

ANNUAL REPORT 2012
Sport & Exercise Psychology Section
Canadian Psychology Association

In line with the mission statement found on the section's website (<http://www.cpa.ca/aboutcpa/cpasections/sportandexercise/>), the executive worked on the following activities in order to increase the section's visibility. First, we attempted to recruit more members by attending the SCAPPS (Canadian Society for Psychomotor Learning and Sport Psychology) conference in the fall of 2011. This strategy proved less than fruitful due to the drawing power of the NASPSPA (North American Society for the Psychology of Sport and Physical Activity) conference location (Hawaii). Also, the fact that the next SCAPPS conference was announced to be in Halifax (fall of 2012) made potential members wonder if it was worthwhile to attend the section's activities in the same city as the SCAPPS conference. Although this was discouraging news, the executive decided to try to promote the section's activities again at the next SCAPPS conference in order to try to generate more enthusiasm for the section's activities in Quebec city.

Another goal of our section is to collaborate with other organizations and correct understanding of expertise of various professionals in our field. The executive examined if we could use SSHRC's knowledge transfer program as a springboard to reach this goal. The idea was simple: create a meeting where members of all four Canadian sport psychology associations could meet and discuss various issues related in our area of interest (i.e., practice guidelines, referral list, research, and a point person in each province who can serve to consult on sport psychology practice issues for psychologists). After investigating this possibility, this idea had to be rejected because it was incompatible with SSHRC's knowledge transfer guidelines.

The executive also tried to increase the visibility of the section by asking Martin Drapeau (Editor in chief of Canadian Psychology) if it could coordinate a special issue of this journal on the topic of sport psychology and exercise. Dr. Drapeau accepted this proposal and the special issue will be published in November 2012.

For the 2012 convention in Halifax, a section keynote speaker (Dr Patrick Gaudreau) will address the topic of performance in sport psychology research. Dr Kimberly Sogge will present a workshop on mindfulness for athletes, and a good number of posters will be also presented by students. Finally, we will provide an award to the top student abstracts (PhD and master students) and offer a reception.

In closing, the section will be working on a number of other initiatives during the upcoming year:

- *Translating the section's website into French*
- *Creating a position statement with respect to what is a sport psychologist*
- *Continue revising guidelines as needed- separating exercise psychology and sport psychology minimum requirements.*

- *Continue collaborating with other organizations and correcting understanding of expertise of various professionals in our field*
- *Continue examining the possibility of obtaining a sponsorship for the section*

Respectfully submitted,

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