

VOLUME 48 | ISSUE 2.5 | 2026

PSYNOPSIS

CANADA'S PSYCHOLOGY MAGAZINE

MONTREAL CONVENTION SPECIAL EDITION



CPA  SCP
Montréal
2026

CPA 2026
87th Annual
National Convention

June 4 - 6, 2026

PSYNOPSIS

CANADA'S PSYCHOLOGY MAGAZINE

Psynopsis is the official magazine of the Canadian Psychological Association. Its purpose is to bring the practice, study, and science of psychology to bear upon topics of concern and interest to the Canadian public. Each issue is themed and most often guest edited by a psychologist member of the CPA with expertise in the issue's theme. The magazine's goal isn't so much the transfer of knowledge from one psychologist to another, but the mobilization of psychological knowledge to partners, stakeholders, funders, decision-makers, and the public at large, all of whom have interest in the topical focus of the issue. Psychology is the study, practice, and science of how people think, feel, and behave. Be it human rights, healthcare innovation, climate change, or medical assistance in dying, how people think, feel, and behave is directly relevant to almost any issue, policy, funding decision, or regulation facing individuals, families, workplaces, and society.

Through *Psynopsis*, our hope is to inform discussion, decisions, and policies that affect the people of Canada. Each issue is shared openly with the public and specifically with government departments, funders, partners, and decision-makers whose work and interests, in a particular issue's focus, might be informed by psychologists' work. The CPA's organizational vision is a society that values and applies psychological science in the benefit of persons, communities, organizations, and peoples. *Psynopsis* is one important way that the CPA endeavours to realize this vision.

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PSYNOPSIS

CANADA'S PSYCHOLOGY MAGAZINE

THE OFFICIAL MAGAZINE OF THE CANADIAN PSYCHOLOGICAL ASSOCIATION

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AGREEMENT 40069496
REGISTRATION NUMBER
NUMÉRO DE CONTRAT
D'INSCRIPTION

ISSN 1187-11809

MESSAGE FROM THE CEO



Lisa Votta-Bleeker, Ph.D.

CEO, CPA, and Editor-in-Chief, *Psynopsis*, Ottawa, ON

Welcome to a new and special issue of *Psynopsis* devoted to the CPA's 2026 Annual Convention held this past June, in Montréal, Québec. With this issue, we celebrate – with those of you who were able to attend and those unable to attend – all the delegates, presenters, exhibitors, and sponsors who shared their time and knowledge over three incredible days!

This year's convention marked our largest ever stand-alone convention with more than 2,200 registered delegates and more than 2,100 submitted abstracts. It was preceded by:

- Three days of meetings of the CPA's Board of Directors
- Several half- and full-day CE-approved pre-convention workshops that addressed topics like the use of artificial intelligence in psychology, evidence-based treatments of chronic pain, and Indigenizing practice through the medicine wheel
- The Pickering Centre for Research in Human Development – Development 2026 Conference, which welcomed 390 participants

- “Trained in Canada,” a 1.5-day event hosted by the Canadian Council of Professional Psychology Programs (CCPPP) for more than 80 participants, featuring keynote presentations, breakout sessions, the CCPPP's Annual General Meeting, a town hall, and a reception
- A 1.5-day meeting of the Association of Canadian Psychology Regulatory Organizations (ACPRO)

The convention itself was opened by Ka'nahsohon Kevin Deer, a Kanien'kehá (Mohawk) cultural leader from Kahnawà:ke and a faith keeper at the Mohawk Trail Longhouse for nearly 40 years. Over the course of the next 3 days, the convention featured four engaging plenary addresses (Dr. Steven Smith's Presidential Panel Address, Dr. Stanley Asah, Dr. Rebecca Pillai Riddell, and Dr. Jonathan Stea), 86 symposia, 790 posters, 26 section-featured speakers, and 40 exhibitors. As always, our convention included a reception to welcome those attending for the first time, our Annual General Meeting, and our Annual Awards Ceremony and Reception to celebrate the incredible achievements and contributions of our members.

Several travel bursaries were awarded to student affiliates, including 10 by the CPA and one by the Banff International Conference on Behavioural Science.

Throughout the event, delegates had numerous opportunities to engage in meaningful dialogue in and out of sessions, and to network, learn, and almost certainly have some fun in the beautiful city of Montréal.

We thank all who were able to attend. We hope you will enjoy reliving the convention via the photos in this issue. For those of you unable to attend CPA's 2026 Annual Convention, we hope to see you in 2027. CPA2027, held in conjunction with the 6th North American Correctional and Criminal Justice Psychology Conference (N6), will take place in Victoria, BC, at the Victoria Convention Centre and Fairmont Empress Hotel, June 3-5. Information on next year's convention, including the call for abstracts, will be shared via email and on our convention website. See you there!

CPA'S 2026 ANNUAL CONVENTION: MONTRÉAL

JUNE 4-6, 2026

TOTAL
ATTENDEES:

2200



PAPERS WITHIN
A SYMPOSIUM:

265



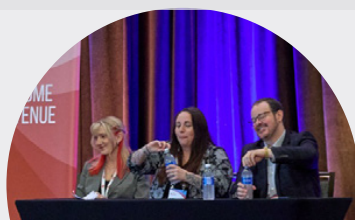
SECTION-FEATURED
SPEAKERS:

26



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4



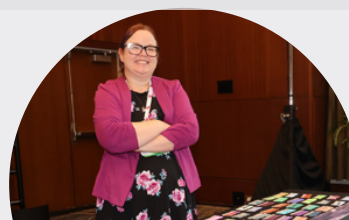
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31



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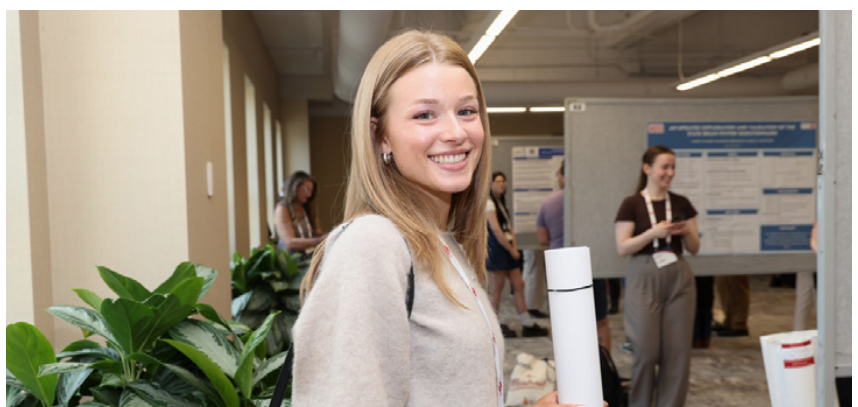
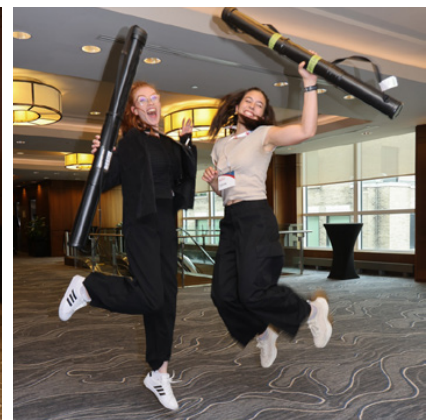


VIRTUAL POSTERS:
42



CPA'S 2026 ANNUAL CONVENTION: MONTRÉAL

PHOTO SPREAD





Max C

"As an undergraduate psychology student, being surrounded by students, researchers, and psychologists from across Canada was incredibly inspiring. I really valued the chance to hear different perspectives, learn about current work in the field, and connect with others who share an interest in psychology."





Mackenzie F

"What I value most about the annual CPA conference is the opportunity every year to connect with new (to me) researchers in my field and to re-connect with old friends and colleagues. Even though CPA is such a "big" nationwide conference, it feels increasingly warm and intimate each year as I get to know more and more people in my new field."









Laura N

**"CPA MONTREAL
YOU WERE
FANTASTIC!
UNTIL NEXT TIME."**







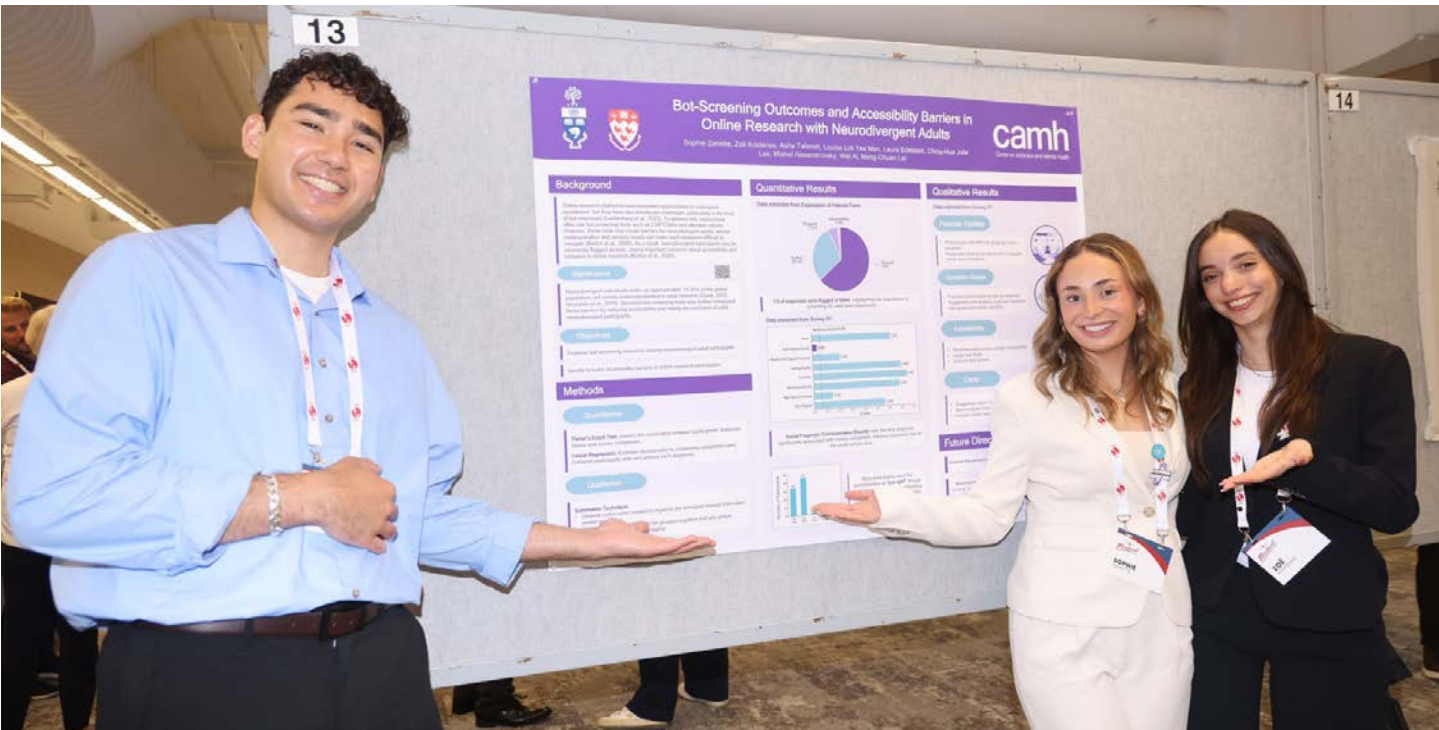
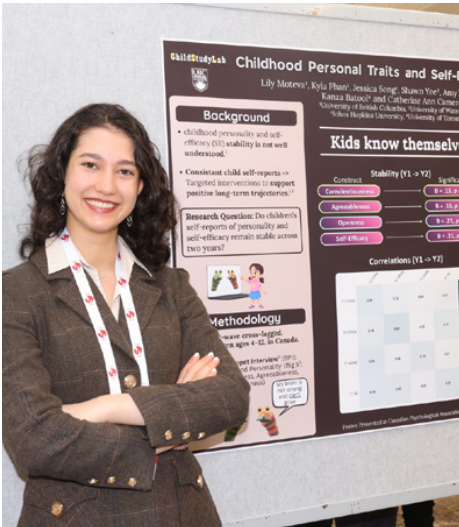


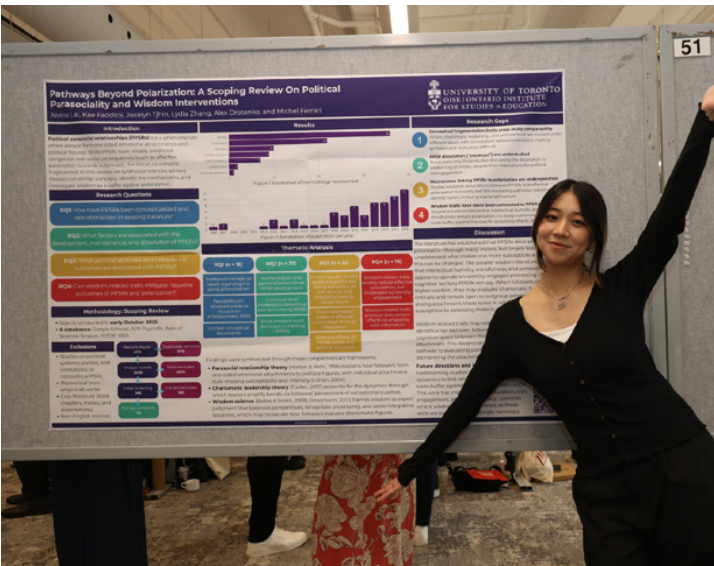
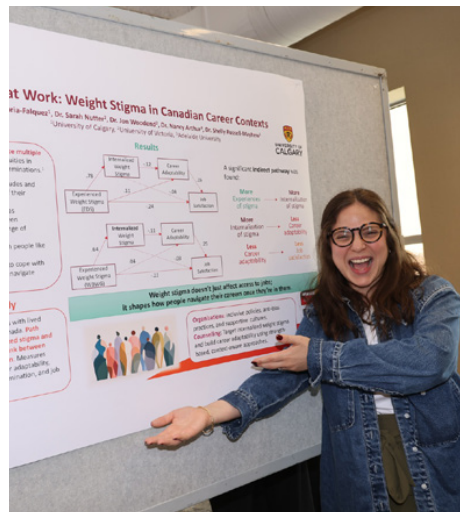
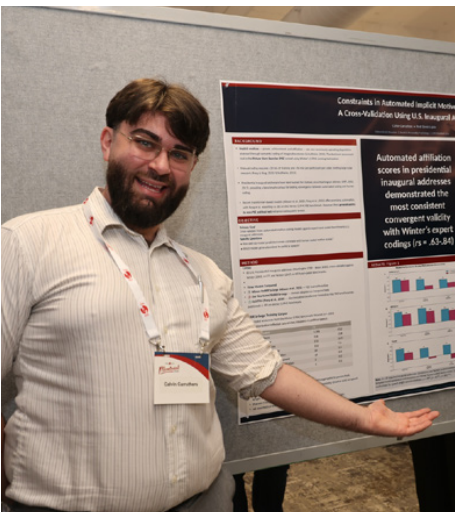
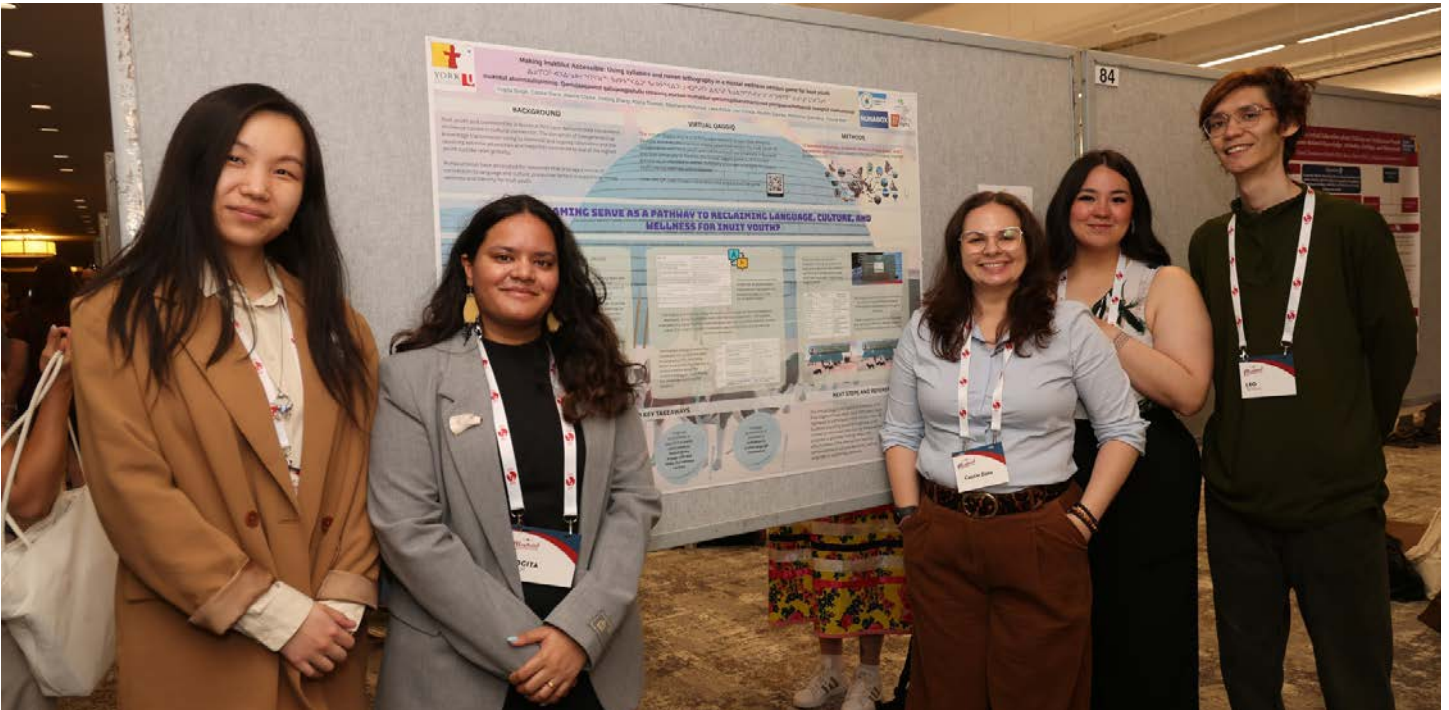
Mollie O

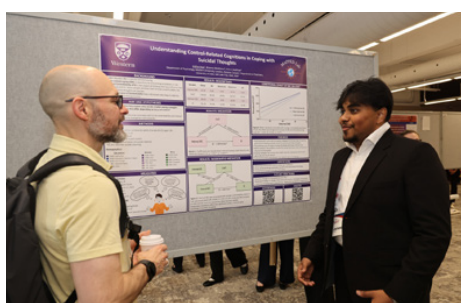
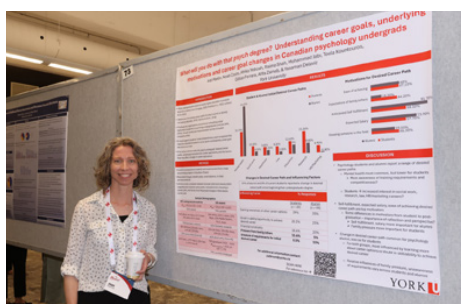
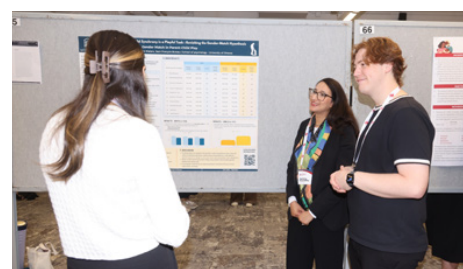
"Honoured to have presented my research from @dprc_msvu amongst many talented psychology peers. Thankful for all the wonderful connections and sharing of research - so inspiring!

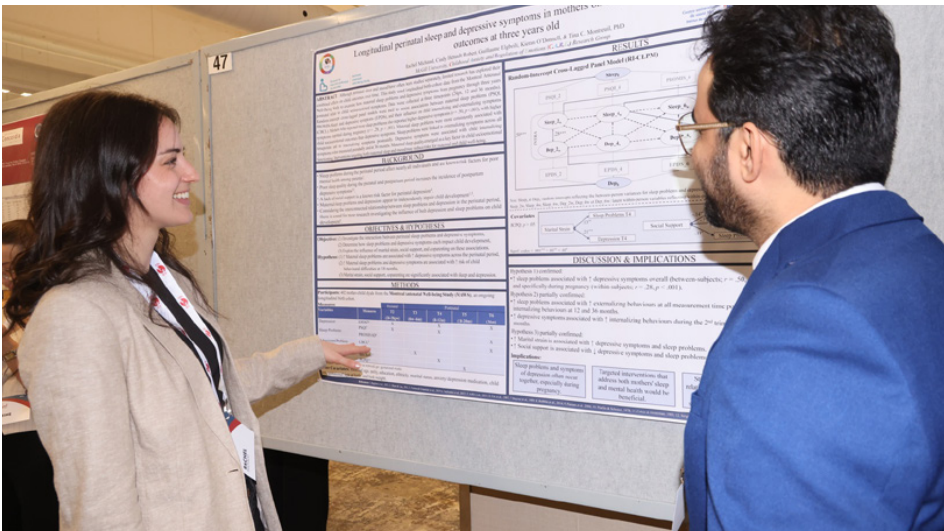
...And especially special was sharing this with my mom whose first CPA presentation was also in Montreal - 32 years ago."













Vina G

"The Canadian Psychological Association convention in Montreal was such a vibrant event! The formal programming allowed for collegial conversations about some of the largest issues of our times, regulation of professional psychology, AI, training models and student career outcomes, diversity and inclusion, and basic and applied science. Even better was all the informal discussions of these topics and connecting with colleagues."



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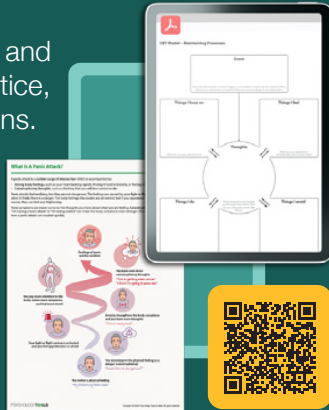
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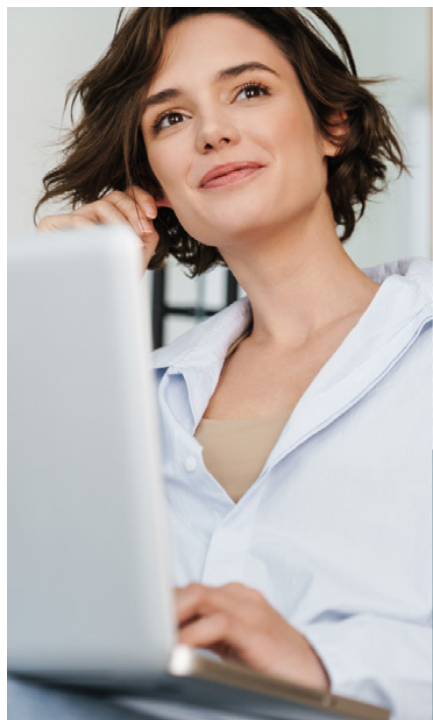
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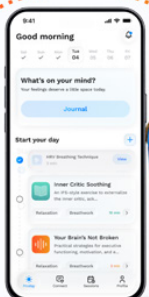


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