

CPA - Counselling on Psychology Fall Executive Meeting – Minutes [draft]

November 03 (Friday) at 11 am (Mountain Time)/10 am (Pacific Time)/1 pm (Eastern Time)/2:30 pm (Newfoundland Time).

Present: Allison Foskett (chair), Houyuan Luo (past-chair), Katie Bradley (member-at-large: convention coordinator), Sonya Flessati (member-at-large: awards coordinator), Jon Woodend (secretary/treasurer); Thomas Qiao (student representative).

Regrets: Janet Miller (newsletter editor).

Item	Action	Person(s) Responsible
1. Approval of Agenda a. Called to approve agenda: Motion passed b. Approval of Sept 2023 minutes: Approved via email	Upload approved minutes to website	Jon
2. Budget Planning a. Discuss current financial situation (anticipated ~\$4000 surplus for 2024, 2024 membership fees ~\$7000) b. Should we maintain ongoing expenses? i. Reduced AGM catering costs ii. Increased student award (from \$125 to \$150 x 6 awards) iii. Offer a range of honorarium for keynote (based on location; \$1000 base, up to \$500 for travel) iv. Continue webinar series with a range of honorarium (\$500 base for academic speakers, up to \$750 for non-academic speakers; 1 each per year)	Finalize a draft budget based on revisions	Jon

<p>v. Some funds reserved for section priority projects:</p> <ul style="list-style-type: none"> • Video editing services? (Thomas' section project) • Research assistantship salary? (modernizing website/social media) 		
<p>3. Webinars</p> <p>a. Proposed topics:</p> <ol style="list-style-type: none"> i. Indigenous-related topic? ii. Disability/medical leave documentation? iii. Advocacy in counselling psychology? iv. Insurance know-how in practice? v. Ethical considerations? vi. Weight stigma in counselling practice? vii. Younger international students' migration and transition (wellbeing)? viii. Social media and practice? 	<p>Consider which topic to prioritize (by December meeting)</p>	<p>All exec</p>
<p>4. Speakers - CPA 2024 Ottawa (Jun 21-23rd at Westin)</p> <p>a. Interest in preconvention workshop? Use of funds? Not at this time due to budget.</p> <p>b. Important to begin securing a keynote speaker. Ideas:</p> <ol style="list-style-type: none"> i. Panel idea (students/trainees, practitioners, educators, researchers - Jessica Van Vliet) – decolonizing across counselling psychology practice? ii. Important: June 21 is National Indigenous Peoples Day – Request for 	<p>Clarify if this is meant to be Indigenous speakers, or non-Indigenous speakers</p> <p>Reach out to clinical psychology section about collaboration</p>	<p>Allison</p> <p>Allison</p>

<p>other sections in CPA to cover/present on a topic related to TRC or Indigenous ways of knowing:</p> <ul style="list-style-type: none"> ▪ Dennis Wendt (McGill)? ▪ Sonya Sehgal? ▪ Collaborate with another section (clinical psychology)? ▪ Calls should be sent out to members by late October/early November ▪ Identify reviewers asap 	<p>Call out in newsletter for reviewers</p>	<p>Katie/Janet</p>
<p>5. CPA workgroup</p> <ul style="list-style-type: none"> a. Representative members volunteered from other sections as well as previous working group members b. Timeline for starting the working group awaiting CPA head office 	<p>Continue to follow-up with CPA head office</p>	<p>Houyuan</p>
<p>6. Date for next meeting & Adjournment</p> <ul style="list-style-type: none"> a. 01 December at 11 am MT via Zoom 		

Minutes prepared by: Jon Woodend