

Message from the Editor

and welcome to the Editorial Assistant



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Dear Health Psychology and Behavioural Medicine Section Members,

I hope you're all enjoying the approaching holiday season, one that will hopefully look a little more traditional than last year's! I'd like to take this opportunity to thank Ryan Hoggan, my fantastic new editorial assistant, for his help on this issue of Health Notes! Ryan is an alumnus of the University of Regina and originally from Weyburn, Saskatchewan but currently lives in Calgary where he works as a research assistant at Athabasca University under the supervision of Dr. Kharah Ross. His research interests center around maternal, paternal, and child mental health, particularly during the antepartum and postpartum periods. Welcome to the team, Ryan!

Thanks to Ryan's help, we've got a great issue for you to enjoy! Amongst its interesting pieces, it highlights the work of our most recent section Poster Award winners from CPA 2021 and an interview with an up-and-coming early career researcher and clinician from our section, Dr. Katie Birnie. It also highlights exciting research in the area of health psychology and behavioural medicine that was recently funded in the CIHR Project Grant competition. In honour of the National Day for Truth and Reconciliation, we've also included a list of resources providing education about Indigenous social and political issues – it's got some great options for people of all knowledge levels. Finally, for those graduate students looking at residency options: be sure to check out the piece describing the brand new Clinical Health Psychology Residency Program at the University of Manitoba.

I'd like to also encourage you all to please consider nominating your mid-career colleagues (or applying yourself!) for our Section's Mid-Career Award! and if you haven't done so already, submit your abstracts for the 2022 CPA annual meeting, set to be held in Calgary! Check the newsletter for more details! Take care and stay healthy!

Jennifer Gordon



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