



**Section on Clinical Psychology
La Section de la psychologie clinique**

Executive Committee Fall Teleconference 2013

Monday, September 23, 2013

10:30-12:30 (Mountain); 12:30-2:30 (EST); 1:30-3:30 (Atlantic)

Attendees: Martin Drapeau, Jennifer Garinger, Al-Noor Mawani, Skye Fitzpatrick, & Sheryl Green; Regrets-Margo Watt

- 1. Approval of Agenda** (Jennifer move, Al-Noor second)
- 2. Approval of Meeting Notes**
 - April 23, 2013, Executive Committee Spring Teleconference Meeting Minutes (Jennifer move, Martin second)
 - June 13, 2013, Executive Committee Post Annual Business Meeting (Jennifer move, Al-Noor second)
- 3. Report from Chair (Martin)**
 - CPA Summit. Martin mentioned that the clinical section was invited to the CPA Summit on need, supply and demand for the profession. He stated that its purpose is to identify gaps and collect data. Martin confirmed that he would be attending the meeting in November 2013 and mentioned that should the executive have any items to add (e.g., the practice and training and future of the profession) to voice them to him.
 - Martin stated that one of the problems that currently exist is access to services (8,000 psychologists to 8 million people) and that he is part of a lobby group to try to problem solve through this. He acknowledged that improving access may vary from province to province. The website was discussed as a potential forum to help with this by posting comments and documentation.
 - Al-Noor mentioned access could be associated with cost issues and that organizations may move away from doctoral level psychologists as a result (e.g., social workers who conduct psychotherapy).
 - Expenses related to the summit. Martin asked the executive to consider supporting this activity with reimbursement for his attendance. The executive considered this request and if there was money in the budget to support this. Jennifer mentioned that it would be important to have clinical representation there and others agreed it would be a good use of money. Jennifer proposed the expense in the budget could go under 'special projects.' Jennifer moved for reimbursement of Martin's expenses and Skye seconded it.

- Logo for the section. Martin stated that there is no public image for clinical section of CPA, which would be helpful for recognition. He indicated that he will continue to look into this possibility and thus far asked CPA if they permit sections to have individual logo's. Martin reported that a CPA representative mentioned that this is something that first needs to be taken to and considered by the board.
- Use of Section Listserv. Martin reported that he is speaking to Tim at CPA to discuss the various functions we want on the website. A couple of ideas that were discussed by the executive included making the website more esthetically appealing and having themes. Martin also voiced the possibility of a by directional list serve but that we need to find out what the rules/guidelines/restrictions are first and then look at what the core-functions are that we wish to achieve.
- Changes to the section website. Al-Noor suggested including relevant documents on the website or perhaps interviews or articles in order to engage the members with practical and up to date material. Martin stated that he will send out a draft summary to members to ask about preferences.
- Use of dropbox. Martin explained that it would be nice to have everything grouped together to have access to-including letters in past. All members discussed and agreed that this would be useful. Martin stated that he will find out what different options exist in addition to dropbox and make suggestions to people thereafter.
- Initiatives: access to psychotherapy, practice networks, progress tracking. Martin initiated a discussion on the theme of our website emphasizing that it should be a place where people can learn what is happening in the field. Suggestions included identifying all related networks in Canada and placing them on our website. The discussion also focused on the needs, preferences, and interests of our student members with an idea around having a 'For Students' section to click on as a possibility.
- Clerical support/section coordinator. Martin mentioned that over the past year he has been engaged in an extensive amount of clerical work and finds this to be problematic. He stated that it would be ideal to have the clerical parts of our roles done by a clerical assistant so that we could make better use of our time as executive committee members. He also stated that every year committee members are learning the process in our 'new roles' which also takes away time that we could be spent focusing on the important topics that we are trying to address. The executive started to talk about different ways this could be achieved. Martin proposed that perhaps the chair's term could be extended or the chair could be re-elected to accomplish their goals. Martin also proposed including another position (e.g., co-chair, president or VP) that would get exposure prior to adopting the new role.
 - Al-Noor noted that it would be helpful to learn why the current system is put into place with respect to the executive committee and length of terms and it was voiced that Margo may know having completed the clinical section history last year.

- In terms of decreasing administrative time, Martin stated that he hired a student to complete clerical work for him at his university who he is supporting and that part of their clerical work involves clinical section administration. He mentioned that his intention is to evaluate at the end of the year just how much and what type of work was done to help determine if a person in this clerical role is worthwhile for the clinical section to have formally.
 - Jennifer offered the possibility of hiring an administrative person to document each executive role/position with everything the position needs to do and suggested a handbook that is more detailed than what we currently have in order to have step by step instruction which could save lots of time.
 - Martin stated that we are a large constitution comprising 1103 members so it may be worthwhile to approach CPA to ask about administrative support possibilities.
- Section Governance. Martin briefly stated that he would continue to look into this further with CPA and disperse his findings at a future executive meeting.
 - Facts sheets. Executive discussed the possibility that there might be something we want to add as fact sheets to our own website that is not covered by CPA. Another possibility that was voiced was perhaps in future there would be a joint clinical and CPA fact sheet section that would include broader topics (e.g., what to ask the therapist when you seek services, resources for professionals).
 - Awards: applications that are carried forward. Jennifer stated that applications submitted for Scientist-Practitioner can carry forward for up to two years. She mentioned that for those applications that were not initially successful, there can be a lot of time spent on trying to determine if past applicants remain eligible. For instance, trying to figure out when he/she applied, if the applicant's CV is up to date or accurate any longer, etc. Jennifer clarified that it is only the Scientist-Practitioner award application that, at this time, carries forward. A change was proposed by both Jennifer and Martin to remove the 'carry forward' aspect of the application as of this year and to state this clearly in the application to make people aware of the change. However, we would continue to apply the 'carry forward' aspect of the application to individuals who applied in last two years. Executive all agreed with this change.

4. Membership and Financial Report (Sheryl)

- Total membership as of Sept 22/13: 1103 (slightly up from June 5 2013 which was reported at the Annual Business Meeting as 1056). The additional 47 members are comprised of 14 regular members and 33 student members.
- Total assets as September 22, 2013: \$21, 740.39
 - Chequing balance: \$8,799.18
 - GIC 5 year stepper: \$12, 941.21 – GIC matures in February 2014. Sheryl will start to formally inquire about what options exist once February arrives and present it at the January meeting.

5. Student Report (Skye)

- Skye mentioned that she will begin advertising for the CPA student related educational activities (student symposium, discussant) when the topic has been decided on and the speakers are determined.

6. Past-Chair Report (Margo)

- Margo sent her regrets with respect to attending this meeting but voiced that she would be in communication via email with the executive post-meeting.

7. CPA 2014 Conference (All)

- The executive members discussed potential speakers and topics for the CPA convention in June 2014. Jennifer offered Mark Lau to consider for the public lecture on mindfulness as he voiced an interest in participating again this year. Erin Michalak (bipolar and psychosocial issues) was also raised as a potential speaker.
- There was a discussion about possibly trying to secure speakers who reside in Vancouver for both acknowledgment of local talent and to cut back on travel costs. The executive agreed to consider this when continuing to suggest names post-meeting. Decisions have to be made soon and this will be facilitated through the use of email.
- In addition to the public lecture, decisions need to be made on invited speakers, pre-convention workshop and topic, and the student symposium and student discussant. It was voiced that the discussant for student symposium during the last two years has been the same person who offered the pre-convention workshop. Further, there was discussion of offering Master Clinician Workshops by the clinical section and the practicalities associated with it. It was noted that if we offered a Master Clinical Workshop it would be scheduled during the convention and we would have to correspond with CPA with respect to where to put in their overall schedule.
- Jennifer asked Sheryl to check if the workshop fees from the 2013 pre-convention workshop had been deposited from CPA yet.

8. Upcoming Elections (Margo)

- Margo communicated in an email prior to the meeting that she would be crafting a nomination call for the chair-elect position to be posted on the listserv following this meeting.

9. Practitioner seat on the CPA Board (nomination) (Martin)

- Martin mentioned that he received an application for the practitioner seat on the CPA Board from Dr. Sam Mikail who has forwarded his CV to Martin for review. Martin has since distributed Dr. Mikail's CV to the executive and will proceed with this application.

10. Next Meeting

- To be held in November with Martin in communication with the executive about the date.

***Adjournment** (Martin moved, Jennifer second)