



## Psychologist Cognitive Behaviour Therapy

**Do you have experience in group and individual cognitive behavioural therapy for people with affective disorders? Join our collaborative team!**

Permanent part-time and full-time positions are available. All positions include benefits and paid time off.

### The Opportunity

As the Psychologist Cognitive Behaviour Therapy, you provide group or individual therapy in inpatient, emergency and other Mental Health, adult and community programs using a variety of modalities and in accordance with professional standards and clinical policies and practices. You will take a lead role to provide specialized psychotherapy services specific to an assigned service area.

### Qualifications

The successful candidate will have:

- Ph.D. in Clinical or Counselling Psychology.
  - Registered (or eligible for registration) with the College of Psychology of BC.
  - Minimum of five years of recent, related experience working with adult clientele in mental health and addictions facility or related field.
  - Experience with short-term treatment and group psychotherapy work. Specific expertise and experience with treatment in Cognitive Behaviour Therapy is essential.
  - Knowledge of and experience with treatment specific to crisis stabilization, urgent response and Borderline Personality Disorder, such as Dialectical Behaviour Therapy, will be an important asset.
- Valid BC Driver's licence

### About Island Health

Island Health is a regional health authority in British Columbia and the largest employer on Vancouver Island. We strive to create work environments that support and attract workers with passion and dedication that will help us provide the highest quality of patient care.

Some of our positions are eligible for an exceptional employer-paid benefits package including dental and prescription coverage, group life, long term disability and extensive extended health plan, and paid time off.



Scan the QR code  
to apply for a  
part-time position



Scan the QR code  
to apply for a  
full-time position



**Position Type:** full-time & part-time

**Hourly Salary:** \$46.27 - \$57.86

**Location:** Victoria, BC

### Island Health is committed to Diversity, Equity & Inclusion

*Island Health offers programs and services on the unceded and traditional territories of the Coast Salish, Nuu-chah-nulth and Kwakwaka'wakw Peoples.*

*As an organization, we are committed to cultural safety and humility and we demonstrate this through our actions to address Indigenous specific racism, systemic racism and the ongoing impacts of colonialism.*

