POSITION SUMMARY
QUEEN’S UNIVERSITY - GENERAL STAFF

POSITION TITLE: Personal Counsellor- Embedded Education
DEPARTMENT: Student Wellness Services
CLOSING DATE: March 22, 2020

JOB SUMMARY:
Queen’s University is seeking a Personal Counsellor to join a multi-faceted team of professionals in Student Wellness Services. This role requires you to be a member of a professional regulatory college authorizing psychotherapy, and for autonomous practice. You would have experience working with students in a post-secondary environment, and have enjoyed working with this population. Students present with a diverse sets of challenges and issues and as such the ideal candidate is trained in a minimum of 2 treatment approaches (i.e, CBT, DBT, ACT, etc), trauma-informed, and demonstrates the sensitivity needed to work with clients from all religious and cultural backgrounds.

The Personal Counsellor will have the opportunity to make a meaningful impact in student’s lives at a pivotal time as they progress to adulthood and launch their careers. This opportunity is perfect for someone who is looking to work with a capable and enlightened population who possess the capacity to understand, reflect and make changes in their lives. This role plays an integral part of Queen’s University’s work to prioritize mental health and wellness.

Note: The schedule for this position may require the incumbent to work evenings and weekends according to program or area needs.

KEY RESPONSIBILITIES:
• Assess students, including those in crisis and who may be at risk of self-harm/suicide, and intervene or refer as appropriate.
• Provide individual, crisis and short-term counselling to students with mental health, personal and academic concerns.
• Assist students to develop skills/awareness in areas such as interpersonal relationships, stress-reduction, management of emotions, mental health etc. These may be provided in individual or group formats.
• Utilize appropriate therapeutic modalities matched to client needs; requiring familiarity with various approaches (i.e., CBT, DBT, ACT, Narrative, Solution-Focused, Mindfulness, etc.
• Develop and deliver psychoeducational programming and educational resources for students relevant to their areas of study.
• Provide consultation/advice to members of faculty and staff (Education) on issues of concern regarding student behaviour
• Develop familiarity, positive relationships and collaborations with members of faculty, staff and student leaders in the faculty.
• Liaise with staff in the Counselling Service with regard to case-management, professional development consultation, clinical supervision and crisis-management.
• Maintain up-to-date data collection to facilitate evaluation of the counselling service model.
• Actively and positively contribute to the culture of the faculty.
• Assist in the faculty’s and university’s response to student crises.
• Provide culturally sensitive counselling to international students, exchange students, students who identify with a racial minority. Deal effectively with persons of all races, nationalities, cultures, ages, and genders as well as persons of different sexual orientations and those with disabilities.
• Liaise with appropriate community resources, in order to discuss referrals to the community and to provide the relevant information to facilitate service linkages as necessary (Make outside referrals when appropriate).
• Recommend university, hospital and community program information to clients.
• Make patient safety and level-of-care recommendations to the SWS team, including counsellors, nurses, physicians, and psychiatrists.
• Other duties as assigned.

REQUIRED QUALIFICATIONS:
• Minimum of Master’s level education in Psychology, Social Work, or Counselling with three or more years of training/experience in providing individual counseling, addressing a wide range of mental health issues.
• Registered with a professional regulatory body of Ontario, and in possession of professional liability insurance.
• Experience providing trauma-informed, short-term counselling, crisis-intervention and assessment of people in distress, including suicide risk-assessment.
• Extensive experience with cross-cultural and diversity/sexual identity/equity issues, OR extensive experience in helping people in crisis states and the ability to apply this knowledge when counselling students.
• Familiarity with current research and professional literature pertaining to effective interventions for a variety of behavioural, emotional and cognitive difficulties.
• Familiarity with the most common mental health and behavioural issues in young adults.
• Demonstrated ability to develop and provide educational and psychoeducational programming.
• Counselling experience in a setting appropriate to acquiring the skills and competencies to work with post-secondary students.
• Knowledge of the unique issues facing university students and of the cultural identities of students.
• Satisfactory Criminal Records Check and Vulnerable Sector Screening required.

SPECIAL SKILLS:
• A dedication to participating energetically in an effective, professional team dedicated to innovation and to the highest possible standards in the delivery of services to students.
• Excellent interpersonal and communication skills (written and oral), an understanding of the dynamics of human relations and the ability to communicate effectively with students, staff and senior administration in the university.
• Excellent judgement and analytical skills and ability to respond to crisis situations in a calm and effective manner.
• Demonstrated strong consultation/advising skills.
• Demonstrated strong teaching and presentation skills and a commitment to this area of work.
• Strong knowledge of both individual differences and diversity/equity issues. Familiarity with cultural and spiritual issues and values of the student population. Strong multicultural
competencies, and an awareness of adjustment and identity issues in student life.
• Excellent organizational skills and the ability to work independently.
• Ability to work effectively under pressure and cope with demands on time and energy especially during peak periods of the academic year.

DECISION MAKING:
• Evaluation of the severity of client concerns to determine the most appropriate intervention.
• Decisions regarding the most appropriate intervention for individual clients.
• Decisions regarding appropriate programming to meet the needs of students.
• Decisions regarding when and to whom to refer clients, both within and outside the university.
• Decisions with respect to the degree of risk that a client may pose to themselves or others and how to respond.
• Decisions regarding correspondence and recommendations to appropriate university bodies with respect to individual clients.
• Ability to distinguish between circumstances in which decisions can be made independently and those where consultation is needed.

APPLICANTS PLEASE FOLLOW THE LINK BELOW: