



**Section on Clinical Psychology  
La Section de la psychologie clinique**

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**Minutes of the Annual Business Meeting**

**June 4, 2015  
Ottawa, ON**

**Attendees:** Lesley Graff, Catherine Hilchey, Carley Pope, Maxine Holmqvist, Skye Fitzpatrick, Sheryl Green, Al-Noor Mawani, Lynn Loutzenhiser, Kristin von Ranson, Felicia Meyer, Allison Quimet, Krystelle Shaughnessy, Martin Drapeau, Jennifer Garinger, Lachlan McWilliams, Elizabeth Levin, (N=16).

**1. Approval of Agenda**

J. Garinger called the meeting to order. The agenda for the June 4, 2015 Annual Business Meeting was approved as written. Moved by L. McWilliam; seconded by K. von Ranson; motion carried.

**2. Approval of Minutes**

The minutes of the June 6, 2014 ABM were approved as circulated. Moved by S. Fitzpatrick; seconded by E. Levin; motion carried.

**3. Report from the Chair (Jennifer Garinger)**

***Section Executive***

The Executive Committee for 2014-2015 included: Martin Drapeau (Past-Chair), Jennifer Garinger (Chair), Lachlan McWilliams (Chair-Elect), Sheryl Green (Secretary-Treasurer), Al-Noor Mawani (Member-at-Large), and Skye Fitzpatrick (Student Member). In addition, we have newsletter editors: Elizabeth Levin and Andrea Woznica. The executive had three teleconference meetings (July 2014, September 2014, and April 2015) and one in-person meeting (January 2015 in Toronto), as well as regular email correspondence throughout the year.

***Section Initiatives and Activities***

The Clinical Section continued to focus on awards for student initiatives, as well as other members (e.g., the Scientist-Practitioner Early Career Award). The Clinical Section has continued its support of students including conference travel awards (four awards of \$300), Educational Activity Student Grants (two awards of \$1000), sponsorship of the student symposium, and the Best Student Conference Presentation Awards (3 awards total with \$200 awarded to first place and \$100 to the two runners up). The clinical section continues to communicate via our section newsletter which is published once a year as well as through our website. Finally, there remained a firm commitment to the pursuit of excellence in the clinical section convention program preparation.

With regard to the present (June 2015) convention program, the Clinical Section had sponsored a public lecture by Dr. Colleen Carney, a pre-convention workshop entitled, '*Addressing insomnia in those with depression: A step by step evidence based approach*' with Dr. Colleen Carney, and a

student symposium on attachment, relationship functioning and psychopathology (with Dr. Sue Johnson as Discussant). The clinical section also had an invited speaker, Dr. Paul Frewen who spoke on trauma. Master clinician workshops have been scheduled again this year, based on feedback from our members at recent ABM's, including one led by Dr. Sue Johnson and one co- led by Drs. Dugas and Robichaud. Feedback on all events thus far revealed that they have been very well received and attended. Finally, the clinical poster session is also scheduled to take place.

#### **4. Report from the Secretary-Treasurer (Sheryl Green)**

##### ***Membership report***

As of May 25, 2015, the Clinical Section has 1154 members (336 students). These numbers are comparable to last year's numbers at the same time.

##### ***Financial Statement, June 4, 2014 – May 20, 2015***

The Clinical Section continues to be in a solid position financially. This year our expenses were greater than our income. The financial statement of May 20, 2015 indicated that there is \$28, 037.01 in the chequing account and \$10,100 in the new 5-year Stepper GIC. The total assets of the Clinical Section are \$38, 137.01. This is roughly equivalent to last year's total assets, which was \$38, 328.03.

A discussion regarding a policy as to what to do with excessive funds occurred later in the ABM.

Lachlan moved that the financial statement be accepted; seconded by Skye; motion carried.

##### ***Proposed Budget, 2015-2016***

The proposed budget for 2015-2016 was reviewed. Total income is projected to be about \$15,677.75 received from membership dues with total expenses expected to be in the range of \$24, 300.00. Total expenses are expected to be much more than what we spent last year and what we have been spending in previous years with the reasons being that we have a number of expenses this convention that we have not had in other years such as 1) two master clinician workshops, 2) travel expenses for our clinical section invited speaker, and 3) an increase in travel funds allowance for the executive members from \$500 to \$1000 (this was proposed during last years ABM and motion passed). Expenses exceeding income has been the case over the past several years.

#### **5. Report from Member at Large (Al-Noor Mawani)**

Al-Noor reported that he receives 4-5 list serve requests/month on average. There has been increased communication around the convention. Website management has included conventions updates on the homepage. Jennifer added that CPA will be involved in the section management and how the website uses the listserv but we do not know what the changes will look like at this time. Topics that have come up over the past year with listserv usage have been discussed including how to manage requests from non-members to post or for-profit organizations. A policy for situations like this is currently under development.

#### **6. Report from the Student Representative (Skye Fitzpatrick)**

Skye reported on her efforts to continue to enhance contact with student members via the Clinical and Student Section Listserv servers, the student column in the Newsletter, as well announcements sent directly to psychology departments. Student members were again invited to act as "convention

reporters” at the 2015 Convention and a number of people volunteered to do so. Convention reporters will submit summaries of presentations attended to the Fall Newsletter.

***Clinical Section Travel Award***

Skye reported that there were 19 eligible applicants for the Clinical Section Travel Award. Four successful students were awarded \$300 each.

***Clinical Section Best Student Poster Award***

Skye reported that there are three awards available, 1 x \$200 for the first place winner and 2 x \$100 for the two runner-ups. She indicated that it is a peer review process in that all applicants are reviewers. The results will be revealed and winners announced, following the convention.

***Clinical Section Educational Activity Grant for Students***

Skye reported that there are two winners of the Clinical Section Student Educational Activity Grant (max award of \$1000 each). A summary of the award recipient’s projects will be included in an upcoming Newsletter.

***Clinical Section Student Symposium***

Skye also reported that the sixth annual Student Symposium will be held on Saturday. There were 7 applicants (which is on par with previous years) and 4 presenters. The discussant will be Dr. Sue Johnson.

**6. Report from the Chair-Elect (Lachlan McWilliams)**

***Submissions to the 2015 CPA Annual Convention***

Lachlan reviewed the submissions for CPA 2015. He noted that there were 164 Clinical Section submissions this year, 150 accepted with acceptance as the following: 135 were poster submissions, 7 symposia, 8 workshops, 0 theory reviews, and 0 conversation sessions. Lachlan mentioned that he tried to recruit more reviewers so as to lessen the burden.

Lachlan expressed appreciation to the individuals from across Canada who reviewed this year’s submissions: Drs. French, Levin, Carelton, Hodgins, Sherry, Drapeau, Green, Furer, Wilson, Koerner, Rowa, Shaughnessy, Bieling, Greenman, Kowal, Purdon, King Loutzenhiser, Quimet, Hadjistavropoulos, Mushquash, Talbot, Dugas, McCabe, Summerfeldt, Henderson, and Mawani.

**SECTION AWARDS**

***Clinical Section Ken Bowers Award for Student Research***

The Ken Bowers Award for Student Research was established to honor the enormous contributions of Dr. Ken Bowers to the field of clinical psychology. This year, it was awarded to Catherine Hilchey (UNB). The title of her paper was: *Anxiety sensitivity and self-reported fears*.

***Scientist Practitioner Early Career Award***

This year’s recipient of the Scientist Practitioner Early Career Award for the Clinical Section is Dr. Simon Sherry, Associate Professor of Dalhousie University, NS. This award, which comes with \$1000, was designed to recognize individuals within ten years of graduating and licensure who have demonstrated outstanding performance in one domain (research and/or practice), solid proficiency in the other, and evidence of integration across the two domains. Award recipients are encouraged to do a talk at the annual convention.

### ***Clinical Section Fellows 2015***

This award is in recognition of important contributions to Clinical Psychology and the Clinical Section. Unfortunately, there were no submissions this year.

Lachlan encouraged members to communicate with other members as to what they would like to see at the convention sponsored by the clinical section. He mentioned that we ideally would like to continue to have credible individuals offering workshops and that a way to ensure this is perhaps having applicants submit a C.V. and abstract to ensure quality control.

### **Report from the Past Chair (Martin Drapeau)**

#### ***Clinical Section Executive Elections***

Martin Reported that there were three positions up for election (Member at Large, Chair Elect, and Student Representative) and that the following changes took place: Martin Drapeau ended his term as Past Chair, Jennifer Garinger was moved to the position of Past Chair for 2015-2016, Lachlan McWilliams was moved to the position of Chair, Sheryl Green remains in the position of Secretary-Treasurer, Al-Noor Mawani ended his term as Member-at-Large, and Skye Fitzpatrick ended her term as Student Representative.

Martin reported that an election was held and Carley Pope from Lakehead University was elected to Student Representative. Martin asked for nominations from the floor for positions of Chair Elect and Member at Large. Leslie Graf nominated Maxine Holmqvist for the position of Chair Elect and Lachlan second. Maxine was elected by acclamation to the position of Chair-Elect. Since the Member at Large position remains vacant, the current members of the Clinical Section Executive Committee will absorb the tasks in this role over the next year. The two main responsibilities associated with position of Member at Large are list serv management and website management.

Congratulations and a warm welcome to both Maxine Holmqvist and Carley Pope!

### **New Section Business**

#### ***Clinical Section Ongoing/New Initiatives (Jennifer)***

Fellows and Awards Committee: potential members for 2015-2016 were identified as Peter Bieling and Krystelle Shaughnessy who agreed to be on the committee. There was a motion to accept these two individuals by Martin, Leslie seconded the motion.

Section Finances: Jennifer indicated that we did increase budget spending on the convention by \$3000 this year but that we have to continue with spending a bit more. She stated that she attended the section chair meeting and learned more about the policy on surplus money. CPA is asking by December 2017 for each section to have no more than \$5000 in their bank account. This is consistent with not for profit organization status that we have and that Revenue Canada is looking more into non-profit organizations and that more than this could jeopardize our finances/could lose it. Over the coming years we have to bring \$38,000 plus down so next year we have less money at that ABM. Discussion took place as to where we want to spend that money e.g. student funding, advocacy grant, more convention activities. Information will be dispersed to members as to what we will be spending it on. Jennifer pointed out that since we are

not going to have a surplus in the future we will have to look at balancing our books and spending just what we have and adjusting or increasing member dues in the future.

Ongoing initiatives include continued revision of the section website (and adding new content) reporting on and following up with results from the survey (e.g., listserv, resources for members, networking), and moving tasks over to the CPA administrative assistant. Further, there will be a focus on larger initiatives to promote the Section/Clinical psychology (e.g., information for service users, access to services).

**Thank you to newsletter editors (Jennifer)**

On behalf of the Clinical Section, Jennifer thanked Elizabeth Levin and Andrea Woznica for their on-going work as award-winning newsletter editors.

**Thank you to outgoing members (Jennifer)**

On behalf of the Clinical Section, Jennifer conveyed our appreciation to our Past Chair (M. Drapeau), our Member at Large (A. Mawani) and our Student Representative (S. Fitzpatrick) for their considerable contributions to the Executive.

**Adjournment (Jennifer)**

The meeting was adjourned. Maxine Holmqvist moved to adjourn the meeting; seconded by Martin Drapeau.

Submitted by

Sheryl Green, Ph.D., C. Psych.  
Secretary-Treasurer, CPA Clinical Section