Virtual Mental Health Psychologist

(This is a 100% remote position - the full flexibility to work from home!)

As the world leader in virtual care, Teladoc Health is passionate about taking care of people. We have been providing care in Canada for over two decades to more than 9 million Canadians and 85,000 plan sponsors. We deliver care across 190 countries (over 51 million members globally), living our mission to empower all people to live their healthiest lives by transforming the healthcare experience. Levering digital technology, we provide whole-person care that spans every stage in a person’s health journey from wellness and prevention to acute care to complex healthcare needs. Our Canadian team has doubled in size over the last two years, and our growth is expected to rapidly continue as we transcend the landscape of future healthcare.

Position Summary

We are currently seeking Mental Health Psychologists to join our Teladoc Health Canada team. The Teladoc Health Canada team comprises of a world-class virtual practice of providers with a passion for taking care of people and a devotion to clinical excellence. From family medicine to mental health to specialist medical advice, our providers help millions of Canadians resolve their healthcare needs with confidence through technology & innovation. With our emphasis on medical quality, we place tremendous focus and resources on clinical innovation, standards, and measurement to enable our providers to deliver the best outcome for every patient.

The Mental Health Disability Management program supports patients on disability leave due a primary or secondary diagnosis of depression and anxiety. The program combines Teladoc’s core clinical capabilities and processes with virtual therapy to assist individuals receiving disability benefits return to work. The goal is to provide a high quality, extremely coordinated support program that will quickly reduce clients’ symptoms, improve their functionality, increase their overall well-being and ultimately empower them to return to work.
The position is remote, you can add to your current clinical caseload or build an entire telemedicine mental health caseload depending on the provinces you are licensed in. This unique opportunity will contribute to shaping the evolution of virtual care in Canada as an industry standard.

Role and Responsibilities

AS A TELADOC MENTAL HEALTH PSYCHOLOGIST YOU WILL:

- Provide safe, appropriate and high quality patient care for Teladoc Health members via the Teladoc Health platform (both video and phone interactions)
- Assess Teladoc Health members’ mental health needs and/or diagnoses, perform case reviews and provide structured psychotherapy treatment
- Produce detailed, high quality psychological assessments and treatment reports
- Maintain complete, timely clinical documentation
- Maintain patient confidentiality and comply with all federal, provincial and territorial health information privacy laws

Skill Requirements/Preferences

- Experience with return-to-work planning, early prevention, disability management claims
- Registered member in good standing with College of Psychologists of British Columbia
- Minimum +2 years of experience in clinical and/or counselling psychology.
- Minimum +2 years’ experience with return-to-work and/or disability intervention.
- Experience providing psychotherapeutic assessments and structured psychotherapy treatment for individuals presenting with a wide range of mental health conditions
- Additional training in the following therapeutic modalities: Cognitive Behavioural Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Mindfulness Therapy, Motivational Interviewing (MI).
- Proven success of client return-to-work outcomes (e.g., short-term therapy sessions and working with third-party insurers).
- Other therapeutic modalities are an asset.
• Experience providing services via information and communication technology (e.g. telehealth/telemedicine) preferred
• Demonstrated ability to producing detailed, high quality assessment and treatment reports and clinical documentation
• Experience with utilizing and interpreting psychological assessments
• Bilingual fluency (both written and verbal) in English & French is an asset

Why join our Teladoc Health team?

• **Impactful, Connected Healthcare:** Support Canadians across the country including within rural regions & provincial health systems, at no cost to patients.

• **Focus on Quality & Safety:** A dedicated Quality team to keep abreast with all provincial standards, and maintaining the highest excellence on patient satisfaction.

• **Collaborative, Supportive Network:** Be a part of a diverse interdisciplinary team across Canada, that thrives on engagement, learning and growth.

• **Flexible Practice:** Working at the comfort of your home, with the flexibility to create your own schedule in advance and maintain the work-life balance you deserve.

• **Expand your care coverage:** Opportunity to expand your care coverage across Canada with multiple cross-licensing opportunities.

• **Competitive compensation:** We always remain competitive in the market, and payment is simple – no overhead and no invoicing required.

• **Full Training provided:** A dedicated Clinical Education & Training team to guide you through full training before taking your first consultation.
• **Full administrative support:** A dedicated Provider Liaison team to guide you through all things related to IT, scheduling, payment, and other administrative tasks, so that you can focus on what matters most: Quality patient care.

Want to learn more? No resume; no problem – Our Medical Leadership team is ready to chat! A dedicated team member will guide you throughout each step of the process. Let's connect & set up a brief intro chat, please email us at: canadarecruitment@teladochealth.com.

*At Teladoc Health we thrive on difference and individuality. Teladoc Health is proud to be an equal opportunity workplace and is an affirmative action employer. We are committed to equal employment opportunity regardless of race, color, ancestry, religion, sex, national origin, sexual orientation, age, citizenship, marital status, disability, gender identity or Veteran status.*

*We are committed to fostering an inclusive, accessible environment, where all employees and customers feel valued, respected and supported. We are dedicated to building a workforce that reflects the diversity of our customers and communities in which we live and serve. If you require an accommodation for any stage of the recruitment process / interview process (including alternate formats of materials, or accessible meeting rooms or other accommodation), please reach out to us at RecruitmentAccessibilityRequestsCanada@teladochealth.com.*