

Job Posting

Postdoctoral Position - Clinical and Health Psychology

Department of Psychology
The University of British Columbia | Okanagan Campus
Kelowna, BC, Canada
Job Type: Full-time

Job Description

The University of British Columbia's Okanagan campus invites applications for a full-time postdoctoral position in clinical health psychology, with a specialization in chronic pain. This position is being offered in close collaboration with Pain BC, a registered charity with the mission to enhance the well-being of all people living with pain through empowerment, care, education and innovation. The focus of this position will be to support the national rollout of Making Sense of Pain, a self-management program for people living with pain who experience stigma and marginalization. Approximately 60% of the role will be dedicated to research and implementation activities, including: developing training and education materials for facilitators, developing evaluation protocols and testing intervention outcomes from both the patient and facilitator perspective. Research opportunities are also available through a close collaboration with the Bill Nelems Pain and Research Centre (BNPRC) in Kelowna, BC. Approximately 40% of the role will involve direct clinical service and supervision, including: intake assessments, triage, and group interventions for adults with chronic pain (e.g., psychoeducation, cognitive behavioural therapy, acceptance and commitment therapy). A critical role of the postdoctoral associate will be to provide training and supervision to UBCO clinical psychology graduate students, with the potential to expand to other allied health professionals and trainees.

Setting

UBCO is home to a CPA-accredited clinical psychology graduate training program. Within this training program is a specialized senior-level practicum that focuses on the psychological assessment and treatment of people living with chronic pain and comorbid mental health conditions. We utilize evidence-based therapeutic approaches with a focus on acceptance and commitment therapy (ACT) and cognitive-behavioural therapy (CBT). Patients are seen in person and virtually through our on-campus Interprofessional Clinic. Many of our referrals come from the BNPRC, a large specialty outpatient clinic offering procedural, medical, and rehabilitation interventions for chronic pain.

Pain BC is an internationally renowned chronic pain charity, and an active participant in both British Columbian and Canadian pain initiatives. It engages people living with pain at all levels in the organization: in governance, in program planning and evaluation, and in the delivery of programs. Pain BC is the lead partner in Pain Canada, a national, multi-stakeholder action network comprised of numerous pain and pain-related partner organizations and representing the interests of the eight million people in Canada living with chronic pain. Through Pain Canada, many of Pain BC's programs will be spread across Canada.

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About UBCO and Kelowna, B.C.

The UBCO clinical psychology program is based on the scientist-practitioner model, with an emphasis on evidence-based assessment and therapeutic techniques. Clinical faculty have a passion for promoting access to mental and behavioural health services for racialized, marginalized, rural and Indigenous populations. UBC ranks as one of the top 20 public universities in the world. The Okanagan campus offers an intimate, highly interdisciplinary, and community engaged teaching, learning, practice and research environment. We acknowledge that the land on which UBCO is situated on is the unceded territory of the Syilx (Okanagan) Peoples. Kelowna boasts relatively mild winters and warm summers. The city of Kelowna is one of Canada's best 'four season playgrounds' surrounded by mountains, lakes, forests, orchards, and vineyards. It is home to world class wineries, restaurants, golf courses, skiing, and many outdoor activities to enjoy.

[View information about the surrounding community.](#)

Qualifications

The ideal candidate will have obtained a doctoral degree from an APA- or CPA-approved graduate program in Clinical Psychology, as well as completed an APA- or CPA-approved internship. Successful candidates will have training in the area of health psychology, including the provision of empirically-supported assessments and treatments for people with chronic illness. The ideal candidate will have research and/or clinical experience in the area of chronic pain.

Compensation and Benefits

The annual stipend for a full-time postdoctoral position (1.0 FTE) is \$64,000 (including benefits).

Start Date, Location, and Duration of Appointment

Start Date: as soon as possible

Location: Kelowna, BC (remote may be considered)

Duration: 12 to 18 months

Applications Materials

Please submit a cover letter, CV, and 2 letters of recommendation to Dr. Susan Holtzman
susan.holtzman@ubc.ca



THE UNIVERSITY
OF BRITISH COLUMBIA