



Description

Why work for CMHA York Region?

We are a team committed to our vision of mental health support for all. We offer an inclusive, innovative, and high-performance work culture that helps us deliver transformational impact. The organization cares about the growth, safety, and well-being of employees and offers:

- HOOPP (Healthcare of Ontario Pension Plan)
- Robust Performance and Career Development Program
- Learning & development opportunities

Learn more about us by visiting: <https://cmha-yr.on.ca/careers/>

We are hiring a Clinical Psychologist! JOIN US at CMHA-YRSS; where innovation and community mental health care intersect!

1 Permanent, Part-time role: 21 Hours per week, evening hours, and weekends may be required.

Hourly Rate: \$60.27-\$64.56/hour **The starting salary range listed reflects the first three steps of the salary band for this role. Additional steps within the band are not included in the listed range. Candidate experience will be considered when determining the starting salary.*

Location: This role will work in a hybrid model, which will require a minimum of 1 day per week in the office. The Clinical Psychologist role works out of our Vaughan Office (8271 Keele Street, Vaughan ON L4K1Z1). Travel to other offices may be required.

What is the role?

The Clinical Psychologist is responsible for supporting the clinical operations (services and clinical consultation) of the Ontario Structured Psychotherapy (OSP) Program (overview provided below) at CMHA-York Region as part of a clinical team. The position provides support to staff (coaches and/or clinicians) who treat clients with anxiety and depression through a structured program. The treatment follows a cognitive behavioural therapy (CBT) framework, which is provided by coaches and registered health professionals (clinicians).

CMHA-YRSS is deeply committed to equity and reconciliation in all our practices. This role must reflect these values and facilitate inclusion and belonging for our clients, family, staff, volunteers, and community.

Within the OSP program, the Clinical Psychologist is responsible for:

1. Clinical training: These include training for the onboarding of new staff (coaches and/or clinicians), ongoing clinical education to staff, and the development of clinical training for additional treatment offerings.
2. Consultation: These include individual and group clinical consultations to ensure program fidelity and quality of services.
3. Risk coverage: This includes reviewing risk reports and providing timely feedback.

The Clinical Psychologist will actively contribute to quality improvement of the program, and participate in research activities. Appropriate training will be provided to the incumbent, which may include an external course provided by the University of Toronto as part of the OSP program. In addition, the Clinical Psychologist will lead the development and implementation of overall therapy services within CMHA. Other duties as required.

In addition to compliance with all organizational policies and procedures, the incumbent is also expected to behave ethically, demonstrate competence in effective communication and team building, demonstrate effectiveness in working in a collaborative environment, and demonstrate confidence in decision-making and in building relationships.

Ontario Structured Psychotherapy: Overview

OSP is a stepped-care program, which means that clients start treatment that is the best fit for them with the shortest wait. OSP provides access to publicly funded, evidence-based, short-term, cognitive behavioural therapy (CBT) and related approaches to clients with depression, anxiety, and anxiety-related conditions. As clients go through the program, treatment is adjusted based on their progress and other additional needs. Most clients start at the first step, which consists of low-intensity treatment offerings. Clients are transferred to the second step, which consists of high-intensity treatment offerings. High-intensity treatments are offered through Network Lead Organizations (NLOs).

The program is delivered through a “hub and spoke” model; the hub provides shared administrative services and clinical quality oversight of the network, and community-based delivery sites deliver the majority of client services. Across Boundaries and Hong Fook Mental Health Association are Service Delivery Sites in our network.

Please visit the following for further information: <https://www.ontariohealth.ca/news/news-release/ontario-health-welcomes-expansion-ontario-structured-psychotherapy-program>

Requirements:

- An adult competency with the College of Psychologists of Ontario is required, adolescent competency is an asset
- A Clinical Psychology competency with the College of Psychologists of Ontario is required
- **Current registration in good standing with the College of Psychologists of Ontario**
- Privately purchased and up-to-date professional liability insurance
- CA-CBT certification is an asset
- Strict adherence to the College of Psychologists of Ontario's Standards and Professional Conduct
- Graduate degree (Ph.D.) in Psychology (or another mental health discipline)
- Extensive supervised clinical experience delivering cognitive-behavioural therapy (e.g., accredited internship or multiple practica with a CBT focus)
- 3-5 years' of clinical experience
- Experience teaching/training/supervising other mental health clinicians in the delivery of CBT
- Minimum 3-5 years' experience in a supervisory capacity
- Experience with risk management, particularly with respect to suicide risk
- Superior time management and organizational skills
- Ability to demonstrate computer skills, specifically Microsoft Office and Outlook
- A satisfactory and current Vulnerable Sector Screening

Preferences:

- Ability to work flexible working hours
- Excellent interpersonal and communication skills
- Knowledge of local and regional mental health services
- Knowledge of various legislations and standards for the practice of psychology in Canada
- Ability to research and analyze complex information and provide program recommendations based on psychological and educational needs
- Knowledge of the Ontario Mental Health Act, mental health reform principles, the Substitute Decisions Act, the Health Care Consent Act, and PHIPA requirements

The above statements are intended to describe the general nature and level of work being performed by the incumbent(s) of this job. They are not intended to be an exhaustive list of all responsibilities and activities required for the position.

This position reports to and is supervised by the Clinical Director.

Working Conditions: Works extensively at a desk using a computer up to 7 hours a day, standard office setting, evening hours are required. Weekend hours may be required.



Disclaimer: In keeping with mental health reform, best practices, funding, and direction this position may later require knowledge, skills, abilities, and working conditions not noted here.

To request this posting in an alternate format or to request accommodation in the application process, email: AODA@cmha-yr.on.ca.

Application Procedures:

If you are interested in this opportunity, please visit <https://cmha-yr.on.ca/careers/> and search for Clinical Psychologist Job Posting, Click on the “Apply Now” button, and proceed to upload your cover letter and resume.

Complete the application form and submit the following:

1. Optional Cover letter with 300 words or less and tell us why you would want the Clinical Psychologist role and why you should be considered for the position (PDF or Word)
2. Resume (PDF or Word)

CMHA-YRSS is dedicated to promoting employment equity and dismantling obstacles to employment for marginalized communities. CMHA-YRSS supports the journey to mental wellness, and we welcome applicants with lived experience of mental illness. In acknowledgment of the systemic underrepresentation faced by Black, Indigenous, racialized peoples, and those living with disabilities, this opportunity has been developed based on the special program provisions of the Ontario Human Rights Code. We therefore extend invitations for applications from the following groups:

- Racialized Persons
- Indigenous Persons
- Persons living with Disabilities

While we thank all candidates for their interest, only those selected for an interview will be contacted.