Canadian Psychological Association
Section for Students in Psychology
Convention Business Meeting
Saturday, June 10, 2017, 10:15 – 11:15 AM
York-Main Mezzanine, Toronto, ON

## AGENDA

**Present:** Kyrsten Grimes, Zarina Giannone, Michelle Guzman-Ratko, Georden Jones, Alisia Palermo, Michael Ku, Jean-Philippe Gagné, Amanda O'Brien

1.0 Greetings from the Chair

2.0 Attendance and Introductions
- The student executive members present at the meeting to be introduced
- Count number of attendees at business meeting (20 attendees plus executive)

3.0 Summary of Budget Activities
Budget was presented to membership
Reallocated money for Facebook advertising from 2016 to student booth 2017

 3.1 Executive Election Results
 - Congratulations to our new executive members: Chelsea Moran (CE), Georden Jones (FO)

 3.2 Student Membership
 -We have approximately 550 members to date (somewhat reduced from last year, but still largest section)

 3.3 Mind Pad
 -Mind Pad published its Winter 2017 issue, with plans to publish the Summer 2017 issue over the next few months. The Editor-in-Chief, Zarina, created two new Associate Editor positions which were successfully filled, comprising an Editorial board of 16 individuals (Three Editors, Seven Graduate Student Reviewers, Five Undergraduate Student Reviewers, and the CPA Science Director). The Editors engaged in strategic planning to enhance the journal's reach and impact which is currently being implemented.
 - Please consider submitting pieces for Mind Pad. It is an excellent way to build your CV. I am the incoming Editor-in-Chief so please get in touch with me with any questions, suggestions to improve the journal, or desire to get involved further (i.e., a reviewer, author).

 3.4 Review of Campus Representative Program
 - Another successful year of the CPA Campus Representative Program: The main objective of the CPA's Campus and Student Representative initiative is to promote the many programs, services and benefits that the Canadian

Psychological Association (CPA) has to offer for students in psychology. Students can benefit from CPA Student Membership by playing a role in securing the future, representing the discipline, and taking advantage of unique networking opportunities.

– New incentive program: new structure (campus rep coordinates and works with graduate and undergraduate reps), one year free membership, and complimentary registration for that year's convention if you recruit someone to fill a position

- Currently, we have 24 graduate student reps, 15 undergraduate student reps, 23 campus reps

– For those of you who are campus and student reps, please consider submitting an application for the campus rep award. The award is $100. The applications are due June 30th.

 -Students are encouraged to check the website to see which campus representative positions are available at the various institutions across Canada, if you are interested in getting involved.

## 3.5 Mentorship Program

- Zarina founded the CPA Student Mentorship Program in early 2015 and it has now operated for two consecutive years. In it's first year it included over 200 participants from across Canada in both mentor and mentee roles.

-After a program evaluation, we identified some areas of improvement. While students found the program to be highly useful and effective overall, mentors and mentees were not always sure what to talk about and sometimes lost contact without further guidance from the program.

- This year, the requirements to apply for the CPA Mentorship Program had more requirements. Applicants (either potential mentors or mentees) had to write a 1-page (maximum) personal statement, send their CV, and fill out the application form. Hence, we received 24 applications from graduate students, and 14 applications from undergraduate students

- 14 mentor-mentee dyads were created, which is a significant reduction from the previous year. Qualitatively, it appears that participants were more motivated than in the previous year. Jean-Philippe, our current program coordinator, did a mid-year and final feedback survey, and participants were spending approx. 1 hour per month talking/communicating with their mentor/mentee, and the majority of mentors/mentees agreed they were learning a lot from this experience. The majority also said they would participate again and recommend the program to colleagues/friends. For next year, we have to think about whether we want to change this process, either for both roles or for just the mentee role.

-If you are interested in being a part of this program, keep your eyes out for information through email and on our website. The next application cycle will be in late summer/early fall. Our incoming Chair-Elect, Chelsea, will assume the role of Program Coordinator.

3.6 Student Awards & Grants

 -In the fall of 2015, we developed and awarded two new student funding opportunities: The CPA Student Research Grant (two awards valued at $500 each) and the CPA Campus Initiative Grant (two awards valued at $500 each). We again received multiple competitive applications for both awards. The project lead on this was Amanda.
 -We will award the recipients of the travel awards at the end of this meeting!
 -The Section for Students in Psychology awarded 20 conference travel awards (valued at $250 each), in addition to our two poster awards (undergraduate and graduate) valued at $150 each, which have been adjudicated during the 2017 CPA Annual Convention. This year's awards were coordinated by Jean-Philippe.

3.7 Section Newsletter and Convention Survival Guide

 - Our newsletter was submitted to the 2017 CPA Sections' newsletter competition.
 - In collaboration with CPA head office, our Section developed a Convention Survival Guide/Orientation Guide for the second year at the CPA Convention. This project was spearheaded by Michelle Guzman-Ratko and CPA DCEO, Dr. Lisa Votta-Bleeker.

3.8  Francophone Mandate: On-going Translation Project

 -In line with our Section mandate to be inclusive of English and Francophone speakers, we have engaged in a project to translate all relevant documents from English to French on both our website and Dropbox folders. Georden guided this project.

3.9   Review of Student Convention Events (& survey results)

- **Round-table Discussion - Applying for Graduate School in Psychology: Mitigating the Process** *(Thursday, June 8)*
- **Workshop – Leadership in Psychology: Harnessing Transferable Skills to Transform Your Career** *(Thursday, June 8)*
- **Poster Session – Section for Students in Psychology** (*Friday, June 9*)
- **Annual Student Social** (*Friday, June 9*)
- **Workshop - Self-Care for Clinicians, Researchers, and Students in Psychology** *(Saturday, June 10)*
- **Workshop – Publish or Perish: Championing the Inevitable Challenge of Publishing in Psychology** *(Saturday, June 10 at 1:30 in Confederation 6-Main Mezzanine)*

- **Featured Speaker: Dr. Jessica Dere, University of Toronto Scarborough** *(Friday, June 9)*

- **\*\*NEW: Student Booth\*\*** (Will award certificates of appreciation to volunteers at the end of this meeting)

- o To allow students to find out about our section throughout convention
- o Next to registration booth, offered coffee and tea
- o Hope to continue this next year

4.0 Proposed 2017-2018 Activities

   4.1 Activities for the Upcoming Year:

   - Online writing retreat
   - Offer webinars targeted at students' needs and interests
   - Online Q&A with Section Executive
   - Increase student membership and participation in our Section
   - Update our documents (i.e., bylaws)
   - Encourage student members to submit entries for our Section's newsletter
   - Increase collaboration between our Section and Head Office
   - Refine procedures for CPA Campus Student Representative Program for upcoming year
   - Continue to focus on programming that cuts across multiple disciplines in psychology and multiple levels of education (i.e. B.A./B.Sc., M.A./M.Sc., Ph.D./Psy.D., and Post-Doctoral students)

   4.2 Executive Elections
      - The executive team would like to see an increase in voter turnout for executive elections. Please vote or consider running for our various positions next year.
      - A number of positions will be available next year

5   Other/New Business
- Convention 2018 in Montreal will be paired with ICAP (international conference)
   - registration fees will be increased as a result (likely over $200 for students)
   - Head Office hopes to provide some subsidies for students to lower the cost

5.2 Solicit Student Feedback

   -Gimme-5s
+
Really great opportunity to succinctly present research and to hear about high level research
Possible idea as an ice breaker event? Present research for 5min in a room during a social type event over drinks

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Accessibility issue (colleague in wheelchair couldn't get onto the platform, so couldn't hear her)

Noise in hallway was really loud, so difficult to hear speakers and/or project your voice
Expected to be in a conference room
2 presenters in the same hallway, so competing with other presenter to be heard
Listing Gimme 5 schedule in the main schedule so it is easier to access

   -CPA Perks App
Location-specific deals would be better
Limited offers in Quebec City
Via rail code for convention did not apply to lower economy fares

   -Campus Rep Program
   -Mind Pad
   -Anything else?

Student was at convention alone, encourage earlier student social or a common meet-up location to encourage students to meet others and eat together
Buddy program? Pair newcomer with a seasoned student attendee
Promote networking opportunity at first-timers breakfast
Navigating the hotel/convention when arriving here: better signs showing where registration is at the hotel entrance
Cost of accommodations: hotel was very expensive, possibly an additional student discount for convention hotel, Section could promote additional closeby accommodations that would be cheaper
Section could facilitate communication to promote room-sharing among students travelling alone
Partner with a university to book residence rooms? First informal event could be at this place if all students were staying there

   5.3 Travel Award Recipient Cheques

   5.4 Certificates of appreciation for volunteers (to be mailed)

6   Closing Comments