



**CPA Section on Counselling Psychology  
Minutes of the Annual General Meeting  
June 24, 2023**

**Present (executive):** Houyuan Luo (chair), Allison Foskett (chair-elect), Janet Miller (member-at-large), Jessica Van Vliet (member-at-large), Jon Woodend (secretary-treasurer). **Present (membership):** Carole Anderson, Rob Bedi, Birdie Bezanson, Kathleen Bradley, Danielle Brosseau, Jeff Chang, Sonja Flessati, Derrick Klaassen, Janelle, Kwee, Breanna Lawrence, Gwendolyn Villebrun. **Present (non-members):** Elisabeth Canaletti, Donna Dumitrescu, Lindsey Feltis, Ambrose Jung, Chi-Chun Lin, KellyAnne Little.

**Regrets (executive):** Tanya Mudry (past-chair), Thomas Qiao (student representative).

- 1. Call to Order:** 16:13 EDT (chair, Houyuan Luo)
- 2. Acknowledgement of land and welcome** (chair, Houyuan Luo)

Land acknowledgment provided.

- 3. Review and approval of AGM agenda** (chair, Houyuan Luo)

Motion to approve agenda was moved by Jessica Van Vliet and seconded by Allison Foskett. Motion approved by members.

- 4. Executive committee reports and updates**

**Secretary-Treasurer** (Jon Woodend)

The 2022 AGM minutes were circulated to members prior to this meeting via the section listserv. Questions and comments on the minutes were invited: None received. Motion to approve minutes made by Jeff Chang; Seconded: Sonja Flessati. Motion approved by members.

**2022 Budget Review & 2023 Budget Proposal**

Details from the 2022 fiscal year and 2023 budget proposal were presented and summarized. The section is currently in a strong financial position.

**2023 Budget Approval**

The budget was presented to members for approval. Motion to approve made by Danielle Brosseau; Seconded by Allison Foskett. Budget approved by members.

**Awards Coordinator** (Janet Miller)

The section nominated Dr Robinder Bedi as a CPA Fellow (awarded).



Congratulations to each of the following section award winners this year:

**Distinguished Member Award was presented to:**

Dr Jessica Van Vliet (University of Alberta)

**Best Doctoral Dissertation Award was presented to:**

Dr Danae Laut (University of Calgary)

for their dissertation titled: *Keep Calm and Carry On: Exploring how Adolescents Understand Their Experience of Living With a Service Member Parent with an Operational Stress Injury*

**Best Masters Thesis Award had no nominations.**

**Best Undergraduate Project Award was presented to:**

Hayl Balla (Mount Royal University)

for their undergraduate project titled: *Listening to Lived Experiences – Stories of Identity from those Living with Chronic Pain*

**Student Conference Poster Awards**

Thanks to the following members for assisting with conference poster award adjudication: Hayl Balla; Sonya Flessati; Allison Foskett; Houyuan Luo; Jessica Van Vliet; Kaori Wada and Jon Woodend

**Best Undergraduate Student Poster Award presented to:**

Joel Boyko (Kings University) for the poster titled: *Campus belonging predicts post-secondary students' perceived stress.*

**Best Masters Student Poster Award presented to:**

Simrat Tung (Western University) for their poster titled: *Addressing intimate partner violence: Effective risk management with male perpetrators.*

**Best Doctoral Student Poster Award presented to:**

Jinny Hong (University of Toronto) for their poster titled: *Discourse attributes analysis of cognitive behavioural and emotion focused therapies for depression.*

Student award recipients will be provided with a letter of recognition, a \$125 honorarium and will be featured in the next issue of *Kaleidoscope*.

**Section Newsletter** (Editor, Janet Miller)

*Kaleidoscope* won the 2023 CPA Section Newsletter Award (December 2022 issue).



*Kaleidoscope* had featured articles this year about climate change, practice in the “post-pandemic” world, tips for working with trauma-exposed professionals and resources to support Indigenization of counselling practices.

All members to submit articles for consideration to the Editor, Janet Miller – [jbmiller@mtroyal.ca](mailto:jbmiller@mtroyal.ca)

The section executive aims to publish the newsletter at least three times a year: October, February, and May.

### **Conference Coordinator** (Jessica Van Vliet)

Thanks to 11 reviewers who helped us all as we prepared for convention this summer: Dr. Ann Marie Dewhurst, Dr. José Domene, Dr. Sonya Flessati, Heather Gower, Chelsea Hobbs, Dr. Houyuan Luo, Brea McLaughlin, Danae Laut, Dr. Pamela Patterson, Dr. Lara Schulz, Dr. Kenya Thompson-Leonardelli, and Jann Tomaro.

CPA Convention, 2023 section presentations: 18 individual oral presentations, 2 interactive workshops/pre-convention workshops, 2 panel discussions and symposiums, 20 poster presentations, 2 conversations sessions, and more!

### **Student Representative** (Thomas Qiao)

Prioritized strengthening student community, particularly from eastern and Atlantic Canada. Invited all student input for professional development opportunities.

Continuing the knowledge dissemination project: “what is counselling psychology”.

Contact Thomas at [qingqi.qiao@ucalgary.ca](mailto:qingqi.qiao@ucalgary.ca) to share ideas for future projects.

### **Chair Update** (Houyuan Luo)

The section currently has 441 members. We are currently the second largest section in CPA.

Put forward a call to the CPA board to form a working group to consider the inclusion of qualitative research and Indigenous ways of knowing to determine evidence-based practice from CPA.

Created and maintain the Canadian Counselling Psychology Google Group (180 members), which includes anyone in Canada to collaborate on counselling psychology topics.

### **Incoming chair** (Allison Foskett)

Proposed topics and invited speakers for webinars (4 webinars in 2023).



Counselling psychology section history:

- Hired and Supervised research assistant (Danielle Shinbine).
- Oversaw and supported summarization/re-organization of section history.

## 5. Elections (chair, Houyuan Luo)

We thank the following executive members who are ending their roles for their service to the section:

Member-at-large (awards coordinator): Janet Miller  
Member-at-large (conference coordinator): Jessica Van Vliet

- Chair-Elect (2 years)
  - Nomination from the floor: Zuraida Dada

Zuraida is accepted to the position by acclamation.
- Member-at-large (awards coordinator)
  - Nomination from the floor: Sonya Flessati

Sonya is accepted to the position by acclamation.
- Member-at-large (conference coordinator)
  - Nomination from the floor: Katie Bradley

Katie is accepted to the position by acclamation.

The following executive members are staying or transitioning in their roles:

### **Transitioning in their executive positions:**

Chair: Houyuan Luo  
Past-chair: Allison Foskett

### **Continuing in their executive positions:**

Secretary-Treasurer: Jon Woodend  
Student Representative: Thomas Qiao

The executive would like to thank those who filled the following roles and functions:

- Review Coordinator
- Awards Coordinator
- Reviews & adjudicators for convention program and for awards review
- Outgoing members of the Executive Committee
- Incoming members of the Executive Committee
- Ongoing members of the Executive Committee
- Newsletter editor



- Attendees
- CPA conference organizers

Adjourned: 17:04 EDT

Minutes prepared by Jon Woodend