



## Section on Clinical Psychology La Section de la psychologie clinique

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### Minutes of the Annual Business Meeting

**June 13, 2013  
Quebec City, QC**

**Attendees:** Margo Watt, Peter Bieling, Jennifer Garinger, Emma MacDonald, Martin Drapeau, Maxine Holmquist, Sherry Stewart, Mark Petter, David Dozois, Catherine Lee, Keith Dobson, Andrew Ryder, John Pearce, Terry Pezzot-Pearce, Lorne Sexton, Jessica Flores?, Douglas Murdoch, Sheryl Green, Al-Noor Mawani, John Connors, Chrissy Macaulay, Julie Beaulace?, John Walker (N=23).

#### **1. Approval of Agenda**

Margo Watt called the meeting to order. The agenda for the June 13, 2013 Annual Business Meeting was approved as written. Moved by Catherine Lee; seconded by Emma MacDonald; motion carried.

#### **2. Approval of Minutes**

The minutes of the June 15, 2012 ABM were approved as circulated. Moved by Sherry Stewart; seconded by Emma MacDonald; motion carried.

#### **3. Report from the Chair (Margo Watt)**

##### ***Section Executive***

The Executive Committee for 2012-2013 included: Peter Bieling (Past-Chair), Margo Watt (Chair), Martin Drapeau (Chair-Elect), Liz Nilsen (Secretary-Treasurer), Jennifer Garinger (Member-at-Large/Secretary-Treasurer), and Emma MacDonald (Student Member). The executive had two teleconference meetings (September 2012 and April 2013) and two in-person meetings (June 2012 in Halifax and January 2013 in Toronto), as well as regular email correspondence and phone contact throughout the year.

##### ***Section Initiatives and Activities***

The Clinical Section continued to focus on awards for student initiatives, as well as other members (e.g., through the Scientist-Practitioner Early Career Award). The Clinical Section has continued its support of students including conference travel awards, Educational Activity Student Grant of \$2000, and sponsorship of the student symposium. Finally, the Section continued its involvement with the CPA Board (e.g., Professional Affairs Committee and Evidence-Based Practice Task Force).

With regard to the present (June 2013) convention program, the Clinical Section has sponsored a public lecture by Dr. Robert Vallerand, a student symposium (with Dr. Mark Lau as Discussant); and sponsored a pre-convention workshop entitled, *Mindfulness-Based Cognitive Therapy: From Theory to Practice*, with Dr. Mark Lau, which was very well attended.

The Clinical Section also worked this year to collate the history of the Section, through review and consolidation of documents obtained over the 23 years since the Section was started. A handbook for new Section executive members was also developed. Both of these projects are on-going and continue to evolve.

At the 2012 Annual Business Meeting of the Clinical Section, it was announced that Dr. Douglas Murdoch (Mount Royal University) was awarded the Advocacy Grant of \$5000. Dr. Murdoch was able to attend the 2013 CPA Convention where he presented a poster on preliminary results from his advocacy project titled, *What Makes Clinical Psychology Unique and How Will We Remain Unique in the Future?*. Dr. Murdoch attended the 2013 Annual Business Meeting and provided members a brief summary of his project to date.

#### **4. Report from the Secretary-Treasurer (Jennifer Garinger)**

##### ***Membership report***

As of June 5, 2013, the Clinical Section has 1056 members (349 students). These numbers are comparable to last year's numbers at the same time.

##### ***Financial Statement, June 9, 2012 – June 3, 2013***

The Clinical Section continues to be in a solid position financially, although our expenses are more than income brought in; this pattern is similar to last year's financial statement. The financial statement of June 3, 2013 indicated that there is \$21,433.97 in the chequing account and \$12,941.21 in the 5-year Stepper GIC. The total assets of the Clinical Section are \$34,375.18. Peter Bieling moved that the financial statement be accepted; seconded by Lorne Sexton; motion carried.

##### ***Proposed Budget, 2013-2014***

The proposed budget for 2013-2014 was reviewed. Total income is projected to be about \$16,411.75 with total expenses expected to be in the range of \$21,850.00. Keith Dobson moved that the proposed budget be accepted; seconded by John Walker; motion carried.

#### **5. Report from the Member-at-Large (Jennifer Garinger)**

##### **List Serv**

Over the past year, on average, the Clinical Section has received 4-5 list serv requests per month. Requests include updates on Section business, conference/workshop announcements, job postings, and research opportunities.

##### **Website Management**

The Clinical Section has been working on updating and reorganizing content on the webpage. This work will be on-going.

#### **6. Report from the Student Representative (Emma MacDonald)**

Emma reported on her efforts to enhance contact with student members via the Clinical and Student Section Listserv servers, the student column in the Newsletter, as well announcements sent directly to psychology departments. This year student members were also invited to act as "convention reporters" at the 2013 Convention. Convention reporters will submit summaries of presentations attended to the Fall Newsletter.

### ***Clinical Section Travel Award***

Emma reported that there were 8 eligible applicants for the Clinical Section Travel Award (7 poster submissions and 1 symposium presentation). One student will receive \$700, and two students will receive \$400 each.

### ***Clinical Section Educational Activity Grant for Students***

Emma reported that there had been 4 applicants for the Clinical Section Student Educational Activity Grant (max award of \$2000). The award has been granted to Michelle Gagnon from the University of Regina, for a workshop entitled: *Motivational Interviewing in Clinical Settings*, which will take place in September 2013. A summary of the award recipient's project will be included in an upcoming Newsletter.

### ***Clinical Section Student Symposium***

Emma also reported on the fourth annual Student Symposium, which was held on Thursday afternoon. The focus of the symposium was: *Mechanisms of Mindfulness: A Focus on Graduate Student Contributions to the Literature* (in keeping with the theme of the preconvention speaker) and included four graduate student presentations.

## **7. Report from the Chair-Elect (Martin Drapeau)**

### ***Submissions to the 2012 CPA Annual Convention***

Martin reviewed the submissions for CPA 2013. He noted that there were 171 Clinical Section submissions this year – 92% acceptance rate, with 25% of the submissions being requested to make changes: 111 were poster submissions; the rest were workshop submissions, symposia submissions, and conversations.

Martin expressed appreciation to the individuals from across Canada who reviewed this year's submissions.

## **SECTION AWARDS**

### ***Clinical Section Ken Bowers Award for Student Research***

The Ken Bowers Award for Student Research was awarded this year to Mark Petter (Dalhousie University, Halifax, NS). The title of his paper was: *The Effects of Trait Mindfulness and a Brief Mindful Attention Manipulation on Pain Among Youth*.

### ***Scientist Practitioner Early Career Award***

This year's recipient of the Scientist Practitioner Early Career Award for the Clinical Section is Dr. Colleen Carney of Ryerson University, Toronto, ON. This award, which comes with \$1000, was designed to recognize individuals within ten years of graduating and licensure who have demonstrated outstanding performance in one domain (research and/or practice), solid proficiency in the other, and evidence of integration across the two domains. Award recipients are encouraged to do a talk at the annual convention.

### ***Clinical Section Fellows 2013***

In recognition of their important contributions to Clinical Psychology and the Clinical Section, the Section awarded the status of Fellow to Dr. Catherine Lee, University of Ottawa, and Dr. Paul Hewitt, University of British Columbia. Dr. Lee was in attendance at the Annual Business Meeting to receive her award. Unfortunately, Dr. Hewitt was unable to attend. One of last year's fellows, Dr. John Pearce, who was unable to attend last year's convention to receive his award, was in attendance at today's meeting and was presented with his fellowship status.

## **8. Report from the Past Chair (Peter Bieling)**

### ***Clinical Section Executive Elections***

Martin Drapeau moved to the position of Chair of the Clinical Section Executive for 2013-2014; Jennifer Garinger was elected by acclamation to the position of Chair-Elect; Sheryl Green was elected by acclamation to the position of Secretary-Treasurer; Al-Noor Mawani was elected by acclamation to the position of Member-at-Large; and Skye Fitzpatrick was elected as Student Representative. Congratulations and a warm welcome to the 3 new executive members.

## **8. New Section Business**

### ***Proposal of new Student Awards (Emma MacDonald)***

The Clinical Section proposed to award 2 new Student Awards, in addition to the Ken Bowers Award for Student Research. The new awards would be the Clinical Section Travel Awards, designed to promote travel to the annual convention, and the Best Student Conference Presentation Award, designed to recognize high quality research and promote student communication (and would replace the current Clinical Section Student Travel Awards). Applications for the new Travel Awards would include a one page summary of the accepted project and would be reviewed by Clinical Section Executive and/or external reviewers; winners would be notified of such prior to the annual convention. Four Travel Awards would be awarded, of \$300 each. The Best Student Conference Presentation Award would be similar to the current Student Travel Awards in that it would consist of peer-review. A first prize of \$200 would be awarded, in addition to two runner up prizes of \$100 each.

Emma noted that the new awards would maximize student travel opportunities to the annual convention, although individual award prize amounts would be smaller than current student travel awards presented. John Walker moved that the proposal for new student awards be accepted; seconded by Keith Dobson; motion carried.

### ***Clinical Section Finances and Membership (Jennifer Garinger)***

The Clinical Section's 5-year stepper GIC will mature in February 2014. Some discussion was had about reinvesting this money. It was noted that the Section should have enough money to allow for 6-9 months of operating expenses, but that more than this is probably not required. It was suggested that the Section may want to consider a short-term GIC so that funds may be easier accessed if needed. Also, given current interest rates, it was suggested that the Section may want to investigate investing options at other financial institutions, other than where the GIC is currently invested.

The Clinical Section's membership has remained relatively stable since 2009, with total membership being between 1047 and 1078 (and student membership being between 349 and 400). Some discussion was had on the impact of these numbers on Section income. Mixed opinions were expressed on the idea to increase membership fees at this time. Instead, the Section may be interested in trying to gather more information about our current members – Who are they? Why do they join the Section? Do members tend to renew their membership from year to year? What happens to student members when they graduate – Do they become full members? Efforts to retain current members and attract new members will be explored in more detail by the executive.

**9. Thank you to outgoing members (Margo Watt)**

On behalf of the Clinical Section, Margo Watt conveyed our sincere gratitude to Peter Bieling and Emma MacDonald for their considerable contributions to the Executive.

**10. Thank you to newsletter editors (Margo Watt)**

On behalf of the Clinical Section, Margo Watt thanked Elizabeth Levin and Andrea Woznica for their on-going work as newsletter editors.

**11. Calls for Proposals for Vancouver 2014 (Margo Watt)**

Members were encouraged to propose speakers/topics for the 2014 CPA Convention which is to be held in Vancouver, BC. This includes ideas for a keynote speaker, pre-convention workshop, public lecture, and symposia. Discussion was had about organizing a master clinician workshop for next year's convention.

**12. Adjournment (Margo Watt)**

The meeting was adjourned. Emma MacDonald moved to adjourn the meeting; seconded by Martin Drapeau.

Submitted by

Jennifer Garinger, Ph.D., R. Psych.  
Secretary-Treasurer (Acting), CPA Clinical Section