



**Canadian Mental  
Health Association**  
British Columbia  
*Mental health for all*

**Association canadienne  
pour la santé mentale**  
Colombie-Britannique  
*La santé mentale pour tous*

**Job Opportunity: Psychologist 0.5 FTE  
Confident Parents, Thriving Kids – Anxiety Program  
Canadian Mental Health Association, Victoria, BC**

*Closing Date: March 15, 2019*

CMHA BC Division is expanding its programming for parents and caregivers of children struggling with mental health challenges. *Confident Parents, Thriving Kids* (CPTK) is the largest direct service provincial program delivered by CMHA BC serving both Indigenous and non-Indigenous families.

CPTK offers help, in the form of telephone and on-line coaching, to parents and other caregivers. The program is evidence-based and provides protocol-driven, brief structured interventions effective in reducing symptoms and improving functioning in children aged 3 to 12 years of age. Through innovative delivery methods, the service strives to offer flexibility, convenience and rapid access for young families across British Columbia.

CMHA BC is launching a new service arm of CPTK operating out of CMHA's downtown Victoria office, serving parents and caregivers of children with mild to moderate anxiety conditions.

We are seeking a half-time psychologist to provide clinical guidance to a team of parent support coaches. The position offers a competitive salary and benefits as well as flexibility in hours.

**Duties**

- Provide clinical oversight for trained coaches who deliver a structured web and telephone-based intervention to parents and caregivers of children with anxiety conditions
- Conduct regular individual and group consultation sessions
- Work closely with the Program Leader for Quality Assurance and Training to ensure fidelity to the intervention protocol and to enhance quality improvement
- Conduct training of new coach cohorts
- Assist with quality improvement efforts that enhance parent experiences and outcomes

**Qualifications & Experience**

- Doctorate in Clinical Psychology from a recognized university
- Current registration with the College of Psychologists of BC or another Canadian jurisdiction
- Clinical experience working with children and families
- Clinical expertise in child anxiety conditions
- Solid CBT knowledge and skills (CACBT certification an asset)
- Experience in a supervisory capacity is desirable
- Experience working with Indigenous families and communities an asset
- Demonstrated ability to train and support staff
- Excellent communication skills

**Submit resume and cover letter to:**

Gail Young, Director, Human Resources

E: [gail.young@cmha.bc.ca](mailto:gail.young@cmha.bc.ca)

T: 604-688-3234

**For more information, contact:**

Kimberley McEwan, PhD

E: [kimberley.mcewan@cmha.bc.ca](mailto:kimberley.mcewan@cmha.bc.ca)

T: 250-888-0627