



**Section on Clinical Psychology
La Section de la psychologie clinique**

Minutes of the Annual Business Meeting

August 6, 2020

Via Zoom Teleconference (due to the COVID-19 Pandemic and the Virtual Nature of the CPA 2020 Convention)

Attendees: Brigitte Sabourin, Kristi Wright, Kristin Reynolds, Jordana Sommer, Zoe Therrien, Aislin Mushquash, Jamie Swan, Hira Peracha, Kristin von Ranson, Natalie Mota Bill MacMurray, Joanna Collaton (n=12)

Opening of the meeting: 10:06am CST.

Presentation of 2019-2020 Executive: Dr. Kristin Reynolds, Chair and Past-Chair; Dr. Kristi Wright, Chair-Elect; Dr. Brigitte Sabourin, Secretary Treasurer; Dr. Zoe Therrien, member-at-large; Ms. Jordana Summer, student representative.

1. Approval of the Agenda

Motion to approve agenda: Kristin Reynolds; Kristi Wright (second). Approved.

2. Approval of Minutes of June 27, 2018 ABM

Motion to approve minutes: Kristin Reynolds; Brigitte Sabourin (second).
Approved.

3. Report from the Chair (Kristin Reynolds)

Section Activities

The clinical section executive met three times since our last ABM, in the fall and spring by teleconference/ videoconference, and during the winter in Winnipeg. A fall 2019 newsletter was circulated and the Spring 2020 newsletter has not been circulated due to various circumstances (including the COVID-19 pandemic and a prolonged CPA online convention). We will have a newsletter in the fall 2020 and we will be putting out a call to membership for items for this newsletter.

The clinical section has continued with some of the existing support to students, including the Ken Bower's Student Research Award and one Educational Activity Grant (EAG) in 2019-2020. Due to reduced expenses related to changing the CPA Convention from in-person to on-line, there were **additional student support opportunities offered**, including 1) Students also had an opportunity to apply for

two additional EAG's for summer 2020. The award winner(s) will be announced mid-August, and 2) 2 \$3000 COVID-19 related student research grants were also offered, and the award winners will be announced mid-August.

CPA Convention planning committee was busy over the past few months **adapting the convention from the in-person format to the virtual format.**

Dr. Gillian Alcolado reviewed a **FACT Sheet on OCD** – contributing to dissemination of knowledge to Canadian public and community professional. It is currently being translated into French and should be available shortly.

Several of the clinical section awards were updated (e.g., criteria and process), with Drs. Therrien and Sabourin translating these updates.

Council of section: All of the CPA sections meet to ensure that section needs are being met in larger CPA. We had originally planned on sending out a needs assessment survey but due to COVID-19 and many survey demands and emails, the executive has decided to defer.

The Chair was asked what kinds of activities other sections engage in, and the Chair related that the **Council of Section Meetings** begin with roundtable discussion from all sections regarding activity of the sections. The large size of the clinical section brings about opportunities (e.g., budget, funding opportunities) but also challenges (less cohesion and involvement than smaller sections). Some of the other sections are involved in research collaboration and some have more frequent meetings with their full memberships. Members are invited to contact the executive if they would like anything presented to, shared with, or requested from, the Council of Section at their next business meeting.

CPA Virtual Convention –there is still time to register for those who have not yet registered (there is no cost to register). There is very interesting content, including pre-recorded presentations, PDF's, etc, with flexible timing, as material can be accessed anytime.

The clinical section discussed changing its **Thumbnail**. Three options were presented, with unanimous support for the picture depicting an open hand offering a sprout (to represent growth potential, an offer of help etc.) at the ABM. The pictures will be in the fall newsletter where membership can vote and a final picture will be chosen. (ADENDUM: The executive later voted on adopting this new Thumbnail – and it will be presented to members at the next fall section newsletter).

Special projects: A small amount of funds (\$5,000) are available to support research or other special projects that advance the field of clinical psychology in

Canada. Some ideas included using the funds as seed money to apply for larger grants. The Clinical Section executive will also reach out to the team who have been working on Clinical Practice Guidelines website for ideas that might naturally follow or complement their project. Developing an online forum to discuss opportunities for national conversation and collaboration was also discussed.

The **Clinical Practice Guidelines website** is almost ready to be launched. The Clinical Section could advertise this in the fall newsletter and host a launch event.

Kristin expressed appreciation to the following individuals for their service on the executive: Dr. Brigitte Sabourin who is completing her term as Secretary-Treasurer – she will be remaining on the executive as Chair-Elect.

Kristin also expressed thanks to Dr. Matilda Nowakowski and Mr. Flint Schwartz for their ongoing work with the newsletter. The Fall 2020 newsletter will contain convention reviews and award winner announcements.

Thanks were expressed to the reviewers **of this year's convention submissions**: Deborah Dobson, Douglas French, Patricia Furer, David Hodgins, Pam Holens, Maxine Holmqvist, Amanda Lints-Martindale, Corey Mackenzie, Jordana Sommer, Natalie Mota, Matthew Bernstein, Leslie Roos, Caelin White, Iris Yusupov, Brigitte Sabourin, Leanne Rondeau, Allison Ouimet, Gillian Alcolado, Kristin Reynolds, Rachel Burton, Matthew Keough, Lachlan McWilliams, France Talbot, David Moscovitch, Zoé Therrien.

For the original in-person convention that was to be held in Montreal, there were 102 approved submissions. Of these, 88 presentations are presented for the virtual convention: 58 PDFS (mostly posters and a few Gimme 5's) and 30 video-based presentations.

There was also a special section dedicated to COVID-19 & Pandemic with 63 approved presentations. Actual presentations were 46, consisting of 17 PDF's and 29 video-based presentations.

4. Report from the Chair-Elect: Kristi Wright

Ken Bowers award: The Ken Bowers Award for Student Research was established to honour the enormous contributions of Dr. Ken Bowers to the field of clinical psychology. The award recognizes the most meritorious submission to the Clinical Section of the CPA annual convention by a student member. This year's award winner is **Hira Peracha** for her paper: The Psychometric Properties

of the Automatic Self-Recrimination (ASR) Measure in Children and Adolescents. Reviewers noted particular strengths of her methodology and writing.

Student Educational Activity Grant provides funding for students to host educational activities for their peers and community members. There was one applicant this year, which was awarded (to be announced during the student representative's report).

Scientist practitioner early career award (SPECA). Eligible to members of the clinical section who are early into their careers and who exemplify the integration of the two core domains of clinical psychology: clinical practice and training and psychological science and research. The year's recipient was Dr. **Natalie Mota**. As the SPECA award winner, she agrees to be the discussant for the Student Symposium and also potentially to present her own research at the next CPA Convention.

Award for Clinical Excellence (no applicants this year).

Clinical Section Fellows: (no applicants this year).

5. Report from the Secretary-Treasurer (Brigitte Sabourin)

Financial Statement, June 2019 – June 2020

The financial statements for the period June 2018- June 2019 were provided to attendees before the meeting and reviewed during the meeting. The Clinical Section continues to be in a solid position financially.

Proposed Budget, 2020-2021

The proposed budget for 2020-2021 was provided to attendees and reviewed during the meeting.

Membership numbers were presented. **791 members as of May 20, 2020**. This compares with 753 in 2019, 813 in 2018, 801 in 2017 and 901 in 2016. One possibility for the slight decrease in numbers is the introduction of similar and more specialized Sections (eg., Trauma, Addictions). (UPDATE: As of August 17, membership has increased to: 882).

Motion to Accept the report of the Secretary-Treasurer: Brigitte Sabourin; Kristin Reynolds (second). Approved

6. Report from the Member-at-Large (Zoe Therrien)

Introduced herself and described some of her roles (reviewing convention submissions etc.)

7. Report from the Student Representative (Jordana Summer)

- The **EAG 2019** was awarded **to Jason Isaacs from Dalhousie University. The Event was called “A Day for Youth’s Voices on Opioids and Prescription Drugs “**

Clinical Section Student Symposium Title: Understanding trauma across diverse contexts. Discussant: Dr. Anne Wagner (past SPECA winner). The symposium was deferred and may be offered in 2021 depending on availability of presenters and discussants at that time.

No travel awards this year and no Best Student Conference Awards due to the online nature of the convention.

8. Report from the Past-Chair

New executive members:

New Chair-elect: Dr. Brigitte Sabourin

New Member-at-Large: Dr. Zoe Therrien

The secretary-treasurer position remains open with interest expressed by a few individuals. Applications will be received until position is filled.

9. Adjournment Motion to adjourn: Kristin Reynolds. (11:20am)