research methods, leadership, personal care and wellness, clinical practice on a range of different subjects, and courses offered in English and French.

Webinars recorded during the CPA's 2021 Virtual Convention were launched:

- Case Reports and Other Psychological Writing about Patients, by Dr. Barbara Sieck.
- Work-Focused Assessment, Treatment, and After-Care: A Primer for Psychologists, by Dr. Sam Mikail, Ms. Valerie Legendre, Ms. Carmen Bellows, Dr. Renee-Louise Franche, and Dr. Monique Gignac.
- Prediction Statistics for Psychological Assessment, by Dr. R. Karl Hanson.
- A Brief Introduction to Longitudinal Measurement Invariance and Cross-lagged Panel Models using lavaan, by Dr. Sean MacKinnon.
- A Comprehensive School Psychology Model
 Designed to Meet Students' Needs in Diverse
 Communities, by Dr. Maria Kokai and Dr. Ester Cole.

These courses, along with others developed via live webinars, bring the total number of courses in the CPA's on-demand course catalogue to 30. Additional courses are in development:

- Two webinars on the Teaching of Psychology.
- A series on introductory statistical methods.
- A French version of an existing English course on Telepsychology .

The CPA's licensing agreement with the APA for access to the online catalogue of Professional Development courses has continued to expand, with over 160 courses available as of this writing, and more courses being added monthly.

As of April 2022, the CPA had a total of 42 new or renewing Continuing Professional Development Sponsor organizations. Six additional Sponsors have been approved in 2022

32 Annual Reports were received from CPA Continuing Education Sponsor organizations.

Work continues on the development of a multipart suite of courses on Addictions and Substance Abuse Health. Instructors for several topics have been identified and curriculum content for individual modules is under development. A multi-part course in Pain Management and Psychology is being developed in collaboration with McMaster University's Degroote Institute for Pain Research and Care, led by Dr. Norman Buckley. The DeGroote Institute has committed \$10,000 toward course development and honoraria for presenters.

Therapy Live was made available to the CPA's members. It is a practice management program that supports online presence and practice.

PROVIDED FINANCIAL, ACADEMIC AND/OR CAREER-DEVELOPMENT SUPPORT FOR STUDENTS, TEACHERS, MENTORS AND LEADERS

The CPA –

- Hosted its 2nd Annual Virtual Career, again in collaboration with the CSBBCS, featuring psychology graduates who had pursued careers outside of academia and the health services delivery settings.
- Initiated discussions with one of the mentors from the 2021 Career Fair to develop a series of short webinars related to career development resources.
- Hosted a series of three webinars in collaboration with Dr. Saeid Chavoshi of York University on the theme of Career Pathways:
 - Exploring Career Options in Mental Health Professions.
 - Different Roads to Becoming a Clinical Psychologist.
 - Careers in Psychological Research.



- Collaborated with Dr. Maria Kokai of the Education and School Psychology Section to present a webinar, Career Path Navigation: How to Become a School Psychologist - Tips and Tricks from Those in the Profession.
- Worked with Dr. Shahaz Winer, Chair of the CPA's new Section on Psychology Careers and Professionals, to identify career-related collaborations.
- Posted a new Psychology Works Career Resource developed by the CPA's Clinical Neuropsychology Section: Training to Become a Clinical Neuropsychologist in Canada.
- Regularly updated the CPA's Career Hub, including a link to the mentor videos from the CPA's 2021 Virtual Career Fair.
- Continued work on a resource on academic advancement and success.
- Issued a call for submissions for the Summer Issue of *Psynopsis* which will focus on psychology careers.
- Hosted our first ever Job Fair featuring over 40 employers with position openings.

In January 2022, Dr. Jim Cresswell, Chair of the CPA's History and Philosophy of Psychology Section delivered a graduate level History of Psychology course (one-week intensive "block") hosted by the University of Calgary that was open to students from across Canada. Although enrolment was small, the reception to the course among students was positive, and the CPA has agreed to support the delivery of an additional iteration of the course. The content of the course will remain consistent, but changes to format are being explored prior to the next delivery, likely in the Winter term of 2023.

ACCREDITATION

As of May 2022, we accredit a total of 42 internship programs and 41 doctoral programs.

The CPA Panel and the Registrar have been liaising with national and international training partners to address the ongoing issues caused by the COVID-19 pandemic with respect to psychology training. Following the approval of amendments to the Panel's virtual site visit procedures by the CPA Board in November 2021, the Accreditation Office began rescheduling site visits postponed by the pandemic, including site visits for new programs. The Accreditation Office and Panel have been working to complete 28 site visits in the 2021-2022 training year, nearly double the regular volume. The Panel would like to take this opportunity to recognize the tremendous effort of the CPA's volunteer site visitors, upon whose expertise and volunteerism the accreditation process depends.

The review of the CPA's Accreditation Standards is ongoing. Despite delays due to the COVID-19 pandemic. the Standards Review Committee, the Accreditation Panel, and the Registrar completed formal, focused consultation with stakeholders internal and external to the CPA as well as members of the public. Stakeholders invited to consult included the Canadian Council of Professional Psychology Programs (CCPPP), the Association of Canadian Psychology Regulatory Organizations (ACPRO), the CPA's Sections, the American Psychological Association, the Association of State and Provincial Psychology Boards (ASPPB), the Council of Professional Associations of Psychologists, the Council of Canadian Departments of Psychology, as well as associations representing racialized psychologists in Canada. In March 2022, the Standards Review Committee completed an updated draft of the Standards based on the feedback received, and the Panel expects to review this final draft and submit it to the CPA Board of Directors for approval in 2022. The

Accreditation Panel is preparing an implementation timeline for the revised Standards pending their approval by the CPA Board. The Panel wishes to take this opportunity to thank the members of SRC for their work on this monumental undertaking; their membership includes Drs. Paul Greenman (co-chair), Kerry Mothersill (co-chair), Mary Caravais, Michelle Drefs, Julie Gosselin, Brad Hallam, David Hodgins, Joshua Madsen, Harold Wallbridge, and Richard Young.

Our Registrar of Accreditation, Dr. Stewart Madon, continues to liaise with the American Psychological Association, the Canadian Council of Professional Psychology Programs (CCPPP), and other stakeholders on matters related to professional training in Canada and the US.

The Panel wishes to welcome Dr. Virginia Tze from the University of Manitoba, and Dr. Monnica Williams from the University of Ottawa as new members of the Panel. The Panel would like to formally thank Drs. Damien Cormier, Elaine De Guise, and Vina Goghari for their service, as they recently completed their terms on the Accreditation Panel.

STRATEGIC GOALS



STRATEGIC GOAL #5 PROMOTES AND MODELS EQUITY, DIVERSITY AND INCLUSION IN ALL WE DO

The DCEO continues to support the work of the CPA's Standing Committee on Human Rights and Social Justice in Psychology, and its six working groups. The Co-Chairs circulate a monthly newsletter to the committee's membership; the newsletter is also posted, in English and French, on the CPA's public website. The Working Groups have created specific work plans and have met throughout the year to advance their work.

CPA staff are also working on an operational plan that shows the association's accountability to human rights and social justice. To this end;

- Staff continue to meet with our membership database developer to discuss ways in which we can obtain demographic information on our members that is respectful of peoples' human rights.
- New Board members and CPA staff are provided with EDI (Equity, Diversity and Inclusivity) literacy training.
- The CPA's Annual Convention continues to include a thematic stream devoted to human rights and social justice; features speakers with direct subject matter experience; and aims to be inclusive of all delegates with various accessibility issues/needs.

- We have continued to keep members abreast of topical Human Rights and Social Justice news/ issues, and psychologists' work in this area, through our weekly news roundup (HRSJ section of the roundup), our podcasts (e.g., Racism and the Pandemic, Racial Trauma and Racial Justice), continuing professional development offerings, and through our Black History Month profiles.
- Canadian Psychology (CP), undertook a special issue on Building a Socially and Culturally Responsive Psychology.

The CPA also continues its efforts to engage and meet the needs of its francophone members.

- Since 2017, we have increased our translation budget by 330%.
- The CPA's journals continue to publish articles in both English and French; two of this year's awards for best journal article were for articles published in French.
- Submissions for the CPA's annual convention continue to be accepted in both English and French, and French simultaneous interpretation is offered for all the CPA's plenary sessions, inclusive of its Annual General Meeting.

- CPA policy documents and reports are available in both English and French.
- In 2021/22, a French language webinar on clinical supervision was added and another on telepsychology will be added in spring/summer 2022. In addition, all the Psychology Profiles released during Psychology Month and Black History Month were released in both English and French.



STRATEGIC GOALS

STRATEGIC GOAL #6

IS ACCOUNTABLE TO INDIGENOUS PEOPLE THROUGH THE RECOMMENDATIONS OF THE CPA'S RESPONSE TO THE TRUTH AND RECONCILIATION COMMISSION (TRC) OF CANADA'S REPORT

The CPA's leadership continues to act on the recommendations from the CPA's response to the *Truth and Reconciliation Commission (TRC)* report to identify CPA-specific objectives and prioritize elements.

Over the last year, the Board approved letters sent to the government of Canada in support of Cindy Blackstock and the *Spirit Bear Plan* in calling on government to recognize the treatment of Indigenous peoples as a genocide. As noted elsewhere in this report, the winter issue of *Psynopsis*, guest edited by Dr. David Danto and Dr. Jennifer Chalmers, focused on Missing and Murdered Indigenous Women and Girls.

To increase awareness, knowledge, and action among psychology and the public in creating allyship with Indigenous Peoples, we supported various initiatives to recognize September 30th as Truth and Reconciliation Day:

- compiled a list of events that were happening Canada-wide which we posted on the website and sent out via a CPA News.
- made available 100 codes to provide free access to take the introductory level 201 Indigenous Awareness Certification course.

 posted a link on the CPA's YouTube channel to a webinar created by Dr. Stryker Calvez, Chair of the CPA's Indigenous Peoples' Psychology Section, and Dr. David Danto, Chair of the CPA's Standing Committee on Reconciliation: "How can the field of psychology honour this day and the survivors, their families, and communities?"

The CPA's Convention staff are committed to ensuring that the CPA's Convention is a welcoming environment for members and affiliates who identify as Indigenous. For the CPA's return to an in-person convention in 2022, the CPA is providing fee waivers for CPA members and affiliates who identify as Indigenous and whose membership is in good standing. The scientific program includes programming specific to its Indigenous Peoples' Psychology thematic stream across all three days and welcomes Elder Beverly Kooshig-Soonias as part of its Opening and Closing Ceremonies.

In collaboration with the APA as the publisher of our journals, we promoted specific articles with an Indigenous focus as relevant resources.

PARTNER ORGANIZATIONS ON THE CPA BOARD

Four psychology organizations hold partner seats on the CPA's Board. The Canadian Council of Professional Psychology Programs (CCPPP), the Council of Canadian Departments of Psychology (CCDP), the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) and the Council of Professional Associations of Psychologists (CPAP), the latter of which CPA is both a funder and member.

The following is a summary of activity of each of our partner organizations over 2021/22.

Canadian Council of Professional Psychology Programs (CCPPP)

Dr. Sara Hagstrom represents the CCPPP as a partner on the CPA Board. The CCPPP continues to meet monthly for executive meetings with membership updates provided, as well as biannually through a mid-winter meeting and at the CPA's Convention. With consideration for equitable access to important training topics, the CCPPP hosts a National Training Seminar Series that is open to all psychology graduate students, residents, and faculty in both internships and academic programs. The CCPPP supports the regular work and meetings of the CCPPP working group against racism and discrimination, the taxonomy initiatives, and continued dissemination of the Social Responsiveness Toolkit to programs across Canada. The CCPPP has facilitated development of a student finance working group to understand the ongoing financial concerns of graduate psychology students, as well as support closer partnerships with the CCPPP Student Rep and CPA Sections to ensure greater distribution of information to trainees through CPA Sections. The CCPPP also continues to maintain the Guidelines for the Documentation of Professional Psychology Training Hours. With respect to the internship interviews and the recommendation

to move forward with offering only virtual internship interviews in Canada, the CCPPP worked with member programs to create a recommended national schedule that equitably distributes the volume of interviews across the several weeks. Finally, the CCPPP represented their members by providing feedback on the proposed changes to the Accreditation Standards.

Council of Canadian Departments of Psychology (CCDP)

Dr. Sandra Bvers. Executive Director of the CCDP. continues to keep the CPA abreast of the education. training, and research needs and concerns of psychology departments. The CPA continues to offer Certificates of Academic Excellence to psychology students and to develop the Psychology Graduate Guide with the assistance of Canada's psychology department chairs. The CCDP provides two awards to undergraduate or graduate students as nominated by their departments: 1) The TA Award is for doing outstanding work as a teaching assistant; and 2) The Professional Development award is to contribute to students' professional development. The CCDP has been meeting informally on a regular basis over the past year to discuss common concerns arising from the pandemic which Chairs have found very useful.

Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS)

Dr. Valerie Thompson represents the CSBBCS as a partner on the CPA Board. The CSBBCS has spoken alongside the CPA regarding the contributions of psychological science to the pandemic as well as the pandemic's impacts on psychological scientists and students, particularly those whose research labs were impacted by closures. It also continues to play a key role in the production of the *Canadian Journal of Experimental Psychology*. This past year, the CSBBCS again co-sponsored a student research grant focused on the brain and cognitive sciences with the CPA and collaborated with the CPA on the delivery of a career fair targeted at psychology students pursuing careers outside of the academic and clinical settings.

Council of Professional Associations of Psychologists (CPAP)

The CPA's Chair of Professional Affairs, Dr. Shelley Goodwin, represents the CPA on CPAP and Dr. Judi Malone represents CPAP as a partner on the CPA Board. CPAP's key 2021/22 activities include networking among psychology organizations, collaborations on advocacy, development of a report on stepped care, and in partnership with ACPRO, attention to the development of self-care resources for psychologists. CPAP also undertook some strategic planning in 2021/22 addressing their mission, mandate, who they serve and those of the activities most valued by members.

COALITIONS, COLLABORATIVES

Canadian Alliance of Mental Illness and Mental Health (CAMIMH)

We continue to support CAMIMH's work. In 2021/22, our activities included bookkeeping services, Mr. Brimacombe's (CPA's Director of Policy and Public Affairs) leadership of CAMIMH's public affairs committee and the development an advocacy plan related to a policy paper on mental health parity. CAMIMH has convened several meetings with federal elected officials on mental health. CAMIMH was also invited to a public/private insurance discussion of mental health services convened by the Mental Health Commission of Canada which was attended by the CPA's CEO on CAMIMH's behalf.

Canadian Coalition for Public Health in the 21st Century (CCPH21)

We continue to be a member of the CCPH21, ensuring that mental health is given a voice on the public health agenda. Dr. Votta-Bleeker attends these meetings as our representative. Areas of focus for advocacy in 2021-2022 for CCPH21 included: 1) COVID-19; 2) climate change and human health; 3) reconciliation and anti-racism, oppression, stigma and discrimination; and 4) health system reform.

Canadian Consortium for Research (CCR)

Dr. Votta-Bleeker continues to chair the CCR. This past year, the CCR's efforts have focussed on highlighting both the contribution of science to addressing and understanding the impacts of COVID-19 as well as the impact of COVID-19 on Canada's scientific community across all disciplines. The CCR also resumed its annual meeting with the funders, in the form of a virtual townhall in early 2022.

Canadian Health Workforce Network

The CPA has participated in the work of researchers at the Mental Health Commission of Canada and the University of Ottawa who are conducting a study on the impact of COVID-19 on Canada's mental health and substance use workforce. CPA invited practicing psychologists to consider participating in the study. The results obtained will be important to understanding and responding to the needs of psychologists and our other mental health and substance use colleagues. CPA also signed on to the Network's Call to Action for Betting Planning, Better Care and Better Work through Better Data

Canadian Life and Health Association (CLHIA)

The CPA continues its collaboration with CLHIA largely through its membership in the EHPC.

Extended Health Care Providers Coalition (EHPC)

Dr. Cohen and Mr. Brimacombe sit on this coalition of health providers whose members work within and outside of the public sector. Recent activity has included the development of an interdisciplinary advocacy working group, collective advocacy on student loan forgiveness, and discussion of collaboration on an extended health insurance benefit program for our memberships.

MHCC Advisory Committee on E-Mental Health

Dr. Cohen continues to sit on the MHCC's advisory committee on e-mental health whose membership also includes several psychologist scientists and practitioners with expertise in e-mental health. Activity in 2022 has included discussion of a national strategy on e-mental health.

MHCC National Collaborative for Suicide Prevention (NCSP)

Dr. Votta-Bleeker represents the CPA on the MHCC's National Collaborative for Suicide Prevention. The Collaborative's work is focussed on three areas: national strategy for suicide prevention, common messaging, and data and research. Dr. Votta-Bleeker sits on the Data and Research Working Group.

National Research Advisory Committee on Suicide and Its Prevention

Dr. Votta-Bleeker sits on this committee as the CPA's representative. Its work is being supported by the Public Health Agency of Canada and contributes to the work of the National Collaborative for Suicide Prevention.

Organizations for Health Action (HEAL)

Dr. Cohen continues to represent the CPA on HEAL, presently sitting on its Management Committee. Mr. Glenn Brimacombe, CPA's Director of Policy and Public Affairs, joins Dr. Cohen in HEAL activity. HEAL's advocacy priorities continue to be seniors and mental health in general and in the context of the pandemic. HEAL's 2022 meeting focused on members' 2022 priorities inclusive of health human resource planning, seniors care, and team-based approaches to healthcare. HEAL expects to meet with Ministers Duclos (Health) and Bennett (Mental Health and Addictions) in 2022.

Public Health Agency of Canada (PHAC)

Mr. Brimacombe represents the CPA on a PHAC initiative bringing together health care leaders in Canada in the service of population health. Activities in 2021/22 focussed on managing the pandemic.

17

KEY FINANCIAL RESULTS FOR 2021

2021 Revenue		2021 Expenses	
Membership Fees	\$1,726,645	Administration	\$1,950,621
Convention/Workshops	\$251,254	Convention	\$146,257
Royalties	\$310,332	Public Affairs	\$30,898
Accreditation Panel	\$295,775	Accreditation Panel	\$200,772
Sponsorship and Affinity	\$208,085	Membership	\$18,046
Advertising	\$116,365	Journals, Publications and Psynopsis	\$303,544
Grants	\$235,626	Science Directorate	\$39,799
Course Fees	\$64,792	Education Directorate	\$49,708
Investment	\$156,646	Professional Affairs	\$55,000
Other	\$18,853	Other	\$12,278
Total Revenue	\$3,384,373	Total Expenses	\$2,806,923

Reserves by Type		
Externally Restricted	Wesley Coons Memorial Fund	\$66,935
Internally Restricted	Accreditation Panel	\$326,164
	IUPsyS	\$7,268
	Indigenous Student Bursary	\$33,811
	Publications	\$75,399
	Section Support	\$3,727
Unrestricted		\$2,776,362
Total Reserves		\$3,289,666

The 2021 Auditor's Report can be found at the end of this Annual Report. The 2021 Auditor's Report, along with the full set of audited Financial Statements, will be posted on the CPA website following the 2022 AGM.

CANADIAN PSYCHOLOGICAL ASSOCIATION | ANNUAL REPORT 2021-2022

CPA'S CONTINUED ACTIVITY SPECIFIC TO COVID-19

With the emergence of new variants, COVID-19's impact on individuals, families, workplaces and communities continued to be profound. Below is a summary of how the CPA continued its efforts to support its members and affiliates, as well as the public, during another year of the pandemic. All of these are described in more detail on a COVID-specific area of the CPA's public website and some further discussed elsewhere in this report.

- Facts sheets with information for the profession, students, and the public on coping with COVID-19.
- Developed and/or circulated articles, resources and webinars on the impact of COVID-19 on psychological practice.
- Hosted podcasts with members on the impact of COVID-19.
- Webinars for the staff of our partner organizations on coping with the psychological impacts of COVID-19.
- A repository of information and links for members and affiliates on many COVID-19 related initiatives, supports and information.
- Continued support for an emergency pro bono psychological response for health providers working on the front lines of COVID-19.
- Liaisons with Canada's tri-agencies on the impacts of COVID-19 on Canada's researchers and the role of psychological research in understanding the biopsychosocial impacts of COVID-19.

- Circulated notices to the membership from the tri-agencies on COVID-specific funding envelopes.
- Supported member applications for tri-council funding.
- Developed resources on managing research projects during the pandemic.
- Webinar on telepsychology practice and on the wellbeing of health care providers.
- Virtual meetings of the CPA's Board of Directors.
- Shared news stories connecting COVID and psychology through our weekly In the News emails.
- Media interviews by CPA Executives and members on the psychological impacts of COVID-19.
- Participated in meetings with national and international alliances focused on sharing resources, information and advocacy in helping our respective communities manage the pandemic.

CPA'S 2021 NATIONAL CONVENTION



2022 AWARD WINNERS



CPA Gold Medal Award for Distinguished Lifetime Contributions to Canadian Psychology

Dr. John Berry



CPA President's New Researcher Award

Dr. Heather Prime



CPA Award for Distinguished Contributions to Psychology as a Profession

CPA John C. Service Member

of the Year Award

Dr. Karen Blair

Dr. Eric Jackman



CPA President's New Researcher Award

Dr. Hayden Woodley

CPA Fellows Dr. Randall Jamieson



CPA Fellows

CPA Fellows

CPA Fellows

Dr. Jac Andrews

Dr. Angela Troyer

Dr. Anusha Kassan



CPA Humanitarian Award

Egale Canada



CPA Fellows Dr. Vina Goghari



Section Newsletter Award Winner

Health Psychology and Behavioural Medicine Section

Best Journal Article Award Winners

- Canadian Journal of Behavioural Science: Marcotte-Beaumier, G., Koerner, N., Langlois, F., Gosselin, P. and Dugas, M.J. (2021). Modification des interprétations et thérapie cognitivocomportementale pour le trouble d'anxiété généralisée : un essai randomisé, [53 (1), pp. 12-22].
- Canadian Psychology: Bussières, È-L., Godbout, E., Lachance, V., Drapeau, S. (2021). L'efficacité des interventions éducatives de groupe à l'intention des parents qui vivent une séparation conflictuelle: Une méta-analyse. [62(3), pp. 252-266].
- Canadian Journal of Experimental Psychology: Johns, B.T., Jones, M.M, and D.J.K. Mewhort (2021). A Continuous Source Reinstatement Model of True and False Recollection, [75(1), pp. 1-18)].



CPA STUDENT GRANTS: RESEARCH CAREER DEVELOPMENT

Awarded Research Grants			
Grant Type	Recipient	Research Title	Affiliation
BMS	Eleenor Abraham	Depressive symptoms in youth: An investigation of rumination, executive function, and familial factors	University of Waterloo
BMS	Taylor Hill	Pathways to Well-Being: Combining Theory Development and Empirical Testing	Dalhousie University
BMS	Chloe Lau	Unique Expressions of Cheerfulness across Six Countries	Western University
CPA-SAC	Udi Alter	Recommendations for Precision-Based Sample Size Planning Using Estimation Statistics	York University
CPA-SAC	Michelle Azzi	How do Psychotherapists Make Clinical Decisions in Real-Time? Assessing Engagement in Evidence-Based Practice	McGill University
CPA-SAC	Danie Beaulieu	The Consequences of Social Acceptance: Applying Social Psychology Theoretical Frameworks in Disordered Eating and Weight Status	University of New Brunswick
CPA-SAC	Charlotte Coran	A Prospective Examination of Anxiety Sensitivity Risk for Undergraduate Alcohol	Concordia University
CPA-SAC	Jeffrey Foshay	A Model of Reconciliatory Motivated Unwanted Pursuit Behaviours among Emerging Adults; The Impact of Relational Churning	University of New Brunswick – Saint John
CPA-SAC	Sabrina Ge	How Effective Therapists Use Rupture Resolution Strategies	University of British Columbia
CPA-SAC	Emily Hogan	Paternal Depression Symptoms, Coparenting Quality, and Family Quality of Life: The Mediating Role of Social Support	University of Manitoba
CPA-SAC	Samantha Jones	Stress in the Aftermath of a Psychological Contract Disruption	University of Calgary
CPA-SAC	Linnea Kalchos	School-Based Support Services through the Process of School Integration: A Phenomenological Exploration of Newcomer Youth Experiences	University of British Columbia
CPA-SAC	Tiffany Leung	A Personal History of Trauma and Experience of Secondary Traumatic Stress, Vicarious Trauma, and Burnout in Mental Health Workers: A Systematic Literature Review	Lakehead University
CPA-SAC	Orly Lipsitz	A Dimensional Approach to Cognitive Dysfunction and Functional Disability in Psychopathology	University of Toronto



CPA-SAC	Simonne Mastrella	Don't Look So Anxious: The Impact of Anxious Nonverbal Behaviour on Interview Performance Ratings	University of Guelph
CPA-SAC	Cindy Quan	Intervention to Promote Help-Seeking for Mental Health Issues in Asian Canadian Communities	University of Victoria
CPA-SAC	Lindsey Snaychu	Predictors of Stigma in Sex Addiction: Do Women Experience Greater Stigma Compared to Men?	Ryerson University
CPA-SAC	Manzarsadat Zareashkezari	Coping at the Intersection of Racism, Sexism, and Islamophobia: The Case of Muslim Women in Canada	University of Ottawa
CPA-CSBBCS	Kara-Yacoubian Mane	Effects of Emotion on Hindsight Bias in Younger and Older Adults	Ryerson University
Student Section	Taylor Carroll	Understanding and Mitigating Variability in Leaders' Procedural Fairness	University of Waterloo
Student Section	Laura Couturier	The Impact of Weight Stigma (WS) and Weight Bias Internalization (WBI) Among Youth: The Role of Shame, Self-Compassion and Social-Safeness	Memorial University of Newfoundland
Student Section	Frédérique Deslauriers	Understanding the social, mental, and health impacts of COVID-19 in Canada: Leveraging and extending data from the iCARE Study	Université du Québec à Montréal
Student Section	Patrick Hickey	Association between healthcare access and psychological wellness: An examination of individuals in the 2SLGBTQIA+ community	University of New Brunswick
Student Section	Lennox Mou	Understanding Men's Use of Tactics in Sexual Coercion: A Network Analysis	University of Windsor
Student Section	Casey Oliver	Technology-Facilitated Sexual Harassment: A Longitudinal Investigation of Mental Distress in Women	Lakehead University

Grant Type	Recipient	Purpose
CPA	J. MacLean-Legge	Clinical Training ACT Course

SECTIONS



Our Sections play an important role in meeting the needs of our members and affiliates. They are integral to filling our convention programming, assist in the development of professional development offerings, send regular newsletters to their section members, review submitted fact sheets, and participate in the development of policies and positions in their areas of expertise. The following are highlights from some of our Sections.

ADDICTION PSYCHOLOGY (175 MEMBERS)

Chair: Andrew Kim

- Working group on decriminalization of substance use.
- Creation of infographics on addictions for the general public.
- Creation of several student awards.

ADULT DEVELOPMENT AND AGING (100 MEMBERS)

Chair: Colleen Millikin

- 2021 Convention: 3 sessions, including a symposium on Geropsychology During the COVID-19 Pandemic: Clinical and Research Perspectives.
- Reviewed abstracts and planned section sessions for 2022 convention.
- Section executive passed a motion to change the name of the section to Aging and Geropsychology (the choice of the majority of those who responded to a membership survey). The motion will be presented for ratification at the 2022 section general meeting.

BLACK PSYCHOLOGY (NEW SECTION FOR 2022)

Chair: Kafui Sawyer

- Launched a new Section of Black Psychology in January 2022 by Chair Kafui Sawyer and founding officers; Dr. Helen Ofosu, Dr. Monnica Williams, Anita Shaw, and Dr. Erin Beettam with a virtual networking event for new members on May 4th leading up to the first AGM at the CPA convention in June.
- The Black and Community Psychology Sections co-hosted their first virtual event as part of Black History month: "BLKPSY365!"; with Dr. Faber, neuroscientist, who presented on Aversive Racism and Microaggressions and Dr. Tsikata, physician, who presented on her experiences as a Black Professional in medicine.
- The Section hosted two virtual events: "The African diaspora origins of Pan-Africanism: Strengthening the ties that bound" by historian Dr. Montana and "20th anniversary of the African Union: Challenges, opportunities and the way forward" by peace researcher and journalist Farid Abdulhamid.

BRAIN AND COGNITIVE SCIENCE (153 MEMBERS)

Chair: Jonathan Wilbiks

- Awarded the Peter Graf Student Research Award to a student at the convention.
- Student received the CPA-CSBBCS Student Research Grant for research on emotion effects on hindsight bias.



CLINICAL NEUROPSYCHOLOGY (371 MEMBERS)

Chair: Kristina Gicas

- Awarded two student research grants.
- Launched a monthly neuropsychology case study series.
- Created two neuropsychology fact sheets.

CLINICAL PSYCHOLOGY (1074 MEMBERS)

Chair: Brigitte Sabourin

- Awarded the inaugural collaborative research grant to a multi-provincial team exploring barriers and facilitators for BIPOC students to attend graduate training in Professional Psychology.
- Offered an additional \$5,000 collaborative research grant to promote the field of clinical psychology.
- Continued to support student development through 1) student research grants in novel service delivery models, 2) educational activity grants 3) CPA convention best presentation awards, d) Ken Bowers award for excellence related to a research paper presented at CPA and 5) Student travel awards to attend the 2022 CPA Convention.

COMMUNITY PSYCHOLOGY (88 MEMBERS)

Chair: Julie Beaulac

- Regular meetings to discuss The Truth and Reconciliation Commission's Calls to Action.
- Co-hosted event featuring Dr. Sonya Faber and Dr. Setorme Tsikata with CPA Section for Black Psychology.

COUNSELLING PSYCHOLOGY (479 MEMBERS)

Chair: Tanya Mudry

- Has a full executive committee and a complete section program in the 2022 convention.
- Organized a committee to provide feedback on the revision of accreditation standards and invited other sections to join us.
- Developed a network for counselling psychology students, faculties and practitioners across Canada.

CRIMINAL JUSTICE PSYCHOLOGY (313 MEMBERS)

Chair: Keira Stockdale

- Following the review of many strong applications, three students (Samuel Freeze, Ashley Kyne, and Jesse Scott) received Criminal Justice Section special funding awards to promote student research in criminal justice.
- Advocacy efforts to support qualified psychologists across Canada in performing assessments of fitness to stand trial and criminal responsibility have continued as part of the FA-NCR Task Force.
- Planning is underway for the eagerly-anticipated 5th North American Correctional and Criminal Justice Psychology Conference (N5) in Toronto next June (2023).

DEVELOPMENTAL PSYCHOLOGY (187 MEMBERS)

Chair: Nicole Sugden

EDUCATIONAL AND SCHOOL PSYCHOLOGY (397 MEMBERS)

Chair: Maria Rogers



ENVIRONMENTAL PSYCHOLOGY (52 MEMBERS)

Chair: Lindsay McCunn

- Section Chair assisted CPA with responses to the federal government's request for information on climate change science priorities.
- Section continued to offer the Robert Sommer Memorial Award to a graduate student, as well as a new Undergraduate Student Research Award.
- Section began organizing virtual afternoon research 'coffee chats' with various Canadian scholars.

EXTREMISM AND TERRORISM (43 MEMBERS)

Chair: David Nussbaum

- Continuing Research and Dissemination: Despite Section Members have continued to publish articles on relevant extremism and terrorism topics in peer reviewed journals, have presented at international (ZOOM) conferences, and contributed articles to general media.
- Formal Education: Section Executive members (Chair, Dr. David Nussbaum and Section Founder and former Chair, Dr. Wagdy Loza) completed teaching a 13-session graduate course via ZOOM at Simon Fraser University titled: TRSS721 G100 Psychological Assessment of Risk for Terrorism and Group-Based Violence, that had both a theoretical and applied focus during the Spring 2022 semester.
- Continuing Contributions to CPA Conventions: At the 2021 ZOOM Convention, in addition to the obligatory Section Annual Meeting, the Section held two events including a Symposium and a Chair's Address. The accepted program for the live 2022 Calgary Convention, will continue the Section's tradition by included international speaker, to provide a more global perspective on the issue of extremism and terrorism. This year's contribution tradition will be expanded somewhat by the addition of a Discussion Session from one Section Member. Section membership has remained stable.

FAMILY PSYCHOLOGY (195 MEMBERS)

Chair: Jennifer Theule

- Planned two student symposia for the 2022 convention.
- Continued sharing our listing of funding opportunities in family psychology.
- Share highlights of family psychology in Canada via our Twitter account.

HEALTH PSYCHOLOGY AND BEHAVIOURAL MEDICINE (297 MEMBERS)

Chair: Justin Presseau

- Launched a Section Early Career Group, a 'by trainees, for trainees' group dedicated to supporting trainees and early career researchers in health psychology and behavioural medicine, led by Vincent Gosselin-Boucher and Ashley Balsom.
- Two outstanding issues of our Section newsletter 'Health Notes' led by our newsletter Editor Dr. Jennifer Gordon and Editorial Assistant Ryan Hoggan.
- Completed an environmental scan of health psychology faculty across Canada led by our membership officer Dr. Kharah Ross to further connect with health psychology and behavioural medicine teams across the country.

HISTORY AND PHILOSOPHY (57 MEMBERS)

Chair: Jim Cresswell

- Created a History Course in Partnership with CPA.
- Actively engaged in the Human Rights and Social Justice Working Group.
- Re-energized interest in CPA among non-members.



INDIGENOUS PEOPLES' PSYCHOLOGY (235 MEMBERS)

Chair: Stryker Calvez

INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY (226 MEMBERS)

Chair: Josh Bourdage

- Establishment of a working group on Equity, Diversity, and Inclusion in I/O Psychology.
- Sponsoring student awards.
- Active knowledge mobilization through social media, and several columns on important issues to discuss important workplace issues.

INTERNATIONAL AND CROSS-CULTURAL PSYCHOLOGY (183 MEMBERS)

Chair: Randal Tonks

New Section Chair.

PSYCHOLOGISTS AND RETIREMENT (81 MEMBERS)

Chair: Juanita Mureika

- Purchasing our own Zoom account which has allowed us to have monthly meetings throughout the year.
- At our members' request, we surveyed all provincial registrars to identify regulations for file retention and storage after retirement. The differences are wide! We have approached CPA to help us pursue the issue further for the benefit of the public and retired psychologists.

• We have responded to CPA's requests for feedback on Fact Sheets and are now in the process of attempting to develop a Fact Sheet on Retirement issues for Canadian psychologists.

PSYCHOLOGISTS IN HOSPITALS AND HEALTH CENTRES (216 MEMBERS)

Chair: Stephanie Greenham

- Inaugural Meeting held for Hospital and Health Centre Psychology Leaders Community of Practice.
- Re-established a social media presence for student members of PHHC section.
- Section programming for CPA Convention Invited Speakers address on "Developing Roles for Hospital-Based Psychologists: The Ontario Structured Psychotherapy Program".

PSYCHOLOGY CAREERS AND PROFESSIONALS (NEW SECTION FOR 2022)

Chair: Shahnaz Winer

- Petition to create the new Psychology & Careers Section was put forward in Fall of 2021 and approved by the CPA Board of Directors in November 2021 thank you petitioners!
- Purpose of the new Section is to create a professional home for individuals with an education in psychology who aren't working in a traditional psychology field (such as clinical and academia) and/or those in a traditional field with interest in other careers paths, networking and mentoring students.
- The first Section Meeting was successfully held in March 2022 virtually. Next steps include creating Section Terms of Reference and appointing/electing Section Officers & Executives. Collaborations are underway with the CPA's Student Mentorship Program and the Canadian Society for Brain, Behaviour, and Cognitive Science.



PSYCHOLOGY IN THE MILITARY (130 MEMBERS)

Chair: Wendy Darr

- Welcomed Leah Clement as Student Representative, a newly created position on this section's executive.
- Preparation and planning for first virtual undergraduate student conference on military psychology, co-organized with Department of Psychology and Military Leadership, Royal Military College of Canada.
- Decision to provide 3 monetary awards for undergraduate student research in military psychology.

PSYCHOPHARMACOLOGY (76 MEMBERS)

Chair: Amir Ali Sepehry

- Presence in the media.
- Surveys & position papers.
- Talks/workshops.

QUANTITATIVE ELECTROPHYSIOLOGY (29 MEMBERS)

Chair: Elizabeth Hartney

- The section chair address at the 2022 Annual Convention will focus on the impacts of the COVID-19 pandemic on biofeedback practice, and strategies to address them.
- Over the past year, section members have collaborated to develop approaches to introducing neuromodulation to other sub-disciplines within the field.
- The pandemic has resulted in many losses of leaders within the biofeedback field. We send our condolences to their families, friends, colleagues, mentees, and clients. They will be greatly missed.

QUANTITATIVE METHODS (65 MEMBERS)

Chair: Rob Cribbie

- Inaugural 'Graduate Student Recruitment Event' was a huge success!
- Handing out Student Travel Awards for the first time.
- Getting Andrew Hayes as Section Invited Speaker for CPA 2022.

RURAL AND NORTHERN PSYCHOLOGY (117 MEMBERS)

Chair: Veronica Hutchings

- Merril Dean, from Yellowknife, was awarded the Distinguished Career Contribution to Rural & Northern Psychology award.
- We have continued to produce and release our newsletter available on the CPA website.
- Our 2021 convention symposium of navigating rural ethics was well attended.

SEXUAL ORIENTATION AND GENDER IDENTITY (161 MEMBERS)

Chair: Karen Blair

- Section Chair, Dr. Karen L. Blair, received the 2022 John C. Service CPA Member of the Year Award in recognition of the work done by SOGII over the past two decades contributing to the advancement of LGBTQ+ equality in Canada, including the ground-breaking federal legislation banning conversion therapy in Canada.
- A special issue of Psychology & Sexuality with research from the 2020 Preaching to the Choir conference will be published in 2022/2023.
- Members of SOGII continued to actively engage with the media on 2SLGBTQ+ issues in Canada and contributed to national and international LGBTQ+ research initiatives, including the EGALE Canada Research Advisory Board, APA's IPsyNet, the CRBC's Canada-Wide 2SLGBTQQIA+ Community Study, and LGBTQ Psychology Canada.



SOCIAL AND PERSONALITY (154 MEMBERS)

Chair: Cheryl Harasymchuk

- CPA member spotlight interview.
- Organized 2022 pre-conference.
- Selected featured speaker and reviewed submissions for 2022 convention.

SPORT AND EXERCISE PSYCHOLOGY (88 MEMBERS)

Chair: Pier-Eric Chamberland

STUDENTS (1553 MEMBERS)

Chair: Alejandra Botia

- The mentorship program was a success with 123 participants. New components this year included a program orientation and mentor/mentee awards.
- We are initiating a collaboration with the Psychological Society of South Africa Student Division.
- We welcomed our first Justice, Equity, Diversity, and Inclusion Executive to the team, who initiated the formation of a student volunteer committee to support this work.

TEACHING OF PSYCHOLOGY (TOP) (89 MEMBERS)

Chair: Elena Antoniadis

• The TOP Section extends a heartfelt appreciation to Dr. Elizabeth Bowering for her dedicated service as the Chair of the TOP Section over the last two years. Throughout her tenure as Chairperson, Dr. Bowering's inspirational leadership and poise have been instrumental in the successful continuation and evolution of the Section. The service and contributions of Dr. Meghan Norris, a member of the Executive - 2018 to 2020 - are also recognized and appreciated. Dr. Peter Graf is continuing in his role on the Executive with service and contributions as the Section's Treasurer.

- CPA 2021 Virtual: The presentations by TOP Section members represented a comprehensive collection of themes in the Scholarship of Teaching and Learning (SotL), displaying the membership's commitment to using psychological science to improve teaching in higher education.
- CPA 2021 Virtual Featured Speaker: Dr. Joordens delivered an engaging and informative presentation on work-integrated learning in introductory psychology courses. He is a Professor of Psychology at the University of Toronto Scarborough. Dr. Steve Joordens has received numerous teaching awards and recently received the Minister of College and Universities' Award of Excellence for his extraordinary contributions in response to the COVID-19 pandemic in the province of Ontario.

TRAUMATIC STRESS (479 MEMBERS)

Chair: Jenna Boyd

- Provided a new early career research grant in traumatic stress valued at \$5000.
- Awarded three student scholarships for graduate studies in traumatic stress valued at \$2000 each.
- Contributed to the global collaboration on traumatic stress, including our chairelect, Dr. Langevin contributing to an international expert consensus article establishing a research agenda for social functioning in individuals affected by child maltreatment.



SECTION ON WOMEN AND PSYCHOLOGY (246 MEMBERS)

Chair: Lorraine Radtke

- The panel focused on the recommendations of the report of the National Inquiry into Missing and Murdered Indigenous Women and Girls at the CPA 2021 annual conference was very successful and well attended. Organized with the leadership of SWAP's Status of Women Committee (Chair, Anita Shaw) and in collaboration with the Indigenous People's Section, the Rural and Northern Psychology Section, and the Student Section, it has resulted in a number of outcomes. These include (a) a special issue of *Psynopsis* (Issue #1 of 2022); (b) an Executive summary highlighting four themes arising from the panel presentations; and (c) and ongoing discussion about creating a CPA course on Indigenizing Psychology.
- At the CPA 2021 annual conference, SWAP also held a successful networking event that has resulted in the creation of a subcommittee within the Status of Women Committee. The subcommittee is focused on leadership, diversity and inclusion and is chaired by Paula Barata. This committee has been working diligently to develop a project to advance leadership, diversity and inclusion within the section. One initiative will be an event during the SWAP social hour at the CPA 2022 annual conference. In general, the section seeks to foster member engagement among a membership that reflects the broad community of feminist psychologists and a new generation of leaders within the field.
- SWAP welcomed Bidushy Sadika as the section's first Assistant Newsletter Editor. Her task has been to work with the Editor to ensure that our newsletter is a useful resource for section members. This is part of SWAP's efforts to enhance its communication with members.



31



Our governance relies on our committees (pillar, board, management, and arm's length) and working groups for policy guidance. We are grateful to the members of our Board of Directors and our engaged members and affiliates for their time and their leadership.

BOARD COMMITTEES

Administration, Finance, and Audit: Ada L. Sinacore (Chair), Kim Corace, Kerri Ritchie, Karen R. Cohen (ex-officio)

Education and Training: Kerri Ritchie (Chair), Suzanne Bell, Sandra Byers (CCDP Representative), Jim Cresswell, Katherine Elliott, Myra Fernandes, Eleanor Gittens, Sara Hagstrom (CCPPP liaison), Ben Kuo, Melissa McGonnell, David Mercer (ex-officio), Meghan Norris, Alisia Palermo (CPA Student Representative), Adam Sandford, Alessandra Schiavetto, Jodi Webster, Gabrielle Wilcox, Vincent Wong

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 Canadian National Panel for IUPsyS: Saba Safdar (Chair), John Berry, Stryker Calvez, Karen R. Cohen (ex-officio), Chris Hinbest, Lindsay McCunn, Thomas Teo, Jennifer Veitch, and Jean Saint-Aubin

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Council of Sections: Laurie Ford (Chair), all Section chairs

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OUR JOURNAL EDITORS

Canadian Psychology: Vina Goghari (Outgoing Editor); Donald Saklofske (Incoming Editor)

Canadian Journal of Behavioural Science: Allison J. Ouimet; Annie Roy-Charland (as of July 2021)

Canadian Journal of Experimental Psychology: Randall Jamieson (Outgoing Editor); Debra Titone (Incoming Editor)



