



About Us:

Strong Minds Strong Kids, Psychology Canada is a new brand from *The Psychology Foundation of Canada*. We are a national registered charity with close to 50 years of experience using psychological science to promote the mental well-being of Canadians, in particular children and youth.

We develop and deliver psychological programs, resources, tools and expertise that help nurture resilience in children and youth giving them a strong foundation of mental health before problems or issues begin.

About the project

Ryerson University developed a resiliency building program for their students called ThriveRU and Thriving in Action (TIA). While the program targeted post secondary students who were at risk, the resource is designed to teach the skills associated with resilience, well-being and thriving in both an academic and personal context. Principles of positive psychology underpin all the programs associated with ThriveRU and TIA. Initial evaluations of the program have shown a positive impact on students who participated.

As an organization dedicated to nurturing resilience in children and youth, we are developing a partnership with Ryerson with the goal to review and modify their program to target a younger age group: high school and elementary school aged children. This person will review the ThriveRU and TIA program and adapt the program to suit the developmental stage of elementary and secondary school students (ages 11-17, grades 6-12). After this adaptation, the goal is to develop a program pilot that will measure the relevance and impact of this modified program with children and youth.

The Ideal Candidate

A grad student focusing on clinical child or developmental psychology. In addition, you must:

- Be legally able to work in Ontario
- Demonstrate academic excellence
- Experience in and/or understanding of the Canadian education system, learning strategies and pedagogy is considered an advantage
- Able to work remotely; access to personal computer, wifi, etc.

How to apply

Submit a resume and cover letter to Anne Lovegrove, anne.lovegrove@strongmindsstrongkids.org by January 7th, 2021 and include how your current academic focus will help with this project and if you have any particular experience working with elementary and secondary school students.

The process

Select candidates will be contacted for an interview before final decision is made.

Strong Minds Strong Kids, Psychology Canada
From The Psychology Foundation of Canada
3219 Yonge St. Suite 228 Toronto ON, M4N 3S1
Tel: 416-644-4944 Email: info@strongmindsstrongkids.org
Charitable registration number 88921 2395 RR0001



Timing and Compensation

Project begins January 2022 and at the onset of the project and after an initial briefing and review of the material, total hours and duration will be determined. We estimate that at least 100 hours will be required for review and adaption. Compensation is \$35 per hour.

SMSKPC is committed to creating a diverse environment within staff, Board, committees, and volunteers. All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, or age. We pride ourselves in ensuring that every child in Canada can thrive, and respect and recognize the developmental and cultural needs of Canadian children and youth and how that plays a role in their mental well-being. Our goal of promoting diversity, multiculturalism, and inclusion helps serve our mission and support the many children in various communities across Canada.

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