

SECTION ON WOMEN & PSYCHOLOGY

VOL 48: ISSUE 1

Newsletter of the CPA/SCP Section
on Women & Psychology

TABLE OF CONTENTS



04	2021-2022 Executive Committee Members
09	2021-2021 Provincial / Territorial Representatives
11	Editorial Team
12	Chair's Message
14	Editor's Message
16	SWAP Annual General Meeting Minutes
21	Fostering Leadership, Diversity, and Inclusion Event
23	Treasurer's Report
24	Membership Coordinator Report
25	Web Maven Report
26	Status of Women Committee Report
27	Student Awards Committee Report
28	SWAP Winning Student Paper
31	Student Representative Report

TABLE OF CONTENTS



33 Feminist Mentoring Award Winners

35 Abstract Coordinator Report

35 Division 35 Liason Report

36 SWAP Distinguished Member Award

38 Assistant Editor's Message

41 SWAP Social Media

42 Member's Recent Publication

43 Educational Offering

44 Professional Development and Support Offering

47 Job Postings

52 Call for Proposals

56 Upcoming Conferences

59 Newsletter Submissions

2021 - 2022 EXECUTIVE COMMITTEE MEMBERS



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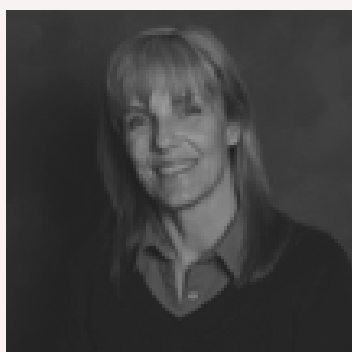
2021 - 2022 EXECUTIVE COMMITTEE MEMBERS



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2021 - 2022 PROVINCIAL/TERRITORIAL REPRESENTATIVES



CARMEN POULIN

New Brunswick Representative



COLLEEN MACQUARRIE

PEI Representative



LINDA MCMULLAN

Saskatchewan Representative

2021 - 2022 PROVINCIAL/TERRITORIAL REPRESENTATIVES



LYNN SLOANE

Alberta Representative



LUCIE KOCUM

Nova Scotia Representative



FIONA CUNNINGHAM

Newfoundland Representative

EDITORIAL TEAM



JENNA CRIPPS

Newsletter Editor



BIDUSHY SADIKA

Assistant Newsletter Editor



CHAIR'S MESSAGE

By: Lorraine Radke



As Fall unfolds, most of us have returned to “familiar” routines, shaped by the ongoing COVID pandemic and the upheavals and required adjustments that just keep on coming. None seem untouched by the challenges of doing things differently at work, at home, and in public spaces. As a retired person, I have returned to spending more time with my grand-daughter as her parents have been able to resume their work more fully (thankfully) and am thinking about the research and writing projects I have yet to complete. Despite being vaccinated, I can't help experiencing some apprehension as the social world moves to reduced regulations regarding social distancing and wearing a mask. It's more comfortable to stay at home or go for a walk than go to the theatre or the gym. Doubtless, some of you are exploring these kinds of psychological consequences of the pandemic.

As Chair of SWAP, I am turning my attention to the 2022 CPA conference to be held in Calgary (maybe in person or partly in person, as yet to be determined) and other SWAP business. In doing so, I can't help reflecting back on the 2021 virtual conference. Despite virtual circumstances, SWAP offered a very strong program. SWAP hosted a number of very interesting papers and symposia as well as the important panel on the report of the national inquiry on Missing and Murdered Indigenous Girls and Women.

The panel organizers are following up this event with their own report that will include recommendations on what CPA and psychology can do to address the recommendations included in the report. If you have not read the report of the national inquiry, I highly recommend it. It is extremely informative as well as being a call to action and can be downloaded here: <https://www.mmiwg-ffada.ca/final-report/>. We will let you know when the report from the panel is available.

The call for papers for the 2022 conference has not been issued as yet, but it is never too early to think about submitting something to be included in SWAP's programming. We welcome all topics relevant to the psychology of women and feminist psychology and hope that the 2022 program will be as full and substantive as 2021.

Although I have offered my thanks to several special people in my annual report that was presented at the annual business meeting at the conference and it is included in this newsletter, I want to reiterate those thanks here. First and foremost, I want to express my gratitude to the entire Executive Committee of SWAP who are so supportive and embody feminist practice at its best. Others who

deserve additional recognition are Noreen Stuckless, our Treasurer/Secretary, who received a special award for her long-term service to SWAP; Janelle Kwee, who has completed her term as past Chair; Anita Shaw, who proposed the panel on the national inquiry report and led SWAP's contributions to the organization of the panel; and Colleen MacQuarrie, a previous SWAP Chair, who was particularly helpful to me as I took up the role of Chair.

I also want to introduce two new members of the SWAP team. First, Sara Crann was voted incoming SWAP Chair at the annual business meeting. This is not Sara's first time on the Executive. Previously, she served as Student Paper and Awards Coordinator. I look forward to working with Sara and am confident that she will provide excellent leadership. Second, Bidushy Sadika, who volunteered to be the inaugural Assistant Newsletter Editor and proved to be eminently qualified. Welcome Bidushy and thank you for stepping forward! I look forward to reading your contributions in this newsletter.

This leads me to my next item – we are still looking for a Student Paper and Awards Coordinator. The work entailed is relatively time-limited and occurs mainly between the time papers are accepted for the SWAP program at the conference and the annual business meeting that takes place during the conference. The coordinator also sits on

the Executive Committee and hence is invited to participate in any Executive Committee meetings that occur over the course of the calendar year. This is a great opportunity to learn more about SWAP in case you are thinking of taking on other responsibilities within the group. I can assure you that you would receive excellent mentoring. This position is open to students, but the individual should be at least a second-year doctoral student and have some experience submitting paper proposals and presenting at conferences. SWAP welcomes student participation on the Executive and already has a number of students and former students (e.g., Dr. Sara Crann) serving in various positions. If you are interested, please contact me for details (radtke@ucalgary.ca).

In closing, I wish you all the best in the coming months. Please consider submitting a paper proposal to SWAP's program and renewing your membership when renewal times rolls around (we also appreciate it when you encourage your colleagues to join).



EDITOR'S MESSAGE

By: Jenna Cripps



Hello everyone,

Welcome to another edition of the SWAP newsletter!

It's difficult to believe that we are already looking back on another year of SWAP. I want to take the opportunity to thank everyone who submitted content for the newsletter during the past year. Your contributions are greatly appreciated!

I also want to take this opportunity to welcome Bidushy Sadika to the position of Assistant Newsletter Editor! Bidushy is a Ph.D. candidate at Western University and is a very welcome addition to the newsletter! Bidushy will be writing articles to be included in each edition of the newsletter. You can read her first article on page 36, title "Women's Body Image and Work-Life Balance in the Covid-19 Pandemic: A Call to Action." I encourage everyone to read this important and timely article!

As I am sure many of you have noticed, the SWAP newsletter is looking a little different. Myself and Bidushy have been hard at work making some changes to the overall look of the newsletter. Hopefully, these changes bring a

breath of fresh air to your computer screens (or any other screen you may be viewing this on). For those of you who are new to SWAP and are unfamiliar with the previous layout, hopefully we have made a good first impression. If you have any feedback on the design or content of the newsletter, feel free to contact a member of the editorial team.

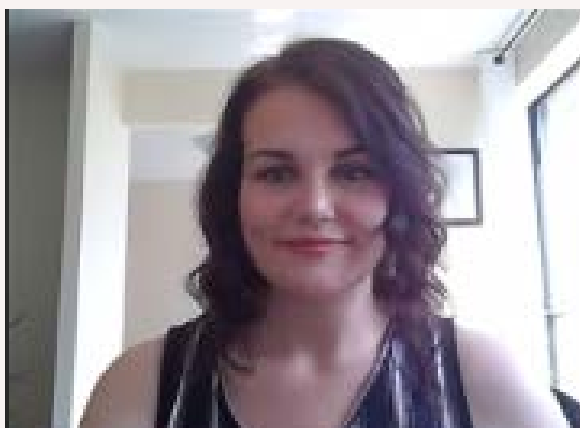
At last year's annual meeting, I asked members to send in their recent publications so that they could be highlighted in the newsletter. Many of you sent submissions for this! It was a pleasure to be able to feature your work and learn about the amazing research being conducted in our community! For the upcoming year, I would love to continue highlighting members' recent publications. If you publish an article, book, or book chapter that you think might be of interest to the SWAP community, send the reference and abstract to me and an announcement will be posted in an upcoming edition of the newsletter. This is a great way to continue promoting feminist research, share ideas, and support one another!

For the 2021 CPA Annual Convention, we were once again virtual. However, that didn't stop SWAP members from showing up to support each other, share ideas, and even catch glimpses of some of our members' furry companions in the background of their videos (a definite silver lining to virtual life).



Pictured above: SWAP 1st Place Student Paper Winner, Bidushy Sadika

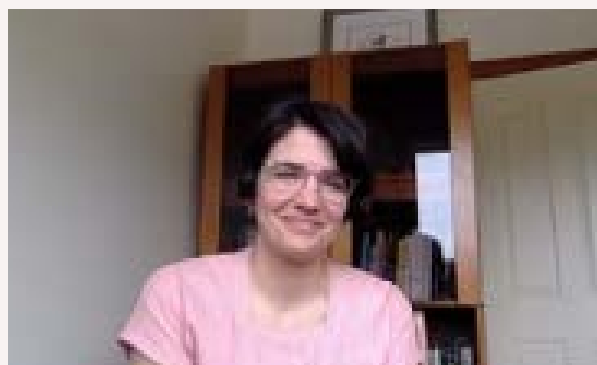
In this issue, you will find several items from the 2021 CPA convention including the SWAP annual general meeting minutes (p. 16-20), the SWAP winning student paper (p. 28-30), announcements regarding the Feminist Mentoring Award winners (p. 32-33) and the winner of the SWAP Distinguished Member Award (p. 35-36). Congratulations to all of this year's award winners! Additionally, you can find annual reports from members of the SWAP executive with lots of important information for SWAP members.



Pictured above: SWAP 2nd Place Student Paper Winner, Tanja Samardzic

You'll also find information regarding the SWAP social media (p. 41) and a member's recent publication (p.42). This edition also includes an announcement regarding the History and Systems of Psychology course offered through the University of Calgary as well as a special announcement regarding the Intentional Therapist, an initiative started by Dr. Karen Dyck and Dr. Melissa Tiessen to help female mental health professionals stay healthy and happy through intentional and playful self-care. This initiative is sure to be of interest to many (if not all) SWAP members! Finally, the newsletter also includes job postings (p. 47-51), calls for proposals (p. 52-55), and announcements for upcoming conferences (p. 56-58).

Please feel free to contact me at any point during the upcoming year with any submissions, comments, or questions!



Pictured above: SWAP Feminist Mentoring Award Co-Winner, Dr. Annie Duchesne



Pictured above: SWAP Distinguished Member Award Winner, Dr. Lynda Ross.

SWAP ANNUAL GENERAL MEETING MINUTES

By: Noreen Stuckless



MINUTES OF THE 2021 ANNUAL BUSINESS MEETING CANADIAN PSYCHOLOGICAL ASSOCIATION SECTION ON WOMEN AND PSYCHOLOGY

ZOOM Meeting
June 23, 2021 3:15-4:15 (EDT)

Coordinator/Chair: Lorraine Radke
Past Coordinator/Chair: Janelle Kwee
Coordinator/Chair Elect: Sara Crann

The Virtual ZOOM meeting was called to order by the Chair, Lorraine Radke, at 3:18 EDT

1. Welcome and Introductions

2. Approval of the Agenda: The Agenda was presented by Lorraine Radke and passed by Assumed Approval. The Minutes were approved by Assumed Approval.

3. Minutes of the 2020 Annual General Meeting were printed in the September, 2020 Newsletter.

4. Awards. Presentation of the SWAP Awards (See the Newsletter for Reports).

4(a) The 2021 Distinguished Member Award was announced by Carmen Poulin. This award is presented annually to a SWAP member who has made distinguished, long-standing, and substantial contributions that pertain to women, gender, or related issues, in the areas of teaching, research, service, and/or practice. The recipient this year is

Dr. Lynda Ross. In support of the award, Carmen said, in part, that 'As early as 1990, and long before obtaining her PhD, Lynda Ross systematically began to use a feminist lens to examine issues, do her professional work, and live her everyday life.

She demonstrated a keen interest in, and attention to, women's issues and feminist research. Early on, and whenever possible, she chose to take courses (and then developed them) in areas that spoke to the experiences of women. In her graduate and thereafter work, she critically examines theoretical and empirical research about motherhood and related fields such as those related to attachment theory. Following graduation, she accepted an academic position at Athabasca University where she presently holds the title of Professor Emeritus in Women and Gender Studies'. The full presentation can be found in the September Newsletter. Dr. Ross will be mailed a plaque. Carmen said that we are pleased that she will present the Section Lecture next year at the CPA Annual Convention. Dr. Ross expressed her thanks for the award.

4(b) Feminist Mentoring Awards. Since we did not make an award last year, Tanya Samardzic was pleased to award two worthy recipients of the Feminist Mentoring Award, Dr. Annie Duchesne and Dr. Jodie Gawryluk. The full presentations can be found in the Newsletter and each recipient will be mailed a plaque.

Dr. Annie Duchesne .

In support of Dr. Duchesne, an assistant professor in the Department of Psychology at the University of Northern British Columbia, Tanya reported 'A notable quote from the mentees' application about Dr. Duchesne is that "she sets herself apart from other professors by being an ally to students and respecting their commitments and time outside of school and work, while still being there when they need support."

Dr. Jodie Gawryluk

In support of Dr. Gawryluk, an associate professor in the Department of Psychology at the University awards Victoria, Tanya reported A notable quote from the mentees' application about Dr. Gawryluk is that "throughout the great uncertainty of the pandemic, Dr. Gawryluk continues to make a difference in the lives of her students. Her skills, dedication, and care for others exemplifies the traits of a feminist mentor." Tanya, on behalf of SWAP, congratulated them and thanked them for exemplifying such outstanding feminist mentorship!

4 (c) 2021 Student Awards. Sara Crann, the Student Awards Co-ordinator, reported that SWAP offers two types of awards to support students who are doing work relevant to SWAP's mandate. The awards are open to students (or recent graduates) who are presenting work they completed as students at the Canadian Psychological Association annual convention or at a SWAP-sponsored preconference workshop. The Award winner for the Paper Award is Bidushy Sadika who will receive \$500 for her award. An Honorable Mention award was presented to Tanja Samardzic who will receive \$300. Descriptions of the award and papers were given by Sara Crann and can be seen in the SWAP Newsletter. Sara congratulated everyone who submitted a paper and thanked the Executive members for their excellent work in adjudicating the awards.

SWAP Oral Presentation Awards. For the second year in a row, SWAP is awarding two \$200 Student Presentation awards. These awards are offered to students presenting their first-author work (in any presentation format) relevant to women and/or feminism. These awards will be adjudicated over the course of the convention. Winners will be announced in the SWAP Newsletter after the convention is finished at the end of June by Paula Barata.

5. SWAP EXECUTIVE REPORTS (See the Newsletter for individual Reports)

5(a) Chair's report was given by Dr. Lorraine Radtke. The full Report is in the September Newsletter.

Dr. Radtke thanked a few Executive Committee members, past and present, whose contributions to SWAP she felt deserve special mention. The first was Noreen Stuckless, our Treasurer/Secretary, who has kept SWAP finances in order for some time and was of great assistance to in acquainting us with how financial matters are handled and more generally about the administration of SWAP and CPA. Secondly, she also thanked Janelle Kwee, who served as Chair before her. Dr. Radtke said that 'it is through the leadership of people, such as Janelle, that SWAP is able to continue to provide a space for women and feminist psychology within the larger institution of CPA. Both Noreen and Janelle will be emailed plaques. The Chair also thanked Anita Shaw, the Chair of SWAP's Status of Women Committee for her huge effort in organizing the panel devoted to psychology's role in addressing the recommendations of the report of the National Inquiry on Missing and Murdered Indigenous Women and Girls. Finally, a special thanks was given to Colleen MacQuarrie, a previous SWAP Chair, for her help, particularly in the earlier days of the Chair. In her report, a number of happenings and issues were discussed including; Meetings (Executive and CPA Section Chairs meetings), activities including regular one and also playing a role in encouraging CPA to allow individuals to become associate members of a section without becoming members of CPA. She praised the Executive Members for diligently fulfilling their mandates as is evident in their annual reports. She said that her role has been largely to support their work, serve as a liaison with CPA, and keep the big picture in mind! Dr. Radtke acknowledged the tremendous contributions of every member of the Executive. She reported that there are a

Number of open positions on the Executive, including the Treasurer/Secretary (Noreen Stuckless has agreed to stay on until there is a replacement), the Student Paper and Award Coordinator since Sara Crann is taking the position of Coordinator/Chair Elect, and the Chair of the Status of Women Committee. In addition, we created a new position, Assistant to the Editor of the newsletter, with the intention of supporting the Editor but also expanding the content of the newsletter.

Dr. Radtke concluded by stating that "Overall, despite COVID, SWAP has continued to fulfill its mandate, which includes creating a community of those interested in the psychology of women and feminist psychology and promoting equity for women in general." Dr. Radtke invited everyone to the Social Hour right after the meeting.

5(b) Treasurer's report. Noreen Stuckless.

See the Report in the September Newsletter. By December 31, 2020, all of our expenses have been paid and the balance as of Dec. 31, 2020 was \$4,250.17 with revenue including \$2,146 in dues. The balance as of this meeting is \$6,396.17 including \$1,826 in dues. The budgeted balance for 2021 is \$6,956.17. The question was asked about whether or not there would be a problem of our going over the CPA limit of \$5,000 when we receive further dues. We were assured that this limit will be waived this year. Money over \$5,000 will be kept for us if we can show a purpose for the money.

5(c) Membership Co-ordinator: Lana Stermac

The Membership report was given by Lana Stermac and can be found in the Newsletter. There are 209 members including 81 students. Lana reported that this was an increase from last year when the total was 149 members. SWAP has one of the largest memberships in the CPA. Perhaps the new category of Section Associate Member which will allow for reduced CPA fees will increase memberships. Thanks was given to Lana and Lorrie for their work.

5(d) Newsletter Editor's Report: Jenna Cripps.

Her full report is in the Newsletter. Members complimented Jenna about the Newsletters. She thanked everyone who submitted content for the newsletter during the past year since many of the members sent submissions. She said that it was a pleasure to be able to feature your work and learn about the amazing research being conducted in our community! She encouraged members to continue sending in information about new publications. Jenna also proposed setting up a newsletter committee including herself and two other members. The goal of one of these positions would be to be responsible for the design and overall look of the newsletter and the other would be in charge of special projects (e.g., book reviews, interviews, essays, etc.) with a focus on diversity and inclusivity. Lorraine said that we will be looking for an Assistant Editor.

5(e) Student Paper and Bursary Awards Committee Report. Sara Crann
Please see 4 (C)

5(f) Web Maven's Report: Nicole Jeffrey.
Nicole report is in the Newsletter.

She reported on a number of changes and accomplishments including moving to Google Groups and with help from Tanja Samardzic (SWAP Student Representative), starting SWAP's Emerging Canadian Feminist Scholars Profile Series where student and recent graduate members of SWAP were profiled on social media and in our newsletter. The series has been really successful – 24 emerging scholars have been profiled since September 2020. A Qualtrics survey (bit.ly/swap-info-share)—SWAP's Information-Sharing Request Form—for SWAP members and friends of SWAP was created to submit content relevant to feminist psychology. The SWAP website has been kept up-to-date by requesting content changes through CPA as needed.

5(g) Student Representative Report. Tanya Samardzic.

See the full report in the Newsletter. Tanya presented an edited version of the award criteria where it is open to all students where previously it was open only to graduate and post-graduate students. This year, we received 17 submissions for the symposium. There were two Feminist II Mentoring Awards (See 4(C)).

5(h). Nomination Coordinator" Report. Carmen Poulin

The full report is in the Newsletter. Carmen reported that the nominations were constant this year.

5(i) Status of Women Report. Anita Shaw
This year, the Status of Women Committee has focused solely on organizing a panel presentation that will take place on June 21 at the 2021 CPA convention. The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls: Canadian Psychology Responds includes 16 panelists: eight PhDs and 8 students, who represent the current and future leaders in Psychology. Elder Beverly Keeshig-Soonias will open and close the panel in her traditional way; Dr. Ada Sinacore will moderate.

5(j) Abstract Review Coordinator Report. Paula Barata
Paula thanked everyone for submitting reports. Her report will be in the Newsletter. There were 6 symposia. Thank you to people who reviewed the abstracts. More help is needed next year. We could coordinate people with similar interests. Carmen suggested that we could try to have all the presentations and meetings on a single day.

5(k) Provincial Representatives Coordinator report. Charlene Senn.
Charlene said that there was a lapse but she would do better. She thanked those who agreed to be Provincial Representatives. Carmen suggested a Zoom meeting of the Representatives.

5(l) Division 35 Liaison Report. Pam McAuslan
Pam as Liaison reports relevant information to the EC meetings and general meetings at both APA and CPA conventions. She reported that 2021 APA Convention will be virtual and runs from August 12th through August 14th with lowered registration fees.
.apa.org/

6. Proposed Executive Slate for 2020-2021: The Proposed Executive Slate was presented.

Section Chair/Coordinator:
Lorraone Radke
Chair-Elect/Coordinator Elect:
Sara Crann
Treasurer/Secretary:
Noreen Stuckless (until someone volunteers)
Newsletter Editor: Jenna Cripps
Student Representative:
Tanya Samardzic
Membership Coordinator: Lana Stermac
Web Maven/Listserve Coordinator:
Nicole Jeffrey
Student Paper and Award Coordinator:
Seeking a volunteer
Nominations Coordinator: Carmen Poulin
Abstract Review Coordinator:
Paula Barata
SWAP-Division 35 Liaison: Pam McAuslan
Provincial Representatives Coordinator:
Charlene Senn

There were no further nominations from the floor.

7. Provincial Representative Reports.
Provincial Representatives.
Lynn Sloane (AB)
Linda McMullen (SK)
Lucie Kocum (NS)
Carmen Poulin (NB)
Vacant positions QC, BC, MB, NF, ON, PEI and the Territories

8. Other Business.
No other business

9. Adjournment.. We adjourned at 4:20

Attendees were welcomed to attend the SWAP Members' Section Reception

FOSTERING LEADERSHIP, DIVERSITY, AND INCLUSION WITHIN SWAP

By: Paula Barata



FOSTERING LEADERSHIP, DIVERSITY, AND INCLUSION WITHIN THE SECTION ON WOMEN AND PSYCHOLOGY: SUMMARY OF OUR EVENT AND NEXT STEPS

During the CPA convention in June 2021, SWAP hosted a virtual social event on fostering leadership, diversity, and inclusion within SWAP and CPA. This event was attended by 35 people, and we worked in both the large virtual room and in small breakout rooms to discuss and brainstorm ways that SWAP can 1) support its members to advocate for issues that are important to them and 2) work to include diverse perspectives related to girls and women in Canadian psychology.

In each small group and in the large group, a SWAP executive member took notes and sent them to me. I have compiled these notes and summarize the suggestions the groups provided below:

1) Discussion on fostering leadership in advocacy for girls and women:

- Provide professional development, workshops, and networking events for students and early career psychologists of all kinds
- Address the issues that prevent women from seeing their leadership potential
- Build a mentoring program (perhaps targeted for Black, Indigenous, and People of Colour)
- Invite women to take on leadership in supportive ways (don't rely on self-nominations)
- Provide on-going anti-racism training

- Increase sense of community and connection within SWAP (e.g., events throughout the year, dedicated time and space at CPA, actionable projects, etc.)
- Demonstrate leadership on social issues (e.g., position statements, open letters etc.)
- Reconceptualize leadership to help women recognize opportunities to provide a voice for feminist psychology
- Create new positions or teams as springboards (e.g., assistant positions on SWAP executive)
- Personally invite people to SWAP events (e.g., past award winners, students and colleagues doing relevant work)
- Engage SWAP award winners (e.g., reception for past award winners)

2) Discussion on incorporating diverse perspectives in SWAP and in Canadian Psychology:

- Need for representation of racialized and transgender women (e.g., in CPA and SWAP executive)
- Increase visibility of intersectional feminist perspectives
- Increase work on girls and adolescents
- Provide training on how to mobilize knowledge

- Incorporate community-based research and community perspectives
- Host events outside CPA structure
- Include perspectives from women outside clinical and academic circles
- Increase international collaboration
- Increase collaboration with other sections
- Advocate for transparency in SWAP and CPA
- Make space for women who have not been at the table
- Bridge the gap between CPA students with diverse identities and CPA full members with less diverse identities
- Make diverse perspectives visible in CPA and psychology more broadly
- Offer support when women take on new roles (e.g., shadowing, mentoring etc.)
- Provide opportunities for formal allyship
- Create subdivisions with SWAP
- Recognize and advocate to remedy financial barriers for traveling to CPA convention
- Capitalize on virtual connections (e.g., record meetings, hybrid meetings, on-line mentoring, etc.)
- Break down hierarchies (e.g., pair junior and senior members with complimentary expertise)

As you can see, the discussions were very productive and generated many ideas. Several people told me that they found the event energizing, and SWAP would very much like to build on that energy. We've decided to take this on through a working group within our Status of Women Committee. The Status of Women Committee is led by Anita Shaw, but I have agreed to lead the work of this subcommittee on Leadership, Diversity and Inclusion.

The first step will be to create this working group to prioritize, flush out, and action the above suggestions. But I cannot do this alone. If something above speaks to you or if you have other ideas, I would love to hear from you! Please e-mail me at pbarata@uoguelph.ca. All are welcome to help including undergraduate and graduate students, new, seasoned, and retired psychologists of all kinds, those working in private practice, in academe, in the community, and elsewhere. Your commitment can be small or large, and we'll decide collectively on how to proceed. Right now, I just need you to let me know that you are interested in being involved in some way. The next step will be to have a virtual meeting with those who are interested to begin this work. I look forward to hearing from you!



TREASURER REPORT

By: Noreen Stutcka



2020 Financial Report

OPENING BALANCE \$3,170.17

REVENUE

CPA DUES \$2,180

TOTAL REVENUE \$5,350.17

EXPENSES

CPA ADMIN FEES \$250

AWARDS \$850

TOTAL EXPENSE

\$1,100

CLOSING BALANCE \$4,250.17

CURRENT BALANCE

CPA FEES

Jan. 1, 2021-April 30, 2021 \$2,146

BALANCE \$6,396.17

2021 Financial Budget

OPENING BALANCE \$6,396.17

REVENUE

CPA DUES \$2,200

TOTAL REVENUE \$2,200

EXPENSES

CPA ADMIN FEES \$250

PLAQUES \$190

AWARDS \$1,200

TOTAL EXPENSE \$1,640

CLOSING BALANCE \$6,956.17

MEMBERSHIP COORDINATOR REPORT

By: Lana Stermac



Membership in SWAP increased in 2020, largely in the CPA member categories and student affiliates. Below are the current membership numbers listed within membership categories. We sent a membership reminder to all previous members this year (see below) alerting them to the new Section Associate Member category allowing for reduced CPA fees. This may have contributed to some of the increase in membership.

Total SWAP Membership for 2021 = 209
2020 MEMBERSHIP = 149

Membership Type:

CPA Members = 90

CPA Student Affiliates = 81

CPA Member Early Career = 11

CPA Retired member = 5

CPA Fellows = 9

Retired Fellow = 1

Honorary Life Fellows = 4

CPA International Affiliates = 2

CPA Complimentary Member = 3

CPA Complimentary Membership = 3

Section Associate = 1 (not counted)

Letter sent to SWAP members:

As it is time for annual CPA renewal. I am sending a friendly reminder and request that you also renew your SWAP (Section on Women and Psychology) membership. SWAP is an active CPA section that sponsors important workshops, symposia and papers at the annual CPA convention. The SWAP newsletter features events, publications, awards, grants and other information relevant to the section. We

have a number of awards for students – both travel bursaries and research awards. There is also an annual Distinguished Member award and a Feminist Mentoring award.

I also wanted to alert you to a new Section Associate Member category beginning this year (for a two year trial period). This new category allows for a reduced membership fee for CPA (lower than the fee for affiliates) plus the regular section fee and includes benefits such as discounted convention rates and receipt of online publications. Although we encourage you to renew as a regular member, this new category may be of interest to some who are not currently CPA members, do not require all of the benefits of regular membership, or are affiliated with other disciplines.

It would be great to have your continued membership and to see you at our events. Please also consider encouraging your colleagues and students to join SWAP.

Lana Stermac
SWAP Membership Coordinator

WEB MAVEN REPORT

By: Nicole Jeffrey

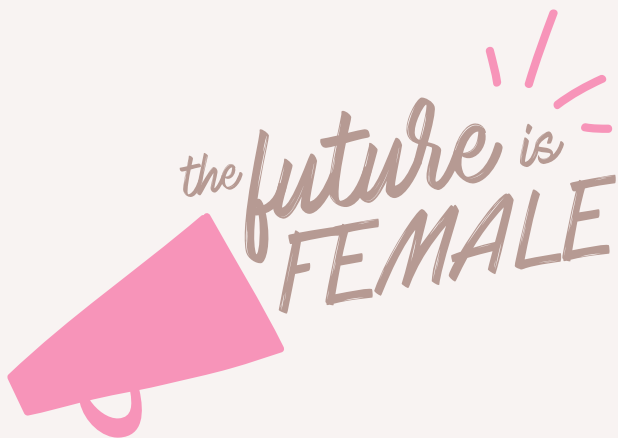
Report to the Section on Women and Psychology (SWAP)

Nicole Jeffrey, Web Maven and Listserv Coordinator
Annual Business Meeting
June 23, 2021



Updates since last year:

- I moved our Canadian Feminist Psychology listserv from Yahoo (closed) to Google Groups. I continue to keep the listserv up-to-date by adding new members not currently on listserv each year.
- I continue to keep the SWAP website up-to-date by requesting content changes through CPA as needed.
- I created a poster with the different ways to connect with SWAP (social media, listserv, etc.) that I submit to be included in each SWAP Newsletter.
- I post regularly on SWAP's Twitter and, with help from Tanja Samardzic (SWAP Student Representative), Facebook pages.
- With help from Tanja Samardzic (SWAP Student Representative), I started SWAP's Emerging Canadian Feminist Scholars Profile Series where we profile student and recent graduate members of SWAP on social media and in our newsletter. The series has been really successful – we have profiled 24 emerging scholars since we started in September 2020. The series is taking a break until Fall 2021.
- I created a Qualtrics survey (bit.ly/swap-info-share)—SWAP's Information-Sharing Request Form—for SWAP members and friends of SWAP to submit content relevant to feminist psychology (e.g., study recruitment, conference calls) for us to share on social media, through the Canadian Feminist Psychology listserv, or with SWAP members only. The survey is not well used yet – I will continue to advertise it.
- With the Emerging Scholars Series, Information-Sharing Request Form, and other efforts, Tanja Samardzic (SWAP Student Representative) and I have aimed to increase our social media presence and better connect with our members and the wider feminist psychology community.



STATUS OF WOMEN COMMITTEE REPORT

By: Anita Shaw

Committee Members

Nicole Jeffrey, SWAP,
Pam McAuslan, SWAP,
Stryker Calvez, Chair, Indigenous Peoples' Psychology Section,
Joanna Collaton, Chair, Section for Students, and
Amanda Lints-Martindale, Chair, Rural and Northern Section.

This year, the Status of Women Committee has focused solely on organizing a panel presentation that will take place on June 21 at the 2021 CPA convention. **The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls: Canadian Psychology Responds** includes 16 panelists: eight PhDs and 8 students, who represent the current and future leaders in Psychology.

Elder Beverly Keeshig-Soonias will open and close the panel in her traditional way; **Dr. Ada Sinacore** will moderate.

Panelists

Current leaders:

Sandra Byers,
Karen Cohen,
Tessa Colthoff, David Danto,
Julie Goldenson, Judi Malone, Lorraine Radtke, and Harvey Skinner.



Future leaders:

Iloradanon Efimoff, University of Manitoba,
Christina Jeon, University of Edinburgh,
Karen Kumar, University of Waterloo,
Aiden Mehak, McGill University,
Jennifer Sedgewick, York University,
Noor Sharif, University of Ottawa,
Dana Strauss, University of Ottawa, and
Erin White, University of Manitoba.

Next Steps

Executive summary: To be produced over the summer and distributed to the membership.

Psynopsis: Issue #1, 2022 will be dedicated to the MMIWG Report. Dr. Jennifer Chalmers and Dr. David Danto have agreed to guest edit.

Educational package: We are in conversation with Dr. David Mercer, Chair of the CPA Education and Training Committee. Dr. Mercer is enthusiastic about the possibility of developing an education / training package based on the panelists' recommendations for distribution to, for example, Canadian universities.

STUDENT AWARDS COMMITTEE REPORT

By: Sara Crann

SWAP offers two types of awards to support students who are doing work relevant to SWAP's mandate. The awards are open to students (or recent graduates) who are presenting work they completed as students at the Canadian Psychological Association annual convention or at a SWAP-sponsored preconference workshop. The \$500 SWAP Student Paper Award is awarded to the student presenting research of interest to women and/or feminism whose paper best represents SWAP's mandate. Selection criteria include: 1) significant contribution in any of the following areas: feminist psychology; psychological knowledge relevant to women; and/or activism or other applications of feminist theory and research; 2) diversity issues acknowledged/dealt with effectively; 3) methodological excellence (either qualitative or quantitative); and 4) clear and effective writing style. Typically, SWAP also awards \$250 travel bursaries to students presenting papers or posters particularly relevant to women and/or feminism. However, the allocation of travel bursaries has been paused for the second year due to the ongoing COVID-19 pandemic and the move to a virtual convention format.

The winner of the 2021 SWAP Student Paper Award is Bidushy Sadika. The winning paper, entitled, "Shadeism in Interpersonal, Social, and Cultural Spaces: Experiences of South Asian Women in Canada" will be presented virtually at this year's convention on June 24 at 11am (Poster Session N). Bidushy is a Master's student in the Culture, Health and Human Development program in the Department of Psychology at the University of Saskatchewan. She recently won a SSHRC Doctoral Scholarship and will be starting her PhD program at Western University. Congratulations Bidushy!



This year, SWAP awarded a \$300 Honorable Mention award to Tanja Samardzic for her paper entitled, "I didn't feel normal": Young, Canadian Women's Experiences with Polycystic Ovary Syndrome." Tanja presented her work at this year's virtual convention on June 8 as part of a symposium addressing polycystic ovary syndrome among young women. Tanja is a PhD student in the Applied Social Psychology program at the University of Guelph. Congratulations Tanja!

For the second year in a row, SWAP is awarding two \$200 Student Presentation awards. These awards are offered to students presenting their first-author work (in any presentation format) relevant to women and/or feminism. These awards will be adjudicated over the course of the convention. Winners will be announced after the convention is finished at the end of June.

A huge thank you to the SWAP Executive Committee members who adjudicate the Student Paper and Presentation Awards!

Applications for the SWAP 2022 student paper and travel bursary awards will be due in Spring 2022. More information about next year's awards will be included in the SWAP winter and spring newsletters. **To be eligible, students must be presenting at the 2022 CPA convention.** All students who are presenting research relevant to SWAP at the convention are encouraged to apply! Please help spread the word!

SWAP WINNING STUDENT PAPER

By: Bidushy Sadika

Shadeism in Interpersonal, Social, and Cultural Spaces: Experiences of South Asian Women in Canada

Shadeism refers to prejudice based on skin shade and the way it intersects with sexism to disempower women of colour (Dhillon, 2016). Lighter complexions are essential to postcolonial notions of beauty in South Asia due to the global emergence of the skin-lightening industry and negative media representations of darker complexions (Goon & Craven, 2003; Hussein, 2010; McLoughlin, 2017). Consequently, darker-skinned women aspire to achieve lighter skin tones, as they internalize white beauty ideals perpetuated by their family, peers, and media (Harper & Choma, 2018; Prusaczyk & Choma, 2018; Sims & Hirudayaraj, 2016). Also, South Asian Canadian women are burdened with the requirement to be lighter-skinned to preserve their family reputation within their diasporic communities (Dhillon, 2016). Researchers are yet to explore South Asian Canadian women's experiences of shadeism in institutional settings (e.g., schools, workplaces, etc.), smaller Canadian cities (e.g., Saskatoon), and in relation to their psychological wellbeing and other body image factors. Thus, the current study



investigates shadeism (i.e., skin tone discrimination) experienced by South Asian women in Canada in interpersonal and social spaces.

This study is part of a larger mixed-methods study, in which 169 participants responded to an online survey that consisted of questions about their perceptions of skin tone, mental health, body image and appearance-related attitudes, and bicultural identity integration. The survey included an open-ended question, asking participants to think upon and explain lived situation(s) that have negatively affected their opinion about their skin tone. Of the survey participants who were interested to participate in a follow-up study, 13 were invited for a virtual semi-structured interview

In the survey, we found that the darker participants evaluated their complexions, the more they were likely to negatively perceive their physical appearance. Participants who lightened their skin at present or in the last 30 days or 6 months were more likely to engage in self-objectification and appearance fixing, and were less likely to integrate their South Asian and Canadian identities. Further, we thematically analyzed participants' open-ended survey responses and found that, overall, darker-skinned South Asian Canadian women experienced shadeism by their families and relatives, mainly those from older generations and maternal members. Older and/or maternal family and relatives differentiated participants from their lighter-skinned siblings and cousins; told them to "preserve" their complexion by using skin-lightening products and staying indoors; led them to believe that they would struggle to find a suitable life partner due to their complexion; and even jokingly called them names (e.g., "kali billi" [black cat]). Some participants encountered shadeism by their male peers or romantic partners, who imposed their colonized notions of beauty on these women and rejected them for having a darker complexion, respectively. They also were evaluated based on their skin tone in social spaces (e.g., social gatherings, beauty stores, and elementary/high school events), and were compared with their lighter-skinned family members and romantic partners.

Darker-skinned South Asian women in Canada were more likely to experience shadeism in their ethnic communities, compared to mainstream Canadian society. As a result of their shadeism experiences, most participants experienced a range of negative psychological outcomes, such as sense of exclusion from mainstream spaces and lack of acknowledgement for their achievements. They felt anxious, annoyed, insecure, inferior, self-conscious, implicitly conflicted, less confident, and not loved because of the social perceptions surrounding their skin tone. Further, darker-skinned South Asian Canadian women engaged in self-objectification, internalized white beauty ideals, and aspired to achieve a lighter complexion. They coped with these experiences using a range of strategies, such as finding comfort and learning to love their complexion, emphasizing their inner self, feeling attractive, expressing indifference, progressing toward self-acceptance, embodying a religious identity, becoming self-confident, actively confronting shadeist attitudes by their family members, and seeking social support. The adverse psychological outcomes were intensified for South Asian women in Canada who experienced an intersection of shadeism, racism, and marginalization based on other body image concerns, such as fatness and acne-related problems.

Additional themes surfaced when we thematically analyzed interview responses. Participants perceived and

became more aware of their darker skin tones when they compared their complexions with that of others in the South Asian national and diasporic, and the Canadian contexts. A few participants also appraised their complexions by referring to the comments of others in their social networks. As adolescents, some participants felt pressured within South Asian familial and communal contexts to engage in skin lightening practices, whereas a majority did not engage in skin lightening practices by using creams or makeups for various reasons (e.g., dreading of experiencing physical harms/risks as a result of the skin lightening products' ingredients; the expensiveness, uncertainties, and inefficacy of skin lightening products; and self-identifying as a feminist who prioritizes decolonizing Eurocentric beauty norms). Also, perceptions of and negative messages received about darker skin tones significantly impacted the identity development process of South Asian women in Canada. Participants narrated internalizing shadeism in childhood and adolescence. However, growing up, participants confronted privileging lighter complexions, and accepted their darker skin tones, as they understood the ineffectiveness of skin lightening products and the deteriorating outcomes of shadeism.

In conclusion, the study is significant for being the foremost to explore shadeism in interpersonal and institutional settings and in a smaller Canadian city such as Saskatoon. The study also contributes to

the literature on mental health implications of shadeism, as the literature on this topic remains outdated. As well, the study challenges the normalization of white beauty standards in South Asian Canadian communities, and serve to create greater awareness of the subject of shadeism. Finally, the study aids in the development of possible interventions tailored to improve the lives of South Asian women in Canada.

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STUDENT REPRESENTATIVE REPORT

By: Tayja Samardzic

Convention Presentations: This year, we received 17 submissions for the symposium matching, and many of those who submitted will have presented at the convention in some format.

Feminist Mentoring Award 2021: Last year, the SWAP executive made the decision to defer offering the 2020 FMA award given the emergence of the COVID-19 pandemic. This year, there were 11 outstanding, well-written, detailed applications, many with at least three (but often more) letters by dedicated, passionate individuals who have spoken so highly of their feminist mentors. At the May 2021 Executive committee meeting, we made a one-time decision to offer two awards as we had not made an award in 2020. This was fortunate as we had a tie with two feminist mentors who were equally deserving. Also, I received a high response rate to my email request for assistance adjudicating from various SWAP members – thank you!

Feminist Mentoring Award Criteria: This year, we received a query from an established professional about nominating a retired feminist mentor. While this individual did not proceed with their nomination, it raised an important consideration and signaled to us that we needed to review the FMA award eligibility and criteria. I



presented an edited version of the award criteria at the May 2021 meeting and the executive decided we needed to open the nomination process up to all students, where previously it was open only to graduate and post-graduate students.

Revised Award Description

Nominations for the [year]
Section on Women & Psychology (SWAP)
Feminist Mentoring Award

The purpose of the SWAP Feminist Mentoring Award is to recognize feminist supervisors who, **through the provision of mutual respect and the embodiment of the characteristics of feminist mentoring**, have promoted the advancement of their students. **Some common characteristics of feminist mentors are (a) an engagement in collaborative processes; (b) the valuing of a variety of diverse perspectives; and (c) a recognition that the personal and professional dimensions of people's lives are interwoven.**

We invite nominations from **students** and recent graduates who wish to acknowledge a professor(**who is either still teaching or has since retired**) who has been pivotal to their graduate and/or post-graduate experience and who promotes feminist scholarship, teaching, **supervision**, and practice. Nomination letters should describe how the mentor has been outstanding in supporting, encouraging, and promoting your feminist research **and practice** as well as facilitating your (and other students') professional, personal, and career development.

Nomination Criteria

- Students and/or recent graduates are invited to submit a nomination

Nominations Should Include:

- Cover page with applicants' and nominee's names, e-mail addresses, university, department, and program of study

o 1 to 2-page letter describing the following:

- How the nominee's mentoring enhanced your education, as well as professional and personal development (e.g., helped develop your talents, facilitated publications, acted as a role model, **provided you with additional opportunities**)
- Explain your relationship with your nominee and how they have distinguished themselves as a mentor for you, including specific stories and anecdotes as appropriate

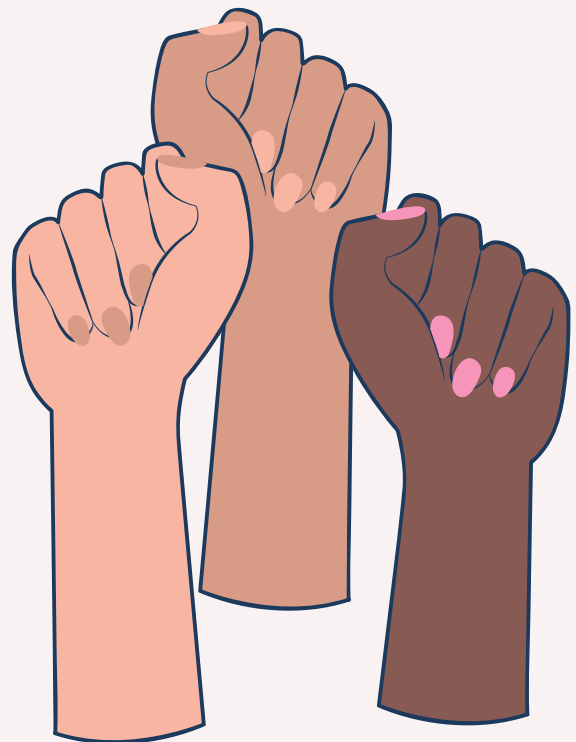
- Nomination letters from multiple students are encouraged

Submission Deadline: [date]

Please send submissions electronically by the deadline to [name], SWAP Graduate Student Representative: [email]

The winner will receive a plaque honouring their contributions. The award will be presented at the SWAP Annual General Meeting during the [number] annual Canadian Psychological Association National Convention being held in [location]. [CPA convention website]

Ideally student(s) and the winner will be present at the [convention].



FEMINIST MENTORING AWARD WINNERS

By: Tanja Samardzic

Congratulations to the 2020/2021 Feminist Mentoring Award Co-Winners: Dr. Annie Duchesne and Dr. Jodie Gawryluk!

Last year, the SWAP executive made the decision to defer offering the 2020 Feminist Mentoring Award given the emergence of the COVID-19 pandemic. This year, we were fortunate enough to have two equally deserving feminist mentors and we were able to present two awards.

Note: the co-winners are listed in alphabetical order

Dr. Annie Duchesne is an Assistant Professor in the Department of Psychology at the University of Northern British Columbia (UNBC). Dr. Duchesne obtained her Ph.D. in Neuroscience from McGill University in 2014. Dr. Duchesne's primary research interest is to understand how context (e.g. social, environmental, cultural, perceptual) constraint the relationship between biological and psychological states. Currently supported by an NSERC grant, Dr. Duchesne's research focuses on understanding how factors related to sex and gender regulate cognitive processes in women. Additionally, she recently co-authored a publication entitled "Reflections on Neurofeminism and Intersectionality Using Insights From Psychology," reflecting her growing interest in developing novel approaches to study the brain rooted in feminist science.



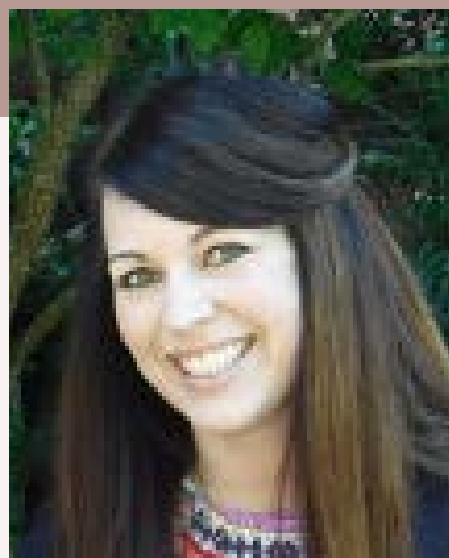
Dr. Duchesne's students noted that since her arrival at UNBC, they noticed an immediate change in the climate and culture within their department. They referenced her commitment to intersectional feminism and her engagement in important discussions about topics like power differences and microaggressions. They all referenced how her feminist mentoring has changed the way they think about their research topics and approach problems as well as where they see themselves in the future regarding their own careers. They noted that they are beyond grateful for the mentorship provided to them by Dr. Duchesne: "she sets herself apart from other professors by being an ally to students and respecting their commitments and time outside of school and work, while still being there when they need support." Congratulations, Dr. Duchesne!

Contact: annie.duchesne@unbc.ca

FEMINIST MENTORING AWARD WINNERS

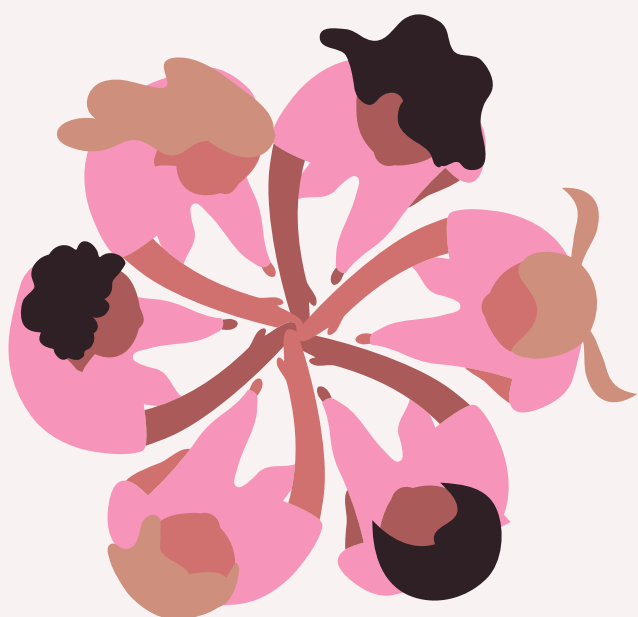
By: Tanja Samardzic

Dr. Jodie Gawryluk is an Associate Professor in the Department of Psychology at University of Victoria in Victoria, British Columbia. Her research combines neuropsychology and neuroimaging to better understand aging and to advance care for patients with neurodegenerative conditions. Dr. Gawryluk is thankful that her research has been supported by provincial and federal funding agencies, including NSERC and CIHR. Striving to promote inclusivity, diversity, and equity in her work, she values including the perspectives of people with lived experience and prioritizing open access science. She notes that she is grateful and humbled to receive the SWAP Feminist Mentoring Award, having been nominated by the bright and inspiring students in her lab.



Dr. Gawryluk's students described her as not only an outstanding instructor and prominent researcher and innovator in the field of Clinical Neuropsychology, but also as a phenomenal supervisor and mentor. Her students referenced the many initiatives she is part of, including ones aimed at increasing diversity and equity in clinical psychology. Her mentees noted that she also displays feminist traits that make working under her supervision empowering, safe, and motivating. Finally, she also goes above and beyond what is expected of a supervisor: "throughout the great uncertainty of the pandemic, Dr. Gawryluk continues to make a difference in the lives of her students. Her skills, dedication, and care for others exemplifies the traits of a feminist mentor, making her the perfect nominee for this year's feminist mentoring award." Congratulations, Dr. Gawryluk!

Contact: gawryluk@uvic.ca



ABSTRACT COORDINATOR REPORT

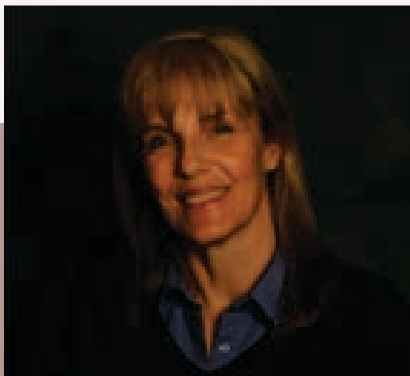
By: Paula Barata

I would like to begin by thanking the 13 anonymous reviewers for their work reviewing abstracts this year. My work as abstract coordinator is made much easier because of their dedication to SWAP. I keep a running list of past and present abstract review volunteers, so please contact me if you are potentially interested in helping with this next year.

The number of SWAP submissions for the on-line 2021 CPA convention was lower than usual, but this was largely reflected in number of posters submitted (6 posters). Additionally, three posters that were accepted last year, were presented this year. The number of symposium submissions received was similar or larger than previous years (6 symposium). We also had two 12-minute talks, one panel discussion, and one snapshot submitted. Overall, we had 16 new submissions, plus three previously accepted submissions from the 2020 convention.



As Tanja noted in her report, she worked to organize symposium submissions so that individuals doing similar work could connect. This may have had a positive impact on the number of symposium submissions received. However, after discussions with her about how best to coordinate the possible submissions and some difficulties doing so, we think it may be better to have interested individuals post a short description of their work, which we could send to SWAP members and have them coordinate with each other if they see connections. This will enable the authors themselves to determine if they see connections with other people's work and would like to connect.



DIVISON 35 LIAISON REPORT

By: Pam McAuslan

Information Items

1. Background: Liaison reports relevant information to the EC meetings and general meetings at both APA and CPA conventions.
2. Information: Kathryn Anderson (kbanderson@ollusa.edu) was appointed President-Elect and will serve in the with President of the section Carrie Castañeda-Sound (carrie.castaneda-sound@pepperdine.edu) beginning in August, 2021

2021 APA Convention will virtual and runs from August 12th through August 14th

- registration fees are reduced considerably from the usual for face-to-face
- <https://convention.apa.org/>
- more info about Div 35 programming to follow

SWAP DISTINGUISHED MEMBER AWARD

By: Carmen Poulin

Nominations were invited for the 2021 SWAP Distinguished Member Award in January 2021. This award is presented annually to a SWAP member who has made distinguished, long-standing, and substantial contributions that pertain to women, gender, or related issues, in the areas of teaching, research, service, and/or practice.

It is a pleasure for me to present to you the recipient of the 2021 Distinguished Member Award of the Section on Women and Psychology (SWAP) of the Canadian Psychological Association: Dr. Lynda Ross.

Dr. Ross completed her BA in Mathematics and Sociology at Queen's University, and her MA in Psychology in the area of Cognition and Perception at the University of Guelph. She then shifted her attention to Social Psychology and completed her PhD at the University of New Brunswick. It is during this last degree that she turned her attention to attachment patterns. As early as 1990, and long before obtaining her PhD, Lynda Ross systematically began to use a feminist lens to examine issues, do her professional work, and live her everyday life. She demonstrated a keen

interest in, and attention to, women's issues and feminist research. Early on, and whenever possible, she chose to take courses (and then developed them) in areas that spoke to the experiences of women. In her graduate and thereafter work, she critically examines theoretical and empirical research about motherhood and related fields such as those related to attachment theory. Following graduation, she accepted an academic position at Athabasca University where she presently holds the title of Professor Emeritus in Women and Gender Studies. She has received recognition for her research, including financial grants but also, the prestigious Athabasca University's President's Award for Research and Scholarly Excellence. She has written critically about some of the canons in the field of attachment—work which is ongoing—and also wrote on Feminist methodology. Her feminist orientation is a thread throughout her career as a scholar, and is also evidenced in some of her more applied research which focusses on distance learning—a most timely topic at this time of pandemic—and more specifically examining women's learning and success in university.

Dr Ross also played and still plays an important role in the training of future Canadian scholars through her supervision of research students and younger colleagues, her varied committee work and leadership, and her development and supervision of new course development at Athabasca University. Indeed, through all of these activities, she has left a definite imprint when it comes to feminism. Moreover, her mentoring and leadership contributions through her involvement in national professional organisations (e.g., Section on Women and Psychology, Canadian Women's Studies Association) is notable and significant. She has mentored, collaborated, and co-published extensively with students and younger (and older) colleagues, providing guidance and facilitating the orientation of the research of future generations of Feminist Scholars. She has demonstrated her willingness to support other scholars in her extensive and generous work as a reviewer for manuscripts (books and articles), grant applications, and conference presentations.

During her years at Athabasca University, Dr Ross maintained a highly productive research career and enjoyed the recognition of her peers and other experts for her expertise in the areas of attachment and motherhood on the one hand, and as an expert on statistical designs and methods, as well as qualitative methodological issues. Her theoretical insights, influenced by her feminist lens are critical, innovative, relevant and highly respected in the field. Taken together, her scholarly work represents a praiseworthy contribution to the field of Feminist Psychology.

Heartfelt congratulations! It is a privilege to recognise Canadian psychology feminist leaders like yourself and to call attention to your exemplary work and contributions to feminist scholarship.



ASSISTANT EDITOR'S MESSAGE

By: Bidushy Sadika



Women's Body Image and Work-Life Balance in the Covid-19 Pandemic: A Call to Action

The COVID-19 pandemic has exacerbated mental health concerns amongst women, with women reporting greater loneliness and anxiety than men (CAMH, 2020). For me, it was no different. As a PhD student and an ultimate foodie, I enjoy my academic life and relish eating. Following COVID-19 lockdowns across Canada in March 2020, I stayed home 24/7 like nearly everyone else. I had no campus life and I was too distracted by the flexibility of being at home. Therefore, negative body image and work-life conflicts impacted my life, as I gained weight and struggled to separate my personal and academic lives during the pandemic. When I contemplated on my own experiences, I wondered: How does the COVID-19 pandemic affect body image and work-life balance for women in Canada? How

do these experiences differ for women with intersecting marginalized identities (e.g., racialized, immigrant, and newcomer women; women with children, and women with disabilities)?

Body image is defined as a multidimensional construct emphasizing individuals' thoughts, perceptions, and attitudes about their physical appearance (National Eating Disorders Association, 2018). When COVID-19 related lockdown measures (e.g., social distancing) offered me all the time in the world to self-reflect, I self-doubted. I felt marginalized because of being racialized, darker-skinned, fat, and a woman. Thus, I questioned myself: Am I beautiful and attractive? Am I worthy? Similarly, researchers in the United Kingdom have found that, during lockdown, women were more likely than men to report enhanced challenges with regulating eating, preoccupation with food, and worsening body image (Robertson et al., 2021). Researchers in

the United States have found that Indian women reported greater body dissatisfaction in the pandemic, which was associated with negative body and fat talk (e.g., feeling or the fear of becoming fat/overweight and the need to focus on health, eating habits, and exercise), social influences on appearance, age, and weight (Ahuja et al., 2021).

In addition to negative body image, I faced work-life conflicts in the COVID-19 pandemic. Work-life balance “refers to the ability of every individual, regardless of gender, to coordinate work and family obligations successfully. Work, in this context, refers to paid labour performed outside the home” (Hjálmsdóttir & Bjarnadóttir, 2020, p. 271; Wheatley, 2012). Generally, women encounter more conflicts in work-life balance than men because of workplace demands that affect their abilities to balance their roles in the areas of work and family life (McCutcheon & Morrison, 2016). They are expected to be the “multitasker” by working outside and then, performing a bulk of unpaid labour (i.e., work that produces goods or services but is unremunerated) at home. In the COVID-19 pandemic, mothers living in Iceland who were in heteronormative relationships engaged in intense emotional labour. While trying to keep their family members calm and safe, they also felt stressed and frustrated because of being responsible for the bulk of the tasks at home (Hjálmsdóttir & Bjarnadóttir, 2020). In Bangladesh, married working women

highlighted that working from home provided them the flexibility to maintain a work-life balance; however, multiple challenges that deteriorated this balance included extreme work pressure, (male) partner’s non-cooperation in household duties, as well as socio-cultural and family traditions that endorse sexist biases toward women in the families (Uddin, 2021).

Based on my personal experiences and the existing literature, I recognize that women are more likely than men to experience severe challenges in the COVID-19 pandemic, such as greater body image distresses and work-life conflicts. I also believe that intersecting minoritized identities are crucial to these negative experiences. The questions remain: how do women in traditional gendered (patriarchal and sexist) households with a lack of social support work from home and manage household duties in the COVID-19 pandemic? How do working-from-home mothers accomplish their childcare duties in the pandemic? How do women who cannot afford time and money on exercising (e.g., single and teen mothers, unemployed homemakers, or those from lower socioeconomic statuses) uphold a positive body image in the pandemic? Given that the pandemic has increased mental health concerns (e.g., loneliness, anxiety, and depression) amongst women (CAMH, 2020), how do women with disabilities maintain a positive body image and work-life balance? Exploring social contexts or

circumstances that amplify women's negative body image experiences during the COVID-19 pandemic, specifically in a Canadian context, interests me as a feminist social psychology scholar. I solicit a call to action from psychologists across Canada to examine the COVID-19 pandemic's physical and mental health impacts, using gendered and intersectionality approaches. As stated in a report by Canadian Women's Foundation:

"Across every sphere, from health to the economy, security to social protection, the impacts of COVID-19 are exacerbated for women and girls simply by virtue of their sex ... These disproportionate impacts could have long-term and far reaching consequences. If we are to restore momentum in our efforts to bring about gender equality in Canada, social and economic recovery efforts must take a feminist approach (2020, paragraph 2)."

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Bidushy Sadika

PhD Student
Migrations and Ethnic Relations
Social Psychology
Western University, London, ON.



Connect with SWAP!

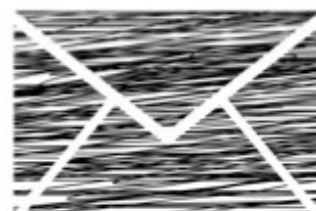
Stay connected and up-to-date on news, events, and discussion relevant to Canadian feminist psychology and the CPA Section on Women and Psychology (SWAP)!



CPA.SWAP



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Canadian Feminist
Psychology Listserv

To subscribe, send a blank email to
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All subscribers can email the group at
canfempsyc@googlegroups.com

(1) Share your news and events relevant to feminist psychology with our members and followers!

(2) Are you a student or recent graduate and SWAP member?

We'd love to introduce you to our followers by profiling you in our **Emerging Canadian Feminist Scholars Profile Series!** We will profile an emerging scholar or practitioner of feminist psychology regularly on Facebook and Twitter, and in our newsletter.

Submit your [content or profile](https://bit.ly/swap-info-share) for us to share or learn more at bit.ly/swap-info-share



MEMBER'S RECENT PUBLICATION

Samardzic, T., Soucie, K. M., Schramer, K., & Katzman, R. "I didn't feel normal": Young, Canadian women's experiences with polycystic ovary syndrome. *Feminism & Psychology*. Advance online publication. <https://doi.org/10.1177/09593535211030748>

Polycystic ovary syndrome (PCOS), which affects 8 to 13% of reproductive-aged women, is a highly gendered disorder whose symptoms disrupt Western conceptions of femininity. This may be especially debilitating for young women, who are targeted by societal discourses governing how they "should" be. We interviewed 10 young Canadian women, aged 18 to 22, about how PCOS has influenced and/or conflated their conceptions of identity and (ab)normality within the current socio-cultural context. Using reflexive thematic analysis through a critical feminist lens, we present three themes: justifying abnormality, pathologizing the abnormal, and fear of failure in pregnancy. Young women described feeling "weird" and "not normal" as a result of their symptoms and expressed worries about their ability to adhere to gendered expectations. We argue that the blanketing of these desirable states as "normal" has pervasive implications for women's lives and leaves them feeling defective and/or inadequate, which was further reinforced by implicit, gender-based power dynamics in medical institutions when women sought care. We suggest the need for engagement with discomfort and leveraging PCOS as a unique entryway into an analysis of intersectional issues to capture complexities in lived experience.




ARE YOU A PSYCHOLOGY GRADUATE STUDENT?


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 **January 3rd to 7th, 2022 from 8:30AM to 12:30PM MST** (Zoom Classes). Recorded lectures and discussion questions available in November 2021.

 **\$943.32** for domestic students and **\$1967.36** for international students. Fees subject to change.

 **10 bursaries of \$500 each**, provided by the Canadian Psychological Association, are available to CPA Student Affiliates. To learn more about eligibility and the application process contact education@cpa.ca.

 Course questions - contact **Dr. Jim Cresswell** at jim.cresswell@ambrose.edu. Application or registration questions - contact **Janelle McConnell** at jmcconne@ucalgary.ca



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TAKING CARE OF OUR BEST TOOLS

By: Karen Dyck, Ph.D., C.Psych. & Melissa Tiessen, Ph.D., C.Psych.

Co-Founders of Intentional Therapist

Despite the increase in feminist views (among both women and men) in recent decades, women continue to be socialized to be “carers.” From an early age, women are conditioned to believe that a “good woman” puts others needs before her own. In their book *Burnout: The Secret to Unlocking the Stress Cycle* (2019), Amelia and Emily Nagoski refer to this as the “Human Giver Syndrome: ...the contagious false belief that you have a moral obligation to give every drop of your humanity—your time, attention, energy, love, even your body—in support of others, no matter the cost to you” (p. 215). Related to this is the reality that women continue to assume more of the household and childrearing responsibilities, despite working more hours outside the home than in the past.

Perhaps not surprisingly, time use studies cited in Brigid Schulte’s book *Overwhelmed: Work, Love, and Play When No One Has the Time* (2014) indicate as well that women are more likely to have shorter stretches of leisure time than men (AKA “time confetti”) and men are more likely than women to spend their leisure time alone (i.e., without children or a significant other involved). Within this context, it’s really



not surprising that we often hear women struggling to find time and energy to focus on their own well-being and self-care.

We view self-care as being an integral part of our work as mental health professionals. In their book *Leaving it at the Office: A Guide to Psychotherapist Self-Care*, Second Edition (2018), Norcross and VandenBos do an excellent job reviewing research highlighting the foundational role of the therapeutic alliance in contributing to client outcomes, and the association between our own wellness and the quality of the therapeutic alliance. The bottom line is that WE are our own best tools. Mental health professionals may not think of it this way, but not making time and space for self-care is not much different than a surgeon who doesn’t sterilize their tools.

With these ideas in mind, Intentional Therapist is an initiative we started to help female mental health professionals (ourselves included!) stay healthy and happy through intentional and playful self-care. We know that there are so many other female mental health professionals like us who love what they do but, at times, are challenged by trying to balance their careers with additional caregiving roles—whether that be young children, aging parents, or anything in between. Our goal is to really normalize self-care and create a dialogue about its importance long before we are approaching the point of burnout. In doing so we're aiming to create a thriving community of like-minded female mental health professionals and a hub of resources to support self-care on an ongoing basis.

To help build this community, we currently send out a free email newsletter, affectionately called "TGIF," which is an acronym for thrive, grow, inspire, and flourish – and really our hope for ourselves and our members. We also offer virtual workshops and are planning on creating an interactive community as we recognize the immense value of women being able to provide ongoing self-care support and encouragement to each other, not just hearing it from us. The overall emphasis in our workshops, newsletter, and blog posts is to help each other develop a sense of connection, reflection, and playfulness and to challenge ourselves to think outside the box a little about our everyday routines and how we're defining self-care.

From our perspective, self-care encompasses all the thoughts and behaviors that promote physical, emotional, intellectual, professional, and spiritual well-being and balance between personal and professional demands. Ideally, self-care is a dynamic and continuous process that responds and effectively adapts to changing situational factors. Ultimately, self-care is not about fitting more into our days, but fitting more of ourselves into our days (Northrup, 2021). In our opinion, the most effective self-care is an approach that encompasses intention and self-awareness across four pillars: connection/community, compassion, creativity, and courage. Exactly what goes into each pillar, however, may be very different from one person to the next. And, although the media often promotes an image of self-care that involves periodically heading to the spa for massages and pedicures, we strongly believe it's more so about the accumulation of our daily self-care practices with the goal of achieving an overall "good" average. Finally, and very importantly, self-care frequently means doing the things that may not actually be enjoyable in the short-term (e.g., setting boundaries) but are necessary for the long-term goal of living the kind of life we want. Experiencing some discomfort in our self-care practices is to be expected and often a positive sign that we're acting in ways that go against the many not-so-helpful societal messages we've received.

If you are a female mental health professional who values self-care but struggles with making it a priority, constantly coming up against lack of time, energy or ideas, we encourage you to visit our website at www.intentionaltherapist.ca to see our past blog posts, listen to our recent podcast interviews, and learn more about what we are doing. From our website you can also sign up for our free newsletter and be the first to know about new posts and upcoming workshops. Our hope is that in time we can redefine the norms for self-care for all mental health professionals.

References

Nagoski, A & Nagoski, E. (2019). Burnout: The secret to unlocking the stress cycle. Ballantine Books: New York, NY.

Norcross, J & Vandenbos, G. (2018). Leaving it at the office, second edition: A guide to psychotherapist self-care. Guilford Press: New York, NY.

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JOB POSTINGS

Psynopsis - Call for Papers

During the CPA convention this past summer, students, researchers and practitioners held a virtual panel addressing, Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls (2019). The upcoming issue of Psynopsis takes inspiration from that presentation. We invite submissions reflecting on the Final Report into Missing and Murdered Indigenous Women and Girls and the Calls to Justice. Topics for this edition may include: understanding violence against Indigenous women, girls, and 2SLGBTQQIA People, colonization as gendered oppression, wellness and healing, right to culture, health, security and justice, and resources to support the Report's 231 Calls to Justice and the National Inquiry's guiding principle: "Our Women and Girls are Sacred."

In an effort to publish a breadth of articles and avoid duplication of topic area, please contact psynopsis@cpa.ca to discuss the content of your intended submission. Content deadline: October 8, 2021.

Special Issue in Canadian Psychology

CP has issued a call for papers for a Special Issue: Building a Socially and Culturally Responsive Psychology. Articles are due December 1, 2021. More information on the call can be found here. <https://www.apa.org/pubs/journals/cap/building-socially-culturally-responsive-psychology>



JOB POSTINGS



Violence Against Women Cluster
University of Central Florida
Assistant, Associate, and/or Professor Position (500861)

Job Description

The University of Central Florida (UCF) has established several interdisciplinary clusters to strengthen its academic offerings and research mission. In support of this effort, we are recruiting faculty in the area of Violence Against Women for a tenure-earning assistant professor or tenured associate professor or professor position for the Violence Against Women Cluster. This position has an anticipated start date of August 8, 2022.

This is an interdisciplinary position that will be expected to strengthen both the cluster and a chosen tenure home department and may include a combination of joint appointments. A strong advantage of this position is the ability of the candidate to choose multiple units from the university for their appointment. See <https://www.ucf.edu/research/violence-against-women/> for a complete list of all the units involved. Both individual/interdisciplinary infrastructure and startup support will be provided with this new position. The position will carry a rank commensurate with the candidate's prior experience and record.

The ideal candidate will have significant federal funding (or potential for funding if at the assistant professor level) and scholarship focused on public and population health aspects of violence against women. They will have a research impact as reflected in high-quality publications and the potential to develop a well-funded research program. In particular, we are looking for individuals who will work at the intersection of several areas such as a) Population Health, Biostatistics, and/or Epidemiology, b) Nursing, c) Family and Emergency Medicine, d) Biogenetics and Neurophysiology, e) Big Data/Data Science, and/or f) Social Sciences. This may include a focus on the epidemiology of violence (sexual, physical, emotional, and financial); social determinants of violence and its health consequences; health disparities and violence against women; physical and mental health correlates, and consequences; social welfare, advocacy, and victim services; healthcare and healthcare systems' response to violence and victims; community-based interventions; primary, secondary, and tertiary prevention; intentional injury; human rights; and/or public safety and criminal justice systems. All relevant technical areas will be considered. We are looking for a team player who can help bring together current UCF efforts in addressing and ameliorating violence against women.

UCF strives to recruit and retain a diverse faculty. Central to support for this goal are groups including the Black Faculty and Staff Association (BFSA), the Latino Faculty and Staff Association (LaFaSA), and the PRIDE Faculty and Staff Association. UCF is proud to have received the Higher Education Excellence in Diversity (HEED) Award from INSIGHT Into Diversity magazine, which recognizes U.S. colleges and universities that demonstrate an outstanding commitment to diversity and inclusion.

UCF is one of the nation's largest universities with a diverse student body of more than 70,000 students and has grown substantially in size, quality, diversity, and reputation. Today, the university offers more than 200 degree programs. In 2019, UCF was officially recognized as a Hispanic Serving Institution (HSI) by the US Department of Education and a "Green College" by the Princeton Review for our efforts in sustainability and environmental responsibility.

UCF's students represent all 50 states and over 120 countries. UCF is in a centralized location that is 30 minutes to Walt Disney World and Universal Orlando and 60 minutes to the beach. UCF has 16 sports teams, including football, soccer/futbol, tennis, volleyball, and 600+ cultural, academic, and social student clubs and organizations all led by faculty mentors.



JOB POSTINGS

The Carnegie Foundation has classified UCF as a R1 Doctoral University for its high research activity and community engagement. This past fiscal year, UCF brought in research funding near \$205M. For the fifth consecutive year, UCF has been recognized among the nation's most innovative universities according to U.S. News & World Report while Kiplinger's and The Princeton Review have ranked UCF as one of the nation's best values for a college education.

UCF is an economic engine, attracting and supporting industries vital to the region's future while providing students with real-world experiences that help them succeed after graduation. UCF's Orlando location also puts it at the center of the Florida High Tech Corridor. The corridor has an excellent industrial base that includes software, defense, space, simulation and training, and a world-renowned entertainment industry. Adjacent to UCF is a thriving research park that conducts over \$2 billion in funded research, hosting more than 100 high-technology companies and UCF's School of Modeling, Simulation, and Training. UCF also has an accredited medical school, which was established in 2006, and is a neighbor to the VA, Nemours, and the UCF Lake Nona Medical Center, all of which have a strong interest in violence against women.

Great weather, easy access to the seashore, one of the largest convention centers in the nation, and one of the world's best airports are just a few features that make Orlando an ideal location. We encourage you to learn more about UCF at <http://www.ucf.edu/faculty>.

Position Minimum Qualifications

A Ph.D., terminal degree, or foreign degree equivalent from an accredited institution in an area appropriate to the cluster at the time of appointment. The selected candidate must also have a record of high-impact research (or potential for high-impact research for assistant professor candidates) related to violence against women relative to their rank and demonstrated by a strong scholarly and/or funding record or potential record. In order to obtain tenure, the selected candidate must have a demonstrated record of teaching, research, and service commensurate with rank in the tenure department.

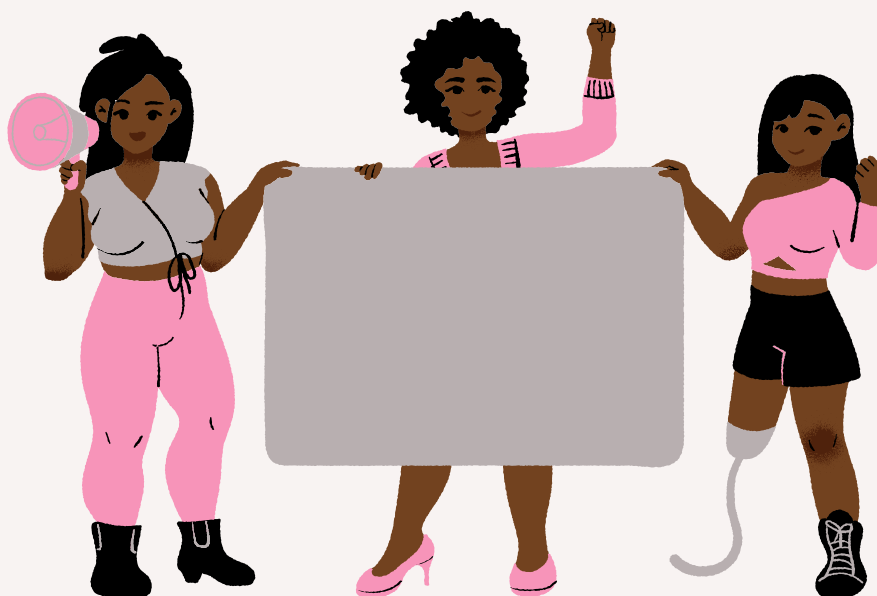
Preferences

A history of working with teams, especially teams that span multiple disciplines, is a strongly preferred qualification. A record of scholarship in the area of public and population health aspects of violence against women as noted above is a strongly preferred qualification. Preference will be given to candidates in the areas of Population Health, Biostatistics, and/or Epidemiology, Nursing, Family and Emergency Medicine, Biogenetics and Neurophysiology, and/or Big Data/Data Science.

Review of applications will begin September 20, 2021 and all applications received by **October 15, 2021** will receive full consideration. Questions regarding this search can be directed to Dr. Catherine Kaukinen (catherine.kaukinen@ucf.edu) and Dr. Alison Cares (Alison.Cares@ucf.edu). Applications instructions may be found at: <https://jobs.ucf.edu/en-us/job/500861/assistant-professor-associate-professor-or-professor-violence-against-women>

Equal Employment Opportunity Statement

As an equal opportunity/affirmative action employer, UCF encourages all qualified applicants to apply, including women, veterans, individuals with disabilities, and members of traditionally underrepresented populations. UCF's Equal Opportunity Statement can be viewed at: <http://www.oie.ucf.edu/documents/PresidentsStatement.pdf>. As a Florida public university, UCF makes all application materials and selection procedures available to the public upon request.



CALL FOR PROPOSALS



Feminist Psychology in the 21st Century

Feminism has been central to the mission of AWP since its founding and has been a guidepost for the organization in our many years since. It has enabled us, as a community, to improve our field, our work, and ourselves. Given the immense challenges of the past few years, including racist violence, political authoritarianism, gender injustice, and the pandemic, we hope to use the energy of our community to look towards a new future. Thus, the theme of this conference will center on the power of feminism to transform our worlds – academic, therapeutic, personal, political, interpersonal, community, global – and the potential to move us forward into a new, more just future.

We encourage proposals that consider how feminism might guide, as well as be guided by, approaches to some of the major defining concerns of our time, such as global issues like climate change and the refugee crisis; human rights issues like the prison industrial complex, police brutality, transphobia, and reproductive health access; or advances in technology as they relate to psychotherapy, sexuality, and social media. We also welcome proposals that take a positive psychology approach to feminism and the future, considering how feminism can inspire us, bring joy, usher in hope, provide encouragement, or contribute to our sense of meaning and purpose in life.

We thoroughly appreciate proposals that involve many definitions of feminism, and hope all will highlight the importance of intersectional feminism as a framework that allow us to strive toward greater inclusion and equity for all and an end to oppression on all fronts. We welcome hearing how each proposal contributes to these goals and will review submissions with this framework in mind.

Highlighted Areas of Focus:

Intersectional & Inclusive Feminisms: What is feminism now? What can feminism be in the future? How can our work become more inclusive of individuals and communities often marginalized in feminist work? What work needs to be done in order to promote a feminist future that is equitable for all? What axes of oppression (e.g., racism, cissexism) need our attention as feminist students and professionals?

Feminist Advocacy & Activism: How can feminism work for the betterment of public good? What public health and social justice issues can we address through feminist advocacy? How can psychology and allied fields approach activism from a feminist lens?

Feminist Science & Research: How can new theories and methodologies revolutionize our science? What does it look like to incorporate intersectionality into contemporary feminist research? What will the next decades of feminist publishing and public science look like?

Feminist Therapy & Healing: What do modern feminist and trauma-informed therapies look like? How can feminism shape mental health systems and access? How can feminism bring connection and growth? What role does feminism play in our individual and collective healing?

Feminist Relationships - Teaching, Training, & Mentoring: What does it look like to implement feminist values into our relationships – personal and professional? How can our training and teaching systems in psychology and allied fields benefit from feminist re-imagining?

Transnational Feminisms & the Global South: How can a transnational feminist lens help us understand and address the impacts of colonization, imperialism, and globalization? How can transnational feminist psychology be used to consider systems of global inequality and counter trends toward universalizing across contexts? How can decolonial and liberatory lenses be utilized in feminist psychology?

As always, AWP welcomes all submissions. Those with research or content that does not directly address one of these highlighted themes are also welcome to submit their work. Even when a submission doesn't fit with the above themes, we encourage the discussion of diversity implications and systemic inequities

Proposal Submission Instructions

Proposals for AWP 2022 may be submitted for the following types of presentations:

Workshop - 50 minutes, interactive sessions. Designed to share skills, knowledge, and/or experience in research, issue-oriented, or learning/practice areas.

Symposium - 50 minutes, up to 3 papers, grouped together regarding a shared topic of interest. Sessions must include a chair who will facilitate the session and may also have a discussant. Time should be made available for Q+A.

Individual Papers -12 to 15 minutes. Presentation of theoretical issues, research data, clinical case material, treatment methods, program descriptions, etc. Three individual papers will be grouped together by the program committee on similar themes. The 50-minute session should include time for Q+A.

Structured Discussion - 50-minute facilitated dialogues to bring together those working on similar problems, issues, or concepts to discuss new ideas and to engage in problem-solving. Presenters share their ideas and facilitate group discussion.

Poster – Poster author(s) should be available for the 50-minute Q+A period during the Saturday evening social hour.

Lightning Talk (Abbreviated Paper Presentations) - 7-minute presentation of theoretical issues, research data, clinical case material, treatment methods, program descriptions, etc. The conference organizers will group up to 5 presentations on similar topics in a 50-minute session including time for Q+A.

Pre-conference Training Workshops – interactive mini-courses designed to provide extended learning experiences and professional development in a specific area. They encompass various topics of interest and normally carry continuing education (CE) credits for psychologists and other professionals. Pre-Conference Training Workshops will be scheduled for Thursday, March 3rd. Half-day workshops are either 8am-12pm or 1pm-5pm; full-day workshops are 8am-5pm with a one-hour lunch break. Separate fees are charged for Pre-Conference Training Workshops. Registration and attendance at the full conference is not required. Presenters receive a portion of workshop attendee fees. (Time = 4 hours or 8 hours). In order to be eligible for Continuing Education (CE) credits, proposals must include 3-5 Learning Objectives and a Curriculum Vitae (CV) for each presenter.

Submission Requirements and Procedures

Please limit to 2 first-author presentations per person.

Proposals can be submitted online beginning on August 8, 2021. Submissions will be accepted through **September 30, 2021.** Submit at https://www.awpsych.org/2022_conference.php

All submissions must include:

- Contact information for all presenters
- 250-500-word abstract describing the session with scholarly references to be used for peer review (for symposia, you must also include a 50-word abstract for each individual paper)
- 50-word brief abstract describing the session to be used in the conference program
- 100-word description of how the proposal considers issues of gender diversity, intersectionality, equity and/or justice
- If you would like your presentation or workshop to be considered for CE credits, you will be able to indicate this interest on the submission portal. No requests for CE credits will be accepted after the proposal deadline.

Notice of Acceptance/Rejection: Proposals will be accepted on the basis of masked review. Notification of acceptance or rejection of program proposals will be made to the corresponding author by the end of November 2021. The corresponding author has the responsibility to inform co-authors.

Questions about the call for proposals? Email Elyssa Klann eklann@towson.edu

Call for Proposals for a Special Issue: Racial Health Inequities in BIPOC Communities

Guest Co-Editors: Drs. Jioni Lewis, Alison Cerezo and Wizdom Powell

The *Journal of Prevention and Health Promotion (JPHP)* is an interdisciplinary publication dedicated to disseminating knowledge and research in prevention science, social justice, and health and wellness promotion. Contributions focus on theory, research, practice, advocacy, and training. JPHP is an official publication of the Society of Counseling Psychology (Div. 17 of the American Psychological Association) and the Society's Prevention Section.



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### ***Journal of Prevention and Health Promotion*—Call for Proposals for a Special Issue on Racial Health Inequities in BIPOC Communities**

In light of the disproportionate impact of the novel coronavirus (COVID-19) on Black, Indigenous, and People of Color (BIPOC), increased awareness of racial health inequities exists in the United States. For example, BIPOC individuals have higher mortality and infection rates of COVID-19 compared to their White counterparts (COVID Racial Data Tracker, 2021). A large body of research has emerged on the role of social determinants of health such as racial discrimination, poverty, healthcare access, and quality of care on racial health inequities that disproportionately affect the health and quality-of-life outcomes of BIPOC communities. To achieve health equity, interventions, innovative policies, and research addressing the elimination of barriers must be addressed so that everyone across the life course experiences a culture of health equity.

The Guest Co-Editors, Drs. Jioni Lewis, Alison Cerezo, and Wizdom Powell, invite proposals for articles that are directly related to the psychological aspects of the racial health inequities in BIPOC communities, particularly as they relate to the fields of prevention and health promotion. The proposals can focus on theory, research, practice, advocacy, policy development, and/or education and training aspects of addressing health inequities. We strongly encourage authors who identify as Black, Indigenous, and/or People of Color to consider submitting manuscripts. We also encourage research that is strengths-based, applies critical theoretical approaches (e.g., critical race theory, intersectionality, etc.), and utilizes innovative research methodologies (e.g., mixed methods, participatory action research).



# UPCOMING CONFERENCES

The Sixth International CREA Conference **Interrogating Cultural Responsiveness against the Backdrop of Racism and Colonialism** will be held in Chicago from September 29 - October 1. While there will be an online component, we are increasingly optimistic about being together as a community in Chicago, as progress in the health environment continues in the City of Chicago and the State of Illinois with restrictions on large gatherings being lifted.

## September 30, 2021.

CREA joins in the centennial birthday celebration of our beloved elder Professor Edmund W. Gordon (John M. Musser Professor of Psychology, Emeritus - Yale University and Richard March Hoe Professor of Psychology and Education, Emeritus - Teachers College, Columbia University). Dr. Na'ilah Suad Nasir (President Spencer Foundation <https://www.spencer.org/> and current President of the American Educational Research Association) will deliver the Fifth Edmund W. Gordon Distinguished Senior Lecturer at the luncheon.

Morning Plenary Session "Measurement, Data Science, and the Critical

Panelists: **Drs. Ezekiel Dixon-Roman** (University of Pennsylvania), **Odus Johnson** (Johns Hopkins University) and **Ebony McGee** (Vanderbilt University)

Chair: **Dr. Monica Mitchell** (MERAssociates)

Discussant: **Dr. Melvin Hall** (Northern Arizona University)

## October 1, 2021

**Dr. Mildred García** will deliver the closing conference keynote address at the luncheon. Dr. Garcia is the president of the American Association of State Colleges and Universities (AASCU) in Washington DC. <https://aascu.org/MildredGarciaBio/>. She is the first Latina to lead one of the six presidentially based higher education associations in Washington, D.C. Prior to joining AASCU, Dr. García served as the president of California State University, Fullerton and at CSU Dominguez Hills.

Discussant: **Dr. Daniel Solorzano**. Professor of Social Science and Comparative Education and Chicana and Chicano Studies at the University of California, Los Angeles as well as the Inaugural Director of the Center for Critical Race Studies in Education. Member of the National Academy of Education.

Further details on these panelists and other keynote/plenary speakers can be found at: <https://go.illinois.edu/CREA6thSpeakers>

**Registration for the in-person CREA VI and hotel registration only** can be found at: <https://crea.education.illinois.edu/conferences/sixth-international-conference>

**Registration link for the virtual component of CREA VI only** can be found at: <https://go.illinois.edu/CREA2021Virtualregistration>

If you have questions or need assistance please contact Tim Leyhe at [tleyhe@illinois.edu](mailto:tleyhe@illinois.edu)



Sixth International CREA Conference  
Chicago, Illinois

**INTERROGATING  
CULTURAL  
RESPONSIVENESS**  
AGAINST THE  
BACKDROP OF  
**RACISM** AND  
**COLONIALISM**

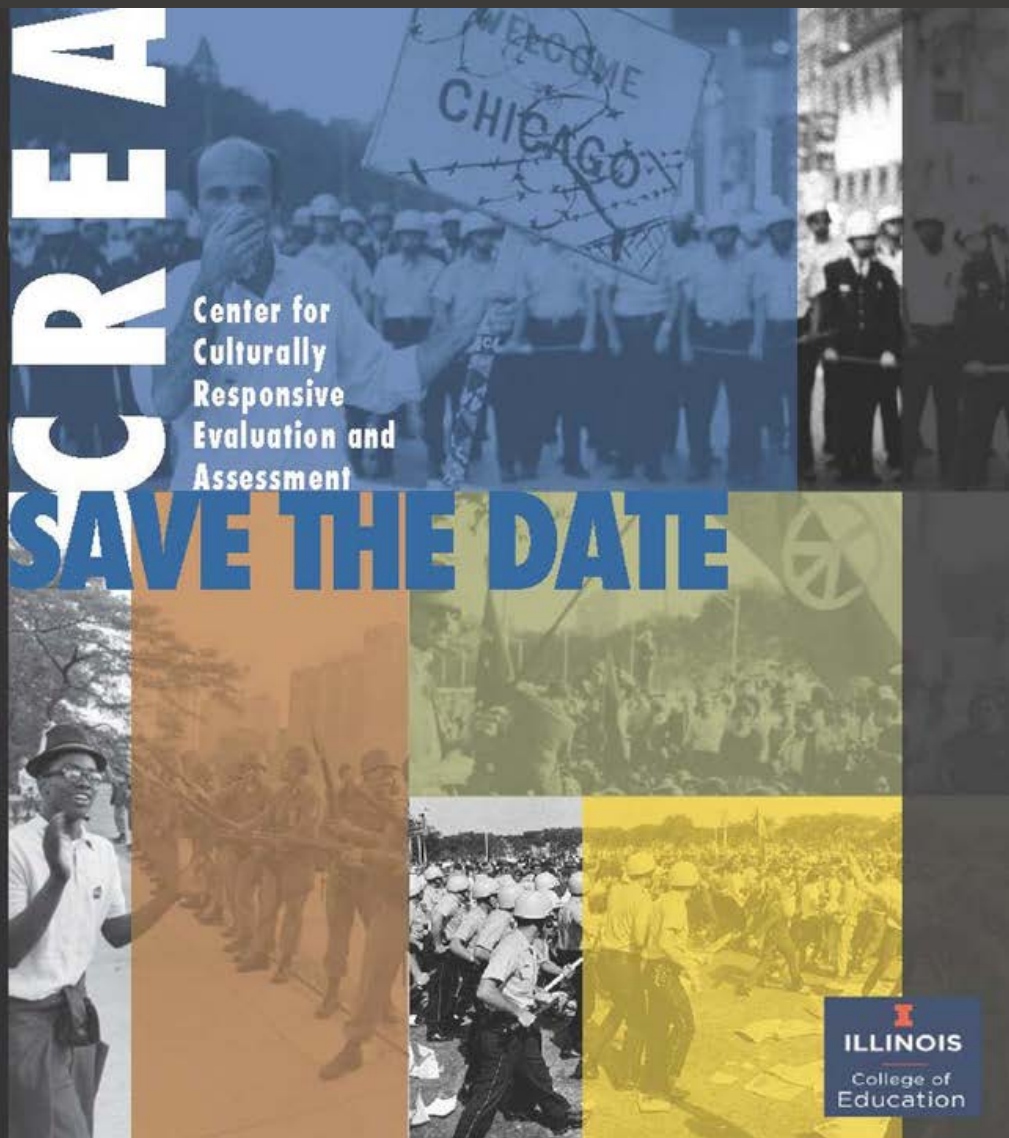
**Sept 29th– Oct 1st, 2021**

• **Sept 28** – Pre-conference Workshops

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## AMENA-PSY 2021 VIRTUAL CONFERENCE

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**JULY 1, 2021**

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INTERNSHIP PANEL  
POSTDOC PANEL  
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### PLENARY SPEAKERS

**Dr. Germine Awad**  
University of Texas



**Dr. Mona Amer**  
The American University  
in Cairo

**Dr. Maryam Kia-Keating**  
University of California,  
Santa Barbara



**Dr. Lamise Shawhin**  
Governors State  
University

**Dr. Julie Hakim-  
Larson**  
University of Windsor



For more details regarding the conference please visit  
[www.amenapsy.org/2021conference](http://www.amenapsy.org/2021conference)

**... & more!**



# THANK YOU.

I am seeking submissions for the following column for the January 2022 SWAP Newsletter

- 1. MEMBERS' RECENT PUBLICATIONS.** This column is for members to highlight their recent publications. If you have published an article/book/book chapter in the last year this is your chance to let the SWAP members know about it. Please submit the reference and a 250-500 word abstract of your publication to me.
- 2. METHODOLOGICAL REVIEW.** If you have read or written an article using a research method that you think is particularly interesting and/or innovative, or has been used in an innovative fashion (e.g., to access a difficult to access population, administered in a unique way, etc.), please consider writing a review of that article. The goal is to highlight research methodologies that may be useful to members when they are developing new research projects. For example (but not limited to), discourse analysis, conversation analysis, client representative case study, structural equation modeling, a multiple regression conducted in a unique way, mixed methods, etc.
- 3. CONFERENCE REVIEWS.** If you have attended a conference since the last Newsletter and there were presentations that you think would be of interest to our members, please consider writing a brief review (250-500 words) of the conference/presentation(s). This includes any presentations that you may have made at a recent conference. Please include the author(s) of the research, the name of the project, the professional affiliation of the author(s), and the name of the conference where this research was presented.
- 4. UPCOMING CONFERENCES.** If you are aware of an upcoming conference that you think the other members would like to know about, please email me the details of the conference.
- 5. RECENTLY DEFENDED DISSERTATIONS & THESES.** If you have a student or you are student who has recently defended a dissertation or thesis (in the last year), please have the student send me a short abstract (about 200-300 words), the university affiliation and the name of the student's supervisor.
- 6. FELLOWSHIPS OR JOB OPPORTUNITIES.** If you are aware of any fellowships or job opportunities that would be of interest to our members, please send me the details of them.
- 7. CALL FOR PAPERS/ABSTRACTS.** If you have received a call for papers/abstracts for conferences and/or publications please send me the details.
- 8. BOOK REVIEW.** If you have read a book recently that you think would be of interest to SWAP Members, please write a book review (length at your discretion) and send it to me (jenna.cripps@mail.utoronto.ca). Include: Title of the book, author(s), publication date, publisher, and your name.