



**CPA Section on Counselling Psychology
Minutes of the Annual General Meeting
June 12, 2025**

Present (executive and affiliates): Kirby Huminuik (chair), Allison Foskett (past-chair), Sonya Flessati (member-at-large), Katie Bradley (member-at-large), Jon Woodend (secretary-treasurer), Danielle Shinbine (student representative). **Present (membership and non-members):** Rob Bedi; Jessica Van Vliet; Anusha Kassan; Daniele Doucet; Jenica Copithorne; Danika Overmars; Gwendolyn Villebrun; Andrea Granados.

Regrets (executive and affiliates): Zuraida Dada (chair-elect); Janet Miller (newsletter editor).

- 1. Call to Order:** 15:35 NDT (chair, Kirby Huminuik)
- 2. Acknowledgement of land and welcome** (chair, Kirby Huminuik)
- 3. Review and approval of AGM agenda** (chair, Kirby Huminuik)

Motion to approve agenda was moved by Katie Bradley and seconded by Sonya Flessati. Motion approved by members.

4. Executive committee reports and updates

Secretary-Treasurer (Jon Woodend)

The 2024 AGM minutes were circulated to members prior to this meeting via the section listserv. Questions and comments on the minutes were invited: None received. Motion to approve minutes made by Katie Bradley; Seconded: Sonya Flessati. Motion approved by members.

2024 Financial Report & 2024 Budget Proposal

Details from the 2024 fiscal year and 2025 budget proposal were presented and summarized. The section maintains its strong financial position.

2025 Budget Approval

The budget was presented to members. Members raised their continued support for honoraria for section executive to attend the convention and a request for section executive to follow up with CPA head office. Motion to approve made by Katie Bradley; Seconded by Rob Bedi. Budget approved by members.

Conference Coordinator (Katie Bradley)

Thanks to 17 reviewers who helped us all as we prepared for convention this summer: Allison Foskett, Angel Leung, Birdie Bezanson, Cala Annala, Chelsea Hobbs, Danni Lei, Diba Torjani,



Hawra Al-Khaz' Aly, Janet Miller, Jon Woodend, José Domene, Kenya Thompson-Leonardelli, Kirby Humunuik, Kylie Thygesen, Lynda Phillips, Sonya Flessati, Tricia Sandham.

CPA Convention, 2025 section presentations: 15 Virtual and Traditional Posters, 6 Snapshots, 10 12-minute Talks, 2 Round Table Conversations, 3 Workshops, 1 Review Session.

Awards Coordinator (Sonya Flessati)

Thanks to our reviewers – Sonya Flessati, Allison Foskett, Bill MacMurray, Sarah Nutter, Lynda Phillips, Sasha Sukkhu, Jessica Van Vliet, Kaori Wada, and Jon Woodend.

Congratulations to each of the following section award winners this year:

Distinguished Member Award was presented to:

Dr. Beth Haverkamp (University of British Columbia)

Best Masters Thesis Award was presented to:

Cassidy Smith (University of Victoria)

for their dissertation titled: *Bodies of Work: Exploring Anti-Violence Counsellors' Embodied Experiences of Trust*

Best Masters Thesis Award was presented to:

Breeana Hogman (Trinity Western University)

for their thesis titled: *Move My Heart, Move My Feet: A Narrative and Arts-Based Inquiry into Settler Counselling*

Best Undergraduate Student Poster Award presented to:

Keana Chacon-James (McGill University)

for the poster titled: *Addressing Ambiguity Tolerance in Counsellors-in-Training: Validation of the Tacit Scale*

Best Masters Student Poster Award presented to:

Gemma Reynolds (University of Calgary)

for the poster titled: *Beyond the Individual: Exploring Systemics and Broader Influences on Addiction Recovery from the Perspectives of Treatment Providers*

Best Doctoral Student Poster Award presented to:

Luis Ibarra (University of Calgary)

for the poster titled: *Exploring the Ethical and Practical Limits of Evidence-Based Practice: Moving Toward a More Contextual Paradigm*

Student award recipients are provided with a letter of recognition, a \$150 honorarium and are featured in the next issue of *Kaleidoscope*.



Student Representative (Danielle Shinbine)

Followed up with previous student representatives to invite them to put their names forward to join the executive.

Participated in adjudication of section awards.

Previous student representative Thomas and Janet Miller (newsletter editor) are continuing in their research project to advance the representation of counselling psychology to prospective students. So far they have 62 responses in the research project and are moving into data analysis.

Section Newsletter (Chair, Kirby Huminuik in lieu of Editor, Janet Miller)

Kaleidoscope featured diverse articles relevant to counselling psychology practice and research. All members are invited to submit articles for consideration to the Editor, Janet Miller – jbmiller@mtroyal.ca. The section aims to publish the newsletter at least three times a year: October, February, and May.

Chair Update (Kirby Huminuik)

The section currently has 415 members.

The section is supporting the ongoing working group to revise the definition of ‘counselling psychology’ as a profession.

Continued work on advancing strategic goals 6 & 7 related to collaboration with sections to promote EDI and reconciliation.

The section hosted 3 continuing education seminars.

Past-Chair Update (Allison Foskett)

Counselling Psychology section continues to support the IBAPoC Affinity Room at the CPA convention. The section acknowledges the work of Dr. Gina Wong, Jenica Copithorne, Zed-Ola Myers, Georginne Worley, Jennifer Marie McWilliams, Jinn Xiao, Julie Auger & Lisa Votta-Bleeker, as well as the Indigenous Peoples Psychology section, the Black Psychology section, and the Asian Psychology section in creating and maintaining the IBAPoC Affinity Room.

Dr. Gwendolyn Villebrun provided a webinar for the counselling psychology section titled “Indigenous Women’s Healing from Sexual Trauma Circle: Our Response to the Calls for Justice”.

Working group for revising the definition of ‘counselling psychology’: Eugene Chi, Jenica



Copithorne, Allison Foskett, Marguerite Lengyell, CJ Park, Jessica Van Vliet, Sophie Yohani, with support from José Domene. Currently have two working groups: Preliminary literature review & Process/outreach.

Chair-Elect (Zuraida Dada – with regrets)

5. Elections (chair, Kirby Huminuik)

We thank the following executive members who are ending their roles or terms for their service to the section:

Past-chair: Allison Foskett

Sonya Flessati (member-at-large; Awards Coordinator)

Katie Bradley (member-at-large; Convention Coordinator)

- Chair-Elect
 - Nomination from the floor: Danika Overmars

Danika Overmars is accepted to the position by acclamation.

- Member-at-Large; Awards Coordinator)
 - Nominations: Sonya Flessati
 - Nomination from the floor: None.

Sonya Flessati is accepted to the position by vote.

- Member-at-Large; Convention Coordinator
 - Nomination from the floor: NONE.

The executive will continue to invite section members to join in the convention coordinator position.

The following executive members are staying or transitioning in their roles:

Transitioning in their executive positions:

Chair to Past-Chair: Kirby Huminuik

Continuing their term in executive and affiliate positions:

Jon Woodend (secretary-treasurer)

Janet Miller (newsletter editor)

The executive would like to thank those who filled the following roles and functions:

- Reviews & adjudicators for convention program and for awards review
- Outgoing members of the Executive Committee



- Incoming members of the Executive Committee
- Ongoing members of the Executive Committee
- Newsletter editor
- Attendees
- CPA conference organizers

Adjourned: 16:20 NDT

Minutes prepared by Jon Woodend