



THE CANADIAN CLINICAL PSYCHOLOGIST

NEWSLETTER OF THE CLINICAL SECTION OF THE CANADIAN PSYCHOLOGICAL ASSOCIATION

MESSAGE FROM THE CHAIR

Jennifer C. Garinger, PhD, RPsych

The past several months have been busy for the Clinical Section executive. In addition to organizing and reviewing applications for the many awards the section hands out each year, we have also continued to work on improving section communications, including developing policies related to advertising and continuing to work on editing our section webpage. We look forward to sharing more details relating to our work this year at our annual business meeting, which will take place at CPA's convention in Ottawa.

Speaking of which, with the arrival of spring, our attention moves to the annual convention, which will take place this year in Ottawa, ON, June 4 to 6, 2015. Information on general registration for the convention can be found at

<http://www.cpa.ca/Convention/registration>. Although you can register for the convention right up until the convention itself, early registration rates are available until May 5th, 2015 so best to look into this sooner rather than later if you are planning to attend! The Clinical Section executive has planned a varied program of activities for this year's convention, which we hope will be of interest to many of you.

Similar to previous years, our week in Ottawa will begin with a Section sponsored pre-convention workshop on Wednesday, June 3rd, 2015. We are pleased to have Dr. Colleen Carney, a sleep disorder specialist and Director of the Sleep and Depression Laboratory at Ryerson University in Toronto, presenting a full day workshop: "Addressing insomnia in those with depression: A step-by-step evidence-based approach". Registration for this pre-convention workshop is separate from your convention registration (but completed within the same online system). Please note that on-site registration is not available for the pre-convention workshop so

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**Chair**

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you must register on or before May 5, 2015! See the advertisement included in this edition of the newsletter for more details about this workshop. Dr. Carney will also be presenting the Section's public lecture, "The Keys to Healthy Sleep" on Wednesday evening at 7pm. Please consider attending this free event and share this information with others in the community who may be interested in hearing Dr. Carney speak. This interactive presentation will focus on: 1) why sleeping better is linked to improved physical and psychological well-being, 2) how you know if you are sleepy (and why you should worry about it), 3) the six signs of sleep disorders you should never ignore, 4) what insomnia is and what causes it, 5) the keys to good sleep, 6) why aging and menopause does not mean you will necessarily have poor sleep, and 7) straightforward talk about prescribed, over-the-counter, and herbal sleep medications.

During the regular convention (Thursday through Saturday), there will also be a number of exciting presentations that we hope you will be able to attend. First and foremost, we hope you will be able to join us for a presentation from our Section Invited Speaker, Dr. Paul Frewen, who will be sharing his work: "Trauma-related altered states of consciousness: Dissociation, PTSD, and the 4-D model". Dr. Frewen is a practicing clinical psychologist and associate professor in the departments of psychiatry and psychology at Western University in London, ON. He has authored over 50 peer-reviewed articles studying trauma, affect regulation, mindfulness, dissociation, and the self. He has received early career awards from the Canadian Psychological Association (including last year's Clinical Section's Scientist-Practitioner Early Career Award), and the American Psychological Association Trauma Psychology Section.

We are also looking forward to this year's student symposium on the general topic of "attachment, relationship functioning, and psychopathology". The symposium will highlight research being done by several graduate students across Canada. The discussant for the symposium is Dr. Sue Johnson, a leading innovator in the field of couple therapy and the primary developer of Emotionally Focused Couples Therapy (EFT). Dr. Johnson will also be offering a two-hour workshop as part of the regular convention program which we strongly encourage you to take in if you can, titled "Essential steps and skills for effective couple therapy in the 21st century". This workshop will summarize the present state of clinical practice of EFT, an empirically based attachment-oriented

intervention for relationship distress, and will address the necessary and sufficient interventions that lead to positive change in EFT as well as how the EFT therapist can address impasses and stuck places in the change process.

For those interested in learning more about using behavioral experiments to test negative beliefs about uncertainty and to build new belief systems about uncertainty, you will definitely want to attend the Section sponsored workshop “Using behavioural experiments to increase tolerance for uncertainty” being presented by Drs. Michel Dugas and Melisa Robichaud. Last (but definitely not least), be sure to look for the Clinical poster session as well during the convention, in addition to our section annual business meeting, and our Section sponsored social reception.

You can expect to receive emails from us in the coming weeks with more details as to when and where these events will be taking place at the convention.

We hope to see you all in Ottawa in a couple of months!

Jennifer Garinger



CPA Convention

The CPA Head Office staff are pleased to welcome you to their home in Ottawa for the 76th Annual CPA Convention. Join us at the Westin Ottawa from June 4-6, 2015!

From the Editor's Desk



Elizabeth Levin



Andrea Woznica

Greetings fellow Clinical Section Members,

Happy spring! After a long and frigid winter (for many of us!), we are very much looking forward to warm weather.

Our Section is fortunate to have a strong number of student members. With that said, we wanted to touch on a subject that is on the minds of many clinical psychology graduate students: Internship. This subject has most definitely been significant for co-editor Andrea Woznica, as she was recently matched to the London Clinical Psychology Residency Consortium for the 2015-2016 training year.

The internship application process is often a stressful one. Stress is the body's response to a real or perceived threat. That response is meant to get people ready for action to abort the danger. Stress perception is a significant mediator of this response, such that stress occurs when we perceive that the demands of a situation exceed our available resources to deal with that situation (Lazarus & Folkman, 1984). Unfortunately, we cannot fight or run away from most stress that occurs in our lives! Like internship applications – we must focus on the task and take action to get through it. Milder levels of stress can help us do just that. But when stress becomes too overwhelming, it is important to ensure that we are taking appropriate measures to reduce the stress. If not, it can have a big impact on our physical and mental health both over time and in the short term, often involving sleep difficulties, muscle tension, and headaches.

With respect to internship, much stress is attributed to writing application materials, preparing for and undergoing interviews, and the inevitable “waiting game.” Some stress management strategies might include getting active, pursuing enjoyable activities, and helpful thinking. Another significant source of stress is

regarding the end goal of getting matched. We would like to share some of the Canadian statistics with you. For the 2015-2016 training year, in Phase I of the match, 151 applicants from Canadian schools (84%) were matched to either Canadian or U.S. programs. In phase 2, an additional 10 applicants or 63% of the previously unmatched applicants from Canadian schools were matched. These statistics indicate that a total of 161 Canadian applicants (88%) were matched. While these are positive numbers, there are still a significant number of applicants still seeking internship opportunities.

We would also like to take this opportunity to remind you that we welcome any and all articles, opinions and ideas related to this newsletter. One particular goal of ours, as we mentioned in previous newsletters, is to profile psychologists employed in various capacities across the country (e.g., universities, hospitals, rehabilitation programs, correctional facilities, armed forces, business and industry, social-welfare agencies). We want to provide our readers, those entering the workforce, with insight into the role of the psychologist within these various capacities. We welcome suggestions of people to profile and, of course, offers of submission. You can find our contact information on the Clinical Section Executive webpage and later in this newsletter – feel free to contact us anytime with questions or comments.

Enjoy your newsletter and best wishes for the season ahead!

-Elizabeth & Andrea

**CONGRATULATIONS TO *ANDREA WOZNICA* WHO WILL BE STARTING HER
CLINICAL INTERNSHIP IN LONDON, ON
&**

**CONGRATULATIONS TO *ELIZABETH LEVIN* WHO NOW REPRESENTS
DISTRICT 1 AT THE COLLEGE OF PSYCHOLOGISTS OF ONTARIO**

Let your government know that access to a psychologist is important to you. Visit www.mymh.ca!



Thanks to Sophie Nash, B.A.Honours, for her help in layout, design, and putting together the newsletter!

**CPA Clinical Section Pre-Convention Workshop****ADDRESSING INSOMNIA IN THOSE WITH DEPRESSION:
A STEP-BY-STEP EVIDENCE-BASED APPROACH****Wednesday, June 3, 2015 9-4pm****The Westin Ottawa****Presented By: Colleen Carney, PhD, C.Psych**

Insomnia is a highly prevalent problem in those with depression and brief, effective evidence-based approaches exist to address insomnia, i.e., Cognitive Behaviour Therapy for Insomnia (CBT-I). Treating insomnia in the context of depression is important because even after successful depression treatment, insomnia and fatigue often remain and predict subsequent depressive relapse. Insomnia is also a predictor of suboptimal response to depression therapies. Although there is strong evidence for CBT-I in those with depression, there can be some treatment delivery challenges in this patient group. Thus, this all-day workshop will deliver: 1) a rationale for treating insomnia; 2) what your clients need to know about sleep regulation and its relation to their mood; 3) key competencies in assessment; 4) step-by-step instructions for CBT-I; 5) troubleshooting strategies for problems such as early morning awakenings, anhedonia and using the bed for escape; 6) how to combine depression and sleep strategies; and 7) strategies for effective relapse prevention.

Dr. Colleen Carney is the current President of the Association for Behavioural and Cognitive Therapies (ABCT), Behavioural Sleep Medicine Special Interest Group. Dr. Carney was previously on faculty at Duke University Medical Center, where she established the Comorbid Clinic as part of the Duke Insomnia and Sleep Research Program. Her Cognitive Behaviour Therapy for insomnia (CBT-I) research program has received support from the National Institutes of Health, the Canadian Institute of Health Research, the National Sleep Foundation, the Ontario Ministry of Research and Innovation and the Social Science and Humanities Research Council. She trains students and mental health providers in Cognitive Behaviour Therapy for Insomnia at invited workshops, and international conferences each year. She has numerous publications on the topic of cognitive vulnerability to insomnia and depression, and is a passionate advocate for improving treatment options for those with insomnia and other health problems.

Registration

\$200 (CPA/OPA Members) \$250 (Non-Members)

\$85 (CPA/OPA Student Members) \$85 (Student Non-Members)

**listed price does not include HST*

OPA: Ontario Psychological Association

Workshop attendees receive 5.5 Continuing Education Credits
Morning and afternoon coffee provided

To register, go to: <http://www.cpa.ca/Convention/registration>
REGISTRATION DEADLINE IS MAY 5, 2015

A Brief Summary of the Inaugural 12-Day Mindfulness Challenge

An event hosted by the Healthy Student Initiative

Mindfulness meditation, the practice of attending to present moment experiences nonjudgmentally, has become a popular topic in research and therapy. It is associated with a variety of physiological, psychological, and social benefits that motivated a group of students and faculty at York University to create a research team known as the Healthy Student Initiative (HSI). This team is dedicated to investigating the psychophysiological correlates of mindfulness and providing free mindfulness sessions to students, staff, and community members. To help encourage the regular practice of mindfulness and to promote the free sessions, the HSI recently hosted an event called the “12-Day Mindfulness Challenge”.

The 12-Day Mindfulness Challenge was held between January 26 and February 6, 2015. Individuals interested in participating were encouraged to practice mindfulness once a day for a contiguous 12 days and/or attend as many HSI-hosted sessions as they were interested in. During the challenge, the HSI hosted a total of 28 one-hour sessions offered either in person at York University's Keele campus and/or online through an audio conferencing program. We sent out daily reminders to interested individuals with information on the daily sessions. Individuals able to practice all 12 days received a certificate of completion.

Overall, 52 people signed up to receive daily reminder emails. Although we only advertised the event at York University, we also attracted online attendees from the United Kingdom and Vancouver. Attendance was high throughout the event: there were 167 attendances during the first week, 25 attendances over the weekend, and 102 attendances during the second week. In total, there were 294 attendances over the twelve days of the challenge (see Figure 1). Fourteen individuals received a certificate of completion for practicing all 12 days.

Due to the success of the HSI's first 12-Day Mindfulness Challenge piloted at York University, we are excited to begin hosting a challenge several times annually. This has included a second challenge hosted from March 9-20, 2015 and our first half-day mindfulness retreat on March 21, 2015.

The HSI and the 12-Day Mindfulness Challenge is made possible by the invaluable contributions of Abid Azam, Saam Azargive, Arsh Randhawa, Tina Changoor, Sarah Pludwinski, Samantha Fashler, Noah Wayne, Meysam Pirbaglou, Iqra Ashfaq, Dr. Paul Ritvo, and many other team members and volunteers. For more information on the Healthy Student Initiative and opportunities to participate in future events and challenges, please look at our websites HealthyStudentInitiative.com and OnTheMind.ca.

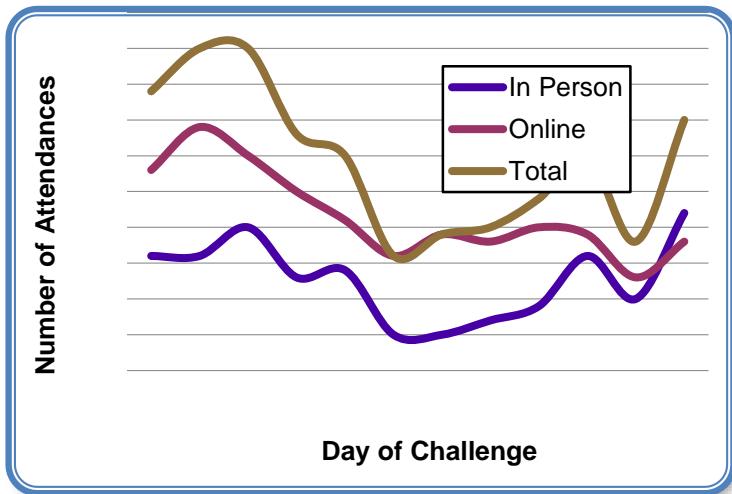


Figure 1. Number of attendances according to each day of the challenge



“The Role of Career Counselling in Supporting Career Well-being of Nurses”

By Charles P. Chen and Sarah Heller

University of Toronto, Ontario

Australian Journal of Career Development, 24(1), 15-26

Doi: 10.1177/1038416214555772

Abstract:

The phenomenon of occupational and career burnout in nurses has received recent attention from academia, the media, and health care practitioners. Research surrounding career burnout often adopts a health perspective and focuses on the psychological well-being of nurses. While acknowledging the vital importance of a health perspective, this article contends that the ability to cultivate a sense of career well-being may act as an antidote to the occupational and career burnout in the nursing profession. To examine the relationship between career burnout and career well-being in nurses, the article explores the many ways career counsellors can be of service to clients in the nursing profession, improving clients' career well-being via the enhancement of effective coping skills. In particular, the phenomenon of career burnout and its related issues and factors in nurses are identified and analysed. Guided by key tenets from career development theoretical approaches, counselling interventions are proposed to address the unique occupational burnout issue in the nursing profession, aiming to further the career well-being of nurses.

“Evidence-based Practice in Psychology” Workshop

An event hosted by Dr. John Hunsley

On November 21st, the clinical psychology students and faculty of the University of New Brunswick as well as internship students and community-based psychologists welcomed Dr. John Hunsley to Fredericton. Dr. Hunsley, a professor in clinical psychology at the University of Ottawa, is arguably Canada’s leader in the field of evidence-based practice (EBP) and specifically evidence-based assessment (EBA). He has published extensively in these areas and served on the 2012 Canadian Psychological Association Task Force on Evidence-Based Practice of Psychological Treatments. He is among the most notable Canadian scholars in the field of EBP. The Fredericton and Saint John clinical communities were grateful for such an exceptional learning opportunity.

This full-day workshop, titled “Evidence-based practice in psychology”, was attended by 33 graduate students, faculty, interns, and community psychologists. Many others who were unable to attend were provided with the presentation materials and contact information for Dr. Hunsley.

To begin, Dr. Hunsley provided an engaging, accessible review and discussion of EBP, the challenges in implementing evidence-based intervention, and the use of evidence-based treatments alongside other treatment components (e.g., therapeutic relationship, assessment). Research across almost all classes of disorders was expertly synthesized and practical resources (e.g., free databases which provide regularly updated practice guidelines based on international research evidence) were introduced and demonstrated. In the afternoon, Dr. Hunsley focused on the integration of EBA into practice, again providing expertly synthesized data across multiple disorders as well as practical guidelines for when and how to use assessment. Instruction on detecting the pitfalls in new and existing measures, case formulation, and the value and practicality of treatment monitoring measures was provided.

Participants indicated the workshop was immensely useful and informative. The recommended resources, in terms of access to summarized research data, practice guidelines, free or inexpensive assessment information, and resources for both diagnostic and treatment monitoring purposes, was invaluable. Community-based psychologists in particular emphasized the value and utility of these time and cost-effective recommendations and felt the concise yet thorough synthesis of an enormous wealth of evidence-based treatment and assessment data across disorders was both exceptional and very relevant to their own practice. Students’ remarked that the workshop made what could be an overwhelming volume of research data very accessible and that Dr. Hunsley’s workshop had made a lasting impression that they intended to carry forward in their professional careers.

The Fredericton and Saint John clinical communities would like to thank the CPA Clinical section for generously supporting this workshop. As well, very warm and humble thanks to Dr. Hunsley for providing our New Brunswick psychology communities with such an extraordinary learning opportunity.

Call for Nominations: Officers of the Clinical Section (2015-2016)

An easy and meaningful way you can show your support for the Clinical Section is to participate in the election process.

For 2015-2016, the Section requires nominations for the following positions:

- **Chair-Elect** (a three-year term, rotating through Chair and Past Chair).
- **Student representative** (2 year term): The Student Representative position of the Clinical Section provides clinical psychology graduate students with the opportunity to enhance leadership skills while they learn firsthand about the internal operations of the Canadian Psychological Association. This position carries full voting privileges on the executive committee allowing students to take an active role in the decision making process of the section.
- **Member-at-large** (2 year term): Responsibilities of the Member-at-Large include overseeing the management of the section website and assisting with other Section needs. These may include, but are not restricted to, CPA conference planning and conference submission reviews, Clinical Section Award Reviews, acting as liaison with the Section newsletter editor(s) to coordinate newsletter content, promotion of Section sponsored events, assisting other executive members on specific projects, where needed, and coordinating special Section projects.

Current members of the Executive who will be continuing in 2015-2016 will be: Dr. Lachlan McWilliams (Chair), Dr. Jennifer Garinger (Past-chair), and Dr. Sheryl Green (Secretary-Treasurer).

Although there is no requirement for the following, the Section does support equitable geographical representation and gender balance on the executive.

Nominations shall include:

- 1) a statement from the nominee confirming his/her willingness to stand for office,
- 2) a brief biographical statement, and
- 3) a letter of nomination signed by at least three members or Fellows of the Clinical Section.

Deadline for receipt of nominations is **May 15th, 2015**.

Please send nominations for the Executive to **Dr. Martin Drapeau**, PhD (Past Chair) at martin.drapeau@mcgill.ca.

Student Section

Message from the Student Representative

Skye Fitzpatrick

Happy spring, clinical section!

Greetings, and I hope that the shift from winter to spring come been swift and painless!

The 76th Annual CPA convention in historic Ottawa, Ontario is nearing rapidly. Though winter is often a time of hibernation, the section was hard at work preparing some exciting clinical activities, workshops, symposia, and poster sessions planned. It is most definitely going to be a convention to remember!

One particularly exciting event in Ottawa will be our annual Clinical Section student symposium at the convention. This year's symposium focuses on attachment, relationship functioning, and psychopathology. We are thrilled that one of the world's leading experts, Dr. Sue Johnson from the University of Ottawa, will be joining us as discussant. As is often the case with the student symposium, the competition was intense. However, in the end, we selected four particularly excellent applications among many fantastic submissions, and are confident that these students are going to highlight some of the most exciting research in the area. We will be discussing a range of topics this year; dyadic adjustment in relation to alcohol problems, post-relationship behaviours, attachment and sexuality, and interventions for relationship functioning in young people. We are excited for a high turnout, and I hope to see you there!

As with the symposium, there was a steep competition for the Clinical Section Educational Activity Student Grant, and picking winners was no easy feat. We are excited to announce that, once again, we had two winning submissions: Sofia Puente-Duran and Fiona Thomas from Ryerson University won for their submission titled "Diagnosis and treatment of mental health issues among refugee and immigrant populations: Moving from research to practice", and Dean Carcone and Le-Anh Din-Williams from the University of Toronto were awarded for their submission titled "UTSC Clinical Psychology Summit: Modern Applications of Mindfulness Training in Clinical Practice". Congratulations to both of these parties, both look like they're going to be fantastic workshops. Look out for summaries of these workshops in the next edition of the newsletter!

Don't forget to apply for our Ken Bowers and Best Student Conference Presentation Awards, due May 1st and 15th, respectively. Please feel free to contact me with any questions, comments, or concerns regarding the Clinical Section.

See you in Ottawa!

Skye Fitzpatrick, M.A.
Clinical Section Student Representative

Skyler.fitzpatrick@psych.ryerson.ca

KEN BOWERS STUDENT RESEARCH AWARD

The Ken Bowers Student Research Award was established to honour the enormous contributions of Dr. Ken Bowers (1937-1996) to the field of clinical psychology. Dr. Bowers is widely considered to have been one of the world's pre-eminent hypnosis researchers. In addition, he is renowned for his contributions to our understanding of personality, revolutionizing the trait-situation debate through his assertion of a situation-by-person interactional model. One of Dr. Bowers' last works was a highly influential paper on memory and repression that appeared in a 1996 volume of Psychological Bulletin. Dr. Bowers saw the philosophical foundations of inquiry as the common basis for both research and clinical practice. He was a consummate scientist-practitioner who devoted his career to the Department of Psychology at the University of Waterloo. The memory of his intellectual rigor and scholarship continues to shape UW's clinical training program.

The Ken Bowers Student Research Award is given by the Clinical Section to the student with the most meritorious submission to the Clinical Section of the CPA annual convention. **All students whose presentations have been accepted within the Clinical Section program are invited to apply.** The winning submission is recognized with a certificate and \$1000, and the student is invited to describe her/his work in the fall edition of the Clinical Section newsletter, *The Canadian Clinical Psychologist*.

To be eligible you must;+

1. be a student who is first author of a presentation that has been accepted in the Clinical Section at the CPA annual convention in Ottawa, June 2015.
2. Submit an APA-formatted manuscript describing your research*
3. Be prepared to attend the Clinical Section business meeting at the Ottawa convention, where the award will be presented
4. Be a member of the Clinical Section at the time of submission of your paper**

*The manuscript must include a title page and abstract page, and must be no more than 10 pages, double-spaced with 2cm margins and 12-point font. Figures, tables and references are not included in the page count. Manuscripts that do not conform to these criteria will not be reviewed. The deadline for submission of applications is **May 1, 2015**. Submissions in either English or French should be sent by e-mail to Dr. Lachlan McWilliams (Lachlan.mcwilliams@uask.ca). If you have any questions about the submission process, please contact Dr. Lachlan by e-mail.

**If you are a CPA member but not a Clinical Section member contact membership@cpa.ca or 1-888-472-0657; if you are not a CPA member go to <http://www.cpa.ca/clinical/membership/index.html> and be sure to indicate Clinical Section membership on your invoice.

Students can apply for both the Ken Bowers and the Student Travel Award, but can only win one of these awards per year.

PRIX KEN BOWERS POUR RECHERCHE EFFECTUÉE PAR UN(E) ÉTUDIANT(E)

Chaque année, la Section de Psychologie Clinique évalue les communications soumises par les étudiants(e)s en vue d'une présentation au congrès annuel de la SCP. En 2014, un certificat et une bourse de 1000\$ seront remis à l'étudiant(e) ayant soumis la communication la plus méritoire.

Pour être admissible, l'étudiant(e) doit :

1. être premier(ère) auteur(e) d'une communication touchant le domaine de la psychologie clinique ayant été acceptée pour le congrès au Ottawa.
2. soumettre un court manuscrit décrivant l'étude selon le format de l'APA
3. être présent(e) à la réunion d'affaires de la Section Clinique du congrès quand le prix sera décerné
4. être membre de la section quand vous soumettez votre document

Veuillez suivre les consignes de présentation : le manuscrit doit être à double interligne, avec des marges d'au moins 2 cms, un font 12, avec une page titre et un résumé. Cette page titre, le résumé, figures, tableaux et références ne sont pas inclus dans le nombre de pages. Des manuscrits qui ne respectent pas ces critères ne seront pas admissibles. La date limite pour la soumission des candidatures est le **15 mai, 2015**. Les demandes peuvent être formulées en français ou en anglais et doivent être envoyées par courriel à Dr. Lachlan McWilliams (lachlan.mcwilliams@usask.ca). Si vous avez des questions au sujet du processus de soumission, n'hésitez pas à contacter le Dr. McWilliams par courriel.

Si vous désirez devenir membre de la SCP vous pouvez vous abonner à <http://www.cpa.ca/clinical/membership/index.html>, assurez vous d'indiquer "section clinique". Si vous êtes membre de la SCP, mais pas encore membre de la section clinique, veuillez contacter la SCP par courriel au membership@cpa.ca ou par téléphone au 1-888-472-0657

Best Student Conference Presentation Award

The **Best Student Conference Presentation Awards** are designed to recognize and support high quality student research. These awards are also designed to encourage communication between Clinical Section students and to promote the development of reviewing skills.

There are three awards: First prize, worth \$200, is given to the highest-ranking submission overall. There are two runners-up, awarded to the next two highest-ranking submissions, each worth \$100.

These awards are adjudicated through a peer-review process. Students who apply will be expected to evaluate 2-3 posters/presentations over the course of the convention. Students will receive a list of posters/presentations to evaluate and the reviewing form at least 1 week before the conference. Students will be required to submit their evaluations within 1 week after the conference.

To be eligible, students must be:

- First author on a poster or oral presentation accepted by the Clinical Section for the annual convention of CPA. The poster or oral presentation must present the results of an empirical study. Presentation of literature reviews and conversation sessions are not eligible.
- A student member of the Clinical Section at the time of submission, and must, therefore, also be a student member of CPA.
- A Canadian citizen or attending a Canadian university.

To apply, please submit the application form (<http://www.cpa.ca/aboutcpa/cpasections/clinicalpsychology/clinicalsectionnewsandevents/>) and a copy of your accepted abstract via e-mail to the student representative of the Clinical Section, Skye Fitzpatrick (skyler.fitzpatrick@psych.ryerson.ca) before **May 15th, 2015**.

Please note: Any students that fail to either complete and/or submit all of their assigned evaluations will **NOT** be eligible for the award.

Readers, what would you like to see in the clinical Section Newsletter?

We'd love to hear from you!

Email Dr. Levin at elevin@laurentian.ca or

Andrea Woznica at awoznica@psych.ryerson.ca

Prix de la meilleure présentation étudiante au congrès

(anciennement « Bourses de déplacement de la section de psychologie clinique »)

Les **prix de la meilleure présentation étudiante au congrès** ont pour but de promouvoir et soutenir la recherche étudiante de haute qualité. Ces prix ont également pour objectif de favoriser la communication entre les étudiants de la section de psychologie clinique et à promouvoir le perfectionnement du talent de juge examinateur.

Il existe trois prix : le premier prix, d'une valeur de 200 \$, est décerné à l'auteur de l'évaluation la plus pertinente. Les deux autres prix, d'une valeur de 100 \$ chacun, sont remis à l'auteur des deux évaluations suivantes les plus pertinentes.

Ces prix sont octroyés à la suite d'une évaluation par les pairs. Les étudiants qui s'inscrivent devront évaluer pendant le congrès deux ou trois affiches ou présentations. Les étudiants recevront au moins une semaine avant le congrès une liste d'affiches et de présentations à évaluer ainsi que le formulaire d'évaluation. Les étudiants devront soumettre leur évaluation une semaine après le congrès.

Pour être admissible, un étudiant doit être :

- l'auteur principal d'une affiche ou d'une présentation verbale acceptée par la section de psychologie clinique pour le congrès annuel de la SCP. L'affiche ou la présentation verbale doit décrire les résultats d'une étude empirique. Les analyses de documents scientifiques et les séances de conversation ne sont pas admissibles.
- membre étudiant de la section de psychologie clinique lors de la demande et, par conséquent, être également membre étudiant de la SCP.
- citoyen canadien ou fréquenter une université canadienne.

Pour vous inscrire, veuillez soumettre d'ici le **15 mai 2015** par courriel à Skye Fitzpatrick (skyler.fitzpatrick@psych.ryerson.ca), représentante des étudiants à la section de psychologie clinique, le formulaire d'inscription et un résumé de votre présentation acceptée. Le formulaire sera disponible sur notre site web (<http://www.cpa.ca/aboutcpa/cpasections/clinicalpsychology/clinicalsectionawards>) bientôt.

Veuillez prendre note : Tout étudiant qui ne complètera pas ou ne soumettra pas toutes les évaluations qui lui ont été confiées ne sera **PAS** admissible au prix.

Clinical Section Travel Awards

The Clinical Section Travel Awards were designed to help clinical section students from across Canada to travel to the annual conference of the Canadian Psychological Association. There are four Clinical Section Travel Awards, each valued at \$300.

All students who have posters or presentations accepted by the Clinical Section are invited to apply. This award is separate from the travel bursaries granted by CPA to students traveling long distances.

To be eligible, students must be:

1. Enrolled in a university that is at least 500km from the city in which the conference is being held.
2. First author on a poster or oral presentation accepted by the Clinical Section for the annual convention of CPA. The poster or oral presentation must present the results of an empirical study. Presentation of literature reviews and conversation sessions are not eligible.
3. A student member of the clinical Section at the time of submission, and must, therefore, also be a student member of CPA.
4. A Canadian citizen or attending a Canadian university.

To apply, please submit:

1. Application form (found at
<http://www.cpa.ca/aboucpa/cpasections/clinicalpsychology/clinicalsectionawards>)
2. 1 page summary of the project (Single spaced, 1 inch margins, size 12 font.)
3. A copy of the notification of submission acceptance.

Please submit via e-mail to the student representative of the Clinical Section, Skye Fitzpatrick (skyler.fitzpatrick@psych.ryerson.ca) before April 1, 2015.

Notification of the results will occur via email by May 1, 2015.

Participants will be reimbursed at the convention once they provide travel receipts.

If you have any questions, please contact Skye Fitzpatrick at skyler.fitzpatrick@psych.ryerson.ca