

## **CLINICAL SECTION ANNUAL BUSINESS MEETING SUMMARY OF MINUTES June 3, 2011 Toronto, ON**

**Attendees:** Peter Bieling, Jessica Dere, Patricia Furer, Jennifer Garinger, Mark Lau, Liz Nilsen, Margo Watt, Rehman Abdulrehman, Deborah Dobson, Bob McIlwraith, Elizabeth Levin, Tiffany Lippens, Madison Aitken, Andrea Woznica, Emma MacDonald, Thomas Hadjistavropoulos, Michael Church, Sylvie Bourgeois (CPA Board member), Lachlan McWilliams (N = 19)

### **Highlights:**

- **Report from the Chair (Trish Furer)**

#### ***Section Executive***

The Executive Committee for 2010-2011 included: Trish Furer (Chair), Mark Lau (Past-Chair), Peter Bieling (Chair-Elect), Margo Watt (Secretary-Treasurer), Liz Nilsen (Member-at-Large), and Jessica Dere (Student Member). The executive had two teleconference meetings (October 2010 and April 2011) and two in-person meetings (June 2010 in Winnipeg and January 2011 in Toronto), as well as regular email correspondence and phone contact throughout the year.

#### ***Section Initiatives and Activities***

The Clinical Section has continued its advocacy for the profession including co-sponsoring (with CPA) a pre-convention workshop (*Advocating for the Science and Practice of Psychology: The How, What, When, Where and Whys*) (\$2000), designating \$5000 for advocacy purposes, and the continued focus on awards for student initiatives, as well as the new Scientist-Practitioner Early Career Award (\$1000). The Clinical Section has continued its support of students including conference travel awards, Educational Activity Student Grant of \$2000, and sponsorship of the student symposium. The Section has had continued involvement with CPA Board including representatives to the Professional Affairs Committee and the CPA Subcommittee: Nominating Committee on Designated Board Seats; ongoing work on CPA website and archiving of past information; as well as reviewing new Fact Sheets. With regard to the present (June 2011) convention program, the Clinical Section has co-sponsored (with Counselling, Health, and Sport & Exercise Psychology sections) a public and professional lecture by Dr. Jasper Smits (Category 2 Invited Speaker); a student symposium (with Dr. Smits as Discussant); and co-sponsored (with Counselling section) a pre-convention workshop entitled "Navigating Therapeutic Routes with Drs. Randi McCabe, Jeanne Watson, and Paula Ravitz.

The Section continues to strive to improve communication with its membership in a number of ways including the enhanced electronic newsletter. On behalf of the Section, Trish Furer expressed her appreciation (accompanied by a monetary token of appreciation and certificates) to Drs. Bernstein and Watt for their efforts as co-editors of the newsletter, *Canadian Clinical Psychologist*, for the past five years. She then welcomed the new incoming co-editors, Dr. Elizabeth Levin (Laurentian University), and co-editor, Ms. Andrea Woznica (graduate student at Ryerson University).

- **Report from the Secretary-Treasurer (Margo Watt)**

#### ***Membership report***

As of June 1, 2011, the Clinical Section had 1055 members (400 students). These numbers are comparable to last year's numbers at the same time.

### ***Financial Statement, June 3, 2010 – June 3, 2011***

The Clinical Section continues to be in a solid position financially. The 2010-2011 year-end financial statement indicated that there is \$25,840.14 in the chequing account and \$12,022.68 in the 5-year Stepper GIC. The total assets of the Clinical Section are \$37,862.82.

### ***Proposed Budget, 2010-2011***

The proposed budget for 2011-2012 was reviewed. Total income is projected to be about \$16,653.50.00 with total expenses expected to be in the range of \$14,365.46. Bob McIlwraith moved that the proposed budget be accepted; seconded by Mark Lau; motion carried.

- **Report from the Student Representative (Jessica Dere)**

Jessica reported on her efforts to enhance contact with student members via the Clinical and Student Section Listserv servers, the student column in the Newsletter, as well announcements sent directly to psychology departments.

### ***Clinical Section Travel Award***

She reported that there were ten eligible applicants for the Clinical Section Travel Award. One student was to receive \$700, and two students representing distant regions of the country would receive \$400 each.

### ***Clinical Section Student Grant***

Jessica reported that there had been five applicants for the third annual Clinical Section Student Educational Activity Grants (\$2000). The award was to be granted to Caitlin Davey from Ryerson University, for a workshop entitled: *Program evaluation: A focus on realist methodology*. Summaries of the award recipients' projects will be included in the Fall Newsletter.

### ***Clinical Section Student Symposium***

Jessica also reported on the second Student Symposium, which is to be held on Thursday afternoon. The focus of the symposium was mental health and physical activity (in keeping with the theme of the keynote speaker) and will include four graduate student presentations.

- **Report from the Member-at-Large (Liz Nilsen)**

### **List server**

Distribution to all members: Liz noted that there have been some members who were not receiving emails from the list serve. CPA has been made aware of this potential issue.

Utilization: The use of the list server is quite low (e.g., 5-7 emails /year). Members were encouraged to use this service to distribute information.

### **Website**

New CPA website: The new CPA website is in place. There were a few unexpected issues that have been resolved with this change. Members were encouraged to let Liz or Jennifer know about any concerns with the website.

Up-to-date announcements / postings: Members were reminded that information about executive meetings and new events are posted on the website.

- **Report from the Chair-Elect (Peter Bieling)**

***Submissions to the 2011 CPA Annual Convention***

Peter reviewed the submissions for CPA 2011. He noted that there were 267 Clinical Section submissions this year: 248 poster submissions (vs. 80 last year); 9 (vs.6) workshop submissions; 10 (vs. 6) symposia submissions. There were no theory review submissions (vs. 2), nor conversation sessions (vs. 2).

Peter expressed appreciation to the 22 individuals from across Canada who reviewed this year's submissions.

***Clinical Section Fellow2011***

In recognition of their important contributions to Clinical Psychology and the Clinical Section, the Section awarded the status of Fellow to Dr. Heather Hadjistavropoulos, Professor, Department of Psychology, University of Regina; and Dr. Lorne Sexton, Associate Professor, Department of Clinical Health Psychology, University of Manitoba.

Also on hand to receive her 2010 Fellowship award in person was Dr. Deborah Dobson Adjunct Associate Professor, Departments of Psychology & Psychiatry, University of Calgary.

***Scientist Practitioner Early Career Award***

This year's recipient of the Scientist Practitioner Early Career Award for the Clinical Section is Dr. Alex Chapman from Simon Fraser University. This award, which comes with \$1000, was designed to recognize individuals within ten years of graduating and licensure who have demonstrated outstanding performance in one domain (research and/or practice), solid proficiency in the other, and evidence of integration across the two domains. Award recipients are encouraged to do a talk at the annual convention.

***Clinical Section Ken Bowers Award for Student Research***

The 2011 Ken Bowers Award for Student Research was awarded to Madison Aitken et al. from the Ontario Institute for Studies in Education, University of Toronto. The title of her paper was: *Internalizing Problems in Primary Grade Children: Associations with Peer Relationships, Reading Difficulties, and Risk for Attention-Deficit Hyperactivity Disorder.*

Peter thanked the individuals who reviewed this year's submissions for the Ken Bowers Award: Dr. Jelena King, Dr. Wendy Freeman, and Ms. Jessica Dere

- **Report from the Past Chair (Mark Lau)**

***Clinical Section Executive Elections***

Peter Bieling was elected by acclamation to the position of Chair of the Clinical Section Executive for 2011-2012; Margo Watt was elected by acclamation to the position of Chair-Elect; Liz Nilsen was elected by acclamation to the position of Secretary-Treasurer; Jennifer Garinger was elected by acclamation to the position of Member-at-Large; and Emma MacDonald was elected by acclamation to the position of Student Representative. Congratulations and a warm welcome was extended to the two new executive members – Jennifer and Emma.

- **New Business (Trish Furer)**

a.Strategies for increasing member involvement in the Clinical Section executive

b.Ideas for advocacy initiatives

Economic analysis of psychological services:

- CPA is contracting with a health economist to study the broad economic impacts of mental health problems and disorders and psychological services.
- Section contribution would go to consultant fees or publication costs.

Updating existing policy papers:

- The Cost-effectiveness paper which will partner with the economic impact paper as two corner stone advocacy documents. Money would help support the development and/or publication of the paper.
- The Strengthening Medicare Series. Money would support development and/or publication.

CPA is working with the Federal Government on increasing access to psychological services for federal civil servants and to improve the work environment. CPA will be developing materials for which support would be useful.

Practice Directorate Primary Care Initiative. An advocacy initiative targeting medicine and particularly family physicians will be developed as part of the activities of the CPA Practice Directorate. Funding to assist with the development and publication of these materials would be helpful.

Development of new Fact Sheets, particularly in the areas of children, adolescents and seniors. Some money could be paid to a grad student to develop a list and co-ordinate the writing of several Sheets.

Following a discussion by members present on how advocacy funds could be best spent, education and training emerged as being a priority (including mentoring for development of student internships), as well as the professional practice and research directorates.

- **Thank You to Outgoing Members (Trish Furer)**

On behalf of the Clinical Section, Trish Furer conveyed our sincere gratitude to Mark Lau and Jessica Dere for their considerable contribution to the Executive (most recently as Past-Chair and Student Representative, respectively).

- **Call for Proposals for Halifax 2012 (Trish Furer)**

Members were encouraged to propose speakers/topics for the 2012 CPA Convention which is to be held in Halifax, NS. This includes ideas for a keynote speaker, pre-convention workshop, master clinician workshop, public lecture, and symposia.

- **Adjournment (Trish Furer)**

The meeting was adjourned. Peter Bieling moved to adjourn the meeting; seconded by Mark Lau.

Submitted by  
Margo C. Watt, Ph.D., R. Psych.  
Secretary-Treasurer, CPA Clinical Section