















Year	Events	Members	Sources
1987	<ul style="list-style-type: none"> ☞ Interest for section was generated from members from the United States ☞ Petition for counselling psychology section was circulated to universities, resulting in 46 signatures. ☞ First meeting had 27 counselling psychologists' attendance. ☞ First section meeting was held in June 1987 CPA meeting in Vancouver, BC ☞ Topics discussed included what to call the section 	None listed	<p>Source: May 1997 Newsletter</p> <p>Section Developments Overview (cpa.ca)</p>
1988	<ul style="list-style-type: none"> ☞ This was the first report of the section following its establishment in 1987 in Vancouver at the CPA meeting. <ul style="list-style-type: none"> ○ 27 counselling psychologists were in attendance. ☞ Section newsletter (MATRIX) was created and published in January – Edited by John Friesen and Jennifer Cole Newman <ul style="list-style-type: none"> ○ The goal of the first issue was to “clarify and expand the status of counselling psychology and work towards its definition” as well as provide a space for discussion about relevant topics and issues. ○ Name was chosen to symbolize birth because saw newsletter as a forum where CP in Canada could grow and develop. ○ The newsletter was to also be a forum for communication between APA Division 17 and the section. <ul style="list-style-type: none"> ▪ Both associations agreed to select items from each section’s newsletters and publish them in both newsletters ☞ Committee studying training and accreditation issues was established. ☞ Ongoing correspondence opportunities and ideas between APA and CPA counselling sections was discussed, <ul style="list-style-type: none"> ○ Included enhancement of communication between the sections, establishing a working relationship with division 17, develop inter-organization convention meetings, exchanging of documents (e.g., newsletter, meeting minutes, reports etc.), the establishment of an ad-hoc American-Canadian committee to facilitate the change of information and ideas, and the discussion that the section should accept proposals from Division 17 for the upcoming convention ☞ Emphasis was placed on the diversity of counselling psychology in Canada and the need to represent/address the constituent’s broad interests in the section. ☞ A Montreal meeting also occurred: 27 people attended. <ul style="list-style-type: none"> ○ Section chair requested for a past president and secretary treasurer. ○ Chair also wanted increased involvement for the section at CPA’s 1989 convention. ○ Chair reported on the initiation of the section and Division 17 was presented and George Hurley was appointed to liaise with Henry Borow (Div 17 rep). ○ A constitution for the section was developed and circulated for feedback. 	<p>Chair: Mark Shoenberg Programming: Adam Horvath Secretary Treasurer: Lee Handy Convention Program Proposal Reviewers (Established in Montreal meeting): Adam Horvath and Bernard Tetreau Nomination Reviewer (Established in Montreal meeting): Lee Handy</p> <p>Members: 83 full members, 39 student members</p> <p>Committee Studying Accreditation Issues: Head: Lyle Eide Members: George Hurley, Lise Chislett, F. Patrick Clarke, and Naida Hyde.</p>	<p>https://cpa.ca/docs/File/Sections/Counseling/AnnualReports/AR_1986-87.pdf</p> <p>Section Developments Overview (cpa.ca)</p>
1989	<ul style="list-style-type: none"> ☞ Continued discussion over the formal liaison between APA Div 17 and the section. ☞ Dr. George Hurley reported that he met with Dr. Henry Borow at the APA convention in 1988 to discuss mutual concerns. <ul style="list-style-type: none"> ○ Copies of the MATRIX newsletter was provided to Henry to circulate amongst Div 17 members. 	<p>Chair: Mark Schoenberg Secretary-Treasurer/Chair-Elect: Lee Handy</p>	<p>Section Developments Overview (cpa.ca)</p> <p>Executive correspondence, 1988-1989</p>

	<ul style="list-style-type: none"> ○ Meeting was reported to be “great”, with APA appearing to be supportive and prepared to lend assistance. ○ Div 17 was interested in the section’s emerging role and how the section will negotiate their unique development in Canada. ○ Plans were made to have an international symposium on CP at the next APA convention where Japan, Canada, US, and England will speak to their respective contexts. Section Chair will represent Canada. <ul style="list-style-type: none"> 📄 Dr. Joseph Pellegrino spoke with Dr. Henry Borow and was given the division’s bylaws to serve as a template from which the section could develop their own. 📄 An email account was developed. 📄 A second newsletter, FORUM, was discussed and to be published two times per year. 📄 Student and membership executive positions were developed. 		Committee Meeting, 1989
1990	No documentation available		Section Developments Overview (cpa.ca)
1991 & 1992	<ul style="list-style-type: none"> 📄 Some discussions in 1991 arose about external representation in other sections and encouraging section members to become members of clinical section. <ul style="list-style-type: none"> ○ The section’s Chair, George Hurley, reported that this was a “contentious” issue in the section communication documents. 📄 At the end of 1991, a priority was made to increase participation in the section from counselling psychologists across Canada in 1992. 📄 1992 marked the fifth year since the section’s inception in 1987 in Vancouver. <ul style="list-style-type: none"> ○ Of the notable accomplishments in these 5 years, the most significant is the fact that Counselling Psychology was officially recognized as a distinct and accredited specialty by CPA. <ul style="list-style-type: none"> ▪ This meant that students could pursue doctoral studies in the discipline in programs that are accredited based on CPA accreditation standards. ▪ This development was hoped to provide the impetus for university counselling centers to become CPA accredited as pre-doctoral internships. 📄 Upon ballot vote, annual membership fees for the section were increased to \$20. 📄 For the 1992 convention, section members reported wanting additional forums for professional exchanges beyond paper and poster presentations. <ul style="list-style-type: none"> ○ In response to these requests and to enhance the potential for CPA conventions for professional exchanges, the section planned three new special interest groups (SIGs). ○ In addition, an award for best student paper was presented. 📄 External initiatives in 1991/1992 focused on enhancing external connections and liaising with related organizations. <ul style="list-style-type: none"> ○ Some members of the executive board attended APA’s companion section, Div 17’s executive 	<p>Chair: George Hurley Vice-Chair: Lilly Walker Past Chair: Lee Handy Secretary-Treasurer: Richard Young At Large: Michael Doyle and Robert Hall Elections: Lee Handy Newsletter: Mark Schoenberg Scientific Affairs committee Chair: Bonita Long Student rep: Joanne Dillabough Training and accreditation: William Borgen Awards and Recognition: Michael Doyle Membership: Lilly Walker Professional Affairs: Lyle Eide Programs: Michael Doyle</p>	<p>AR 1991-95.pdf (cpa.ca)</p> <p>Section Developments Overview (cpa.ca)</p> <p>Awards pdf, executive communication 1991-1992</p>

	<p>meetings with the permission of their Division 17's president (Michael J. Patton)</p> <ul style="list-style-type: none"> ○ CPA's scientific affairs committee addressed member concerns with SSHRC about their new eligibility criteria. <ul style="list-style-type: none"> ▪ Specific concerns were surrounding the criteria excluding those working in university counselling centers from receiving stipends to support their research. <p>📄 The results of a 1991 survey done by Div 17 were circulated between the section executives.</p> <ul style="list-style-type: none"> ○ Executives noted that in the US, most CPs are practice (vs. science) oriented. ○ It was suggested that a similar survey be conducted in Canada by the section to see if these characteristics hold across countries. <p>📄 Section Chair in his letter to the Vice-Chair (Dr. Lilly Walker) noted that he was impressed with the student membership in Div 17 and that it confirms the need for the section to develop a standing committee for students.</p> <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> 📄 Invited Speaker: Dr. Jack Martin (Conversations, Memories, and Theories: The Construction of Therapeutic Change) 📄 Best Student Paper: Douglas J. McKibbon (No topic specified) 		
<p>1993</p>	<p>📄 1993 was the final year of George Hurley as Chair.</p> <ul style="list-style-type: none"> ○ He reflected upon all the internal organization work and outreach that they accomplished over his term. ○ Despite difficult financial times, he expressed optimism about the section's future. <p>📄 As planned, two editions of FORUM (newsletter) were published under the leadership of Mark Schoenberg</p> <ul style="list-style-type: none"> ○ FORUM operated as the major vehicle for professional exchanges/communication within the section and in CPA and APA as the executive members used the newsletter to keep their colleagues apprised of new developments. <p>📄 The section contributed \$500 over a period of two years to facilitate the CPA sponsored 1994 national conference on Applied and Professional Psychology.</p> <p>📄 The Canadian Journal of Behavioral Science (CJBS) added counselling psychology on the mast head, recognizing it as one of the areas that the journal addresses.</p> <p>📄 This development increased the profile of CP and enhanced the contributions that CP's can make to the profession and science of psychology.</p> <p>📄 The revision of the by-laws was the major undertaking for this year.</p> <ul style="list-style-type: none"> ○ Robert Hall led this project with the mandate from 1992 to incorporate the new CPA bylaws model for sections while retaining the spirit of the 1988 version. <p>📄 The revised version of the bylaws appeared in the previous issue of FORUM and were reviewed and endorsed by the section.</p>	<p>Chair: George Hurley Vice-Chair: Lilly Walker Past Chair: Lee Handy Secretary-Treasurer: Richard Young At Large: Michael Doyle and Robert Hall Elections: Lee Handy Newsletter: Mark Schoenberg Scientific Affairs Committee Chair: Bonita Long Student Rep: Joanne Dillabough Training and accreditation: William Borgen Awards and Recognition: Michael Doyle Membership: Lilly Walker Professional Affairs: Lyle Eide Programs: Michael Doyle</p>	<p>AR 1991-95.pdf (cpa.ca)</p> <p>Section Developments Overview (cpa.ca)</p> <p>Awards pdf</p>









	<p> 1993 CPA Convention</p> <ul style="list-style-type: none"> ○ Michael Doyle scheduled several SIGs as a second forum for the 1993 convention. ○ Each SIG was addressed salient issues that CP professionals are facing (e.g., graduate training issues faced by CP students). ○ A hospitality suite following the section business meeting was available where Div 17 members presenting at CPA were encouraged to visit. ○ A “Best Graduate Thesis Award” was established by the section. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none">  Best Graduate Thesis Award: Danielle Nahon (the effectiveness of masculinist group therapy in the treatment of recently separated men)  Vice-Chair (Dr. Lilly Walker) recognized the accomplishments made by the “Memorial Triad” (Michael Doyle, George Hurley, & Mark Schoenberg) within the section 		
<p>1994 & 1995</p>	<ul style="list-style-type: none">  The activities in the section reflected the challenges faced by the profession in North America and the changes in the roles, responsibilities, and identities for CPs.  The newsletter (FORUM) published 2 issues per year and has been a vehicle through which these challenges are being addressed, particularly those discussed at the Mississauga conference.  Section’s focus was delineated towards a developmental account of CP’s evolving identity.  Bonita Long and Beth Haverkamp’s created an initiative to compile articles by Canadian counselling psychologists to inform core graduate training curriculum. <ul style="list-style-type: none"> ○ Michael Doyle, the section’s archivist, documented the section’s evolution.  The CPA convention and associated CP programming were noted to strengthen the presence of CP in Canada.  November 1995 Newsletter <ul style="list-style-type: none"> ○ The International Congress of Psychology and APA’s 104th convention are mentioned as major events that can be opportunities for Canadian CP’s. ○ A discussion of the Mississauga conference on Professional Psychology was featured. <ul style="list-style-type: none"> ▪ The catalysts for the conference included the changing economic context in which psychology is practiced, NAFTA and the inter-provincial trade agreement, and different funding arrangements for health and higher education. ○ Out of the conference came plans to establish core graduate training curriculum in psychology. ○ Section Chair wrote about how essential Div 17 has been in shaping CP in Canada ○ Dr. Richard Young was invited to write an article for APA’s newsletter in 1996 in the spirit of collaborating and engaging in dialogue reflecting the common issues the discipline encounters across North America 	<p>Chair (1994): Lilly Walker Chair (1995): Richard Young Vice-Chair: Richard Young Past chair: George Hurley Secretary-treasurer: Michael Doyle At-large: Beth Haverkamp & Joseph Pellegrino Elections: George Hurley Newsletter: Lilly Walker Scientific Affairs: Bonita Long Student rep: Gabriella Szanto Training and Accreditation: William Borgen Archivist: Michael Doyle Awards and Recognition: Brian Sveinson Membership: Joseph Pellegrino Professional Affairs: George Hurley Programs: Brian Sveinson Membership: approximately 100</p>	<p>Annual Report 1991-1995 pdf, November 1995 newsletter</p> <p>AR 1986-87.pdf (cpa.ca)</p>

	<ul style="list-style-type: none"> ○ Dorthy Nevill wrote the article for the November 1995 newsletter. ○ The newsletter featured an article from Australian psychologist, Percy Boyes, wrote about the discipline in Australia. <p>✚ 1995 convention: Mention of a symposium on core graduate training curriculum in psychology</p> <p>AWARDS/KEYNOTE</p> <p>✚ None noted in documents.</p>		
<p>1996</p>	<p>📄 May 1996 Newsletter</p> <ul style="list-style-type: none"> ○ Chair discussed how he has been approached by one of the provincial boards for a definition of CP for information materials to be made available to the public and registrants. ○ Michael Doyle, in his role as archivist, looked through the section's documents and found no definition of CP. <ul style="list-style-type: none"> ▪ He suggested that the section should develop own definition of Counselling Psychology within its Canadian Context. ▪ Michael Doyle invites the readers to share feedback on section needs and notes that they will be discussed at upcoming CPA Conference. ○ Featured working notes from the Trilateral Brainstorming Meeting of Psychology Education, Practice, and Credentialing which was geared toward developing graduate training in psychology. ○ Featured an article by Dr. Lilly Walker about women's generative leadership style and defining elements of power. ○ Dr. Gerry Stone, President Elect of Division 17, wrote an article about issues their organization was encountering. ○ Jessica Ball wrote about about counselling psychology in Singapore. <p>📄 November 1996 Newsletter</p> <ul style="list-style-type: none"> ○ Mentioned that NAFTA and the agreement of a core curriculum for graduate training in psych, are trends that will influence CP in Canada and its future. <ul style="list-style-type: none"> ▪ In addition, the tension between demand for services (quantity) and quality of services provided will continue to be a challenge. ○ Article covering scientific developments and opportunities which was balanced with a 'practitioners update'. ○ Div 17 President, Dr. Gerry Stone, wrote an article discussing the APA convention that year as part of the connections that were being established between Div 17 and the section. ○ They also listed upcoming events and provided the names of the members and fellows of the section. <p>📄 Plans to have a workshop on ethical/legal issues at the 1996 convention.</p> <p>AWARDS</p> <p>✚ Best Master's Thesis: Deborah MacNamara (Study on the lived experiences of mental health consumers)</p>	<p>Chair: Richard Young Past Chair: Lilly Walker Vice-Chair: Michael Doyle Secretary-Treasurer: Douglas McKibbon At-Large: Danielle MacNamara & Beth Haverkamp Elections: Lilly Walker Awards and Recognition: Debbie Nefakis Newsletter: Michael Doyle Membership and Professional affairs: Vacant Programs: Jessica Ball Scientific Affairs: Bonita Long Student Rep: Sheleigh Robinson Accreditation and Training: William Borgen Archivist: Michael Doyle</p>	<p>https://cpa.ca/docs/File/Sections/Counselling/AnnualReports/AR_1986-87.pdf</p> <p>May 1996 Newsletter, November 1996 Newsletter</p> <p>Section Developments Overview (cpa.ca)</p>

<p style="text-align: center;">1997 & 1998</p>	<p> Best Doctoral Thesis: Serge Dumont (Topic not specified)</p>		
	<p> May 1997 Newsletter</p> <ul style="list-style-type: none"> ○ 10-year anniversary of section was celebrated <ul style="list-style-type: none"> ▪ Acting Chair reflects upon Mark Schoenberg's 1988 article. ▪ Mark envisioned the section as a venue through which CP in Canada could be clearly described and defined. After 10 years, acting chair acknowledged how it is difficult to say whether we have been effective at this. ▪ He emphasizes that we live in a system and similarly, our identity as CPs is constantly in flux and so we need to know who we are but also how we are changing. ○ Several members left the section; Dr. Lilly Walker, Doug McKibbon, and Dr. Beth Haverkamp completed their terms in the section, Michael Doyle resigned as newsletter editor, and Bonita Long resigned as Chair of the scientific affairs committee. ○ Concerns about membership arose, with the section lacking a Chair after the June convention. <ul style="list-style-type: none"> ▪ Dr. Richard Young stepped up as acting Chair until 1998 with Michael Doyle as Vice-Chair. ○ Acting Chair urges membership to come forward to be on the executive and assume responsibility. <p> The section considered launching a webpage through UBC's servers.</p> <ul style="list-style-type: none"> ○ Acting Chair asked for experts in web design who could volunteer to get the webpage set up. <p> 1997 CPA Convention</p> <ul style="list-style-type: none"> ○ Keynote speaker was Abigail Stewart who spoke about her work on "Psychology of Middle Age for Women." ○ Panel presentation devoted to the section's 10-year anniversary entitled "Counselling Psychology: Past, Present, and Future" moderated by Dr. Jessica Ball ○ Dr. Denise Larsen presented on the experiences of long-term counsellor educators in Canada. ○ Dr. Sharon Crozier spoke about feminism becoming mainstream in CP. <p> December 1997 Newsletter</p> <ul style="list-style-type: none"> ○ Dr. Rod McCormick spoke about the need to incorporate spiritual and holistic models of healing from other cultures in CP. ○ Dr. Bryan Hiebert reported on the results of his survey targeting the career development of CPs in Canada, noting high levels of variability in the roles assumed. ○ George Hurley spoke about credentialing issues for CPs in Canada and warned about the eventual medicalization and positivism that would permeate the profession. ○ The Chair of the counselling psychology division (Ernesto Spinelli) of the British Psychological Society was featured and readers were encouraged to attend their conference in the UK. ○ Shake Toukmanian spoke about the history of evolutionary courses in counseling vs. clinical. 	<p>Acting Chair: Richard Young Acting vice-chair: Michael Doyle Member at large: Peter Cornish Secretary-treasurer: Colleen Haney</p>	<p>Section Developments Overview (cpa.ca)</p> <p>Executive correspondence, 1988-1989</p>

	<ul style="list-style-type: none"> ○ Richard Young challenges facing the future of CP and in particular, the increasing standardization of our field. <p>📄 1998 CPA Convention Plans</p> <ul style="list-style-type: none"> ○ Symposium by Vivian LaLande on women’s career development and new insights for counselling ○ Section presented three symposia, four workshops, and one theoretical paper ○ There was an increase in conference participation due to bulletins/newsletters circulating. <p>AWARDS/KEYNOTE:</p> <ul style="list-style-type: none"> 🏆 1997 Keynote Speaker: Abigail Stewart (Psychology of Middle Age for Women) 🏆 1997 Best Master’s Thesis Award: Mary Manson (Successful and unsuccessful couples therapy in an alcohol recovery context) 🏆 1998 Best Master’s Thesis Award: Caroline Carragher Neill (no topic specified) 🏆 1998 Best Doctoral Thesis Award: Joanne Margaret Crandall (no topic specified) 		
1999	<ul style="list-style-type: none"> 🏆 No documented section history for this year 	<p>Membership: 122 members</p>	<p>Section Developments Overview (cpa.ca)</p>
2000	<p>📄 2000 newsletter</p> <ul style="list-style-type: none"> ○ The section’s new Chair reflects on the past challenges that the section and discipline have faced, particularly regarding the lack of Chair for the section in 1997. <ul style="list-style-type: none"> ▪ Emphasized that these concerns still exist and we need to continue to establish our significance and identity as an applied psych specialty though taking on a variety of roles. ○ An article by Dr. Peter Cornish discussed the section’s desire to establish Special Interest Groups like Div 17 has done <ul style="list-style-type: none"> ▪ Notes that this may be possible through partnerships with other organizations who have similar goals and interests ○ The results of a survey on learning strategies conducted at Memorial Counseling Centre by Drs. John Garland and Michael Doyle in which they piloted a learning course (UCC2020) was included. ○ Dr. Sandra Collins wrote an article about 4 Alberta universities collaborating to improve the qualitative of graduate training in CP. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> 🏆 No awards noted 	<p>Chair: Sharon Robertson Vice Chair: Michael Doyle Past Chair: Richard Young Secretary-Treasurer: Colleen Haney At-large: Peter Cornish and Derek Truscott Student Representative: Marie Helene Pelletier</p>	<p>Section Developments Overview (cpa.ca)</p> <p>2000 newsletter</p>
2001 & 2002	<p>📄 June 2001 Business Meeting (Dr. Richard Young was chair)</p> <ul style="list-style-type: none"> ○ This meeting led to the development of a full executive board for Section 24. ○ Papers, posters, and presentations were refereed for the CPA convention. ○ Criteria was established for judging awards. Awards offered based on these criteria included two theses 	<p>Chair: Colleen Haney</p> <p>Membership: 173 members</p>	<p>Annual Report, 2001-2002,</p> <p>May 2002 Newsletter</p>

	<p>awards, two poster awards, and a Distinguished Member award.</p> <ul style="list-style-type: none"> ○ To compensate for the lack of awards at the 2002 conference, four new awards were planned to be distributed at the 2003 convention. <ul style="list-style-type: none"> ▪ Two poster, one master’s thesis, and one doctoral thesis. ○ Survey on ethics in CP and call for newsletter articles were sent out to membership. ○ Dr. Victoria Alfonso, Dr. Sharon Robertson, Dr. Richard Young, and Michelle Tsutsumi were given credit in reviving section awards/newsletters. <p>📄 May 2002 Newsletter</p> <ul style="list-style-type: none"> ○ Feedback on the accreditation process was showcased. <ul style="list-style-type: none"> ▪ The shortages of internship sites that give priority to CP (vs. clinical) students was noted as a significant barrier. <p>📄 2002 CPA Convention</p> <ul style="list-style-type: none"> ○ Posters, conversation hours, symposia and workshops by the section were held. <p>AWARDS/KEYNOTE</p> <p>✚ No awards were given this year (As per 2001 business meeting)</p>		<p>Section Developments Overview (cpa.ca)</p>
<p>2003</p>	<p>📄 Two newsletters were sent out.</p> <ul style="list-style-type: none"> ○ Newsletter One: Contained a section devoted to ethics and in particular, authorship credit and ordering issues by Rob Bedinder. <ul style="list-style-type: none"> ▪ The sections members hoped to continue to receive articles on current ethical concerns. ○ Newsletter Two: Contained a survey asking members for information regarding employment settings, populations seen, organizations/affiliations, and level of participation in CPA conferences. ○ Section’s interests focused on generating attendance at CPA conventions and inquired about topics members would like to see covered. <ul style="list-style-type: none"> ▪ Survey return rate: 50% <p>📄 2003 CPA Convention:</p> <ul style="list-style-type: none"> ○ Presentations included workshops, theoretical papers, and posters. ○ Symposium entitled: “Coping and Help-Seeking Among Victimized Women” was presented. ○ Student luncheon was offered for the first time in addition to the section social event for all members. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> ✚ <u>2003 Keynote:</u> In partnership with the Women and Psychology section, Dr. Carolyn Zerbe Enns (No topic specified) ✚ <u>The Distinguished Member award</u> was presented for the first time at the business meeting (No name available) ✚ Two theses/dissertation/presentation awards were given (No names available) ✚ Two 30-page theses awards were given (No names available) 	<p>Chair: Colleen Haney Past Chair: Richard Young Secretary-Treasurer: Victoria Alfonso Student Representative: Sheri Pyper</p> <p>Membership: March 2003: Membership: 165 members (109 non-student members, 56 student members)</p>	<p>Annual Report, 2002-2003, March 2003 Newsletter</p> <p>Section Developments Overview (cpa.ca)</p>
<p>2004</p>	<p>📄 Objectives were to increase communication within the section through the section’s website/newsletter.</p>	<p>Chair: Jennifer Nicol Past-Chair: Colleen Haney</p>	<p>Annual Report, 2003-2004</p>

	<p> May 2004 Newsletter</p> <ul style="list-style-type: none"> ○ Results of survey from membership was published (<i>N</i> = 64; males = 22; female = 42) <ul style="list-style-type: none"> ▪ 36% reported working at a university and 28% worked in private practice. ▪ Participants requested section programming to focus on empirically supported interventions for adults, adolescents, couples, individuals with serious illness, and elderly. <p> 2004 CPA Convention</p> <ul style="list-style-type: none"> ○ Featured several workshops, one theoretical review paper, and several posters by section members. ○ Two awards for best master's and doctoral student posters planned for convention. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none">  Invited Speaker: Dr. Carolyn Zerbe (no topic specified)  Best PhD Dissertation: Patrice Keats (Vicarious Witnessing in European Concentration Camps: Imagining the Trauma of Another)  Best Doctoral Conference Poster: José Domene (Identification of Distinct Levels of Focus in the Joint Projects of Parents & Adolescents) 	<p>Membership: 183 members (117 non-student members, 66 student members)</p>	<p>Newsletter, May, 2004</p> <p>Section Developments Overview (cpa.ca)</p>
<p>2005</p>	<p> Section Listserv was introduced.</p> <ul style="list-style-type: none"> ○ Newsletters were distributed by the listserv. <p> 2005 CPA Convention</p> <ul style="list-style-type: none"> ○ Dr. Vivian LaLande was the invited speaker and chaired a roundtable session on CP Identity in Canada. ○ Other participants included Frank Dumont, Marilyn Fitzpatrick, and Stephanie Martin. ○ International Association of Applied Psychology (IAAP)- launched a counselling psychology division. <ul style="list-style-type: none"> ▪ Members included Marla Buchanan (CPA Counselling Psychology Rep), Dr. Fred Leong (President) and Dr. Richard Young (Executive member) ○ CPA Committee for Professional Affairs-Stephanie Martin accepted the invitation to serve as the CPA Counselling Psychology Representative. ○ Section witnessed a threefold increase in proposal submissions. <p> 2006 Convention program was previewed, which included</p> <ul style="list-style-type: none"> ○ A section-sponsored symposium with Robin Cox, Dr. Dave Hutton, Dr. Danielle Maltais, and Dr. John Service on the The Role of Psychology in the Long-Term Recovery Process from Natural Disasters. ○ A joint section sponsored symposium with International/Cross-Cultural Psychology that will include 7 panelists (Dr. Randal Tonks, Dr. Janet Krantz, Dr. Kamaljit Sidhu, Christine Wihak, Noorfarah Merali, Anoosha Aghakhani, and Dr. Beth Hedva) speaking on Cultural Perspectives on Counselling. ○ A conversation session with Drs. Derek Truscott and Kevin Alderson on developing counselling-specific accreditation criteria. 	<p>Chair: Jennifer J. Nicol Past-Chair: Colleen Haney Secretary-Treasurer: Marla Buchanan Student Representative: Sherry Rodrigues-Antonucci CCPPP Liason: Laurene Wilson Conference abstract/student award reviewers: Bonita Long, Denise Larsen, Richard Young, & Stephanie Martin Newsletter editors: Colleen Haney and Jacqueline Rhinas</p> <p>Membership: 135 members (92 non-student members, 43 student members)</p>	<p>Annual Report, 2004-2005</p> <p>Newsletter, March, 2005</p> <p>Section Developments Overview (cpa.ca)</p>

	<ul style="list-style-type: none"> ☰ The section partnered up with other sections in co-nominating CPA Invited Speakers for 2006 Annual Convention. Along with the Women and Psychology, and Sexual Orientation and Gender Identity Issues ☰ Counselling Psychology nominated Dr. Laura Brown as a CPA Invited Speaker and joined the International/Cross-cultural section in nominating Dr. John Berry as an invited Speaker. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> ✚ Invited Speaker: In partnership with Clinical Psychology, Health Psychology, and Personality and Social Psychology, sponsored Dr. Janet Polivy (The False Hope Syndrome: What is the effect of trying to make a behaviour change on your own and failing?) ✚ Best Dissertation Award: Dr. Shari Couture (Moving Forward: Therapy with an Adolescent and his Family) ✚ Best Master’s Poster: Michel Eugène (Stress et Agressivité) 		
2006	<ul style="list-style-type: none"> ☰ 2006 CPA Convention <ul style="list-style-type: none"> ○ A committee was established to work on the criteria for accreditation for the Counselling Psychology Section <ul style="list-style-type: none"> ▪ Members include Drs. Derek Truscott (Chair), Kevin Alderson, Richard Young, Ada Sinacore, Denise Larsen, Greg Harris, Marla Buchanan, William Welton, Steve Knish, Sharon Cairns, and Jim Evans. ▪ The goal was to revise current Accreditation Standards and Procedures for Doctoral Programmes in Internships in Professional Psychology. ○ Another committee formed to develop a Canadian definition of the term “counselling psychology.” <ul style="list-style-type: none"> ▪ Committee included Dr. Rob Bedinder and Dr. Beth Haverkamp (Co-Chairs), Dr. Derek Truscott, Romeo Beatch, James Loh, Douglas Cave, Greg Harris, and José Domene. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> ✚ Keynote: Dr. Nancy Arthur (Are Counselling Psychologists Ready For Interprofessional Collaboration?) ✚ Best PhD Dissertation Award: Karen C. Kranz (Living outside the box: Lesbian couples with children conceived through the use of anonymous donor insemination) ✚ Best Master’s Thesis Award: Vivian Dzedzora (A study of a group treatment for men and women diagnosed with posttraumatic stress disorder) ✚ Doctoral Conference Poster Award: Holly McClean (A Narrative Study of the Spouses of Soldiers Healing from Post-Traumatic Stress) ✚ Best Master’s Conference Poster Awards: Ronaye Coulson (Resilient Self-Talk: Is Bouncing Back from Adversity Related to How We Talk to Ourselves?), Elaine Greidanus (Finding Help on the Internet), Summerlee Samuels (Transferable Life Skills Learned Through Sport Participation) and Sean Latimer and (Quality Improvement in Child and Youth Mental Health) 	<p>Chair: Jennifer Nicol Past-Chair: Colleen Haney Secretary-Treasurer: Marla Buchanan Student Representative: Sherry Rodrigues-Antonucci CCPPP Liason: Laurene Wilson Conference abstract and student award reviewers: Bonita Long, Richard Young, Colleen Haney, Derek Tuscott, Vivian Lalande, & Marla Buchanan Newsletter editors: Jennifer Nicol and Jacqueline Rhinas</p> <p>Membership: 175 members (112 non-student members, 63 student members)</p>	<p>Annual Report, 2005-2006;</p> <p>Newsletter, November 2005</p> <p>Section Developments Overview (cpa.ca)</p>

2007

- 📄 **Emphasis on CP definition in Canadian Context:**
 - Committee continued to work on developing the definition.
 - Anne Marie Mikhail (student member) was added to committee.
 - The committee aimed to present this at the CPA 2008 conference and inviting discussion on this topic.

📄 2007 Newsletter

- Dr. Ada Sinacore's article on counselling psychology values that are central for the process and counselor training was featured.

📄 2007 CPA Convention

- Sponsored symposium "Innovative Approaches to Eating Disorders: Theory, Research and Practice" (Dr. Shelly Russell-Mayhew, moderator; panel members, Dr. Christine Courbasson, Dr. Gail McVey, and Dr. Lindsay McLaren).

AWARDS/KEYNOTE

- ✚ **Keynote Speaker:** Dr. David Paré (Yours, Mine, and Ours: Dialogue and Reflexivity in Counselling Research)
- ✚ **Best PhD Dissertation Award:** Robin Cox (Transgressions and transformations: Identity reorientation and the discourse of disaster recovery)
- ✚ **Best Master's Poster Awards:** Babatunde Ogunfowora (A study on the relationship between personality traits and theoretical orientation preferences) and Michelle Emmerling (the working alliance and stage of change in psychotherapy)

Chair: Vivian Lalande
Past-Chair: Jennifer Nicol
Secretary-Treasurer: Shelly Russell-Mayhew
Student Representative: Robin Cox
Award Coordinator: Colleen Haney
Newsletter editor: Mike Huston

Membership: 112 members (49 non-student members, 63 student members)

Annual Report, 2006-2007;

Newsletter, December 2006

[Section Developments Overview \(cpa.ca\)](#)

2008

- 📄 **November 2008 Newsletter**
 - Outlined the proposed definition of CP in a Canadian context and requested feedback from its members.

📄 2008 CPA Convention

- Symposium: Towards a Canadian Understanding of Counselling Psychology (Report from Executive Committee for a Canadian Definition of Counselling Psychology).
 - Symposium was followed by a Conversation Session for discussion about CP in Canada and responses to the report from the Committee for a Canadian Definition of CP.
- CPA Invited Speaker (Dr. Christina Robb) was cosponsored by the Sections of CP, Women and Psychology and Clinical Psychology.

AWARDS/KEYNOTE

- ✚ **Keynote Speaker:** Dr. Charles Chen (Toward a Proactive Learning Framework in Career Psychology)
- ✚ **Distinguished Member Award:** Dr. Lee Handy
- ✚ **Best Master's Thesis Award:** Becky Steward (Attachment and Women's Coping with Sexual Assault)
- ✚ **Best Master's Poster Awards:** Olga Oulanova and Natalie Hansen (When sex hurts: Couples' experiences of female sexual pain), Olga Oulanova and Roy Moodley (Counselling and traditional healing: Exploring an integrative model) and Reana Saraceni and Shelly Russell-

Chair: Sharon Cairns
Past Chair: Vivian Lalande
Past-Chair: Jennifer Nicol
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Student Representative: Reana Saraceni
Award Coordinator: Colleen Haney
Conference Review Coordinator: Patrice Keats
Webmaster: José Domene
Newsletter Editor: Mike Huston

Chair: Vivian Lalande
Past-Chair: Jennifer Nicol
Secretary-Treasurer: Shelly Russell-Mayhew
Student Representative: Reana Saraceni
Award Coordinator: Colleen Haney
Conference Review Coordinator: Patrice Keats
Newsletter Editor: Mike Huston

Membership: 300 members (170 non-student members, 130 student members)


Annual Report, 2006-2007

Newsletter, December 2006

[Section Developments Overview \(cpa.ca\)](#)

<p>2009</p>	<p>Mayhew (Images and Ideals: Counselling Women and Girls in a “Thin-is-in” Culture)</p> <p>📄 Past-Year Projects (2009):</p> <ul style="list-style-type: none"> ○ The major section project was the Executive Committee for a Canadian Definition of CP. <ul style="list-style-type: none"> ▪ Background information and a drafted definition were posted on the counselling Section website. ○ Following broad consultation and invited feedback, the committee completed a draft definition to be voted on at the AGM in Montreal. <p>📄 May 2009 Newsletter</p> <ul style="list-style-type: none"> ○ Outlined the section convention schedule and training opportunities in detail. <p>📄 2009 CPA Convention</p> <ul style="list-style-type: none"> ○ Section co-nominated the CPA Invited Speaker, Dr. Lawrence Kimayer. ○ There was a full section conference program for the section, including six symposia, five theory reviews, one workshop, several conversation sessions, and numerous posters. <p>📄 December 2009 Newsletter</p> <ul style="list-style-type: none"> ○ Featured the finalized version of CP definition. <p>📄 Next-Year Projects:</p> <ul style="list-style-type: none"> ○ Section will establish by-laws review committee to look at updating the section bylaws. ○ Accreditation committee will be reformed upon the approval of the definition of counselling psychology. <ul style="list-style-type: none"> ▪ Committee was suspended temporarily due to a lack of definition for CP. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> ✚ Keynote: Dr. Nancy Heath (Non-Suicidal Self-Injury: The New Challenge for Counsellors) ✚ Distinguished Member Award: Dr. Vivian Lalande ✚ Best Dissertation Award: Olga Sutherland (Therapeutic Collaboration: A Conversation Analysis of Constructionist Therapy) ✚ Best Master’s Thesis Award: Marnie Fukushima-Flores (FRIENDS parent project: Effectiveness of parent training in reducing parent anxiety in a universal prevention program for anxiety symptoms in school children) ✚ Best Doctoral Poster Awards: Maria Laquinta (Women’s Experience of Career Decision-Making After Brain Injury) and Linda Klevnick (An Exploration of the Relationship Between Mindfulness and Forgiveness) ✚ Best Master’s Poster Awards: Danielle Brosseau (Couples, Traumatic Stress, and Cancer: Moderating Effects of Relationship Quality) and Tina Lee (Intergeneration Negotiation of Educational and Career Expectations: The Korean-Canadian Experience) 	<p>Chair: Sharon Cairns Past-Chair: Vivian LaLande Secretary-Treasurer: Shelly Russell -Mayhew Student Representative: Reana Saraceni Award Coordinator/At Large: Colleen Haney Conference Review Coordinator/At Large: Patrice Keats Newsletter Editors: Mike Huston and Olga Sutherland</p> <p>Membership: 378 members (193 non-student members, 185 student affiliates)</p>	<p>Annual Report, 2008-2009</p> <p>Newsletter, November 2008 & May 2009</p> <p>Section Developments Overview (cpa.ca)</p>
<p>2010</p>	<p>📄 Past-Year Projects:</p> <ul style="list-style-type: none"> ○ In 2009, the Definition of Counselling Psychology was completed with the CPA Board of Directors approving the definition at November meeting. ○ The next initiative was the formation of a committee to conduct an in-depth, systematic review of the proposed changes to the accreditation standards and providing CPA with feedback regarding potential implications for CP. 	<p>Chair: José Domene Past-Chair: Sharon Cairns Secretary-Treasurer: Helen Massfeller Student Representative: Lara Cross Award Coordinator/At Large: Colleen Haney</p>	<p>Annual Report, 2009-2010;</p> <p>Newsletter, December 2009 & May 2010</p>


- Final major project for the year was a review of our Section by-laws which had not been revised since 1993.
 - Committee: Sharon Cairns, chair; Tanya Mudry, José Domene, and Audry Kinzel

 **May 2010 Newsletter**


- Featured a report of the accreditation standards and the committee’s recommendations (Sinacore and Kerner)
- ICCPC was announced.

 **2010 CPA Convention**

- Had a Section Keynote Panel with Ada Sinacore, Timothy Osachuk, Jennifer Thannhauser, and Heather MacIntosh on Accreditation and Internships: Developing the Infrastructure of Canadian Counselling Psychology.
- In partnership with the Clinical Section, the section co-sponsored the CPA/Section Invited Speaker, Dr. David Hodgins, who spoke on Beating the Odds: Promoting Self-Recovery from Gambling Problems with Brief Motivational Interventions.

 **November 2010 Newsletter**

- Discussed ICCPC as the logical next step now that the definition has been approved.
- Under the direction of Dr. Ada Sinacore, the conference addressed the state of the discipline in Canada and areas in need of improvement.
- The newsletter also featured an article on the 2010 symposium by counselling psychology students on envisioning the future of the discipline in Canada.

 **Next-Year Projects**

- Moving forward with membership approving the revised by-laws to then submit to CPA’s board of directors for approval.
- Was anticipated that one goal for the coming year will be to build on the ideas from our keynote panel regarding further development of the infrastructure of Canadian Counselling Psychology.

AWARDS/KEYNOTE

-  **Keynote Speakers:** Section Keynote Panel with Dr. Ada Sinacore, Timothy Osachuk, Jennifer Thannhauser, and Dr. Heather MacIntosh on Accreditation and Internships: Developing the Infrastructure of Canadian Counselling Psychology.
-  **Best Doctoral Poster Award:** Emily Koert (Resilience and determination in the context of immigrant women’s working lives)
-  **Best Master’s Thesis Award:** Lara Cross (Investigating Positive Psychology Approaches in Case Management and Residential Programming with Incarcerated Youth)
-  **Best Master’s Poster Award:** Gena Davies (the relationship between postsecondary students’ sex and relationship status and expected occupational income) and Arlee Simpson (Factors that influence client ratings of the therapeutic alliance)

Conference Review

Coordinator/At Large: Patrice Keats

Webmaster: Sasha Lerner

Newsletter Editor: Mike Huston

Membership: 358 members (203 non-student members, 155 student affiliates, 8 CPA Special Affiliates, 6 CPA Fellows, 3 CPA International Student Affiliates, 2 CPA Honorary Life Fellows, and 2 CPA International Affiliates)

[Section Developments Overview \(cpa.ca\)](#)

Chair: José Domene
Chair-Elect: Ada Sinacore

Annual Report, 2010-2011

- At the 2010 business meeting, the section by-laws were approved by the CPA board of directors.
- Efforts were made to increase the section's profile and visibility at the national level which included promotion/involvement in ICCPC being held in November 2010 in Montreal, QC.

✚ 2011 CPA Conference

- Keynote address by Dr. Ada Sinacore on future directions for CP Canada.
- A co-sponsored pre-convention workshop with clinical section on "Navigating Therapeutic Routes: 1 client, 3 evidence-based approaches to recovery" was conducted.
- The section collaborated to arrange a presentation by the invited speaker, Dr. Jasper Smits, who presented on exercise, mood, and anxiety and was co-sponsored with several other sections.
- There were 43 poster presentations, 9 symposia, 4 workshops, 1 theoretical review, and 5 conversation hour sessions.
- 40+ student poster presentations at the convention, many of which were of very high quality, three posters were adjudicated as being outstanding.

✚ May 2011 Newsletter

- Discussed how we are approaching 25 years since the establishment of the section.
- Article discussed the section's multiple identities and the roles in which we function and the maturation of the discipline and its national identity in its Canadian context.
 - The chair invited feedback pertaining to overlapping identities and whether CP in Canada is in a better position (relative to the US) to negotiate this overlap.
- Discussed ICCPC and it being a landmark event that marks the beginning of a new era for CP in Canada.
 - *Canadian Psychology* will be featuring a special issue devoted to Counselling Psych in Canada, showcasing the discussions that occurred at ICCPC.

✚ December 2011 Newsletter

- Discussed the special issue as well as the article that was featured on the CP definition.
- Emphasis was placed on quantitative versus qualitative training in CP, emphasizing the need for training to reflect the importance of qualitative methods in the discipline.

✚ Next-Year Projects

- Building on ICCPC, the section aimed to improve the infrastructure of CP in Canada and address problem issues addressed identified by the membership.

Secretary-Treasurer: Helen Massfeller
Member-at-Large (Student Awards): Jessica Van Vliet
Member-at-Large (Review Coordinator): Jennifer Thannhauser
Student Representative: Lara Cross
Webmaster: Sasha Lerner
Newsletter Editor: Michael Huston

Membership: 385 members (183 non-student members, 181 student affiliates, 6 CPA Special Affiliates, 7 CPA Fellows, 4 CPA International Student Affiliates, 2 CPA Honorary Life Fellows, and 4 CPA International Affiliates)

Newsletter, November 2010 & May 2011

[Section Developments Overview \(cpa.ca\)](#)

	<ul style="list-style-type: none"> ✚ Keynote Speaker: Ada Sinacore (Future Directions for CP In Canada) ✚ Best Master's Thesis Awards: Danielle Brosseau (The Moderating Effect of Relationship Quality on Partner Secondary Traumatic Stress Among Couples Coping With Cancer) Chantelle Quesnelle (Evaluating the Therapeutic Alliance: What matters to Teens?) and Radha Messmer (Marital Satisfaction across the Transition to Parenthood: The Relationship Between Bed-Sharing and Marital Satisfaction for First-Time Parents) ✚ Best Doctoral Poster Award: Touraj Amiri (The Role of Personality and Emotional Regulation on Psychological Health in Trauma Survivors) ✚ Best Master's Poster Award: Nichole Pickett (Exploring Quality of Life Changes and Counselling Utilization in New Brunswick Methadone Maintenance Treatment Programs) ✚ Outstanding Work By An Undergraduate Student Award: Megan Cook (Hindering Factors in the Working Alliance as Categorized by Clients) 		
2012	<p>📄 Past-Year Projects</p> <ul style="list-style-type: none"> ○ At the 2011 Section SBM, concern was raised by membership about pre-doctoral internships in Canada that accept CP interns. <ul style="list-style-type: none"> ▪ A committee was devised to examine the issue and make recommendations. ▪ Committee was scheduled to deliver their report at the 2012 section SBM. ○ It was voted at the 2011 Section SBM to fund a project to archive the history of the section/Canadian CP in general. <ul style="list-style-type: none"> ▪ Dr. Freda Ginsberg agreed to lead this project and with several student members. <ul style="list-style-type: none"> • Tasks included collecting section related documents into electronic format. ▪ Longer-term goals for the project are to create an electronic archive of public section documents and interview senior Canadian CPs for their perspectives on the profession over time. <p>📄 May 2012 Newsletter</p> <ul style="list-style-type: none"> ○ Section's contributions for the 2012 convention were listed. ○ Dr. Helen Massfeller released an article about the Secretary-Treasurer role for the section, offering to support/mentor a future Secretary-Treasurer. <p>📄 2012 CPA Conference</p> <ul style="list-style-type: none"> ○ From 59 abstracts that were submitted, the following sessions were presented; 35 posters, 10 symposium presentations, 7 workshops, 2 theory review sessions, and 2 conversation sessions offered by the section. <p>📄 Next Year's Projects:</p> <ul style="list-style-type: none"> ○ A focus of the section will be to follow up on the recommendations of our pre-doctoral internship committee. ○ The Section archive project remains ongoing. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> ✚ Keynote: Sharon Robertson (Building Bridges Between Counselling And Counselling Psychology) 	<p>Chair: Ada Sinacore Past Chair: José Domene Secretary-Treasurer: Anusha Kassan Member-at-Large (Student Awards): Jessica Van Vliet Member-at-Large (Review Coordinator): Jennifer Thannhauser Student Representative: Jennifer Titus Webmaster: Chao-Mei Chiang Newsletter Editor: Michael Huston</p> <p>Membership: Total membership 385 (183 Members, 181 CPA Student Affiliates, 2 CPA International Student Affiliates, 4 CPA International Affiliates, 6 CPA Special Affiliates, 7 CPA Fellows, and 2 CPA Honorary Life Fellows)</p>	<p>Newsletter, December 2011</p> <p>AR 2010-11.pdf (cpa.ca)</p> <p>Microsoft Word - 2013 Section Annual Report-1.docx (cpa.ca)</p> <p>Section Developments Overview (cpa.ca)</p>

- ✚ **Best Doctoral Dissertation Award:** Dr. Aviva Laye-Gindhu (Nonsuicidal Self-Injury in Street-Involved Adolescents: Identification of Risk and Protective Factors)
- ✚ **Best Master's Thesis Award:** Breanne Faulkner (An Examination of Trauma Mediated Pathways from Childhood Maltreatment to Alcohol and Marijuana Use and the Perpetration of Dating Violence in Adolescence)
- ✚ **Best Doctoral Poster Award:** Lara Schultz (Suicide Bereavement: The Experiences of Young Adult Survivors of Parental Suicide)
- ✚ **Best Master's Poster Awards:** Kingsley Chan (How Do Asian-Canadian Students Experience Training in Counselling Psychology in Canada?) and Jennifer Williams (Investigating Adolescent Self-Compassion Within the Social Rank Theory of Depression)

2013

📄 **February 2013 Newsletter**

- In the message from the Chair:
 - Announcement that an ad hoc committee was formed to review the new ethics code (3rd edition) – Identified three areas requiring revision in the code, specifically regarding diversity, social justice and technology.
 - Chair met with co-chairs of CPA accreditation panel and Dr. Melissa Tissen (CPA Registrar for Accreditation) and discussed concerns regarding internship sites for CP students:
 - All parties agreed that encouraging development of accreditation sites is required and agree to develop educational opportunities for programs to streamline the accreditation process.
 - Chair followed up with a secondary meeting with Dr. Melissa Tiessen where they:
 - 1) Discussed accessibility barriers of information pertaining to CPA accreditation process for internship directors who are more CP-oriented
 - 2) The development of more CP-oriented internship sites
 - 3) The potential of developing education regarding accreditation for internship sites to be outside of CPA's scope
 - 4) Both parties agreed to investigate opportunities to provide accreditation related education outside of CPA for potential CP internship sites.
 - Section executives agreed to hold a brunch to discuss future directions of CP at the upcoming CPA convention.
 - This was a follow up to similar discussions at the Inaugural Canadian Counselling Psychology Conference (ICPCP).
 - Questions to be addressed were; Do we need a follow-up or regular conference or summit?; If so, should it be an independent event or connected to CPA or involving additional organizations?; Should Section funds be devoted to this event?; How can we continue to develop the discipline of CP and have it be more broadly recognized?
- Section of newsletter was devoted to advertising Postdoctoral Scholar opportunities.

Chair: Ada Sinacore
Past Chair: José Domene
Secretary-Treasurer: Anusha Kassan
Member at Large/Review Coordinator: Jennifer Thannhauser
Member at Large/Student Awards: Jessica Van Vliet
Student Representative/List-serve Manager: Jennifer Titus
Webmaster: Chao-Mei Chiang
Newsletter Editor: Michael Huston
Ad Hoc Ethics Committee: Ada Sinacore, Jessica Van Vliet and Kaori Wada

Membership: 371 members in total (188 Regular Members, 165 CPA Student Affiliates, 3 CPA International Affiliates, 6 CPA Special Affiliates, 7 CPA Fellows, and 2 CPA Honorary Life Members/Fellows)

[Microsoft Word - 2013 Section Annual Report-1.docx \(cpa.ca\)](#)

[Newsletter \(cpa.ca\)](#)


[Microsoft Word - CPA Counselling Division Newsletter 2013-05.docx](#)

[CPA Executive Fall Business Meeting Minutes \(2013-09-02\).pdf](#)

[CPA Executive Fall Business Meeting Minutes \(2013-09-30\).pdf](#)

[Counselling Section Annual Report](#)

- One being focused on the psychosocial aspects of body weight, and another being focused on career development and international transitions.


 **May 2014 Newsletter**

- Contained several short articles from previous and current section executive members.
- Nominations for future executive positions were included with the applicant’s qualifications and a personal statement regarding why they were interested in the positions applied for.
- Contained a summary of section’s programming for CPA, which included.
 - The brunch mentioned in the February newsletter.
 - The section business meeting to discuss developments within the section.
 - The section poster session
 - Section’s programming was outlined
- Section notes from September included:
 - Discussions pertaining to labor distributions of CPA executive.
 - The discussion of which member would attend a summit in Ottawa.
 - The development of adapting a survey with APA to be in a Canadian context and asking for feedback.
- Future directions
 - Focus on further developing internship opportunities for CP.
 - Goals to create a blog to encourage section engagement.
 - Aimed to continue the conversation regarding future directions of CP as a discipline.

AWARDS/KEYNOTE

- ✚ **Keynote Speaker:** Beth Haverkamp (Scientists and Storytellers: Examining the role of qualitative evidence for practice.)
- ✚ **Best PhD Dissertation Award:** J. Lauren Johnson (A Videographic Inquiry of Hope and Unplanned Pregnancy)
- ✚ **Best Master’s Thesis Awards:** Marnie Rogers-de Jong (Co-constructing Stories of “We” and “Us” With Cohabiting Couples) and Jennifer Williams (Examining the Moderating Effects of Adolescent Self-Compassion on the Relationship Between Social Rank and Depression)
- ✚ **Best Doctoral Poster Award:** Dilys Haner & Tina Wilson (Adolescents Experience Positive Changes in Distress, Confidence and Clarity after Single-Session On-Demand Chat Counselling with Kids Help Phone)
- ✚ **Best Master’s Poster Award:** Erin Buhr & Derrick Klaassen (Relational Dynamics in Couples Following the Loss of a Child)

2014

 **February 2014 Section Meeting**

- Challenges of CPA re-vamping website was discussed.
 - Options were discussed for how the section to proceed, including WordPress, Facebook page, etc.
 - Decision was made to create a Facebook page for the section.
 - Section archiving project was put on hold until website concerns were resolved.

Past Chair: Ada Sinacore
Chair: Robinder Bedi
Secretary-Treasurer: Sharon Cairns
Student Representative: Julie Cohen
Members at Large: Freda Ginsberg & Natalee Popadiuk
Webmaster: Lindsey Thomson
Newsletter: Editor Janet Miller

[Counselling Section Annual Report](#)
[Newsletter- Winter2014.pdf \(cpa.ca\)](#)

- Convention was discussed, specifically regarding quality of and procedures for reviews.
 - It was established that clearer guidelines will be developed for reviewers.
 - Section blog will include a message about how to be connected to pair up for a symposium.
 - Suggested that these pair ups are required due to CPA's space limitations.
- Ongoing internship committee was discussed.
 - Desire for new members was addressed.
 - Suggestion for student reserved spot to be assigned on committee.

February 2014 Newsletter

- Section Chair presented with Drs. Stephan Kennepohl and Melissa Tiessen at the Canadian Association of College and University Student Service (CACUSS).
 - The presentation was titled *Why and How to Develop a Counselling Psychology Internship Program at your University Counselling Centre*.
 - Presentation resulted in three counseling centres approaching chair for advice about developing an internship opportunity.
 - Goal for section to be represented in CPA generally.
 - Achieved this with Rob Bedi (Chair-Elect) attending the CPA Summit on Need, Supply and Demand of Psychologists in Canada held in Ottawa.
 - Section executive agreed to participate in international collaboration with CP associations in US, UK and Australia to create a survey assessing CP in Canada. Section's goal is to make certain sections Canadian CP specific.
 - Encouragement of Student Network
 - Student representative created a Facebook page to keep other students of CP updated on section activities and share information.
- Interview of Student Experiences in Counselling Psychology Programs (Allison Foskett interviewed by José Domene)
 - Allison is a 3rd year student in the PhD program at U of A. Questions included:
 - 1. What would you say are the distinctives and strengths of your program?
 - 2. What have you enjoyed the most about your time in the program?
 - 3. What advice would you give to students who are thinking about applying to the PhD program at the University of Alberta?
- **September 2014 Section Meeting**
 - Internship Committee Update:
 - Acknowledged that previous committee identified issues and provided a support group for training directors.

Internship Committee: Judith Silver (OISE), Marilyn Fitzpatrick (McGill), Richard Young (UBC), Sharon Robertson (Calgary), Derek Truscott (Alberta)

[CPA2014-Keynote2.pptx](#)

- Chair-Elect mentioned that he would like to see committee work towards developing internship sites.
- Recommendation to touch base with all committee members to determine if they wish to remain on committee with the current mandate of mentoring those who are interested in this next stage of this project.
- Abstract Review Criteria was mentioned.
 - Natalee mentioned that there is opportunity to revise abstract criteria requirements, as presently the criteria is universal.
- Discussion regarding LGBTQ+ specific programming and lack thereof was mentioned.
- Rob Bebi was noted as the new chair for the section.
- **December 2014 Newsletter**
 - Chair message:
 - Mentioned that the section is 450 members strong and that there was a notable presence of the section at the 2014 convention.
 - Emphasized the importance of internships in CP and how the section is actively working on expanding internships for students.


 **Future Directions**

- Section will continue to work on the international survey, pursue the development of CPA accredited internships and promote the merits of joining the section to undergraduate, masters and doctoral students.
- Continuing the development of effective communications with Section members and students
- Continuing to work on developing and maintaining strong and positive relations with the broader CPA organization.

AWARDS/KEYNOTE

-  **Keynote Speaker:** José Domene (Canadian Counselling Psychology: Recent Advancements & Continuing Debates)
-  **Best PhD Dissertation Award:** Emily Koert (When Time Runs Out: The Experience of Unintentional Childlessness for Women who Delayed Childbearing)
-  **Best Master’s Thesis:** E. Aiofe Freeman (The Experience of Adolescents and Emerging Adults Living with a Parent with an Acquired Brain Injury)
-  **Best Doctoral Conference Poster Award:** Merls Williams (Eating disorder therapists’ personal eating disorder history and professional ethics: A qualitative study)
-  **Best Masters Conference Poster Award:** Megan Suehn (Moving Beyond Addiction: The Role of Gaming in the Lives of Counselling Clients)

2015

 **January 2015 Section Meeting**

- Emphasis on placing the newsletter in a pdf format was mentioned.
- Mentioned requirements regarding CPA’s permitted content on a website, specifically regarding the section’s blog

Chair: Robinder Bedi
Past Chair: Ada Sinacore
Chair-Elect: Anusha Kassan
Secretary-Treasurer: Sharon Cairns
Student Representative: Julie Cohen
Executive Member: Freda Ginsberg

[CPA Counselling Psychology Executive Minutes January 21 2015.pdf](#)

- Liability of blog content was brought up in relation to this.
 - Follow up item to this was established to examine the CPA website guidelines in connection with the blog.
- Discussed whether the blog or the current Facebook page was better for student engagement.
- Mention of section programming being submitted for CPA conference, as well as keynote arrangements, and CPA award nominations.
 - Fellow Award nomination for Sharon Cairns planned to be delayed to next year.
 - Poster reviewer recruitment was an active goal.
 - Mention of materials from archive not being uploaded to site's website (*as of 2023, this discrepancy still exists*)
- Facebook page for students currently had 48 likes, and goals to increase student involvement were mentioned.
- Budget for 2015 was reviewed and approved.
- Updates from previous meeting:
 - Internship committee: Lack of progress, suggestion that committee should be disbanded and instead ensure that there is a representative for the section for the internship meeting at CPA.
 - This was not decided in this meeting and would be further discussed later.
 - Full Member Survey: Results in the process of being written up.
 - Student Survey: Currently in development and going under ethical approval in February 2015

February 2015 Newsletter

- The new Chair discussed updates on the student survey project, encouraged attendance to the CPA conference for June, mentioned nominations being open for the member at large (review coordinator), member at large (student awards) and chair elect positions, conference awards, and the section website's revamping.
- Dr. Anusha Kassan spoke to the struggles of obtaining pre-doctoral internships in CP in Canada, with only two internship sites being accredited by CPA and the problems of this, and encouraging members to join the internship committee to help advocate for change on this matter.
- Alisha Henson was the featured member of this newsletter, where she spoke to her experiences/education and that she enjoys counselling psychology as a discipline due to its person-centered framework.

Members at Large: Carlton Duff (Review Coordinator) & Lara Hiseler (Awards Coordinator)
Webmasters: Lindsey Thomson & Melanie Fuller-Brudersas
Newsletter Editor: Janet Miller

Membership: 189 (including 181 members or fellows, 1 international affiliate, and 7 special affiliates)

Student affiliates: 100

[cpa.ca/docs/File/Sections/Counselling/Section Newsletters/February 2015 CPA Counselling Section Newsletter.pdf](http://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/February%202015%20CPA%20Counselling%20Section%20Newsletter.pdf)

[Microsoft Word - CPA Counselling Minutes May 19, 2015 NP.docx](#)

[cpa.ca/docs/File/Sections/Counselling/Section Newsletters//may-01-2015-cpa-counselling-section-newsletter.pdf](http://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/may-01-2015-cpa-counselling-section-newsletter.pdf)

[2015 Keynotes.pptx \(cpa.ca\)](#)

[Microsoft Word - CPACNPSYExecutive Minutes-Oct13-2015.docx](#)

[Nov 2015-CPA Counselling Newsletter .pdf](#)

- This was a new section of the newsletter to encourage connection between section members.
- A feature of applications that may be useful for clients and colleagues was mentioned.
- A review of the book “Canadian Counselling and Counselling Psychology in the 21st Century” was included.
- A new section called “Things to watch” was included, which featured a variety of CP-related video content via YouTube.
- Dr. Michael Zwiers wrote an article regarding the DSM-5, emphasizing that although CP does not use the DSM-5 as frequently and is criticized by the discipline (for valid reasons), it is important that CPs are informed and can utilize it to the benefit of clients.

May 2015 Section Meeting

- Update on student section survey: Was approved by ethics and had 40 responses as of this meeting.
- CPA Award for Distinguished Contributions to the International Advancement of Psychology Award: Section did not win the nomination, but section could re-submit in fall.
- Awards: There were four submissions for best dissertation award, which are still in decision, but no nominations for Master’s Thesis award were received.
- Funds for budget were mentioned – an excess of funds was noted, saying that this could be used to save up for a joint speakers series at CPA.
- Chair-Elect applications: From the February newsletter, a few applications had come in and had yet to be assessed.
- As the section’s programming for the CPA conference was solidified, this information would be relayed on the student Facebook page.
- A concern regarding section members opting in to being contacted by the section was mentioned, as CPA’s anti-spam protocol requires members to opt in for communications
- Mentions that the general CPA student survey does not cover CP adequately, suggesting that data from this broader CPA student survey will not be applicable to CP student members
- Section was awarded \$250 from CPA, suggestions for these funds to go into providing a \$50 gift certificate draw per year for members, or to place these funds back into the newsletter for further growth. No decision was made in this meeting.

May 2015 Section Newsletter

October 2015 Section Meeting

- Discussion regarding section fees, as CPA had raised their fees in the past year, but decision to retain fees was made.

- Regarding \$250 award from CPA; it was decided that the newsletter editor next year will be given these funds for attendance at CPA.
- As section can only have a maximum of \$5,000 in savings for the next year, discussions for excess funds were mentioned, including reserves for CNPSY conference, sponsoring speakers, a volunteer of the year award, attendance of CPA summits, and more awards.
 - Suggestion was made to piggy-back on CPA awards to have smaller awards with the goal of this leading to a larger CPA award in the future.
 - Additional suggestion was to have researcher, practitioner, supervisor and volunteer awards on a rotating basis.
 - A brief survey was to be sent out to help decide what would be done with the excess funds.
- Mentioned that CP section attendance was reduced from last year.
- Survey of section full members: data was still being analyzed.
- Survey of student members: data was still being analyzed.
- Blog and social media guidelines: Direct disclaimer quote was mentioned that the views of these sites/blogs are not reflective of CPA.
- Recruitment of reviewers for conference was mentioned.
- As CPA is switching to a standard blocking system for the CPA conference, section has opted to request a preference for the original format that the section has been using.

 **November 2015 Newsletter**

- Section Chair reflected on his experiences throughout the past year, mentioned an update on the Full Section and Student member surveys (with plans to present on these findings this year), mentioned that the positions of student representative and treasurer were open for the upcoming year.
- Student representative wrote an entry regarding their experiences in this role and an update on their academic career as a PhD student at the University of Calgary
- An interview provided by a PhD student at the University of Calgary (Theresa Jubenville) was mentioned where she noted her experiences within the PhD program
- The new name for the newsletter “Kaleidoscope” was announced and credited to Konstantinos Chondros
- A section pertaining to ethical practice was included in the issue, with a course on ethical

practice and a summary of the code of ethics included.

- The distinguished member award winner, Dr. Ada Sinacore, had an article written about her pertaining to her qualifications and experience both in the section and the field of CP.

AWARDS/KEYNOTE

- + **Keynote Speaker:** Dr. Shuchu Chao (Progress and Backlash of the Gender Equity Movement in Taiwan: Responses from Counselling Psychology)
- + **Distinguished Member Award:** Dr. Ada Sinacore
- + **Best Doctoral Dissertation Award:** Tatjana Elez (The Role of Social Ties in the Process of Settlement of Migrant Survivors of Political Violence: A Critical Ethnographic Study)
- + **Best Doctoral Poster Award:** Shakib Nasrullah (The Role Of Relationships In The Cultural Transitioning Of Argentinean Immigrants)
- + **Best Master's Poster Award:** Julie Cohen (Being in Between, Discovering the Identities of Emerging Adult Immigrants: An Examination of Findings and the Clinical Implications for Counselling Psychology)

2016

February 2016 Newsletter

- The Chair provided an update on the counselling section members survey (analysis and write up stage), encouraged section members to volunteer for open roles, and also encouraged students to apply for the thesis, dissertation, and distinguished member awards
- Conference coordinator provided an update on the submissions for CPA to the section this year:
 - 83 in total, 73 accepted (including 3 round-table discussions, 10 symposia, 3 theory reviews, 4 workshops, and 53 posters)
- Chair-Elect wrote about their latest work in collaborating with other members of CPA to provide culturally competent care, an initiative started by CPA.
 - Mentioned the potential of holding a pre-conference workshop for the section pertaining to culturally competent care, and emphasized the importance of culturally competent care to the world of CP.
- Drs. Lara Hiseler and Janet Miller shared their key takeaways from a reference leadership conference pertaining to advocacy, which included identifying individuals who are involved with the issue you wish to advocate for, engaging in strategic inquiry, and presenting your ideas in a succinct, easy to understand way.
 - They then turned the conversation to the reader and asked some questions regarding our role in advocacy and how we can advocate effectively with the limited time we have to do so.
 - Closed the article by emphasizing the interpersonal skills psychologists hold as critical for advocacy and expanding our social networks to find others to advocate with.
- Short article from the treasurer mentioning that the section has a year end balance in a surplus that needs to

Past Chair: Robinder Bedi
Chair: Anusha Kassin
Secretary-Treasurer: José Domene
Awards Coordinator: Lara Hiseler
Student Representative: Theresa Jubenville
Webmaster: Melanie Fuller-Brudersas
Conference Coordinator: Carlton Duff
Newsletter Editor: Janet Miller

Membership: 241 members in total, 203 CPA Student Affiliates

[february-29-2016-kaliedoscope-final-jbm.pdf \(cpa.ca\)](#)

[CPA Counselling Psychology Kaleidoscope May 2016 jbm.pdf](#)

[2016-CPACNPSY-AGM-Minutes.pdf](#)

[Name of Section \(cpa.ca\)](#)

be spent and mentioned that a short survey has been sent out to section members to decide which of four options should the money be spent on.

May 2016 Newsletter

- The Chair noted that the section had won CPA's Best Section Newsletter Award, the surplus amount for section and what to do with these funds will be addressed at the next section meeting.
- Chair-Elect mentioned that a pre-conference workshop for culturally competent care has been developed by chair-elect and other collaborators and is available to sign up for
- Candidate statements for the Student Representative and Secretary-Treasurer positions were included.
- A short article on the importance of creativity was included and a prompt for readers to draw on their own creativity throughout the month and see how it affects their mood and motivation.
- A draft schedule of all the section's events for the upcoming CPA conference was included.
- A call for adjudicators for the upcoming master's thesis, dissertation and poster awards was included.
- An advertisement for the CPA student mentorship program was included, with appropriate contact information for readers who were interested to gain further information on the program.

June 2016 Section Meeting

- Update on student section and full members survey – results were disseminated via symposium, with a publication on the way.
- Incoming chair (Dr. Anusha Kassan) mentioned that their focus will be pursuing the development of the membership preferred counselling psych conference/summit, internship development, and culturally competent care.
- Student rep was now reimbursed \$100 of CPA fees yearly.
- Concern regarding decrease in membership over the past couple of years was mentioned.
 - Suggestions to amend this include reaching out to former members who are active in other sections, advocating for reduced costs for CPA members who are apart of multiple sections, reconsidering fee structure, and advertisement of pre-convention workshops.
- Survey regarding section surplus finances results were discussed.
 - Top choices were National Conference or Summit, international speakers, research grants, and rotating awards.
 - Executive suggested that focusing on one of these goals would be better than distributing funds out for multiple endeavours.

October 2016 Section Meeting





- Discussion surrounding delayed release of newsletter due to incomplete entries occurred; decision to release newsletter in current state was made.
- Section nominations for CPA's Award for Distinguished Contributions to the International Advancement of Psychology

- Member list would be consulted for potential nominees.
- Feedback regarding the Terms of Reference document were discussed.
 - Next step was decided to integrate feedback and follow up with CPA for approval.
- Concerns regarding decline in membership were addressed.
 - Strategies to increase membership included counselling psychology student reps at universities, requesting counselling psychology Master's and PhD programs in Canada to distribute newsletter, and requesting the same of university campus centers for their staff and students
- The development of a workshop tailored to pursuing graduate studies in counselling psychology students was mentioned, with a goal made to distribute this workshop to universities throughout Canada.
- The possibility of hosting a counselling psychology summit at Congress in 2018 was discussed and agreed to
 - Organizing committee for this summit was decided to be established.
- Potential of making a project pertaining to pre-doctoral internships in CP was mentioned.


 **October 2016 Newsletter**

- Section chair wrote a brief article reflecting on their experience as Chair, with a commitment to represent the needs/interests of the section's members, matters related to diversity and inclusion, and projects initiated by past Chairs.
- Student Representative spoke of a document for undergraduate students regarding CP, training associated in the field, and the differences and similarities between CP and other psychology streams, with the aim to distribute this during the next year.
- An article discussing how to make CP more aware of diversity and the importance of cultural identity was included, with the mention of traditional healing practices as well as a call to action for the field to pursue social justice further.
- An advertisement of the benefits of section membership was also included.

AWARDS/KEYNOTE

-  **Keynote Speaker:** Roy Moodley (Reimagining Canadian Counselling Psychology. Colouring-in through integrating Global South Psychologies and Healing Practices)
-  **Best Master's Thesis Award:** Chelsea Arsenault (Promoting Mental Health: The Experiences of Youth in Residential Care)
-  **Best Doctoral Poster Award:** Maggie Brennan (Benefits of Yoga in the Treatment of Eating Disorders: Results from a Randomized Controlled Trial)
-  **Best Master's Poster Award:** Matthew McDaniel (Occupational Stress and Coping in Community Mental Health Workers)

2017

 **January 2017 Section Meeting**

Chair: Anusha Kassin
Past Chair: Robinder Bedi
Secretary-Treasurer: José Domene

[CPA CNPSY ExecutiveMinu](#)

- Terms of Reference document was mentioned; revisions aimed to be made for next meeting to distribute to membership.
- Continued goal to increase membership was mentioned, with multiple section members agreeing to contact the Master's of CP programs throughout Canada.
- Switch of traditional poster adjudication procedure was implemented due to executive member absence; posters would now be adjudicated through email.
- Section Summit was discussed, specifically regarding the viability of hosting the summit during or around ICAP.
- Session had 10 hours of symposium time delegated to them for CPA conference.
- Regarding the newsletter:
 - Internship sites were brought up as an article topic for next newsletter, specifically examining experiences of current interns at Memorial and staff.
 - Summit committee members were encouraged to write an article about the upcoming summit.
 - Discussion regarding the inclusion of a series depicting the experience of practitioners was included.

February 2017 Newsletter

- Section Chair wrote an article and emphasized encouraging new membership to section, announced the 10 hours of section-specific programming at the next CPA conference, the new section featured speaker (Dr. Suzanne Stewart), and an encouragement for applications to open executive roles.
- Student Representative mentioned developing a presentation about CP for undergraduate students to help their efforts to increase membership.
- The secretary-treasurer spoke to the section's finances, saying that there is a goal to set aside \$5000 for a section-specific event in 2018-2019.
- Convention coordinator stated that approximately 70 contributions were submitted to CPA conference, and that 85% were accepted for the upcoming conference.
- Tyla Charbonneau spoke to their experiences at an internship program for CP, explaining what a day in the life of a CP intern looks like, how multiculturalism and diversity is considered, and their overall experiences of the internship.
- A summit planning update was included, mentioning that student members are encouraged to help support the development of the summit.
- Dr. Lara Hiseler spoke to their experiences as a practitioner, addressing their daily experiences, how their intersectional identities impact their work, and advice for future practitioners.

April 2017 Section Meeting

- Decision was made to have the annual section meeting after poster session in order to announce winners at the meeting.
- Revised poster awards process was discussed, including how one submission was complete, while two were incomplete.
 - Goals to increase nominations were as followed; Extend deadlines beyond April 30th for interest, encourage supervisors to tell their students to apply,

Review Co-coordinator: Colleen Haney

Awards Coordinator: Lara Hiseler

Student Representative: Theresa Jubenville

Web Master: Melanie Fuller-Brudersas

Conference Coordinator: Carlton Duff

Newsletter Editor: Janet Miller

Canadian Counselling Psychology Conference Planning Team:

Co-Chairs: Anusha Kassan & José F. Domene

Members: Robinder P. Bedi, Amy Christine Di Palma, Janet Miller, Maria Regina Schmid & Kaori Wada

Student Members: Theresa Jubenville, Danae Laut & Taylor Schembri

Membership: 176 (105 members, 71 student affiliates)

[tes_2017Jan25.pdf](https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/kaleidoscope-february-2017.pdf)

<https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/kaleidoscope-february-2017.pdf>

https://cpa.ca/docs/File/Sections/Counselling/CPA%20CNP%20ExecutiveMinutes_2017Apr10.pdf

<https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/kaleidoscope-may-2017-edition.pdf>

<https://cpa.ca/docs/File/Sections/Counselling/2017-CPACNPSY-AGM-Minutes.pdf>

<https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/Kaleidoscope%20-%20October%202017.pdf>

https://cpa.ca/docs/File/Sections/Counselling/CPA%20CNP%20ExecutiveMinutes_2017Oct26.pdf

and retain the adjudication criteria for this year, and revise for next year.

- Summit was approved to be funded by section finances, however
 - Section finances related to membership decline were mentioned, this will be mentioned to the summit sub-committee at their next meeting.
- Conversation regarding the section newsletter and the promotion of research in them was highlighted.
 - Decision to only promote studies related to a member of the section and with REB approval was approved.
- Content for next newsletter was outlined.
- Terms of Reference: The following amendments were decided.
 - Update who is responsible for submitting the annual report and budget
 - Maintain the official name of the section 'Section on Counselling Psychology' throughout.
 - Page 4: fix typos related to "terms of office" versus "office."
- Chair-Elect position was discussed, due to a lack of potential applicants for role.
 - Was not elaborated on in meeting notes.
- Student Representative wrote to Psynopsis about resources for undergraduate psychology students
 - Was not approved, but section update regarding this resource was encouraged to be written about, with section showing interest in this initiative

May 2017 Newsletter

- Section contributions for CPA conference were outlined.
- Deepak Matthew spoke to his experiences as an intern at a CP internship site, explaining the preparation, relocation, and training experiences, as well as their aspirations of the future.
- Dr. Tim Osachuk discussed their experiences as a director of Internship training at The Student University Centre at University of Manitoba.
- It was announced that Dr. Nancy Arthur was selected to receive the 2017 CPA fellowship award.
- Secretary-Treasurer spoke to an update on the Summit event.
 - Looking at two days of events for practitioners, scholars, and students, built around a series of working groups.
 - A special issue in a journal will be circulated about the Summit.
 - Theme is tentatively: Advocating for us, advocating for our communities: Canadian counselling psychology into the next decade and beyond.
 - Discussion regarding sufficient funding for Summit was included in next steps.
- Dr. Carlton Duff spoke to their own experience as a practitioner.

June 2017 Section Meeting

- Student representative spoke about the undergraduate presentation for CP.
 - The presentation was presented at CPA and an article was published in Psynopsis.
- Discussion surrounding decline in membership occurred regarding what factors can be contributing to the decline and how to amend it, strategies included:

- Working with doctoral programs to promote section.
 - Learning more about students and faculty in CP programs and if they identify with CP as a discipline.
 - Promoting CP identity for students.
 - Increasing awareness of CP professional identity and its distinctiveness to other professions.
 - Reaching out to previous members to inquire why they left the section.
 - Offering reduced rates for student members post-graduation to retain membership.
 - The offering of free membership for new members for their first year.
 - Focus section activities for practitioners in the field.
 - Collaborating with other sections to develop conference programming.
- Anusha's term as Chair for the section was extended one year due to a lack of applicants for Chair-Elect.

August 2017 Section Meeting

- Discussion regarding 2017 convention.
 - Attendance at student social, section business meeting, and section reception was down.
 - Attendance at section keynote increased.
- Section finances were discussed – catering had not been accounted for in budget, but finances were still good.
- Discussed that instructors of undergraduate psychology courses showed interest in the undergraduate CP presentation.
 - Section decided that they would explore new ways to distribute the presentation at the membership meeting.

October 2017 Newsletter

- Section chair spoke of decline in membership and the potential decrease in interest in CP internationally, asking readers to encourage others to join the section.
- Student representative spoke to the upcoming distribution of the undergraduate CP presentation.
- Advertisement for the Canadian Counselling Psychology Conference (CCPC) was included, with an encouragement for student members to join the planning committee.

October 2017 Section Meeting

- Section website was agreed to be updated.
- Blog name on website decided to be changed to the newsletters.
- Discussion of distributing information regarding CPA-accredited internship sites in the newsletter, list-serv and doctoral programs
 - In addition, it was agreed that this information would be included in the student CP group and reach out to doctoral programs regarding this.
- Article about the London Consortium was mentioned – it was currently in progress.
- Suggestion for newsletter to include an article discussing practitioner settings at a university counselling centre.
- It was suggested that call for reviewers should be combined for both ICAP/CPA and the CCPC conferences.
- Section decided to support Sport/Exercise and SWAP sections in bringing speakers for upcoming 2018 conference by allowing them to say they have the section's support and to provide \$250 for each section.
- Strategies to amend membership decline was discussed.

- Section decided to have student representative contact other internship sites about what would attract students to the section.
- Section decided to develop pre-conference for CPA 2019 conference with a focus on students or practitioners.
- It was decided that three \$200 travel bursaries for students who attend upcoming ICAP/CPA conference's section meeting.
- Potential discussion of discounted rates for CCPC for section members was mentioned – not decided in meeting due to time constraints.

AWARDS/KEYNOTE

- ✚ **Keynote Speaker:** Dr. Susan Stewart (Reconciliation with Indigenous peoples: Implications for the practice of psychology)
- ✚ **Best Doctoral Dissertation Award:** Kaori Wada (Japanese women's re-entry to Japan after studying in North America: A narrative inquiry)
- ✚ **Best Master's Thesis Award:** Zarina Giannonne (Life After Sport: The Relationship Between Athletic Identity and Mental Health Outcomes After Sport Retirement)
- ✚ **Best Poster Award:** Chen Vu (Narrating Intimate Partner Violence: Reclaiming Indigenous Women's Voices)

📄 January 2018 Section Meeting

- CCPC
 - Preparation is going well, and the planning team had submitted for SSHRC funding.
- Section received almost 100 submissions for CPA/ICAP conference.
- Section was co-hosting 2 talks with other sections (SWAP and Sports/Exercise Psychology)
- Section made two nominations for CPA Fellow
- Archival of the section are being updated by subcommittee of CCPC planning team.
- Significant increase in membership; 306 members in 2018 compared to 176 in 2017.
- Section bursary requirements were mentioned; three bursaries of \$200 will be offered for students who attend the section meeting and are an affiliate of section.
- Possible increase in Executive conference travel award to \$750 was mentioned but declined by executive.
- Discussion pertaining to corrections and updates on awards page of section website and student section page
 - Inclusion of links of Internship series and Practice series articles from the newsletter
- Discussion of who to contact next to write the next Practice article.

📄 January 2018 Newsletter

- Section Chair spoke to the need for reviewers for CCPC, increase in membership, and concerns regarding a lack of next chair.
- Secretary-Treasurer mentioned the finances of the section, saying that they were able to help financially support two co-hosted section speaker events.
- Practitioner series included the reflections and experiences of Dr. Jennifer Thannhauser.

Chair: Anusha Kassan
Chair-Elect: Marvin McDonald
Secretary-Treasurer: Danielle Brosseau
Review Coordinator: Kirby Huminuik
Student Representative: Payden Spowort
Awards Coordinator: Martha Chamodraka
Webmaster: Andrea Rivera

Section membership:
 306 (166 members, 140 student affiliates)

https://cpa.ca/docs/File/Sections/Counseling/CPA%20CNP%20ExecutiveMinutes_2018Jan.pdf

<https://cpa.ca/docs/File/Sections/Counseling/Section%20Newsletters/Kaleidoscope-January2018.pdf>

https://cpa.ca/docs/File/Sections/Counseling/CPA%20CNP%20ExecutiveMinutes_2018Apr.pdf

<https://cpa.ca/docs/File/Sections/Counseling/Section%20Newsletters/2018-may-kaleidoscope.pdf>

- Internship series included the experiences of Cherie Moody (Psychology Intern), Dr. Kathryn Dance (Track Coordinator) and Dr. Brent Hayman-Abello (Director of Clinical Training) at the London Clinical Psychology Residency Consortium.

April 2018 Section Meeting

- CCPC planning still ongoing, however, SSHRC funding was declined.
- Bill Borgen won the CPA Fellow competition.
 - Discussion pertaining to the efficacy of nominating two versus one nominee was had.
- Section Chair and Secretary decided that they will be reviewing existing hard-copy material related to Secretary-Treasurer role to determine what can be scanned and uploaded versus destroyed.
 - This would be the starting point for all section documentation being switched to electronic record.
- Discussion regarding the modification of the process in adjudicating the Master's poster awards.
 - Decided 3 or 4 reviewers are required to attend poster session to review.
- **New decision made: Decision to email all students and individuals whose status that cannot be determined who have been accepted for poster presentations to be informed about the poster award and eligibility requirements.**
 - This would then change the procedure of the award to an opt out versus an opt in for award eligibility.
 - Reviewers will now do a preliminary review of the poster and interact with the student, with each reviewer sending their two top selections for the Master's and the PhD posters to the Member's at Large to determine the short list.
 - Members at large will then ask short-listed candidates to submit an electronic version of their poster for final review.
- Website changes approved included the addition of the Section Student Affiliate Travel Award.
- Addendum: Terms of Reference Update: CPA mentioned they will not be approving any Terms of Reference until the model Terms of Reference have been approved.

May 2018 Newsletter

- Chair wrote about Terms of Reference status, section vacancies, and CCPC.
- Revised process for poster award adjudication was outlined to readers.
- ICAP/CPA 2018 section contributions were outlined, including 5 symposia, 7 "Gimme Five" presentations, 6 spoken presentations, 3 discussion forms, 3 in-congress workshops, 38 posters, and the annual general meeting; all presentations were further outlined in the newsletter.
- CPA elected fellow (Dr. Bill Borgen) was featured in an article, noting their contributions to the field and their contributions to the upcoming ICAP/CPA conference.
- Research study pertaining to Tracking and Learning about Social Justice in CP graduate students was advertised.
- Internship series featured the Counselling Services at UBC, including the interns Jon Woodend & Fred Chou's experiences, and Dr. Kirk Beck's (Director of Training) interview regarding what the program is like.

https://cpa.ca/docs/File/Sections/Counselling/CPA%20CNP%20Fall%202018-1%20Executive%20Meeting_Minutes.pdf

<https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/Counselling%20Psychology%20Kaleidoscope%20October%202018.pdf>

- An article on the Graduate Pan-Psychology Partnership (GPPP), a student organization which provides mentorship for undergraduate psychology students as well as encourages the interaction of students of different departments/psychology streams, was featured.

June 2018 Section Meeting


- Mention of CPA transitioning to a centralized finance system, which will impact how the section distributes funds.
- Distinguished member (Dr. Sharon Robertson) was announced.
- Student presentation on definition of CP was distributed to undergraduate psychology departments.
- Noted increase social media presence for CP students.
- Mention of the accreditation panel currently reviewing and updating Accreditation Standards; survey pertaining to this has been distributed to the section to fill out.

August 2018 Section Meeting


- Section's focus for this year was identified to be CCPC.
- Section finances were brought up, noting that due to the \$5,000 lump sum dedicated to CCPC and declined membership last year may reduce available funding.
- Each executive member was encouraged to take on a special project during their 2-year term.
- CCPC currently has 120 people who have registered for the conference.
- The inclusion of postcards to advertise section at CCPC was mentioned, with the mention that postcards would be both in English and French.
- Accessibility of the section was addressed for Francophones, with strategies to encourage accessibility including translations of section information and outreaching to French clinical programs and association.
- Raising section dues was mentioned, however, postponed until it is tied to an initiative.
- The idea of including an undergraduate student representative to encourage engagement with the section.
- Members were instructed to review website and provide feedback of any new additions; section chair was asked to create a "welcome to the section" note for the homepage.
- Email was sent to Jane Fix to acquire information regarding their involvement in the section for archival purposes.

October 2018 Newsletter


- Chair spoke about upcoming CPA conference, the recent change in executive members, and the section's commitment to advocacy for the upcoming CCPC conference.
- The National Conference on Training in Psychology was advertised.
- An advertisement for CCPC was included, which noted that the conference would include Dr. Ada Sinacore's opening keynote, 75 paper publications, 48 posters, 7 working groups, Dr. Richard Young's closing keynote and

	<p>the experience of both Indigenous opening and closing ceremonies.</p> <ul style="list-style-type: none"> ▪ A "Schedule at a glance" was also included. <ul style="list-style-type: none"> ○ Practitioner Series featured the experiences of Michael Enman. ○ Three research studies were advertised in the newsletter. <p>AWARDS/KEYNOTE</p> <ul style="list-style-type: none"> ✚ <u>Section Keynote:</u> Dr. Nancy Arthur (Rethinking Social Justice and Counselling Psychology) ✚ <u>Distinguished Member Award:</u> Dr. Sharon Cairns <ul style="list-style-type: none"> ✚ Best Master's Thesis Award: Jasmine Nathoo (Investigating the Phenomenon of School Integration: The Experiences of Pre-Service Teachers Working with Newcomer Youth) ✚ Best Doctoral Poster Award: Chelsea Arsenault (Facing the Future with Hope: Supporting Youths' Transition Out of Care) ✚ Best Master's Poster Award: Syler Hayes (What Helps or Hinders University Students to Overcome Learned Helplessness in Academic Environments) 		
2019	<p> February 2019 Section Meeting</p> <ul style="list-style-type: none"> ○ Dr. Denise Larson was nominated for CPA fellow award. ○ Discussed how the section's distinguished member and student awards have not been nominated yet, with a recommendation that members nominate people for these awards. ○ New review process for posters went well at previous conference, with the mention that going forward it will be important to determine if the first/presenting author is a student and eligible for the award. ○ Due to absence of awards coordinator at upcoming CPA conference, it was mentioned that nominations for the position (which would be empty within the next year) should be considered. ○ 2018 budget was reviewed: section doing well in terms of finances. ○ 2019 budget was reviewed; budgeted items exceeded amount expected to receive in membership dues, with the requirement for changes to reduce expenses and increase membership for the section to fulfill all items in budget. ○ Two undergraduate student representatives were elected and will be supervised under the student representative to educate and explore initiatives related to CP. <ul style="list-style-type: none"> ▪ Upon determining if this position is successful, suggestion was made to see these roles as advocates for the section but not executive members. ○ Section featured member column for newsletter was suggested. Members agreed that the next newsletter should include an advertisement for nominations to write the article and include in future issues. ○ Joint preconference workshop in decolonizing/transforming psychology at CPA Halifax was mentioned, with encouragement for section members to attend. 	<p>Chair: Marvin McDonald Past Chair: Anusha Kassan Secretary-Treasurer: Danielle Brosseau Awards Coordinator: Tanya Mudry Review Coordinator: Kirby Huminuik Student Representative: Payden Spowort Webmaster: Andrea Rivera</p>	<p>https://cpa.ca/docs/File/Sections/Counselling/CPA%20CNP%20Winter%202019-2%20Executive%20Meeting%20MINUTES.pdf CPA CNPSY Spring 2019 Executive Meeting Agenda MINUTES Kaleidoscope May 2019.pdf (cpa.ca) CPA CNPSY Fall 2019 Executive Meeting Agenda Minutes Approved https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/Kaleidoscope%20Nov%202019.pdf</p>

- A “Slack” chat was recommended for members to discuss pressing matters, as email chains were too easily being overlooked.
- Requirement for website to be updated, with the student representative agreeing to help do so.
- Emphasis on the purpose of the section’s website; chair decided that they will set up a discussion of website goals and content on Slack.

 **April 2019 Section Meeting**

- Possible Practitioner series for newsletter highlighting SFU clinic was discussed.
- Executive members who did not write a social justice corner piece in the previous newsletter will include one in the May newsletter.
- It was decided that review coordinator would fill in for awards coordinator in poster adjudication process.
- A Canadian Institute for Human Rights and Social Justice Psychology was suggested by section executives to be housed within CPA.
 - Board responded with several questions, and members involved will be seeking consultation regarding moving forward in the preparation of a memo to respond to these inquiries.
- Members were encouraged to advertise joint preconvention workshop, as predicted attendance was currently low.
- Undergraduate student representative initiative was put on hold due to lead member on this project being on maternity leave.
- Photos of executive members have been added to website, with the encouragement that section members should write a short bio for the webmaster to include.
- CCPC tab was asked to be added with description of conference as well as asking for permission that keynote addresses from CCPC can be included.
- Business tab required the addition of 2017-2018 annual report, as well as some keynote addresses and section minute meetings.
- Chair suggested making student membership free.
- Mentoring/supervision initiative was proposed to support students and early career professionals and encourage section engagement.
- Discussed the updating of the CP definition and “What is CP” video.
- Membership discussion and action items were discussed, including.
 - Thinking about what membership offers practitioners.
 - Need for clarity about the aim of the section.
 - Awards as a draw for membership.
 - Inclusion of a community liaison/practitioner to help encourage practitioner involvement.

 **May 2019 Newsletter**

- Outgoing Chair wrote about their experiences in the section and ambitions for the section’s future.
- Incoming Chair spoke of the section’s commitment to the Truth and Reconciliation Act.
- An article pertaining to the CPA’s standing committee on reconciliation was included by Dr. David Danto, emphasizing six guiding principles to provide practical

direction for psychologists in acting in a culturally appropriate manner.

- Internship Series focused on the Edmonton Clinical Consortium Residency with intern Kristen Klinge and Director of Training Robin Adkins.


October 2018 Section Meeting


- Discussion regarding conference and newsletter deadlines occurred.
- CPA Fellow nomination was due for November 30th and the awards coordinator would coordinate the nomination materials. However, due to the recency of the new awards coordinator position (Tanya Mudry), Chair suggested that a candidate should be discussed.
- Workshop ideas included topics such as Human Rights and Social Justice in Psychology, training in liberation psychology and advocacy rooted in theory.
 - If workshop reaches minimum enrollment, the section would receive \$1,000 in speaker accommodations and expenses.
- Budget was mentioned as an item to discuss at future section meetings, specifically regarding fees associated with newsletter.


November 2019 Newsletter


- Chair writes an article mentioning the potential update of the definition of CP in light of the TRC.
- Secretary-Treasurer highlights that although the section is in surplus, membership will need to increase to ensure that the section will not lose this surplus.
- The one-year anniversary of the CCPC conference was celebrated, with a summary of the events of the conference and aspirations to promote CP and advocating for social justice.
- Internship series focused on SFU
- Heather Lister spoke about creating an inclusive culture for youth activism, noting the recent increase of student agency and the successes of Kilarney School in making these safe and inclusive classrooms through volunteerism as self care. Noting how this volunteering is beneficial for both students and teachers.


AWARDS/KEYNOTE


 **Keynote Speakers:** Drs. Anusha Kassan and José Domene (Chairs) with Kaori Wada and Robinder Bedi (Moderators) (Outcomes of the Working Group at the 2018 Canadian Counselling Psychology Conference)

 **Distinguished Member Award:** Dr. José Domene

 **CPA Fellow Award:** Denise Larsen

 **Best Master's Thesis Award:** Franziska Kintzel (Navigating the Invisible: Elite Athletes' Experience of Sports-Related Concussions)

 **Best Doctoral Dissertation Award:** Danielle Brosseau (Furthering Systemic Inquiries into Couples Coping with Cancer through Adaptation and Extension of a Dyadic Efficacy Model)

 **Best Master's Poster Awards:** Zachary Cornfield (Variables Associated with Counsellors' Attitudes Towards Working with Clients with Substance Use Disorders) and

2020	<p>Danielle Smith (Experiencing Integration into High School in Canada: An Art-Based Ethnographic Study with Newcomer Youth)</p> <p>April 2020 Section Meeting</p> <ul style="list-style-type: none"> ○ Past chair suggested that section executive section of website should have an inclusion of how executives have been coping with recent events (COVID-19 pandemic). ○ Awards deadline was adjusted to June 15th due to COVID-19. ○ Due to CPA’s convention going virtual: <ul style="list-style-type: none"> ▪ Chair of section will advocate for CPA to waive student fees due to online nature of conference and COVID-19. ▪ Annual general meeting will be held around the original conference dates (May). ▪ Plan to adjudicate student poster awards for the virtual convention. ▪ If student fees are not waived, executives discussed the potential of more section-specific awards for students. <p>May 2020 Newsletter</p> <ul style="list-style-type: none"> ○ Section chair addressed COVID-19 pandemic and <ul style="list-style-type: none"> ▪ Advocates that the field of CP should act in helping the pressing immediacy of underprivileged groups during the pandemic through advocacy. ▪ Mentions the shift of convention activities to online due to the pandemic. ▪ Encourages section members to share resources with one another and consider joining the section executive. ○ Past-Chair included an article reflecting on their experiences as chair, noting that this article was written prior to the COVID-19 pandemic. ○ An advertisement for the section’s special general meeting being held virtually was included. ○ Article discussing online counselling and its potential due to the pandemic was included, with the writer (section Chair) including the call for members to also speak about their positive, negative and neutral experiences about online counselling during the pandemic for future issues. <ul style="list-style-type: none"> ▪ Findings pertaining to the May 2019 summit regarding the future of professional psychology training were disseminated, where members rated their agreeance with summit recommendations and its urgency. Top urgent items were: <ul style="list-style-type: none"> • 1) CPA needs to sponsor a summit on Equity, Diversity, and Inclusion in the profession of psychology, and all of those in positions of power in leadership and the profession must participate, pay attention, and respond appropriately and The summit must be used to elicit actual recommendations that address the future of professional psychology with consideration of Equity, Diversity, and Inclusion (EDI) as well as Indigenous Psychology in all areas. Community leaders will be a part of those conversations. Until this time, CPA will acknowledge that the current conference is unfinished. (44 for, 6 against, 2 abstain) • At all decision-making tables, including boards, taskforces and committees, there 	<p>Chair: Marvin McDonald Past Chair: Anusha Kassin Convention Coordinator: Kirby Huminuik Secretary-Treasurer: Danielle Brosseau Awards Coordinator: Tanya Mudry Student Representative: Payden Stewart Newsletter Editor: Janet Miller Webmaster: Andrea Rivera</p>	<p>https://cpa.ca/docs/File/Sections/Counselling/CPA%20CNP%20April%202020%20Executive%20Meeting%20Minutes.pdf</p> <p>https://cpa.ca/docs/File/Sections/Counselling/Section%20Newsletters/Kaleidoscope%20May%202020.pdf</p> <p>https://cpa.ca/docs/File/Sections/Counselling/CPA%20CNP%20June%202020%20Executive%20Meeting%20Minutes%20Approved.pdf</p>
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must be substantive representation of community-based persons of both Indigenous and broader EDI perspectives. In addition, standing committees that addresses both EDI and Indigenous peoples need to be developed and A) Leadership committees and boards must also include community leaders (e.g., Elders, activists, knowledge holders). Community leaders are compensated for their Participation and B) Community leaders need to be fully respected and attended to and are co-decision makers on the content and process of the work (43 for, 3 against, 5 abstain)

- Past-Chair spoke about the impact of working from home and home schooling, referring to their own experiences about the potential for connection/successes but also the pitfalls of the current situation.

June 2020 Section Meeting

- Due to the COVID-19 pandemic, the discussion regarding executive members having their travel stipend was held.
 - It was decided that all members whose term was ending in 2020 would receive a deferred travel stipend (\$500) and that other executives would receive normal stipend.
- For annual general meeting, it was decided that synchronous voting through the platform Zoom would be utilized.
- Due to the chair's territorial acknowledgement at the special general meeting, it was encouraged that other should provide similar acknowledgement during the annual general meeting via Zoom chat.
- Discussion pertaining to section programming for virtual CPA conference occurred.
- Website updates were decided to be focused on what can be done immediately, with a discussion pertaining to difficulties with direct access for updates.

December 2020 Newsletter

- Chair addressed some relevant topics including:
 - CP at large maintaining social action while dealing with COVID-19, particularly amidst the #BlackLivesMatter, #IdolNoMore and #MeToo movements.
 - How the Human Rights and Social Justice in Psychology Committee continues to develop despite COVID-19
 - The convergence of activities with other sections, specifically with the "CPA Racism fact sheet" disseminated by the International/Cross-Cultural Psychology section, and the potential to continue these collaborations.
 - The potential lack of support of some members of the section and CP in supporting these topics.
- Secretary-Treasurer spoke to the net surplus of \$3,700 due to the COVID-19 pandemic and cancellation of programming.
- Dr. Robinder Bedi was awarded the distinguished member award.
- An article examining residency during the pandemic was included from the Student Wellness and Counselling Certain at the University of Newfoundland.

- An article addressing student initiatives to help combat the anxiety and uncertainty associated with COVID-19 was included.
- A discussion pertaining to new challenges and opportunities for students was included, with challenges including the new online approach to learning and work-life balance, and opportunities including the implementation of holistic strategies to enhance the well-being of students.
- Reflections on the roundtable pertaining to teaching and researching remotely was included.
- An article regarding the roundtable discussion about supervision in a post-pandemic world was included.
- Summarization of a panel discussion pertaining to counselling through virtual means was included.

AWARDS/KEYNOTE

- ✚ **Keynote Speakers:** Panel 1 included Drs. José Domene, Ada Sinacore, and Jessica Van Vliet (Teaching & Researching Remotely), Panel 2 included Drs. Jeff Chang, Tanya Mudry, and Kevin Wallace, Ms. Emily Williams (Supervision in the Post-Pandemic World), and Panel 3 included Drs. Houyuan Luo, Janet Miller, and Terilyn Pott (Transitioning to Counselling Practice at a Distance)
- ✚ **Distinguished Member Award:** Dr. Robinder Bedi
- ✚ **Best Doctorial Dissertation Awards:** Karen Ross (Consensus on Campus? Tension and Multiplicity in Student Mental Health) & Amy Green (Resilient Bodies: Exploring Racialized Newcomer Women’s Experiences of Embodiment)
- ✚ **Best Doctorial Poster Award:** Chelsea Hobbs (Adapting a Strengths- and Hope-Based Program for Schools Within a Changing Context)
- ✚ **Best Master’s Poster Award:** Serena Shukla (The Impact of Deliberate Practice on Therapist Behaviours in the Context of Ambivalence)

2021

- 📄 **March 2021 Section Meeting**
 - Updated numbers of participants enrolled in pre-conference workshop was discussed – advertisement was successful, and 11 participants were currently registered.
 - It was decided that a similar advertisement approach would be used to advertise the section featured speaker address (1 page flyer distributed to members and networks via listserv and email)
 - Two undergraduate, 5 Master’s, and 13 doctoral posters were submitted for the student poster award.
 - Poster adjudication process was discussed due to the online format of upcoming conference.
 - It was decided that the poster/slide decks would be reviewed instead of the 4-minute recorded presentations.
 - It was approved to add a student poster category specific to undergraduate students with a \$100 award.
 - Budget review noted that revenue for the section was increased by \$1,000 due to members’ dues and that the section was predicted to have lower section costs for the upcoming year due to the online CPA conference.

Chair: Tanya Mudry
Chair-Elect: Houyuan Luo
Past Chair: Marvin McDonald
Secretary-Treasurer: Danielle Brosseau
Member-At-Large Awards: Janet Miller
Student Representative: Franziska Kintzel
Convention Coordinator: Jessica Van Vliet

Membership: 466 total members

[CPA CNPSY May 2021 Executive Meeting Minutes Approved](#)

[CPA CNPSY section Exec Oct 2021 Meeting Minutes Approved](#)

[Kaleidoscope Nov 2021 Counseling Psychology Section CPA.pdf](#)

- Due to this upcoming surplus, it was discussed potential initiatives that could be started with extra funding such as a one-time student award, reserve funds for the new Canadian Counselling Psychology conference, and website updates.
 - It was agreed that Secretary-Treasurer would gain more information about website updates and commit funds toward section webpage updates.
- Student Representative and Secretary-Treasurer were approved to take the lead on updating the “What is the Counselling Psychology Section” presentation and its dissemination.



October 2021 Section Meeting

- Newsletter was discussed:
 - Fall newsletter was outlined and articles were delegated.
 - It was agreed that 3 newsletters would be released per year.
 - Section decided to invite individuals involved with CPA’s Black Psychology and Human Rights and Social Justice efforts to write an entry for the newsletter.
- Decision was made to accept section members who are not members of CPA to help improve accessibility of section events and training.
- Updates to the “What is The Counselling Psychology Section?” Presentation was included, with the following changes being made.
 - Content update
 - Format update to short Q&A segments
 - Suggestion to include questions regarding section membership.
 - Suggestion to inviting prominent individuals in Canadian CP to participate in Q&A section.
- Project to create a social media group for members was proposed.
 - Discussion regarding if this group should not be a formal group within CPA to encourage CPs who are not involved with CPA.
- Suggestion to initiate a research project regarding the barriers of BIPOC students was proposed (no definitive decision appeared to be made regarding this)
- Suggestion of using surplus funds to offer additional training.
 - A webinar focused on accreditation was suggested.
- Discussion regarding hosting a preconvention workshop for CPA 2022 or a section summit, specifically with a focus on BIPOC students/professionals.
- Suggestion to provide AGM minutes and other housekeeping business to be done via the listserv prior to the AGM.
 - Section decided to further investigate terms of references and bylaws to determine if this is possible.



November 2021 Newsletter

- Section Chair reflected on CPA 2021 conference, noting that there was a total of 67 section presentations.

- The section's involvement with CPA's revision of the standards for doctoral academic and internship programs was highlighted, noting that seven members from diverse backgrounds provided feedback for the accreditation standards and used this to create a survey to share to the listserv.
 - The report included 18 recommendations with 5 main themes: general recommendations, human rights, improving access and diversity, learning, wording, and other recommendations, which were further explained in the article.
- Both Dr. Marvin McDonald and Dr. Anusha Kassan won the Distinguished Member Award
- An educational summit dedicated to school integration of newcomer students and their family was reflected upon by Dr. Anusha Kassan
 - The summit highlighted the need to work from multi-disciplinary perspectives across key settings to best serve the needs of newcomer students and their families, and that the hurdles of both immigration and the western, colonial education systems make this group's needs multifaceted.
- Past Chair wrote about promoting linguistic diversity in CP research, professional practice, and education.
 - Recommendations included adapting APA style and professional communication conventions to be more inclusive of switching to oral and written communications and the encouragement of students, supervisors and professors engaging in professional development to strengthen their ability to work with clients of linguistic diversity.

December 2021 Section Meeting

- José Domene joined the meeting to provide an update from the accreditation panel.
 - The panel represent s Clinical psychology, Counselling psychology, school psychology and neuropsychology disciplines. Both Anglophone and Francophone site visitors are involved.
 - Deadline of public consultation for accreditation standards is established as end of 2021, with submission for approval to occur early in 2022.
 - Stakeholders consulted for this project included directors of training, training sites, and various sections within CPA (including CP)
 - Chair-Elect provided an update on section's feedback on accreditation standards, specific concern surrounding a lack of specification around human rights.
 - Next steps established to be to reach out to other sections to create a joint proposal with other sections and invite feedback from the CP Google group.
 - Need for site visitor training was mentioned at previous CPA convention.
 - Discussion occurred regarding creating site visitor training for members and to invite Steward Madon (accreditation committee member) to provide an update and information about the process.
- 38 submissions for upcoming CPA conference had been submitted to the section.

- Discussion regarding the format of submissions and its inadequacy for certain research projects was mentioned, conference coordinator will contact reviewers to remain flexible in reviewing process to accommodate for this.
- Establishing a consistent honorarium for section keynote and preconference workshops was discussed.
 - It was decided that an \$1,000 honorarium for the 2022 convention's keynote speaker and pre-convention workshop.

AWARDS/KEYNOTE

- ✚ Keynote Speaker: Dr. Natasha Maynard-Pemba (Everyday Social Justice Warriors: Creating a path to change through conversation and action)
- ✚ Distinguished Member Awards: Dr. Anusha Kassin and Marvin Macdonald
- ✚ CPA Fellow: Dr. Anusha Kassin

- ✚ **Best Doctoral Dissertation Award:** Dr. Julie Cohen (An Exploration of Canadian Multicultural and Social Justice Training, Centring the Voices of Minoritized Students)
- ✚ **Best Master's Thesis Award:** Amanda Krause (Peer Aggression and Teacher-Student Relationship Quality: A Meta-Analytic Investigation)
- ✚ **Best Doctoral Poster Award:** Michelle Redekop (From Falling Through the Cracks to Thriving: Exploring Posttraumatic Growth in Canadian Veterans)
- ✚ **Best Master's Poster Award:** Hailey Allegro (The Place of Compassion for Others in Undergraduate Students' Recovery from Suicidality)
- ✚ **Best Bachelor's Poster Award:** Jasmine Daiyoub (A Critical Community Engaged Lens on Help-Seeking Barriers Experienced by LGBTQ2S+ and BIPOC Postsecondary Students)

2022

📄 **February 2022 Section Meeting**

- Newsletter was discussed, specifically:
 - Non-member students were to be invited to provide articles and updates for the newsletter.
 - Submission that required executive consultation regarding fit was requested to be reviewed.
 - Suggestion to partner up with other sections for future newsletter entries (such as the Indigenous or Black Psychology Sections) or to include a history of section series.
- Bachelor research project award was suggested, with a component of the requirements being how the research is relevant to CP.
- It was mentioned that two executive members recommended Dr. Anusha Kassin for CPA fellow.
- Due to CPA's restriction of use of funds, section executive members (including Student Representative) would receive a \$300 year honorarium for participation in lieu of \$500 towards conference expenses.
- Secretary-Treasurer mentioned that they are awaiting approval from CPA regarding budget carry over decision.
 - Suggestion that budget surplus could go towards a video editor for "What is Counselling Psychology" presentation.

📄 **March 2022 Newsletter**

Past Chair: Tanya Mudry
Chair: Houyuan Luo
Chair-Elect: Allison Foskett
Secretary-Treasurer: Danielle Brosseau
Student Representative: Thomas Qiao
Conference Review Coordinator: Jessica Van Vliet
Newsletter Editor/Awards Coordinator: Janet Miller
Section Research Assistant: Danielle Shinbine

Membership: 390 members in total (193 CPA Members, 127 Student Affiliates, 17 Early Career Year 1 members, 26 Early Career Year 2 members, as well as CPA Fellows, Honorary Life Fellows, International Affiliates, Special Affiliates, CPA/APA)
 As of June 2022 – 482 members (the second largest section in CPA)

[Kaleidoscope March 2022 Counselling Psychology Section CPA..pdf](#)

[CNPSY section Exec Mtg-May 2022 Minutes APPROVED \(cpa.ca\)](#)

<https://cpa.ca/docs/File/Sections/Counseling/Section%20Newsletters/Kaleidoscope%20June%202022%2014.pdf>

December newsletter:[htt](#)

- Section Chair requested for articles to be submitted by members with a specific call for international students (regardless of section member status) to provide their perspectives and reflections of being an international student.
- Chair-Elect spoke to the feedback for CPA's Accreditation Standards Revisions. Upon consultation with the Section of Women and Psychology (SWAP) and Dr. Huminuik, a statement regarding the lack of development regarding the concept of human rights was created.
 - This joint feedback also included a potential draft paragraph for inclusion in the standards.
 - The Sections on Community Psychology and History and Philosophy also supported this statement.
- An article reflecting on the Section of Black Psychology's presentation regarding adversity as a Black professional was included, mentioning challenges such as aversive racism and microaggressions (with examples) and functional coping to cope with these adversities.
- It was announced that non-CPA members interested in joining the section can become section associates, with instructions on how to do so.
- Dr. Karlee Fellner was featured for her keynote address, speaking to how Indigenous wisdom in applied psychology, and how a survivance based perspective should be utilized in research, training and practice.
- Mallory Earnshaw and Danae Laut wrote about how the pandemic has impacted their counselling practice.
- Tiffany Beks and Tanya Mudry discussed social justice and multi-cultural counselling during the pandemic.

May 2022 Section Meeting

- Further discussion regarding newsletter partnership with Indigenous or new Black Psychology sections occurred.
- Accreditation site visitor training was to be advertised in newsletter.
- Discussed plans to pay the honorariums before the upcoming CPA convention.
 - Secretary-Treasurer was assigned to write a list of ongoing duties in their role for their successor.
- Suggested for members whose term continues past June 2022 to consider budget surplus usage for potential future occurrences where CPA restricts carryovers of \$5,000.
- Mention of Conference Coordinator's discussion of the definition of CP at upcoming CPA convention
 - Was noted that discussion regarding definition would occur at a post-convention executive meeting.

June 2022 Newsletter

- Chair advertised open positions in section and conference programming. Of note were Stewart Madon's Accreditation Site Visitor Workshop and Dr. Van Vliet's conversation session regarding the definition of CP.
- Convention coordinator provided some highlights of convention programming, noting that the section has 20 individual presentations, 10 panel discussions/symposiums, and 30 posters for the upcoming convention.
- Cedric D'Souza wrote about coping with fear of death (thanatophobia) during the COVID-19 pandemic,

[ps://secure.cpa.ca/apps/Spaces/Messages/Details/147/7779846](https://secure.cpa.ca/apps/Spaces/Messages/Details/147/7779846)

[CNPSY section Exec Mtg-Dec 2022 Minutes APPROVED.pdf \(cpa.ca\)](#)

techniques they used to cope with this, and proposes if discussing thanatophobia in counselling would help people cope with the concept of death more effectively.

- Kutay Saçak spoke of the Canadian cultural mosaic, their own personal struggles with this in Canada, and how it has informed their psychological practice, noting that having to choose a singular identity resulting from their visible minority status reduces their richness of their cultural heritage and intersections.
- Michelle Azzi was announced as a winner of CPA Scientific Affairs' student research grant.

September 2022 Section Meeting

- Discussion regarding award/honorarium distribution lag due to CPA's lack of staffing during the summer
 - Plan was to reach out to appropriate contacts to try and get appropriate funds distributed.
- CPA informed section that section's surplus funds will need to be used.
 - Suggestion to create a paid RA role for section history project to help distribute funds
- Webinars topics were discussed, well as an action item to check with CPA regarding where these recordings would be housed.
- Executive noted interest in a preconvention workshop to use funds, and the need to secure a keynote speaker soon.
- As a response to the letter pertaining to critiques in the hiring process to CPA from the Black Psychology Section, it was decided to collect thoughts asking about transparency to all CPA members in the process, specifically wanting to ask what decolonization looks like in the process

December 2022 Section Meeting

- Next newsletter topic (climate change) was established.
 - Other article ideas were posited, such as how higher education and training experiences have changed over the years and articles on the process of becoming a therapist.
- It was discussed that there were fewer submissions for CPA this year in comparison to last year:
 - Potential solutions were discussed, including proposals to CP program coordinators, CPA student representative, provincial representatives, and the sponsorship of students to present at convention.
- Section RA was selected, with tasks being discussed for RA including recompiling and organizing section history, summarize milestones of sections, archiving kaleidoscope newsletter, checking for broken links, and possibly supporting with newsletter.
- Dr. Rob Bedi was suggested as the CPA fellow nomination.
- Section webinar series was discussed, specifically regarding when to pay presenters.
- A project entitled "Recognizing the role of qualitative research in CPA's Evidence-Based Practice of Psychological Treatments Report" was discussed, with requests for executives to read report and make




comments, as well as add research into the project's folder.

- Budget update mentioned a discussion regarding the viability of travel grants and how to honour guests and distribute gift cards.
- The importance of undergraduate students participate in the section was mentioned.
 - Strategies to promote inclusion posited included having an undergraduate ambassador for the section, educating undergraduate students on what CPA accreditation means, having a mentorship program, and considering a webinar on CP field with student representative.

December 2022 Newsletter

- Section chair reflected on the recent CPA convention, noting that there were 36 presentations and 38 posters for the section, and how the COVID-19 pandemic has affected their own practice.
- Past Chair spoke of her experiences with pregnancy amidst the COVID-19 pandemic, parenthood in a post-pandemic world, gendered differences regarding the blending of personal and professional, and overall reflections on how the pandemic has blurred caregiving and professional roles.
- The conference coordinator reflected upon how CP has been affected by COVID-19, specifically regarding how to best serve people experiencing grief, trauma, and the long-term impact of the pandemic.
- The Secretary-Treasurer addressed how the COVID-19 pandemic highlighted social inequities for immigrants and refugees, insisting that CP needs to play a role in co-creating solutions to these issues with these populations and advocating for change in the system.
- Master's of CP students Samara Wessel, Thomas Qiao and Noah Furlani discussed their experiences of graduate studies amidst the fourth wave of COVID-19, noting the impact of the switch to having to study online at parts of their studies, how this switch further impacted their clinical training and supervision, and the importance of self-care.
- Sepidar Yeganeh Farid discussed the importance of artmaking and creativity throughout the COVID-19 pandemic, noting that creating art was related to coping, connecting with the self, humanness, and activism.
- Dr. Anoosha Avni discussed 12 techniques to utilize when working with people who have been exposed to trauma through their work, including suggestions of being prepared to list to the details of difficult calls/experiences, prioritizing self-care, and familiarization of different languages and cultures.

AWARDS/KEYNOTE

-  Keynote Speaker: Dr. Karlee Fellner (Indigenous Wisdoms For Applied Psychology)
-  Distinguished Member Award: Dr. Janet Miller
-  CPA Fellow: Dr. Robinder Bedi

- ✦ **Best Doctoral Dissertation Award:** Laura Copeland (The Experiences of Parents who Affirm Their Child’s Diverse Gender Identity)
- ✦ **Best Master’s Thesis Award:** Mina Didehvar (Uncanny Phenomenon: Existential Experiences among Iranian International Students)
- ✦ **Best Undergraduate Project Award:** Rebeccah Alai (Second-Generation Canadians’ Understanding of their Cultural Identity)
- ✦ **Best Doctoral Poster Award:** Victoria Pasyk (The Role of Forensic Assessment in Counselling Psychology)
- ✦ **Best Master’s Poster Award:** Stephanie Tipple (Relationality and Relational Accountability: What it Means to Conduct Ethical Indigenous Research)
- ✦ **Best Undergraduate Poster:** Nicole Camacho Soto (We need immunizations so that we can all be together again”: A qualitative study of domestic service providers’ experiences during the COVID-19 pandemic in Saskatchewan)

- 📄 **February 2023 Section Meeting**
 - Theme of lifelong learning was established for next Kaleidoscope issue.
 - Upcoming CPA convention was mentioned, noting a reduction in panel/symposium sessions, a need to refine the parameters of 12-minute talks for the section to align with CPA criteria, and issues with the CPA system impacting pre-convention workshop and theory-related submissions.
 - A discussion regarding the revival of the WordPress blog to store newsletter/Kaleidoscope issues, with the decision of creating a shared google doc of information.
 - Section webinar series was discussed, specifically regarding length of webinars, accessibility, and the invitation of graduate students to attend.
- 📄 **February 2023 Newsletter**
 - Section Chair mentioned the professional development webinars hosted by the section, requested feedback on both the inclusivity and non-discrimination in psychology and CPA guidelines on telepsychology guideline documents, and the upcoming vacancies in the executive committee.
 - Featured an article pertaining to Indigenous-specific resources to encourage decolonization and reconciliation, including updates on the current state of reconciliation, and learning opportunities for professionals.
 - An advertisement for non-CPA members to become section associates was included, speaking about green jobs and recommendations on how to proceed.
 - Jakkapan Karnjanavijaya discussed climate change, migration and its impact on mental health, noting that the distress and anxiety that may come from migrating due to climate change, and how professionals can best serve these individuals
 - Megan Buchkowski spoke of career counselling and the current climate crisis.
- 📄 **June 2023 Newsletter**

Chair-Elect: Allison Foskett
Past Chair: Houyuan Luo
Secretary-Treasurer: Jon Woodend
Student Representative: Thomas Qiao
Conference Review Coordinator: Jessica Van Vliet
Newsletter Editor/Awards Coordinator: Janet Miller
Section Research Assistant: Danielle Shinbine

Membership: 441 Members
Canadian Counselling Psychology Google Group: 180 members

- Included more Indigenization specific resources for professionals and students to access.
- Conference coordinator noted that 40 presentations from the section would be included at the upcoming CPA conference.
- Dr. Sonya Flessati wrote about the impact of loneliness how the COVID-19 pandemic has affected how loneliness has been experienced, noting psychological interventions and the need to address loneliness as a public health issue.

June 2023 Section Meeting

- CPA Convention contained 18 individual oral presentations, 2 interactive workshops/preconvention workshops, 2 panel discussions/symposiums, 20 poster presentations, and 2 conversation sessions.
- Student Representative spoke to the priority to strengthen the student community by connecting Master's students across the country.
- Announced that section won the CPA Section Newsletter Award
- Chair-Elect spoke about their progression on the ongoing section webinar series and provided an update regarding the section history project.

AWARDS/KEYNOTE

- ✚ Keynote Address: Dr. Gina Wong (Social justice, advocacy, and equity: Strategies for mental health professionals becoming alchemist of community change)
- ✚ Distinguished Member Award: Dr. Jessica Van Vliet
- ✚ **Best Doctoral Dissertation Award:** Dr. Danae Laut (Keep Calm and Carry On: Exploring how Adolescents Understand Their Experience of Living With a Service Member Parent with an Operational Stress Injury)
- ✚ **Best Undergraduate Project Award:** Hayl Balla (Listening to Lived Experiences – Stories of Identity from those Living with Chronic Pain)
- ✚ **Best Doctoral Poster Award:** Jinny Hong (Discourse attributes analysis of cognitive behavioural and emotion focused therapies for depression)
- ✚ **Best Master's Poster Award:** Simrat Tung (Addressing intimate partner violence: Effective risk management with male perpetrators)
- ✚ **Best Undergraduate Poster Award:** Joel Boyko (Campus belonging predicts post-secondary students' perceived stress)