
POST-DOCTORAL FELLOWSHIP IN DIALECTICAL BEHAVIOUR THERAPY

The DBT Centre of Vancouver offers yearly full-time post-doctoral fellowships in dialectical behaviour therapy (DBT) to clinicians who are enthusiastic about developing their clinical skills with complex clients. DBT is a comprehensive psychological treatment that assists people struggling with severe and complex mental health concerns, including suicidal behaviour, self-harm, borderline personality disorder, and emotion regulation difficulties, among other challenges (disordered eating, substance use problems, etc.). DBT has the most extensive empirical basis among treatments for clients with borderline personality disorder (BPD).

Opened in 2007 by Dr. Alex Chapman and Dr. John Wagner, the DBT Centre of Vancouver is a team of psychologists, counsellors, post-doctoral fellows, and clinical psychology students providing comprehensive DBT to help clients reach important personal goals and improve the overall quality of their lives. We also offer evidence-based cognitive behavioural treatment for a variety of presenting concerns. In addition, our clinicians have additional expertise and training in treating complex trauma and PTSD, problems with over control (radically-open DBT, or RO-DBT); and working with children (DBT-C).

The fellowship involves several enriching training, supervision, and consultation opportunities: didactic training in DBT (including a 36-hour Introduction to DBT course); weekly individual supervision, weekly DBT team consultation meetings, as well as other ongoing courses and workshops hosted through our centre. Our supervisors, clinical team, and administrative staff provide a supportive, team-oriented, and collegial atmosphere, and we are strongly committed to the training of clinicians in evidence-based care.

Post-doctoral fellows are responsible for conducting intake assessments, providing individual therapy (most often DBT or CBT) and between session DBT skills coaching, co-leading DBT skills groups, as well as participating in our weekly DBT consultation team meetings.

Post-doctoral fellows also might have the opportunity to be involved in ongoing research conducted by Dr. Alex Chapman at the Personality and Emotion Research Laboratory, at Simon Fraser University, or to partake in sessional teaching opportunities. As the fellowship as a career stepping stone, we are especially interested in post-docs who might seek continued employment following their fellowship.

OUR OFFICES ARE CENTRALLY LOCATED, IN DOWNTOWN VANCOUVER. SITUATED ON THE SOUTHWEST COAST OF BRITISH COLUMBIA, CANADA, THE VANCOUVER AREA HAS CONSISTENTLY BEEN RANKED AMONG THE BEST PLACES IN THE WORLD TO LIVE.

REQUIREMENTS

1. A Ph.D., or Psy.D., in clinical or counselling psychology from an APA or CPA accredited program.
2. Completion of a CPA or APA accredited pre-doctoral internship.
3. Residence in British Columbia throughout the duration of the position.
4. Experience and training in CBT is strongly preferred.
5. Empathic, compassionate, detail-oriented.

We seek individuals who are enthusiastic about the treatment of complex, multi-problem clients, well-organized and able to work well within a team environment. Flexibility, openness and a sense of humour are preferred! Previous experience and/or training in DBT is highly desirable but not required. Applicants must be legally entitled to work in Canada. Recruitment begins February/March, with the fellowship starting in the Fall. The pay and benefit package for this position is highly competitive.

COVID-19 INFORMATION: Since mid-March 2020, we have been successfully providing all of our services through Telehealth. As the situation with the pandemic changes, we will determine a safe timeframe in which to begin limited in-person services.

APPLICATION PROCESS

Interested applicants should email their CV and a 1–2-page cover letter describing their background, interests, career goals, and reasons for applying to Dr. Alex Chapman & Dr. John Wagner C/O Ms. Jen Gerullis (officemanager@dbtvancouver.com). In addition, applicants must have 3 reference letters emailed to officemanager@dbtvancouver.com. You are welcome to contact us via email or phone (604-569-1156) with any questions.

