

Summary of Counselling Psychology Section Events – 1987 to 2012

by Heidi Hutman & Sasha Lerner

1987

Source: May 1997 Newsletter

- Petition for the CP section was circulated to universities, got 46 signatures which laid the groundwork for the section at the annual CPA convention in Vancouver.
- Interest was originally generated from members who had come from the United States, and desired a similar group within CPA as APA's Division
- Over 20 people attended the first meeting in 1987 and many issues were discussed (e.g. what to call the section).

1988

Source: Annual Report 1988, Executive correspondence, 1988-1989

Chair: Mark Shoenberg

Programming: Adam Horvath

Members: 83 full members, 39 student members

- This was the first report of the section following its establishment in 1987 in Vancouver at the CPA meeting. 27 counselling psychologists were in attendance.
- At this meeting, two officers were elected. The division chair elected was B. Mark Schoenberg and the secretary-treasurer was Lee Handy- no other board members were mentioned.
- It was also decided that communication amongst members could be improved through the development of a section newsletter. John Friesen and Jennifer Cole Newman edited the first issue of newsletter (was called MATRIX) which was published in January 1988.
- Lyle Eide was appointed head of a committee studying training and accreditation issues for CP in Canada. Also on the committee is George Hurley, Lise Chislett, F. Patrick Clarke and Naida Hyde. The committee will be a standing one with a first report due at the June 1988 meeting.
- The CPA chair wrote to Jim Hurst who at the time was Div 17 president to discuss the appropriateness of continued communication between the section and the division. The APA/CPA section/division communication issue will be revisited throughout the year but in the meantime George Hurley was to liaison with an appointed division 17 representative, Henry Borow. At the previous APA convention Div 17 executive meeting, Hurst announced that steps would be taken to enhance communication between American

and Canadian CPs- On January 8th 1988, Henry writes to George to initiate the dialogue and noted the eagerness of APA to establish a formal working relationship. One of Div 17 plans was to develop inter-organization convention meetings. In addition they proposed the exchange of section/div documents (e.g., newsletter, meeting minutes, reports etc.) as well as the development of an ad-hoc American-Canadian committee to facilitate exchange of info and ideas. Henry invited George's feedback about these ideas and proposed that he present these ideas and distribute MATRIX upon hearing from him at the executive meeting in February in Washington, DC. Following the initiation of this meeting, Mark proposed that the section accept proposals from APA div 17 for the convention via a letter to Adam Horvath- programming chair. George also went to APA that summer and met with Henry and Jim to share the developments from the Montreal convention.

- One of the emphases in the 1987 meeting was the diversity of the discipline in Canada and the need to represent and address the constituent's broad interests in the section
- The upcoming meeting in Montreal was going to be focused on building the organization base of the section
- As of the first edition of the newsletter, the goal of the newsletter was to "clarify and expand the status of counselling psychology and work towards its definition" as well as provide an avenue for discussion about relevant topics and issues.
- MATRIX- name was chosen to symbolize birth because saw newsletter as a forum where CP in Canada could grow and develop- the newsletter was to also be a forum for communication between div 17 and the section (At div 17 meeting, it was distributed to their members, and both associations agreed to use select items that appeared in one association's newsletter and publish them in the other)
- 1988- Montreal meeting- 27 people attended, membership was reported as 83 full and 39 student members. It was at this meeting that Mark called for a past president and a secretary treasurer, he also wanted to increase section involvement and have a section program at the upcoming convention (1989). At this meeting the report of the initiation of a relationship between the section and Div 17 was presented and George Hurley was appointed to liaise with Henry Borow (Div 17 rep). A constitution for the section was developed and circulated for feedback (Pellegrino, Horvath, and Chislett)- Adam Horvath and Bernard Tetreau were appointed as convention program proposal reviewers. Lee Handy was appointed nomination reviewer and asked to interface with the constitution committee with two others.

1989

Source: Committee Meeting, 1989

Chair: Mark Schoenberg

Secretary-Treasurer/Chair-Elect: Lee Handy

- Continued discussion over the formal liaison between APA Div 17 and the section. George reports that he met with Henry Borow (Div 17 section liaison) at the APA convention in 1988 to discuss mutual concerns. Henry had been provided with copies of

the MATRIX newsletter and as of the convention, had circulated the newsletter amongst Div 17 membership so that they would be apprised of the section developments. George reports that the meeting was great and that APA is supportive and prepared to lend assistance in any way that they can. In addition the division was interested in the section's emerging role and how the section will negotiate their unique development Canada. From this meeting, plans were made to have an international symposium on CP at the next APA convention where Japan, Canada, US, England will speak to their respective contexts. Mark will be a speaker, representing Canada. In addition, Joseph Pellegrino spoke with Henry Borow and Henry gave him the division's bylaws to serve as a template from which the section could develop their own.

- An email account was developed, FORUM was to be published 2x/year and student and membership executive positions were developed

1990

1991-1992

Source: Annual Report 1991-1995 pdf, Awards pdf, executive communication 1991-1992

Chair: George Hurley

Vice-Chair: Lilly Walker

Past Chair: Lee Handy

Secretary-Treasurer: Richard Young

At Large: Michael Doyle and Robert Hall

Elections: Lee Handy

Newsletter: Mark Schoenberg

Scientific Affairs committee Chair: Bonita Long

Student rep: Joanne Dillabough

Training and accreditation: William Borgen

Awards and Recognition: Michael Doyle

Membership: Lilly Walker

Professional Affairs: Lyle Eide

Programs: Michael Doyle

- 1992 marked the fifth year since the section's inception in 1987 in Vancouver. Of the notable accomplishments, the most significant is the fact that Counselling Psychology was officially recognized as a distinct and accredited specialty by CPA. The fact that Counselling Psychology was finally an accredited specialty meant that students could pursue doctoral studies in the discipline in programs that are accredited based on the broader CPA accreditation standards. This development was also hoped to provide the impetus for university counselling centers to become CPA accredited as pre-doctoral internships.
- A viable email account to allow for communication was established and the section had two newsletters (FORUM was the title of the section newsletter) published per year
- Membership dues for the section were increased by \$20 per year after a ballot was sent out and the initiative was passed
- 1992 convention: members reported wanting additional forums for professional exchanges beyond the usual paper and poster presentations. In response to these requests, the section planned three new special interest groups (SIGs). In addition, an award for best student paper was presented. It was hoped that these efforts would enhance the extent to which CPA conventions can serve as a venue for professional exchanges. Jack Martin's name was put forward as the invited speaker, he accepted and presented: "Conversations, Memories, and Theories: The Construction of Therapeutic Change"
- 1992 Award: Douglas J. McKibbin for best student paper
- External initiatives in 1991/1992 focused on enhancing external connections and liaising with related organizations. For example, some members of the executive board attended APA's companion section, Division 17's executive meetings (Richard and George were given permission to attend the meeting for Div 17 via a letter from the Div 17 president, Michael J. Patton)) and other members via CPA's scientific affairs committee addressed member concerns with SSHRC about their new eligibility criteria which precludes those working in university counselling centers from receiving stipends to support their research efforts.
- The priority for the upcoming year (1992) is to increase participation in the section from counselling psychologists across Canada
- The results of a 1991 survey done by APA Div 17 were circulated between the section exec, they noted that in the US, most CPs are practice (vs. science) oriented and it was suggested that a similar survey be conducted in Canada by the section to see if these characteristics hold across countries. In addition, George (in his letter to Lilly) noted that he was impressed with the student membership in Div 17 and that it confirms the need for the section to develop a standing committee for students.
- There was also some discussion in 1991 about external representation in other sections and encouraging membership within the section to become members of clinical psych section. George Hurley reported that this was a "contentious" issue in the section communication docs

1993

Source: Annual Report 1991-1995 pdf, Awards pdf

Chair: George Hurley

Vice-Chair: Lilly Walker

Past Chair: Lee Handy

Secretary-Treasurer: Richard Young

At Large: Michael Doyle and Robert Hall

Elections: Lee Handy

Newsletter: Mark Schoenberg

Scientific Affairs committee Chair: Bonita Long

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Training and accreditation: William Borgen

Awards and Recognition: Michael Doyle

Membership: Lilly Walker

Professional Affairs: Lyle Eide

Programs: Michael Doyle

- In George Hurley's final year as chair, he reflects upon all the internal organization work and outreach that they accomplished over his term. In spite of the difficult financial times, he expressed optimism about the future of the section.
- As planned two editions of FORUM (newsletter) were published under the leadership of Mark Schoenberg who was retiring from Memorial that year and received his status as Professor Emeritus. FORUM continued to operate as the major vehicle for professional exchanges and communication within the section and in CPA and APA as the executive members used the newsletter as a way to keep their colleagues apprised of new developments.
- The section also contributed \$500 over a period of two years to facilitate the CPA-sponsored 1994 national conference on Applied and Professional Psych
- Also The Canadian Journal of Behavioral Science (CJBS) now added counselling psychology on the mast head, recognizing it as one of the areas that the journal addresses. This development has increased the profile of CP and enhanced the contributions that CP's can make to the profession and science of psychology.
- The revision of the by-laws was the major undertaking for this year. Robert Hall took the lead on this project with the mandate from 1992 to incorporate the new CPA bylaws model for sections while retaining the spirit of the 1988 version. The revised version of the bylaws appeared in the previous issue of FORUM and were reviewed and endorsed by the section.

- 1993 convention: Michael Doyle scheduled several SIGs as a second forum for the 1993 convention- each SIG was geared toward addressing salient issues that CP professionals are facing (e.g. graduate training issues faced by CP students). There was also a hospitality suite following the section business meeting where APA Div 17 members who were presenting at CPA were encouraged to drop by.
- 1993 Awards: Danielle Nahon, PhD for best graduate student thesis award for her study on “the effectiveness of masculinist group therapy in the treatment of recently separated men”
- In a letter to Michael Doyle, Lilly Walker recognizes the accomplishments made by the “Memorial Triad” (Michael, George, & Mark) within the section

1994-1995

Source: Annual Report 1991-1995 pdf, November 1995 Newsletter

Chair: Lilly Walker

Vice-Chair: Richard Young

Past chair: George Hurley

Secretary-treasurer: Michael Doyle

At-large: Beth Haverkamp & Joseph Pellegrino

Elections: George Hurley

Newsletter: Lilly Walker

Scientific Affairs: Bonita Long

Student rep: Gabriella Szanto

Training and Accreditation: William Borgen

Archivist: Michael Doyle

Awards and Recognition: Brian Sveinson

Membership: Joseph Pellegrino

Professional Affairs: George Hurley

Programs: Brian Sveinson

Membership: approximately 100 (44 members did not renew)

- The activities in the section reflect the challenges faced by the profession in North America and the changes in the roles, responsibilities, and identities for CPs
- The newsletter (FORUM) has published 2 issues per year and has been a vehicle through which these challenges are being addressed particularly those discussed at the Mississauga conference
- The section is invested in a developmental account of CP's evolving identity, recognizing the importance of having a strong core of knowledge and professional principles grounded in our roots and history. This commitment to connecting present with past has been reflected in Bonita Long and Beth Haverkamp's initiative wherein they compiled articles by Canadian counselling psychologists in journals to inform core graduate training curriculum. In addition, Michael Doyle, in the capacity of archivist, has documented the section's evolution.
- The CPA convention and section programming at the convention have continued to strengthen the CP identity in Canada. The presentations and papers continue to be a venue through which professionals share their findings and perspectives and CP's unique contributions in providing a developmental approach to treatment are emphasized.
- It was emphasized that the section serves as a unifying body for collaboration and networking across Canada
- In the November 1995 newsletter, the International Congress of Psychology and the APA's 104th convention are mentioned as major events that can be opportunities for Canadian CP's. A discussion of the Mississauga conference on Professional Psychology which was partly supported by Section 24 was also featured. The catalysts for the conference included the changing economic context in which psychology is practiced, NAFTA and the inter-provincial trade agreement, different funding arrangements for health and higher education. Out of the conference came plans to establish core graduate training curriculum in psychology which will be a symposium at the 1995 convention (Richard Young, chair). Richard Young (chair) emphasizes how essential APA's division 17 has been in shaping our discipline. In the newsletter, the president of Division 17 greets the section and its members and R.Y. says that he looks forward to many of our American colleagues attending CPA in 1996. RY was invited to write an article for their newsletter in 1996 in the spirit of collaborating and engaging in dialogue reflecting the common issues we face across North America- Dorthy Nevill wrote the article for the Nov 1995 newsletter and President elect Gerry Stone will be writing an article in the next newsletter issue. The newsletter also featured an article from Australian psychologist, Percy Boyes, wrote about the discipline in Australia
- 1995 convention: Symposium on core graduate training curriculum in psychology (Richard Young, chair).

1996

Source: May 1996 Newsletter, November 1996 Newsletter

Chair: Richard Young

Past Chair: Lilly Walker

Vice-Chair: Michael Doyle

Secretary-Treasurer: Douglas McKibbin

At-Large: Danielle MacNamara & Beth Haverkamp

Elections: Lilly Walker

Awards and Recognition: Debbie Nefakis

Newsletter: Michael Doyle

Membership and Professional affairs: Vacant

Programs: Jessica Ball

Scientific Affairs: Bonita Long

Student Rep: Sheleigh Robinson

Accreditation and Training: William Borgen

Archivist: Michael Doyle

- 1996 Awards: Deborah MacNamara for best master's thesis award for her study on the lived experiences of mental health consumers and Serge Dumont for best doctoral thesis award
- In the May 1996 newsletter, Richard Young discusses how he has been approached by one of the provincial boards for a definition of CP for information materials to be made available to the public and registrants. Michael Doyle, in his role as archivist, looked through the section's documents and found no definition: "Apparently our section has not formally defined or described counselling psychology". He notes that others like Division 17 of APA have offered a formal definition of CP and notes that we would do well to develop our own definition of Counselling Psychology within its Canadian Context. This definition could not only shed light upon the differences between CP and related disciplines (e.g., clinical psych) but also reveal the shared elements. In addition to developing a definition, there is also the responsibility to develop a mission statement and strategic goals. He invites the readers to share feedback on these section needs and states that they will also be discussed at the Montreal Conference.
- Featured working notes from the Trilateral Brainstorming Meeting of Psychology Education, Practice, and Credentialing which was geared toward developing graduate training in psychology
- Featured an article by Lilly Walker about women's generative leadership style and defining elements of power

- To provide an international understanding of counselling psychology, Gerry Stone, President Elect of Division 17, wrote an article about issues their organization was encountering and then Richard Young was going to reciprocate and write an article for Div 17 newsletter
- Jessica Ball writes about counselling psychology in Singapore
- In the November 1996 newsletter, NAFTA, the International Trade Agreement, and the agreement of a core curriculum for graduate training in psych, are trends that will continue to influence Counselling Psych in Canada and its future. In addition, the tension between demand for services (quantity) and quality of services provided will continue to be a challenge. In addition, the newsletter presented scientific developments and opportunities which was balanced with a 'practitioners update'. Div 17 president at that time, Gerry Stone, wrote an article discussing the APA convention that year as part of the connections that were being established between Div 17 and the section. They also listed upcoming events and provided the names of the members and fellows of the section.
- 1996 convention- there will be a workshop on ethical and legal issues

1997-1998

Source: May 1997, December 1997 Newsletter,

(Acting) Chair: Richard Young

Past chair: Richard Young

Vice chair: Michael Doyle

Secretary-treasurer: Colleen Haney

Member At Large: Peter Cornish and Deborah MacNamara

- The May 1997 newsletter begins with Richard Young discussing how its the 10 year anniversary of the section and reflects upon Mark Schoenberg's 1988 article. Mark envisioned the section as a venue through which CP in Canada could be clearly described and defined. Mark assumed that we as CPs knew how to describe ourselves and who we were but that the challenge "laid outwards". After 10 years, Richard acknowledges how it is difficult to say whether we have been effective at this mission. In addition, he emphasizes that we live in a system and similarly, our identity as CPs is constantly in flux and so we need to know who we are but also how we are changing.
- Richard visited with Jon Friesen, the first editor (with Jennifer Cole Newman) of their newsletter (when it was called MARTRIX, 1987) –
- Many changes to the executive board- Lilly Walker, Doug McKibbon, and Beth Haverkamp have completed their terms and Mike Doyle resigned as newsletter editor and Bonita Long resigned as chair of the scientific affairs committee. This year, they welcomed Colleen Haney and Peter Cornish as secretary-treasurer and member-at-large, respectively.

- As the section entered into its second decade, there were serious concerns about membership. Following the business meeting at the June convention in Toronto, the section left without a chair as there were no nominations for the position. Richard Young steps up as acting chair until 1998 with Michael Doyle as section vice chair. In the newsletter, Richard urges membership to come forward to be on the executive and assume responsibility and emphasizes the importance of the section through the newsletter and the convention programming as representing the voices and needs of CP's in Canada.
- Emphasis was placed on connections between CPA's section and similar organizations around the world. In the Dec 1997 edition of the newsletter, the chair of the counselling psychology division (Ernesto Spinelli) of the British Psychological Society was featured and readers were encouraged to attend their conference in the UK.
- The section was considering launching a webpage and UBC was allowing them to use their server to do so. Richard was asking for experts in web design who could volunteer their time and skills to getting the webpage set up.
- 1997 awards: Best master's thesis was given to Mary Manson for her work on successful and unsuccessful couples therapy in an alcohol recovery context
- 1997 convention: Keynote speaker was Abigail Stewart who spoke about her work on "Psychology of Middle Age for Women". There was also a panel presentation devoted to the section's 10 year anniversary "Counselling Psychology: Past, Present, and Future" moderated by Jessica Ball from U Vic. Denise Larsen presented her work on the experiences of long-term counsellor educators in Canada. Sharon Crozier spoke about feminism as becoming mainstream in CP- in the Dec 1997 newsletter, this is remarked upon as a bold move. Rod McCormick spoke about our need to incorporate spiritual and holistic models of healing from other cultures, Brian Hiebert reported on the results of his survey targeting the career development of counselling psychologists in Canada, indicating high levels of variability in the roles assumed. George Hurley spoke about credentialing issues for CPs in Canada and warned about the eventual medicalization and positivism that would permeate the profession, Shake Toukmanian spoke about the history of evolutionary courses in counseling vs. clinical psych, and Richard Young discussed the challenges facing the future of CP and in particular, the increasing standardization of our field.
- 1998 CPA convention plans- Symposium by Vivian LaLande on women's career development and new insights for counselling.

1998

Source: Annual meetings 1988-1999 pdf

Chair: Richard Young

- 1998 Awards: Caroline Carragher Neill for best master's thesis award and Joanne Margaret Crandall for best doctoral thesis award
- 1998 convention: three symposia, four workshops, 1 theoretical paper, there was an increase in conference participation due to bulletins/newsletters circulating.
- Continued emphasis on increasing the visibility of the section, Richard also readdresses the possibility of a webpage through UBC's server.

1999

Membership: 122 members (reported in Jan 2000 Newsletter)

2000-2001

Source: January 2000 Newsletter

Chair: Sharon Robertson

Vice Chair: Michael Doyle

Past Chair: Richard Young

Secretary-Treasurer: Colleen Haney

At-large: Peter Cornish and Derek Truscott

Student Rep: Marie Helene Pelletier

- In the 2000 newsletter, Sharon Robertson reflects on the past challenges that the section and discipline have faced, noting the significant concerns in 1997 where no one had stepped up a chair and Richard was acting chair. Sharon emphasized that the concerns still exist and we need to continue to establish our significance and identity as an applied psych specialty though taking on a variety of roles.
- An article by Peter Cornish discusses the section's desire to establish Special Interest Groups like APA's division 17 has done and that this may be possible through partnerships with other organizations who have similar goals and interests (e.g., Division 17). He calls on the membership to provide feedback on this SIG idea. He also provides some resources and websites for divisions within APA (e.g., Div 51-men and masculinity) as well as self-help resources and listservs to which members can subscribe.
- In addition, the newsletter featured the results of a survey on learning strategies conducted at Memorial Counseling Centre by Dr. John Garland and Dr. Michael Doyle in which they piloted a learning course (UCC2020). Sandra Collins also wrote an article about 4 Alberta universities collaborating to improve the qualitative of graduate training in counselling psychology.

2001-2002

Source: Annual Report, 2001-2002, May 2002 Newsletter

Chair: Colleen Haney

Membership: 173 members

Developments:

- In June 2001 (when Richard Young was chair), a business meeting in Quebec was held. This meeting led to the development of a full executive board for Section 24.
- 1 Newsletter was sent out
- Papers, posters, and presentations were refereed for the annual convention
- Criteria were established for judging awards. Awards offered based on these criteria included two theses awards, two poster awards, and a Distinguished Member award. No awards were offered in this year, but four were anticipated to be distributed at the upcoming convention (2 poster and 2 master's and doctoral theses awards) to make up for the years where there was no awards
- In the upcoming year, 2 newsletters will be published, a survey on ethics in counselling will be sent out to the membership, and a call for newsletter articles will be put out.
- Dr. Victoria Alfonso, Dr. Sharon Robertson, Dr. Richard Young, and Michelle Tsutsumi were given credit for their efforts to revive the section awards and newsletters.
- In the May 2002 newsletter, feedback on the accreditation process was showcased. In particular the shortage of internship sites that give priority to CP (vs. clinical) students was noted as a significant barrier
- 2002 convention- posters, conversation hours, symposia and workshops by the section were held.

2002-2003

Source: Annual Report, 2002-2003, March 2003 Newsletter

Chair: Colleen Haney

Past Chair: Richard Young

Secretary-Treasurer: Victoria Alfonso

Student rep: Sheri Pyper

Membership: 165 members (109 non-student members, 56 student members)- as of March 2003

with an increase between March and the June convention

Developments:

- As planned at the 2002 section annual meeting, two newsletters were sent out.
Newsletter One: In the first of the newsletters, there was a section devoted to ethics and in particular, authorship credit and ordering issues by Rob Bedi. The sections members hoped to continue to receive articles on current ethical concerns.
Newsletter Two: In the second newsletter, a survey asking members for information regarding their employment settings, populations seen, organizations and affiliations, as well as level of their level of participation in CPA conferences was included. In

particular, the section was interested in generating more attendance at CPA conventions and thus, they also asked about what types of topics members would like to see covered.
Survey return rate: 50% as of June 2003

- CPA convention 2003- presentations included workshops, theoretical papers, and posters. There was also be a symposium entitled: Coping and Help-Seeking Among Victimized Women”.
- The Distinguished Member award was presented for the first time at the business meeting
- Students were supported for their scholarly efforts through the awarding of two theses/dissertation/presentation awards and two additional awards for 30 page length theses submitted pre-convention. Thus, the section executive fulfilled their plans to offer four awards in addition to the first time offering of the Distinguished Member award.
- Student luncheon was offered for the first time in addition to the section social event for all members.

2003-2004

Source: Annual Report, 2003-2004, Newsletter, May, 2004

Chair: Jennifer J. Nicol

Membership: 183 members (117 non-student members, 66 student members)

Developments:

- Executive changes- Dr. Nicol takes over as section chair
- Under Dr. Nicol’s leadership, objectives are to increase communication within section through use of the CPA CP section website and by continuing to publish the section newsletter
- In the May 2004 newsletter, they publish the results of a survey from the membership (n= 64; males = 22; female = 42)- 36% reported working a universities and 28% worked in private practice. They also discuss their members’ area of practice and professional affiliations. In addition they asked about suggestions for sectioning programming at the CPA convention. Responses included empirically supported interventions and treatments for adults and adolescents as well as couples, family, individuals with serious illness, and the elderly.
- 2004 Convention includes several workshops, one theoretical review paper, and several posters by section members
- Two awards for best master’s and doctoral student posters will be presented at the convention
- In partnership with the Women and Psychology section, the CP section invited Dr. Carolyn Zerbe Enns as a speaker for the 65th annual convention

2004-2005

Source: Annual Report, 2004-2005; Newsletter, March, 2005

Chair: Jennifer J. Nicol

Past-Chair: Colleen Haney

Secretary-Treasurer: Marla Buchanan

Student Representative: Sherry Rodrigues-Antonucci

CCPPP Liason: Laurene Wilson

Conference abstract and student award reviewers: Bonita Long, Denise Larsen, Richard Young, & Stephanie Martin

February 2005 Newsletter editors: Colleen Haney and Jacqueline Rhinas

Membership: 135 members (92 non-student members, 43 student members)

Developments:

- Section Listserv introduced
- 2004 convention awards: Patrice Keats (best PhD Dissertation) for her doctoral research “Vicarious Witnessing in European Concentration Camps: Imagining the Trauma of Another” and Jose Domene’s (best doctoral conference poster), for his work “Identification of Distinct Levels of Focus in the Joint Projects of Parents & Adolescents”
- At 2005 convention, Vivian LaLande was the invited speaker. Dr. LaLande also chaired a roundtable session on CP Identity in Canada. Other participants included Frank Dumont, Marilyn Fitzpatrick, and Stephanie Martin. In addition, the section, in partnership with the sections of Clinical Psychology, Health Psychology, and Personality and Social Psychology, sponsored Dr. Janet Polivy, (University of Toronto) as an Invited CPA Speaker presenting on “The False Hope Syndrome: What is the effect of trying to make a behaviour change on your own and failing?”
- International Association of Applied Psychology (IAAP)- launched a counselling psychology division- Marla Buchanan was the CPA Counselling Psychology Rep, Dr. Fred Leong is the President and Dr. Richard Young is on the executive.
- CPA Committee for Professional Affairs-Stephanie Martin accepted the invitation to serve as the CPA Counselling Psychology Representative.

2005-2006

Source: Annual Report, 2005-2006; Newsletter, November 2005

Chair: Jennifer J. Nicol

Past-Chair: Colleen Haney

Secretary-Treasurer: Marla Buchanan

Student Representative: Sherry Rodrigues-Antonucci

CCPPP Liason: Laurene Wilson

Conference abstract and student award reviewers: Bonita Long, Richard

Young, Colleen Haney, Derek Tuscott, Vivian Lalande, & Marla Buchanan

February 2005 Newsletter editors: Jennifer Nicol and Jacqueline Rhinas

Membership: 175 members (112 non-student members, 63 student members)

Developments:

- Newsletters were distributed by the listserv
- 2005 convention:
 - o Two student awards were presented- Dr. Shari Couture's dissertation, *Moving Forward: Therapy with an Adolescent and his Family* (best PhD Dissertation), and Mr. Michel Eugène's poster, *Stress et Agressivité*, (best Master's Conference Poster).
 - o Section witnessed a threefold increase in proposal submissions
 - o 2006 Conference program for the section included: (a) a keynote address by Dr. Nancy Arthur, entitled "Are Counselling Psychologists Ready For Interprofessional Collaboration?"; (b) a section-sponsored symposium with Ms. Robin Cox, Dr. Dave Hutton, Dr. Danielle Maltais, and Dr. John Service on the *The Role of Psychology in the Long Term Recovery Process from Natural Disasters*; (c) a joint-section sponsored symposium with International/Cross-Cultural Psychology that will include 7 panelists (Dr. Randal Tonks, Dr. Janet Krantz, Dr. Kamaljit Sidhu, Ms. Christine Wihak, Ms. Noorfarah Merali, Ms. Anoosha Aghakhani, and Dr. Beth Hedva speaking on *Cultural Perspectives on Counselling* and (d) a conversation session with Dr. Derek Truscott and Dr. Kevin Alderson on developing counselling-specific accreditation criteria.
 - o The section also partnered up with other CPA sections in co-nominating CPA Invited Speakers for the 2006 Annual Convention. Along with the Women and Psychology, and Sexual Orientation and Gender Identity Issues, Counselling Psychology nominated Dr. Laura Brown as a CPA Invited Speaker and also

joined the International / Cross-cultural section in nominating Dr. John Berry as a CPA Invited Speaker.

2006-2007

Source: Annual Report, 2006-2007; Newsletter, December 2006

Chair: Vivian Lalande

Past-Chair: Jennifer Nicol

Secretary-Treasurer: Shelley Russell Mayhew

Student Representative: Robin Cox

Award Coordinator: Colleen Haney

Newsletter editor: Mike Huston

Membership: 112 members (49 non-student members, 63 student members)

Developments:

- 2006 convention
 - o A committee was established to work on the criteria for accreditation for the Counselling Psychology Section. Members include Derek Truscott (Chair) Kevin Alderson, Richard Young, Ada Sinacore, Denise Larsen, Greg Harris, Marla Buchanan, William Welton, Steve Knish, Sharon Cairns, and Jim Evans. The goal is to revise the current Accreditation Standards and Procedures for Doctoral Programmes in Internships in Professional Psychology.
 - o Another committee formed to develop a Canadian definition of the term “counselling psychology”. This committee consists of Rob Bedi and Beth Haverkamp (co-chairs), Derek Truscott, Romeo Beatch, James Loh, Douglas Cave, Greg Harris, and Jose Domene.
 - o Student awards at the 2006 conference: Karen C. Kranz (University of British Columbia) received an award for her dissertation: Living outside the box: Lesbian couples with children conceived through the use of anonymous donor insemination. Vivian Dzedzora (University of British Columbia) received an award for her Master’s thesis: A study of a group treatment for men and women diagnosed with posttraumatic stress disorder. The doctoral conference poster was won by Holly McLean (University of British Columbia): A Narrative Study of the Spouses of Soldiers Healing from Post-Traumatic Stress. Awards for outstanding Master’s Conference Posters were given to Ronaye Coulson (University of Calgary) Resilient Self-Talk: Is Bouncing Back from Adversity Related to How We Talk to Ourselves?; Elaine Greidanus (University of Alberta) Finding Help on the Internet; Summerlee Samuels (UBC) Transferable Life Skills Learned

Through Sport Participation; and Sean Latimer (Trinity Western University)
Continuous Quality Improvement in Child and Youth Mental Health.

- 2007 convention plans:
 - o Section Keynote speaker, Dr. David Paré, “Yours, Mine, and Ours: Dialogue and Reflexivity in Counselling Research”
 - o Sponsored symposium “Innovative Approaches to Eating Disorders: Theory, Research and Practice” (Shelly Russell-Mayhew, moderator; panel members, Dr. Christine Courbasson, Dr. Gail McVey, and Dr. Lindsay McLaren).

2007-2008

Source: Annual Report, 2007-2008; Newsletter, September 2007 & April 2008

Chair: Vivian Lalande

Past-Chair: Jennifer Nicol

Secretary-Treasurer: Shelley Russell Mayhew

Student Representative: Reana Saraceni

Award Coordinator: Colleen Haney

Conference Review Coordinator: Patrice Keats

Newsletter editor: Mike Huston

Membership: 300 members (170 non-student members, 130 student members)

Developments:

- Counselling Psychology definition in Canadian Context: Committee continued to work on developing the definition. This committee consisted of Rob Bedi and Beth Haverkamp (co-chairs), Derek Truscott, Romeo Beatch, James Loh, Douglas Cave, Greg Harris, Jose Domene, and Anne Marie Mikhail (student member). The committee will be reporting at the CPA 2008 conference and inviting discussion on this topic.
- 2007 Student awards: Robin Cox (University of British Columbia) received an award for her dissertation: Transgressions and transformations: Identity reorientation and the discourse of disaster recovery. Awards for outstanding Master's Conference Posters were given to Babatunde Ogunfowora (University of Calgary) A study on the relationship between personality traits and theoretical orientation preferences and Michelle Emmerling (University of Alberta) The working alliance and stage of change in psychotherapy.
- 2008 convention CP section program:
 - o Section Keynote Speaker, Dr. Charles Chen (OISE) Toward a Proactive Learning Framework in Career Psychology.
 - o There was also a sponsored symposium on the topic of Towards a Canadian Understanding of Counselling Psychology (Report from Executive Committee for

a Canadian Definition of Counselling Psychology). This symposium was followed by a Conversation Session to provide a forum for discussion about counselling psychology in Canada and responses to the report from the Committee for a Canadian Definition of Counselling Psychology.

- CPA Invited Speaker (Dr. Christina Robb) who was cosponsored by the Sections of Counselling Psychology, Women and Psychology and Clinical Psychology.
- Ada Sinacore's article on counselling psychology values (i.e., CP values statement) that are central for the accreditation process and counselor training was featured in the September 2007 newsletter

2008-2009

Source: Annual Report, 2008-2009; Newsletter, November 2008 & May 2009

Chair: Sharon Cairns

Past-Chair: Vivian LaLande

Secretary-Treasurer: Shelley Russell Mayhew

Student Representative: Reana Saraceni

Award Coordinator/At Large: Colleen Haney

Conference Review Coordinator/At Large: Patrice Keats

Newsletter editor: Mike Huston and Olga Sutherland

Membership: 378 members (193 non-student members, 185 student affiliates) as of May 2009

Developments:

- 2009 convention
 - Section Keynote Speaker, Dr. Nancy Heath (McGill), who gave a talk on Non-suicidal Self Injury: The Challenge for Counsellors. Along with the International & Cross Cultural and Clinical Sections,
 - Co-nominated the CPA Invited Speaker, Dr. Lawrence Kimayer, who will be speaking on Rethinking Culture in Psychopathology and Clinical Practice.
 - There was a full conference program including six symposia, five theory reviews, one workshop, several conversation sessions, and numerous posters.
 - 2008 Awards- Dr. Lee Handy was recognized for his outstanding career in counselling psychology with the Distinguished Member Award. The 2008 winner of the Master's Thesis Award was Becky Stewart from Trinity Western for her work on Attachment and Women's Coping with Sexual Assault. In addition four students were given awards for high quality posters: Olga Oulanova (OISE),

Natalie Hansen (University of British Columbia), Reana Saraceni (University of Calgary), and Marianna Terrett (University of British Columbia).

- Past-Year Projects: The major section project was the Executive Committee for a Canadian Definition of Counselling Psychology. Background information and a draft definition were posted on the counselling Section website. Following broad consultation and invited feedback, the committee completed a draft definition, which will be voted on at the AGM in Montreal.
- Next-Year Projects: The section will establish a by-laws review committee to look at updating the section bylaws. Also, the accreditation committee will be reformed upon the approval of the definition of counselling psychology. This committee had been formed in response to the fact that current accreditation standards were designed to meet the needs of clinical psychologists, not counselling psychologists. However, this committee was suspended due to the need to clearly define the field of counselling psychology first.
- November 2008 newsletter outlined the proposed definition of CP in its Canadian context and requested feedback from its members
- May 2009 newsletter outlined the section convention schedule in detail as well as training opportunities

2009-2010

Source: Annual Report, 2009-2010; Newsletter, December 2009 & May 2010

Chair: Sharon Cairns

Past-Chair: Vivian LaLande

Secretary-Treasurer: Shelley Russell Mayhew

Student Representative: Reana Saraceni

Award Coordinator/At Large: Colleen Haney

Conference Review Coordinator/At Large: Patrice Keats

Newsletter editor: Mike Huston and Olga Sutherland

Membership: 358 members (203 non-student members, 155 student affiliates, 8 CPA Special Affiliates, 6 CPA Fellows, 3 CPA International Student Affiliates, 2 CPA Honorary Life Fellows, and 2 CPA International Affiliates) as of April 2010

Developments:

- 2009 awards- Dr. Vivian Lalonde was recognized for her outstanding career in counselling psychology and contributions to the development of the Section with the Distinguished Member. The Section Best Dissertation Award went to Olga Sutherland

(University of Calgary) for her work, Therapeutic Collaboration: A Conversational Analysis of Constructionist Therapy; and the Best Master's Thesis Award went to Marnie Fukushima-Flores (University of British Columbia) for her work, FRIENDS Parent Project: Effectiveness of Parent Training in Reducing Parent Anxiety. In addition, two students were given awards for the Best Doctoral Posters: Maria Iaquina (Douglas College) and Linda Klevnick (OISE) and another two students were given awards for the Best Masters' Posters: Danielle Brosseau (Trinity Western University) and Tina Lee (Trinity Western University).

- 2010 convention:
 - o Section Keynote Panel with Ada Sinacore, Timothy Osachuk, Jennifer Thannhauser, and Heather MacIntosh on Accreditation and Internships: Developing the Infrastructure of Canadian Counselling Psychology.
 - o In partnership with the Clinical Section, the section co-sponsored the CPA/Section Invited Speaker, David Hodgins, who spoke on Beating the Odds: Promoting Self-Recovery from Gambling Problems with Brief Motivational Interventions.
- Past-Year Projects: In 2009, the Definition of Counselling Psychology was completed with the CPA Board of Directors approving the definition at their November meeting. The next major initiative was the formation of a committee to conduct an in-depth, systematic review of the proposed changes to the accreditation standards and providing the CPA Accreditation Committee with feedback regarding potential implications for Counselling Psychology. Many thanks go to committee members Ada Sinacore, Emily Kerner and Lara Cross for accomplishing this goal. The final major project for the year was a review of our Section by-laws which had not been revised since 1993 (Committee-Sharon Cairns, chair; Tanya Mudry, Jose Domene, and Audry Kinzel).
- Next-Year Projects: Moving forward with the membership approving the revised by-laws, which would then be submitted to the CPA Board of Directors for approval. Pending the priorities of the incoming executive, it is anticipated that one of the goals for the coming year will be to build on the ideas from our keynote panel regarding further development of the infrastructure of Canadian Counselling Psychology.
- December 2009 newsletter featured the finalized version of the definition
- May 2010 newsletter featured a report of the accreditation standards and the committee's recommendations (Sinacore, & Kerner). In addition, ICCPC is announced in the newsletter

2010-2011

Source: Annual Report, 2010-2011; Newsletter, November 2010 & May 2011

Chair: Jose Domene

Past-Chair: Sharon Cairns

Secretary-Treasurer: Helen Massfeller

Student Representative: Lara Cross

Award Coordinator/At Large: Colleen Haney

Conference Review Coordinator/At Large: Patrice Keats

Webmaster: Sasha Lerner

Newsletter editor: Mike Huston

Membership: 385 members (183 non-student members, 181 student affiliates, 6 CPA Special Affiliates, 7 CPA Fellows, 4 CPA International Student Affiliates, 2 CPA Honorary Life Fellows, and 4 CPA International Affiliates) as of April 2010

Developments:

- 2010 awards- Lara Cross (UNB) was rewarded Best Master's Thesis award for her work, Investigating Positive Psychology Approaches in Case Management and Residential Programming with Incarcerated Youth. The section's best doctoral poster award was given to Emily Koert (UBC) for her work on resilience and determination in the context of immigrant women's working lives, the best master's award was given to Gena Davies (TWU) for her work on the relationship between postsecondary students' sex and relationship status and expected occupational income, and Arlee Simpson (University of Victoria) for her work with Rob Bedi on factors that influence client ratings of the therapeutic alliance
- 2011 conference
 - o Keynote address by Ada Sinacore on future directions for Counselling Psychology in Canada.
 - o In addition, a co-sponsored pre-convention workshop with clinical section on "Navigating Therapeutic Routes: 1 client, 3 evidence-based approaches to recovery" was conducted as was the invited speaker, Jasper Smits who presented on exercise, mood, and anxiety and was co-sponsored with several other sections
 - o In addition, there was 43 poster presentations, 9 symposia, 4 workshops, 1 theoretical review, and 5 conversation hour sessions.
- Past-year projects- At the 2010 business meeting, the section by-laws were approved by the CPA board of directors. Efforts were also made to increase the section's profile and visibility at the national level which included promotion of and involvement in ICCPC being held in November 2010 in Montreal, QC.
- Next-year projects- Building off of ICCPC, the section will make efforts to improve the infrastructure of CP in Canada and address problem issues addressed identified by the membership
- November 2010 newsletter discussed ICCPC as the logical next step now that the definition has been approved. Under the direction of Dr. Ada Sinacore, the conference aimed to address the current state of the discipline in Canada and future areas in need of

- improvement and growth. The newsletter also featured an article on the 2010 symposium by counselling psychology students on envisioning the future of the discipline in Canada.
- May 2011 newsletter discussed how we are approaching 25 years since the establishment of the section. In addition, it discussed our multiple identities and the roles in which we function and the maturation of the discipline and its national identity in its Canadian context. The chair invited feedback on these matters and in particular, on the notion of overlapping identities and whether CP in Canada is in a better position (relative to the US) to negotiate this overlap as well as the overlap between counselling and other related disciplines. It also discussed ICCPC and it being a landmark event that marks the beginning of a new era for CP in Canada. Moreover, Canadian Psychology will be featuring a special issue devoted to Counselling Psych in Canada. This issue will showcase many of the discussions that took place at ICCPC.

2011-2012

Source: Newsletter, December 2011

Chair: Jose Domene

Chair-elect: Ada Sinacore

Secretary-Treasurer: Helen Massfeller

Member-at-Large (Student Awards): Jessica Van Vliet

Member-at-Large (Review Coordinator): Jennifer Thannhauser

Student Rep: Lara Cross

Web Master: Sasha Lerner

Newsletter Editor: Michael Huston

Membership:

Developments:

- December 2011 newsletter- discussed the special issue as well as the article that was featured on the CP definition. In particular, questions were raised about training in different methodologies and the need for training in both quantitative and qualitative methods of inquiry and whether our training actually reflects the importance of qualitative methods of research within the discipline (i.e., making qualitative coursework required) and the need for familiarity with both approaches when evaluating the claims made in the extant literature.
- 2011 awards: Three Best Doctoral Dissertation / Masters Thesis awards were awarded, to: Chantelle Quesnelle, University of Calgary, for her research titled "Evaluating the

Therapeutic Alliance: What matters to Teens?” Danielle Brosseau, Trinity Western University, for her research titled “The Moderating Effect of Relationship Quality on Partner Secondary Traumatic Stress Among Couples Coping With Cancer.” Radha Messmer, University of British Columbia, for her research titled “Marital Satisfaction across the Transition to Parenthood: The Relationship Between Bed-Sharing and Marital Satisfaction for First-Time Parents.” Also, from a field of over 40 student poster presentations at the 2011 CPA convention, many of which were of very high quality, three posters were adjudicated as being outstanding. The Best Doctoral Poster was awarded to Touraj Amiri, OISE-University of Toronto, for his poster titled “The Role of Personality and Emotional Regulation on Psychological Health in Trauma Survivors”. The Best Masters Poster was awarded to Nichole Pickett University of New Brunswick, for her poster titled “Exploring Quality of Life Changes and Counselling Utilization in New Brunswick Methadone Maintenance Treatment Programs.” Additionally, the award committee wanted to recognize outstanding work presented by an undergraduate student, Megan Cook, Western Washington University, for her poster titled “Hindering Factors in the Working Alliance as Categorized by Clients”.