

# Student Health and Wellness Centre Professional Counsellor, 1.0 FTE

Dalhousie University is Atlantic Canada's leading research-intensive university and a driver of the region's intellectual, social and economic development. Located in the heart of Halifax, Nova Scotia, with an Agricultural Campus in Truro/Bible Hill, Dalhousie is a truly national and international university, with more than half of our 18,800 students coming from outside of the province. Our 6,000 faculty and staff foster a vibrant, purpose-driven community, that celebrated 200 years of academic excellence in 2018.

The Professional Counsellor position is part of the interdisciplinary Student Health and Wellness Centre team in Student Affairs. The Centre uses an interprofessional collaborative healthcare approach to serving students of both the University of King's College and Dalhousie University. The Centre includes a diverse range of professionals including: registered counselling therapists, psychologists (personal, career, and LD/ADHD), physicians, nurses, health promotion professionals, psychiatrists and social workers.

Within the Student Health and Wellness team, a dedicated team of counsellors provide exceptional mental health services and programming. Reporting to the Director of Counselling and Psychological Services, the incumbent will provide counselling services within the Student Health and Wellness Centre.

#### POSITION:

- The Student Health and Wellness Centre at Dalhousie University invites applications for a 1.0 FTE probationary appointment position as a Professional Counsellor (Psychologist). This position will involve 50% Personal Counselling and 50% Learning Disorders. This position is part of the Dalhousie Faculty Association (DFA).
- Dalhousie University is committed to fostering a collegial culture grounded in diversity and inclusiveness. The
  university encourages applications from Aboriginal people, persons with a disability, racially visible persons,
  women, persons of minority sexual orientations and gender identities, and all candidates who would contribute
  to the diversity of our community.

## **RESPONSIBILITIES:**

- Personal Counselling:
  - Accountable for providing direct service to students experiencing personal psychological problems (e.g., anxiety, depression, etc.) through walk-in triage and short-term interventions (individual and group), within an interprofessional collaborative model.
  - Will focus on walk-in intake, single session and ongoing appointments utilizing evidence-based psychotherapeutic interventions as deemed necessary by the Director.
- Learning Disorders:
  - Accountable for providing direct service to students experiencing Learning Disorders and/or Attention-Deficit/Hyperactivity Disorder, within an interprofessional collaborative model.
  - Will provide psychoeducational screening for Learning Disorders and/or Attention-Deficit/Hyperactivity
     Disorder (including the administration, scoring and interpretation of achievement and cognitive tests).
  - Will provide learning strategies and study techniques to individual students (and groups) as well as evidence-based counselling interventions for students with Learning Disorders, Attention-Deficit/Hyperactivity Disorder and other cognitive challenges.
  - Will provide consultative services to other Student Health and Wellness staff and faculty regarding students with Learning Disorders and/or Attention-Deficit/Hyperactivity Disorder.
  - Will facilitate referrals for psychoeducational assessment, where appropriate, and to other university or community services.
- Will contribute other services including campus consultations, workshops, and outreach programming to enhance campus life at the request of the Director.

- Will supervise trainees within the Centre.
- Will demonstrate adequate cross-cultural competence and understanding of the complexity of elements impacting our diverse student population in relation to values, culture, communication styles, beliefs and practices.
- Will distinguish and assess the best therapeutic method for students' presenting concerns and be able to adapt therapeutic practice to help meet students' needs through direct service or referral.
- Workload will be determined by the Director based upon student demand for service; however, it is expected
  that Counsellors manage a case load of five hours of direct service to students per day for personal
  counselling, pro-rated to FTE, and four hours of direct service per day for Learning Disorders, pro-rated to
  FTE.
- Will maintain timely clinical records, using an electronic health record system, in accordance with PHIA, PIIDPA, FOIPOP and their relevant registering Board's code of ethics.
- Will work collaboratively within an interprofessional healthcare model with colleagues in Student Health and Wellness using a shared electronic health record system.
- Will engage campus and community-based supports to meet the needs of our student population within a stepped care model.
- Will use excellent communication skills, in addition to promoting and supporting a respectful and inclusive working environment with colleagues and other stakeholders.
- Will demonstrate professional integrity: i.e., commitment to Dalhousie's values, mission and vision and act in the University's best interest at all times.
- Work schedule could involve evenings (until 7:00 pm) and Saturdays.

### **QUALIFICATIONS:**

- Doctoral or Master's degree in Clinical, Counselling or School/Educational Psychology and registration or candidacy with the Nova Scotia Board of Examiners in Psychology required.
- Knowledge and experience in utilizing evidence-based psychotherapeutic interventions is required.
- Knowledge and experience with diagnostic procedures used for identifying and diagnosing Learning Disorders and Attention-Deficit/Hyperactivity Disorder in adults is required.
- Demonstrated self-awareness, knowledge, skills and attitudes essential for effective communication, relationship-building, educating, and supervising within a diverse post-secondary setting is required.
- Proficiency in using technology to complement clinical care and to aid in data collection and analysis is required.
- Experience working within an interprofessional collaborative healthcare setting strongly preferred.
- Experience using an electronic health record platform strongly preferred.
- Experience employing measurement-based care practices strongly preferred.
- At least two years of post-graduation clinical experience working with adults is strongly preferred.
- Experience providing intake and triage of mental health concerns preferred.
- Experience in working with LBGTQ+ populations preferred.
- Experience working in a university setting is considered an asset.
- Must have a trauma-informed approach to their work.

#### **POSITION:**

- 1.0 FTE DFA probationary appointment; start date to be negotiated. Salary as per DFA salary scale for Professional Counsellors (\$77,636 \$120,340).
- Applications must include a cover letter, CV or resume and the names and contact information for three references.
- Candidates must also submit a completed Self-Identification Questionnaire, which is available at www.dal.ca/becounted/selfid.
- Apply by May 18, 2019.
- Please apply to our posting and send application to Director, Counselling and Psychological Services, Dalhousie University at Claudette@Dal.Ca, referencing competition 3454.

All qualified candidates are encouraged to apply; however, Canadians and permanent residents will be given priority. We thank all applicants for their interest, however, only candidates selected for an interview will be contacted.