



Section on Clinical Psychology
La Section de la psychologie clinique

Annual Business Meeting

Friday, June 10, 2005
Montreal, Quebec

Present:

Laurene Wilson, Pat McGrath, Adam Radomsky, Keith Wilson, Leslie Graff, David Dozois, Kerry Mothersill, Catherine Lee, Christine Purdon, Margo Watt, Deb Dobson, Keith Dobson, Jennifer Mullare, Christian Webb, Jessy Bernstein, Doug Symons, Michel Dugas, Katy Kamkar, Lorne Sexton.

1. Call to order

David Dozois (chair) called the meeting to order at 9:05am.

2. Approval of Agenda

The agenda for the June 10th 2005 business meeting was approved as written. Moved by: Keith Dobson; seconded by: Leslie Graff; carried.

3. Approval of minutes of June 11, 2004, Annual Business Meeting

The minutes of the June 11th 2004 annual business meeting were approved as circulated. Moved by: Adam Radomsky; seconded by: Deb Dobson; carried.

4. Report from the Chair (David Dozois)

Section Executive

The Executive Committee included David Hodgins (past-chair), Catherine Lee (chair-elect), Kerry Mothersill (secretary-treasurer), Adam Radomsky (member-at-large), Mike Coons (student representative) and David Dozois (chair). The Executive had two in-person meetings and two teleconferences, as well as regular email correspondence throughout the year. The Section maintains a healthy membership with 464 regular members and 204 student members (total of 668), which represents a 10% increase over the last couple of years (599 in 2004 and 596 in 2003).

Convention Program

The Section contributed a full program for the 2005 convention. A total of 170 submissions were reviewed. In addition to general programming, the Clinical Section also sponsored the following activities: (1) a CPA-invited presentation by Janet Polivy (False Hope, Obesity, and Eating Disorders: The Effects of Unrealistic Expectations about Dieting); (2) a pre-convention workshop by Zindel Segal (Mindfulness-Based Cognitive Therapy and Prevention of Relapse in Major Depression); (3) a master-clinician presentation by Keith Dobson (Behavioral Activation and Cognitive Therapy Approaches to Depression: An Introduction and Demonstration); (4) workshops by Sophie Bergeron (Sexual Disorders Involving Pain) and Sheila Woody (an Evidence-Based Approach to Treatment Planning); (5) a symposium by Adam Radomsky, Sheila Woody, Kieron O'Conner, Laura Summerfield, & Christine Purdon (New Advances in OCD Research); (6) conversation sessions lead by Kerry Mothersill (Your Predoctoral Internship: How to Prepare and Receive Excellent Training) and Rick Morris (Privacy Legislations and Professional Practice); (7) a public lecture by Keith Dobson (Psychological treatments are more effective than medication in the treatment of depression); and (8) a social reception.

Communications

The section's biannual newsletter, *Canadian Clinical Psychologist*, was published under the editorship of Deborah and Keith Dobson. The Section website was maintained by David Hart. This web site was updated recently to provide links to information on evidence-based practice. The clinical listserv continues to be used judiciously for section business and for other announcements. Sincere thanks were expressed to Keith and Deb Dobson for their many years of editing the *Canadian Clinical Psychologist*. Margot Watt and Jessy Bernstein were welcomed as the new co-editors

Projects

The Section's strategic planning continues to focus on advocacy. The executive distributed a survey to the membership regarding the priorities of the Section and the quality of the services provided. Results indicated that the membership was pleased with the quality of our website, listserv, newsletter, preconvention workshops, and fact sheets. Members were also asked what the Section can specifically do for them and for the profession as a whole. The main themes that emerged were increased advocacy and taking a more proactive stance on evidence-based practice. The executive is working on developing an action plan based on this feedback.

The development and promotion of psychology fact sheets was coordinated this year by Adam Radomsky.

The executive committee was involved in promoting the CPA/CPAP directed initiative, Psychology Month.

The executive regularly responds to information requests from the media. This year, we developed a distribution list of past executive members and Section Fellows to facilitate the process of finding appropriate contacts for a broad range of topics.

The Chair's report was approved by the membership (moved by: Deb Dobson; seconded by; Adam Radomsky; carried).

5. Report from the Secretary/Treasurer (Kerry Mothersill)

5.1 Financial Statement and Budget

The 2004-2005 year-end financial statement indicates that there is presently \$10,299.35 in chequing and \$4069.56 in GICS. The GICs were renewed in February and March 2005. The total assets of the clinical section are \$14,368.91.

This year's finances are close to the predictions of the budget approved at the annual business meeting in June 2004. The Section is awaiting a second dues cheque from CPA that will be the income in line with budget expectations. Members of the executive have absorbed some costs (e.g. teleconference cost, preparing a list of lapsed members) within the budget of their own institutions. The costs of the mid-winter meeting are variable depending on the distance travelled by members of the executive.

\$2,000.00 has been allocated to special projects that fall under the rubric of promoting clinical psychology. The Executive has discussed the possibility of offering student travel awards, sponsoring local submissions for advocacy efforts, sponsoring individuals to present at strategic conferences. The financial statement and budget were accepted. Moved: Catherine Lee, seconded: Michel Dugas; carried.

5.2 Listserve

There has been a positive response to the invitation to post job announcements on the list serve.

6. Section elections (Adam Radomsky)

Adam Radomsky reported that a member has stepped forward to become the Chair-Elect. Congratulations were expressed and welcome was extended to Christine Purdon.

Four nominations for Student Representative to the Clinical Section Executive Committee were received with one subsequent withdraw. An election was held via email ballot. The successful candidate was Andrea Ashbow. The executive members look forward to Andrea's contributions to the Section

7. Section Awards (Catherine Lee)

- **Section Fellows**

In recognition of their important contributions to clinical psychology, the Section awarded the status of Fellow to Michel Dugas and Charlotte Johnston (Dr. Johnston will

receive this award at the 2006 convention in Calgary). The important contributions that Dr. Dugas has made to the treatment of generalized anxiety disorder and worry and to the profession were outlined.

- **Ken Bowers Student Award**

Catherine Lee presented the Ken Bowers Student award to Christian Webb from McGill University. Jennifer Mullane from Dalhousie University received an honourable mention. Eight submissions for the reward were received this year.

8. Other Business

- **Go electronic with Newsletter?**

Keith Dobson made some suggestions that would increase the feasibility of sending the newsletter electronically. Eliminating picture adds, using less dense pictures and not scanning pictures would significantly reduce the download time. A link could be sent with the Newsletter to ensure that members had the most recent version of Adobe to increase the downloading speed. The list serve will be updated again by the Secretary-Treasurer in order to ensure that as many members as possible can be contacted by the list serve. In order to determine if members are accessing the newsletter, a count of the number of hits for months when there is and when there is not a newsletter could be tallied. It was noted that an agreement for an MHS ad is in place for the fall 2005 newsletter.

- **New Initiatives**

The members discussed the relative merits of several new initiatives and projects:

- Provide Travel Grants for students to attend the CPA Conference
 - Advocacy – support the attendance of members at interdisciplinary conferences who present on topics that promote the profession
 - Invite submissions from members in order to support local advocacy efforts
 - Public lectures
 - TV advertising in partnership with CPA, APA and provincial psychology organizations
- **2006 CPA Conference**
 - The members discussed several ideas for presentations at next years conference, including: a cross country privacy workshop, a workshop on assisting psychologists interactions with the media (the workshop would include psychologists who are active with print and TV media as well as media representatives), risk assessment and the effectiveness of psychological interventions

9. Adjournment

The meeting was adjourned at 10 am. Moved by: Catherine Lee, seconded by: Leslie Graff; carried.

Respectfully submitted,

Kerry Mothersill, PhD.,
Secretary-Treasurer.