



**CPA Section on Counselling Psychology
Minutes of the Annual General Meeting
June 21, 2024**

Present (executive): Allison Foskett (chair) Houyuan Luo (past-chair), Kirby Huminuik (chair-elect), Sonya Flessati (member-at-large), Katie Bradley (member-at-large), Jon Woodend (secretary-treasurer), Thomas Qiao (student representative). **Present (membership and non-members):** Bill Maz Murray, Rebecca Benyk, Sara McCabe, Gina Ko, Gesthika Kaltsidis, Mikaela Chia, Gina Wong, Gwendolyn Villebrun, Jessica Van Vliet, Lindsey Feltis, Claire Mason, Isabel Melendez, Kaitlin Essex, Thomas Qiao, Chelsea Hobbs, Teresa Maynes, Rob Bedi, Chan Jeong Park, Yang Lin, Chi-Chun Lin, Jonathan Dubue, Tanya Mudry, Ling Jin, Gabriel Zamudio, Danielle Shinbine, José Domene, Deepak Klaassen, Janelle Kwee, Allison Yang, Michelle Zak, Simon Zak.

Regrets (executive): Janet Miller (newsletter editor).

- 1. Call to Order:** 17:13 EDT (chair, Allison Foskett)
- 2. Acknowledgement of land and welcome** (chair, Allison Foskett)
- 3. Review and approval of AGM agenda** (chair, Allison Foskett)

Motion to approve agenda was moved by Jon Woodend and seconded by Katie Bradley. Motion approved by members.

4. Executive committee reports and updates

Secretary-Treasurer (Jon Woodend)

The 2023 AGM minutes were circulated to members prior to this meeting via the section listserv. Questions and comments on the minutes were invited: None received. Motion to approve minutes made by Allison Foskett; Seconded: Katie Bradley. Motion approved by members.

2023 Budget Review & 2024 Budget Proposal

Details from the 2023 fiscal year and 2024 budget proposal were presented and summarized. The section maintains its strong financial position.

2024 Budget Approval

The budget was presented to members. Members expressed interest for section funds to support executive members to attend the conference in appreciation of their service to the section. The executive will continue conversations with CPA head office around options. Motion to approve made by Allison Foskett; Seconded by Rob Bedi. Budget approved by members.



Awards Coordinator (Sonya Flessati)

Thanks to our reviewers – Katie Bradley, Jonathan Dubue, Sonya Flessati, Allison Foskett, Chelsea Hobbs, Kirby Huminiuk, Derrick Klassen, Janelle Kwee, Houyuan Luo, Bill MacMurray, and Kaori Wada

Congratulations to each of the following section award winners this year:

Distinguished Member Award was presented to:

Houyuan Luo (MindPeace Psychology)
Dr. Tanya Mudry (University of Calgary)

Best Doctoral Dissertation Award was presented to:

Jonathan Dubue (University of Alberta)
for their dissertation titled: *Psychologists' Practices, Training, and Experiences Conducting Suicide Risk Assessment in Canada: An Explanatory Sequential Mixed Methods Study*

Best Masters Thesis Award was presented to:

Allison Yang (Trinity Western University)
for their thesis titled: *"I Could Have": The Lived Experiences of Bereavement-Related Regret*

Best Undergraduate Project Award was presented to:

Isabel Melendez (Mount Royal University)
for their undergraduate project titled: *Examining How the Immigration Process Influences Immigrant Parents' Parenting Practices*

Best Masters Student Poster Award presented to:

Haylee O'Doherty (Trinity Western University) for the poster titled: *Learning to (Dis)Connect: Women's Experiences of Sexual (Dis)Embodiment and Sexuality Education.*

Best Doctoral Student Poster Award presented to:

Brittany Budzan (University of Alberta) for the poster titled: *"Understanding who you are, to the core of yourself": Self-Compassion Experiences in Non-Binary Young Adults.*

Student award recipients will be provided with a letter of recognition, a \$150 honorarium and will be featured in the next issue of *Kaleidoscope*.

Section Newsletter (Chair, Allison Foskett in lieu of Editor, Janet Miller)

Kaleidoscope featured articles about equity, diversity and inclusion, apps in counselling, resources for working effectively and appropriately with Indigenous peoples. All members are invited to submit articles for consideration to the Editor, Janet Miller – jbmiller@mtroyal.ca. The



section aims to publish the newsletter at least three times a year: October, February, and May.

Conference Coordinator (Katie)

Thanks to 18 reviewers who helped us all as we prepared for convention this summer: Ann Marie Dewhurst, Birdie Bezanson, Brea McLaughlin, Chelsea Hobbs, Danika Overmars, Denise Larsen, Hawra Al-Khaz' Aly, Jessica Van Vliet, Jose Domene, Kenya Thompson-Leonardelli, Lara Schultz, Mirjam Knapik, Reginald Kaip, Shannon Elgert, Sonya Flessati, Stephanie Martin, Taymy Caso, Tricia Sandham

CPA Convention, 2024 section presentations: 24 Virtual and Traditional Posters, 11 Snapshots, 10 12-minute Talks, 4 Round Table Conversations, 3 Symposia, 3 Workshops, 1 Review Session

Jessica Van Vliet shared points to consider with CPA head office around potential challenges with the proposal review process. Gina Wong shared points for consideration diversity in the application review process.

Student Representative (Thomas Qiao)

Continuing the knowledge dissemination project with Dr Janet Miller: “what is counselling psychology”. Ethics approval received and recruitment of participants will begin soon. Thomas will continue to work on the project post-student representative term.

Chair Update (Allison Foskett)

Announcement of CPA IBAPoC Affinity Room at the CPA convention and invitation learn more or utilize space.

The section currently has 415 members.

Added continuing education credits for webinars with a \$25/\$10 fee for non-members/students. Allison invited members to suggest future potential webinar topics/presenters.

Counselling psychology section history:

- Hired and Supervised research assistant (Danielle Shinbine).
- Oversaw and supported summarization/re-organization of section history.
- Final report and presentation which are posted to the section website.

Formed an internal working group to review and potentially revise the definition of ‘Counselling Psychology’ to ensure it is aligned with the evolving values of the field.

Past-Chair Update (Houyuan Luo)

Working group on revising evidence-based practice to incorporate Indigenous knowledges and qualitative research is ongoing. The working group is supported by CPA and several sections across CPA.



Incoming Chair (Kirby Huminuik)

Volunteered to step into interim Chair-elect role and has put name forward for the Chair role.

5. Elections (chair, Allison Foskett)

We thank the following executive members who are ending their roles or terms for their service to the section:

Past-chair: Houyuan Luo

Secretary-Treasurer: Jon Woodend

Student Representative: Thomas Qiao

- Chair
 - Kirby Huminuik is accepted to the position by acclamation.
- Chair-Elect
 - Nomination from the floor: Zuraida Dada

 - Zuraida is accepted to the position by acclamation.
- Secretary-Treasurer
 - Nominations: Gabriel Zamudio; Jon Woodend
 - Nomination from the floor: None.

 - Jon Woodend is accepted to the position by vote.
- Student Representative
 - Nomination from the floor: Lindsay Feltis; Danielle Shinbine; Rebecca Bennett.

 - Danielle Shinbine is accepted to the position by vote.

The following executive members are staying or transitioning in their roles:

Transitioning in their executive positions:

Chair to Past-Chair: Allison Foskett

Continuing in their executive positions:

Sonya Flessati (member-at-large)

Katie Bradley (member-at-large)



The executive would like to thank those who filled the following roles and functions:

- Review Coordinator
- Awards Coordinator
- Reviews & adjudicators for convention program and for awards review
- Outgoing members of the Executive Committee
- Incoming members of the Executive Committee
- Ongoing members of the Executive Committee
- Newsletter editor
- Attendees
- CPA conference organizers

Adjourned: 18:20 EDT

Minutes prepared by Jon Woodend