

**CPA Counselling Psychology Executive Minutes**  
**(09/22/14 12pm PST; 9/25/14 1pm PST)**

Meeting called to order at 12:05 p.m. Pacific

Present: Freda Ginsberg, Natalee Popadiuk, Sharon Cairns, Reb Bedi (Chair)

Regrets: Ada Sinacore, Julie Cohen

Welcome New Members

New member welcomed: Sharon Cairns

1. Approval of Agenda: Moved by Freda Ginsberg Seconded by Natalee Popadiuk
2. Approval of Past Minutes: Moved by Freda Ginsberg Seconded by Natalee Popadiuk. Carried.
3. *Quick* Updates
  - a. [CPA Conference is June 4-6 in Ottawa]
  - b. Chair (counselling centre directors, survey, website changes, Section Chair's meeting).

Message sent to all of the Counselling Centre Directors and asked them to consider CPA accreditation.

Survey will be shut down Oct 1. 33% response rate; 74 full members of the section. About 1/3 declined the honorarium.

Section Chairs meeting. CPA is creating logos for each section. They are all similar except the name of the section. There is also a sections representative from CPA.

- c. \*Past Chair [Ada]. Ada will be speaking with Melissa Thiesen re counselling internships. Ada will be contacting Sharon re reimbursement for gift for George Hurley. Ada is willing to continue to represent section at the professional affairs committee.
- d. Treasurer [Sharon]

Our current bank balance is \$7328.14. A cheque has been sent to Cara for deposit into the new bank account leaving \$8.00 to cover off on this month's bank charges. There is an outstanding debt of \$1,459.71 for convention catering leaving a balance of \$5,867.43. Funds for conference approved.
- e. MAL Awards (summary of awards given)[Freda] George Hurley distinguished service. One poster award and two thesis awards given.

- f. MAL Conference [Natalie]. Please see Appendix A regarding conference attendance.
  - g. \*Student member [Julie]. Next meeting.
  - h. Newsletter/Blog (new editor = Lindsay) [Rob]. Lindsay is also the webmaster from the University of Ottawa.
  - i. Webmaster (new = Lindsay) [Rob]
4. Financial Report (proposed budget for 2014/15) [Sharon]  
 Considerations for budget: Annual Convention reception has been significantly over for the last two years as has the executive dinner. 2015 budget to be considered in February meeting.
5. Business Arising from Previous Meeting Minutes
- a. Past Convention Reflection. Discussion regarding conference submission rejections. Discussion regarding evaluation criteria and question if this is in our control. Natalee will look into this.
  - b. \*Internship Committee (Ada). Anusha will attend our next meeting to give us an update.
6. New Business
- a. Conference Programming and deficits (e.g., Keynote, typical section stuff, symposia, LGBTQ, sponsor speaker with another section).

We will attempt to have poster session, AGM, keynote, and reception on Thursday. Ideas for keynote: Rob and Ada thought of themes of opening up to undergrads, speaker could be Jessica VanVleet; internationalization of Counselling Psychology, speaker could be visiting scholar at McGill from Taiwan. Discussion ensued. Rob to ask Ada regarding internationalization angle at our next meeting. Natalee suggested developing alternatives that go across years.

Idea of putting together symposia by connecting individual submissions. Natalee had a suggestion about how we might relatively easily connect individuals who might be interested in presenting together. This could be handled through a blog and let people put together their own symposia. Natalee will ask Lindsay to set up a blog for symposia interests.

Deficit in LGBTQ programming. Could advertise desire to have more LGBTQ, undergrad, and counselling psychology abroad programming.

- b. Nominate Fellows [Freda]. Freda suggested Jose Domene.
- c. Nominate members for Section/CPA Awards [Freda]. No names came up.
- d. CACUSS May 24<sup>th</sup> to 27<sup>th</sup> 2015 in Vancouver [Rob]. Do we want to go back to talk about accreditation? It is a good idea so we would need to consider someone close and who is involved in doctoral programs. It needs to be a marketing and PR person. Anusha is going to be chair of the internship committee. She would likely be a good person. Anusha will be invited.
- e. Award issues (thank you to unsuccessful, electronic posters, bachelor's posters) [Freda].

Current adjudication of electronic posters does not fit with our adjudication process. Freda will advertise that we will only adjudicate electronic posters that are a pdf of a regular poster and not slide presentations.

Discussion re challenges obtaining adjudicators.

We will send out an email to unsuccessful award applicants.

Question about bachelor's level posters – suggested letter of recognition. There are too few to make it competitive at this time. We will leave it be for now.

- f. Website review (e.g., add article list, add to archive). It would be good to do a thorough review of the website. Rob will review the site and see what should be updated.
  - g. \*Survey of Student Members [Rob, Julie]. Rob is considering applying for ethics to expand survey to student members. Should be discussed more in the next meeting.
  - h. \*Fall newsletter [Rob] Blog. Need to replace Jose as manager of the blog. This should be a faculty member. Sharon could ask Vivian Lalande; Natalee could ask Richard. We will ask Vivian first and then ask Richard. If unsuccessful, we could put out a call and see if anyone is interested. In November Rob will be asking us to write up something about who the executive is and what they are doing.
  - i. \*Ideas for new Exec positions for 2015/16 (Chair-elect, MAL-C, MAL-A). We will discuss in February; meanwhile we can think about people.
  - j. \* Communication with students reps [Julie]. Next meeting.
7. Set Next Executive Meeting. Will change to 2:00 p.m. Pacific September 25<sup>th</sup>.
  8. Adjournment. Meeting adjourned at 1:57 p.m. Pacific Time

**Appendix A**  
**Convention 2014 Information**

<p><b>21107 Reception</b> <i>Counselling Psychology</i> <b>SECTION PROGRAM</b> (Ada Sinacore) (5:00 PM - 5:55 PM) Attendance:24</p>	<p><b>22180 Workshop</b> <i>Counselling Psychology</i> ASSESSING AND TREATING USUALLY HONEST ADULTS WHO STEAL, AND WRITING EFFECTIVE COURT-DIRECTED PSYCHOLOGICAL REPORTS REGARDING SUCH CASES (William Cupchik) (12:00 PM - 1:55 PM) Attendance: 6</p>	<p><b>22447 Symposium</b> <i>Counselling Psychology</i> UNDERSTANDING CANADIAN YOUTH FROM A STRENGTH-BASED PERSPECTIVE: THE RELATIONSHIP BETWEEN RESEARCH AND PRACTICE (Anusha Kassan, Lynn Miller, Jacqueline Bendell, Jessica Richter, Dina Tsirgielis) (1:30 PM - 2:25 PM) Attendance: 56</p>
<p><b>21709 Symposium</b> <i>Counselling Psychology</i> LGBTQ RESEARCH AND PRACTICE ETHICS: A CPA 75TH ANNIVERSARY ETHICS SYMPOSIUM (Kevin Alderson, Denise Larsen, Karen Blair, Robert Roughley) (1:30 PM - 2:25 PM)</p>	<p><b>21834 Symposium</b> <i>Counselling Psychology</i> SINGLE-SESSION WALK-IN COUNSELLING: A MIXED METHOD STUDY (Carol Stalker, Manuel Riemer, Cheryl-Anne Cait) (4:00 PM - 4:55 PM) Attendance: 19</p>	<p><b>21717 Symposium</b> <i>Counselling Psychology</i> COMPASSION AND HOPE: CONTRIBUTIONS TO CHILD AND YOUTH RESILIENCE (Denise Larsen, Kirsten Klinge, K. Jessica Van Vliet, Rachel King, Kristine Iaboni) (7:30 AM - 8:55 AM) Attendance: 23</p>
<p><b>22483 Symposium</b> <i>Counselling Psychology</i> STRENGTH-BASED APPROACHES TO RESEARCH: EXAMINING LESSONS LEARNED BY CONDUCTING RESEARCH WITH VULNERABLE POPULATIONS (Richard Young, Jasmin Abizadeh, Natasha Wawrykow, Courtenay Crucil) (8:00 AM - 8:55 AM) Attendance: 13</p>	<p><b>21436 Symposium</b> <i>Counselling Psychology</i> EXAMINING THE COUNSELLING NEEDS OF IMMIGRANTS FROM DIVERSE PERSPECTIVES: IDENTITY, RESILIENCY, COMPETENCY (Anusha Kassan, Julie Cohen, Megan Suehn) (11:00 AM - 12:25 PM) Attendance: 17</p>	<p><b>21188 Symposium</b> <i>Counselling Psychology</i> EXAMINING HOPE: UNDERSTANDING AND APPLYING HOPE IN THE CONTEXT OF POSITIVE PSYCHOLOGY (Denise Larsen, Thomas Bailie, Holli-Anne Passmore) (10:00 AM - 10:55 AM) Attendance: 46</p>
<p><b>21639 Symposium</b> <i>Counselling Psychology</i> RELATIONAL ETHICS IN PSYCHOLOGY: A CPA 75TH ANNIVERSARY ETHICS SYMPOSIUM (Denise Larsen, Judi Malone, Denise Larsen, Zhipeng Gao) (1:00 PM - 1:55 PM) Attendance: 17</p>	<p><b>21495 Symposium</b> <i>Counselling Psychology</i> APPLICATIONS OF CONTEXTUAL ACTION THEORY TO COUNSELLING AND PSYCHOTHERAPY PRACTICE (José Domene, Krista Socholotiuk, Richard Young) (2:00 PM - 2:55 PM); Attendance: 8</p>	<p><b>21479 Symposium</b> <i>Counselling Psychology</i> A FEMINIST SOCIAL CONSTRUCTIONIST ANALYSIS OF GENDER EXPRESSION AND GENDER NON-CONFORMITY (Ada Sinacore, Laura Copeland, Jennifer Ho) (4:30 PM - 5:55 PM) Attendance: 20</p>

<b>Session Status</b>	<b>Session Format</b>	<b>Total</b>
<b>Accepted</b>	Section Annual Meeting	1
	Reception	1
	Digital Poster	2
	Poster	32
	Round-Table Conversation	5
	Section Invited Speaker	1
	Symposium	45
	Workshop	1
	<b>Total</b>	<b>88</b>
<b>Declined</b>	Poster	4
	Workshop	1
	<b>Total</b>	<b>5</b>
<b>Declined due to Space</b>	Symposium	8
	Workshop	1
	<b>Total</b>	<b>9</b>
<b>Withdrawn</b>	Poster	1
	Pre-convention Workshop	1
	Theory Review	1
	<b>Total</b>	<b>3</b>
<b>Grand Total</b>		<b>105</b>