

Psychologist

Continuing, Part-Time, 60% FTE

Health and Wellness Centre, University of Toronto Scarborough

About us:

The University of Toronto Scarborough is a place of energy, enthusiasm and passion. Our commitment to inclusive excellence attracts the brightest learners, scholars and employees from around the globe. Our success has been made possible by the opportunity given to us by our Indigenous hosts to operate on their territory, and we cherish our continuing partnerships with these communities. The University of Toronto Scarborough is an exciting campus with unlimited potential. Join us on our journey.

Your opportunity:

The Health & Wellness Centre at the University of Toronto Scarborough provides health promotion, primary care, and counselling services in an interprofessional shared care model. The team delivers student-focused care and support that is compassionate, culturally responsive, and evidence-based and supports students in achieving their goals and potential by inspiring hope, promoting healthy choices and supporting the healing process. The team strives to enhance services to students through collaborative partnerships across campus and in the community. Our goal is wellness for EVERY student and our vision is Transformative Inclusive Care. Thriving Community. We are guided by our values including compassion, empowerment, empathy, support, and inclusion.

The Psychologist is a Registered Psychologist and is an integral member of Health & Wellness Centre team. As a member of the counselling group, and under the general direction of the Director, Health & Wellness, provides counselling/psychotherapy, assessment, and consultation in accordance with established standards of care, policies and procedures; demonstrates performance in accordance with the University of Toronto Scarborough Health & Wellness Centre's vision, mission, values, and priorities, and is expected to demonstrate quality and effectiveness in work habits. Inherent in this role are the knowledge, skills, and attitudes specific to critical thinking and decision making, ability to analyze and assess presenting mental health concerns and collaborate with the medical team in the management of these mental health concerns, and flexibility and decision making in fluid situations with unpredictable outcomes.

The Psychologist provides individual and group counselling and psychotherapy to a diverse student population, conducts counselling and psychotherapy groups for students whose problems indicate group treatment, provides counselling and psychotherapy to students in emotional crisis, acting as a consultant to faculty, staff, and students on counselling and related matters, conducting workshops and training sessions. The incumbent will work collaboratively with the Graduate Department of Psychological Clinical Science, including the graduate level students completing their clinical placement at the Health & Wellness Centre.

This search aligns with the University's commitment to strategically and proactively promote diversity among our community members ([Statement on Equity, Diversity & Excellence](#)). Recognizing that Black, Indigenous, and other Racialized communities have experienced inequities that have developed historically and are ongoing, we strongly welcome and encourage candidates from those communities to apply.

Your responsibilities will include:

- Conducting detailed clinical assessments used to inform diagnostic decision making
- Making independent psychological or psychiatric diagnoses based on psychodiagnostic assessments and/or observation for the purposes of clinical triage, treatment planning, and consultation
- Providing psychotherapy for students and making referrals to appropriate resources

- Determining care and treatment plans for students referred to the clinic
- Providing initial clinical support and/or psychotherapy to distressed students in crisis and making referrals to appropriate resources
- Determining if there is a life-threatening situation, risk of self-harm or harm to others and independently applying appropriate interventions
- Facilitating psychoeducational workshops that promote the development of coping strategies and skills
- Following rules and procedural processes related to Personal Health Information Protection Act (PHIPA) and the Regulated Health Professions Act (RHPA)

Essential Qualifications:

- Ph.D. in Clinical or Counselling Psychology and is a member in good standing with the College of Psychologists of Ontario.
- Minimum six years related experience, including the provision of client intakes or assessments, crisis counselling, brief or short-term counselling to individuals, group therapy, and psycho-educational workshops.
- Extensive experience with mental health and illness, behavioural issues, suicide risk assessment and treatment.
- Experience in evidence-based psychotherapies (e.g. cognitive-behavioural therapy, emotion-focused therapy, solution-focused therapy, interpersonal therapy, mindfulness, etc.).
- Experience and skill in working with university-aged young adults, and individuals in crisis
- Keyboarding skills and working knowledge of relevant software is required (e.g. Microsoft Word, Outlook, Excel, and PowerPoint).
- Excellent verbal and written communication skills.
- Good judgment and sensitivity, flexibility and resourcefulness.
- Applicants are expected to show evidence of a commitment to equity, diversity, inclusion, and the promotion of a respectful and collegial learning and working environment.

Assets (Nonessential):

- Knowledge of university and community resources.

To be successful in this role you will be:

- Approachable
- Communicator
- Diligent
- Intuitive
- Patient
- Perceptive

Notes:

- This is a Continuing, PART-TIME position, 60%FTE
- Hours of work: Maximum 21.75 hours per week, Monday to Friday 8:45am – 5:00pm, schedule to be decided with successful candidate.

TO APPLY PLEASE VISIT: <https://jobs.utoronto.ca/job-invite/34530/>

Posting Closes: November 3, 2023