

## Au-delà des autosoins dans les soins de santé : l'approche de l'Hôpital d'Ottawa en matière de mieux-être organisationnel

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## Prendre soin de soi lorsqu'on est une clinicienne en santé mentale

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## Améliorer les soins et la sécurité pour tous : intégrer des pratiques périnatales tenant compte des traumatismes et culturellement sûres pour le bien-être des patientes et des soignants

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