ANNUAL REPORT 2008-2009
Sport & Exercise Psychology Section
Canadian Psychology Association

The Sport and Exercise Section includes members who are psychologists and psychology students working with athletes, coaches, parents, sports organizations, and/or other sport science professionals in clinical/counselling, research, and/or teaching/educational roles. We also have a number of sport science affiliates interested in this section. This past year has brought together the efforts of several individuals: Dr. Tricia Orzeck, Chair, Treasurer, Training & Practice Chair; Dr. Peter Crocker, Chair-Elect, Conference Committee Chair; Dr. Gerry Farthing, Past-Chair; Hannah Marchand, Secretary; and the ongoing assistance in various activities by Dr. Jill Tracy and Dr. Stephane Perreault.

We have worked together to develop our operations, including setting the policies and procedures for elections and awards, by-law revisions to include a more active role for our student representative, section logo development, and continued webpage improvements. We provided members with at least bi-annual updates/news statements. We were also able to develop additional conferences symposiums, conversation hours, and increase our poster presentations, in addition to assisting in the coordination of CPA’s fun run held at the annual convention. There have been several nominations for board positions, and an increase in interest in the operations and development of the section.

This was the first year we charged fees since the section’s reinstatement. We maintained the membership at over 100 members, one-third of which are students. Based on membership funds, we were able to provide a $100 award to the top student abstract in addition to the certificate, offer a reception and other section activities at the conference, and build upon funds for future conference keynotes and invited speakers.

The training/practice guidelines for sport psychology practitioners are still in development since the first presentation of this need by students and members at the 2006 conference. This year’s 2009 conference will include sharing the first template of these guidelines. There have been ongoing efforts to collaborate with other interested groups and organizations and the continued need to increase the competency of students wishing to become psychologists with a specialty/practice in sport psychology and for those already practicing. We continue to educate the public and colleagues on this area to ensure ethical and competent practice.

After five long years rebuilding the section, it is my pleasure to leave the Chair position with a more stable foundation in which the future chair and board can work to enhance the quality, value, and initiatives of the section for our membership.

Respectfully,

Dr. Tricia Orzeck, Chair
University of British Columbia