

WHO CAN I ASK?

Who can best address
Mental Health and
Learning Issues?

YOUR SCHOOL PSYCHOLOGIST



Who can help raise mental health awareness,
support prevention programs, and help
students, caregivers, and educators cope
with mental health challenges?
YOUR SCHOOL PSYCHOLOGIST



Who can provide teachers with effective
and helpful strategies to support students
and families in crisis?
YOUR SCHOOL PSYCHOLOGIST



Who has the knowledge and training to
implement evidence-based interventions
to determine the effectiveness of
individual programming for students
with learning disabilities?
YOUR SCHOOL PSYCHOLOGIST



Who possesses the knowledge to
assess and diagnose learning (e.g.,
learning disabilities) and mental health
problems (e.g., anxiety, depression)?
YOUR SCHOOL PSYCHOLOGIST



Who has the knowledge and training
to deliver professional development
opportunities on topics relevant to
educators and other school personnel,
such as helping students manage
stress and anxiety?
YOUR SCHOOL PSYCHOLOGIST

Providing unique learning and mental health
services to school communities.

Enhancing our Future – Canadian Students

SCHOOL PSYCHOLOGISTS

Providing unique learning and mental health services to school communities.

School Psychologists have the skills to appropriately plan, implement and evaluate assessment, intervention, and prevention programs as well as expertise in various areas of child and youth social, emotional and behavioural development that affect educational achievement and overall well being. In addition to conducting assessments, they have the knowledge and training to develop, implement, and evaluate the efficacy of interventions tailored to individual students and their unique learning environments. The role of school psychologists includes Intervention, Consultation, Research / Program Evaluation, Training, and the Promotion of Mental Health and Well-being. **Who can I Ask? Who can best address these issues? YOUR SCHOOL PSYCHOLOGIST!**

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